

# TastEd

ANNUAL REPORT  
6TH APRIL 2021 -  
5TH APRIL 2022



# CONTENTS

CO-CHAIRS' STATEMENT	3
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ABOUT TASTED	5
--------------	---

THIS YEAR	7
-----------	---

● Training	7
● Resources	10
● Delivery and Feedback	11
● Research	13
● People	14
● Partnerships	15

NEXT YEAR	16
-----------	----

STRUCTURE	17
-----------	----

FINANCE	19
---------	----

ACKNOWLEDGEMENTS	21
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**“ Challenging circumstances for children refocused our minds on just how important it is to offer good quality food education in schools as a tool for helping children with their physical, mental and social well-being. ”**



As we entered the second year of the pandemic in the spring of 2021, we were acutely aware of the growing health problems facing many children in the UK and beyond. The covid pandemic saw a rise in sales of ultra-processed foods and also a sharp rise in childhood obesity in the UK. The number of reception age children (aged 4-5) with obesity rose from 9.9% in 2019-2020 to 14.4% in 2020-2021, whilst for Year 6 pupils (aged 10-11) obesity prevalence increased from 21.0% to 25.5% in the same periods\*. Meanwhile, the cost of living crisis has made it harder than ever for many families, especially those on lower incomes, to access fresh fruits and vegetables. At the same time, more children than ever before have been suffering with mental health problems, partly as a result of the disruptions to their school life caused by lockdowns.

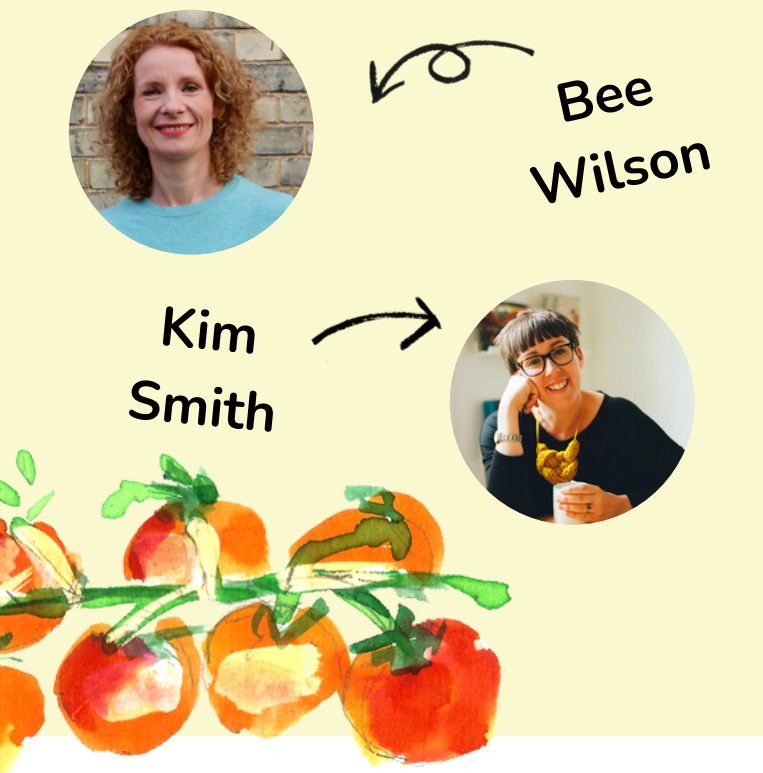
These challenging circumstances for children refocused our minds on just how important it is to offer good quality food education in schools as a tool for helping children with their physical, mental and social well-being. It made us all the more

determined to continue on our goals of working to get sensory food education into more schools and other settings, so that as many children as possible can benefit from the opportunity to experience vegetables and fruits in a joyful way.

At TastEd, this has been our biggest year of growth and development to date and we are very proud of what we have achieved (though we know we still have a long way to go in future years). In June 2021, we pledged our support to the Peas Please Campaign – a campaign run by the Food Foundation designed to increase consumption of vegetables. Our pledge was to support 100 schools and nurseries in delivering sensory food education by the end of 2023. We are thrilled to say that we have already exceeded this goal. This growth has largely been propelled by the generosity of the Jane Goodman Charitable Trust and on behalf of TastEd, I want to say a huge thank you to the JGT trustees for their generosity.

In June 2021, we were able to remove one of our major barriers to expansion by





producing a teacher training video. This meant that any school in the country could now access our training instantly and free of charge. The video complements the in-person training which we still offer – through our excellent teacher trainer Ruth Platt. Another boost to the number of settings delivering TastEd was a project with Islington Council’s Public Health team which offered training to early years educators across Islington.

Another area of growth this year has been curriculum design. We often hear from teachers that it is hard to fit food education into an already squeezed schedule. Partly to help with this, we have been adding to our suite of topic-based lessons.

We are happy to say that this was also a year when we were involved in several forms of research to evaluate the effectiveness of TastEd in enhancing children’s willingness to try vegetables and fruits. We have been working with researchers at both the University of Exeter and the University of Roehampton

on projects looking at the impact of TastEd. In addition, we engage in various forms of informal self-evaluation, including using an advisory board of teachers to give us feedback on ways to improve what we do and make sure that what we offer corresponds to the realities of teachers’ lives in these challenging times.

The greatest joy for all of us at TastEd this year has been receiving feedback from teachers on the ways the sessions have actually changed children’s relationship with food. A teacher at the University of Cambridge primary school told us that a child who never usually ate any food at school felt comfortable trying three new foods in a TastEd lesson. Another teacher told us, “The children absolutely love TastEd. They look forward to it each time we deliver the sessions. We have seen lots of more reserved children get involved which is lovely”.

We have many people to thank for their support this year. We were thrilled that the food writer Anna Jones joined us as our first Patron. Our resources continue to benefit from input from some great creative talents including artist Annabel Lee (who illustrates our lesson plans) and filmmaker Tom Perry. We are also grateful to all our funders including The Jane Goodman Trust, The Runciman Family Trust, Talking Politics and Lincolnshire Community Foundation. On behalf of all the TastEd trustees, we would most of all like to thank our project manager, Fran Box, whose quietly consistent hard work and superb organisational skills have made the crucial difference in making this our most successful year to date.

**Bee Wilson and Kim Smith**  
Co-Chairs of TastEd

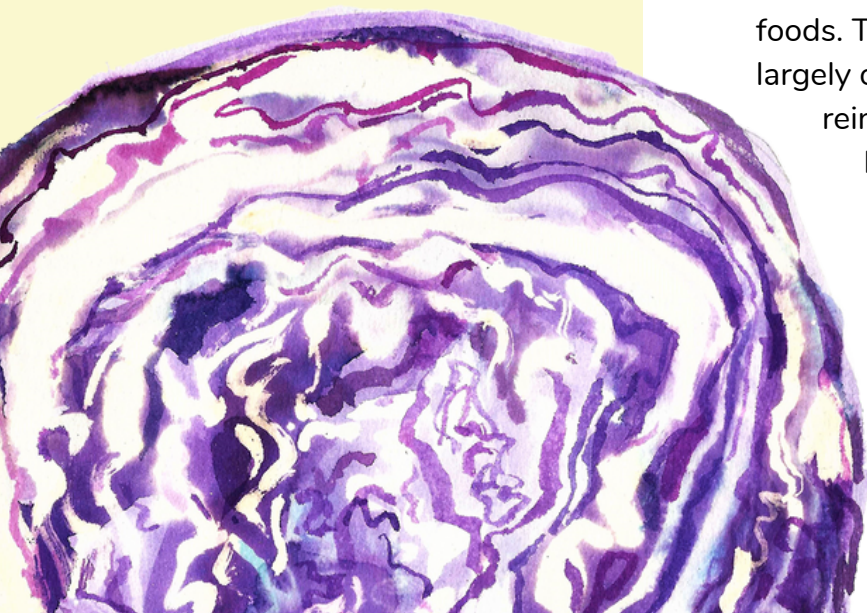


CC

The children loved it.  
They engaged really  
well with the idea of  
closely looking at  
our fruits and veg,  
and couldn't wait to  
try them.

