

**Als Pals**  
**Financial Statements**  
**To The Year Ending 31st July 2025**



**al's pals**

Supporting Cancer Patients  
in Milton Keynes

**Registered Charity No. 1184001**

**Als Pals**

**Charity Number: 1184001**

**For The Period 1st August 2024 - 31st July 2025**

---

## **CONTENTS**

**1. Legal and Administrative Information**

**2. Trustee Chair Report**

**3. Treasurer Report**

**4. Independent Examiner Report**

**5. Statement of Financial Activities**

**6. Statement of Assets and Liabilities**

**7. Notes to the Financial Statements**

Charity Number: 1184001

For The Period 1st August 2024 - 31st July 2025

**Legal and Administrative Information**

---

**Trustees:** Antony Smith  
Darren Smallridge  
Stephen Whitton  
David Dumbell  
Fiona Jones ( Appointed on 01 June 2025)  
John Alan Edwards( Appointed on 01 June 2025)  
Sandra Burch ( Appointed on 01 June 2025)

**Principal Office:** 50 Westfield Avenue  
Deanshanger  
Milton Keynes  
MK19 6LJ

**Registered Number:** 1184001

**Bankers:** Metro Bank  
One Southampton Row  
London  
  
WC1B 5HA

Charity Number: 1184001

For The Period 1st August 2024 - 31st July 2025

## Trustee Chair Report

---

### Al's Pals Chairperson's Report

#### Charity overview

*Al's Pals aims to be at the heart of the emotional , practical and friendly support for Cancer patients and their families*

*Our goal Support patients and their families in hospital, in their homes and any relevant support group.*

#### To everyone in the Al's Pals family

Despite the tough start to 2024/2025 financial year, the end results did end up in a more positive situation.

These are some brief highlights:

- Funds Received were 25% more than that of the last year.
- Admin costs were maintained at a similar level to last year.
- There is a positive net movement of the funds in the current year.

As we approach our 6th anniversary (July 2026) our charity continues to deliver, through our excellent team of volunteers, dedicated trustees, the extraordinary commitment of our CEO , as well as excellent support, friendship and care to Cancer patients and their families in Milton Keynes and beyond. Our dedicated , passionate and hard-working core of 40 + Volunteers, represent our charity day in day out in the most accomplished way. This is truly appreciated by the Trustee board.

Thank You.

I would also like to recognise the commitment and support from our Trustees. Our inspirational CEO Suzanne, whose passion and commitment helps set the tone for our charity. Stephen who has been there almost from the start and continues to deliver great counsel as well as Darren, a great friend of the Charity who joined the Trustee team in the summer of 2024 and adds value to all he is involved in . I would also like to extend a big welcome to our new Trustees Fiona Jones , Sandra Burch and John Edwards, who all have a wealth of commercial as well as charity-based skills and experience. I have no doubt that they will add tremendous value in the year ahead.

I would also like you to join us in welcoming the new volunteers who joined this year. We had a number of new volunteers and I would like to welcome them to the Al's Pals family and thank them for their time, support and contributions so far. A particular a big thank you to our much-valued volunteer Tracy Evans , who not only joined as a volunteer but then quickly took on the very important role of Home Support and Hospital Volunteer Coordinator. Tracy is doing a great job being the link between the team on the ground and the Trustee Board. She is really making an impact in her role.

**Charity Number: 1184001**

**For The Period 1st August 2024 - 31st July 2025**

### **Trustee Chair Report**

---

Some of my personal highlights from our activity this year include:

- The continued delivery of fantastic support to the many Cancer patients and their families in Milton Keynes and beyond by our wonderful volunteers, and the positive feedback we receive .
- The great work done by our colleague Adam in securing much needed funding via Grant applications.
- We were nominated for Outstanding local charity award in the MK Inspiration awards and got down to the last finalists, sadly missing out to the 17 year old charity The Medical Detection dogs. This was an achievement in itself to become a finalist beating hundreds of different charity entries.

As always, we must extend our gratitude to all our businesses for their sponsorship and financial support in particular our friends at Sava, led by the irrepressible Austin Baggot.

