

BONDED THRU CANCER

England & Wales · Charity number 1183619

Details

Status Registered

Legal form CIO

Registered 2019-05-29

Register [View on the Charity Commission register](#)

Contact

Address The Trampery
Anchorage House
2 Clove Crescent
London
E14 2BE

Phone 07930404455

Email enquiries@bondedthrucancer.org

Website www.bondedthrucancer.org

Activities

Objects: TO PRESERVE AND PROTECT THE GOOD HEALTH OF CANCER PATIENTS AND THOSE THAT ARE CLOSE TO THEM IN ENGLAND AND WALES BY:-A)EDUCATING THE PUBLIC AND THE MEDICAL PROFESSION ABOUT THE EMOTIONAL AND WELL-BEING NEEDS OF THOSE WHO HAVE BEEN DIAGNOSED WITH CANCER AND THEIR FAMILIES; ANDB)BEFRIENDING CANCER PATIENTS AND SUPPORTING THEM DURING AND AFTER THEIR MEDICAL TREATMENT.

Activities: BTC preserves and protects the good health of cancer patients and their families in England and Wales. We do this by educating the public and medical profession about the emotional and wellbeing needs of cancer patients and their families; and by befriending cancer patients as well as their families during and after their medical treatment.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Disability
- **Who:** Other Defined Groups

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-31	£1,852	£4,910	-	-
2024-07-31	£8,424	£16,367	-	-
2023-07-31	£5,413	£6,066	-	-
2022-07-31	£9,868	£9,863	-	-
2021-07-31	£21,446	£9,935	-	-
2020-07-31	£8,561	£3,135	-	-

Trustees

Name	Role	Appointed
Natasha Veerasawmy	Chair	2014-02-13
Freda Peeches Maledon Ochoa		2022-06-27
Pamela Hammond		2014-02-13
Paulina Balogun		2014-02-13

BONDED THRU CANCER

England & Wales - Charity number 1183619

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	August	2024		31	July	2025

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

The Trampery	
ANCHORAGE HOUSE, 2 CLOVE CRESCENT	
LONDON	
Postcode	E14 2BE

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Natasha Veerasawmy	Chair		
2	Freda Peeches Maledon Ochoa			
3	Paulina Balogun			
4	Pamela Hammond			
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20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <i>(eg. trust deed, constitution)</i>	Constitution
How the charity is constituted <i>(eg. trust, association, company)</i>	Company
Trustee selection methods <i>(eg. appointed by, elected by)</i>	Appointed by the Chair and at least one trustee

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

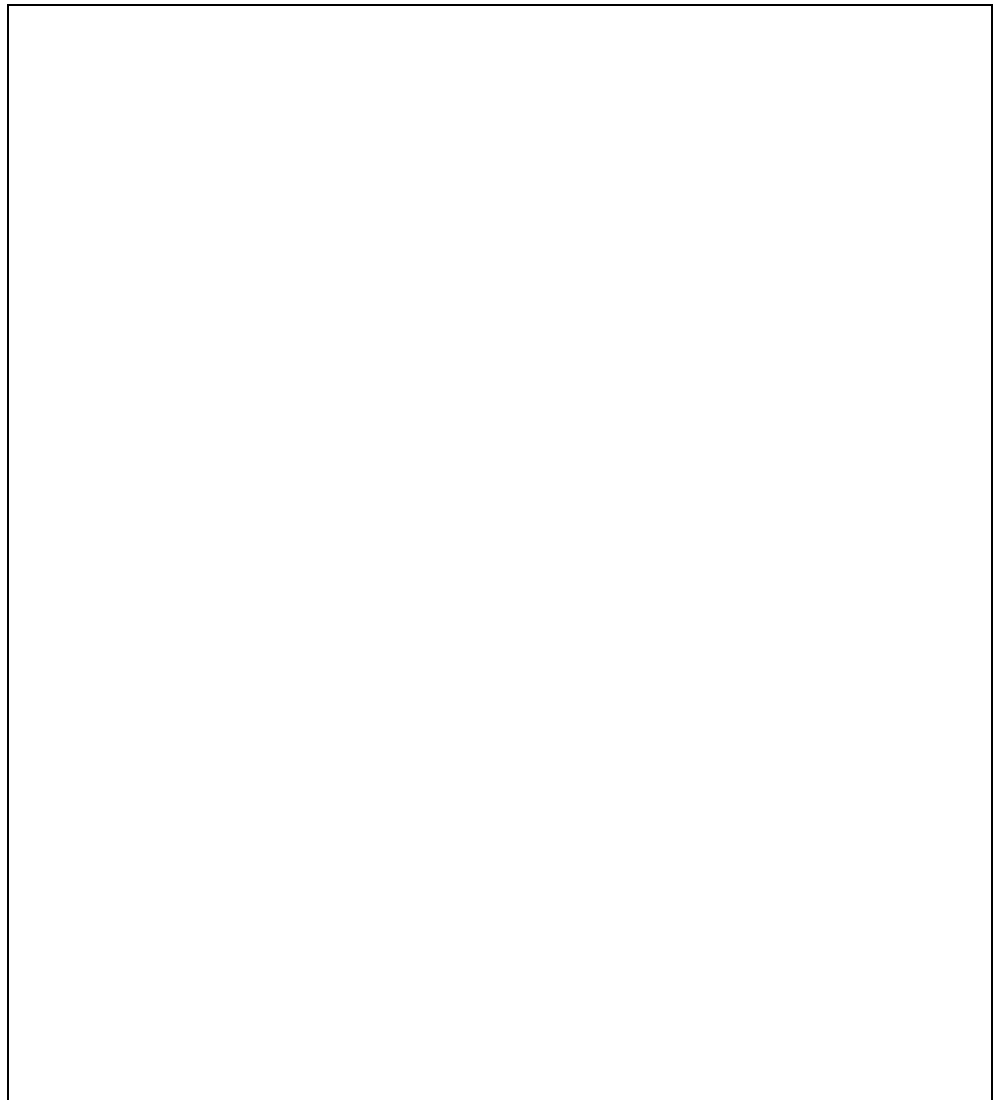
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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