They came back for  
seconds of  
everything, even  
some for the bitter  
radicchio! We had  
converts to  
asparagus, beetroot,  
red cabbage and  
passion fruit.

”



# ABOUT TastEd

It is well established that children in the UK do not eat anything like enough fruit and vegetables. For example, 5-10 year olds in the UK only manage to eat on average 1.6 portions of vegetables a day, and 33% of children in this age group eat fewer than one portion of vegetables a day (Food Foundation, 2020).

The health impact of this is significant for children's physical and mental health. Vegetables and fruits contain many essential micronutrients as well as fibre. When children don't get enough vegetables and fruits, their health suffers. A systematic review by Guzek et al (2020) found that higher consumption of fruits and vegetables in school age children was associated with reduced rates of depression and mental health problems. There is also clear evidence that higher consumption of vegetables correlates with a lower risk of type 2 diabetes and is associated with reduced weight gain (see Willett et al The Lancet 2019).

British food education to date has been far too focused on telling children what they shouldn't eat rather than giving them the skills to enjoy new foods. Traditional nutrition education has focused largely on an information-based approach

reinforced by messages about 5-a-day and the Eatwell plate. This achieved little to no impact on children's vegetable and fruit consumption. TastEd's aim is to use sensory food education as a way to enable children to widen their preferences and establish a liking for a wide variety of foods (focusing on vegetables and fruits).

We aim to help children use their own senses to build a joyous and positive relationship with food and give them opportunities to discover new preferences for vegetables and fruits which should ultimately stay with them beyond the school gates and help to improve their long-term health.

In the three years since we were established, TastEd has been proud to translate the tried and tested Sapere method (which has been used in schools in Sweden, Finland and elsewhere for many years) to a UK context. We are the official UK representative of Sapere international. The potential difference sensory food education can make in the UK in increasing children's willingness to try and to like fruits and vegetables is huge. Added benefits include enhanced engagement, for example in terms of literacy teachers report that the experience of handling foods encourages children to write using similes and metaphors.

Having created a curriculum of more than a hundred free learning resources, TastEd offers a new, more hands-on and child-centred approach to food and nutrition education, giving children the opportunity to try a wide variety of foods which they may not get the chance to try at home. TastEd activities - which consist of a series of fun, sensory games and activities involving direct handling of vegetables and fruits - take place in a classroom, nursery or school environment. The golden rules of TastEd, 'no one has to try' and 'no one has to like', remove the pressure that often exists at mealtimes and allow children to enjoy exploring food without worry. By giving children the space to explore food and agency around developing food preferences children become far more open to trying and liking new foods. The presence of a trusted adult and their classmates often makes it easier for children to get past their natural reluctance to try new foods (there is extensive evidence that preferences are socially influenced).

TastEd works with schools to enable as many children as possible to experience sensory food education. We provide resources, training and support to ensure schools and nurseries have the confidence to use and embed sensory food education in their setting.



See



Hear



Touch



Smell



Taste



## THIS YEAR

This year marked a major turning point for TastEd, as we decided to provide all our resources for **FREE to UK schools and nurseries** to ensure as many children as possible experience sensory food education.

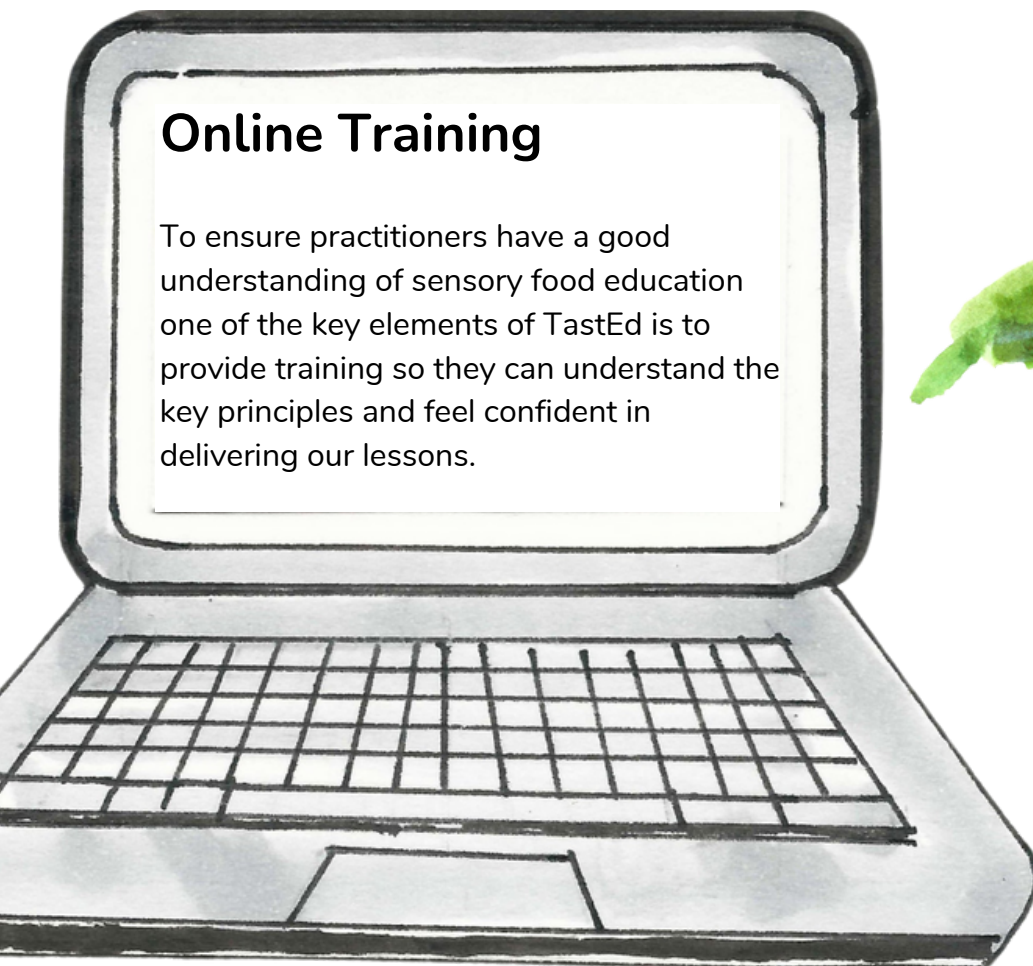


## Training

To ensure practitioners have a good understanding of sensory food education one of the key elements of TastEd is to provide training so they can understand the key principles and feel confident in delivering our lessons.

### Online Training

To ensure practitioners have a good understanding of sensory food education one of the key elements of TastEd is to provide training so they can understand the key principles and feel confident in delivering our lessons.





# Video Training

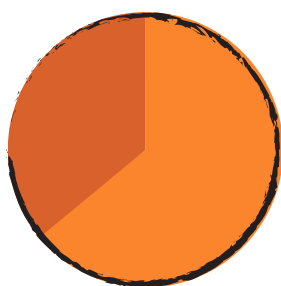
Addressing some of the barriers to delivering TastEd, in June 2021 we developed an in-depth teacher training video that schools and nurseries can access online for free.

This video allows teachers and EYFS practitioners to understand:

- ➡ What TastEd and sensory food education is
- ➡ The history and development of TastEd
- ➡ The key principles of TastEd
- ➡ The benefits to pupils and teachers
- ➡ How TastEd lessons work
- ➡ How to run a TastEd lesson
- ➡ The senses
- ➡ How TastEd is different from other healthy eating lessons



## How confident do you now feel delivering TastEd sessions?



A small initial sample provided a very positive feedback response about the video, with **36%** feeling **very confident** and **64%** feeling **confident** in their ability to deliver TastEd activities after watching the video.

Whilst no one that provided feedback felt they definitely need further training, 79% did say they might want further training. 70% of those that might be interested in further training would choose for it to be online rather than in-person.

With teachers feeling confident and choosing for training to be delivered online we believe this simple model of food education is very scalable.

"I thoroughly enjoyed watching the video; it was engaging and full of useful information."

