

**Company number: CE017716**  
**Charity number: 1183725**

**AUTISTIC NOTTINGHAM**  
**ANNUAL REPORT AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

# AUTISTIC NOTTINGHAM

## CONTENTS

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	<b>Pages</b>
Charity Reference and Administrative Details	1
Trustees' Annual Report	2 - 3
Independent Examiner's Report	4
Statement of Financial Activities (incorporating an Income and Expenditure Account)	5
Balance Sheet	6
Notes to the Financial Statements	7 – 11

# **AUTISTIC NOTTINGHAM**

## **CHARITY REFERENCE AND ADMINISTRATIVE DETAILS**

**FOR THE YEAR TO 31 MARCH 2023**

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### **Legal and administrative information**

<b>Full name</b>	Autistic Nottingham
<b>Registered company number</b>	CE017716
<b>Registered charity number</b>	1183725
<b>Trustees</b>	J Bryan J Donne T Madar
<b>Principal address</b>	Concord House Nottingham Road Basford Nottingham NG7 7FF
<b>Independent examiner</b>	UHY Hacker Young LLP 14 Park Row Nottingham NG1 6GR

# AUTISTIC NOTTINGHAM

## TRUSTEES' ANNUAL REPORT

### FOR THE YEAR TO 31 MARCH 2023

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The trustees present their report with the financial statements of the charity for the year ended 31 March 2023.

#### **Structure, governance, and management**

The Charity is a Charitable Incorporated Organisation (Company number CE017716), having solely charitable objectives, and registered as a charity (number 1183725). Autistic Nottingham was registered with the Charity Commission on 5 June 2019.

#### **Trustees**

The trustees who served during the year were as follows:

J Bryan  
J Donne  
T Madar

New trustees are given adequate training in respect of their legal obligations under charity law, in particular in relation to the Charity Commission Guidance on Public Benefit, the charity constitution and the trustees decision-making processes.

#### **Objectives and activities**

The principal objective of the charity is the support the needs of Autistic adults without intellectual disabilities in the Nottingham/shire areas, through a variety of services tailored for their specific needs. The Charity runs regular social events appropriate for beneficiaries. They also run an Advocacy service to support Autistic adults short time to enable them to express their views and breakdown barriers. The Charity also runs a support provision, providing Personal Assistants to Autistic adults who have a social care budget, or those who self-fund.

The majority of the Charity's funds are acquired through grant applications for specific projects/services. A small amount has been accrued through donations as well as through the support services provided to beneficiaries.

#### **Review of the activities and future development**

As with many charities, Autistic Nottingham has gone through a challenging year in the face of a global pandemic. Despite this the charity has continued to thrive and has safeguarded many Autistic people living in Nottingham/shire. When the first lockdown hit, the organisation was already prepared to work remotely. As the charity is run by Autistic people, all systems were set up to be accessed from staff's homes to allow for flexible working wherever required. The organisation was able to secure its physical premises and equip staff to work safely from their own homes for the duration of the proceeding lockdown periods. The Advocacy team worked hard across lockdown on a new set of challenges brought to Autistic people by the pandemic, such as ensuring those whose support network were sick or isolating were appropriately supported, that no one was being evicted illegally and challenging furlough fraud. Our Personal Assistants (PA's) continued to work throughout the pandemic, all provided with reusable N99 grade face masks and one of the first opportunities to get the vaccine (as they are classed as frontline key workers). Our social events were moved to online and continued almost weekly to keep beneficiaries informed and feeling part of a community. The charity also worked alongside local supermarkets to collect surplus food and donate it to beneficiaries who were in need of additional food.

Our plans for the future includes the following:

- Focus on maintaining our successful actions from the prior year.
- Strengthening our activities post Covid.
- Launching our Autism courses; and
- Continuing steady growth.

#### **Financial results**

Income for the year was £282,957 (2022 - £150,637) whilst expenditure was £234,658 (2022 - £135,166). The unrestricted funds were £86,628 (2022 - £15,471) at the year-end. Restricted funds held at the year-end amounted to £nil (2022 - £nil) and are shown in more detail in note 4 to the financial statements.

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# AUTISTIC NOTTINGHAM

## TRUSTEES' ANNUAL REPORT

### FOR THE YEAR TO 31 MARCH 2023

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#### **Reserves policy and risk management**

The trustees recognise that they should manage income and expenditure to build a reserve to cover core costs and contingencies. The trustees aim to ensure that the charity has free reserves to meet the operational costs for at least three months. A small amount of reserves are held for emergency usage, such as unforeseen costs to the Charity or when funding is depleted for an ongoing activity.

The current economic climate is the main risk to the charity, especially as the Charity's main goals are around reducing social isolations of Autistic adults. Funding can also be difficult to acquire for the charity as it solely focuses on Autistic adults without intellectual disabilities, many funders see that as not a broad enough use of funding, but can also see that those who are not intellectually affected have no services for this very reason.

