



## Trustees' Annual Report for the period

From 1 Nov 2022 To 31 Oct 2023

Charity name: **MILTON KEYNES VIHARA:  
COMMUNITY CENTRE FOR MINDFULNESS MEDITATION**

Charity registration number: 1183908

### Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<b>For the public benefit, to advance Buddhism in Milton Keynes and the surrounding area, in particular but not exclusively by: (a) facilitating the teaching of Theravada Buddhism and to provide opportunities for the study and practice of Buddhist philosophy, meditation and mindfulness (b) conducting regular lessons in Buddhism for devotees. (c) establishing centres for the practice of Buddhism and meditation (d) providing residential facilities for Buddhist monks to teach and practice Buddhism.</b>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<ul style="list-style-type: none"><li>• <b>Conducting regular classes teaching Theravada Buddhism to children</b></li><li>• <b>Conducting a regular programme of meditation courses</b></li><li>• <b>Organising regular talks and discussions on Buddhism and meditation practice that are open to anyone to attend</b></li><li>• <b>Maintaining accommodation for the resident monks on the vihara premises</b></li></ul>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<b>Yes, all trustees have read this guidance.</b>

**Additional information (optional)**

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	<b>Not applicable</b>
Policy on social investment including program related investment	Para 1.38	<b>Not applicable</b>
Contribution made by volunteers	Para 1.38	<ul style="list-style-type: none"> <li>• <b>Volunteers contribute their time and expertise to support the activities of the Milton Keynes Vihara summarised above. This includes:</b> <ul style="list-style-type: none"> <li>○ <b>Facilitating children's Buddhism programme</b></li> <li>○ <b>Facilitating regular Buddhism talks and discussions that are open to the public</b></li> <li>○ <b>Working to maintain the Vihara premises</b></li> </ul> </li> </ul>
Other		<b>Not applicable</b>

**Achievements and Performance**

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<ul style="list-style-type: none"> <li>• <b>Milton Keynes Vihara has continued to conduct regular events that enable the community to learn Buddhist teachings and develop their practice of meditation.</b></li> <li>• <b>The children's Dhamma School programme continued through the year, moving to a schedule of online sessions every two weeks.</b></li> <li>• <b>Organisation of a programme of devotional songs to mark the Poson full moon day in June 2023 (<a href="https://mkvihara.org/events/2023-06-10/">https://mkvihara.org/events/2023-06-10/</a>)</b></li> <li>• <b>Organisation of special blessings ceremonies and formal invitation of monks to spend the rains retreat at the vihara (Vas Aradhana), followed by the Katina Ceremony at the end of the rains retreat (Oct 2023, <a href="https://mkvihara.org/milton-keynes-vihara-annual-kathina-ceremony-2023/">https://mkvihara.org/milton-keynes-vihara-annual-kathina-ceremony-2023/</a>).</b></li> <li>• <b>Supporting the wider Milton Keynes community, for example by organising a community celebration to mark the King's Coronation (May 2023).</b></li> </ul> <p><b>See:</b>  <a href="https://mkvihara.org/events/list/page/2/?tribe-bar-date=2022-02-23">https://mkvihara.org/events/list/page/2/?tribe-bar-date=2022-02-23</a></p>

**Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	<b>No additional information to add to that provided above.</b>
Performance of fundraising activities against objectives set	Para 1.41	<b>Fundraising to support the activities of the vihara have been through one-off donations from individuals visiting the Vihara or regular contributions from well-wishers and members of the community.</b>  <b>The funds raised have been sufficient to meet the essential expenses of maintaining the Vihara premises (rent, utilities, telephone / broadband and council tax).</b>
Investment performance against objectives	Para 1.41	<b>Not applicable</b>
Other		<b>Not applicable</b>

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p><b>Following a difficult financial situation in 2021/22, the finances of the Milton Keynes Vihara have improved to some extent. This is mainly due to the ability to organise a more regular programme of activities and increased engagement from the community following the removal of restrictions imposed during the COVID-19 pandemic.</b></p> <p><b>Successful fund raising activities relating to the Rains Retreat (Vas) programme and Poson celebrations have enabled Milton Keynes Vihara to close the year with a small operating surplus of £1,978/- , which means our current account has a balance of £7,584/- on 31 Oct 2023.</b></p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<b>We received £10,200/- in donations towards our Building Fund which was established to enable the Trustees to explore a permanent physical location for Milton Keynes Vihara.</b>
Amount of reserves held	Para 1.22	<b>£10,200/-</b>
Reasons for holding zero reserves	Para 1.22	<b>The Milton Keynes Vihara is now in its 5th year of operation and the establishment of the 'Building Fund' account is a first step in the long term planning for the development of the vihara.</b>
Details of fund materially in deficit	Para 1.24	<b>None</b>
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<b>None</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<b>Not applicable</b>
Investment policy and objectives including any social investment policy adopted	Para 1.46	<b>Not applicable</b>
A description of the principal risks facing the charity	Para 1.46	<b>Loss of physical premises Cost of living pressures leading to reduction in donations.</b>
Other		<b>Not applicable</b>

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	<b>CIO Constitution</b>
How is the charity constituted? (e.g. unincorporated association, CIO)	Para 1.25	<b>CIO</b>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p><b>The founding trustees were volunteers from the community who wanted to support the establishment of the Milton Keynes Vihara. This includes i. Head of the Centre; ii. President; iii. Secretary; and iv. Treasurer of the Milton Keynes Vihara who are ex-officio trustees as defined in the CIO's constitution.</b></p> <p><b>We still have a vacancy for a new trustee and treasurer.</b></p>