<p>To support the health and well-being of cancer patients and their loved ones in England and Wales by:</p> <p>a) Raising awareness among the public and medical professionals about the emotional and well-being needs of cancer patients and their families.</p> <p>b) Providing friendship and support to cancer patients during and after treatment.</p>

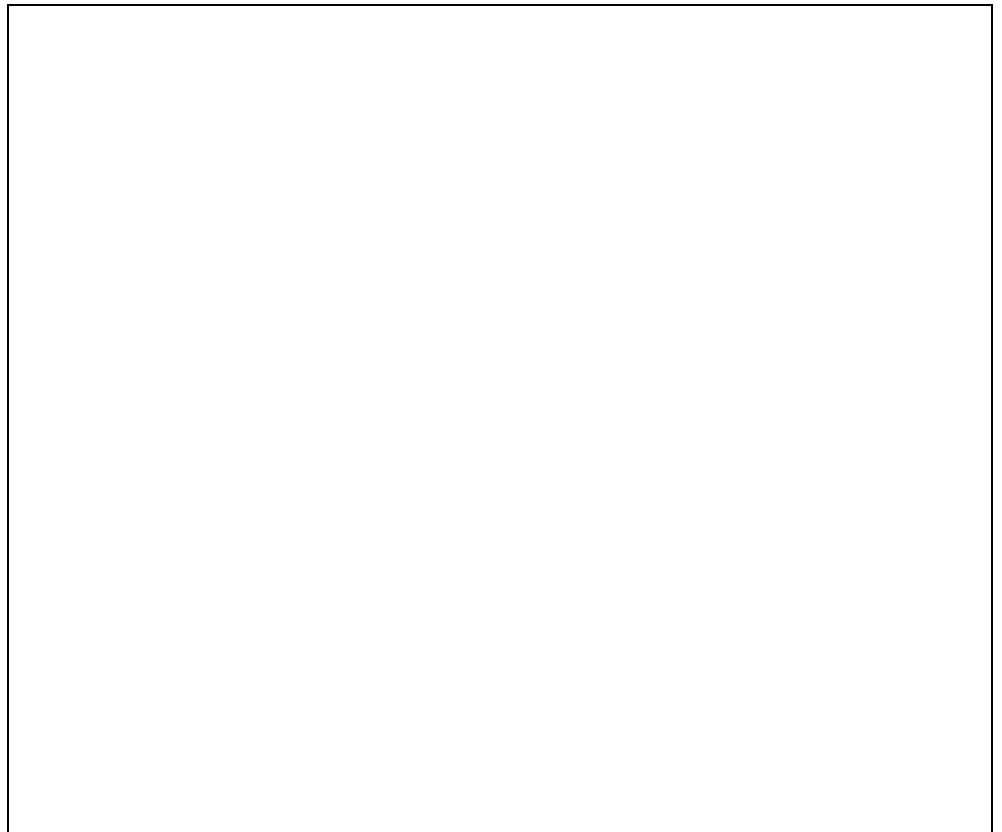
Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)



Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



Summary of the main achievements of the charity during the year

Bonded Thru Cancer's (BTC) primary focus is to preserve and protect the health and wellbeing of cancer patients and their loved ones in London and surrounding areas. This is achieved by raising awareness among the public and medical professionals about the emotional and wellbeing needs of individuals diagnosed with cancer and their families. BTC also provides direct support by befriending cancer patients and offering assistance during and after their medical treatment.

Trustees of Bonded Thru Cancer have actively volunteered as buddies to cancer patients, providing vital support by accompanying them to medical appointments and offering a safe space for counsel and emotional comfort. These efforts ensure that beneficiaries receive both practical and emotional care during one of the most challenging periods of their lives.

In carrying out these activities, the trustees have had full regard to the guidance issued by the Charity Commission on public benefit, ensuring that all actions align with Bonded Thru Cancer's objectives and deliver meaningful support to the community.

