

NURTURING FOUNDATIONS

England & Wales · Charity number 1183616

Details

Status Registered

Legal form CIO

Registered 2019-05-29

Register [View on the Charity Commission register](#)

Contact

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Harpurhey Neighbourhood Project
Carisbrook Street
Harpurhey
Manchester
M9 5UX

Phone 07903072956

Email nurturingf@gmail.com

Website www.nurturingfoundations.org.uk

Activities

Objects: 1) TO ADVANCE IN LIFE AND HELP YOUNG PEOPLE (AGED 10-20), AND IN PARTICULAR (BUT NOT EXCLUSIVELY) THOSE FROM BLACK, ASIAN AND MINORITY ETHNIC BACKGROUNDS, BY PROVIDING SUPPORT AND ACTIVITIES WHICH DEVELOP THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS MATURE AND RESPONSIBLE INDIVIDUALS.2) TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY PREVENTING PEOPLE FROM BECOMING SOCIALLY EXCLUDED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY.FOR THE PURPOSE OF THIS CLAUSE 'SOCIALLY EXCLUDED' MEANS BEING EXCLUDED FROM SOCIETY, OR PARTS OF SOCIETY, AS A RESULT OF ONE OF MORE OF THE FOLLOWING FACTORS: YOUTH OR OLD AGE; DISCRIMINATION ON THE GROUNDS OF RACE; POOR EDUCATIONAL OR SKILLS ATTAINMENT; CRIME (EITHER AS A VICTIM OF CRIME OR AS AN OFFENDER REHABILITATING INTO SOCIETY).

Activities: Life Skills trainings Skills Development Seminars Workshops Leadership Conferences Mentoring

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, The General Public/mankind

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-05-31	£337,060	£285,328	-	-
2024-05-31	£187,652	£197,948	-	-
2023-05-31	£105,408	£124,766	-	-
2022-05-31	£132,907	£68,035	-	-
2021-05-31	£63,364	£51,994	-	-

Trustees

Name	Role	Appointed
Anita Chouhan		2026-03-16
Ibukun Situ		2026-02-01
Kate Ododo		2020-03-09
TITI OMOLE		2018-09-06

NURTURING FOUNDATIONS

England & Wales - Charity number 1183616

Accounts

**Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 May 2025
for
Nurturing Foundations**

Raise
Chartered Accountants
Trimble House
9 Bold Street
Warrington
WA1 1DN

Nurturing Foundations

Contents of the Financial Statements for the Year Ended 31 May 2025

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Nurturing Foundations

Report of the Trustees for the Year Ended 31 May 2025

The trustees present their report with the financial statements of the charity for the year ended 31 May 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The trustees present their report with the financial statements of the charity for the year ended 31 May 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The charity's purposes are:

- To advance in life and support young people, particularly (though not exclusively) those from Black, Asian and Minority Ethnic backgrounds, by providing support and activities that develop their skills, capacities and capabilities, enabling them to participate in society as mature and responsible individuals.
- To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those who are socially excluded, and supporting their integration into society.

Our vision continues to guide the planning and delivery of our annual programme of activities. During the year, we delivered a range of youth-focused events, personal development initiatives, skills enhancement and community programmes. These activities are designed to empower young people by building self-confidence, strengthening social and life skills, and promoting positive mental wellbeing within communities. We also provide meaningful opportunities for young people and community members to participate in volunteering, encouraging civic responsibility and community engagement.

In addition to our youth provision, the charity remains committed to improving the quality of life for residents of North Manchester and the wider Greater Manchester area through inclusive, accessible and engaging community events and initiatives.

To achieve our objectives, we work in partnership with local schools, colleges and higher education institutions to deliver structured educational programmes. We provide a range of professionally led social skills and enrichment activities that support confidence, self-expression and personal growth. Where appropriate, our programmes are aligned with educational curricula to complement academic attainment and progression.

The trustees extend their sincere thanks to our dedicated volunteers, including member volunteers, who generously contribute their time, skills and expertise. Their continued commitment to supporting our members, youth workers and wider activities has been instrumental in enabling the charity to deliver meaningful and lasting impact within the community.

Nurturing Foundations

Report of the Trustees for the Year Ended 31 May 2025

OBJECTIVES AND ACTIVITIES

Significant activities

Representation on National Sector Bodies

During the year, our Chief Executive became an Advisory member of the National Council for Voluntary Organisations (NCVO) Small Charities Advisory Panel (SCAP) National Board. This role enables the organisation to contribute to wider sector discussions on policy, commissioning practice and partnership working across the voluntary and community sector.

Participation in these forums provides opportunities to share learning from the charity's work, influence national conversations affecting the sector, and strengthen connections with other voluntary organisations and public sector partners.

Trustees recognise that this engagement helps ensure the organisation remains informed about emerging sector developments and contributes to collective efforts to improve outcomes for communities.

The role is undertaken as part of the Chief Executive's wider sector leadership responsibilities.

Campaign or Initiative of the Year Award – Sported / Sports England

The Healthy Hearts Programme is a culturally grounded, community-led health and wellbeing initiative tackling deep-rooted health inequalities in racially minoritised communities. At the centre of this programme is our flagship intervention: Afrofitness which is a high-energy, culturally affirming fitness programme that is transforming how underrepresented communities engage with physical activity.

Afrofitness Programme was created in response to the persistent health challenges faced by Black, African, Caribbean, and other racially minoritised groups, who are statistically more likely to experience conditions like high blood pressure, diabetes, and cardiovascular disease, yet are significantly underrepresented in traditional health and fitness spaces. The barriers are clear: cultural stigma, inaccessible provision, and a lack of representation. Afrofitness is our answer to these challenges, a movement-based solution that resonates with identity, celebrates culture, and inspires consistent engagement.

This project is a blueprint for culturally competent health interventions, showing hopefully, through this award - the UK, what's possible when communities are given the tools, the trust and the space to lead their own wellbeing journeys.

New Horizons

Supporting Young People's Futures: The New Horizons Initiative, One Year On

One year after marking the launch of the New Horizons Initiative, remains at the heart of our response to the growing mental health crisis among young people highlighting the urgent need for targeted and accessible support, we reflect on the continued progress made and reaffirm our commitment to supporting and improving the lives and futures of young people.

Our ongoing collaboration with Manchester City Council, running pilot employability and internship programs, working with many young people in our communities who encounter significant barriers as low aspirations, poor educational attainment, and social, emotional, and mental health challenges limits their ability to succeed in education, employment, and life.

Over the past year, the programme has continued to provide vital support through tailored counselling, mentoring, and employability coaching. These services have helped young people build confidence, develop resilience, and gain the skills needed to pursue education, employment, and positive life pathways.

As we look ahead, our commitment remains clear: to empower young people, strengthen partnerships, and ensure that every young person has the opportunity to overcome obstacles and realise their full potential. The New Horizons Initiative continues to serve as a lifeline for many young people in Greater Manchester, helping them move towards brighter, healthier, and more hopeful futures.

Charity of the Year – Shoosmiths

Partnership with Shoosmiths: A Major Milestone One Year On

Over the past year, the partnership as Charity of the Year by the international law firm Shoosmiths continues to grow and evolve.

This partnership has already delivered meaningful benefits for both our organisation and the young people we support. Through Shoosmiths' involvement, young people have gained access to valuable leadership and mentorship opportunities. In addition, members of their team have generously volunteered their time, helping to strengthen and enrich our programmes and activities.

Access to professional legal expertise has also been invaluable in building our organisational capacity. At the same time, career insights and guidance from Shoosmiths professionals have given young people exposure to new industries, opportunities, and career pathways they may not previously have considered.

We are deeply grateful to the Shoosmiths team for their generosity, commitment, and belief in our mission. This partnership marks an important step forward in developing strong corporate collaborations, expanding opportunities for young people, and increasing the impact of our work.

Engagements:

Research: University of Manchester and Vocal

Over 30 young people and community members contributed to support NHS research with the aim of understanding diverse communities and improving their health outcomes. Staff members were involved in study participation sessions to support the process.

NHS Manchester Foundation Trust and Manchester Local Care Organisation (MLCO)

Nurturing Foundations

Report of the Trustees for the Year Ended 31 May 2025

OBJECTIVES AND ACTIVITIES

We delivered the Healthy Hearts Project, which applied a community development model to raise awareness of heart health and associated risk factors, such as high blood pressure and cholesterol. Over 100 Black African and Caribbean community members in North Manchester benefited from this initiative, leading to improved health and wellbeing outcomes.

Manchester City Council Youth and Play Funding, in partnership with the Manchester Youth Zone, enabled us to establish a dedicated hub for in-person delivery at Manchester Communication Academy (Secondary) and Oasis Harpur Mount (Primary), benefiting both young people and their families. Through Social Saturdays and After School Clubs, 520 young people have received vital support, with an average of 95 attending regularly each term.

These innovative sessions have helped young people aged 8–16 develop essential life skills, build confidence, and raise their aspirations through engaging and interactive cultural and wellbeing activities. The impact has been significant:

92% of participants reported an increased understanding of self-confidence.

87% experienced improved mental health, greater confidence, enhanced decision-making abilities, stronger community connections, and many began volunteering.

90% reported improved overall well-being.

88% developed stronger social skills, resilience, and communication abilities, while also gaining better financial management skills and strengthening their engagement with local social networks.

MCRActive: We were able to provide 960 holiday club places through the holiday activities fund during the Easter, summer and Christmas school holidays for children and young people aged 5–16 years who are eligible for, and receiving, benefits-related free school meals. These holiday clubs offered a safe, engaging, and supportive environment where participants could take part in a wide range of activities designed to promote physical health, mental wellbeing, and personal development. Activities included sports, arts and crafts, educational workshops, and social games, all tailored to support learning, creativity, and positive social interaction.

The programme had multiple positive outcomes for participants that supported the health, wellbeing, and personal development of children and young people from low-income families, ensuring they could enjoy safe, fun, and enriching holiday experiences.

Manchester Football Association's Empower Her Football Activity Fund supported our project, Game Changers: Expanding Proballer for Women and Girls in Manchester. The initiative focuses on girls' football and is primarily based in North Manchester (Harpurhey and surrounding areas), where access to culturally competent sports provision for young women and girls is extremely limited.

The project engaged 20 girls and young women aged 11–25, with targeted outreach to those from Black African and Caribbean (BAC), South Asian, refugee, and asylum-seeking backgrounds—communities that remain significantly underrepresented in grassroots football. The programme provided opportunities for participation in a safe, all-female football environment.

The Duke of Edinburgh's Award (DofE): We became a new DofE centre through the "Our Access Without Limits" funding programme, which aims to ensure that the DofE is accessible to all young people and reflects the diversity of the communities it serves. We supported 15 young people to successfully complete their Bronze Award, helping them build confidence, develop new skills and make a positive impact within their communities. Following this success, participants are now progressing into their second year to begin working towards the Silver Award, continuing their personal development and community engagement. Through this programme, we have been able to open up access to the DofE for young people living in challenging circumstances, including those who may not otherwise be able to afford to take part. As a result, the programme has been offered free of charge, enabling more young people to benefit from the opportunities it provides.

Lloyds Bank Foundation

Racial Equity Fund has supported 756 people and strengthened the impact for our organisation and the wider Black African and Caribbean community in North Manchester and beyond. Through the dedication of our staff, volunteers and partners, we have expanded our reach and deepened the support we provide to local residents.

A key achievement has been the growth of the African and Caribbean Alliance, which expanded from five to fifteen member organisations. This has created a stronger network of Black-led grassroots groups working collaboratively to share resources, develop capacity and influence local decision-making.

We have also continued to deliver targeted employability support, helping individuals overcome barriers to work through mentoring, skills development and employer engagement. Alongside this, our culturally relevant parenting programmes and community social action events have strengthened family resilience and amplified community voices.

Importantly, our outreach has enabled us to engage isolated residents and build lasting trust, ensuring more people can access support and opportunities within our community.

BBC Children in Need have supported 128 young people to fully access our services and overcome barriers to culturally competent participation. As a lead organisation in North Manchester, this funding has enabled us to expand our reach, strengthen existing projects to meet growing demand, co-develop new initiatives in collaboration with partners, strengthen our organisation and increase our long-term sustainability. A brilliant case study example is through consistent support from our youth workers, young people built their confidence and channelled their passion for music into something positive, co-designing youth-led music programme that uses music production, lyric writing, and storytelling to help young people express themselves, build resilience, and develop confidence as peer leaders and mentors from similar backgrounds.

Sports England

Nurturing Foundations

Report of the Trustees for the Year Ended 31 May 2025

OBJECTIVES AND ACTIVITIES

The Movement Fund enabled us to deliver Fit for Life, a 12-month culturally tailored physical activity programme supporting 72 Black African and Caribbean adults aged 40+ at high risk of cardiovascular disease and hypertension. Sessions were delivered weekly across community venues in North Manchester including Harpurhey, Charlestown, Higher Blackley, Moston, Crumpsall and Cheetham Hill.

Co-op Foundation supported our youth activism programmes, enabling us to work directly with 24 young people annually and empower them into positions of influence. Through our Youth School of Leadership, participants develop skills to become youth ambassadors, role-modelling leadership and advising our Board to ensure young people's voices are heard.

