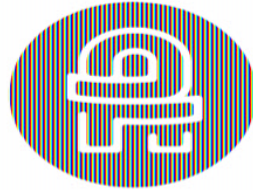


# **ALS PALS**

FINANCIAL STATEMENTS  
FOR YEAR END 31 JULY 2022



**al's pals**

Registered charity no.1184001

**ALS PALS****(Charity number: 1184001)****LEGAL AND ADMINISTRATIVE INFORMATION****FOR THE PERIOD 1 AUGUST 2021 - 31 JULY 2022**

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Trustees:

Lynn Jones

Dumbell

Pauline

Emma Wright  
David Dumbell  
Stephen Whitton  
Antony Smith  
Andrea Shoel

Principal office:

15 Bedford Road

Marston

Moretaine

Beds

MK430ND

Registered number:

1184001

Bankers:

Metro Bank

One

Southampton

Row

London

WC1B 5HA

**(Charity number: 1184001)**  
**LEGAL AND ADMINISTRATIVE INFORMATION**  
**FOR THE PERIOD 1 AUGUST 2021 - 31 JULY 2022**

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4. Legal and administrative information

2. Receipts and payments

3. Statements of assets and liabilities

4 Notes to the report and financial statements

**ALS PALS****(Charity number: 1184001)****LEGAL AND ADMINISTRATIVE INFORMATION****FOR THE PERIOD 1 AUGUST 2021 - 31 JULY 2022**

	<b>Note</b>	Unrestrict ed funds	Re strict ed funds	<b>Total funds 2021</b>	Total funds 2022
<b>Receipts</b>		£	£	£	£
Voluntary receipts		30,726.05	0.00	12,319.81	30,726.05
<b>Total receipts</b>		<b>30,726.05</b>	<b>0.00</b>	<b>12,319.81</b>	<b>30,726.05</b>
<b>Payments</b>					
Cost of charitable activities		20,753.15	5,477.72	20,753.15	
Fundraising costs		1,101.05	554.54	1,101.05	
Governance costs		6,333.91	518.80	6,333.91	
<b>Total payments</b>		<b>28,188.11</b>	<b>28,188.11</b>	<b>6,551.06</b>	
<b>Net of receipts</b>		<b>2,537.94</b>	<b>5,768.75</b>	<b>2,537.94</b>	
Cash funds last year end				7,402.37	
<b>CASH FUNDS THIS YEAR END</b>					<b>£9,940.31</b>

**ALS PALS****(Charity number: 1184001****LEGAL AND ADMINISTRATIVE INFORMATION****FOR THE PERIOD 1<sup>st</sup> AUGUST 2021 - 31 JULY 2022**

	<b>Note</b>	Unrestricte d funds	Restrict ed funds	<b>Total funds 2022</b>	Tot al funds 2021
<b>Current Assets</b>		£		£	£
		£			
<b>Bank account</b>		9,940.31		9,940.31	7,402.37
<b>Total current asset</b>		9,940.31		9,940.31	7,402.37
<b>Liabilities</b>					
<b>Total assets less Current Liabilities</b>		9,940.31		9,940.31	7,402.37
<b>Income funds</b>					
<b>Total funds</b>		9,940.31		9,940.31	7,402.37

Approved by Trustees on and signed on their behalf by;

Lynn Jones  
Chairman/Trustee

## 1. ACCOUNTING POLICIES

### **Basis of accounting**

The financial statements have been prepared under the historical cost convention and in accordance with;

- Financial Reporting Standard for Smaller Entities (effective 2008)
- Accounting and Reporting by Charities - Statement of Recommended Practice (SORP 2015); and
- The Charities Act 2011.

## 2. TAXATION

The charity is exempt from corporation tax.

