

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MAY 2021
FOR
THE TED SENIOR FOUNDATION**

Green & Co
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THE TED SENIOR FOUNDATION

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**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MAY 2021**

The trustees present their report with the financial statements of the charity for the year ended 31st May 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

1. To preserve, protect and advance the health of the public by reducing the incidence of suicide by young adults, in particular, but not restricted to; young adults attending, or undertaking a course of study, or contemplating a course of study at university, college or other tertiary educational institution through, inter alia: Education of the public, including young adults, educational institutions, relevant professionals, opinion formers and others, as to the mental health risks associated with young adults, and how the same may be reduced by various means including, but not limited to, raising awareness, grant making, the commissioning of relevant research, the dissemination of relevant research and other relevant material. The provision of mental health support for young adults by various means including, but not limited to, grant making, the development of a trained and focussed volunteer base, the utilisation and deployment of relevant professionals, engagement with and improvement of pre-existing support mechanisms in universities, colleges or other tertiary educational institutions, and the provision of additional support function.
2. To preserve, protect and advance the health of the public by the provision of support and/or counselling services to individuals who have experienced bereavement by reason of the suicide of young adults, in particular, but not restricted to; the suicide of young adults attending, or undertaking a course of study, or contemplating a course of study at university, college or other tertiary educational institution.

Significant activities

In relation to purpose 1) we have delivered a bespoke pilot scheme at the University of Bristol, Ted's Friends through which we provided specialist training to six students at the University. Following the successful completion of the pilot, we have set up a similar programme within the University of Bristol Medical School where we will provide training to 13 students to act as mental health champions within their respective sports teams. We have identified 3 prospective partner Universities as suitable for Ted's Friends schemes as part of the extension of the program in 2021-22.

We have continued to raise awareness of suicide and mental illness through online campaigns and the creation of online content designed to assist those bereaved by suicide.

We have facilitated change within the Swansea Medical School with regard to the mandatory provision of well-being support during student Fitness to Practise procedures, and aim to enable other medical schools in the UK to make the same changes in 2021-22 and thereafter.

In relation to purpose 2) we continue to contribute to two national organisations: the Support After Suicide Partnership (SASP) and The Alliance of Suicide Prevention Charities (TASC). Our work with SASP supports their aims of providing specialist support to those bereaved by suicide. TASC is an alliance of charities formed to create a combined approach to suicide prevention, a collaborative forum in which we share best practice.

In relation to both of our stated purposes, we have employed a Charity Operations Manager, a full-time member of staff, to lead and support on the delivery of our objectives.

Public benefit

The trustees have each read The Charities Commission documents, 'The Public Benefit Requirement', 'Public Benefit: Running a Charity' and 'Public Benefit: Reporting'. They are satisfied that TSF's purposes and related activities are beneficial for a 'sufficient section of the public', and have given regard to the guidance 'when exercising any powers or duties to which the guidance is relevant'.

THE TED SENIOR FOUNDATION

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MAY 2021

OBJECTIVES AND ACTIVITIES

Grantmaking

The Ted Senior Foundation will seek to provide grants to a range of organisations, enabling them to undertake or continue work within the mental health and suicide prevention sector in alignment with the Ted Senior Foundation purposes namely, to preserve, protect and advance the health of the public by reducing the incidence of suicide by young adults, the education of the public, including young adults, educational institutions, relevant professionals, opinion formers and others, as to the mental health risks associated with young adults, the provision of mental health support for young adults, and the provision of support and/or counselling services to individuals who have experienced bereavement by reason of the suicide of young adults.

We will communicate all grant funding opportunities through our online channels, namely our website, Facebook, Twitter, Instagram and LinkedIn accounts.

In order to ensure that we are only funding worthwhile and effective initiatives that are aligned with our core values, we will consider the following criteria.