Section E

Financial review

Brief statement of the charity's policy on reserves

Bonded Thru Cancer is a small charity dedicated to ensuring that all funds raised are directed back into our primary activities of supporting cancer patients and their loved ones. As such, we do not currently hold significant reserves. Any donations or income received are promptly allocated to delivering our services, including raising awareness, providing emotional support, and offering practical assistance to those in need. This approach ensures that every contribution directly benefits our beneficiaries and aligns with our mission to make a meaningful impact in their lives.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	P Balogun	
Full name(s)	Paulina Balogun	
Position (eg Secretary, Chair, etc)	Trustee	

Date 25/05/2026



CHARITY COMMISSION
FOR ENGLAND AND WALES

Bonded Thru Cancer

1183619

Receipts and payments accounts

CC16a

For the period from	Period start date 8/1/2024	To	Period end date 31-Jul-25
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
	1,000	-	-	1,000	-
	852	-	-	852	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	1,852	-	-	1,852	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	1,852	-	-	1,852	-
A3 Payments					
	4,910	-	-	4,910	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	4,910	-	-	4,910	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	4,910	-	-	4,910	-
Net of receipts/(payments)	- 3,058	-	-	- 3,058	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	- 3,058	-	-	- 3,058	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	3,058	-
		-	-	-
		-	-	-
	Total cash funds	-	3,058	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	

BONDED THRU CANCER

England & Wales - Charity number 1183619

Accounts



Trustees' Annual Report for the period

From	Period start date			T o	Period end date		
	1	August	2023		31	July	2024

Section A

Reference and administration details

Charity name

BONDED THRU CANCER

Other names charity is known by

N/A

Registered charity number (if any)

1183619

Charity's principal address

The Trampery, Import Building, 2 Clove Crescent

London

Postcode

E14 2BE

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Natasha Veerasawmy	Chair		
2	Paulina Balogun	Treasurer		
3	Pamela Hammond	Secretary		
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Trustees are elected by Committee Members.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Summary of the objects of the charity set out in its governing document

To promote the wellbeing of newly diagnosed cancer patients.
 To befriend newly diagnosed patients and support them through their medical treatment and their aftermath.
 To educate the public and the medical profession about the emotional needs of those who have been newly diagnosed with cancer.
 To offer wellbeing education around diet and exercise.

Buddy System Overview and Public Benefit

Buddy System Programme Description:

The Buddy System is an initiative designed to provide emotional and practical support to newly diagnosed cancer patients through a team of dedicated volunteer buddies. The programme includes the following key elements:

Volunteer Support: Trained volunteer buddies are paired with newly diagnosed cancer patients to offer friendship, encouragement, and emotional support during an incredibly challenging time.

Hospital Assistance: Buddies accompany patients to and from hospital appointments, providing both emotional reassurance and practical assistance.

Meal Delivery: Volunteers deliver free, nutritious meals once a week to newly diagnosed cancer patients, helping to support their physical health and reduce the stress on patients and their families.

In addition to the Buddy System, Bonded Thru Cancer runs free workshops focused on diet and exercise. These workshops are offered to a wide range of participants, including:

- Volunteers,
- Members of the medical profession,
- Members of the public who are supporting cancer patients,
- Newly diagnosed cancer patients themselves.

The workshops aim to empower participants with practical knowledge and tools to improve the physical and mental wellbeing of cancer patients.

Public Benefit

The primary public benefit of this programme is an improvement in the physical and mental wellbeing of newly diagnosed cancer patients.

Through the Buddy System and workshops, the programme aims to:

- Enhance coping mechanisms for patients by addressing emotional and practical needs,
- Reduce symptoms of poor mental health, such as anxiety and depression,
- Improve physical health and resilience, thereby supporting the effectiveness of initial medical treatments.

The programme extends its benefits to the wider community, including:

- Medical professionals, who gain greater insight into the needs of patients,
- Volunteers, who experience the personal reward of helping others,
- Family members and members of the public, who are better equipped to support loved ones with cancer.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Evaluation and Monitoring:

To ensure the programme is effective and impactful, Bonded Thru Cancer conducts the following evaluations:

1. Pre- and Post-Workshop Surveys:

- Newly diagnosed cancer patients and their family members complete surveys about their mental health and wellbeing before attending the workshops and again after completing them. These surveys assess changes in emotional resilience, coping mechanisms, and overall outlook.

2. Community Dinner Programme Surveys:

- Participants in the meal delivery programme complete surveys to measure their sense of connectedness, confidence, and general outlook both before and after receiving their meals.

The results of these surveys enable Bonded Thru Cancer to continually refine and improve the programme, ensuring it delivers maximum public benefit.

By addressing both emotional and physical needs, the Buddy System and its associated workshops make a meaningful difference to the lives of cancer patients and their communities, fostering hope, resilience, and improved wellbeing.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

BTC was able to fundraise £8423.50 this went towards BTC main activities.