A year on, one participant has progressed to become a Young Trustee on our Board, and the Youth Advisory Board is now being established, led by this Young Trustee. This development demonstrates how sustained support and leadership opportunities can transform young people's engagement, influence organisational decision-making and strengthen youth representation at all levels.

UK Youth funding has enabled us to reach more young people from wider community networks who continue to experience the effects of isolation and in addition, our summer jobs programme provided invaluable opportunities for young people to gain practical work experience, develop new skills and build confidence in a supportive environment. Together, these initiatives have strengthened our organisation's impact by embedding the Skills Builder approach into our services, fostering strong aspirations, and offering a variety of positive activities, helping to combat isolation, enhance resilience and boost self-esteem.

Youth Bank empowers young people to develop the skills needed to become grant makers. Fifteen participants evaluated project proposals submitted by other young people across North Manchester, allocating funds to those they deemed most aligned with the criteria, with the goal of creating a positive impact on their peers. They visited the projects of successful applicants, gaining invaluable hands-on experience. Additionally, they took part in a youth exchange program for the 10th anniversary of Youth Bank in Como, Italy, where they connected with a global community of youth-led change makers and learned from their experiences.

Manchester City Council Cultural Foodbank

Manchester City Council supports our Cultural Foodbank which continues to provide vital support to marginalised communities by distributing culturally appropriate food and offering practical guidance to individuals and families experiencing food insecurity. Over the reporting period, the service expanded its reach, ensuring that people from diverse cultural access familiar and nutritionally suitable foods that are often unavailable through standard food aid provision.

Alongside food distribution, the Cultural Foodbank delivered community-focused support, including signposting to local services, informal advice, and culturally sensitive engagement that helped reduce isolation and strengthen community trust. Partnerships with local organisations and volunteers played a key role in identifying those most in need and ensuring resources were distributed effectively.

Demand for culturally appropriate food support remained high throughout the year. Trustees are grateful for the dedication of staff, volunteers, and partner organisations whose commitment enabled the Cultural Foodbank to continue responding compassionately and effectively to the needs of underserved communities.

Making Education a Priority (MEaP): We collaborated on the Youth Outreach Community Hubs with funding from the National Lottery Community Fund and also the Techwell Project funded by the GMCA and WEA. These hubs provide vital support to young people at risk of anti-social behaviour and violence, engaging in activities that promote physical fitness, mental wellbeing, confidence, and a focus on their educational and career aspirations.

Outcomes for participants have been highly positive:

- 100% of participants have commenced volunteering within their communities.
- 88% reported increased confidence in contributing to their communities.
- 85% experienced improvements in confidence, mental health, independence, decision-making skills, and relationships within their local community.
- 84% reported enhanced wellbeing.
- 82% reported better social skills, resilience, communication skills, financial management, engagement with local social networks, and a more meaningful social life.

African and Caribbean Alliance (ACA)

As the lead, we support the growth and sustainability of smaller emerging community organisations. By increasing their capability and capacity, we strengthen their resilience and, in turn, positively impact the health and wellbeing of residents across Manchester.

Review of our charitable activities:

The trustees review the charity's aims, objectives, and activities, assessing its achievements and the outcomes of its work over the previous 12 months. It assesses the success of each key activity and the benefits delivered to the groups of people the charity is intended to support. The process helps ensure that the charity's aims, objectives and activities remain aligned with its stated purposes.

When reviewing the aims and objectives and planning future activities, the trustees refer to the Charity Commission's general guidance on public benefit. In particular, they consider how the charity's planned activities will contribute to achieving its established aims and objectives.

Nurturing Foundations

Report of the Trustees for the Year Ended 31 May 2025

OBJECTIVES AND ACTIVITIES

How our services deliver public benefit

The Trustees have considered the new obligations of the Charities Act 2006. We are satisfied that Nurturing Foundations complies with the Act and with section 4 of the Act concerning 'public benefit' guidance issued by the Charity Commission.

Our main activities and who we are trying to help is described.

All our charitable activities focus on the prevention of emotional, social and economic disadvantage due to the lack of financial means and are undertaken to further our charitable purposes for the public benefit.

The trustees review the aims, objective and activities each year. The review looks at what we have achieved and the outcomes of our work over the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those groups of people it has set out to help. The review ensures that the aims, objective and activities remained focused on its stated purposes.

We have referred to the guidance of the Charity Commissions general guidance on public benefit when reviewing aims and objectives and in planning our future activities. In particular, the Trustees have considered how the planned activities will contribute to the aims and objectives they have set.

FINANCIAL REVIEW

Financial position

The total income received in the year was £337,060 (2024: £187,652). The Charity's expenditure in the year was £285,328 (2024:£197,948)

The Trustees continue to have oversight of the Charity's finances.

Reserves policy

The Trustees have examined the requirements for free reserves and they consider that, given the nature of the Charity's work, free reserves should be equivalent to approximately 3 months routine expenditure of £30,000. The trustees are of the opinion that this provides sufficient flexibility to cover temporary shortfalls in incoming resources.

Going concern

There are no material uncertainties about the charity's ability to continue, as they have retained sufficient unrestricted reserves, inline with the reserves policy.

FUTURE PLANS

Looking to the year ahead, we continue to strengthen our capacity and infrastructure so we can improve sustainability and enhance how we measure and report our impact. We remain committed to responding to the growing demand for support from young people and marginalised communities, while also positioning ourselves as a supportive partner for emerging local voluntary organisations.

Our interactive leadership workshops and structured activities will continue to build confidence, skills and capability among young people. We also plan to expand the availability of safe spaces across different parts of the city, ensuring that more young people can access positive, supportive environments.

To sustain and strengthen our presence across Manchester and Greater Manchester, we will continue to develop strategic partnerships. Our membership with Manchester Community Central (MACC), alongside our collaboration with the North Manchester and Manchester City wide Network of Voluntary Organisations, will play an important role in supporting our long-term sustainability and deepening our impact across the region.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document. a deed of trust and constitutes a charitable incorporated organisation.

Recruitment and appointment of new trustees

Members of the Board of Trustees are elected and co-opted according to the constitution and under the terms of the Memorandum and Articles of Association. The elections on to the board take place on an annual basis at the Charity's Annual General meeting. All trustees offer their services as volunteers and do not receive any payment for their time and commitment.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1183616

Nurturing Foundations

**Report of the Trustees
for the Year Ended 31 May 2025**

Principal address

The Centre
Harpurhey Neighbourhood Project
Carisbrook Street
Harpurhey
M9 5UX

Trustees

T Omole
K Ododo
A Chouhan (appointed 16.3.26)
I Situ (appointed 1.2.26)

Independent Examiner

Raise
Chartered Accountants
Trimble House
9 Bold Street
Warrington
WA1 1DN

Approved by order of the board of trustees on 23 March 2026 and signed on its behalf by:

K Ododo - Trustee

Independent Examiner's Report to the Trustees of Nurturing Foundations

Independent examiner's report to the trustees of Nurturing Foundations

I report to the charity trustees on my examination of the accounts of Nurturing Foundations (the Trust) for the year ended 31 May 2025.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Su Rai

Raise
Chartered Accountants
Trimble House
9 Bold Street
Warrington
WA1 1DN

23 March 2026

Nurturing Foundations

Statement of Financial Activities for the Year Ended 31 May 2025

	Notes	Unrestricted fund £	Designated funds £	Restricted fund £	31.5.25 Total funds £	31.5.24 Total funds £
INCOME AND ENDOWMENTS FROM						
Donations and legacies		10,358	-	-	10,358	3,267
Charitable activities						
Social workshops		103,942	-	86,447	190,389	62,000
Support for families during seasonal holidays		-	-	42,568	42,568	41,908
MCR Active		-	-	-	-	800
Mental Health and wellbeing		-	-	42,345	42,345	39,857
Co-op foundation live launch		-	-	-	-	1,250
Million Hours YOURS Fund		-	-	11,072	11,072	5,536
Equan/DWF Community Fund		-	-	-	-	-
Cultural Foodbank		-	-	8,000	8,000	3,000
Co-op Future Communities		30,000	-	-	30,000	30,000
Other trading activities	2	2,283	-	-	2,283	-
Investment income	3	45	-	-	45	34
Total		<u>146,628</u>	<u>-</u>	<u>190,432</u>	<u>337,060</u>	<u>187,652</u>
EXPENDITURE ON						
Raising funds	4	3,159	-	(1)	3,158	20,637
Charitable activities						
Social workshops		116,294	-	35,121	151,415	60,263
Support for families during seasonal holidays		-	-	46,732	46,732	42,441
MCR Active		-	-	-	-	800
Mental Health and wellbeing		-	-	26,259	26,259	40,777
Young parents hangout project		-	-	-	-	2,813
Co-op foundation live launch		-	-	8,692	8,692	750
Million Hours YOURS Fund		-	-	11,072	11,072	3,953
Equan/DWF Community Fund		-	-	-	-	-
Cultural Foodbank		-	-	8,000	8,000	3,000
Co-op Future Communities		30,000	-	-	30,000	22,514
Total		<u>149,453</u>	<u>-</u>	<u>135,875</u>	<u>285,328</u>	<u>197,948</u>
NET INCOME/(EXPENDITURE)						
Transfers between funds	11	(2,825)	-	54,557	51,732	(10,296)
		<u>(30,000)</u>	<u>30,000</u>	<u>-</u>	<u>-</u>	<u>-</u>
Net movement in funds		<u>(32,825)</u>	<u>30,000</u>	<u>54,557</u>	<u>51,732</u>	<u>(10,296)</u>
RECONCILIATION OF FUNDS						
Total funds brought forward		46,094	-	11,866	57,960	68,256
TOTAL FUNDS CARRIED FORWARD						
		<u>13,269</u>	<u>30,000</u>	<u>66,423</u>	<u>109,692</u>	<u>57,960</u>

The notes form part of these financial statements

Nurturing Foundations

Balance Sheet 31 May 2025

	Notes	Unrestricted fund £	Designated funds £	Restricted fund £	31.5.25 Total funds £	31.5.24 Total funds £
FIXED ASSETS						
Tangible assets	9	8,978	-	-	8,978	4,775
CURRENT ASSETS						
Cash in hand		5,312	30,000	76,075	111,387	55,129
CREDITORS						
Amounts falling due within one year	10	(1,020)	-	(9,653)	(10,673)	(1,944)
NET CURRENT ASSETS		<u>4,292</u>	<u>30,000</u>	<u>66,422</u>	<u>100,714</u>	<u>53,185</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>13,270</u>	<u>30,000</u>	<u>66,422</u>	<u>109,692</u>	<u>57,960</u>
NET ASSETS		<u><u>13,270</u></u>	<u><u>30,000</u></u>	<u><u>66,422</u></u>	<u><u>109,692</u></u>	<u><u>57,960</u></u>
FUNDS						
Unrestricted funds	11				43,270	46,094
Restricted funds					<u>66,422</u>	<u>11,866</u>
TOTAL FUNDS					<u><u>109,692</u></u>	<u><u>57,960</u></u>

The financial statements were approved by the Board of Trustees and authorised for issue on 23 March 2026 and were signed on its behalf by:

K Ododo - Trustee

Nurturing Foundations

Notes to the Financial Statements for the Year Ended 31 May 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Motor vehicles	- 25% on reducing balance
Computer equipment	- 33% on cost

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial instruments

The charity only enters into basic financial instrument transactions that result in the recognition of financial assets and liabilities, such as trade and other debtors and creditors, loans, overdrafts and cash at bank, which are measured at amortised cost.

2. OTHER TRADING ACTIVITIES

	31.5.25	31.5.24
	£	£
Sponsorships	2,283	-
	<u> </u>	<u> </u>

Nurturing Foundations

Notes to the Financial Statements - continued for the Year Ended 31 May 2025

3. INVESTMENT INCOME

	31.5.25	31.5.24
	£	£
Deposit account interest	45	34

4. RAISING FUNDS

Raising donations and legacies

	31.5.25	31.5.24
	£	£
Insurance	360	3,071
Telephone	1,124	945
Postage and stationery	1,674	1,862
Support costs	-	14,759
	<u>3,158</u>	<u>20,637</u>

5. INDEPENDENT EXAMINERS' REMUNERATION

	31.5.25	31.5.24
	£	£
Independent examination	900	870

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 May 2025 nor for the year ended 31 May 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 May 2025 nor for the year ended 31 May 2024.

7. STAFF COSTS

	31.5.25	31.5.24
	£	£
Wages and salaries	119,760	70,448
Social security costs	4,450	-
Other pension costs	1,199	663
	<u>125,409</u>	<u>71,111</u>

The average monthly number of employees during the year was as follows:

	31.5.25	31.5.24
Charitable activities	4	7

No employees received emoluments in excess of £60,000.

