



**Derbyshire Stroke & Neuro Therapy Centre
Trustee's Report and Financial Statement
For the year:
01/01/24 to 31/12/24**

CIO: 1183603

Charity Name:	Derbyshire Stroke & Neuro Therapy Centre
Known as:	Derbyshire Stroke Centre
Previously known as:	Specialist Stroke Services (1140073)
Registered Charity Number:	1183603
Registered Address:	Derbyshire Stroke Centre, Holmewood Business Park Chesterfield Road Holmewood Chesterfield S42 5US
Chief Executive Officer:	Mrs Julie Wheelhouse
Trustees:	Ita Hobell – Chair Jerry Cox – Vice Chair Karen Steele Jenny Whitmore Roger Thorpe Vanessa Browes
Type of governing document:	Constitution (Foundation Model) adopted 23/05/19
Accountant:	David Lissimore, Aims Accountants Oakswood, Wingfield Road, Oakerthorpe, Alfreton, Derbyshire, DE55 7LH
Bank:	NatWest Bank, 5 Market Place, Chesterfield S40 1TW

Structure and Governance Issues:

Derbyshire Stroke Centre was registered with the Charity Commission as a CIO on 28/05/19.

We aspire to hold high standards of governance and adhere to the Charity Governance Code.

Although we are a relatively small charity we identify with and adopt all seven principles. However some have a particular resonance with us as an organisation for example Equality, diversity and inclusion and Integrity which both reflect our values and culture.

We feel that our board members have a wide range of skills and knowledge and all have lived experience of some or all of the following: Stroke, dementia, head injury, caring, being cared for, mental health issues, anxiety, psychological and cognitive problems, mobility and communication disorders.

This ensures that they have a unique perspective on being a user of the charity's services and have a genuine empathy and drive to deliver a fully inclusive organisation that is both responsive and person centred delivering only the highest standards of support.

The Objects of Derbyshire Stroke Centre are:

- The relief of sickness and the preservation of health among people living with the effects of a stroke or neurological health condition (survivors and carers)
- To assist in the treatment and care of persons suffering from mental or physical illness as a result of a stroke or neurological health condition or in need of rehabilitation as a result of such illness, by the provision of facilities for rehabilitation and recreation.
- To promote and protect the physical and mental health of families affected by stroke or neurological health conditions through the provision of support, education and practical advice
- To advance the education of the general public in all areas relating stroke and neurological health conditions
- To preserve and protect the health of people affected by stroke or neurological conditions by providing and assisting in the provision of facilities, support services and equipment not normally provided by the statutory authorities.

Trustees

All trustees give their time voluntarily and receive no remuneration or other benefits
Trustees are appointed by invitation.

There are currently 6 trustees, all of whom are stroke survivors. Trustees meet on a bi-monthly basis to discuss staffing, fundraising, service delivery, budgets and general Charity business

Trustees Annual Report 2024

Charity Balls

As usual we held two balls in 2024, this year both were at the Casa Hotel as we struggle to find a venue large enough to meet our needs. The cost of the meal has risen again this year to £45 per person, which means that these events are no longer part of our fundraising calendar as we don't feel able to add anything to the price of the ticket to cover our costs, many people are only just able to afford the ticket price, and for some we subsidise to enable them to come. We now consider these events to be a part of the activities that make the Centre such a unique and special place. Everyone has a wonderful time and our staff continue to give their time up freely, driving our buses to get people to the Casa and supporting people at the venue.



Transport

No new buses this year although still much needed! For much of the year we were without one of our big buses while it was in the garage for diagnostic work and repairs.

This meant that our other 5 buses were all out every day and some of them twice. We find that as ever transport is often what stops people from accessing support and if we didn't provide accessible transport many people would not be able to get to our Centre.

We are fortunate to have a fabulous team of drivers who ensure people have a good journey in to us and they feel safe and well looked after. As always our drivers often go the extra mile providing support at home to get people on the buses. We are proud that our mini fleet of green buses are so well recognised in the area.

Activities

We feel that our diverse range of activities along with our amazing team of staff are what sets us apart from other services. In 2024 we had an eclectic mix of singing, bagpipes, belly dancing and bringing in a range of different animals, such as calves, owls, ponies and more exotic creatures such as snakes and spiders!.



Our themed weeks continue to be a huge success and very popular. In 2024 we had a diverse range of themes such as Cockney day, Disney week, Country & Western, 80's, Glam rock Flower Power and much more! Each week is a good excuse to dress up, have fun and party creating a wonderful atmosphere and bringing back memories triggered by costumes and music.