Jubilee Wood Primary School

We want to extend special thanks to **Jane Goodman Trust** for providing funding to allow us to produce this video and to **Tom Perry Films** for their fantastic videography and production.



## In-person Training

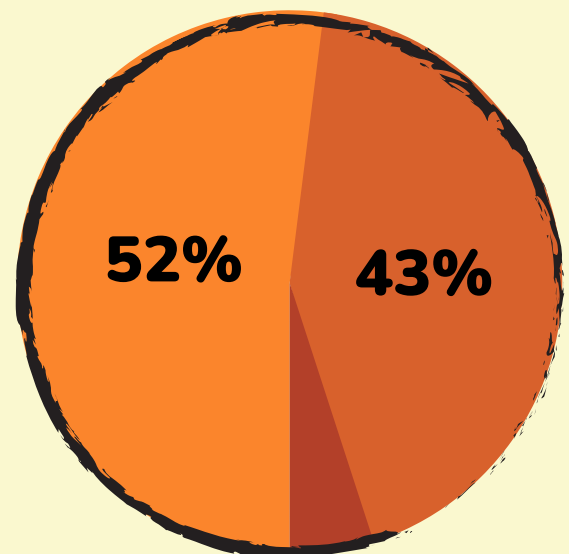
At the beginning of 2022 we resumed our in-person training, providing an in-depth opportunity to explore TastEd's history and methodology as well as enabling conversations around food education.

Working in partnership with Islington Council's Public Health Team TastEd ran two half-day training sessions, one for primary schools and nurseries. It was an experience for all the senses with participants learning all about TastEd and trying out the activities themselves as both teacher and pupil.

Of the 23 attendees who provided feedback **52%** felt **very confident** about delivering TastEd, with **43%** feeling **confident** and the remaining **5%** feeling **neutral**.

"I had fun and enjoyed the hands on approach. I even tried 2 new things myself."

"A super training experience, opened up my eyes to my approach to eating concepts with children."





# Resources

This year TastEd developed **6 topic-specific** TastEd lessons for key stage 1 and 2 enabling sensory food education to be taught across the curriculum. Food education does not need to be limited to the small amount of time most schools can dedicate to it given its position within the national curriculum. It can instead be woven throughout the school day, either as part of the cooking and nutrition curriculum, or a history, or geography lesson, at lunchtime or after school.

These lessons were piloted with teachers and pupils at The University of Cambridge Primary School and are now available to all schools who have access to TastEd resources.



1960s and Ringo's Broccoli

The Great Fire and Street Names and Food

Refugees and Food Smells and Memories

Around the World, The Journey of Spice

Evolution and The Don't Eat Me Salad

Ancient Rome and the Food of Pompeii



We're excited to continue developing the resources we offer to schools and nurseries, enabling teachers to use sensory food education across the curriculum.

"We loved the 60s [lesson], we had the most interesting combinations with broccoli, blueberries, cinnamon and oil."

Teacher and TastEd lead at UCPS





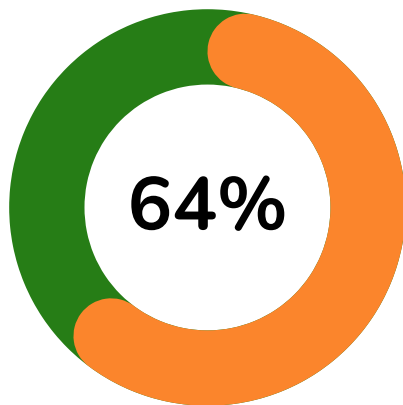
# Delivery and Feedback

2021

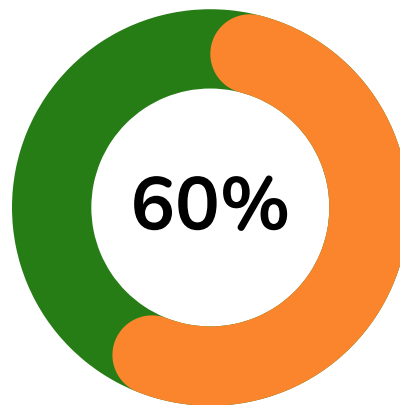


Prior to April 2021 **22 schools and 1 nursery** has signed up to access TastEd resources, by April 2022 this has risen to **159 schools and 11 nurseries**.

2022



of children who took part tried a fruit or vegetable for the first time.\*



of children who took part liked a fruit or vegetable they tried.\*

Our first end of term survey was sent in December 2021 to understand where TastEd was being run and what the barriers were to delivery. There was a 42% response rate from schools that had signed up to use TastEd to the survey.

Schools reported that **time** was the main barrier to delivering TastEd, additionally there was the impact of Covid restrictions on delivering practical food sessions. Topic lessons aim to alleviate this time pressure, using TastEd lessons to teach bring other curriculum areas to life, in addition to Cooking and Nutrition lessons.



\*Based on 40 lessons run across 6 Schools

## FEEDBACK

### Lincolnshire Case Study

Thanks to funding from Lincolnshire Community Foundation, TastEd ran a project working with four schools in Lincolnshire, delivering TastEd to EYFS and KS1 pupils in schools with an average free school meal percentage of 36.7 (compared to a UK average of 20.8%).



“ [The] nurture team LOVE the resources. Year 2 used the spices session and noticed much higher engagement.

Teacher, Abbey Hulton Primary School ”



**St Gilbert of Sempringham C of E Primary School** ran TastEd for the first time in April 2021. They ran 5 sessions (one for each of the senses) across one half-term in both their mixed EYFS and reception class and their Yr 1 and 2 class.

The lessons had very positive feedback from the staff and pupils:

“The children absolutely love TastEd. They look forward to it each time we deliver the sessions. We have seen lots of more reserved children get involved which is lovely. From a teacher's perspective it is brilliant having everything the resources available to support teaching. It makes it very easy to deliver.”

Year 1 and 2 Teacher

The EYFS teacher felt TastEd lends itself to Early Years so well, saying it was “an extension of what they do all the time anyway.” The Year 1 teacher found that “once we started doing TastEd the children just started having those conversations on the carpet during snack time, they started doing it for themselves, or while they were eating their lunch they started just having those conversations, they led themselves to talking about their senses.”

After each lesson, the teacher took the extra fruit and veg to the lunch hall to run informal TastEd sessions with KS2 students. People often think older pupils won't be engaged, however as we've seen before and as was demonstrated at this school in Lincolnshire **"they were hooked"**.

The year 3 to 6 pupils got really involved and tried lots of the different fruit and vegetables, they enjoyed the sessions. Lots of the pupils didn't know many of the fruit and vegetables that were being put out but were willing to try them.



## Research

Between April 2021 -2022 TastEd embarked on our evidence and evaluation programme in partnership with Exeter University to begin validating the impact of TastEd on children's experience and consumption of fruit and veg. This included:

- A quantitative research pilot in one class in a south London primary school. In conjunction with Dr. Lucy Cooke, a Research Psychologist specialising in children's eating behaviour we developed a questionnaire to establish whether TastEd improves children's willingness to try new foods.
- Drawing on insights from the pilot we conducted further quantitative research at a Cambridge primary school who were embedding TastEd across all year groups. In addition to children completing the improved questionnaire, we conducted qualitative interviews with parents, children and teachers to understand the impact of TastEd on each user. Analysis of data is now underway and we continue to collaborate with Exeter University on the next phase of research.
- TastEd is also a partner organisation in a multisite, multicomponent intervention with Roehampton University aimed at improving children's health and reducing childhood obesity, due to begin a pilot phase in October 2022 for 1 year.





## Patron

In January 2022 Anna Jones became the first official patron for TastEd. We are thrilled that Anna Jones, the voice of modern vegetarian cooking, is a passionate supporter of sensory food education. Anna had the opportunity to see a TastEd in action, seeing the full spectrum with a Reception and Year 6 class part in Prendergast Primary School. We look forward to working with her further going forward.