Grant Funding Criteria

In order to be eligible for grant funding from TSF, the potential beneficiary must be:

Focused on increasing awareness and understanding of the importance of wellbeing and good mental health; or
focused on working with people affected by specific issues, including but not limited to depression, suicidal thoughts or bipolar disorder; or focused on supporting those bereaved by suicide
An organisation (rather than an individual) with at least two volunteers.

We will consider each application on an individual basis, scoring each request based on:

The amount requested;
Stated objectives;
Key Performance Indicators;
Grant duration;
Payment schedule; and
Alignment to TSF values

Volunteers

In addition to the trustees, we currently have 6 volunteers who contribute significant time and effort to furthering the charity's aims. The number of volunteers will shortly rise to 13 with the inception of our program. These are "Ted's Friends"; students at Bristol University who have received TSF-funded mental health first aid training and are the nominated and visible points of contact for their peers in each of their respective sports clubs.

Employee

In November 2021 a full-time Operations Manager was employed to handle charity administration, facilitate roll-out of TSF's flagship scheme, Ted's Friends, and to co-ordinate and manage fundraising initiatives

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MAY 2021**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Ted's Friends: We recently concluded the pilot year of TSF's flagship scheme, Ted's Friends, which was launched at the University of Bristol at the start of the 2020/21 academic year. The scheme provided TSF funded mental health training to six ambassadors within university sports teams. These Ted's Friends acted as the conduits between students and existing mental health services at the University and actively promoted and fostered a safer and more positive environment for club members. We completed a full review and evaluation of the pilot programme which resulted in clear benefits being linked to the programme being delivered. This is in line with our stated purpose of reducing the incidence of suicide by young adults, in particular, but not restricted to; young adults attending, or undertaking a course of study. We have expanded the programme for the 2021/2022 academic year to include the University of Bristol Medical School, training 13 medical students to become Ted's Friends and champion good mental health within their sports teams.

Supporting those Bereaved by Suicide: In Spring of 2020 we joined the Support After Suicide Partnership and have worked with them to create content to support people who have bereaved by suicide. We continue to fulfil our commitment to granting them £5,000 a year to support those bereaved by suicide, in line with our grant making policy. This is in line with our purpose of providing of support and/or counselling services to individuals who have experienced bereavement by reason of the suicide of young adults.

Awareness: We have continued to grow our online presence through consistent social media campaigns and promoting positive content. Given the continued disruption caused by the pandemic, in-person fundraising and awareness events have been difficult to deliver.

Fundraising activities

The total fundraising income for 2020-21 was £12,772 versus forecast £38,500 for the year. The shortfall was due to the impact of coronavirus, which resulted in the cancellation of Easter and other fundraising events.

Future Plans: Having successfully delivered and evaluated the pilot year of the Ted's Friends Scheme, with very promising results, and having expanded the programme to include the Bristol University medical school, we are now aiming to engage with 3 additional universities to implement Ted's Friends networks in 2021-22.

We have facilitated change within the Swansea Medical School with regard to the mandatory provision of well-being support during student Fitness to Practise procedures, and aim to enable other medical schools in the UK to make the same changes.

A further increase in the number of Ted's Friends Schemes is planned for 2022-23.

FINANCIAL REVIEW

Financial position

Income over the period 2020-21:

1 Donations made during the year £39,934

2 Fundraising events £12,772

3 Merchandise £131

Total income over the period 2020-21 £52,837

Expenses over the period: £16,008

Net income £36,829

At 31 May 2021 the positive cash position was £194,964, £192,845 was held in unrestricted funds.

Principal funding sources

The charity's principal sources of funding are fundraising initiatives organised by TSF and donations by friends, associates and organisations who choose to support the charity directly or those raising money on the charity's behalf.

THE TED SENIOR FOUNDATION
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MAY 2021

FINANCIAL REVIEW

Investment policy and objectives

The charity has no investment policy or objectives outside of its purposes as set out in its governing document.

Reserves policy

We intend to maintain our reserves at a level which is at least equivalent to £165, 000, which will provide funding for the planned surge in our activity in 2021-22 and 2022-23 which we anticipate will coincide with a temporary 2 year period of diminished income for the Foundation, and an increased contingency related to employment-related expenses.

