



Trustees' Annual Report for the period

From		Period start date			To		
		Day06	04	2022			
		Period end date					
		05	04	2023			

Section A Reference and administration details

Charity name

HEART Riding For The Disabled Association

Other names charity is known by

HEART HEART RDA

Registered charity number (if any)

1183846

Charity's principal address

Meadow Bank Stables

Probyn's Pitch, Upton Bishop, Ross On Wye

Herefordshire

Postcode

HR9 7UJ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Barbara Millman	Chair		
2	Lucy Bailey	Treasurer		
3	Rachel Hill	Secretary		
4				
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11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Lisa Millman

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Elected

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To offer RDA Carriage Driving, one-to-one high impact equine interventions and rural crafts/therapies to young people and adults (from the age of 8yrs old) who will gain some therapeutic benefit/wellbeing from one or a range of the activities that we offer.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

To the year ending 5th April 2023, HEART RDA was our first season being able to offer our therapeutic services to local cohorts following COVID 19 and subsequent restrictions.

We spent time engaging cohorts, working with volunteers and delivering our services to participants, volunteers and supported volunteers.

We engaged a part-time member of staff who had previously been a volunteer and trained her to work alongside the facilitator during sessions.

Additional training was given in our very specific way of handling our horses.

We have also added to the variety of animals on site in order to develop our smallholding activities which will become a valuable part of the services we can offer to participants and supported volunteers.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

The Trustees and CEO are extremely grateful for the continued support from our small but growing number of volunteers.

Great strides have been made to maintain the enthusiasm after COVID completed stopped the opening of the centre and put an enormous strain on all resources.

The Board of Trustees are extremely confident in the future of this Charity and the positive benefits it brings to the local community.

Summary of the main achievements of the charity during the year

- Maintaining a premises from which to operate
- Training of key personnel and equines
- Resilience in overcoming flooding and Covid Restrictions.
- Engaging local cohorts
- Delivery of therapeutic activities to local people
- Engagement of new volunteers
- Part time Employee

Section E Financial review

Brief statement of the charity's policy on reserves

Year 4 – NIL reserves

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Lisa Millman

Full name(s)

Lisa Millman

Position (eg Secretary, Chair, etc)

CEO

Date

19.01.2024

Section B Balance sheet

	Guidance Note					
		Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
		£	£	£	£	£
		F01	F02	F03	F04	F05
Fixed assets						
Intangible assets (Note 15)	B01	-	-	-	-	-
Tangible assets (Note 14)	B02	9,526	-	-	9,526	-
Heritage assets (Note 16)	B03	-	-	-	-	-
Investments (Note 17)	B04	-	-	-	-	-
Total fixed assets	B05	9,526	-	-	9,526	-
Current assets						
Stocks (Note 18)	B06	-	-	-	-	-
Debtors (Note 19)	B07	-	-	-	-	-
Investments (Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand (Note 24)	B09	2,882	-	-	2,882	-
Total current assets	B10	2,882	-	-	2,882	-
Creditors: amounts falling due within one year (Note 20)	B11	-	-	-	-	-
Net current assets/(liabilities)	B12	2,882	-	-	2,882	-
Total assets less current liabilities	B13	12,408	-	-	12,408	-
Creditors: amounts falling due after one year (Note 20)	B14	20,000	-	-	20,000	40,000
Provisions for liabilities	B15	-	-	-	-	-
Total net assets or liabilities	B16	- 7,592	-	-	- 7,592	- 40,000
Funds of the Charity						
Endowment funds (Note 27)	B17	-			-	-
Restricted income funds (Note 27)	B18		-		-	-
Unrestricted funds	B19			-	-	-
Revaluation reserve	B20				-	
Fair value reserve	B21					
Total funds	B22	-	-	-	- 47,572	-

The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

Signed by one or two trustees/directors on behalf of all the trustees/directors

Print Name	Date of approval dd/mm/yyyy
Barbara B Millman	03.10.2023

Signature of director authenticating accounts being sent to
Companies House

Signature	Date dd/mm/yyyy
	03.10.2023
Barbara B Millman	Print name

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