

Company number: CE017716
Charity number: 1183725

AUTISTIC NOTTINGHAM
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

AUTISTIC NOTTINGHAM

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AUTISTIC NOTTINGHAM

CHARITY REFERENCE AND ADMINISTRATIVE DETAILS

FOR THE YEAR TO 31 MARCH 2024

Legal and administrative information

Full name	Autistic Nottingham
Registered company number	CE017716
Registered charity number	1183725
Trustees	J Bryan (resigned April 2024) J Donne (resigned October 2024) H Williams (appointed June 2024) E Jones (chair – appointed July 2023) T Madar
Principal address	Hamilton House 9 Hucknall Road Nottingham NG5 1AE
Independent examiner	UHY Hacker Young LLP 14 Park Row Nottingham NG1 6GR

AUTISTIC NOTTINGHAM

TRUSTEES' ANNUAL REPORT

FOR THE YEAR TO 31 MARCH 2024

The trustees present their report with the financial statements of the charity for the year ended 31 March 2024.

Structure, governance, and management

The Charity is a Charitable Incorporated Organisation (Company number CE017716), having solely charitable objectives, and registered as a charity (number 1183725). Autistic Nottingham was registered with the Charity Commission on 5 June 2019.

Trustees

The trustees who served during the year were as follows:

E Jones (appointed July 2023)
J Bryan (resigned April 2024)
J Donne (resigned October 2024)
T Madar

New trustees are given adequate training in respect of their legal obligations under charity law, in particular in relation to the Charity Commission Guidance on Public Benefit, the charity constitution and the trustees decision-making processes.

Objectives and activities

The principal objective of the charity is to support the needs of Autistic adults without intellectual disabilities in the Nottingham/shire areas, through a variety of services tailored for their specific needs. The Charity runs regular social events appropriate for beneficiaries. They also run an Advocacy service to support Autistic adults short time to enable them to express their views and breakdown barriers. The Charity also runs a support provision, providing Personal Assistants to Autistic adults who have a social care budget, or those who self-fund.

The majority of the Charity's funds are acquired through grant applications for specific projects/services. A small amount has been accrued through donations as well as through the support services provided to beneficiaries.

Review of the activities and future development

Autistic Nottingham has experienced a year of both achievements and challenges. As the only Autistic-led organisation in the East Midlands focusing on Autistic adults without intellectual disabilities, we have continued to deliver vital services despite external pressures.

Over the year, our support services provided over thousands of hours of assistance, including help with house moves, medical appointments, and day-to-day support that empowers clients to live independently. Our PA service, recognised for its consistency and person-centred approach, ensured continuity of care and achieved outstanding outcomes for clients. Our social engagement team has also thrived, with high levels of engagement in regular events and one-off trips. These activities provided crucial opportunities for connection, combating isolation and improving the well-being of Autistic adults. We also saw significant growth in our online platforms, particularly on our Discord server and online social events.

Looking ahead, we aim to strengthen and expand our services to meet the growing demand:

- Expanding Support Services: Recruitment of additional Personal Assistants to support more clients, with a focus on continuity of care.
- Enhancing Social Events: Introducing new activities and increasing event frequency to further engage beneficiaries.
- Training and Education: Launching autism courses to improve understanding and support within the wider community.
- Sustainable Growth: Building financial resilience to expand our reach while ensuring the high quality of services.

Autistic Nottingham remains committed to empowering Autistic adults, building inclusive communities, and delivering impactful services tailored to their unique needs.

AUTISTIC NOTTINGHAM

TRUSTEES' ANNUAL REPORT

FOR THE YEAR TO 31 MARCH 2024

Financial results

Income for the year was £308,178 (2023 - £282,957) whilst expenditure was £356,794 (2023 - £234,658). The unrestricted funds were £32,312 (2023 - £86,628) at the year-end. Restricted funds held at the year-end amounted to £5,700 (2023 - £nil), funds are shown in more detail in note 6 to the financial statements.

Reserves policy and risk management

The trustees remain committed to managing income and expenditure effectively to build and maintain reserves that cover core costs and contingencies. Our policy is to ensure the charity has free reserves sufficient to meet at least three months of operational costs. Additionally, a small reserve is held for emergencies, such as unexpected expenses or gaps in funding for ongoing activities.

The primary risk to the charity continues to be the challenging economic climate, which affects funding availability and the cost of delivering services. This is particularly significant given our focus on reducing social isolation among autistic adults without intellectual disabilities—a group often overlooked in traditional funding streams. While our focus on this demographic can make securing broad funding more difficult, it also highlights the critical need for our services, as this group often lacks alternative support.