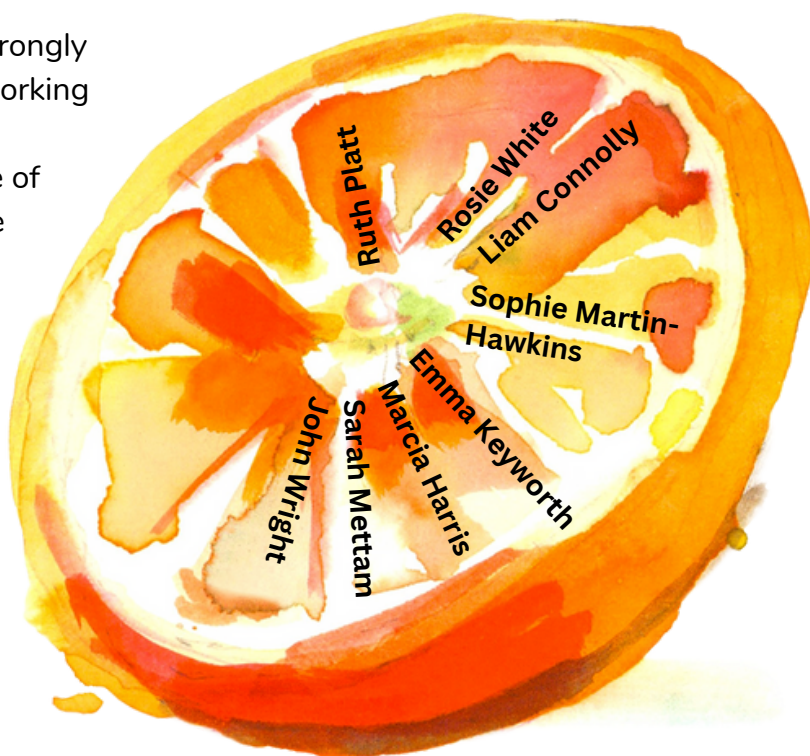
## Teacher Advisory Panel

Teachers have always informed the work that TastEd has done, alongside the Headteacher and teacher that are part of the TastEd founding team, a wide range of teachers have continued to support the creation and development of TastEd resources and to inform the direction of the charity.

To continue ensuring our work is strongly informed by those people we are working with we have developed a Teacher Advisory Panel, made up of a range of teachers and ex-teachers who have taught across EYFS and Year 6.

To date, the panel has met twice, in November 2021 and February 2022. The aim is to meet once a term to discuss how TastEd can best support schools and nurseries and their practitioners.

Thank you to those who make up our Teacher Advisory Board.





# Partnerships

At TastEd we know there is much work to do in helping children eat better, so for us collaborating with like minded organisations who share our mission to help improve the lives and diets of children is an effective way to achieve our goals. As a young charity we have plenty to learn from established organisations, but our unique expertise in sensory food education and agile approach means we have lots to offer.



This year we partnered with Food For Life supporting schools to take a whole school approach to food. TastEd is now available to all FFL schools through their online membership, bringing our unique food education approach to schools and nurseries whilst complementing existing FFL projects. FFL teams use TastEd lessons to get teachers to consider starting food education and help spread the word about our fun approach. Thanks to this partnership we are now in more schools and nurseries across the UK and we can't wait to see how we can work even better together going forward.



TastEd has long been a supporter of Veg Power's nationwide project to help children eat more vegetables (and Veg Power in turn has supported TastEd by promoting our version of sensory food education in some of its schools materials). This year we continue to build on our partnership through development of a whole school intervention to help children eat more veg and supporting Simply Veg, a new campaign to guide parents in helping families keep veg on their plates, with our Co-Chairs Kim and Bee joining the expert panel to respond to veg based questions from parents.



In June 2021 we pledged our support to the Peas Please campaign, committing to help people increase their vegetable intake, by supporting 100 schools and nurseries in delivering sensory food education by the end of 2023. We look forward to supporting this work, which is so closely aligned with our own objectives.

## NEXT YEAR

In 2022-23 we will continue to build on our successful work to date. Increased resources from the Jane Goodman Trust will enable TastEd to reach significantly more beneficiaries and increase the depth of the work that will be able to be carried out with schools and nurseries.

### **Schools and Nurseries**

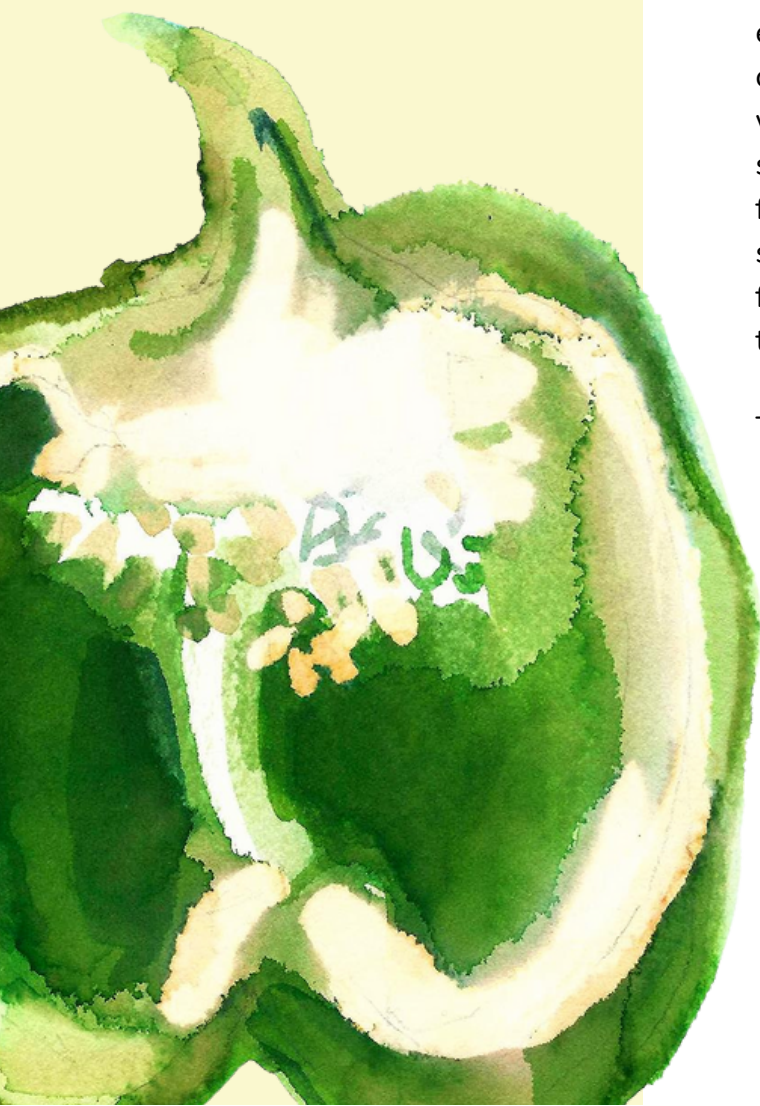
By April 2023 we aim to have 300 schools and nurseries signed up to TastEd, which nearly doubles our numbers to date but, with all our lesson plans and powerpoints, and teacher training video available free to all UK schools and nurseries, we believe this is achievable. We will continue to work closely with these schools to understand the impact TastEd is having, the ways we can further support schools, and the barriers that lead to food education not being prioritised in schools.

Based on the positive working relationship established with Islington Council, we aim to collaborate with other local authorities and work with their public health, education, and healthy schools teams. This could help to embed sensory food education across the work they do, allowing schools to share best practice and for sensory food education to permeate into other sections of the borough's work.

There is a close affinity between sensory food education and the work already being done in EYFS. To ensure that this existing positive relationship is capitalised on we will focus on developing resources and training videos that are further tailored to the needs of early years settings.

### **Holiday and Activity Food (HAF) Programme**

We believe every child should have a healthy diet and sensory food education is one way in which we can help young people improve their





relationship with food and as such improve the diet. One way in which we will reach more beneficiaries is to adapt TastEd resources to better support HAF providers.

Government guidelines for HAF declare nutrition education is a mandatory requirement every day. TastEd can support this by providing a simple and affordable way in which this can be delivered.



