



Trustees' Annual Report for the period

From Period start date 1/4/24 to Period end date 31/3/25

Charity name: The Omega Course

Charity registration number: 1183642

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To advance education for the public benefit about issues relating to death and dying and related subjects in such ways as the trustees may from time to time determine.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p><u>Courses:</u> We ran 3 courses with 23 attendees in total.</p> <p><u>Bereavement cafes + death cafes</u> We supported 3 Death and Bereavement cafes led by the compassionate communities outreach team from Coventry</p> <p><u>Talks and Lectures</u> Dying Matters Week 7th May 24 Marie Curie Hospice West Midlands lunchtime education meeting for staff. Compassionate Communities Inter-national Conference Peer reviewed presentation 2nd 3rd July 24 DNACPR talk Rugby 5th Feb 25 with 16 attendees</p> <p><u>Research evaluation of Omega Course</u> Warwick medical school 3rd year Self Selected Component research project negotiated with professorial supervision Data sharing agreement for pre and post course questionnaires Sept 2024. This work was submitted for peer review and accepted for spoken presentation at the Palliative Care Congress Belfast ICC March 20/21 2025. It has been invited to be written up for a bespoke edition on Death Literacy in a peer reviewed journal</p> <p><u>Networking</u> ICB meeting 24/4/24 Marie curie West Midlands 25.4.24 Big conversation networking event with ICS and VCFSE 19/9/24</p>

		<u>Events</u> Open Thanatology Decolonising Grief seminar 29/7/24 Nuneaton South Primary Care Fair followed by compassionate communities education afternoon for frontline staff 16/10/24 NATIONAL Lottery Community network event 23/10/24
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Yes

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	All members of the Omega Course Board, the Director and all facilitators (11 in number) are working in a voluntary capacity. Course authorship, administration, delivery, and marketing have been voluntary with grant aid and donations covering expenses in full. We have recruited 2 new volunteers this year who undertake fundraising advice and data entry.
Other		<u>External Assistance</u> We have contracted a Social Media assistant 160 hours per annum and an admin assistant for 6 hours a week using National Lottery Community Fund grant monies

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>We have supported our partner organization University Hospital Coventry and Warwickshire Communities outreach team as their staff have continued to be reduced due to periods of sickness and retirements post pandemic. Their objectives fulfil our aim of delivering public health education on death and dying directly to well community members to provide a long-term community resource. The Compassionate City accreditation was successful including Coventry and Warwickshire networked groups. We remain loosely engaged with the local Care Services organisation. We have delivered with Warwick University Medical School a research evaluation of our pre- and post-course questionnaires to ensure audit and quality improvement. These results will inform our strategic thinking as they show how our course influences the lives of attendees. Our director continues to attend clinical and psychological CPD to maintain skills for teaching and dissemination of Public Health Palliative Care practice and principles. We have liaised with local voluntary and statutory services to influence and disseminate good practice around education of the public on death and dying and continue to give invited talks.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	It is of note that our quantitative and qualitative course feedback remains very good, and Warwick University have demonstrated by research that we are the first death literacy course to show change in attendee behaviour.
Performance of fundraising activities against objectives set	Para 1.41	On reapplying we received £18,500 Lottery Grant under the community section. This was really pleasing having been turned down first time. We also bid for money to produce an online video course and received a pledge of £1500 from Kenilworth Lions club which was secured by a £3500 grant from Kenilworth Town Council.
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Ongoing commitments are covered by restricted funds from grant making bodies. Unrestricted funds are in a good position.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Not held
Amount of reserves held	Para 1.22	£0
Reasons for holding zero reserves	Para 1.22	Ongoing commitments covered by restricted funds
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Grants applied for, for specific purposes and donations from course members
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	<p>Principal risk is not yet being able to succession plan for our volunteer director. We are a small charity that costs little to run as most work is done voluntarily. It would be expensive to replace the director like for like so we are currently looking at alternative ways to reduce the risk.</p> <p>Secondary risk is the challenge of effective marketing. The most effective is word of mouth but we are a small team. Weekly meetings are a challenge for some people to attend so we are diversifying formats and filming an online course</p>
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Governing document
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Apart from the first charity trustees, every trustee shall be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The Charity is not formally networked with any other organisations but informally is aligned with the ethos of Compassionate Communities UK and University Hospitals Coventry and Warwickshire Communities Outreach Team.
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	The Omega Course
Other name the charity uses	
Registered charity number	1183642
Charity's principal address	4 The Courtyard, 81 Glasshouse Lane, Kenilworth CV8 2AH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	P Sowards	Chair		
2	R Busby	Secretary		
3	R Watkins	Treasurer		
4	E Young			
5	R Dawber			
6				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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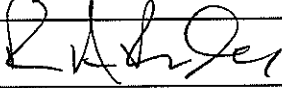

Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Robert Allen Busby	ERICA JANE CORNWELL YOUNG
Position (eg Secretary, Chair, etc)	Secretary	CHAIRMAN
Date	27/11/25	

The Omega Course - Financial report for the year ended 31 March 2025

At the end of the year the balance at the bank was £28,472 compared with £2,365 at the start of the year.

