



## Trustees' Annual Report for the period

Period start date		Period end date		
From	01	07	2024	To 30 06 2025

### Section A

### Reference and administration details

Charity name **Hereditary Fructose Intolerance (HFI) UK**

Other names charity is known by

Registered charity number (if any) **1184203**

Charity's principal address **67 Churchill Way**

**Stafford**

**ST17 9PB**

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	William Armstrong	Chair		
2	Carolyn Westwood			
3	Gerard Westwood			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointed by existing Trustees

### Additional governance issues (Optional information)

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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## Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

For the public benefit and the advancement of the health of those who suffer from Hereditary Fructose Intolerance (also known as Fructosemia) and their families through the provision of advice, support and guidance about the condition and how to manage the symptoms of it.

The Charity has continued its work offering support to adults and teenagers, and the carers of children and babies with HFI. All with due regard to the public benefit guidance.

The charity has three trustees and one regular volunteer.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

As in previous years, no formal fundraising activity has taken place which has directly impacted our training for Trustees and Volunteers, therefore no formal training has taken place this year. The Trustees continue their research into the condition and the management of its symptoms.

Demand for help and support continues to increase worldwide, particularly with newly diagnosed children and babies.

Plans are in place to start fundraising, to attend more training and rare metabolic disease networking events, to attend events such as Aspire, where we meet up with researchers and drugs companies, and to organise the first UK HFI in person meeting as part of the Metabolic Support UK annual community conference.

We have started a charity website. Professor Timothy Cox has agreed to be our charity medical lead.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

No fundraising has taken place this year, therefore no reserves have been built up. Once fundraising activity commences, a compliant policy will be fully developed.

### Details of any funds materially in deficit

The Charity does not have any deficits.

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

There have been no financial changes in the accounting year to end June 2025 as the charity had not actively started working. However, July 2025 is the point at which the trustees and volunteer will start to actively work to further the charity interests.

There has been some outlay on behalf of the charity, which was paid to end date June 2025, and has been self-funded as donation to the charity from the trustees. The accounts reflect this.

## Section F

## Other optional information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

*Carolyn Westwood*

Full name(s)

Carolyn Westwood

Position (eg Secretary, Chair, etc)

Trustee

Date

30/04/2026



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Hereditary Fructose Intolerance (HFI) UK

1184023

## Receipts and payments accounts

CC16a

For the period  
from

01/07/2024

To

30/06/2025

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	274	-	-	274	158
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	274	-	-	274	158
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	274	-	-	274	158
<b>A3 Payments</b>					
Postage and Stationery	30	-	-	30	25
Travel	75	-	-	75	39
Accountancy	80	-	-	80	80
Advertising	37	-	-	37	14
Subscriptions	52	-	-	52	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	274	-	-	274	158
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	274	-	-	274	158
<b>Net of receipts/(payments)</b>	-	-	-	-	-
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	-	-	-	-	-
<b>Cash funds this year end</b>	-	-	-	-	-

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Cash	-	-	-
	Bank Account	-	-	-
		-	-	-
	<b>Total cash funds</b>	-	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
		<i>Carolyn Westwood</i>	Carolyn Westwood	30/04/2026



# CHARITY COMMISSION FOR ENGLAND AND WALES

## Independent examiner's report on the accounts

### Section A

### Independent Examiner's Report

**Report to the trustees/  
members of**

Hereditary Fructose Intolerance (HFI) UK

**On accounts for the year  
ended**

30/06/2025

**Charity no  
(if any)**

1184023

**Set out on pages**

1 and 2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/06/2025.

**Responsibilities and  
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

**Independent  
examiner's statement**

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Signed:**

**Date:**

30/04/2026

**Name:**

Paul Rowlands, Principal, Minerva Accounting Solutions Ltd

**Relevant professional  
qualification(s) or body  
(if any):**

**Address:**

20 Haccombe Path

Newton Abbot

Devon TQ12 4JB



Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.