



## Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	1	August	2021		31	July	2022

### Section A

### Reference and administration details

Charity name

BONDED THRU CANCER

Other names charity is known by

N/A

Registered charity number (if any)

1183619

Charity's principal address

The Trampery, Import Building, 2 Clove Crescent

London

Postcode

E14 2BE

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Natasha Veerasawmy	Chair		
2	Paulina Balogun	Treasurer		
3	Pamela Hammond	Secretary		
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				

**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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## **Section B                      Structure, governance and management**

### **Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Trustees are elected by Committee Members.

### **Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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## Summary of the objects of the charity set out in its governing document

To promote the wellbeing of newly diagnosed cancer patients.  
To befriend newly diagnosed patients and support them through their medical treatment and their aftermath.  
To educate the public and the medical profession about the emotional needs of those who have been newly diagnosed with cancer.  
To offer wellbeing education around diet and exercise.

## Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Buddy system – Volunteer buddies are assigned a newly diagnosed cancer patient to befriend. Buddy's accompany cancer patients to and from hospital appointments.

Volunteer buddies deliver free meals once weekly to newly diagnosed cancer patients to support their physical and mental wellbeing.

Bonded Thru Cancer have delivered free support workshops (around diet and exercise) to volunteers, members of the medical profession, members of the public (who are associated with cancer patients) and newly diagnosed cancer patients.

### Public Benefit

The primary utility (public benefit) is an increased rate of physical and mental wellbeing to newly diagnosed cancer patients and as a result an increased rate of coping mechanism. To reduce the symptoms of poor mental health and physical wellbeing whilst sustaining initial medical treatment.

The community to receive this public benefit is newly diagnosed cancer patients, medical professionals, volunteers and members of the public that are in direct contact with newly diagnosed cancer patients.

### Evaluation

An initial survey is given to newly diagnosed patients and family members about their mental health condition prior to workshop and at the completion of the workshop.

As above surveys are given to all participants of the community dinner programme. The survey measures their feelings of contentedness, confidence; and outlook prior to eating their meal and after the meal.

## Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

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## Section D

## Achievements and performance

### Summary of the main achievements of the charity during the year

BTC was able to fundraise £1141 this went towards BTC main activities.

BTC was able to utilise 11 volunteers to carry out its objectives.

BTC was able to support 25 newly diagnosed cancer patients via our food delivery service.

BTC was able to support the wellbeing and mental health of 23 family members via our support workshops and community meals which were delivered virtually.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

All reserves are carried forward to the next financial year and allocated to the Trusts objectives and constituted activities.

### Details of any funds materially in deficit

n/a

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

## Section F

## Other optional information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Paulina Balogun

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**Position (eg Secretary,  
Chair, etc)**

Treasurer	
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**Date**

31.05.2023
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## Receipts and payments accounts

For the period  
from

01.08.2021

To

31.07.2022

### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds
	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>				
	9,868	-	-	9,868
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
<b>Sub total (Gross income for AR)</b>	9,868	-	-	9,868
<b>A2 Asset and investment sales, (see table).</b>				
	- 0	- 0	- 0	-
	- 0	- 0	- 0	-
<b>Sub total</b>	- 0	- 0	- 0	-
<b>Total receipts</b>	9,868	- 0	- 0	9,868
<b>A3 Payments</b>				
	9,863	-	-	9,863
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
<b>Sub total</b>	9,863	-	-	9,863
<b>A4 Asset and investment purchases, (see table)</b>				
	- 0	- 0	- 0	-
	- 0	- 0	- 0	-
<b>Sub total</b>	- 0	- 0	- 0	-
<b>Total payments</b>	9,863	- 0	- 0	9,863
<b>Net of receipts/(payments)</b>	5	-	-	5
<b>A5 Transfers between funds</b>	- 0	-	-	-
<b>A6 Cash funds last year end</b>	- 0	-	-	-
<b>Cash funds this year end</b>	5	-	-	5

### Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds
		to nearest £	to nearest £
<b>B1 Cash funds</b>		-	-
		-	-



		-	-
	<b>Total cash funds</b>	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK
		<b>Unrestricted funds</b>	<b>Restricted funds</b>
	<b>Details</b>	to nearest £	to nearest £
<b>B2 Other monetary assets</b>		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
	<b>Details</b>	<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>
<b>B3 Investment assets</b>			-
			-
			-
			-
			-
	<b>Details</b>	<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>
<b>B4 Assets retained for the charity's own use</b>			-
			-
			-
			-
			-
			-
			-
			-
			-
	<b>Details</b>	<b>Fund to which liability relates</b>	<b>Amount due (optional)</b>
<b>B5 Liabilities</b>			-
			-
			-
			-
			-
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	
	P A Balogun	P A Balogun	



-
-
OK
Endowment funds
to nearest £
-
-
-
-
-
-
Current value (optional)
-
-
-
-
-
Current value (optional)
-
-
-
-
-
-
-
-
-
When due (optional)
Date of approval
31.05.2023