To mitigate these risks, the trustees prioritise financial resilience through careful planning and diversification of funding sources. Regular reviews of financial performance and risk management strategies ensure the charity can continue to meet its objectives while adapting to external challenges.

Contribution made by volunteers

Volunteers play a crucial role in supporting Autistic Nottingham's work, particularly in running social events and contributing to fundraising efforts. Over the past year, our volunteers have been instrumental in ensuring the success of our activities, providing invaluable support to both the charity and its beneficiaries. We extend our heartfelt gratitude to all the volunteers who have dedicated their time and energy to our work during this period and look forward to their continued contributions in the future.

Statement of trustees' responsibilities

The trustees are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Charity law required the trustees to prepare financial statement for each financial year which gives a true and fair view of the state of affairs of the charity and of the incoming resources and applications of resources, including the income and expenditure, of the charity for that year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles in the Charities SORP (FRS 102).
- make judgments and estimates that are reasonable and prudent.
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

AUTISTIC NOTTINGHAM
TRUSTEES' ANNUAL REPORT
FOR THE YEAR TO 31 MARCH 2024

Signed on behalf of the Board

E Jones
Date:

AUTISTIC NOTTINGHAM

INDEPENDENT EXAMINER'S REPORT

FOR THE YEAR TO 31 MARCH 2024

I report to the trustees on my examination of the accounts of the charity for the year ended 31 March 2024 which are set out on pages 6 to 12.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Association of Chartered Certified Accountants.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

David Allum FCCA
UHY Hacker Young
Chartered Accountants and Registered Auditors
14 Park Row
Nottingham
NG1 6GR

Date:

AUTISTIC NOTTINGHAM

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME & EXPENDITURE ACCOUNT)

FOR THE YEAR TO 31 MARCH 2024

		Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
	Notes				
Income					
Income from donations	2	7,386	79,557	86,943	110,845
Charitable activities	2	221,235	-	221,235	172,112
Total income		228,621	79,557	308,178	282,957
Expenditure					
Raising funds	3	1,869	-	1,869	1,739
Expenditure on charitable activities	3	281,068	73,857	354,925	232,919
Total expenditure		282,937	73,857	356,794	234,658
Net income		(54,316)	5,700	(48,616)	48,299
Fund balances brought forward	6	86,628	-	86,628	38,329
Fund balances carried forward	6	32,312	5,700	38,012	86,628

AUTISTIC NOTTINGHAM

BALANCE SHEET

AS AT 31 MARCH 2024

	Notes	2024 £	2023 £
Current assets			
Debtors	4	2,590	721
Cash at bank & in hand		44,536	94,301
		<hr/>	<hr/>
		47,126	95,022
Current liabilities			
Creditors: Amounts falling due within one year	5	(9,114)	(8,394)
		<hr/>	<hr/>
Net assets		38,012	86,628
		<hr/>	<hr/>
Funds			
Unrestricted funds	6	32,312	86,628
Restricted funds	6	5,700	-
		<hr/>	<hr/>
		38,012	86,628
		<hr/>	<hr/>

The trustees acknowledge their responsibilities for complying with the requirements of the Charities Act 2011 with respect to accounting records and the preparation of accounts.

The financial statements were approved by the trustees and authorised for issue at the Annual General Meeting and were signed on their behalf on

E Jones

Charity No. 1183725

AUTISTIC NOTTINGHAM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR TO 31 MARCH 2024

1. Accounting policies

1.1 Basis of preparation of financial statements

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) published in October 2019 affecting reporting periods beginning on or after 1 January 2019, the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

The financial statements are prepared on a going concern basis under the historical cost convention. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

1.2 Going concern

The financial statements have been prepared on a going concern basis. The trustees have successfully obtained funding for the next year, and are actively seeking new sources of income, in order to fund the charity in the long term.

1.3 Income

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

1.4 Expenditure

All expenditure is accounted for on an accruals basis, including value added tax, and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required, and the amount of the obligation can be measured reliably.

1.5 Fund accounting

Funds held by the charity are either: -

Unrestricted funds

These consist of funds which the charity may use in accordance with the charitable objects at the discretion of the trustees.

Restricted funds

These funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or grant provider, or when funds are raised for particular restricted purposes.

1.6 Volunteers

The trustees recognise the significant contribution made by volunteers who gave freely of their time. It is not practicable to place a value on this contribution.