BTC was able to utilise 11 volunteers to carry out its objectives.

BTC was able to support 21 newly diagnosed cancer patients via our food delivery service.

BTC was able to support the wellbeing and mental health of 12 family members via our support workshops and community meals which were delivered virtually.

Section E

Financial review

Brief statement of the charity's policy on reserves

All reserves are carried forward to the next financial year and allocated to the Trusts objectives and constituted activities.

Details of any funds materially in deficit

n/a

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Paulina Balogun

**Position (eg Secretary,
Chair, etc)**

Treasurer	
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Date

31.05.2025



Receipts and payments accounts

CC16a

For the period
from

Period start date
1 Aug 23

To

Period end date
31 July 2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
	8,424	-	-	8,424	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
Sub total (Gross income for AR)	8,424	-	-	8,424	-
A2 Asset and investment sales, (see table).					
	- 0	- 0	- 0	-	
	- 0	- 0	- 0	-	- 0
Sub total	- 0	- 0	- 0	-	- 0
Total receipts	8,424	- 0	- 0	8,424	- 0
A3 Payments					
	16,366	-	-	16,366	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
Sub total	16,366	-	-	16,366	-
A4 Asset and investment purchases, (see table)					
	- 0	- 0	- 0	-	
	- 0	- 0	- 0	-	- 0
Sub total	- 0	- 0	- 0	-	- 0
Total payments	16,366	- 0	- 0	16,366	- 0
Net of receipts/(payments)	- 7,942	-	-	- 7,942	-
A5 Transfers between funds	- 0	-	-	-	-
A6 Cash funds last year end	- 0	-	-	-	-
Cash funds this year end	- 7,942	-	-	- 7,942	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	3,184	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-

BONDED THRU CANCER

England & Wales - Charity number 1183619

Accounts



Trustees' Annual Report for the period

From	Period start date			T o	Period end date		
	1	August	2022		31	July	2023

Section A

Reference and administration details

Charity name

BONDED THRU CANCER

Other names charity is known by

N/A

Registered charity number (if any)

1183619

Charity's principal address

The Trampery, Import Building, 2 Clove Crescent

London

Postcode

E14 2BE

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Natasha Veerasawmy	Chair		
2	Paulina Balogun	Treasurer		
3	Pamela Hammond	Secretary		
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Trustees are elected by Committee Members.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Summary of the objects of the charity set out in its governing document

To promote the wellbeing of newly diagnosed cancer patients.
 To befriend newly diagnosed patients and support them through their medical treatment and their aftermath.
 To educate the public and the medical profession about the emotional needs of those who have been newly diagnosed with cancer.
 To offer wellbeing education around diet and exercise.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Buddy system – During this time, trustees were allocated a recently diagnosed cancer patient to offer friendship and support to. Trustees, were also tasked with accompanying cancer patients to and from their hospital appointments.

Trustees provided complimentary meals once a week to recently diagnosed cancer patients as a gesture of support for their overall well-being, both physically and mentally.

Bonded Thru Cancer have delivered free support workshops (around diet and exercise) to Trustees, members of the medical profession, members of the public (who are associated with cancer patients) and newly diagnosed cancer patients.

Public Benefit

The key aim of this initiative is to enhance the physical and mental wellbeing of newly diagnosed cancer patients, ultimately leading to an improved coping mechanism. The primary goal is to alleviate symptoms of poor mental health and physical wellbeing, while also supporting the initial medical treatment process.

The community set to benefit from this public service includes newly diagnosed cancer patients, medical professionals involved in their care, volunteers supporting the initiative, and members of the public who have direct contact with individuals facing a recent cancer diagnosis.

