



**CHARITY COMMISSION  
FOR ENGLAND AND WALES**

## **Trustees' Annual Report for the period**

**From** 1/4/22 **Period start date To** 31/3/23 **Period end date**

**Charity name:** The Omega Course

**Charity registration number:** 1183642

## **Objectives and Activities**

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<b>To advance education for the public benefit about issues relating to death and dying and related subjects in such ways as the trustees may from time to time determine.</b>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<b>We undertook 7 Death cafes in Hospital, Library, local theatre, and other premises across the County and held a Dying Matters Stall in the local Town Square. The Director gave a talk in a Series on taboos entitled 'Not in polite Society' – her topic was Death. We engaged with the Coventry and Warwickshire VSCE event. And various training for managing the charity. We held an OmegaPro course for professionals at the regional acute Hospital Trust and 2 courses for healthy people in the community. We have joined with the Compassionate City bid coordinated from University Hospital Coventry and Warwickshire. There were 5 training sessions and ongoing collaborative discussion. We undertook a Lent talk for churches together to share our work and disseminated our results at The Palliative Care Congress in March 2023. We write regularly for a local free magazine to disseminate our work and ideas about upskilling the community.</b>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<b>Yes</b>

**Additional information (optional)**

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	<b>All members of the Omega Course Board and all staff (8 in number) are working in a voluntary capacity. Course authorship, administration, delivery, and marketing have been voluntary with grant aided expenses covered in full.</b>
Other		

**Achievements and Performance**

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p><b>We maintain our partnership with University Hospital Coventry and Warwickshire Communities outreach team. The bespoke training for Compassionate City accreditation was time consuming and challenging. and to support their problems with sick leave and low personnel numbers we have run a lot of death cafes that are direct contact with the public. We did an interim evaluation of OmegaPro and ran another course at the large Acute Trust.</b></p> <p><b>Our research evaluation was published in an International Medical Journal. This not only disseminated the findings of efficacy and acceptability of our course, but also demonstrate our rigor in basing our activities in research in the field.</b></p> <p><b>Our director continues to attend clinical and psychological CPD to maintain skills for teaching and dissemination of Public Health Palliative Care practice and principles.</b></p>

**Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	<b>It is of note that our quantitative and qualitative course feedback remains very good. People say they have managed to talk about and prepare for death in a positive way without being distressed by the course content.</b>
Performance of fundraising activities against objectives set	Para 1.41	<b>We bid for 2 grants to cover costs with success.</b>
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<b>The charity concluded the year in a positive financial position.</b>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<b>Specific reserves are not held currently due to the charity not having ongoing financial commitments. This will be reviewed in due time.</b>
Amount of reserves held	Para 1.22	<b>£0</b>
Reasons for holding zero reserves	Para 1.22	<b>The charity does not have ongoing financial commitments</b>
Details of fund materially in deficit	Para 1.24	<b>n/a</b>
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<b>None</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	<b>Governing document</b>
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	<b>Charitable Incorporated Organisation</b>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<b>Apart from the first charity trustees, every trustee shall be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

## Reference and Administrative details

Charity name	The Omega Course
Other name the charity uses	
Registered charity number	1183642
Charity's principal address	4 The Courtyard 81 Glasshouse Lane Kenilworth CV8 2AH

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	P Swards	Chair		
2	R Busby	Secretary		
3	C Pare	Treasurer		
4	R Dawber			
5	E Young			
6				

### Corporate trustees – names of the directors at the date the report was approved

Director name		

### Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

### Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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#### Name of chief executive or names of senior staff members (Optional information)

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### Exemptions from disclosure

Reason for non-disclosure of key personnel details

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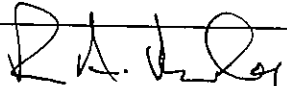
### Other optional information

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### Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	PHILIP ALEXANDER SEARLES	Robert Allen Busby
Position (eg Secretary, Chair, etc)	CHAIR.	Secretary
Date	20/02/2024	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

**The Omega Course**

**1183642**

**Receipts and payments accounts**

**CC16a**

For the period  
from

01/04/2022

To

31/03/2023

**Section A Receipts and payments**

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
GRANTS	-	2,183	-	2,183	-
COURSE FEES	372	-	-	372	405
DONATIONS	649	-	-	649	-
BANK INTEREST	4	-	-	4	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>1,025</b>	<b>2,183</b>	<b>-</b>	<b>3,208</b>	<b>405</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>1,025</b>	<b>2,183</b>	<b>-</b>	<b>3,208</b>	<b>405</b>
<b>A3 Payments</b>					
VENUE HIRE	266	-	-	266	168
REFRESHMENTS	69	-	-	69	-
PUBLICITY STATIONERY & POST	1,049	504	-	1,553	-
TRAVEL EXPENSES	179	-	-	179	-
BANK CHARGES & INSURANCE	444	-	-	444	459
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>2,007</b>	<b>504</b>	<b>-</b>	<b>2,511</b>	<b>627</b>
<b>A4 Asset and investment purchases, (see table)</b>					
P A KIT & MICROPHONE	109	600	-	709	-
COMPUTER	-	400	-	400	-
<b>Sub total</b>	<b>109</b>	<b>1,000</b>	<b>-</b>	<b>1,109</b>	<b>-</b>
<b>Total payments</b>	<b>2,116</b>	<b>1,504</b>	<b>-</b>	<b>3,620</b>	<b>627</b>
<b>Net of receipts/(payments)</b>	<b>- 1,091</b>	<b>679</b>	<b>-</b>	<b>412</b>	<b>222</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>2,931</b>	<b>1,000</b>	<b>-</b>	<b>3,931</b>	<b>4,153</b>
<b>Cash funds this year end</b>	<b>1,840</b>	<b>1,679</b>	<b>-</b>	<b>3,519</b>	<b>3,931</b>



## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	CAF BANK ACCOUNT	1,840	1,679	-
		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>1,840</b>	<b>1,679</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK

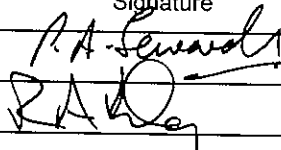
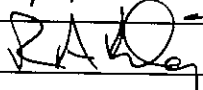
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	P.A. SEWARDS	12/12/23
	R.A. BUSBY	12/12/23