## STRUCTURE

**TastEd is a Charitable Incorporated Organisation.**

**Governing document:** constitution adopted on 1st January 2019.

**Charitable objectives:**

1. To advance the education of children in sensory food education.
2. To preserve and protect the health of such beneficiaries by the promotion of sensory food education and helping children to build a healthy relationship with food.

**Trustee selection method:** Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

To date, trustees have been recruited through shared contacts in the food world and are from a range of backgrounds, including education, food policy and health.

TastEd is governed and managed by our trustees who share the decision-making and take responsibility for all aspects of the charity's activities.

Minimal expenses can be claimed by the trustees in accordance with our trustee expenses policy and no trustee receives payment for their work on the board.

The board meets three times a year to discuss performance and make strategic decisions. Due to the size of the organisation board members also take on operational tasks and consider risk management.



### **Bee Wilson: Founder and Co-chair**

Bee Wilson is a food writer and broadcaster and the author of five books. She has long been interested in school food and served two terms as a school governor at St Matthew's primary school in Cambridge.



### **Kim Smith: Co-chair**

Kim Smith is currently a PhD student at City University of London researching food education policy in primary schools and has over 20 years experience working across the UK food industry.



### **Jane Lockie: Treasurer**

Jane has had a career in anaesthesia for children's surgery. She worked to foster a co-operative approach involving children in their treatment. Jane believes a healthy life involves enjoying food with family and friends.



### **Jason O'Rourke: Founder and Trustee**

Jason O'Rourke is the headteacher of Washingborough Academy, Lincolnshire. He is the UK representative on the SAPERE International Board and a member of the All-Party Parliamentary Group on School Food.



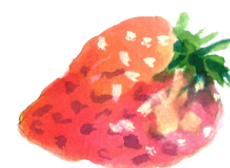
### **Gurbinder Lalli: Trustee**

Gurbinder Lalli is a Senior Lecturer in Education and Inclusion Studies, based in the Institute of Education at the University of Wolverhampton. He is author of Schools, Food and Social Learning and is also a school governor.



### **Francesca Re Manning: Trustee**

Francesca Re Manning is a qualified solicitor with an LLM from Cambridge University. Francesca is the Programme Manager of the Global Food Security Interdisciplinary Research Centre at the Cambridge University.



Rosina Borelli stood down from being a TastEd trustee as of 5th May 2022.  
Francesca Re Manning was appointed trustee on the 6th January 2022.

**Jane  
Lockie**  
Treasurer



### Financial Position

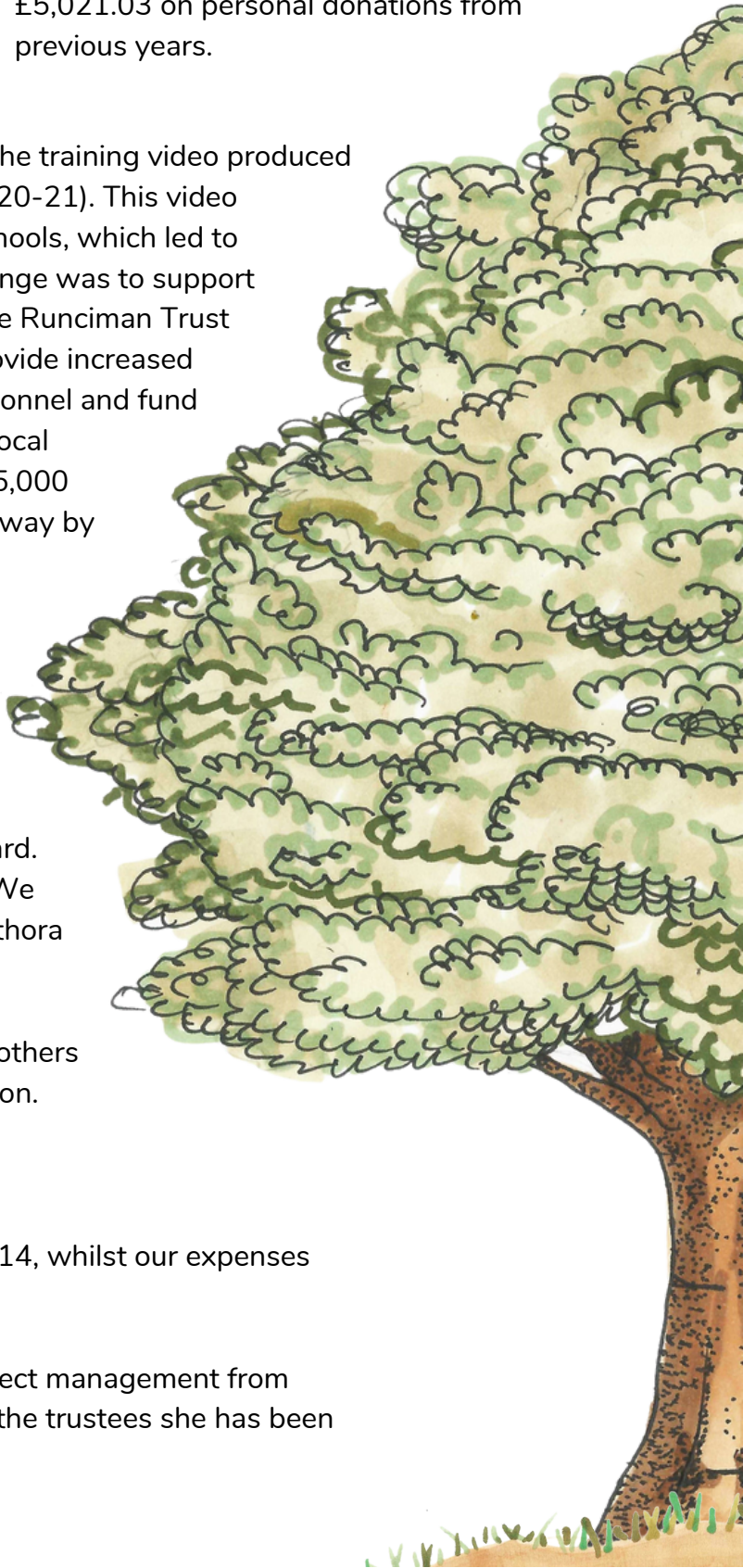
TastEd's financial position is good and we have kept our costs low to maximise the use of funds towards the delivery of our lessons to our beneficiaries. We have received a number of significant donations this year. We have also been registered for gift aid and claimed £5,021.03 on personal donations from previous years.

The Jane Goodman Trust was impressed by the training video produced utilising a portion of their previous donation (20-21). This video allowed us to launch our resources free to schools, which led to our rapid growth, and thus our biggest challenge was to support this growth. We therefore applied to both the Runciman Trust and The Jane Goodman Trust for funds to provide increased Project Management time, appoint more personnel and fund further training and resources for work with local authorities. We were thrilled to be granted £5,000 from the Runciman Family Trust and blown away by a grant of £100,000 from the Jane Goodman Trust. We continued to receive support from the Talking Politics Podcast until June 2021, for which we were also extremely grateful. We received a donation from Dr David Robinson's funeral collection and we also received a personal donation of £10,000 from a member of the trustee board. We are extremely grateful to all our donors. We recognise that the charitable sector has a plethora of good causes and we are in competition for donations. Our feedback to our donors has encouraged further giving and there are few others working in the sector of sensory food education.

### Income and Expenditure

Our total income for this year was £124,920.14, whilst our expenses totalled £24,710.90.

The main expenses were commissioning project management from Fran Box. In collaboration with work from all the trustees she has been





largely responsible for all the successes this year. She represents extremely good value as she has a can do attitude has saved us spending resources on other contracts.

Other expenditure is detailed in the table below. Of note we have been able to commission new artwork to complement our new lessons and further filming has taken place in different school settings. Our trustee meetings will alternate between in-person and online to reduce the trustee costs but our trustee claims, for which we have a policy, are modest, considering the amount all our trustees bring to the organisation.