Nurturing Foundations

Notes to the Financial Statements - continued
for the Year Ended 31 May 2025

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Designated funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM				
Donations and legacies	3,267	-	-	3,267
Charitable activities				
Social workshops	28,000	-	34,000	62,000
Support for families during seasonal holidays	-	-	41,908	41,908
MCR Active	-	-	800	800
Mental Health and wellbeing	-	-	39,857	39,857
Co-op foundation live launch	-	-	1,250	1,250
Million Hours YOURS Fund	-	-	5,536	5,536
Equan/DWF Community Fund Cultural Foodbank	-	-	3,000	3,000
Co-op Future Communities	30,000	-	-	30,000
Investment income	34	-	-	34
Total	<u>61,301</u>	<u>-</u>	<u>126,351</u>	<u>187,652</u>
EXPENDITURE ON				
Raising funds	20,637	-	-	20,637
Charitable activities				
Social workshops	25,713	-	34,550	60,263
Support for families during seasonal holidays	1,184	-	41,257	42,441
MCR Active	-	-	800	800
Mental Health and wellbeing	2,102	-	38,675	40,777
Young parents hangout project	2,813	-	-	2,813
Co-op foundation live launch	-	-	750	750
Million Hours YOURS Fund	-	-	3,953	3,953
Equan/DWF Community Fund Cultural Foodbank	-	-	3,000	3,000
Co-op Future Communities	22,514	-	-	22,514
Total	<u>74,963</u>	<u>-</u>	<u>122,985</u>	<u>197,948</u>
NET INCOME/(EXPENDITURE)	(13,662)	-	3,366	(10,296)
Transfers between funds	<u>(25,000)</u>	<u>25,000</u>	<u>-</u>	<u>-</u>
Net movement in funds	(38,662)	25,000	3,366	(10,296)
RECONCILIATION OF FUNDS				
Total funds brought forward	59,756	-	8,500	68,256
TOTAL FUNDS CARRIED FORWARD	<u>21,094</u>	<u>25,000</u>	<u>11,866</u>	<u>57,960</u>

Nurturing Foundations

Notes to the Financial Statements - continued
for the Year Ended 31 May 2025

9. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Computer equipment £	Totals £
COST				
At 1 June 2024	6,648	1,857	9,698	18,203
Additions	-	-	9,061	9,061
At 31 May 2025	<u>6,648</u>	<u>1,857</u>	<u>18,759</u>	<u>27,264</u>
DEPRECIATION				
At 1 June 2024	4,688	1,073	7,667	13,428
Charge for year	1,662	196	3,000	4,858
At 31 May 2025	<u>6,350</u>	<u>1,269</u>	<u>10,667</u>	<u>18,286</u>
NET BOOK VALUE				
At 31 May 2025	<u>298</u>	<u>588</u>	<u>8,092</u>	<u>8,978</u>
At 31 May 2024	<u>1,960</u>	<u>784</u>	<u>2,031</u>	<u>4,775</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

		31.5.25 £	31.5.24 £
Other creditors		<u>10,673</u>	<u>1,944</u>

11. MOVEMENT IN FUNDS

	At 1.6.24 £	Net movement in funds £	Transfers between funds £	At 31.5.25 £
Unrestricted funds				
General fund	46,094	(2,824)	(30,000)	13,270
Designated funds	-	-	30,000	30,000
	<u>46,094</u>	<u>(2,824)</u>	<u>-</u>	<u>43,270</u>
Restricted funds				
Restricted funds	11,866	54,556	-	66,422
	<u>11,866</u>	<u>54,556</u>	<u>-</u>	<u>66,422</u>
TOTAL FUNDS	<u>57,960</u>	<u>51,732</u>	<u>-</u>	<u>109,692</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	146,628	(149,452)	(2,824)
Restricted funds			
Restricted funds	190,432	(135,876)	54,556
	<u>190,432</u>	<u>(135,876)</u>	<u>54,556</u>
TOTAL FUNDS	<u>337,060</u>	<u>(285,328)</u>	<u>51,732</u>

Nurturing Foundations

Notes to the Financial Statements - continued for the Year Ended 31 May 2025

11. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.6.23 £	Net movement in funds £	Transfers between funds £	At 31.5.24 £
Unrestricted funds				
General fund	59,756	(13,662)	(25,000)	21,094
Designated funds	-	-	25,000	25,000
	<u>59,756</u>	<u>(13,662)</u>	<u>-</u>	<u>46,094</u>
Restricted funds				
Restricted funds	8,500	3,366	-	11,866
	<u>8,500</u>	<u>3,366</u>	<u>-</u>	<u>11,866</u>
TOTAL FUNDS	<u>68,256</u>	<u>(10,296)</u>	<u>-</u>	<u>57,960</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	61,301	(74,963)	(13,662)
Restricted funds			
Restricted funds	126,351	(122,985)	3,366
	<u>187,652</u>	<u>(197,948)</u>	<u>(10,296)</u>
TOTAL FUNDS	<u>187,652</u>	<u>(197,948)</u>	<u>(10,296)</u>

12. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 May 2025 or the year ended 31 May 2024.

13. RESTRICTED FUNDS

The Manchester Youth Zone - To support the project for the First 1,000 days of a child, funding our summer, Easter and Christmas holidays activities and supporting the Radequal project to help towards the prevention of prejudice and division.

Manchester City Council - To support our project to help others with mental health and the impact of COVID and to fund the Social Saturdays Project.

Manchester Active - To fund the project to provide free bicycles and help young people stay active.

UK Youth Fund- To support core staffing costs and resources to help provide an informal, safe and non-therapeutic space for activities that suits young people

Lloyds Bank Foundation - To support our project to help others with mental health and the impact of COVID and to fund the Young Parents Hangout Project..

NHS MLCO - Community Development Worker and Healthy Hearts project with Manchester Local Care Organisation MLCO

Making Education a Priority - Youth Led Community Safety Project (Young Manchester)

Nurturing Foundations

Notes to the Financial Statements - continued for the Year Ended 31 May 2025

14. MOVEMENT IN FUNDS

	Brought forward	Income resourced	Resources expended	Carried forward
Lloyds Bank Foundation	0	25,000	25,000	0
The Manchester Youth Zone	0	21,924	18,711	3,213
Manchester City Council	12,789	70,850	27,351	56,288
Young Manchester	0	9,000	9,000	0
Co-op foundation	8,692	30,000	38,692	0
Making Education a Priority	0	19,130	19,130	0
Cultural foodbank	0	8,000	8,000	0
BBC Children In Need	15,000	15,000	15,000	15,000
UK Youth Fund	0	63,942	56,645	7,297
University of Manchester	0	9,900	9,900	0
Natwest GMW	0	28,080	11,993	16,087
42nd Street	0	900	900	0
Black Equity Organisation	0	428	428	0
English Sports Council	0	13,365	13,365	0
FCC Community	0	100	100	0
Immigration Advice	0	250	250	0
NCVO	0	487	0	487
Forever Manchester	0	500	500	0
Duke of Edinburgh	0	7,519	7,519	0
Total	36,481	324,375	262,484	98,371

15. DESIGNATED FUNDS

The Charity has designated funds from the unrestricted reserves for the following two purposes;

Cultural Heritage Project - £10,000

After School Clubs - £15,000

Community Outreach & Events - £5,000

NURTURING FOUNDATIONS

England & Wales - Charity number 1183616

Accounts

**Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 May 2024
for
Nurturing Foundations**

Raise
Chartered Accountants
10th Floor
3 Hardman Street
Spinningfields
Manchester
M3 3HF

Nurturing Foundations

Contents of the Financial Statements for the Year Ended 31 May 2024

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Nurturing Foundations

Report of the Trustees for the Year Ended 31 May 2024

The trustees present their report with the financial statements of the charity for the year ended 31 May 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The purposes of the charity are:

To advance in life and help young people, and in particular (but not exclusively) those from Black, Asian and Minority Ethnic Backgrounds, by providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.

To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.

Our vision continues to shape our annual activities, focusing on youth-oriented events, personal development initiatives, and skills enhancement programs. These activities empower young people by fostering self-confidence, social and life skills, and positive mental well-being while also providing opportunities for them to engage in volunteering.

In addition to our work with young people, the charity remains committed to enhancing the quality of life for residents of North Manchester and the wider Greater Manchester area through inclusive and engaging community events.

To achieve our objectives, we implement educational programs in collaboration with local schools, colleges, and higher education institutions. We deliver a variety of social skills activities led by professionals to support young people's confidence and self-expression. Where possible, these programs align with educational curricula to promote academic achievement.

We extend our sincere gratitude to our dedicated volunteers, including member volunteers, who have generously contributed their time, energy, and expertise. Their commitment to supporting our members and youth workers has been invaluable, enabling us to make a meaningful impact in the community.

Public benefit

The charity is a public benefit entity

The Trustees have considered the obligations of the Charities Act 2011. We are satisfied that Nurturing Foundations complies with the Act and with section 4 of the Act concerning 'public benefit' guidance issued by the Charity Commission.

Our main activities and who we are trying to help is described.

All our charitable activities focus on the prevention of emotional, social and economic disadvantage due to the lack of financial means and are undertaken to further our charitable purposes for the public benefit.

The trustees review the aims, objective and activities each year. The review looks at what we have achieved and the outcomes of our work over the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those groups of people it has set out to help. The review ensures that the aims, objective and activities remained focused on its stated purposes.

We have referred to the guidance of the Charity Commissions general guidance on public benefit when reviewing aims and objectives and in planning our future activities. In particular, the Trustees have considered how the planned activities will contribute to the aims and objectives they have set.

Nurturing Foundations

Report of the Trustees for the Year Ended 31 May 2024

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Tackling Inequalities – Spirit of Manchester Awards

We were honoured to be shortlisted as a finalist in the Tackling Inequalities category of the Spirit of Manchester Awards. This recognition highlights our commitment to addressing, deprivation, social and health inequalities and the positive impact of our work within the community. We remain resilient, continually evolving to meet the needs of young people and families. Through advocacy and engagement, we continuously work to amplify community voices and promote equity—particularly through the African and Caribbean Alliance (ACA), which we lead.

5th Anniversary Celebrations

Supporting Young People's Futures: The New Horizons Initiative.

We welcomed esteemed guests, including the Deputy Lieutenant, the Lord Mayor of the City of Manchester, the Lord Mayor's Consort, Councillors, partner organisations, corporate sponsors, parents, community members, young people, and beneficiaries. Together, we shared our ongoing journey with Manchester City Council towards becoming a Child-Friendly City, emphasizing the importance of listening to young people and addressing the issues they identify as priorities.

Many young people in our community face significant barriers—low aspirations, poor educational attainment, and social, emotional, and mental health challenges—which limit their ability to progress in education, employment, and life. Beneath the vibrant image of our city, a growing mental health crisis continues to impact young people, highlighting the urgent need for targeted support.

At the heart of our mission is the New Horizons Initiative—a lifeline for young people in Greater Manchester. Through tailored counselling, mentoring, and employability coaching, we will empower young people to overcome obstacles and improve their mental health and well-being.

Charity of the Year – Shoosmiths

Partnership with Shoosmiths: A Major Milestone

A significant achievement this year has been our selection as Charity of the Year by the international law firm Shoosmiths—a testament to our hard work and dedication. Being chosen among other charities highlights the impact of our work and the trust placed in us.

This partnership has provided numerous benefits, including: Increased visibility, Volunteer support, Access to legal expertise and career support for young people.

We are deeply grateful to the Shoosmiths team for their generosity, commitment, and belief in our mission.

Engagements:

University of Manchester – Research: 118 students and 97 staff members have contributed to surveys and focus groups with the aim of understanding the importance of a more inclusive academic in workplace environment and usage of race-related language. We were commissioned to conduct Research on Understanding and Redefining Race Terminology: Towards Inclusive and Appropriate Language Recognition. The study addresses significant questions related to the impact of racial words on inclusivity, mitigation of biased terms, academic awareness of biased language, and ethical considerations in restricting racial terms.

Manchester City Council Youth and Play Funding in partnership with the Manchester Youth Zone enabled us to establish a dedicated hub for in-person delivery at the Manchester Communication Academy benefiting both young people and their families. Social Saturdays and After School Clubs have supported 380 young people to receive vital support with an average of 70 attending regularly each term. These innovative sessions have successfully developed essential life skills, boosted confidence, and raised aspirations among young people aged 11-16 through engaging, interactive activities. The impact of these sessions has been profound: 92% of participants reported increased understanding of self confidence, 87% experienced improved mental health, greater confidence, enhanced decision-making abilities, stronger community connections, and began volunteering, 85% reported improved overall well-being, 82% developed stronger social skills, resilience, and communication abilities, gained better financial management skills and deepened their engagement with local social networks.

Sported Barclays Community Football Fund supported 20 young people from lower socio-economic backgrounds to develop their football skills and a young adult into a leadership coaching role who now volunteers during football training sessions and games.

Duke of Edinburgh (DofE) have supported 15 young people on the Bronze Award, helping to improve their confidence and making positive impact in the community. We became a new DofE centre under the "Our Access Without Limits funding programme" which aims to ensure that the DofE is for all young people and reflects the most diverse young people. We have been able to open-up access to the DofE for young people living in difficult circumstances, including those unable to afford to take part as the programme is Free.

BBC Children in Need have supported 95 young people to fully access our services and specifically overcome barriers to culturally competent participation. As an organisation that takes a lead role in North Manchester, the funding has supported us to expand our footprint ensuring our community needs are properly met. We have been able to play a key role in delivering and collaborating to provide accessible services to beneficiaries. The funding has enabled us to strengthen and expand our current projects (to meet demand) and co-develop new ones. We have increased capacity by employing an operations manager to support the growth of our services which has increased managerial capacity.

