

Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	01	05	2022		30	04

## Section A Reference and administration details

Charity name	The ThinBlueLineUK		
Other names charity is known by			
Registered charity number (if any)	1184042		
Charity's principal address	ThinBlueLineUK, The Mortgage Hut		
	Arena Business Centre, Threefield House		
	Threefield Lane, Southampton		
Postcode	SO14 3LP		

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Gary Craig	Chairman		
2	Andrea Quinton	Trustee		
3	Beverley Adamson	Trustee		
4	Lisa Dolan	Trustee		
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### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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## Section B Structure, governance and management

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	CIO Foundation
How the charity is constituted (eg. trust, association, company)	
Trustee selection methods (eg. appointed by, elected by)	Elected by trustees.

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

New trustees, will be provided with a current version of the constitution and the latest Trustees' Annual report and statement of accounts.

The trustees have received Trustee Training with the Police Treatment Centres in Harrogate. We continue to liaise with the Police Treatment Centres regarding assistance and governance. We fall under the Police Charities UK umbrella, an elected group of police charities and one of our trustees attend meetings on our behalf. This will assist in our learning and experiences going forward.

The charity is solely managed by the four trustees on a voluntary basis. The charity does not own or manage any assets and therefore there is minimal risk to the charity's funds.

The charity works with the Section UK of the International Police Association in joint endeavours and learning.

## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

To relieve sickness among police officer's in the UK by making grants, awards and providing other support to registered, excepted and exempt charities.

The charity was set up to support and complement other police charities with a particular focus on mental health related issues. We have raised funds to support the mental health support for police officers. The trustees have in all dealings had regard to the guidance issued by the Charity Commission on public benefit.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

## Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Any grants awarded by the charity are discussed and minuted trustee meetings. The merits of each proposal is weighed up against the core values held by the charity in that the grant is used to support the treatment and mental wellbeing of police officers. This will allow them to be afforded the correct pathway to help them return to full health.

The charity continues to develop a network of volunteers to promote the work of the charity and raise awareness around mental health and how it can impact a police officer. We also raise awareness around the help that is available.

The charity continues to support our ambassadors and we welcome their assistance in raising awareness re the objectives of the charity and making available our mental health guide to those who request it.

## Section D

## Achievements and performance

**Summary of the main achievements of the charity during the year**

The charity continues to raise awareness around mental health related issues affecting police officers. Our ambassador network is established now in several forces and welcome packs have been sent to them including the mental health guide. The volunteers continue to raise awareness around the issues police officers face and the mental health guide is available for sharing and discussion. One of our trustees continues to liaise with and encourage the ambassadors in relation to fundraising and possible training.

The charity is now recognised for the work that it does in raising mental health awareness and representatives from the charity are invited along to Force Wellbeing Days and events where they highlight the work the charity does but works alongside others. For example, a charity representative in the Met works alongside PD Dexter (wellbeing dog) and attends wellbeing days to discuss openly mental health issues and highlights support paths.

We continue to use our website to allow police officers full access to our mental health guide and to provide real life stories from those affected by these issues. This is part of our program in raising awareness around mental health and demonstrating that it is ok not to be ok. We continue to highlight stories and encourage officers to look out for each other, recognise the signs of struggle and to talk to each other. We are finding that more people are sharing their stories with us and this can provide much needed encouragement to others going through the same issues.

We have attended several national conferences which provided the opportunity to speak with police officers from across the United Kingdom and internationally to demonstrate how we can help officers.

We continue to liaise with Police Services around the United Kingdom in relation to the support that we can provide their officers with access to the Thrive App and encourage them to include the charity as an option for those who exhibit mild to moderate symptoms of anxiety, depression and other mental health distress.

The charity has continued the partnership with Thrive: Mental Health and Wellbeing – which has the only NHS endorsed mental health app. We have purchased 200 licences, which were fully used during this period. We make this app available to any police officer who feels that they cannot seek or avail of help within work or privately. The app has many functions but most importantly users can access counselling with trained counsellors and psychologists. The quarterly feedback indicates that those using the app are getting the help they need and a high percentage show excellent recovery. We intend to renew this purchase

We are an integral part of the Police Charities UK umbrella and one of our trustees attends the semi-annual meeting. Here we continue to develop relationships, compliment and learn from each other's work. This adds to the overall service provided to police officers nationally.