## Reserves

Our reserves policy allows for 3 months of operating costs. We have identified at present £8,000 would be sufficient and we have this in our reserves. As we commission work from other personnel this will need to be reviewed.

Our accountant is Burdett King Accountants and we are grateful to them for their ongoing work with us, and for their modest charges.

### Incomings

Donations	£14,330.73
Gift aid tax	£5,021.03
Grants	£105,000
Payment for services	£568.38
<b>Total</b>	<b>£124,920.14</b>

### Outgoings

Project management	£16,006.53
Service delivery	£6,688.89
Research	£254.03
Trustee expenses	£371.57
Other costs	£1,389.88
<b>Total</b>	<b>£24,710.90</b>

# ACKNOWLEDGEMENTS

We are very grateful to the individuals and organisations who have provided support to TastEd during this period.

## Funders

The Jane Goodman Trust  
The Runciman Charitable Trust  
Lincolnshire Community Foundation  
Talking Politics  
The family of David Robinson

## Partners:

Sapere International  
Food For Life  
Islington Council  
Veg Power

**Patron:** Anna Jones

**Educational consultants:** Ruth Platt and Kelly Robinson

**Illustrator:** Annabel Lee

**Filmmaker:** Tom Perry

**Website design and support:** The Creative Agency

**Auditors:** Burdett King Accountants

**Researcher:** Luke McGuire at The University of Exeter

Thank you to everyone else who has supported us on our journey to date, to our advisors, to those that have donated their time or money, and to all the advocates of TastEd and sensory food education, we couldn't have done it without you.

\*<https://digital.nhs.uk/data-and-information/publications/statistical/national-child-measurement-programme/2020-21-school-year#summary>



Itired The tomatoes  
and The ~~tomka~~ toes  
were wober Lee.







**Charity number 1183753**

[www.tasteeducation.com](http://www.tasteeducation.com)

[info@tasteeducation.com](mailto:info@tasteeducation.com)

9 Dovecote Lane, Coleby, Lincoln,  
LN5 0AD



@tastedfeed



tasted\_feed



TastEdFeed



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# TastEd

Annual Report and Financial Statements  
for the Year Ended 5 April 2022



# **TastEd**

## **Contents**

Reference and Administrative Details .....	1
Trustees' Report .....	2 to 5
Trustees' responsibilities .....	6
Independent examiner's report .....	7
Statement of financial activities .....	8
Balance Sheet .....	9
Notes to the financial statements .....	10 to 13



**TastEd**  
**Reference and Administrative Details**

<b>Charity name</b>	TastEd
<b>Charity registration number</b>	1183753
<b>Trustees</b>	Bee Wilson, Chair of Trustees Kim Smith, Co Chair Rosina Borelli, Trustee (Resigned 5 May 2022) Dr Gurbinder Lalli, Trustee Dr Jane Lockie, Trustee Jason O'Rourke, Trustee Francesca Re Manning, Trustee (Appointed 6 January 2022)
<b>Accountant</b>	Burdett King Accountancy Limited 8 The Hamiltons Newmarket CB8 0NF

# **TastEd**

## **Trustees' Report**

### **TastEd**

### **Trustees' Report**

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 5 April 2022.

### **Trustees**

Bee Wilson

Kim Smith

Jason O'Rourke

Dr Gurbinder Lalli

Dr Jane Lockie

Rosina Borelli

Francesca Re Manning

### **Trustees' Statement**

TastEd exists to deliver sensory food education to as many children as possible in the UK. We aspire to TastEd becoming the norm for all children everywhere, but our immediate aims are to increase delivery of sensory food education in the UK and for the TastEd lessons to be the go-to solution for teachers to provide this. We believe this will have a lifelong impact on improving the diets of the population, in particular improving the consumption of vegetables and fruit.

We also seek to maintain the quality of TastEd lesson delivery by providing teacher training before teachers use the lessons and by providing ongoing support and further training. We are proud to have delivered TastEd to more children (our beneficiaries) and families in our second year using lesson plans delivered by trained teachers in UK schools. The challenges of the pandemic made this more difficult, but also more urgent as the consequences of unhealthy diets were laid bare. We thus provided home learning packs, online lessons and a 'Happier Mealtimes' broadcast all of which allowed us to reach more beneficiaries.

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1. To advance the education of children in food sensory education.
2. To preserve and protect the health of such beneficiaries by the promotion of sensory food education and helping children to build a healthy relationship with food.

The aim is to help children across the UK learn to enjoy eating vegetables and fruits through sensory food education so that they develop healthier food preferences.

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We provide schools and parents with resources and support to use TastEd's unique, fun lessons giving both children and adults new ways to explore and discover vegetables and fruits. These lessons empower children to explore, taste and learn to enjoy fruits and vegetables, ultimately helping them enjoy a more healthy diet.

# **TastEd**

## **Trustees' Report**

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The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

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Trustees are appointed for a term of three years.

### **Achievements and performance**

As we entered the second year of the pandemic in the spring of 2021, we were acutely aware of the growing health problems facing many children in the UK and beyond. The covid pandemic saw a rise in sales of ultra-processed foods and also a sharp rise in childhood obesity in the UK. The number of reception age children (aged 4-5) with obesity rose from 9.9% in 2019-2020 to 14.4% in 2020-2021, whilst for Year 6 pupils (aged 10-11) obesity prevalence increased from 21.0% to 25.5% in the same periods\*. Meanwhile, the cost of living crisis has made it harder than ever for many families, especially those on lower incomes, to access fresh fruits and vegetables. At the same time, more children than ever before have been suffering with mental health problems, partly as a result of the disruptions to their school life caused by lockdowns.

These challenging circumstances for children refocused our minds on just how important it is to offer good quality food education in schools as a tool for helping children with their physical, mental and social well-being. It made us all the more Challenging circumstances for children refocused our minds on just how important it is to offer good quality food education in schools as a tool for helping children with their physical, mental and social well-being. determined to continue on our goals of working to get sensory food education into more schools and other settings, so that as many children as possible can benefit from the opportunity to experience vegetables and fruits in a joyful way.

At TastEd, this has been our biggest year of growth and development to date and we are very proud of what we have achieved (though we know we still have a long way to go in future years). In June 2021, we pledged our support to the Peas Please Campaign – a campaign run by the Food Foundation designed to increase consumption of vegetables. Our pledge was to support 100 schools and nurseries in delivering sensory food education by the end of 2023. We are thrilled to say that we have already exceeded this goal. This growth has largely been propelled by the generosity of the Jane Goodman Charitable Trust and on behalf of TastEd, I want to say a huge thank you to the JGT trustees for their generosity.

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## **TastEd**

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We are happy to say that this was also a year when we were involved in several forms of research to evaluate the effectiveness of TastEd in enhancing children's willingness to try vegetables and fruits. We have been working with researchers at both the University of Exeter and the University of Roehampton on projects looking at the impact of TastEd. In addition, we engage in various forms of informal self-evaluation, including using an advisory board of teachers to give us feedback on ways to improve what we do and make sure that what we offer corresponds to the realities of teachers' lives in these challenging times.

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We have many people to thank for their support this year. We were thrilled that the food writer Anna Jones joined us as our first Patron. Our resources continue to benefit from input from some great creative talents including artist Annabel Lee (who illustrates our lesson plans) and filmmaker Tom Perry. We are also grateful to all our funders including The Jane Goodman Trust, The Runciman Family Trust, Talking Politics and Lincolnshire Community Foundation. On behalf of all the TastEd trustees, we would most of all like to thank our project manager, Fran Box, whose quietly consistent hard work and superb organisational skills have made the crucial difference in making this our most successful year to date.

In March 2021 TastEd began the recruitment of volunteers.

As a small charity, working on a national scale, the time and skills volunteers can offer is invaluable to increasing the work we can do.

We were overwhelmed with the huge number of amazing applications received and are excited to have 11 passionate volunteers on board who are looking forward to becoming ambassadors for TastEd in their local areas.

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TastEd's financial position is good and we have kept our costs low to maximise the use of funds towards the delivery of our lessons to our beneficiaries. We have received a number of significant donations this year. We have also been registered for gift aid and claimed £5,021.03 on personal donations from previous years.