Nurturing Foundations

Report of the Trustees for the Year Ended 31 May 2024

Co-op Foundation generously supported our youth activism programmes to directly work with 24 young people annually into positions of power. Youth School of Leadership participants identify how they can make impact by becoming youth ambassadors who role model leadership and advise our Board ensuring young people's voices are heard. They are in the process of setting up a Youth Advisory Board led by a Young Trustee.

UK Youth funding has enabled us to extend our online learning activities to more young people from wider community networks who already feel the effects of isolation from COVID 19. This has helped to develop and increase our organisations impact by integrating the skills builder approach into our work and services to the young people thereby developing strong aspirations through a variety of positive activities that they can participate in which has helped to fight isolation, build resilience and self-esteem by virtually bringing them together.

Youth Bank program supports young people to develop the skills to become grant makers. 15 young people evaluated projects proposed by young people across North Manchester, assigned funds to those they consider meet the criteria with the aim of making a positive difference to other young people. They visited the projects of the successful applicants and learnt invaluable skills. They went on a youth exchange program to Germany learning from a community of youth led changemakers around the world. The third year of the Youth Bank project has commenced.

Making Education a Priority (MEaP) collaborated with us to extend Youth Outreach Community Hubs with funding from the National Lottery Community Fund to support young people at risk of anti-social behaviour and violence. Young people are able to access activities to improve physical fitness and mental health, improve confidence and help to focus on their educational and career aspirations.

100% of participants have started volunteering in the community. 87% increased confidence in contributing to their community; 85% reported improved confidence, improved mental health, increased independence, decision making skills and improved relationship with their local community; 82% reported improved wellbeing; 80% reported improved social skills, improved resilience and communication skills, increased ability to manage their finances, increased engagement with their local social networks, and a more meaningful social life.

African and Caribbean Alliance (ACA) increases the capability and capacity of smaller emerging community organisations, supporting them to thrive and become sustainable. Through this Alliance, which we lead, we continue to increase their collective resilience, which has positively impacted the health and wellbeing of Manchester residents.

NHS Manchester Local Care Organisation (MLCO) commissioned us to deliver a Healthy Hearts project embedding a community development model of engagement that focuses on raising awareness of improving heart health and the associated risk factors of high blood pressure and high cholesterol to over 100 Black African and Caribbean community members thereby improving health and wellbeing outcomes in North Manchester.

FINANCIAL REVIEW

Financial position

The total income received in the year was £187,652 (2023: £105,408). The Charity's expenditure came in over income by £10,296 (2023: by £19,358).

The Trustees continue to have oversight of the Charity's finances.

Reserves policy

The Trustees have examined the requirements for free reserves and they consider that, given the nature of the Charity's work, free reserves should be equivalent to approximately 4 months routine expenditure of £20,000. The trustees are of the opinion that this provides sufficient flexibility to cover temporary shortfalls in incoming resources.

Going concern

There are no material uncertainties about the charity's ability to continue, as they have retained sufficient unrestricted reserves, in line with the reserves policy.

FUTURE PLANS

As we look ahead to the coming year, our focus remains on strengthening our capacity and infrastructure to enhance sustainability and improve the way we measure and report our impact. We are committed to meeting the increasing demand for support from young people while also positioning ourselves as an enabler for emerging local voluntary organisations.

Our interactive and engaging workshops, along with other structured activities, will continue to foster confidence and capability among young people. Additionally, we aim to expand our provision of safe spaces across different parts of the city, ensuring more young people have access to supportive and positive environments.

To maintain and strengthen our presence in Manchester and Greater Manchester, we will continue to build strategic partnerships. Our membership with Manchester Community Central (MACC) and our collaboration with the North Manchester Network of Voluntary Organisations will be instrumental in securing our long-term sustainability and impact within the region.

Nurturing Foundations

Report of the Trustees for the Year Ended 31 May 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes a charitable incorporated organisation.

Recruitment and appointment of new trustees

Members of the Board of Trustees are elected and co-opted according to the constitution and under the terms of the Memorandum and Articles of Association. The elections on to the board take place on an annual basis at the Charity's Annual General meeting. All trustees offer their services as volunteers and do not receive any payment for their time and commitment.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1183616

Principal address

The Centre
Harpurhey Neighbourhood Project
Carisbrook Street
Harpurhey
M9 5UX

Trustees

T Omole
K Ododo
F Oni

Independent Examiner

Raise
Chartered Accountants
10th Floor
3 Hardman Street
Spinningfields
Manchester
M3 3HF

Approved by order of the board of trustees on 14 March 2025 and signed on its behalf by:



K Ododo - Trustee

Independent Examiner's Report to the Trustees of Nurturing Foundations

Independent examiner's report to the trustees of Nurturing Foundations

I report to the charity trustees on my examination of the accounts of Nurturing Foundations (the Trust) for the year ended 31 May 2024.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Su Rai

Raise
Chartered Accountants
10th Floor
3 Hardman Street
Spinningfields
Manchester
M3 3HF

14 March 2025

Nurturing Foundations

Statement of Financial Activities for the Year Ended 31 May 2024

	Notes	Unrestricted fund £	Designated funds £	Restricted fund £	31.5.24 Total funds £	31.5.23 Total funds £
INCOME AND ENDOWMENTS FROM						
Donations and legacies		3,267	-	-	3,267	8,385
Charitable activities						
Social workshops		28,000	-	34,000	62,000	43,000
Radequal		-	-	-	-	8,937
Support for families during seasonal holidays		-	-	41,908	41,908	-
MCR Active		-	-	800	800	1,000
Mental Health and wellbeing		-	-	39,857	39,857	1,150
First 1,000 days of a child		-	-	-	-	8,937
Summer Buzz project		-	-	-	-	8,937
Young parents hangout project		-	-	-	-	25,000
Co-op foundation live launch		-	-	1,250	1,250	-
Million Hours YOURS Fund		-	-	5,536	5,536	-
Equan/DWF Community Fund		-	-	-	-	-
Cultural Foodbank		-	-	3,000	3,000	-
Co-op Future Communities		30,000	-	-	30,000	-
Investment income	2	34	-	-	34	62
Total		61,301	-	126,351	187,652	105,408
EXPENDITURE ON						
Raising funds	3	20,637	-	-	20,637	9,840
Charitable activities						
Social workshops		25,713	-	34,550	60,263	21,140
Radequal		-	-	-	-	1,027
Support for families during seasonal holidays		1,184	-	41,257	42,441	-
MCR Active		-	-	800	800	15,893
Mental Health and wellbeing		2,102	-	38,675	40,777	12,440
First 1,000 days of a child		-	-	-	-	15,050
Summer Buzz project		-	-	-	-	12,789
VCSE covid recovery		-	-	-	-	17,268
Young parents hangout project		2,813	-	-	2,813	19,319
Co-op foundation live launch		-	-	750	750	-
Million Hours YOURS Fund		-	-	3,953	3,953	-
Equan/DWF Community Fund		-	-	-	-	-
Cultural Foodbank		-	-	3,000	3,000	-
Co-op Future Communities		22,514	-	-	22,514	-
Total		74,963	-	122,985	197,948	124,766
NET						
INCOME/(EXPENDITURE)		(13,662)	-	3,366	(10,296)	(19,358)
Transfers between funds	10	(25,000)	25,000	-	-	-
Net movement in funds		(38,662)	25,000	3,366	(10,296)	(19,358)
RECONCILIATION OF FUNDS						
Total funds brought forward		59,756	-	8,500	68,256	87,614

The notes form part of these financial statements

Nurturing Foundations

**Statement of Financial Activities
for the Year Ended 31 May 2024**

	Notes	Unrestricted fund £	Designated funds £	Restricted fund £	31.5.24 Total funds £	31.5.23 Total funds £
TOTAL FUNDS CARRIED FORWARD		<u>21,094</u>	<u>25,000</u>	<u>11,866</u>	<u>57,960</u>	<u>68,256</u>

Nurturing Foundations

Balance Sheet 31 May 2024

	Notes	Unrestricted fund £	Designated funds £	Restricted fund £	31.5.24 Total funds £	31.5.23 Total funds £
FIXED ASSETS						
Tangible assets	8	4,775	-	-	4,775	5,599
CURRENT ASSETS						
Cash in hand		17,340	25,000	12,789	55,129	66,308
CREDITORS						
Amounts falling due within one year	9	(1,021)	-	(923)	(1,944)	(3,651)
NET CURRENT ASSETS		<u>16,319</u>	<u>25,000</u>	<u>11,866</u>	<u>53,185</u>	<u>62,657</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>21,094</u>	<u>25,000</u>	<u>11,866</u>	<u>57,960</u>	<u>68,256</u>
NET ASSETS		<u><u>21,094</u></u>	<u><u>25,000</u></u>	<u><u>11,866</u></u>	<u><u>57,960</u></u>	<u><u>68,256</u></u>
FUNDS	10					
Unrestricted funds					46,094	59,756
Restricted funds					11,866	8,500
TOTAL FUNDS					<u><u>57,960</u></u>	<u><u>68,256</u></u>

The financial statements were approved by the Board of Trustees and authorised for issue on 14 March 2025 and were signed on its behalf by:



K Ododo - Trustee

Nurturing Foundations

Notes to the Financial Statements for the Year Ended 31 May 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice' applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Motor vehicles	- 25% on reducing balance
Computer equipment	- 33% on cost

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial instruments

The charity only enters into basic financial instrument transactions that result in the recognition of financial assets and liabilities, such as trade and other debtors and creditors, loans, overdrafts and cash at bank, which are measured at amortised cost.

2. INVESTMENT INCOME

	31.5.24	31.5.23
	£	£
Deposit account interest	34	62
	<u> </u>	<u> </u>

Nurturing Foundations

Notes to the Financial Statements - continued for the Year Ended 31 May 2024

3. RAISING FUNDS

Raising donations and legacies

	31.5.24	31.5.23
	£	£
Insurance	3,071	3,064
Telephone	945	1,110
Postage and stationery	1,862	1,550
Support costs	14,759	4,116
	<u>20,637</u>	<u>9,840</u>

4. INDEPENDENT EXAMINERS' REMUNERATION

	31.5.24	31.5.23
	£	£
Independent examination	870	864
	<u>870</u>	<u>864</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 May 2024 nor for the year ended 31 May 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 May 2024 nor for the year ended 31 May 2023.

6. STAFF COSTS

	31.5.24	31.5.23
	£	£
Wages and salaries	70,448	40,112
Other pension costs	663	235
	<u>71,111</u>	<u>40,347</u>

The average monthly number of employees during the year was as follows:

	31.5.24	31.5.23
Charitable activities	7	3
	<u>7</u>	<u>3</u>

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Designated funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM				
Donations and legacies	8,385	-	-	8,385
Charitable activities				
Social workshops	13,000	-	30,000	43,000
Radequal	-	-	8,937	8,937
MCR Active	-	-	1,000	1,000
Mental Health and wellbeing	-	-	1,150	1,150
First 1,000 days of a child	-	-	8,937	8,937
Summer Buzz project	-	-	8,937	8,937
Young parents hangout project	25,000	-	-	25,000
Investment income	62	-	-	62
Total	<u>46,447</u>	<u>-</u>	<u>58,961</u>	<u>105,408</u>

Nurturing Foundations

Notes to the Financial Statements - continued
for the Year Ended 31 May 2024

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Designated funds £	Restricted fund £	Total funds £
EXPENDITURE ON				
Raising funds	7,181	-	2,659	9,840
Charitable activities				
Social workshops	6,013	-	15,127	21,140
Radequal	1,027	-	-	1,027
MCR Active	4,551	-	11,342	15,893
Mental Health and wellbeing	1,700	-	10,740	12,440
First 1,000 days of a child	1,700	-	13,350	15,050
Summer Buzz project	3,879	-	8,910	12,789
VCSE covid recovery	1,028	-	16,240	17,268
Young parents hangout project	3,567	-	15,752	19,319
Total	<u>30,646</u>	<u>-</u>	<u>94,120</u>	<u>124,766</u>
NET INCOME/(EXPENDITURE)	15,801	-	(35,159)	(19,358)
RECONCILIATION OF FUNDS				
Total funds brought forward	43,954	-	43,660	87,614
TOTAL FUNDS CARRIED FORWARD	<u>59,755</u>	<u>-</u>	<u>8,501</u>	<u>68,256</u>

8. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Computer equipment £	Totals £
COST				
At 1 June 2023	6,050	1,857	7,400	15,307
Additions	598	-	2,298	2,896
At 31 May 2024	<u>6,648</u>	<u>1,857</u>	<u>9,698</u>	<u>18,203</u>
DEPRECIATION				
At 1 June 2023	3,026	812	5,870	9,708
Charge for year	1,662	261	1,797	3,720
At 31 May 2024	<u>4,688</u>	<u>1,073</u>	<u>7,667</u>	<u>13,428</u>
NET BOOK VALUE				
At 31 May 2024	<u>1,960</u>	<u>784</u>	<u>2,031</u>	<u>4,775</u>
At 31 May 2023	<u>3,024</u>	<u>1,045</u>	<u>1,530</u>	<u>5,599</u>

Nurturing Foundations

**Notes to the Financial Statements - continued
for the Year Ended 31 May 2024**

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.5.24	31.5.23
	£	£
Other creditors	1,944	3,651
	<u> </u>	<u> </u>

10. MOVEMENT IN FUNDS

	At 1.6.23 £	Net movement in funds £	Transfers between funds £	At 31.5.24 £
Unrestricted funds				
General fund	59,756	(13,662)	(25,000)	21,094
Designated funds	-	-	25,000	25,000
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
	59,756	(13,662)	-	46,094
Restricted funds				
Restricted funds	8,500	3,366	-	11,866
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>68,256</u>	<u>(10,296)</u>	<u>-</u>	<u>57,960</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	61,301	(74,963)	(13,662)
Restricted funds			
Restricted funds	126,351	(122,985)	3,366
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>187,652</u>	<u>(197,948)</u>	<u>(10,296)</u>

Comparatives for movement in funds

	At 1.6.22 £	Net movement in funds £	At 31.5.23 £
Unrestricted funds			
General fund	43,954	15,802	59,756
Restricted funds			
Restricted funds	43,660	(35,160)	8,500
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>87,614</u>	<u>(19,358)</u>	<u>68,256</u>

Nurturing Foundations

Notes to the Financial Statements - continued for the Year Ended 31 May 2024

10. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	46,447	(30,645)	15,802
Restricted funds			
Restricted funds	58,961	(94,121)	(35,160)
TOTAL FUNDS	<u>105,408</u>	<u>(124,766)</u>	<u>(19,358)</u>

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 May 2024 or the year ended 31 May 2023.