The increase was due to the receipt of grants from the National Lottery (£18,452), Kenilworth Lions (£1,500) and Kenilworth Town Council (£3,000) all of which are restricted funds to be applied to the projects set out in the grant applications.

In addition, there was a total of £5,180 in donations which are unrestricted.

As a result, because the total balance exceeds £25,000, the accounts will need to be “independently examined” as part of the year end reporting process.

Expenditure in the year came to £2,053: £1,265 from the restricted funds and £788 from unrestricted.

The year end reserves were £21,686 in restricted funds and £6,786 in unrestricted.

The income and expenditure details are set out in the table below.

	Actual 12 months to 31 March 2025			Actual 12 months to 31 March 2024
	UNRESTRICTED	RESTRICTED	TOTAL	
<u>Income</u>				
Grants	-	£22,952.00	£22,952.00	-
Donations	£5,180.53	-	£5,180.53	£1,886.14
Bank interest	£27.97	-	£27.97	£7.59
Income	£5,208.50	£22,952.00	£28,160.50	£1,893.73
<u>Expenditure</u>				
Administration			-	
Social media	£55.25	£200.00	£255.25	-
Printing	£31.43	£139.57	£171.00	-
Hire of premises	£180.00	£195.00	£375.00	£876.40
Catering	£4.00	-	£4.00	£73.86
Dissemination of learning	-	£615.86	£615.86	£408.18
Facilitator costs	£5.50	-	£5.50	£203.99
Marketing	£34.00	£114.99	£148.99	-
Website	£45.46	-	£45.46	£255.50
Stationary & equipment	-	-	-	£797.01
Bank charges & insurance	£432.56	-	£432.56	£432.56
Expenditure	£788.20	£1,265.42	£2,053.62	£3,047.50
Net Income/(Expenditure)	£4,420.30	£21,686.58	£26,106.88	(£1,153.77)



CHARITY COMMISSION
FOR ENGLAND AND WALES

The Omega Course

1183642

Receipts and payments accounts

CC16a

For the period
from

01-Apr-24

To

31-Mar-25

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	-	22,952	-	22,952	-
Course contributions	-	-	-	-	287
Donations	5,181	-	-	5,181	1,599
Bank interest	28	-	-	28	8
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	5,209	22,952	-	28,161	1,894
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	5,209	22,952	-	28,161	1,894
A3 Payments					
Administration	-	-	-	-	-
Social media	55	200	-	255	-
Printing	31	140	-	171	-
Hire of premises	180	195	-	375	876
Catering	4	-	-	4	74
Dissemination of learning	-	616	-	616	-
Facilitator costs	6	-	-	6	-
Marketing	34	115	-	149	-
Website	45	-	-	45	-
Stationary & equipment	-	-	-	-	1,665
Bank charges & insurance	433	-	-	433	433
Sub total	788	1,266	-	2,054	3,048
A4 Asset and investment purchases, (see table)					
Asset purchases	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	788	1,266	-	2,054	3,048
Net of receipts/(payments)	4,421	21,686	0	26,107	(1,154)
A5 Transfers between funds					
	-	-	-	-	-
A6 Cash funds last year end	2,365			2,365	3,519
Cash funds this year end	6,786	21,686	0	28,472	2,365

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		6,786	21,686	-
		-	-	-
		-	-	-
		-	-	-
	Total cash funds	6,786	21,686	-

(agree balances with receipts and payments account(s))

OK OK OK

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

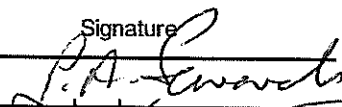
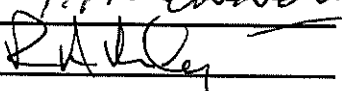
B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	PHIL SEWARDS	30-06-25
	Aldon Bushby	8/9/25



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

The Omega Course

**On accounts for the year
ended**

31 March 2025

**Charity no
(if any)**

1183642

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2025.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

3 Dec 2025

Name:

Peter Jackson

**Relevant professional
qualification(s) or body
(if any):**

ACCA

Address:

11 Rounds Hill

Kenilworth

CV8 1DW

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.