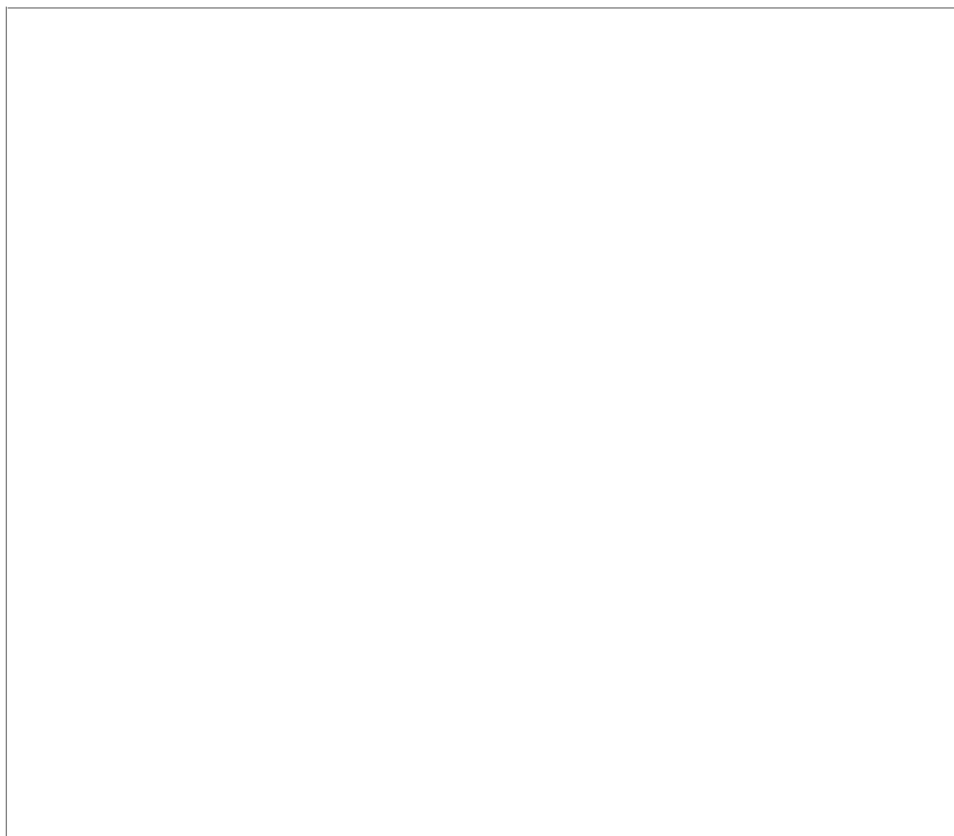
Evaluation

Prior to the workshop and upon its completion, an initial survey is administered to newly diagnosed cancer patients and their family members to assess their mental health status. Similarly, all participants of the community dinner program receive surveys to evaluate their feelings of contentment, confidence, and overall outlook before and after the meal. These surveys are designed to measure the impact and effectiveness of the workshops and the community dinner program on the participants' well-being.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

BTC was able to fundraise £3400 this went towards BTC main activities.

BTC was able to utilise Trustees to carry out its objectives.

BTC was able to support 12 newly diagnosed cancer patients via our food delivery service.

BTC was able to support the wellbeing and mental health of 18 family members via our support workshops and community meals which were delivered virtually.

Section E

Financial review

Brief statement of the charity's policy on reserves

All reserves are carried forward to the next financial year and allocated to the Trusts objectives and constituted activities.

Details of any funds materially in deficit

n/a

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s) Paulina Balogun

**Position (eg Secretary,
Chair, etc)**

Treasurer

Date

15.07.2024



Receipts and payments accounts

For the period
from

01.08.2022

To

31.07.2023

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds
	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts				
	5413	-	-	5413
	-0	-	-	-
	-0	-	-	-
	-0	-	-	-
	-0	-	-	-
	-0	-	-	-
	-0	-	-	-
	-0	-	-	-
Sub total (Gross income for AR)	5413	-	-	5413
A2 Asset and investment sales, (see table).				
	-0	-0	-0	-
	-0	-0	-0	-
Sub total	-0	-0	-0	-
Total receipts	5413	-0	-0	5413
A3 Payments				
	5413	-	-	5413
	-0	-	-	-
	-0	-	-	-
	-0	-	-	-
	-0	-	-	-
	-0	-	-	-
	-0	-	-	-
	-0	-	-	-
Sub total	5413	-	-	5413
A4 Asset and investment purchases, (see table)				
	-0	-0	-0	-
	-0	-0	-0	-
Sub total	-0	-0	-0	-
Total payments	5413	-0	-0	5413
Net of receipts/(payments)	0	-	-	0
A5 Transfers between funds	-0	-	-	-
A6 Cash funds last year end	-0	-	-	-
Cash funds this year end	0	-	-	0

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds
		to nearest £	to nearest £
B1 Cash funds		-	-
		-	-

-
-
OK
Endowment funds
to nearest £
-
-
-
-
-
-
-
Current value (optional)
-
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-
-
-
Current value (optional)
-
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-
When due (optional)
Date of approval
15.07.2024

BONDED THRU CANCER

England & Wales - Charity number 1183619

Accounts



Trustees' Annual Report for the period

From	Period start date			T o	Period end date		
	1	August	2021		31	July	2022

Section A

Reference and administration details

Charity name

BONDED THRU CANCER

Other names charity is known by

N/A

Registered charity number (if any)

1183619

Charity's principal address

The Trampery, Import Building, 2 Clove Crescent

London

Postcode

E14 2BE

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Natasha Veerasawmy	Chair		
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
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- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Summary of the objects of the charity set out in its governing document

To promote the wellbeing of newly diagnosed cancer patients.
 To befriend newly diagnosed patients and support them through their medical treatment and their aftermath.
 To educate the public and the medical profession about the emotional needs of those who have been newly diagnosed with cancer.
 To offer wellbeing education around diet and exercise.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Buddy system – Volunteer buddies are assigned a newly diagnosed cancer patient to befriend. Buddy’s accompany cancer patients to and from hospital appointments.

Volunteer buddies deliver free meals once weekly to newly diagnosed cancer patients to support their physical and mental wellbeing.