Our success is also directly linked to the hard work of our team of volunteers . We have made some really good progress this year, and I'd like to personally thank every volunteer for giving up their time, their energy, commitment and consistency in delivering the level of support that our charity strives to deliver. It is worth reissuing a quote we received about the service we deliver in Milton Keynes University Hospital from Sally Burnie Head of Cancer Services and Lead Cancer Nurse at MKUH :

*You must be so proud for the difference you are making to these patients; your vision has turned to reality and it is a fantastic service which is growing fast*

*We are so privileged to have you working with us and look forward to the ongoing work together. Thank You !*

Recently , with the aid of the new Trustees we have updated and developed our strategy for the next 3 years. The summary is below.

Our Charities key purpose is to ensure , ' Nobody should go through cancer alone '

Our 3-year Vision is ' To provide support at home and in the community for patients and their families. We aim to be present in every cancer ward or cancer related NHS treatment in Milton Keynes and the surrounding areas '

Our Mission is to be :

- 1) At the heart of the emotional , practical and friendly support for Cancer patients and their families
- 2) Support patients and their families in hospital, in their homes and any relevant support group.

We aim to deliver these through delivering key objectives in ;

- Maximising our Business Funding
- Effective Marketing and Fundraising
- Developing our Professional relationships
- Valuing our People.
- Strong Governance
- Everything in the most Sustainable way

'Kind hearts not faint hearts'

Charity Number: 1184001

For The Period 1st August 2024 - 31st July 2025

### Trustee Chair Report

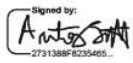
---

A complete strategy document is available and as these plans develop, I look forward to sharing the progress with you all soon.

Thank you all for another productive year. I look forward to continuing to delivering class leading cancer care and support for our patients and their families further into 2026 and beyond.

**Antony Smith**

**Chairman Al's Pals Trustees**

Signed by:  
  
2731388f5c35465...  
06/11/2025

**Charity Number: 1184001**

**For The Period 1st August 2024 - 31st July 2025**

## **Treasurer Report**

---

### **Al's Pals Treasurer's Report**

**This report will look at the year 1 August 2024 - 31 July 2025**

#### **Treasurer's Report – Financial Year 2024/25**

As Al's Pals enters its 6th year of operation, the financial wellbeing of what is still a new and emerging charity, continues to be both a concern and an opportunity.

Further to the Chairman's annual report, this period was another year that showed growth, success, impact and potential. When this is set against the backdrop of starting a charity at the peak of a global pandemic, in a new hospital environment and some of the challenges faced by all communities at this present time, I believe it should be noted that remaining in a solvent position, without overdraft, creditors or investors, will be reflected upon as a remarkable achievement and is testament to the unwavering work and commitment of the CEO, the Board of Trustees and the amazing band of volunteers.

For the year 24/25 continual progress was made towards a more stable and sustainable financial position. Grant applications and fundraising activities were carried out in earnest and the resultant increase in revenue reflects this. Indeed Grant applications since the appointment of Adam in spring have contributed significantly to the 25% growth in income. We see this as only going from strength the strength in the coming year.

The year was not without its challenges, not least the cost control measures needed and the reactive nature of a precarious cash-flow situation. It's worth noting that whilst this was a tough period, the diligence, care and attention provided by all Trustees and the CEO, prevented a negative cash-flow scenario and ensured services were not interrupted. This was a great example of teamwork and resilience. This resulted in posting cost figures in line with last year whilst growing revenue significantly.

There is a greater emphasis and energy now for Al's Pals in this financial year with increased demand creating a bigger focus on regular income generation. Changes within the Trustee Board (in the 24 /25 year) has resulted in a very positive stepping back from low level fund-raising to a more holistic, strategic approach of relationships with businesses and regular donors. The charity is well placed to move forward in delivering its core purpose, using the backdrop of a year of challenges to develop and grow.

Key areas of income generation remain.

- Al's Business Pals.
- Fundraising Events.
- Grants.
- Donations.

With a more 'business' like approach to fundraising, Al's Pals is raising its profile and awareness and as a result, attracting more interest from businesses and regular donors.

Charity Number: 1184001

For The Period 1st August 2024 - 31st July 2025

### Treasurer Report

---

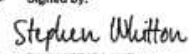
Greater controls and processes are now in place following the intensive focusing on costs and revenue generation. This has already proven to be beneficial with regular reconciliations and reviews enabling the CEO, Treasurer and Board to make timely, informed decisions which are more strategic and less reactive.