#### **Contribution made by volunteers**

The Charity relies on volunteers to run its social events as well as a large proportion of its fundraising. During the lockdown period there was very little work for volunteers and the amount of voluntary hours was drastically lower. The Charity is still registered to accept voluntary placements from the University of Nottingham Trent, but this was suspended during the pandemic. Thank to you all of the volunteers who have supported our work in the period and who will continue to do so.

#### **Statement of trustees' responsibilities**

The trustees are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Charity law required the trustees to prepare financial statement for each financial year which gives a true and fair view of the state of affairs of the charity and of the incoming resources and applications of resources, including the income and expenditure, of the charity for that year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles in the Charities SORP (FRS 102).
- make judgments and estimates that are reasonable and prudent.
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the Board



**J Donne**  
Date: 31 January 2024

## AUTISTIC NOTTINGHAM

### INDEPENDENT EXAMINER'S REPORT

#### FOR THE YEAR TO 31 MARCH 2023

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I report to the trustees on my examination of the accounts of the charity for the year ended 31 March 2023 which are set out on pages 5 to 11.

#### **Responsibilities and basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### **Independent examiner's statement**

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Association of Chartered Certified Accountants.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



David Allum FCCA  
UHY Hacker Young  
Chartered Accountants and Registered Auditors  
14 Park Row  
Nottingham  
NG1 6GR

Date: 31 January 2024

# AUTISTIC NOTTINGHAM

## STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME & EXPENDITURE ACCOUNT)

FOR THE YEAR TO 31 MARCH 2023

		Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
	Notes				
<b>Income</b>					
Income from donations	2	15,389	95,456	110,845	64,227
Charitable activities	2	172,112	-	172,112	86,410
<b>Total income</b>		187,501	95,456	282,957	150,637
<b>Expenditure</b>					
Raising funds	3	1,739	-	1,739	595
Expenditure on charitable activities	3	137,463	95,456	232,919	134,571
<b>Total expenditure</b>		139,202	95,456	234,658	135,166
<b>Net income</b>		48,299	-	48,299	15,471
Fund balances brought forward	6	38,329	-	38,329	22,858
Fund balances carried forward	6	86,628	-	86,628	38,329

# AUTISTIC NOTTINGHAM

## BALANCE SHEET

AS AT 31 MARCH 2023

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	Notes	2023 £	2022 £
<b>Current assets</b>			
Debtors	4	721	3,628
Cash at bank & in hand		94,300	38,118
		<hr/>	<hr/>
		95,022	41,746
<b>Current liabilities</b>			
Creditors: Amounts falling due within one year	5	(8,394)	(3,417)
		<hr/>	<hr/>
<b>Net assets</b>		86,628	38,329
		<hr/>	<hr/>
<b>Funds</b>			
Unrestricted funds	6	86,628	38,329
Restricted funds	6	-	-
		<hr/>	<hr/>
		86,628	38,329
		<hr/>	<hr/>

The trustees acknowledge their responsibilities for complying with the requirements of the Charities Act 2011 with respect to accounting records and the preparation of accounts.

The financial statements were approved by the trustees and authorised for issue at the Annual General Meeting and were signed on their behalf on 31 January 2024.



**J Donne**

**Charity No. 1183725**



# AUTISTIC NOTTINGHAM

## NOTES TO THE FINANCIAL STATEMENTS

### FOR THE YEAR TO 31 MARCH 2023

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#### 1. Accounting policies

##### 1.1 Basis of preparation of financial statements

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) published in October 2019 affecting reporting periods beginning on or after 1 January 2019, the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

The financial statements are prepared on a going concern basis under the historical cost convention. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

##### 1.2 Going concern

The financial statements have been prepared on a going concern basis. The trustees have successfully obtained funding for the next year, and are actively seeking new sources of income, in order to fund the charity in the long term.

##### 1.3 Income

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

##### 1.4 Expenditure

All expenditure is accounted for on an accruals basis, including value added tax, and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required, and the amount of the obligation can be measured reliably.

##### 1.5 Fund accounting

Funds held by the charity are either: -

###### *Unrestricted funds*

These consist of funds which the charity may use in accordance with the charitable objects at the discretion of the trustees.

###### *Restricted funds*

These funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or grant provider, or when funds are raised for particular restricted purposes.

##### 1.6 Volunteers

The trustees recognise the significant contribution made by volunteers who gave freely of their time. It is not practicable to place a value on this contribution.

# AUTISTIC NOTTINGHAM

## NOTES TO THE FINANCIAL STATEMENTS

### FOR THE YEAR TO 31 MARCH 2023

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#### 1.7 Government grants

Government grants are recognised at the fair value of the asset received or receivable when there is reasonable assurance that the grant conditions will be met, and the grants will be received.

A grant that specifies performance conditions is recognised in income when the performance conditions are met. Where a grant does not specify performance conditions it is recognised in income when the proceeds are received or receivable. A grant received before the recognition criteria are satisfied is recognised as a liability.