Bonded Thru Cancer have delivered free support workshops (around diet and exercise) to volunteers, members of the medical profession, members of the public (who are associated with cancer patients) and newly diagnosed cancer patients.

Public Benefit

The primary utility (public benefit) is an increased rate of physical and mental wellbeing to newly diagnosed cancer patients and as a result an increased rate of coping mechanism. To reduce the symptoms of poor mental health and physical wellbeing whilst sustaining initial medical treatment.

The community to receive this public benefit is newly diagnosed cancer patients, medical professionals, volunteers and members of the public that are in direct contact with newly diagnosed cancer patients.

Evaluation

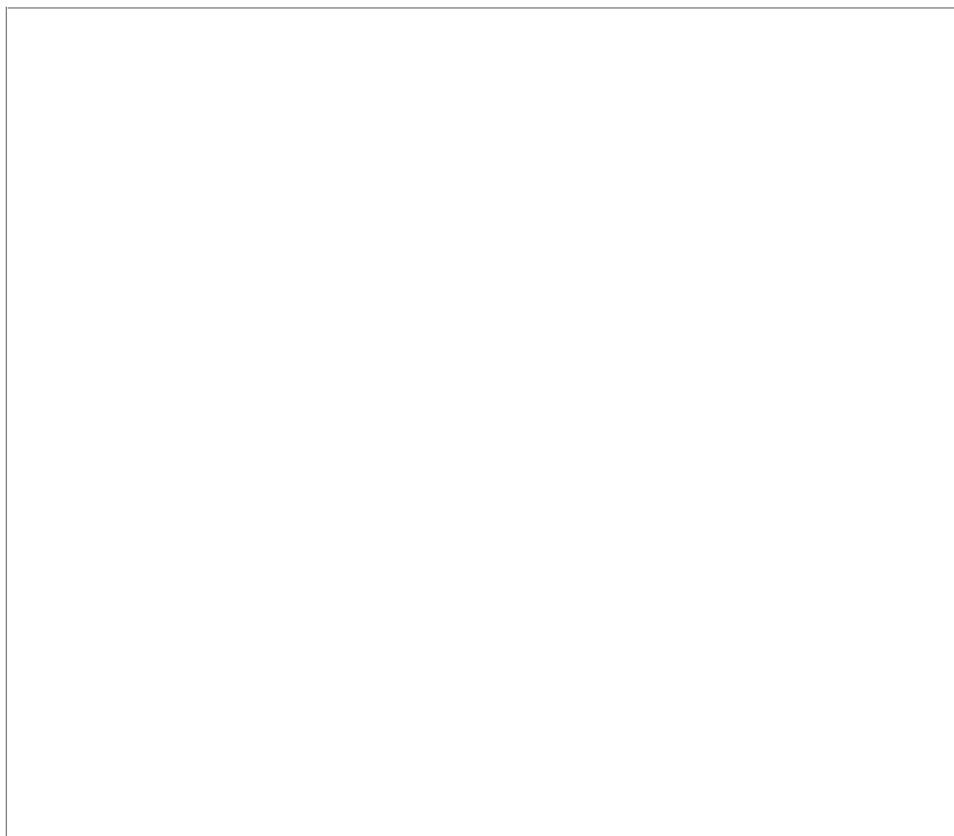
An initial survey is given to newly diagnosed patients and family members about their mental health condition prior to workshop and at the completion of the workshop.

As above surveys are given to all participants of the community dinner programme. The survey measures their feelings of contentedness, confidence; and outlook prior to eating their meal and after the meal.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

BTC was able to fundraise £1141 this went towards BTC main activities.

BTC was able to utilise 11 volunteers to carry out its objectives.

BTC was able to support 25 newly diagnosed cancer patients via our food delivery service.

BTC was able to support the wellbeing and mental health of 23 family members via our support workshops and community meals which were delivered virtually.

Section E

Financial review

Brief statement of the charity's policy on reserves

All reserves are carried forward to the next financial year and allocated to the Trusts objectives and constituted activities.

Details of any funds materially in deficit

n/a

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Paulina Balogun

**Position (eg Secretary,
Chair, etc)**

Treasurer	
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Date

31.05.2023



Bonded Thru Cancer		No (if any)	
Receipts and payments accounts			
For the period from	01.08.2021	To	31.07.2022

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
	9,868	-	-	9,868
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
Sub total(Gross income for AR)	9,868	-	-	9,868
A2 Asset and investment sales, (see table).				
	- 0	- 0	- 0	-
	- 0	- 0	- 0	-
Sub total	- 0	- 0	- 0	-
Total receipts	9,868	- 0	- 0	9,868
A3 Payments				
	9,863	-	-	9,863
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
Sub total	9,863	-	-	9,863
A4 Asset and investment purchases, (see table)				
	- 0	- 0	- 0	-
	- 0	- 0	- 0	-
Sub total	- 0	- 0	- 0	-
Total payments	9,863	- 0	- 0	9,863
Net of receipts/(payments)	5	-	-	5
A5 Transfers between funds	- 0	-	-	-
A6 Cash funds last year end	- 0	-	-	-
Cash funds this year end	5	-	-	5

