



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From Period start date 1/4/23 to Period end date 31/3/24

Charity name: The Omega Course

Charity registration number: 1183642

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To advance education for the public benefit about issues relating to death and dying and related subjects in such ways as the trustees may from time to time determine.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Courses: We ran 4 courses with 31 attendees in total. One was a new development as a 2 day weekend course. <u>Bereavement cafes + death cafes</u> We ran 3 in the place of local services 18 people attended <u>Reunion:</u> We held an open afternoon reunion which 16 people attended <u>Talks and Lectures</u> Couch conversations podcast Open thanatology podcast for the Open University Warwick/Sheffield University chaplaincy podcast Warwick medical school 2nd year course lecture. 2 hours. New GMC guidance on spirituality in medicine and The Omega course.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Yes

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	All members of the Omega Course Board and all staff (8 in number) are working in a voluntary capacity. Course authorship, administration, delivery, and marketing have been voluntary with grant aid and donations covering expenses in full. We have recruited 3 new volunteers this year. One in Kenilworth and 2 in Leyland where the course has now been set up and trialled.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>We have supported our partner organization University Hospital Coventry and Warwickshire Communities outreach team as their staff have had periods of sickness. Running ventures for them fulfils our aim of delivering public health education on death and dying directly to the public.</p> <p>The Compassionate City accreditation remains challenging for the same reason.</p> <p>We have engaged with the local Integrated Services Board and some of our feedback, to include the community in their thinking as there is an impending care catastrophe, has appeared in their new Palliative and End of Life Care strategy launched at the end of 2023. Subsequently we have met with them to help closer working relationships and facilitation.</p> <p>Our director has a regular column in a local free Your call magazine to keep topics on a healthy approach to end of life and confident care for others, on the community agenda.</p> <p>We have linked with Warwick University Medical School to develop a second research evaluation of our pre- and post- course questionnaires to ensure audit and quality improvement. This will enhance our content and delivery and ensure good governance.</p> <p>Our director continues to attend clinical and psychological CPD to maintain skills for teaching and dissemination of Public Health Palliative Care practice and principles.</p> <p>We sent 2 representatives to a Lancet Value of Death Seminar in London and one representative to an Open University seminar on Realising the Ambitions for Palliative and End of Life Care which is an appraisal of the progress on current government Policy. The Omega Course is an Ambition 6 project and they are very rare, so we were invited to attend. Ambition 6 covers enabling the community to be</p>

		<p>ready to care for its dying and bereaved citizens. This is exactly the remit of our charity.</p> <p>These activities influence local and National society.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	<p>It is of note that our quantitative and qualitative course feedback remains very good and Warwick University have agreed to analyse it academically.</p>
Performance of fundraising activities against objectives set	Para 1.41	<p>We did not get a Lottery Grant under the community section. This was disappointing as the feedback suggested they did not understand that we are non-institutional community venture.</p> <p>We have funded this last year on a grant received in January 2023 and donations from grateful course members.</p>
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity concluded the year in a positive financial position.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Specific reserves are not held currently due to the charity not having ongoing financial commitments. This will be reviewed in due time.
Amount of reserves held	Para 1.22	£0
Reasons for holding zero reserves	Para 1.22	The charity does not have ongoing financial commitments
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Governing document
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Apart from the first charity trustees, every trustee shall be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	The Omega Course
Other name the charity uses	
Registered charity number	1183642
Charity's principal address	4 The Courtyard 81 Glasshouse Lane Kenilworth CV8 2AH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	P Swards	Chair		
2	R Busby	Secretary		
3	C Pare	Treasurer	1/4/23 – 12/12/23	
4	R Dawber			
5	E Young			
6				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of
adviser

Name

Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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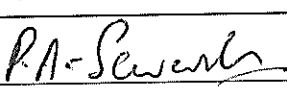
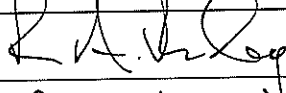
Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	PHILIP ALEXANDER SEWARD	Robert Alexander Seward
Position (eg Secretary, Chair, etc)	CHAIR	Secretary.

Date

21/01/2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

The Omega Course

1183642

Receipts and payments accounts

CC16a

For the period
from

01-Apr-23

To

31-Mar-24

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	-	-	-	-	2,183
Course contributions	287	-	-	287	372
Donations	1,599	-	-	1,599	649
Bank interest	8	-	-	8	4
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	1,894	-	-	1,894	3,208
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	1,894	-	-	1,894	3,208
A3 Payments					
Venue hire	-	876	-	876	266
Refreshments	30	43	-	74	69
Publicity, stationery & postage	399	1,265	-	1,665	1,553
Motor & travel expenses	-	-	-	-	179
Bank charges & insurance	433	-	-	433	445
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	862	2,185	-	3,048	2,511
A4 Asset and investment purchases, (see table)					
Asset purchases	-	-	-	-	1,110
	-	-	-	-	-
Sub total	-	-	-	-	1,110
Total payments	862	2,185	-	3,048	3,621
Net of receipts/(payments)	1,031	-2,185	0	-1,154	-412
A5 Transfers between funds	506	506	-	-	-
A6 Cash funds last year end	1,840	1,679	-	3,519	3,931
Cash funds this year end	2,366	0	0	2,366	3,519

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		2,366	-	-
		-	-	-
		-	-	-
	Total cash funds (agree balances with receipts and payments account(s))	2,366	-	-

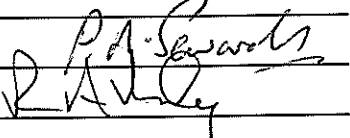
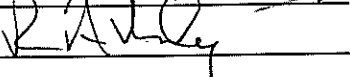
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	P.A. SEARODS	21/01/25
	P.A. BUSBY	21/01/25