## 3. REMUNERATION OF TRUSTEES AND BENEFITS - No Trustees were paid

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**ALS PALS**

Charity number: 1184001

**LEGAL AND ADMINISTRATIVE INFORMATION****FOR THE PERIOD 1<sup>st</sup> AUGUST 2021 - 31 JULY 2022****4. CHARITABLE ACTIVITIES -**

	Unrestricted Funds £	Restrict ed Funds £	Total funds 2021/22 £
Fundraising events	30,726.05		30,726.05
	30, 726.05		30,726.05

**5. FUNDS**

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance 01-Aug -21 £	Receipts £	Payments £	Transfer between fund s £	Balance 01-Aug- 22 £
Unrestricted Funds	7,402.37	30,726.05	28,188.11		9,940.31
Restricted Funds					
	7,402.37	30,726.05	28,188.11		9,940.31

**ALS PALS****(Charity number: 1184001)****LEGAL AND ADMINISTRATIVE INFORMATION****FOR THE PERIOD 1<sup>st</sup> AUGUST 2021 - 31 JULY 2022**

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**Chair Report**

2021-2022 has seen a huge growth for the charity and we are so pleased with its development. There have still been various obstacles with some restrictions in place within the hospital and not enough home support volunteers coming through. We have powered through this and are still able to achieve a good income growth this past year.

We have also seen the introduction of our online community with Als Pals and ME. Although slow to get off the ground this is mainly because of logistics.

Our support groups are due to start in September 2022 and we are continuing to apply for various grants to enable us to continue with these services and grow them.

**Board Changes**

All of our trustees are very focused and with it being a difficult year still for our CEO our trustees have stepped up to assist.

We have seen the appointment of 2 new Trustees Andrea Shoel and Antony Smith. As chair I am assisting Suzanne in home support and support groups, David Dumbell continues to help with technical support, Andrea and Antony are the business team, vision and marketing and Stephen Whitton assists with presentations, technical and development of the charity.

**Fundraising Successes**

This year has been an incredible year for fundraising and events. We have seen over 20 individual fundraisers raise money for the charity and in effect raise just under £6000. We have also been part of a BNI network and this has helped the charity bring in around £5000.

Alongside this we have strived to bring in monies from various grant applications and raise awareness of our Al's Business Pals which is going from strength to strength. We now have 5 businesses supporting us.

**Digital Platforms and Capabilities**

The development of our Al's Pals and ME online platform has been exciting and volunteers have got on board. This will take time to raise more awareness of this and it is logistically difficult to manage currently due to availability but so far so good.

Our website continues to be managed effectively and changed accordingly as new things arrive on the horizon. Our social media is also managed and regular posts go out on these channels and they do seem to be effective.



## **Treasurer report Year to 31<sup>st</sup> July 2022**

**This report will look at the year 1<sup>st</sup> August 2021 to 31<sup>st</sup> July 2022 inclusive.**

### **INCOME**

I have split income into 2 sections; Fundraising and Grants. While fundraising is quite broad it includes money raised through our own fundraising as well as those who fundraise on our behalf. We can separate grants from fundraising, and we worked very hard to be successful in attracting grants. We thank them for the kind donations.

Grants have been difficult to achieve this year and some of this has been restricted with time in applying as running the services are taking up considerable time.

The individual fundraising activities have been highly successful and we are so appreciative of those who completed these and raised money as it did help to raise around £6000

### ***Grants***

We attracted the following grants this year:

- Benefact group £1,000
- Magic grant £500

Totalling £1500

### ***Fundraising***

Significant fundraising events this year included, Skydives, Marathon, abseils and bike rides. These individual fundraisers are effective and they are a great fundraiser. The networking group has also completed various fundraisers and assisted in the money coming into the charity

### **Expenditure**

This year we have taken the step to grow our services providing cancer patients and their families with more choice and more support as the need is there. It has been a difficult year obtaining grants but our fundraising activities have really seen a growth and this has carried us throughout the year.

Our Main Areas of expenditure are:-

Beneficiaries, this includes therapy with our Psychologist for patients, gifts for patients and expenses for home support volunteers that are travelling to various families.

Employees, this includes salaries and legal costs.

Operating costs, running the charity, promotion, stationary, equipment, etc...

Volunteer costs, which are a minimal cost to the charity.  
Fundraising costs.

### **Summary**

We have been able to significantly increase our income this year. Whilst managing to support more patients and families than ever.

Due to the hard work of our CEO and new Trustees we have been able to communicate effectively and assist each other to enable us to grow.

Thank you to all our donors this year, you really make a difference in the lives of cancer patient and their families.

Thank you to Suzanne and all the Trustees and volunteers.  
Without all of you none of this would be possible

**Pauline  
Dumbell  
Treasurer**