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds		-	-
		-	-

-
-
OK
Endowment funds
to nearest £
-
-
-
-
-
-
-
Current value (optional)
-
-
-
-
-
Current value (optional)
-
-
-
-
-
-
-
-
-
When due (optional)
Date of approval
31.05.2023

BONDED THRU CANCER

England & Wales - Charity number 1183619

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	August	2020		31	July	2021

Section A Reference and administration details

Charity name	BONDED THRU CANCER
Other names charity is known by	N/A
Registered charity number (if any)	1183619
Charity's principal address	The Trampery, Import Building, 2 Clove Crescent London
Postcode	E14 2BE

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Natasha Veerasawmy	Chair		
2	Paulina Balogun	Treasurer		
3	Pamela Hammond	Secretary		
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity’s trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Trustees are elected by Committee Members.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity’s organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees’ consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To promote the wellbeing of newly diagnosed cancer patients.
To befriend newly diagnosed patients and support them through their medical treatment and their aftermath.
To educate the public and the medical profession about the emotional needs of those who have been newly diagnosed with cancer.
To offer wellbeing education around diet and exercise.

Buddy system - Volunteer buddies are assigned a newly diagnosed cancer patient to befriend. Buddy's accompany cancer patients to and from hospital appointments.

Volunteer buddies deliver free meals once weekly to newly diagnosed cancer patients to support their physical and mental wellbeing.

Volunteers prepare healthy nutritious meals for newly diagnosed patients that attend the community dinner sessions in a donated restaurant community building.

Bonded Thru Cancer have delivered free support workshops (around diet and exercise) to volunteers, members of the medical profession, members of the public (who are associated with cancer patients) and newly diagnosed cancer patients.

Public Benefit

The primary utility (public benefit) is an increased rate of physical and mental wellbeing to newly diagnosed cancer patients and as a result an increased rate of coping mechanism. To reduce the symptoms of poor mental health and physical wellbeing whilst sustaining initial medical treatment.

The community to receive this public benefit is newly diagnosed cancer patients, medical professionals, volunteers and members of the public that are in direct contact with newly diagnosed cancer patients.

Evaluation

An initial survey is given to newly diagnosed patients and family members about their mental health condition prior to workshop and at the completion of the workshop.

As above surveys are given to all participants of the community dinner programme. The survey measures their feelings of contentedness, confidence; and outlook prior to eating their meal and after the meal.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

BTC were given access to an empty building to run a pop up charity shop.

Volunteers ran the shop on a rota basis.

BTC was able to fundraise £21428 from the pop up charity shop this went towards BTC main activities.

BTC was able to acquire in excess of 15 volunteers to carry out its objectives.

BTC was able to support 33 newly diagnosed cancer patients via our food delivery service.

BTC was able to support the wellbeing and mental health of 33 family members via our support workshops and community meals which were delivered virtually.

BTC volunteers opted to cook and deliver food to cancer patients.

Section E

Financial review

Brief statement of the charity's policy on reserves

All reserves are carried forward to the next financial year and allocated to the Trusts objectives and constituted activities.

Details of any funds materially in deficit

n/a

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Empty box for optional information.


Section F Other optional information

Large empty box for Section F.

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Paulina Balogun	
Position (eg Secretary, Chair, etc)	Treasurer	
Date	29/09/2022	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name Bonded Thru Cancer	No (if any)
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Receipts and payments accounts

For the period from	Period start date 8/1/2020	To	Period end date 31-Jul
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
	21,446	-	-	21,446
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total (Gross income for AR)	21,446	-	-	21,446
A2 Asset and investment sales, (see table).				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total receipts	21,446	-	-	21,446
A3 Payments				
	9,935	-	-	9,935
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total	9,935	-	-	9,935
A4 Asset and investment purchases, (see table)				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total payments	9,935	-	-	9,935
Net of receipts/(payments)	11,511	-	-	11,511
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	-	-	-	-
Cash funds this year end	11,511	-	-	11,511

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds		11,511	-
		-	-
		-	-
	Total cash funds	11,511	-
	(agree balances with receipts and payments account(s))	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B2 Other monetary assets		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

	Details	Fund to which asset belongs	Cost (optional)
B3 Investment assets			-
			-
			-
			-
			-

	Details	Fund to which asset belongs	Cost (optional)
B4 Assets retained for the charity's own use			-
			-
			-
			-
			-
			-
			-
			-

	Details	Fund to which liability relates	Amount due (optional)
B5 Liabilities			-
			-
			-
			-
			-

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name
P A Balogun	P A Balogun

CC16a

**Last year
to the nearest £**

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**Endowment funds
to nearest £**

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OK

**Endowment funds
to nearest £**

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**Current value
(optional)**

-
-
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-
-

**Current value
(optional)**

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**When due
(optional)**

Date of approval

BONDED THRU CANCER

England & Wales - Charity number 1183619

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	29	May	2019		31	July	2020

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

The Trampery, Import Building, 2 Clove Crescent	
London	
Postcode	E14 2BE

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
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2	Paulina Balogun	Treasurer		
3	Pamela Hammond	Secretary		
4				
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17				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

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(eg. trust deed, constitution)

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How the charity is constituted
(eg. trust, association, company)

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(eg. appointed by, elected by)

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Section C Objectives and activities

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Volunteers prepare healthy nutritious meals for newly diagnosed patients that attend the community dinner sessions in a donated restaurant community building.