12. RESTRICTED FUNDS

The Manchester Youth Zone - To support the project for the First 1,000 days of a child, funding our summer, Easter and Christmas holidays activities and supporting the Radequal project to help towards the prevention of prejudice and division.

Manchester City Council - To support our project to help others with mental health and the impact of COVID and to fund the Social Saturdays Project.

Manchester Active - To fund the project to provide free bicycles and help young people stay active.

UK Youth Fund- To support core staffing costs and resources to help provide an informal, safe and non-therapeutic space for activities that suits young people

Lloyds Bank Foundation - To support our project to help others with mental health and the impact of COVID and to fund the Young Parents Hangout Project..

NHS MLCO - Community Development Worker and Healthy Hearts project with Manchester Local Care Organisation MLCO

Making Education a Priority - Youth Led Community Safety Project (Young Manchester)

13. MOVEMENT IN FUNDS

	Brought forward	Income resourced	Resources expended	Carried forward
Lloyds Bank Foundation	5,000		5000	
The Manchester Youth Zone	3,500	32,083	35,584	
Manchester City Council		41,524	28,450	11,866
HS MLCO		37,857	37,857	
Together fund		800	800	
Young Manchester		300	300	
Co-op foundation		1,250	1,250	
The Big Life		3,000	3,000	
Making Education a Priority		6,536	6,536	
Cultural foodbank		3,000	3,000	
	8,500	126,351	122,984	11,866

Nurturing Foundations

**Notes to the Financial Statements - continued
for the Year Ended 31 May 2024**

14. DESIGNATED FUNDS

The Charity has designated funds from the unrestricted reserves for the following two purposes;

Cultural Heritage project - £10,000
After school clubs - £15,000

NURTURING FOUNDATIONS

England & Wales - Charity number 1183616

Accounts

REGISTERED CHARITY NUMBER: 1183616

**Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 May 2023
for
Nurturing Foundations**

**Raise
Chartered Accountants
10th Floor
3 Hardman Street
Spinningfields
Manchester
M3 3HF**

Nurturing Foundations

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for the Year Ended 31 May 2023**

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Nurturing Foundations

Report of the Trustees for the Year Ended 31 May 2023

The trustees present their report with the financial statements of the charity for the year ended 31 May 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Our aims and activities

The purpose of the charity is:

To advance in life and help young people, and in particular (but not exclusively) those from Black, Asian and Minority Ethnic Backgrounds, by providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.

To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.

The vision that shapes our annual activities remains a program of youth oriented events and activities, the design of personal development plans and promotion of skills development. These activities benefit young people by developing their self-confidence and social skills, life skills, positive mental health and providing opportunities for young people to become volunteers themselves.

The charity also has the general aim of contributing to the quality of life of North Manchester residents through the provision of exciting and accessible community events.

The strategies employed to achieve the charity's aims and objectives includes educational programmes and activities, involving local schools, colleges and higher education, delivering a range of social skills activities with professionals to develop young people's confidence and expression. Where possible, programmes are linked to the educational syllabus to raise achievement.

We are grateful for the many hours volunteers, including member volunteers, have spent listening and encouraging our members and supporting our youth workers. Without this valuable contribution of time, energy and expertise we would not have been able to achieve so much.

Achievements and Performance

Our Year Lord Mayor's Award 2022

We were thrilled to be the winner and to receive the Our Year Lord Mayor's Award at the Manchester Outdoor Education Trust Conference. This award is a recognition of our programmes which include outdoor education activities. Young people displayed their creative idea inspired by a journey through creativity and play, with links to the environment during the Manchester Day Parade which is one of the biggest events of the year in Manchester City Centre. We also ran workshops on introduction to cycle maintenance where young people on the Social Adventures project were able to demonstrate knowledge of parts of a bicycle and learn how to look after their bikes and perform basic repairs to keep it going. They all received resources and certificates to encourage them and promote cycling amongst young people. We also gave out free bicycles to the young people at a community event to encourage learning how to ride a bicycle, improve cycling skills for those who can ride and support them to become confident on the roads. The presentation was done at the launch of Active travel activities event in Harpurhey, North Manchester by Transport for Greater Manchester (TfGM) to create awareness and encourage more young people and families cycling to school and to work. We have set up a cycling club every week where young people meet fellow beginners or cyclists, they come together to have fun and improve their health which promotes learning and development of cycling in our community with clear links to environmentalism thereby reducing the local carbon footprint. Finalist at the Manchester Youth Buzz awards 2023

As a resilient organisation that continues to evolve and make outstanding contributions to the lives of young people by listening to their voices, we punch way above our weight to ensure we continue to make a positive impact hence the nomination for this award.

We are based in Harpurhey (North Manchester) which is the 2nd worst ward in England for the effect of long-term deprivation on children and families. Most families live in poverty, have a poor quality of life, suffering health and other inequalities. Their situations are worsening due to the cost-of-living crisis.

We support the community with positive youth programmes including Social Saturdays where skills and aspirations are developed and improved, young parent programmes that serves as a peer to peer support group, Radequal where young people have constructive conversations about tackling prejudice and division, Young adventurers where young people received bikes which clearly linked environmentalism and encouraged healthy lifestyle, HAF where young people are actively engaged in activities during school holidays, Manchester Day Parade where they displayed their creativity through the costumes they made, music including keyboard lessons for beginners, taking part in the first Manchester Christmas Parade where the young people gave a live performance of Christmas songs and played on the keyboard, Youth School of Leadership online sessions during the pandemic with over 200 participants which supported them to see their potential and fulfil it, Youth Bank where young people develop grant making skills, Lead the African and Caribbean Alliance and various other health and wellbeing initiatives.

Engagements:

Nurturing Foundations

Report of the Trustees for the Year Ended 31 May 2023

210 young people attended our innovative Social Saturdays workshops, with 45 regularly attending each term. Social Saturdays workshop sessions has worked well at developing life skills, building confidence, increasing aspirations and resilience through positive, fun and engaging learning activities for young people (11-16yrs). North Manchester has some of the lowest educational attainment outcomes in the UK. We have supported young people in the last year to reach their potential by engaging them at the earliest possible stage before negative influences derail their future development and establish bad habits. We are aware that young people are constantly dealing with many social issues during their teenage years, our Social Saturdays sessions helps them to discuss specific themes around social skills and life skills, engage in interactive activities with the goal of helping each one reach their maximum potential. They met weekly for games and interactive workshop sessions enabling them to connect on a regular basis and overcome boredom. Funding from Manchester City Council supported these sessions. A National Lottery grant then supported us to move into our new hub, providing a safe space for us to deliver our sessions in-person to young people and families. Whilst having fun they developed social skills including communication skills, confidence building, good manners, respect, leadership, role modelling and consequential thinking. 88% reported increased understanding of pregnancy; 85% reported improved mental health, improved confidence, increased independent decision making skills, improved relationship with their local community, increased confidence in contributing to their local community, and started volunteering. 82% reported improved wellbeing. 80% reported improved social skills, improved resilience and communication skills, increased ability to manage their finances, increased skills to tackle challenges, improved parenting skills, increased engagement with their local social networks, and a more meaningful social life.

120 young people attended our holiday schemes funded by Manchester Active where they played games and enjoyed interactive workshop sessions. Whilst having fun, they developed social skills including communication skills, confidence building, good manners, respect, leadership, role modelling and consequential thinking. 88% increased confidence in contributing to their local community and reported increased understanding; 85% reported improved mental health, improved confidence, increased independent decision making skills, improved relationship with their local community, increased engagement with their local social networks, and started volunteering. 82% reported improved wellbeing. 80% reported improved social skills, improved resilience and communication skills, increased ability to manage their finances, increased skills to tackle challenges and a more meaningful social life.

Lloyds Bank Foundation for England and Wales supported our Young Parents Hangout project exclusively for young parents aged under 21 years. 30 young parents benefited from in-depth individual support to manage expectations before, during and after pregnancy; support physical, mental and emotional wellbeing; and develop skills and connections. Support included mentoring from people with similar lived experiences. 88% reported increased understanding of pregnancy; 85% reported improved mental health, improved confidence, increased independent decision-making skills, improved relationship with their local community, increased confidence in contributing to their local community, and started volunteering. 82% reported improved wellbeing. 80% reported improved social skills, improved resilience and communication skills, increased ability to manage their finances, increased skills to tackle challenges, improved parenting skills, increased engagement with their local social networks, and a more meaningful social life with some taking up employment or returning to full time education.

StreetGames supported us to reach more young people and provide a vibrant and varied sporting and 'wrap-around' offer for young people in underserved communities through their Sports England Together Fund which is to support us to recover/grow post pandemic and help young people engage in sports and physical activities. We provided new opportunities that young people have asked for within their communities thereby empowering them and supporting them to develop their confidence and self esteem.

UK Youth supported us with core staffing costs and resources to help provide an informal, safe and non-therapeutic space for activities that suits young people's needs where young people can access early support locally without needing to wait or reach a threshold for treatment, provide person-centred support to young people experiencing mental health difficulties, education, training and implement sustainable systems of support and improvement, engage in activities and be part of a family of trust without any stigma where they can ask for help.

15 young people participated in our innovative Youth Bank initiative. This program supports young people to develop the skills to become grant makers. They evaluated projects proposed by young people across North Manchester, assigned funds to those they consider meet the criteria and will make a positive difference to other young people. They visited the projects of the successful applicants and learnt invaluable skills. The second year of the Youth Bank project has commenced.

We partnered with making Education a priority (MEaP) to deliver the Tackling Racial Injustice TRI project. The TRI Steering Group met regularly, had activities to support young people and produced a report to establish a structure of networks and partnerships which work for the VCSE sector, and for children and young people, seeking to ensure this is a permanent structure which is not swayed by external factors, including funding. The report stated ways to having a clear and explicit commitment to supporting spaces for VCSE youth and play groups, organisations and individuals, which are led by and delivered for the sector, meeting the needs identified by those groups and the children and young people they support, with the need to prioritise securing diverse funding for networks and partnerships, city-wide and locally, which provide resources to support collaboration and secure core funding alongside direct delivery 100% of participants have started volunteering in the community. 87% increased confidence in contributing to their community; 85% reported improved confidence, improved mental health, increased independent decision making skills and improved relationship with their local community; 82% reported improved wellbeing; 80% reported improved social skills, improved resilience and communication skills, increased ability to manage their finances, increased engagement with their local social networks, and a more meaningful social life.

Nurturing Foundations

Report of the Trustees for the Year Ended 31 May 2023

Our Youth School of Leadership connected over 200 young people online who were inspired by trailblazing youth leaders to think about how they can make a positive impact, and the difficulties and complexities of trying to lead themselves and others in the midst of the cost of living crisis. The feedback was awesome with participants reporting improved confidence and being more focused on building their aspirations and achieving their goals.

The VCSE Covid recovery fund from Young Manchester supported us to establish the Black African and Caribbean Alliance (ACA) to increase the capability and capacity of smaller emerging community organisations, supporting them to thrive and become sustainable. Through this Alliance, which we lead, we continue to increase their collective resilience, which has positively impacted the health and wellbeing of Manchester residents.

Donations from our Global Giving platform supported us to provide a much needed Relief Hub for bereaved families of Covid 19 victims. We continue to reach out to children and their families with packages of support that included food, child supervision, and positive mental health workshops.

Review of our charitable activities

Review:

The trustees review the aims, objective and activities each year. The review looks at what we have achieved and the outcomes of our work over the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those groups of people it has set out to help. The review ensures that the aims, objective and activities remained focused on its stated purposes.

We have referred to the guidance of the Charity Commissions general guidance on public benefit when reviewing aims and objectives and in planning our future activities. In particular, the Trustees have considered how the planned activities will contribute to the aims and objectives they have set.