AUTISTIC NOTTINGHAM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR TO 31 MARCH 2024

1.7 Government grants

Government grants are recognised at the fair value of the asset received or receivable when there is reasonable assurance that the grant conditions will be met, and the grants will be received.

A grant that specifies performance conditions is recognised in income when the performance conditions are met. Where a grant does not specify performance conditions it is recognised in income when the proceeds are received or receivable. A grant received before the recognition criteria are satisfied is recognised as a liability.

2. Income

	2024 £	2023 £
Donations	86,943	110,845
Charitable activities	221,235	172,112
	<hr/>	<hr/>
	308,178	282,957
	<hr/>	<hr/>

Included within donations are restricted grants of £79,557 (2023 - £86,956). Included within donations is unrestricted income of £7,386 (2023 - £15,389).

Included within charitable activities is unrestricted income of £221,235 (2023 - £172,112). Included within charitable activities is restricted income of £nil (2023 - £nil).

AUTISTIC NOTTINGHAM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR TO 31 MARCH 2024

3. Expenditure

	2024	2024	2024	2023
	Direct	Support	Total	Total
	£	£	£	£
Staff costs (including Employer National Insurance contributions)	287,712	-	287,712	186,982
Travel costs	13,192	-	13,192	10,721
Access to Work	-	11,717	11,717	1,065
Advertising & fundraising	-	1,869	1,869	1,739
Accountancy	-	1,536	1,536	1,500
Insurance	-	394	394	602
IT equipment & running costs	-	8,392	8,392	3,957
Premises costs	-	15,912	15,912	13,158
Printing, postage, and stationery	-	585	585	674
Social Events & Fundraising	-	4,288	4,288	3,392
Training costs	-	3,027	3,027	3,666
Employee expenses	6,530	-	6,530	4,965
Memberships and accreditations	-	1,640	1,640	1,910
Telephone	-	-	-	327
	307,434	49,360	356,794	234,658

Included within direct costs and support costs are restricted costs of £73,857 (2023 - £92,089) and £3,818 (2023 - £3,367), respectively.

4. Debtors

	2024	2023
	£	£
Amounts falling due within one year:		
Accrued income	790	721
Prepayments	1,800	-
	2,590	721

5. Creditors: amounts falling due within one year

	2024	2023
	£	£
Taxation and social security	606	1,957
Accruals and deferred income	8,508	6,437
	9,114	8,394

AUTISTIC NOTTINGHAM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR TO 31 MARCH 2024

6. Movement in funds

	Opening balance 1 Apr 23 £	Incoming resources £	Resources expended £	Closing balance 31 Mar 24 £
Unrestricted funds				
General fund	86,628	228,621	(282,937)	32,312
Restricted funds				
The National Lottery	-	63,777	(63,777)	-
MSE Charity	-	6,075	(375)	5,700
National Grid	-	4,205	(4,205)	-
Jones 1986	-	3,000	(3,000)	-
Lady Hind trust	-	2,500	(2,500)	-
Total funds	86,628	308,178	(356,794)	38,012

Comparative

	Opening balance 1 Apr 22 £	Incoming resources £	Resources expended £	Closing balance 31 Mar 23 £
Unrestricted funds				
General fund	38,329	187,501	(139,202)	86,628
Restricted funds				
The National Lottery	-	86,956	(86,956)	-
Boots Charitable Trust	-	8,500	(8,500)	-
Total funds	38,329	282,957	(234,658)	86,628

AUTISTIC NOTTINGHAM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR TO 31 MARCH 2024

7. Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total funds £
Net current assets	32,312	5,700	38,012
Net assets at 31 March 2024	<u>32,312</u>	<u>5,700</u>	<u>38,012</u>

8. Staff costs and numbers

Gross wages for the year amounted to £275,269 (2023 - £179,055), employer pension contributions were £3,397 (2023 - £2,619) and employer's national insurance costs were £9,046 (2023 - £5,308).

No employee earned more than £60,000.

The average number of employees during the year was 32 (2023 - 29).

The total employee benefits of the key management personnel were £34,348 (2023 - £32,682).

9. Trustees' remuneration and expenses

Trustees are not remunerated. £nil was reimbursed for directly incurred travel expenses to one trustee (2023 - £14).

10. Independent examiner remuneration

Fees payable to the charity's independent examiner totalled £1,536 (2023 - £1,500).

11. Taxation

The charity is exempt from corporation tax on its charitable activities.

12. Related party transactions

There were no related party transactions in the reporting year or comparative period that requires disclosure.