There have been some significant donations made – through fundraising events and personal challenges (skydives for example). Grant applications have seen some success and there are some potential legacies bequeathed which are yet to materialise.

Whilst financial strength is always a concern, Al's Pals is robustly managing revenue and expenditure and looking for every opportunity to grow and increase, in order to provide much needed services to Cancer communities.

**Stephen J. Whitton**  
Treasurer.

Signed by:  
  
273138BF6235465...

Signed by:  
  
7405C8FE8D91467...

Date: 06/11/2025



**Charity Number: 1184001**

**For The Period 1st August 2024 - 31st July 2025**

**Independent Examiners Report**

---

**INDEPENDENT EXAMINER'S REPORT**

**TO THE TRUSTEES OF THE**

**Al's Pals – charity Number 1184001**

I report to the charity trustees on my examination of the accounts of the Al's Pals for the year ended 31st July 2025 which are set out on pages 2 to 3.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent Examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**Roger Eddowes**

For and on behalf of Essendon Accounts and Tax Limited  
3 Warren Yard  
Warren Park  
Stratford Road  
Milton Keynes MK12 5NW

Date: 06/11/2025

Charity Number: 1184001

For The Period 1st August 2024 - 31st July 2025

## Statement of Financial Activities

	Notes	Unrestricted Funds 2025	Restricted Funds 2025	Total Funds 2025	Total Funds 2024
<b>Incoming Resources</b>					
<b>Incoming Resources from Generated Funds</b>	1				
Donations		42,480	20,975	63,455	67,197
Incoming Resources from Charitable Activities					4,998
Grant Income		34,639	1,123	35,762	7,302
<b>Total Incoming Resources</b>		<b>77,119</b>	<b>22,098</b>	<b>99,217</b>	<b>79,497</b>
<b>Resources Expended</b>					
	2				
Costs of Charitable Activities		45,216	12,829	58,045	31,816
Costs of Fundraising		5,427		5,427	2,585
Cost of Governance		5,186		5,186	31,834
<b>Total Resources Expended</b>		<b>55,829</b>	<b>12,829</b>	<b>68,658</b>	<b>66,235</b>
<b>Transfer between funds</b>		16,516	(16,516)		
Net Movement in Funds		37,806	(7,247)	30,559	13,263
<b>Funds Brought forward 1st August 2024</b>		809	20,148	20,957	7,695
<b>Funds Carried Forward 31st July 2025</b>	6 & 7	<b>38,615</b>	<b>12,901</b>	<b>51,516</b>	<b>20,957</b>

All results are from continuing operations.

Charity Number: 1184001

For The Period 1st August 2024 - 31st July 2025

**Statement of Assets and Liabilities**

	Notes	2025 £	2024 £
<b>Current Assets</b>			
Debtors	3	11,549	8,220
Cash at Bank and in Hand		46,185	16,978
<b>Total Current Assets</b>		<b>57,734</b>	<b>25,197</b>
<b>Creditors: amounts falling due within one year</b>			
Creditors	4	6,218	4,240
<b>Total Liabilities</b>		<b>6,218</b>	<b>4,240</b>
<b>Net Assets</b>		<b>51,516</b>	<b>20,957</b>
<b>Charity Funds</b>			
Unrestricted Funds	6	38,615	809
Restricted Funds	7	12,901	20,148
		<b>51,516</b>	<b>20,957</b>

The financial statements of Als Pals, charity number 1184001, were approved by

The Board of Trustees and authorised for issue on 06/11/2025 and signed on their behalf by:

**Antony Smith**  
(Chair of Trustees)

Signed by:  
  
2731388F8235485...

Charity Number: 1184001

For The Period 1st August 2024 - 31st July 2025

## Notes to the Financial Statements

---

### 1. Summary of significant accounting policies

#### (a) General information and basis of preparation

Charity Name is a charity in England. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities are fundraising Support to cancer patients emotionally and practically in hospital, at home, online and in the community Telephone support Advocacy Signposting Gifts.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

#### (b) Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes.

#### (c) Income recognition

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations to be recognised the charity will have been notified of the amounts. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

Charity Number: 1184001

For The Period 1st August 2024 - 31st July 2025

**Notes to the Financial Statements**

---

**(d) Expenditure recognition**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

**(e) Support costs allocation**

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office costs, governance costs, administrative costs.