It was constituted as a charity in May, 2019

How our services deliver public benefit

The Trustees have considered the new obligations of the Charities Act 2006. We are satisfied that Nurturing Foundations complies with the Act and with section 4 of the Act concerning 'public benefit' guidance issued by the Charity Commission.

Our main activities and who we are trying to help is described.

All our charitable activities focus on the prevention of emotional, social and economic disadvantage due to the lack of financial means and are undertaken to further our charitable purposes for the public benefit.

Reserves Policy

The Trustees have examined the requirement for reserves and consider that given the nature of the work of the charity, that free reserves equivalent of 3 months of routine expenditure at £20,000. Furthermore the charity has designated free reserves for two other specific purposes: £15,000 for the Cultural Heritage Project and £20,000 for After School Clubs.

Future plans

The coming year will see a continued emphasis on building our capacity and infrastructure to become more sustainable and better report our impact; meet increased demand for support from our young people; and to become an enabler for other upcoming local voluntary organisations. Our interactive and engaging workshops and other structured activities will build and deepen the confidence and capability of our young people. We will also endeavour to create more safe spaces for young people in different parts of the city to engage and be positively impacted.

We will continue to strengthen our network through our membership of the Greater Manchester Centre for Voluntary Organisations (GMCVO) and partnership with the North Manchester Network of Voluntary Organisations with the aim to remain and be sustainable in the city of Manchester and Greater Manchester..

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

Nurturing Foundations

Report of the Trustees for the Year Ended 31 May 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

Members of the Board of Trustees are elected and co-opted according to the constitution and under the terms of the Memorandum and Articles of Association. The elections on to the board take place on an annual basis at the Charity's Annual General meeting. All trustees offer their services as volunteers and do not receive any payment for their time and commitment.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number
1183616

Principal address

The Centre
Harpurhey Neighbourhood Project
Carisbrook Street
Harpurhey
M9 5UX

Trustees

T Omole
K Ododo
F Oni

Independent Examiner

Raise
Chartered Accountants
10th Floor
3 Hardman Street
Spinningfields
Manchester
M3 3HF

Approved by order of the board of trustees on 27th February 2023 and signed on its behalf by:



K Ododo - Trustee

**Independent Examiner's Report to the Trustees of
Nurturing Foundations**

Independent examiner's report to the trustees of Nurturing Foundations

I report to the charity trustees on my examination of the accounts of Nurturing Foundations (the Trust) for the year ended 31 May 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Su Rai
Raise
Chartered Accountants
10th Floor
3 Hardman Street
Spinningfields
Manchester
M3 3HF

Date: 22 February 2024

Nurturing Foundations

Statement of Financial Activities for the Year Ended 31 May 2023

	Notes	Unrestricted fund £	Restricted fund £	31.5.23 Total funds £	31.5.22 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		8,384	1	8,385	10,356
Charitable activities					
Social workshops		13,000	30,000	43,000	29,492
Radequal		-	8,937	8,937	950
MCR Active		-	1,000	1,000	8,260
Mental Health and wellbeing		-	1,150	1,150	4,975
First 1,000 days of a child		-	8,937	8,937	8,225
Summer Buzz project		-	8,937	8,937	7,097
VCSE covid recovery		-	-	-	38,500
Young parents hangout project		25,000	-	25,000	25,000
Investment income	2	62	-	62	52
Total		<u>46,446</u>	<u>58,962</u>	<u>105,408</u>	<u>132,907</u>
EXPENDITURE ON					
Raising funds	3	7,180	2,660	9,840	5,298
Charitable activities					
Social workshops		6,013	15,127	21,140	25,041
Radequal		1,027	-	1,027	500
MCR Active		4,551	11,342	15,893	6,119
Mental Health and wellbeing		1,700	10,740	12,440	6,639
First 1,000 days of a child		1,700	13,350	15,050	8,176
Summer Buzz project		3,879	8,910	12,789	5,570
VCSE covid recovery		1,028	16,240	17,268	5,296
Young parents hangout project		3,567	15,752	19,319	5,396
Total		<u>30,645</u>	<u>94,121</u>	<u>124,766</u>	<u>68,035</u>
NET INCOME/(EXPENDITURE)		15,801	(35,159)	(19,358)	64,872
RECONCILIATION OF FUNDS					
Total funds brought forward		43,954	43,660	87,614	22,742
TOTAL FUNDS CARRIED FORWARD		<u>59,755</u>	<u>8,501</u>	<u>68,256</u>	<u>87,614</u>

The notes form part of these financial statements

Nurturing Foundations

Balance Sheet
31 May 2023

	Notes	Unrestricted fund £	Restricted fund £	31.5.23 Total funds £	31.5.22 Total funds £
FIXED ASSETS					
Tangible assets	6	5,599	-	5,599	7,665
CURRENT ASSETS					
Debtors	7	-	-	-	19,250
Cash in hand		57,808	8,500	66,308	63,104
		<u>57,808</u>	<u>8,500</u>	<u>66,308</u>	<u>82,354</u>
CREDITORS					
Amounts falling due within one year	8	(3,651)	-	(3,651)	(2,405)
NET CURRENT ASSETS					
		<u>54,157</u>	<u>8,500</u>	<u>62,657</u>	<u>79,949</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>59,756</u>	<u>8,500</u>	<u>68,256</u>	<u>87,614</u>
NET ASSETS					
		<u>59,756</u>	<u>8,500</u>	<u>68,256</u>	<u>87,614</u>
FUNDS					
Unrestricted funds	9			59,756	43,954
Restricted funds				8,500	43,660
TOTAL FUNDS					
				<u>68,256</u>	<u>87,614</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 27th February 2024 and were signed on its behalf by:



K Ododo - Trustee

Nurturing Foundations

Notes to the Financial Statements for the Year Ended 31 May 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Motor vehicles	- 25% on reducing balance
Computer equipment	- 33% on cost

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. INVESTMENT INCOME

	31.5.23	31.5.22
	£	£
Deposit account interest	<u>62</u>	<u>52</u>

Nurturing Foundations

Notes to the Financial Statements - continued for the Year Ended 31 May 2023

3. RAISING FUNDS

Raising donations and legacies

	31.5.23	31.5.22
	£	£
Insurance	3,064	1,247
Telephone	1,110	458
Postage and stationery	1,550	460
Support costs	4,116	3,133
	<u>9,840</u>	<u>5,298</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 May 2023 nor for the year ended 31 May 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 May 2023 nor for the year ended 31 May 2022.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	10,355	1	10,356
Charitable activities			
Social workshops	-	29,492	29,492
Radequal	-	950	950
MCR Active	-	8,260	8,260
Mental Health and wellbeing	-	4,975	4,975
First 1,000 days of a child	-	8,225	8,225
Summer Buzz project	-	7,097	7,097
VCSE covid recovery	-	38,500	38,500
Young parents hangout project	25,000	-	25,000
Investment income	52	-	52
Total	<u>35,407</u>	<u>97,500</u>	<u>132,907</u>
EXPENDITURE ON			
Raising funds	4,840	458	5,298
Charitable activities			
Social workshops	3,495	21,546	25,041
Radequal	-	500	500
MCR Active	-	6,119	6,119
Mental Health and wellbeing	464	6,175	6,639
First 1,000 days of a child	-	8,176	8,176
Summer Buzz project	-	5,570	5,570
VCSE covid recovery	-	5,296	5,296
Young parents hangout project	5,396	-	5,396
Total	<u>14,195</u>	<u>53,840</u>	<u>68,035</u>
NET INCOME	21,212	43,660	64,872

Nurturing Foundations

Notes to the Financial Statements - continued
for the Year Ended 31 May 2023

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted fund £	Total funds £
RECONCILIATION OF FUNDS			
Total funds brought forward	22,742	-	22,742
TOTAL FUNDS CARRIED FORWARD	<u>43,954</u>	<u>43,660</u>	<u>87,614</u>

6. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Computer equipment £	Totals £
COST				
At 1 June 2022	6,050	1,857	6,007	13,914
Additions	-	-	1,393	1,393
At 31 May 2023	<u>6,050</u>	<u>1,857</u>	<u>7,400</u>	<u>15,307</u>
DEPRECIATION				
At 1 June 2022	1,513	464	4,272	6,249
Charge for year	1,513	348	1,598	3,459
At 31 May 2023	<u>3,026</u>	<u>812</u>	<u>5,870</u>	<u>9,708</u>
NET BOOK VALUE				
At 31 May 2023	<u>3,024</u>	<u>1,045</u>	<u>1,530</u>	<u>5,599</u>
At 31 May 2022	<u>4,537</u>	<u>1,393</u>	<u>1,735</u>	<u>7,665</u>

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.5.23 £	31.5.22 £
Prepayments and accrued income	-	19,250

Nurturing Foundations

**Notes to the Financial Statements - continued
for the Year Ended 31 May 2023**

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.5.23 £	31.5.22 £
Taxation and social security	-	139
Other creditors	3,651	2,266
	<u>3,651</u>	<u>2,405</u>

9. MOVEMENT IN FUNDS

	At 1.6.22 £	Net movement in funds £	At 31.5.23 £
Unrestricted funds			
General fund	43,954	15,802	59,756
Restricted funds			
Restricted funds	43,660	(35,160)	8,500
	<u>87,614</u>	<u>(19,358)</u>	<u>68,256</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	46,446	(30,644)	15,802
Restricted funds			
Restricted funds	58,962	(94,122)	(35,160)
	<u>105,408</u>	<u>(124,766)</u>	<u>(19,358)</u>

Comparatives for movement in funds

	At 1.6.21 £	Net movement in funds £	At 31.5.22 £
Unrestricted funds			
General fund	22,742	21,212	43,954
Restricted funds			
Restricted funds	-	43,660	43,660
	<u>22,742</u>	<u>64,872</u>	<u>87,614</u>

Nurturing Foundations

Notes to the Financial Statements - continued for the Year Ended 31 May 2023

9. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	35,407	(14,195)	21,212
Restricted funds			
Restricted funds	97,500	(53,840)	43,660
TOTAL FUNDS	<u>132,907</u>	<u>(68,035)</u>	<u>64,872</u>

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 May 2023 or the year ended 31 May 2022.

11. RESTRICTED FUNDS

The Manchester Youth Zone - To support the project for the First 1,000 days of a child, funding our summer, Easter and Christmas holidays activities and supporting the Radequal project to help towards the prevention of prejudice and division.

Manchester City Council - To support our project to help others with mental health and the impact of COVID and to fund the Social Saturdays Project.

Manchester Active- To fund the project to provide free bicycles and help young people stay active.

National Lottery main grants - To fund the move into a new building as the charity is growing providing more space to deliver the charity's learning sessions in person.

UK Youth Fund- To support core staffing costs and resources to help provide an informal, safe and non-therapeutic space for activities that suits young people

Lloyds Bank Foundation-To support our project to help others with mental health and the impact of COVID and to fund the Young Parents Hangout Project..

StreetGames- To support young people and help them engage in sports and physical activities,

12. MOVEMENT IN FUNDS

	Brought forward	Income resourced	resources expended	carried forward
Young Manchester	19,250		19,250	0
The Manchester Youth Zone	14,410	14,361	28,771	0
Lloyds Bank Foundation	10,000	25,000	30,000	5,000
UK Youth Fund		13,000	9,500	3,500
Manchester City Council		36,150	36,150	0
Natwest GMW NHS		3,000	3,000	0
North Manchester		1,250	1,250	0
Manchester Active		1,000	1,000	0
StreetGames		3,200	3,200	0
	43,660	96,961	132,121	8,500

Nurturing Foundations

Notes to the Financial Statements - continued for the Year Ended 31 May 2023

13. DESIGNATED FUNDS

The Charity has two designated funds as follows, which will be funded from unrestricted reserves:

Cultural Heritage Project: £15,000

After School Clubs: £20,000

NURTURING FOUNDATIONS

England & Wales - Charity number 1183616

Accounts

**Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 May 2022
for
Nurturing Foundations**

Raise
Chartered Accountants
10th Floor
3 Hardman Street
Spinningfields
Manchester
M3 3HF

Nurturing Foundations

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for the Year Ended 31 May 2022**

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Nurturing Foundations

Report of the Trustees for the Year Ended 31 May 2022

The trustees present their report with the financial statements of the charity for the year ended 31 May 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Our aims and activities

The purpose of the charity is:

To advance in life and help young people, and in particular (but not exclusively) those from Black, Asian and Minority Ethnic Backgrounds, by providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.

To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.

The vision that shapes our annual activities remains a program of youth oriented events and activities, the design of personal development plans and promotion of skills development. These activities benefit young people by developing their self-confidence and social skills, life skills, positive mental health and providing opportunities for young people to become volunteers themselves.

The charity also has the general aim of contributing to the quality of life of North Manchester residents through the provision of exciting and accessible community events.

The strategies employed to achieve the charity's aims and objectives includes educational programmes and activities, involving local schools, colleges and higher education, delivering a range of social skills activities with professionals to develop young people's confidence and expression. Where possible, programmes are linked to the educational syllabus to raise achievement.

We are grateful for the many hours volunteers, including member volunteers, have spent listening and encouraging our members and supporting our youth workers. Without this valuable contribution of time, energy and expertise we would not have been able to achieve so much.