A total reserves figure of £165,000 being £115, 000 to fund anticipated growth during a temporary 2 year period of diminished income, and a £50,000 contingency. Trustees recognise that with the employment of an operations manager, the Foundation needs to reserve a contingency sufficient to cover employment costs in the event of a significant shortfall in funding during the ongoing pandemic, and its short-medium term aftermath.

The reserves that we have set aside provide financial stability and the means for the development of our principal activity.

The Board reviews the amount of reserves that are required on a quarterly basis to ensure that they are adequate to fulfil our continuing obligations.

PRINCIPAL RISKS

In 2020-21, £12,772 of the charity's £52,837 gross income came from fundraising events. It is expected that 2021-22 will continue to see a fall in this source of income with the main fundraising events again cancelled due to the covid-19 pandemic. There were concerns about the level of other sources of income including donations which we expected to fall in 2020-21 below the 2019-20 level of £18,554 due to the economic uncertainty arising from the ongoing pandemic. However Donations exceeded expectation - we received £39,934.

Trustees have identified and quantified significant risks in relation to forecast income in 2021-22 and 2022-23.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing constitutional document and constitutes a charitable incorporated organisation.

Charity constitution

The charity constitutes a charitable incorporated organisation.

Recruitment and appointment of new trustees

The First Trustees were appointed for set terms as set out in the Foundation Constitution. Thereafter every trustee is appointed in accordance with the procedure set out in the Constitution for a set term of 3 years.

THE TED SENIOR FOUNDATION

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MAY 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The charity is led by Co-Chairs Josh Harwood and Cameron Watson. All trustees are involved in the wider running of the foundation, but also have the following roles within specific working groups:

The Ted's Friends scheme: Cameron Watson, Donna Boycott, Diana Senior, Josh Harwood.

Fundraising: Diana Senior Sophie Hawkins, Rosie Senior, Paul Senior, Alicia Palmer, Sapphy Bond.

Social media: Max Senior and Max Hamid.

Secretary: Diana Senior.

Treasurer: Angus Robinson.

Archivist: Chris Dean.

Mental Health Lead: Donna Boycott.

Day-to-day administrative matters are handled by the Charity's Operations Manager, Ruth Blackwell.

Wider network

TSF has built professional relationships with agencies across the University of Bristol, including the Students Union, the Sport Exercise and Health department and the office of the Vice Chancellor of Student Support. A combination of these has helped the charity to facilitate its previously mentioned Ted's Friends scheme in collaboration with the University. We are also official members of the Support After Suicide Partnership and the Alliance of Suicide Prevention Charities.

Risk management

The trustees have a duty to identify and review the risks to which the organisation is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1183662

Principal address

Llanwilcae Farm

Rhiwlas

Raglan

Usk

NP15 2JL

Trustees

D Senior

C Watson

R J L S Sidwell (resigned 13/9/2021)

J L Harwood

R A Robinson

S T Bond

C Dean

D Boycott

S A Hawkins

M D Hamid

J E Paley (resigned 12/11/2021)

A Palmer

M G Senior

R E Senior

P N Senior

THE TED SENIOR FOUNDATION
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MAY 2021

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Green & Co
Chartered Certified Accountants
Pembroke House
Llantarnam Park Way
Cwmbran
Torfaen
NP44 3AU

Approved by order of the board of trustees on 7th March 2022 and signed on its behalf by:

A handwritten signature in black ink, appearing to be 'C Watson', written in a cursive style.