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#### **Reserves**

Our reserves policy allows for 3 months of operating costs. We have identified at present £8,000 would be sufficient and we have this in our reserves. As we commission work from other personnel this will need to be reviewed.

## **TastEd**

### **Trustees' Report**

#### **Plans for future periods**

In 2022-23 we will continue to build on our successful work to date. Increased resources from the Jane Goodman Trust will enable TastEd to reach significantly more beneficiaries and increase the depth of the work that will be able to be carried with schools and nurseries.

#### ***Schools and Nurseries***

By April 2023 we aim to have 300 schools and nurseries signed up to TastEd.

We aim to collaborate with local authorities and work with their public health, education, and healthy schools teams.

There is a close affinity between sensory food education and the work already being done in EYFS. To ensure that this existing positive relationship is capitalised on we will focus on developing resources and training videos that are further tailored to the needs of early years settings.

#### ***Holiday and Activity (HAF) Programme***

One way in which we will reach more beneficiaries is to adapt TastEd resources to better support HAF providers.

Government guidelines for HAF declare nutrition education is a mandatory requirement every day. TastEd can support this by providing a simple and affordable way in which this can be delivered.

All of this is to enable more children across the UK to know, try and enjoy more vegetables and fruit.

Approved by the Trustees and signed on their behalf by:

.....

Bee Wilson  
Trustee

Date:.....

## **TastEd**

### **Trustees' Responsibilities in relation to the Financial Statements**

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection fraud and other irregularities.

## **Independent Examiner's Report to the Trustees of TastEd**

I report on the accounts of the Trust for the year ended 5 April 2022, which are set out on pages 8 to 13.

### **Respective responsibilities of trustees and examiner**

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the General Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act; and
- state whether particular matters have come to my attention.

### **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 130 of the Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....  
Lisa King  
Burdett King Accountancy Limited

8 The Hamiltons  
Newmarket  
CB8 0NF

3 February 2023



**TastEd**  
**Statement of Financial Activities for the Year Ended 5 April 2022**

		<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total Funds Year ended 5 April 2022</b>	<b>Total Funds 1 April 2020 to 5 April 2021</b>
	<b>Note</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Incoming resources</b>					
Incoming resources from generated funds					
Voluntary income	2	121,899	-	121,899	47,751
Incoming resources from charitable activities	3	503	-	503	1,786
Total incoming resources		<u>122,402</u>	<u>-</u>	<u>122,402</u>	<u>49,537</u>
<b>Resources expended</b>					
Charitable activities	4	20,642	4,069	24,711	23,816
Total resources expended		<u>20,642</u>	<u>4,069</u>	<u>24,711</u>	<u>23,816</u>
Net income before transfers		101,760	(4,069)	97,691	25,721
<b>Transfers</b>					
Gross transfers between funds		<u>6,860</u>	<u>(6,860)</u>	<u>-</u>	<u>-</u>
Net movements in funds		108,620	(10,929)	97,691	25,721
<b>Reconciliation of funds</b>					
Total funds brought forward		<u>19,985</u>	<u>19,340</u>	<u>39,325</u>	<u>13,604</u>
Total funds carried forward		<u><u>128,605</u></u>	<u><u>8,411</u></u>	<u><u>137,016</u></u>	<u><u>39,325</u></u>

All incoming resources and resources expended derive from continuing activities.

The charity has no recognised gains or losses for the year other than the results above.

The notes on pages 10 to 13 form an integral part of these financial statements.

**TastEd**  
**Balance Sheet as at 5 April 2022**

		<b>5 April 2022</b>		<b>5 April 2021</b>	
	<b>Note</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Current assets</b>					
Debtors	6	2,500		5,021	
Cash at bank and in hand		<u>134,516</u>		<u>34,304</u>	
			<u>137,016</u>		<u>39,325</u>
<b>Net assets</b>			<u><u>137,016</u></u>		<u><u>39,325</u></u>
<b>The funds of the charity:</b>					
<b>Restricted funds</b>			8,411		19,339
<b>Unrestricted funds</b>					
Unrestricted income funds			<u>128,605</u>		<u>19,986</u>
<b>Total charity funds</b>			<u><u>137,016</u></u>		<u><u>39,325</u></u>

Approved by the Trustees on ..... and signed on their behalf by:

.....

Bee Wilson  
Trustee

The notes on pages 10 to 13 form an integral part of these financial statements.

## **TastEd**

### **Notes to the Financial Statements for the Year Ended 5 April 2022**

#### **1 Accounting policies**

##### **Basis of preparation**

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities (SORP 2005)', issued in March 2005, applicable accounting standards and the Charities Act 2011.

##### **Fund accounting policy**

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Further details of each fund are disclosed in note 8.

##### **Incoming resources**

Donations are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Incoming resources from tax reclaims are included in the statement of financial activities at the same time as the gift to which they relate.

##### **Resources expended**

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

# TastEd

## Notes to the Financial Statements for the Year Ended 5 April 2022

..... continued

### 2 Voluntary income

	Unrestricted Funds £	Restricted Funds £	Total Funds Year ended 5 April 2022 £	Total Funds 1 April 2020 to 5 April 2021 £
<b>Donations and legacies</b>				
Appeals and donations	14,399	-	14,399	42,730
Gift Aid tax reclaimed	2,500	-	2,500	5,021
	<u>16,899</u>	<u>-</u>	<u>16,899</u>	<u>47,751</u>
<b>Grants</b>				
Appeals and donations	105,000	-	105,000	-
	<u>121,899</u>	<u>-</u>	<u>121,899</u>	<u>47,751</u>

### 3 Incoming resources from charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds Year ended 5 April 2022 £	Total Funds 1 April 2020 to 5 April 2021 £
<b>Charitable activity</b>				
School programme delivery fees	500	-	500	250
School membership	-	-	-	1,535
Interest on cash deposits	3	-	3	1
	<u>503</u>	<u>-</u>	<u>503</u>	<u>1,786</u>



# TastEd

## Notes to the Financial Statements for the Year Ended 5 April 2022

..... continued

### 4 Total resources expended

	Charitable activity	Total
	£	£
<b>Direct costs</b>		
Teacher training	2,345	2,345
Project management	16,006	16,006
Other direct costs	146	146
Subscriptions and donations	608	608
Sundry and other costs	489	489
Cost of trustee meetings	372	372
Website, graphics and art	4,199	4,199
Accountancy fees	250	250
Legal and professional costs	296	296
	<u>24,711</u>	<u>24,711</u>

### 5 Trustees' remuneration and expenses

During the period expenses totalling £372 (2021:£nil) were paid to trustees. No remuneration was paid to any of the trustees.

### 6 Debtors

	5 April 2022 £	5 April 2021 £
Other debtors	<u>2,500</u>	<u>5,021</u>

# TastEd

## Notes to the Financial Statements for the Year Ended 5 April 2022

..... continued

### 7 Related parties

#### Controlling entity

The charity is controlled by the trustees.

### 8 Analysis of funds

	At 6 April 2021	Incoming resources	Resources expended	Transfers	At 5 April 2022
	£	£	£	£	£
<b>General Funds</b>					
Unrestricted income fund	19,985	122,402	(20,642)	6,860	128,605
<b>Restricted Funds</b>					
Restricted income fund	19,340	-	(4,069)	(6,860)	8,411
	<u>39,325</u>	<u>122,402</u>	<u>(24,711)</u>	<u>-</u>	<u>137,016</u>

### 9 Net assets by fund

	Unrestricted Funds	Restricted Funds	Total Funds 5 April 2022	Total Funds 5 April 2021
	£	£	£	£
Current assets	<u>153,972</u>	<u>-</u>	<u>137,016</u>	<u>39,325</u>
Net assets	<u>153,972</u>	<u>(16,956)</u>	<u>137,016</u>	<u>39,325</u>

# TastEd

Annual Report and Financial Statements  
for the Year Ended 5 April 2022



# **TastEd**

## **Contents**

Reference and Administrative Details .....	1
Trustees' Report .....	2 to 5
Trustees' responsibilities .....	6
Independent examiner's report .....	7
Statement of financial activities .....	8
Balance Sheet .....	9
Notes to the financial statements .....	10 to 13



**TastEd**  
**Reference and Administrative Details**

<b>Charity name</b>	TastEd
<b>Charity registration number</b>	1183753
<b>Trustees</b>	Bee Wilson, Chair of Trustees Kim Smith, Co Chair Rosina Borelli, Trustee (Resigned 5 May 2022) Dr Gurbinder Lalli, Trustee Dr Jane Lockie, Trustee Jason O'Rourke, Trustee Francesca Re Manning, Trustee (Appointed 6 January 2022)
<b>Accountant</b>	Burdett King Accountancy Limited 8 The Hamiltons Newmarket CB8 0NF

# **TastEd**

## **Trustees' Report**

### **TastEd**

### **Trustees' Report**

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 5 April 2022.