We promote the work of the charity on local and national media where appropriate and support those programmes that wish to highlight the difficulties that police officers face. We do so to encourage officers to take that initial step and ask for help.

Our online store continues to supplement the funds raised for us and helps promote the charity. All funds raised are used to directly support the work we do.

Our fundraising efforts are supported with a continuing partnership with Selkirk gin and our ThinBlueLine Gin and Whisky continue to sell well and raise not only awareness for what we do but we also receive regular donations from sales.

We continue to develop our relationship with the Thin Blue Line Denmark and we send to officers from the United Kingdom to the annual police week in Denmark. Here they meet officers from around the world who are suffering from mental health related issues and they spend the week in a safe and healing environment. Officers who have attended have praised the support they received and have found it hugely beneficial.

We have laid initial plans to fund and develop a police week within the UK having seen the positive effects that it can have on officers who are struggling. This planning will continue in 2023/2024 hopefully allowing delivery in 2025. We are working with our corporate sponsors to secure their support for this initiative.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

Although the charity has an income sub £19000 we ensure that we have a sufficient reserve in our accounts to cover all costs and future plans. Any grants made will not leave the charity in a vulnerable position and all decisions are taken by the trustees.

### Details of any funds materially in deficit

The Charity was not in deficit for this financial year.

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charities principal source of fundraising is through charitable donations and online purchases from our store. The charity has also entered into a partnership with Selkirk Distillery who sell a charity gin and donate a portion of the proceeds to the charity. We continue to encourage personal fundraising and receive donations via JustGiving and PapPal Giving Fund. The funds raised have allowed us to build a reserve for future events that we are planning, and to continue the support offered to officers who need it.

We currently do not make any investments.

## Section F

## Other optional information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Gary

Craig

Position (eg Secretary, Chair, etc)

Chair

Date

23/01/2024

**Thin Blue Line UK**
**Income and Expenditure for year to 30/04/2023**

	2023		2022	
	£	£	£	£
Sales - Thin Blueline Gin	-		8,260.00	
Sales-Website	6,965.00		4,919.50	
Ticket sales-Liverpool Ball Nov 23	2,080.00			
Donations ball	-		-	
Raffle	-		-	
Donations	4,431.62		9,796.60	
Paypal Giving Fund	450.71		271.60	
Donation Just Giving	3,855.35		5,631.50	
<b>Total Income</b>		<b>17,782.68</b>		<b>28,879.20</b>
Payment Products	270.00		-	
Payment re promotional goods	860.39		386.40	
Payment - consumables	172.40		-	
Payment - Viking	167.38		-	
Payment - ScotMark	0.00		130.00	
Payment - Selkirk Gin	0.00		5,925.00	
Payments - Blackice trading	2,090.08		3,234.48	
Travel and Training	981.90		1,977.80	
Payment - Kaizen Printing	1,213.20		775.80	
Payment-iZettle	81.60		-	
Payment - Solveig Simms (Design)	0.00		356.50	
Payment - Ball expenses venue - Deposit Liverpool Nov 23	6,370.60		(1,200.00)	
Ball related expense entertainment -Deposit Liverpool Nov 23	336.00		(649.98)	
Thrive mental health	5,994.00		5,400.00	
Payment - postage costs	215.39		35.55	
Payment - office depot and stationery	194.67		383.38	
Bank Fees	54.70		54.25	
Paypal, stripe and Ebay fees	162.82		83.86	
Justgiving Fees	216.00		216.00	
Accountant Fees	180.00		-	
<b>Total Expenditure</b>		<b>19,561.13</b>		<b>17,109.04</b>
<b>Total Expenditure over income</b>		<b>(1,778.45)</b>		<b>11,770.16</b>

**Represented by**
**as at 30th April 2023**

	£	£
	2023	2022
Opening Balance	22,142.54	10,372.38
Excess of expenditure over income	(1,778.45)	11,770.16
Closing balance	<b>20,364.09</b>	<b>22,142.54</b>
Ball Bank Account	-	-
Stripe balance	2,835.79	863.55
Main Bank Account	17,136.25	20,871.78
Paypal Account	392.05	407.21
	<b>20,364.09</b>	<b>22,142.54</b>

Signed by:

Trustees

Date

23/01/2024

(Chair)

Trustees

Date