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	<p><b>Induction: Trustees will make available to each new charity trustee, on or before his or her first appointment:</b></p> <ol style="list-style-type: none"> <li><b>1. a copy of the CIO constitution and any amendments made to it; and</b></li> <li><b>2. a copy of the CIO's latest trustees' annual report and statement of accounts.</b></li> <li><b>3. Induction meetings with the Head of Centre and President of the Vihara</b></li> </ol>
The charity's organisational structure and any wider network with which the charity works	Para 1.51	<b>Not applicable</b>
Relationship with any related parties	Para 1.51	<b>Not applicable</b>
Other		<b>Not applicable</b>

## Reference and Administrative details

Charity name	<b>MILTON KEYNES VIHARA: COMMUNITY CENTRE FOR MINDFULNESS MEDITATION</b>
Other name the charity uses	<b>MILTON KEYNES VIHARA</b>
Registered charity number	1183908
Charity's principal address	3 Aldrich Drive Willen Milton Keynes MK15 9HP

## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Prof. Arosha K. Bandara	President		
2	Dr. Ajit De Silva	Secretary		
3	Ven. Akurala Samithasiri	Head of Centre		
4	Dr. Dinuka De Silva	Trustee		
5	Dr. Mahesh Dias	Trustee		
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16				
17				
18				
19				
20				

## Corporate trustees – names of the directors at the date the report was approved

Director name		

## Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable



## Other optional information

The preparation of this report and associated accounts was delayed due to the death of one of the trustees, Dr. Ajit de Silva in February 2024. As one of the required signatories for the Vihara bank account, Dr. de Silva had taken a leading role in this activity. It took over 5 months for the bank to action the change of mandate, which meant other trustees were not able to deal with this activity until now. We will endeavour to avoid such delays in reporting in the future.

## Declarations

The trustees declare that they have approved the trustees' report above.

### Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Professor Arosha K. Bandara	Ven. Akurala Samithasiri
Position (eg Secretary, Chair, etc)	Trustee	Trustee
Date	03 March 2025	03 March 2025





Section A

Independent Examiner's Report

Report to the trustees/  
members of

Charity Name

Milton Keynes Vihara: Community Centre for Mindfulness Meditation

On accounts for the year  
ended

31 OCT 2023

Charity no  
(if any)

1183908

Set out on pages

01 & 02 of CC16a

Number, to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/10/2023**.

Responsibilities and  
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

Signed:

Date:

2/04/2025

Name:

RANJITH HIKKADUWA LIYANAGE

Relevant professional  
qualification(s) or body  
(if any):

CIMA UK.

Address:

7 RAVENSFIELD GARDENS  
EWELL  
SURREY KT19 0ST



Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

No Material concerns to report.



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Milton Keynes Vihara

1183908

CC16a

## Receipts and payments accounts

For the period from	01-Nov-22	To	31-Oct-23
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Income - Standing Order	8,515	-	-	8,515	8,984
Income - KATINA Ceremony (2022)	450	-	-	450	7,620
Income - KATINA Ceremony (2023)	5,440	-	-	5,440	-
Income - ATAVISI BUDDHA PUJA (2023)	4,145	-	-	4,145	-
Income - Coronation Celebration	3,800	-	-	3,800	-
Income - Poson Celebration	900	-	-	900	-
Income - New Year Event	936	-	-	936	-
Income - Daham Sisila Donation	-	-	-	-	400
Income - Other Donations	5,615	-	-	5,615	6,637
Income - Building Fund Donations	-	10,200	-	10,200	-
<b>Sub total (Gross income for AR)</b>	<b>29,801</b>	<b>10,200</b>	<b>-</b>	<b>40,001</b>	<b>23,641</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>29,801</b>	<b>10,200</b>	<b>-</b>	<b>40,001</b>	<b>23,641</b>
<b>A3 Payments</b>					
Expenditure - Rent	15,000	-	-	15,000	15,000
Expenditure - Council Tax	2,280	-	-	2,280	2,177
Expenditure - Energy	2,462	-	-	2,462	1,506
Expenditure - Water	329	-	-	329	418
Expenditure - Telecomms	370	-	-	370	327
Expenditure - Coronation Celebration	3,851	-	-	3,851	-
Expenditure - New Year Event	212	-	-	212	-
Expenditure - Kathina Ceremony (2023)	3,028	-	-	3,028	-
Expenditure - Kathina Ceremony (2022)	292	-	-	292	7,915
Other expenses	-	-	-	-	20
Donation to other organisations	-	-	-	-	150
Returned Donations	-	-	-	-	-
<b>Sub total</b>	<b>27,823</b>	<b>-</b>	<b>-</b>	<b>27,823</b>	<b>27,513</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>27,823</b>	<b>-</b>	<b>-</b>	<b>27,823</b>	<b>27,513</b>
<b>Net of receipts/(payments)</b>	<b>1,978</b>	<b>10,200</b>	<b>-</b>	<b>12,178</b>	<b>- 3,872</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>5,606</b>	<b>-</b>	<b>-</b>	<b>5,606</b>	<b>9,478</b>
<b>Cash funds this year end</b>	<b>7,584</b>	<b>10,200</b>	<b>-</b>	<b>17,784</b>	<b>5,606</b>

### Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Closing bank balance on 31 Oct 2023	7,584	10,200	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>7,584</b>	<b>10,200</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

**B3 Investment assets**

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-



**B4 Assets retained for the charity's own use**

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

**B5 Liabilities**

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Arosha K. Bandara (Trustee)	04-03-2025
	Ven. Akurala Samithasiri (Trustee)	04-03-2025