



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 14 Jun 2019 Period start date To 31 Oct 2020 Period end date

Charity name: **MILTON KEYNES VIHARA:
COMMUNITY CENTRE FOR MINDFULNESS MEDITATION**

Charity registration number: 1183908

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	For the public benefit, to advance Buddhism in Milton Keynes and the surrounding area, in particular but not exclusively by: (a) facilitating the teaching of Theravada Buddhism and to provide opportunities for the study and practice of Buddhist philosophy, meditation and mindfulness (b) conducting regular lessons in Buddhism for devotees. (c) establishing centres for the practice of Buddhism and meditation (d) providing residential facilities for Buddhist monks to teach and practice Buddhism.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<ul style="list-style-type: none">• Conducting regular classes teaching Theravada Buddhism to children• Conducting a regular programme of meditation courses• Organising regular talks and discussions on Buddhism and meditation practice that are open to anyone to attend• Maintaining accommodation for the resident monks on the vihara premises
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Yes, all trustees have read this guidance.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable

Policy on social investment including program related investment	Para 1.38	Not applicable
Contribution made by volunteers	Para 1.38	<ul style="list-style-type: none"> • Volunteers contribute their time and expertise to support the activities of the Milton Keynes Vihara summarised above. This includes: <ul style="list-style-type: none"> ○ Facilitating children's Buddhism programme ○ Facilitating regular Buddhism talks and discussions that are open to the public ○ Working to maintain the Vihara premises
Other		Not applicable

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<ul style="list-style-type: none"> • Establishing a regular programme of children's Buddhism lessons (Daham Pasala). This has helped up to 30 children from the community to develop their understanding of Buddhist teachings and enrich their appreciation of Buddhist culture. • Registering the Daham Pasala as a Supplementary School with the Milton Keynes Local Education Authority • Conducting regular Mindfulness Meditation courses, helping over 40 individuals learn the basics of mindfulness practice and supporting their mental wellbeing. • Participating in community events and support school enrichment activities through visit that help children gain a broader understanding of Buddhism.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	No additional information to add to that provided above.

Performance of fundraising activities against objectives set	Para 1.41	<p>Fundraising to support the activities of the vihara have been through one-off donations from individuals visiting the Vihara or regular contributions from well wishers and members of the community.</p> <p>The funds raised have been sufficient to meet the essential expenses of maintaining the Vihara premises (rent, utilities, telephone / broadband and council tax).</p>
Investment performance against objectives	Para 1.41	Not applicable
Other		Not applicable

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Net receipts for the charity operation for the period from June'19 – Oct 20 is £1,348. Including restricted fund of £550.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Air ticket fund for Visiting monk Venerable Dickwelle Sillasumana - Sponsored by the member of the Vihara
Amount of reserves held	Para 1.22	£550
Reasons for holding zero reserves	Para 1.22	1st year of operation
Details of fund materially in deficit	Para 1.24	None
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Not applicable

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Not applicable
Investment policy and objectives including any social investment policy adopted	Para 1.46	Not applicable
A description of the principal risks facing the charity	Para 1.46	Not applicable
Other		Not applicable

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	CIO Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The founding trustees were volunteers from the community who wanted to support the establishment of the Milton Keynes Vihara. This includes i. Head of the Centre; ii. President; iii. Secretary; and iv. Treasurer of the Milton Keynes Vihara who are ex-officio trustees as defined in the CIO's constitution.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Induction: Trustees will make available to each new charity trustee, on or before his or her first appointment: <ol style="list-style-type: none"> 1. a copy of the CIO constitution and any amendments made to it; and 2. a copy of the CIO's latest trustees' annual report and statement of accounts. 3. Induction meetings with the Head of Centre and President of the Vihara
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Not applicable
Relationship with any related parties	Para 1.51	Not applicable
Other		Not applicable

Reference and Administrative details

Charity name	MILTON KEYNES VIHARA: COMMUNITY CENTRE FOR MINDFULNESS MEDITATION
Other name the charity uses	MILTON KEYNES VIHARA
Registered charity number	1183908
Charity's principal address	3 Aldrich Drive Willen Milton Keynes Mk15 9hp

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Prof. Arosha K. Bandara	President		
2	Dr. Ajith De Silva	Secretary		
3	Mrs. Samanthi de Silva	Treasurer		
4	Ven. Akurala Samithasiri	Head of Centre		
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6				
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16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable

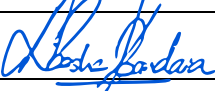
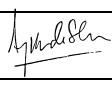
Other optional information

Not applicable

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Professor Arosha K. Bandara	Dr. Ajith De Silva
Position (eg Secretary, Chair, etc)	President	Secretary
Date	06 / 15 / 2022	

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SIGNED

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CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Milton Keynes Vihara

No (if any)
1183908

CC16a

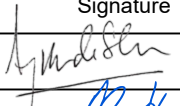

Receipts and payments accounts

For the period from	Period start date	To	Period end date
	Jun-19		Oct-20

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Monthly Standing orders (regular)	12,800	-	-	12,800	-
Dhamma School	4,195	-	-	4,195	-
Meditation	2,175	-	-	2,175	-
Daham Sisila (Sunday Programme)	1,790	-	-	1,790	-
Donations Other	1,345	-	-	1,345	-
Donation Box	911	-	-	911	-
Katina 2019	2,419	-	-	2,419	-
Katina 2020	1,545	-	-	1,545	-
MK council Finance	523	-	-	523	-
Air ticket fund for Ven Silasumana	-	550	-	550	-
Sub total (Gross income for AR)	27,703	550	-	28,253	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	27,703	550	-	28,253	-
A3 Payments					
Rent	21,250	-	-	21,250	-
Council Tax	3,552	-	-	3,552	-
Light and heat	1,520	-	-	1,520	-
Telephone	584	-	-	584	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	26,906	-	-	26,906	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	26,906	-	-	26,906	-
Net of receipts/(payments)	798	550	-	1,348	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	2,927	-	-	2,927	-
Cash funds this year end	3,724	550	-	4,274	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Closing Bank Balance for 30th Oct 2020	4,274	-	-
		-	-	-
		-	-	-
	Total cash funds	4,274	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			Dr Ajit Amal De Silva	30-June-2021
			Arosha Karunadheera	30 June 2021



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Milton Keynes Vihara

**On accounts for the year
ended**

31/10/2020

**Charity no
(if any)**

1183908

Set out on pages

01 - 02

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/10/2020.

**Responsibilities and
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete [] if not applicable.*

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

N. S. S. S.

Date:

11/10/2021

Name:

YOGATHASAN NAMASCRAYAM.

**Relevant professional
qualification(s) or body**

CIMA

(if any):

Address:

01, ASTLETHORPE TWO MILE ASH,
MKS SE1.

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

No material issues noticed.