Bonded Thru Cancer have delivered free support workshops (around diet and exercise) to volunteers, members of the medical profession, members of the public (who are associated with cancer patients) and newly diagnosed cancer patients.

Public Benefit

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Evaluation

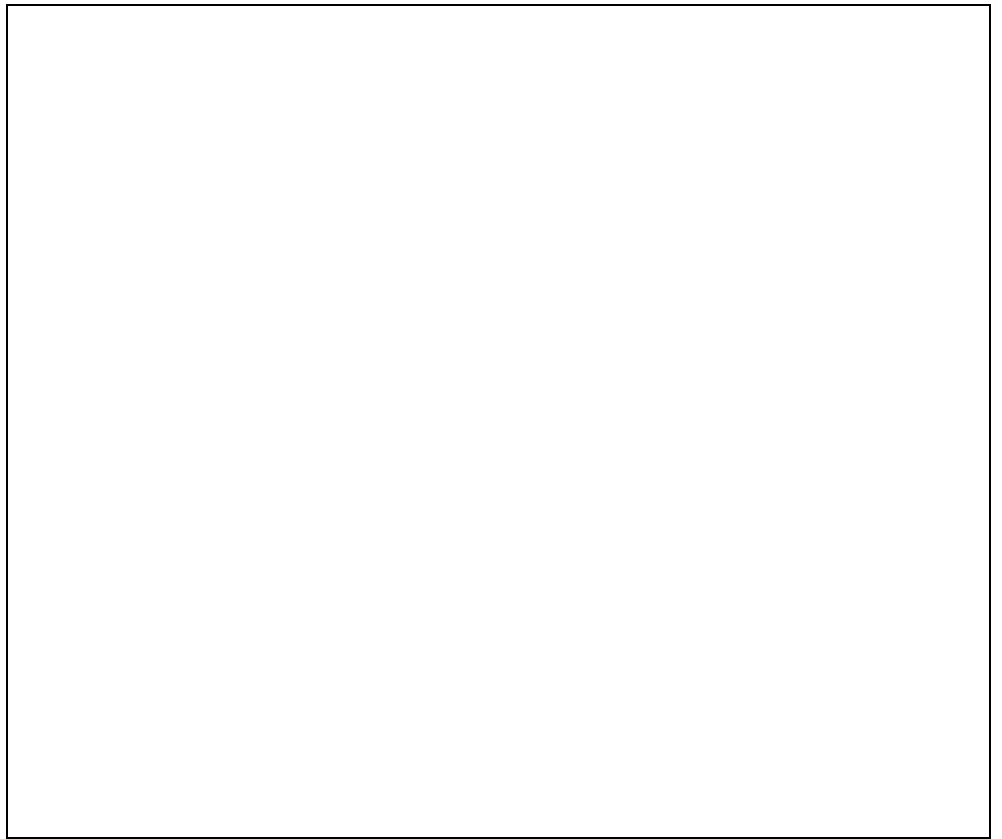
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Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

As above, BTC was able to secure funding from Macmillan to carry out wellbeing workshops.

BTC was able to fundraise £1141 this went towards BTC main activities.

BTC was able to acquire in excess of 11 volunteers to carry out its objectives.

BTC was able to support 27 newly diagnosed cancer patients via our food delivery service.

BTC was able to support the wellbeing and mental health of 23 family members via our support workshops and community meals which were delivered virtually.

Section E Financial review

Brief statement of the charity's policy on reserves

All reserves are carried forward to the next financial year and allocated to the Trusts objectives and constituted activities.

Details of any funds materially in deficit

n/a

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:


- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Paulina Balogun	
Position (eg Secretary, Chair, etc)	Treasurer	

Date



Balance Sheet to July 31 2021			£
RTC			
Assets			
Income Statement to July 31 2020			
<u>Current</u>			
Income Statement	Restricted Funding		7,419.91
Revenue			
Revenue	Current Assets		7,419.91
Fixed	N/A		-
Fundraising Activities		1141	
Macmillan	Assets	7419.91	-
Total Revenue			8560.91
<u>Other Assets</u>			
	Fundraising		1,141.00
Accounts Payable			
Total Other Assets			1,141.00
Rent		2500	
Utilities		835	
Total Assets			8,560.91
Total Cost of fundraising activities			3,335
Current Liabilities			
	Accounts Payable		3,335.00
Net Assets			
			5,225.91
Net Surplus			5,225.91
Equity			
Income Statement			5,225.91