#### 2. Income

	2023	2022
	£	£
Donations	110,845	64,227
Charitable activities	172,112	86,410
	<hr/>	<hr/>
	282,957	150,637
	<hr/>	<hr/>

Included within donations are restricted grants of £86,956 (2022 - £44,054) from The National Lottery and £8,500 (2022 - £nil) from Boots Community Trust. Included within donations is unrestricted income of £15,389 (2022 - £18,673).

Included within charitable activities is unrestricted income of £172,112 (2022 - £86,410). Included within charitable activities is restricted income of £nil (2022 - £nil).

# AUTISTIC NOTTINGHAM

## NOTES TO THE FINANCIAL STATEMENTS

### FOR THE YEAR TO 31 MARCH 2023

#### 3. Expenditure

	2023	2023	2023	2022
	Direct	Support	Total	Total £
	£	£	£	
Staff costs (including Employer National Insurance contributions)	186,982	-	186,982	116,052
Travel costs	10,721	-	10,721	3,074
Covid-19 Support	-	-	-	1,362
Access to Work	-	1,065	1,065	-
Advertising & fundraising	-	1,739	1,739	595
Accountancy	-	1,500	1,500	1,260
Insurance	-	602	602	28
IT equipment & running costs	-	3,957	3,957	1,214
Premises costs	-	13,158	13,158	9,216
Printing, postage, and stationery	-	674	674	137
Social Events & Fundraising	-	3,392	3,392	-
Training costs	-	3,666	3,666	1,184
Employee expenses	4,965	-	4,965	589
Memberships and accreditations	-	1,910	1,910	278
Telephone	-	327	327	177
	202,668	31,990	234,658	135,166

Included within direct costs and support costs are restricted costs of £92,089 (2022 - £60,747) and £3,367 (2022 - £1,184), respectively.

#### 4. Debtors

	2023	2022
	£	£
<b>Amounts falling due within one year:</b>		
Accrued income	721	3,628

#### 5. Creditors: amounts falling due within one year

	2023	2022
	£	£
Taxation and social security	1,957	2,217
Accruals and deferred income	6,437	1,200
	8,394	3,417

# AUTISTIC NOTTINGHAM

## NOTES TO THE FINANCIAL STATEMENTS

### FOR THE YEAR TO 31 MARCH 2023

#### 6. Movement in funds

	Opening balance 1 Apr 22 £	Incoming resources £	Resources expended £	Closing balance 31 Mar 23 £
<b>Unrestricted funds</b>				
General fund	38,329	187,501	(139,202)	86,628
<b>Restricted funds</b>				
The National Lottery	-	86,956	(86,956)	-
Boots Charitable Trust	-	8,500	(8,500)	-
<b>Total funds</b>	38,329	282,957	(234,658)	86,628

#### Comparative

	Opening balance 1 Apr 21 £	Incoming resources £	Resources expended £	Closing balance 31 Mar 22 £
<b>Unrestricted funds</b>				
General fund	6,481	105,083	(73,235)	38,329
<b>Restricted funds</b>				
The National Lottery	-	44,054	(44,054)	-
Boots Charitable Trust	3,710	-	(3,710)	-
Skills for Care	-	1,500	(1,500)	-
The Jones 1986 Charitable Trust	4,000		(4,000)	-
Disability Action	4,120		(4,120)	-
Metro Centre	4,547		(4,547)	-
<b>Total funds</b>	22,858	150,637	(135,166)	38,329

# AUTISTIC NOTTINGHAM

## NOTES TO THE FINANCIAL STATEMENTS

### FOR THE YEAR TO 31 MARCH 2023

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#### 7. Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total funds £
Net current assets	86,628	-	86,628
<b>Net assets at 31 March 2023</b>	<u>86,628</u>	<u>-</u>	<u>86,628</u>

#### 8. Staff costs and numbers

Gross wages for the year amounted to £179,055 (2022 - £111,470), employer pension contributions were £2,619 (2022 - £2,295) and employer's national insurance costs were £5,308 (2022 - £2,286).

No employee earned more than £60,000.

The average number of employees during the year was 29 (2022 - 19).

The total employee benefits of the key management personnel were £32,682 (2022 - £23,304).

Included within the Staff costs (including National Insurance employer contributions) per note 3, the charity claimed furlough income of £nil (2022 - £13,848) which has been offset with the expenditure.

#### 9. Trustees' remuneration and expenses

Trustees are not remunerated. £14 was reimbursed for directly incurred travel expenses to one trustee (2022 - £nil).

#### 10. Independent examiner remuneration

Fees payable to the charity's independent examiner totalled £1,500 (2022 - £1,260).

#### 11. Taxation

The charity is exempt from corporation tax on its charitable activities.

#### 12. Related party transactions

There were no related party transactions in the reporting year or comparative period that requires disclosure.