**(f) Debtors and creditors**

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

**(g) Employee benefits**

When employees have rendered service to the charity, short-term employee benefits to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

**(h) Going concern**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

<b><u>2. Incoming Resources from Generated Funds</u></b>	<b>Total Unrestricted</b>	<b>Total Restricted</b>	<b>Total Funds 2025</b>	<b>Total Funds 2024</b>
	<b>Funds</b>	<b>Funds</b>		
Donations	42,480	20,975	63,455	67,197
Charitable Activities			-	4,998
Grant Income	34,639	1,123	35,762	7,302
<b>Total Incoming Resources from Generated Funds</b>	<b>77,119</b>	<b>22,098</b>	<b>99,217</b>	<b>79,497</b>

Charity Number: 1184001

For The Period 1st August 2024 - 31st July 2025

**Notes to the Financial Statements**

<b><u>3. Analysis of Total Resources Expended</u></b>	<b>Direct Costs</b>	<b>Support Costs</b>	<b>Total 2025</b>	<b>Total 2024</b>
<b>Costs of Charitable Activities</b>				
Charitable expenses	4,095		4,095	10,105
Advertising and marketing	8,751		8,751	10,105
Consultancy - Medical	1,845		1,845	3,060
Insurance	468		468	284
IT and software costs	1,993		1,993	1,895
Printing , postage and Stationary	388		388	822
Subscription	519		519	411
Telephone and Internet	1,540		1,540	1,232
Travel expenses	1,186		1,186	2,847
Other expenses	2,422		2,422	1,055
Wages and salaries	21,446		21,446	-
Pension costs	386		386	-
Social security costs			-	-
Legal and Consultancy - Non medical	12,970	35	13,005	-
	<b>58,010</b>	<b>35</b>	<b>58,045</b>	<b>31,816</b>
<b>Costs of Fundraising</b>	<b>5,427</b>		<b>5,427</b>	<b>2,585</b>
<b>Cost of Governance</b>				
Accountancy		5,186	5,186	1,632
Wages and salaries			-	21,446
Pension costs			-	456
Social security costs			-	1,136
Legal and Consultancy - Non medical			-	7,164
	<b>-</b>	<b>5,186</b>	<b>5,186</b>	<b>31,834</b>
<b>Total Resources Expended</b>	<b>63,437</b>	<b>5,221</b>	<b>68,658</b>	<b>66,235</b>

Charity Number: 1184001

For The Period 1st August 2024 - 31st July 2025

**Notes to the Financial Statements**

<b>4. Debtors</b>	<b>2025</b>	<b>2024</b>
Debtors	1,800	-
Prepayments and other debtors	9,749	8,220
	<b>11,549</b>	<b>8,220</b>

<b>5. Creditors</b>	<b>2025</b>	<b>2024</b>
Creditors	2,722	1,593
PAYE Payable	3,407	2,577
Pensions Payable	89	70
	<b>6,219</b>	<b>4,240</b>

<b>5. Staff Costs and Pension Schemes</b>	<b>2025</b>	<b>2024</b>
Average Number of Employees During the Period	1	1
Wages and Salaries	21,446	21,446
	<b>21,446</b>	<b>21,446</b>

<b>7. Unrestricted Funds</b>	<b>At 01/08/2024</b> <b>Net movement</b> <b>At 31/07/2025</b>		
	<b>in funds</b>		
Unrestricted funds	809	37,806	38,615
	<b>809</b>	<b>37,806</b>	<b>38,615</b>

Unrestricted funds can be used in accordance with the charitable projects at the discretion of the trustees.

**8. Movement in restricted funds**

	<b>At 01/08/2024</b> <b>Net movement</b> <b>At 31/07/2025</b>		
	<b>in funds</b>		
Groundwork UK	968	(968)	-
National Lottery Funding	7,071	3,496	10,567
Rachel Queral - Murder Mystery	260	(260)	-
Masons	7,181	(7,181)	-
Wixamtree Trust	2,334		2,334
MK Community Fund	2,334	(2,334)	-
<b>Total funds</b>	<b>20,148</b>	<b>(7,247)</b>	<b>12,901</b>

**8. Trustees' Remuneration , Expenses and Related Party Transactions**

Darren Smallridge paid £500 to Als Pals for fundraising events during the year.

There are no other related party transactions during the period .