C Watson - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
THE TED SENIOR FOUNDATION**

Independent examiner's report to the trustees of The Ted Senior Foundation

I report to the charity trustees on my examination of the accounts of The Ted Senior Foundation (the Trust) for the year ended 31st May 2021.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



N S Park
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15th February 2022

THE TED SENIOR FOUNDATION

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MAY 2021**

		Year Ended 31.5.21 Unrestricted fund £	Period 31.5.19 to 31.5.20 Total funds £
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies		39,934	134,287
Other trading activities	2	12,903	39,459
Total		<u>52,837</u>	<u>173,746</u>
 EXPENDITURE ON			
Raising funds		16,008	17,730
NET INCOME		<u>36,829</u>	<u>156,016</u>
 RECONCILIATION OF FUNDS			
Total funds brought forward		156,016	-
 TOTAL FUNDS CARRIED FORWARD		<u><u>192,845</u></u>	<u><u>156,016</u></u>

The notes form part of these financial statements

THE TED SENIOR FOUNDATION

**BALANCE SHEET
31ST MAY 2021**

	Notes	2021 Unrestricted fund £	2020 Total funds £
CURRENT ASSETS			
Cash at bank		192,964	157,096
CREDITORS			
Amounts falling due within one year	5	(119)	(1,080)
NET CURRENT ASSETS		<u>192,845</u>	<u>156,016</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		192,845	156,016
NET ASSETS		<u>192,845</u>	<u>156,016</u>
FUNDS	6		
Unrestricted funds		<u>192,845</u>	<u>156,016</u>
TOTAL FUNDS		<u>192,845</u>	<u>156,016</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 7th March 2022 and were signed on its behalf by:



C Watson - Trustee

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MAY 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. OTHER TRADING ACTIVITIES

	Year Ended 31.5.21 £	Period 31.5.19 to 31.5.20 £
Fundraising events	12,772	26,967
Merchandising	131	12,492
	<u>12,903</u>	<u>39,459</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MAY 2021

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st May 2021 nor for the period ended 31st May 2020.

Trustees' expenses

No Trustees expenses were reimbursed during the current year. In the previous year £575 incurred in respect of travel costs was reimbursed to three of the Trustees and included in Travel and subsistence costs.

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	134,287
Other trading activities	39,459
Total	<u>173,746</u>
 EXPENDITURE ON	
Raising funds	17,730
 NET INCOME	<u>156,016</u>
 TOTAL FUNDS CARRIED FORWARD	<u><u>156,016</u></u>

5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Trade creditors	119	-
Other creditors	-	1,080
	<u>119</u>	<u>1,080</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MAY 2021

6. MOVEMENT IN FUNDS

	At 1.6.20 £	Net movement in funds £	At 31.5.21 £
Unrestricted funds			
General fund	156,016	36,829	192,845
TOTAL FUNDS	<u>156,016</u>	<u>36,829</u>	<u>192,845</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	52,837	(16,008)	36,829
TOTAL FUNDS	<u>52,837</u>	<u>(16,008)</u>	<u>36,829</u>

Comparatives for movement in funds

	Net movement in funds £	At 31.5.20 £
Unrestricted funds		
General fund	156,016	156,016
TOTAL FUNDS	<u>156,016</u>	<u>156,016</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	173,746	(17,730)	156,016
TOTAL FUNDS	<u>173,746</u>	<u>(17,730)</u>	<u>156,016</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MAY 2021**

7. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st May 2021.

THE TED SENIOR FOUNDATION

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MAY 2021**

	Year Ended 31.5.21 £	Period 31.5.19 to 31.5.20 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	39,934	134,287
Other trading activities		
Fundraising events	12,772	26,967
Merchandising	131	12,492
	<hr/> 12,903	<hr/> 39,459
Total incoming resources	52,837	173,746
 EXPENDITURE		
Other trading activities		
Fundraising event costs	-	11,157
Merchandising purchases	4,802	2,203
Printing, post & stationery	370	495
Advertising	-	689
Travelling & subsistence	57	784
Website costs	788	583
Repairs and renewals	-	37
Sundries	5,148	44
Bank charges	823	352
Bookkeeping	(1,080)	1,080
Charitable donations	5,100	306
	<hr/> 16,008	<hr/> 17,730
Total resources expended	16,008	17,730
Net income	<hr/> <hr/> 36,829	<hr/> <hr/> 156,016

This page does not form part of the statutory financial statements