### **Trustees**

Bee Wilson

Kim Smith

Jason O'Rourke

Dr Gurbinder Lalli

Dr Jane Lockie

Rosina Borelli

Francesca Re Manning

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## **TastEd**

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## **TastEd**

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#### ***Holiday and Activity (HAF) Programme***

One way in which we will reach more beneficiaries is to adapt TastEd resources to better support HAF providers.

Government guidelines for HAF declare nutrition education is a mandatory requirement every day. TastEd can support this by providing a simple and affordable way in which this can be delivered.

All of this is to enable more children across the UK to know, try and enjoy more vegetables and fruit.

Approved by the Trustees and signed on their behalf by:

.....

Bee Wilson  
Trustee

Date:.....

## **TastEd**

### **Trustees' Responsibilities in relation to the Financial Statements**

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection fraud and other irregularities.

## **Independent Examiner's Report to the Trustees of TastEd**

I report on the accounts of the Trust for the year ended 5 April 2022, which are set out on pages 8 to 13.

### **Respective responsibilities of trustees and examiner**

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the General Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act; and
- state whether particular matters have come to my attention.

### **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 130 of the Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....  
Lisa King  
Burdett King Accountancy Limited

8 The Hamiltons  
Newmarket  
CB8 0NF

3 February 2023

**TastEd**  
**Statement of Financial Activities for the Year Ended 5 April 2022**

		<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total Funds Year ended 5 April 2022</b>	<b>Total Funds 1 April 2020 to 5 April 2021</b>
	<b>Note</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Incoming resources</b>					
Incoming resources from generated funds					
Voluntary income	2	121,899	-	121,899	47,751
Incoming resources from charitable activities	3	503	-	503	1,786
Total incoming resources		<u>122,402</u>	<u>-</u>	<u>122,402</u>	<u>49,537</u>
<b>Resources expended</b>					
Charitable activities	4	20,642	4,069	24,711	23,816
Total resources expended		<u>20,642</u>	<u>4,069</u>	<u>24,711</u>	<u>23,816</u>
Net income before transfers		101,760	(4,069)	97,691	25,721
<b>Transfers</b>					
Gross transfers between funds		<u>6,860</u>	<u>(6,860)</u>	<u>-</u>	<u>-</u>
Net movements in funds		108,620	(10,929)	97,691	25,721
<b>Reconciliation of funds</b>					
Total funds brought forward		<u>19,985</u>	<u>19,340</u>	<u>39,325</u>	<u>13,604</u>
Total funds carried forward		<u><u>128,605</u></u>	<u><u>8,411</u></u>	<u><u>137,016</u></u>	<u><u>39,325</u></u>

All incoming resources and resources expended derive from continuing activities.

The charity has no recognised gains or losses for the year other than the results above.

The notes on pages 10 to 13 form an integral part of these financial statements.



**TastEd**  
**Balance Sheet as at 5 April 2022**

		5 April 2022		5 April 2021	
	Note	£	£	£	£
<b>Current assets</b>					
Debtors	6	2,500		5,021	
Cash at bank and in hand		<u>134,516</u>		<u>34,304</u>	
			<u>137,016</u>		<u>39,325</u>
<b>Net assets</b>			<u><u>137,016</u></u>		<u><u>39,325</u></u>
<b>The funds of the charity:</b>					
<b>Restricted funds</b>			8,411		19,339
<b>Unrestricted funds</b>					
Unrestricted income funds			<u>128,605</u>		<u>19,986</u>
<b>Total charity funds</b>			<u><u>137,016</u></u>		<u><u>39,325</u></u>

Approved by the Trustees on ..... and signed on their behalf by:

.....

Bee Wilson  
Trustee

The notes on pages 10 to 13 form an integral part of these financial statements.

## **TastEd**

### **Notes to the Financial Statements for the Year Ended 5 April 2022**

#### **1 Accounting policies**

##### **Basis of preparation**

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities (SORP 2005)', issued in March 2005, applicable accounting standards and the Charities Act 2011.

##### **Fund accounting policy**

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Further details of each fund are disclosed in note 8.

##### **Incoming resources**

Donations are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Incoming resources from tax reclaims are included in the statement of financial activities at the same time as the gift to which they relate.

##### **Resources expended**

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

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## Notes to the Financial Statements for the Year Ended 5 April 2022

..... continued

### 2 Voluntary income

	Unrestricted Funds £	Restricted Funds £	Total Funds Year ended 5 April 2022 £	Total Funds 1 April 2020 to 5 April 2021 £
<b>Donations and legacies</b>				
Appeals and donations	14,399	-	14,399	42,730
Gift Aid tax reclaimed	2,500	-	2,500	5,021
	<u>16,899</u>	<u>-</u>	<u>16,899</u>	<u>47,751</u>
<b>Grants</b>				
Appeals and donations	105,000	-	105,000	-
	<u>121,899</u>	<u>-</u>	<u>121,899</u>	<u>47,751</u>

### 3 Incoming resources from charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds Year ended 5 April 2022 £	Total Funds 1 April 2020 to 5 April 2021 £
<b>Charitable activity</b>				
School programme delivery fees	500	-	500	250
School membership	-	-	-	1,535
Interest on cash deposits	3	-	3	1
	<u>503</u>	<u>-</u>	<u>503</u>	<u>1,786</u>

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## Notes to the Financial Statements for the Year Ended 5 April 2022

..... continued

### 4 Total resources expended

	Charitable activity	Total
	£	£
<b>Direct costs</b>		
Teacher training	2,345	2,345
Project management	16,006	16,006
Other direct costs	146	146
Subscriptions and donations	608	608
Sundry and other costs	489	489
Cost of trustee meetings	372	372
Website, graphics and art	4,199	4,199
Accountancy fees	250	250
Legal and professional costs	296	296
	<u>24,711</u>	<u>24,711</u>

### 5 Trustees' remuneration and expenses

During the period expenses totalling £372 (2021:£nil) were paid to trustees. No remuneration was paid to any of the trustees.

### 6 Debtors

	5 April 2022 £	5 April 2021 £
Other debtors	<u>2,500</u>	<u>5,021</u>

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## Notes to the Financial Statements for the Year Ended 5 April 2022

..... continued

### 7 Related parties

#### Controlling entity

The charity is controlled by the trustees.

### 8 Analysis of funds

	At 6 April 2021	Incoming resources	Resources expended	Transfers	At 5 April 2022
	£	£	£	£	£
<b>General Funds</b>					
Unrestricted income fund	19,985	122,402	(20,642)	6,860	128,605
<b>Restricted Funds</b>					
Restricted income fund	19,340	-	(4,069)	(6,860)	8,411
	<u>39,325</u>	<u>122,402</u>	<u>(24,711)</u>	<u>-</u>	<u>137,016</u>

### 9 Net assets by fund

	Unrestricted Funds	Restricted Funds	Total Funds 5 April 2022	Total Funds 5 April 2021
	£	£	£	£
Current assets	<u>153,972</u>	<u>-</u>	<u>137,016</u>	<u>39,325</u>
Net assets	<u>153,972</u>	<u>(16,956)</u>	<u>137,016</u>	<u>39,325</u>