Achievements and Performance

150 young people attended our innovative Social Saturdays workshops, with 30 regularly attending each term. They met weekly for games and interactive workshop sessions on zoom during lockdowns and Covid-19 restrictions, which was very popular, enabling them to connect on a regular basis and overcome boredom. Funding from Manchester City Council supported these sessions. A National Lottery grant then supported us to move into our new hub, providing a safe space for us to deliver our sessions in-person to young people and families. Whilst having fun they developed social skills including communication skills, confidence building, good manners, respect, leadership, role modelling and consequential thinking. 88% reported increased understanding of pregnancy; 85% reported improved mental health, improved confidence, increased independent decision making skills, improved relationship with their local community, increased confidence in contributing to their local community, and started volunteering. 82% reported improved wellbeing. 80% reported improved social skills, improved resilience and communication skills, increased ability to manage their finances, increased skills to tackle challenges, improved parenting skills, increased engagement with their local social networks, and a more meaningful social life.

70 young people attended our holiday schemes where they played games and enjoyed interactive workshop sessions. Whilst having fun, they developed social skills including communication skills, confidence building, good manners, respect, leadership, role modelling and consequential thinking. 88% increased confidence in contributing to their local community and reported increased understanding; 85% reported improved mental health, improved confidence, increased independent decision making skills, improved relationship with their local community, increased engagement with their local social networks, and started volunteering. 82% reported improved wellbeing. 80% reported improved social skills, improved resilience and communication skills, increased ability to manage their finances, increased skills to tackle challenges and a more meaningful social life.

Lloyds Bank Foundation for England and Wales supported our Young Parents Hangout project exclusively for young parents aged under 21 years. 20 young parents benefited from in-depth individual support to manage expectations before, during and after pregnancy; support physical, mental and emotional wellbeing; and develop skills and connections. Support included mentoring from people with similar lived experiences. 88% reported increased understanding of pregnancy; 85% reported improved mental health, improved confidence, increased independent decision-making skills, improved relationship with their local community, increased confidence in contributing to their local community, and started volunteering. 82% reported improved wellbeing. 80% reported improved social skills, improved resilience and communication skills, increased ability to manage their finances, increased skills to tackle challenges, improved parenting skills, increased engagement with their local social networks, and a more meaningful social life with some taking up employment or returning to full time education.

Nurturing Foundations

Report of the Trustees for the Year Ended 31 May 2022

Our 22 First 1000 Days of a Child participants received practical support to connect with other relevant community services and to improve their physical, mental and emotional wellbeing. This included workshops on postnatal depression, positive mental health, and sleep patterns with opportunities to enhance their parenting skills and better understand adverse childhood experiences and how to mitigate these. 88% reported increased understanding of pregnancy; 85% reported improved mental health, improved confidence, increased independent decision-making skills, improved relationship with their local community, and started volunteering. 82% reported improved wellbeing, 80% reported improved social skills, improved resilience and communication skills, increased ability to manage their finances, increased skills to tackle challenges, improved parenting skills, increased engagement with their local social networks, and a more meaningful social life.

15 young people participated in our innovative Youth Bank initiative. This supports young people to develop the skills to become grant makers. They will evaluate projects proposed by young people across North Manchester, assigning funds to those they consider meet the criteria and will make a positive difference to other young people. It's early days for this project, but we are already seeing a positive impact.

Our 12 Manchester City Council Radequal project participants made intelligent contributions to the programme. They were able to take effective steps to tackle prejudice and division and had constructive discussion and workshops on how to 'open up' dialogue to make a difference. The young people put together a short drama at the end of the project which was launched and presented to stakeholders which is being used as a case study in the City. 100% of participants have started volunteering in the community. 87% increased confidence in contributing to their community; 85% reported improved confidence, improved mental health, increased independent decision making skills and improved relationship with their local community; 82% reported improved wellbeing; 80% reported improved social skills, improved resilience and communication skills, increased ability to manage their finances, increased engagement with their local social networks, and a more meaningful social life.

Our Youth School of Leadership connected over 150 young people online who were inspired by trailblazing youth leaders to think about how they can make a positive impact, and the difficulties and complexities of trying to lead themselves and others in the midst of a global pandemic. The feedback was awesome with participants reporting improved confidence and being more focused on building their aspirations and achieving their goals.

The VCSE Covid recovery fund from Young Manchester supported us to establish the Black African and Caribbean Alliance (ACA) to increase the capability and capacity of smaller emerging community organisations, supporting them to thrive and become sustainable. Through this Alliance, which we lead, we have increased their collective resilience, which has positively impacted the health and wellbeing of Manchester residents.

Donations from our Global Giving platform supported us to provide a much needed Relief Hub for bereaved families of Covid 19 victims. We reached out to children and their families with a package of support that included food, child supervision, and positive mental health workshops.

Review of our charitable activities

Review:

The trustees review the aims, objective and activities each year. The review looks at what we have achieved and the outcomes of our work over the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those groups of people it has set out to help. The review ensures that the aims, objective and activities remained focused on its stated purposes.

We have referred to the guidance of the Charity Commissions general guidance on public benefit when reviewing aims and objectives and in planning our future activities. In particular, the Trustees have considered how the planned activities will contribute to the aims and objectives they have set.

It was constituted as a charity in May, 2019

How our services deliver public benefit

The Trustees have considered the new obligations of the Charities Act 2006. We are satisfied that Nurturing Foundations complies with the Act and with section 4 of the Act concerning 'public benefit' guidance issued by the Charity Commission.

Our main activities and who we are trying to help is described.

All our charitable activities focus on the prevention of emotional, social and economic disadvantage due to the lack of financial means and are undertaken to further our charitable purposes for the public benefit.

Reserves

The Trustees have examined the requirements for free reserves and they consider that, given the nature of the Charity's work, free reserves should be equivalent to approximately 12 months routine expenditure of £68,000. The trustees are of the opinion that this provides sufficient flexibility to

Nurturing Foundations

Report of the Trustees for the Year Ended 31 May 2022

cover temporary shortfalls in incoming resources.

Future plans

The coming year will see a continued emphasis on building our capacity and infrastructure to become more sustainable and better report our impact; meet increased demand for support from our young people; and to become an enabler for other upcoming local voluntary organisations. Our interactive and engaging workshops and other structured activities will build and deepen the confidence and capability of our young people. We will also endeavour to create more safe spaces for young people in different parts of the city to engage and be positively impacted.

We will continue to strengthen our network through our membership of the Greater Manchester Centre for Voluntary Organisations (GMCVO) and partnership with the North Manchester Network of Voluntary Organisations with the aim to remain and be sustainable in the city of Manchester.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

Recruitment and appointment of new trustees

Members of the Board of Trustees are elected and co-opted according to the constitution and under the terms of the Memorandum and Articles of Association. The elections on to the board take place on an annual basis at the Charity's Annual General meeting. All trustees offer their services as volunteers and do not receive any payment for their time and commitment.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1183616

Principal address

The Centre
Harpurhey Neighbourhood Project
Carisbrook Street
Harpurhey
M9 5UX

Trustees

T Omole
K Ododo
F Oni

Independent Examiner

Raise
Chartered Accountants
10th Floor
3 Hardman Street
Spinningfields
Manchester
M3 3HF

Approved by order of the board of trustees on 8 November 2022 and signed on its behalf by:

K Ododo - Trustee

**Independent Examiner's Report to the Trustees of
Nurturing Foundations**

Independent examiner's report to the trustees of Nurturing Foundations

I report to the charity trustees on my examination of the accounts of Nurturing Foundations (the Trust) for the year ended 31 May 2022.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Su Rai
Raise
Chartered Accountants
10th Floor
3 Hardman Street
Spinningfields
Manchester
M3 3HF

8 November 2022

Nurturing Foundations

Statement of Financial Activities for the Year Ended 31 May 2022

	Notes	Unrestricted fund £	Restricted fund £	31.5.22 Total funds £	31.5.21 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		10,355	1	10,356	9,120
Charitable activities					
Social workshops		-	29,492	29,492	16,041
Radequal		-	950	950	1,025
Working with children with learning needs		-	-	-	360
Safeguarding training		-	-	-	30
Support for families during seasonal holidays		-	-	-	1,000
online hangout sessions		-	-	-	11,940
COVID 19 support for vulnerable children		-	-	-	13,098
MCR Active		-	8,260	8,260	2,275
Virtual Community Christmas party		-	-	-	1,900
Mental Health and wellbeing		-	4,975	4,975	4,975
Online playgroups		-	-	-	1,600
First 1,000 days of a child		-	8,225	8,225	-
Summer Buzz project		-	7,097	7,097	-
VCSE covid recovery		-	38,500	38,500	-
Young parents hangout project		25,000	-	25,000	-
Investment income	2	52	-	52	-
Total		35,407	97,500	132,907	63,364
EXPENDITURE ON					
Raising funds	3	4,840	458	5,298	1,294
Charitable activities					
Social workshops		3,495	21,546	25,041	6,504
Radequal		-	500	500	1,342
Working with children with learning needs		-	-	-	2,000
Support for families during seasonal holidays		-	-	-	835
online hangout sessions		-	-	-	6,845
COVID 19 support for vulnerable children		-	-	-	17,268
MCR Active		-	6,119	6,119	466
Virtual Community Christmas party		-	-	-	1,040
Mental Health and wellbeing		464	6,175	6,639	8,400
Online playgroups		-	-	-	6,000
First 1,000 days of a child		-	8,176	8,176	-
Summer Buzz project		-	5,570	5,570	-
VCSE covid recovery		-	5,296	5,296	-
Young parents hangout project		5,396	-	5,396	-
Total		14,195	53,840	68,035	51,994
NET INCOME		21,212	43,660	64,872	11,370
RECONCILIATION OF FUNDS					
Total funds brought forward		22,742	-	22,742	11,372

The notes form part of these financial statements

Nurturing Foundations

**Statement of Financial Activities
for the Year Ended 31 May 2022**

	Notes	Unrestricted fund £	Restricted fund £	31.5.22 Total funds £	31.5.21 Total funds £
TOTAL FUNDS CARRIED FORWARD		<u>43,954</u>	<u>43,660</u>	<u>87,614</u>	<u>22,742</u>

The notes form part of these financial statements

Nurturing Foundations

Balance Sheet 31 May 2022

	Notes	Unrestricted fund £	Restricted fund £	31.5.22 Total funds £	31.5.21 Total funds £
FIXED ASSETS					
Tangible assets	6	7,665	-	7,665	2,013
CURRENT ASSETS					
Debtors	7	-	19,250	19,250	-
Cash in hand		38,694	24,410	63,104	21,449
		<u>38,694</u>	<u>43,660</u>	<u>82,354</u>	<u>21,449</u>
CREDITORS					
Amounts falling due within one year	8	(2,405)	-	(2,405)	(720)
NET CURRENT ASSETS		<u>36,289</u>	<u>43,660</u>	<u>79,949</u>	<u>20,729</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>43,954</u>	<u>43,660</u>	<u>87,614</u>	<u>22,742</u>
NET ASSETS		<u>43,954</u>	<u>43,660</u>	<u>87,614</u>	<u>22,742</u>
FUNDS	9				
Unrestricted funds				43,954	22,742
Restricted funds				43,660	-
TOTAL FUNDS				<u>87,614</u>	<u>22,742</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 8 November 2022 and were signed on its behalf by:

K Ododo - Trustee

Nurturing Foundations

Notes to the Financial Statements for the Year Ended 31 May 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

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Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Motor vehicles	- 25% on reducing balance
Computer equipment	- 33% on cost

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. INVESTMENT INCOME

	31.5.22	31.5.21
	£	£
Deposit account interest	52	-
	<u>52</u>	<u>-</u>

Nurturing Foundations

Notes to the Financial Statements - continued for the Year Ended 31 May 2022

3. RAISING FUNDS

Raising donations and legacies

	31.5.22	31.5.21
	£	£
Insurance	1,247	299
Telephone	458	96
Postage and stationery	460	131
Support costs	3,133	768
	<u>5,298</u>	<u>1,294</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 May 2022 nor for the year ended 31 May 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 May 2022 nor for the year ended 31 May 2021.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	9,120	-	9,120
Charitable activities			
Social workshops	16,041	-	16,041
Radequal	1,025	-	1,025
Working with children with learning needs	360	-	360
Safeguarding training	30	-	30
Support for families during seasonal holidays	1,000	-	1,000
online hangout sessions	11,940	-	11,940
COVID 19 support for vulnerable children	13,098	-	13,098
MCR Active	2,275	-	2,275
Virtual Community Christmas party	1,900	-	1,900
Mental Health and wellbeing	4,975	-	4,975
Online playgroups	1,600	-	1,600
Total	<u>63,364</u>	<u>-</u>	<u>63,364</u>
EXPENDITURE ON			
Raising funds	1,294	-	1,294
Charitable activities			
Social workshops	6,504	-	6,504
Radequal	1,342	-	1,342
Working with children with learning needs	2,000	-	2,000
Support for families during seasonal holidays	835	-	835
online hangout sessions	6,845	-	6,845
COVID 19 support for vulnerable children	17,268	-	17,268
MCR Active	466	-	466
Virtual Community Christmas party	1,040	-	1,040
Mental Health and wellbeing	8,400	-	8,400
Online playgroups	6,000	-	6,000
Total	<u>51,994</u>	<u>-</u>	<u>51,994</u>

Nurturing Foundations

Notes to the Financial Statements - continued
for the Year Ended 31 May 2022

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted fund £	Total funds £
NET INCOME	11,370	-	11,370
RECONCILIATION OF FUNDS			
Total funds brought forward	11,372	-	11,372
TOTAL FUNDS CARRIED FORWARD	<u>22,742</u>	<u>-</u>	<u>22,742</u>

6. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Computer equipment £	Totals £
COST				
At 1 June 2021	-	-	4,303	4,303
Additions	6,050	1,857	1,704	9,611
At 31 May 2022	<u>6,050</u>	<u>1,857</u>	<u>6,007</u>	<u>13,914</u>
DEPRECIATION				
At 1 June 2021	-	-	2,290	2,290
Charge for year	1,513	464	1,982	3,959
At 31 May 2022	<u>1,513</u>	<u>464</u>	<u>4,272</u>	<u>6,249</u>
NET BOOK VALUE				
At 31 May 2022	<u>4,537</u>	<u>1,393</u>	<u>1,735</u>	<u>7,665</u>
At 31 May 2021	<u>-</u>	<u>-</u>	<u>2,013</u>	<u>2,013</u>

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.5.22 £	31.5.21 £
Prepayments and accrued income	<u>19,250</u>	<u>-</u>

Nurturing Foundations

**Notes to the Financial Statements - continued
for the Year Ended 31 May 2022**

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.5.22	31.5.21
	£	£
Taxation and social security	139	-
Other creditors	2,266	720
	<u>2,405</u>	<u>720</u>

9. MOVEMENT IN FUNDS

	At 1.6.21	Net movement in funds	At 31.5.22
	£	£	£
Unrestricted funds			
General fund	22,742	21,212	43,954
Restricted funds			
Restricted funds	-	43,660	43,660
	<u>22,742</u>	<u>64,872</u>	<u>87,614</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	35,407	(14,195)	21,212
Restricted funds			
Restricted funds	97,500	(53,840)	43,660
	<u>132,907</u>	<u>(68,035)</u>	<u>64,872</u>

Comparatives for movement in funds

	At 1.6.20	Net movement in funds	At 31.5.21
	£	£	£
Unrestricted funds			
General fund	11,372	11,370	22,742
	<u>11,372</u>	<u>11,370</u>	<u>22,742</u>

Nurturing Foundations

Notes to the Financial Statements - continued for the Year Ended 31 May 2022

9. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	63,364	(51,994)	11,370
TOTAL FUNDS	<u>63,364</u>	<u>(51,994)</u>	<u>11,370</u>

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 May 2022.

11. RESTRICTED FUNDS

The Manchester Youth Zone - To support the project for the First 1,000 days of a child, funding our summer, Easter and Christmas holidays activities and supporting the Radequal project to help towards prejudice and division.

Manchester City Council - To support our project to help others with mental health and the impact of COVID and to fund the social Saturdays project.

Manchester Active- To fund the project to provide free bicycles and help young people stay active.

National Lottery main grants - To fund the move into a new building as the charity is growing providing more space to deliver the charity's learning sessions in person.

NURTURING FOUNDATIONS

England & Wales - Charity number 1183616

Accounts

**Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 May 2021
for
Nurturing Foundations**

Raise
Chartered Accountants
10th Floor
3 Hardman Street
Spinningfields
Manchester
M3 3HF

Nurturing Foundations

**Contents of the Financial Statements
for the Year Ended 31 May 2021**

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Detailed Statement of Financial Activities	11

Nurturing Foundations

Report of the Trustees for the Year Ended 31 May 2021

The trustees present their report with the financial statements of the charity for the year ended 31 May 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Our aims and activities

The purpose of the charity is:

To advance in life and help young people, and in particular (but not exclusively) those from Black, Asian and Minority Ethnic Backgrounds, by providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.

To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.

The vision that shapes our annual activities remains a program of youth-oriented events and activities, the design of personal development plans and promotion of skills development. These activities benefit young people by developing their self-confidence and social skills, life skills, positive mental health and providing opportunities for young people to become volunteers themselves.

The charity also has the general aim of contributing to the quality of life of North Manchester residents through the provision of exciting and accessible community events.

The strategies employed to achieve the charity's aims and objectives includes educational programmes and activities involving local schools, colleges and higher education with a range of social skills activities with professionals with the aim to develop young people's confidence and expression. Where possible, programmes are linked to educational syllabus to encourage their expressions and enhance their skills.

We are grateful for the many hours volunteers, including member volunteers, have spent listening and encouraging our members and working with the charity's youth workers. Without this valuable contribution of time, energy and expertise we would not have been able to achieve so much.

Achievements and Performance

The innovative social Saturday's workshops were regularly attended by at least 30 young people per term who enjoyed various activities including games, social skills topics such as communication skills, confidence building, good manners, respect, leadership, role models and consequential thinking. The young people met weekly for games and interactive workshop sessions on zoom following the Covid19 pandemic restrictions and lockdown and this was very popular as they were able to connect on a regular basis thereby eliminating boredom. When lockdown was relaxed during summer 2020, a picnic was suggested to be held at the local park which was a huge success with lots of young people in attendance. The Manchester City Council Radequal project group members made intelligent contributions to the program and all participants have found volunteering opportunities in the community. The weekly Nurture Me Online playgroups during the lockdown brought over 30 families together connecting with other toddlers while engaging in lots of fun activities including paintings, drawings, arts and crafts, sing-a-long, rhymes, colouring and lots more. The Youth School of Leadership had over 150 young people connect online and were inspired by trailblazing youth leaders with huge focus on leadership and the difficulties and complexities of trying to lead themselves and others in the midst of a global pandemic with the goal of trying to make positive impacts. There was awesome feedback from all attendees on how the events have made them to be more focus on achieving and improved their confidence.

Review of our charitable activities

Review:

The trustees review the aims, objective and activities each year. The review looks at what we have achieved and the outcomes of our work over the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those groups of people it has set out to help. The review ensures that the aims, objective and activities remained focused on its stated purposes.

We have referred to the guidance of the Charity Commissions general guidance on public benefit when reviewing aims and objectives and in planning our future activities. In particular, the Trustees have considered how the planned activities will contribute to the aims and objectives they have set.

It was constituted as a charity in May, 2019

How our services deliver public benefit

The Trustees have considered the new obligations of the Charities Act 2006. We are satisfied that Nurturing Foundations complies with the Act and with section 4 of the Act concerning 'public benefit' guidance issued by the Charity Commission.

Nurturing Foundations

Report of the Trustees for the Year Ended 31 May 2021

Our main activities and who we are trying to help is described.

All our charitable activities focus on the prevention of emotional, social and economic disadvantage due to the lack of financial means and are undertaken to further our charitable purposes for the public benefit.

Reserves

The Trustees have examined the requirements for free reserves and they consider that, given the nature of the Charity's work, free reserves should be equivalent to approximately 2 months routine expenditure of £2,000. The trustees are of the opinion that this provides sufficient flexibility to cover temporary shortfalls in incoming resources.

Future plans

The coming year will see a continued emphasis on the use of interactive and engaging workshops and other structured activities to build and deepen the confidence and capability of our young people. We will continue to strengthen our links with the community through our partnership with the North Manchester Network of voluntary organisations with the aim to remain and be sustainable in the city of Manchester.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1183616

Principal address

The Centre
Harpurhey Neighbourhood Project
Carisbrook Street
Harpurhey
M9 5UX

Trustees

T Omole
R Oguni (resigned 19.1.21)
K Ododo
F Oni

Independent Examiner

Raise
Chartered Accountants
10th Floor
3 Hardman Street
Spinningfields
Manchester
M3 3HF

Approved by order of the board of trustees on 9 September 2021 and signed on its behalf by:

K Ododo - Trustee

**Independent Examiner's Report to the Trustees of
Nurturing Foundations**

Independent examiner's report to the trustees of Nurturing Foundations

I report to the charity trustees on my examination of the accounts of Nurturing Foundations (the Trust) for the year ended 31 May 2021.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Su Rai
Raise
Chartered Accountants
10th Floor
3 Hardman Street
Spinningfields
Manchester
M3 3HF

9 September 2021

Nurturing Foundations

**Statement of Financial Activities
for the Year Ended 31 May 2021**

	Notes	Year Ended 31.5.21 Unrestricted fund £	Period 31.5.19 to 31.5.20 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		9,120	3,444
Charitable activities			
Social workshops		16,041	15,200
Radequal		1,025	-
Working with children with learning needs			
Safeguarding training		360	-
Support for families during seasonal holidays online hangout sessions		30 1,000	- -
COVID 19 support for vulnerable children		11,940	-
Social Adventurers - Biking		13,098	-
Virtual Community Christmas party		2,275	-
Mental Health and wellbeing 2021		1,900	-
Online playgroups		4,975	-
		1,600	-
Total		63,364	18,644
EXPENDITURE ON			
Raising funds	2	1,294	694
Charitable activities			
Social workshops		6,504	6,578
Radequal		1,342	-
Working with children with learning needs			
Support for families during seasonal holidays online hangout sessions		2,000 835	- -
COVID 19 support for vulnerable children		6,845	-
Social Adventurers - Biking		17,268	-
Virtual Community Christmas party		466	-
Mental Health and wellbeing 2021		1,040	-
Online playgroups		8,400	-
		6,000	-
Total		51,994	7,272

The notes form part of these financial statements

Nurturing Foundations

**Statement of Financial Activities
for the Year Ended 31 May 2021**

		Year Ended 31.5.21 Unrestricted fund £	Period 31.5.19 to 31.5.20 Total funds £
NET INCOME	Notes	11,370	11,372
RECONCILIATION OF FUNDS			
Total funds brought forward		11,372	-
TOTAL FUNDS CARRIED FORWARD		<u>22,742</u>	<u>11,372</u>

The notes form part of these financial statements

Nurturing Foundations

**Balance Sheet
31 May 2021**

	Notes	31.5.21 Unrestricted fund £	31.5.20 Total funds £
FIXED ASSETS			
Tangible assets	5	2,013	1,767
CURRENT ASSETS			
Cash in hand		21,449	9,989
CREDITORS			
Amounts falling due within one year	6	(720)	(384)
NET CURRENT ASSETS		<u>20,729</u>	<u>9,605</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		22,742	11,372
NET ASSETS		<u>22,742</u>	<u>11,372</u>
FUNDS	7		
Unrestricted funds		<u>22,742</u>	<u>11,372</u>
TOTAL FUNDS		<u>22,742</u>	<u>11,372</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 9 September 2021 and were signed on its behalf by:

K Ododo - Trustee

The notes form part of these financial statements

Nurturing Foundations

Notes to the Financial Statements for the Year Ended 31 May 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. RAISING FUNDS

Raising donations and legacies

	Year Ended 31.5.21	Period 31.5.19 to 31.5.20
	£	£
Insurance	299	245
Telephone	96	-
Postage and stationery	131	65
Support costs	768	384
	<u>1,294</u>	<u>694</u>

Nurturing Foundations

**Notes to the Financial Statements - continued
for the Year Ended 31 May 2021**

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 May 2021 nor for the period ended 31 May 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 May 2021 nor for the period ended 31 May 2020.

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	3,444
Charitable activities	
Social workshops	15,200
Total	<hr/> 18,644
EXPENDITURE ON	
Raising funds	694
Charitable activities	
Social workshops	6,578
Total	<hr/> 7,272
NET INCOME	<hr/> 11,372
TOTAL FUNDS CARRIED FORWARD	<hr/> <hr/> 11,372

Nurturing Foundations

Notes to the Financial Statements - continued
for the Year Ended 31 May 2021

5. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1 June 2020	2,637
Additions	1,666
	<u>4,303</u>
At 31 May 2021	<u>4,303</u>
DEPRECIATION	
At 1 June 2020	870
Charge for year	1,420
	<u>2,290</u>
At 31 May 2021	<u>2,290</u>
NET BOOK VALUE	
At 31 May 2021	<u>2,013</u>
At 31 May 2020	<u>1,767</u>

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.5.21 £	31.5.20 £
Other creditors	720	384
	<u>720</u>	<u>384</u>

7. MOVEMENT IN FUNDS

	At 1.6.20 £	Net movement in funds £	At 31.5.21 £
Unrestricted funds			
General fund	11,372	11,370	22,742
	<u>11,372</u>	<u>11,370</u>	<u>22,742</u>
TOTAL FUNDS	<u>11,372</u>	<u>11,370</u>	<u>22,742</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	63,364	(51,994)	11,370
	<u>63,364</u>	<u>(51,994)</u>	<u>11,370</u>
TOTAL FUNDS	<u>63,364</u>	<u>(51,994)</u>	<u>11,370</u>

Nurturing Foundations

**Notes to the Financial Statements - continued
for the Year Ended 31 May 2021**

7. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	Net movement in funds £	At 31.5.20 £
Unrestricted funds		
General fund	11,372	11,372
TOTAL FUNDS	<u>11,372</u>	<u>11,372</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	18,644	(7,272)	11,372
TOTAL FUNDS	<u>18,644</u>	<u>(7,272)</u>	<u>11,372</u>

8. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 May 2021.