We are fortunate to have a core group of singers/entertainers who understand our way of working and provide excellent entertainment on every visit. Catering to a diverse group is not always easy and we have a wide age range of people on any day with differing musical tastes, however we have many singers who manage to provide something for everyone and our service users have a good time!

Twice a year we have a touring theatre company come to perform a production or panto which is lovely for people who can no longer access traditional theatres for various reasons.

We ensure there is range of activities that people can choose to take part in. for example many service users like to be creative and colour and draw. Some people have the patience and skill to do the diamond art pictures and 2024 saw so beautiful ones being created. Perhaps the most spectacular was the elephant that Jenny did, this now hangs on our wall.



David completed the big colourful picture which was a huge accomplishment for him and he was so proud when we framed it and put it in pride of place on the wall.

Arts and crafts are a fabulous way of recognising achievement at a time in someone's life when they may not feel they are achieving everything they want to. It can be beneficial to receive genuine praise and recognition.

Art allows people to express themselves, and we have a fabulous array of artwork on our walls now by Sylvia, Janice, Ita and others.



BBQ and Beach week

We continued our tradition of having an indoor beach – this year we had our very own life guard as well! The BBQ was very well attended with friends and family joining in. the weather was glorious again and we had a lovely day.

It is very important to us to have our own traditions and markers of the year – like the Ball's the BBQ week is an opportunity for our service users to take part in activities they may have enjoyed before changes to their health. These events give us something to look forward to and plan for throughout the year.



Gala Day

We had our second Gala Day at Staveley Miners Welfare football Ground. In complete contrast to last years heatwave it rained all day!



We still had a fabulous day, Eleanor danced, Ami sung and our Trustees worked really hard on the raffle and games to raise funds. All the money raised was put towards a new bus that was purchased early in 2025.

Staffing

Finding staff is as always an issue – we have high standards of care at our Centre and sometimes it can be a challenge to find people who can work consistently to those standards. We are very proud of the care provided to everyone who comes to the Centre and we think our team are the best in Derbyshire!

We have approx. 13 staff at any one time employed by us. With 10 of those working directly with our service users, either on one of our buses, or in the Centre. The majority of our staff are skilled enough to drive a bus, run a group, cook lunch for 30+ service users all with a smile.



Our staff care deeply about the work they do here at our Centre and this is evident in how they interact with our service users treating them with dignity and respect.



Fundraising



As well as the Gala Day we were well supported in 2024 by a number of people.

Karon Steeles daughter Emily did a bungee jump for us!

The Inner Wheel ladies held a fashion Show for us at Walton Golf Club.

Eleanor and Rich donated money they received instead of gifts at their wedding.

Throughout 2024 we were fundraising to purchase a Pod to allow for a place to meet with people in the Centre offering a degree of privacy and noise reduction but still feel connected to others.

Physio and exercise

We felt the time was right to re-introduce physio to our Centre. With the onset of Covid we were no longer able to provide exercise and as a result our gym was not being used which seemed a shame.

We contacted Sheffield Neuro Physio and they agreed to place a physio at our Centre on Monday and Friday, with a physio assistant Danielle attending on Wednesdays to support people to use the gym equipment once they had been assessed.



We also welcomed Rise to allow us to offer seated sports every Thursday. Sports vary from football, cricket, tennis etc and allow for competitive interactions while having fun. The sports are good for balance, upper body strength and co-ordination. We have found these sessions to be very popular.



Finances 2024

Statement of Financial Activities

DERBYSHIRE STROKE & NEURO THERAPY CENTRE

Registered Charity No 1183603

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 DECEMBER 2024

	2024		2023	
<u>Income:</u>	£	£	£	£
Grants	0.00		800.00	
Donations/Sponsorship	16529.55		12528.82	
Service user income	484792.48		399016.78	
Café income	21752.74		19536.34	
Gym income	14184.71			
General fundraising	<u>6827.22</u>	544086.70	<u>4686.40</u>	436568.34
<u>Expenditure:</u>				
Staff costs (incl training)	265017.87		265054.08	
Transportation costs	21657.09		11277.53	
Speakers and service user activities	47228.92		43550.91	
Café and catering supplies	30242.05		27208.84	
Rent and rates	9181.94		8815.24	
Energy and water costs	10628.62		5827.76	
General Administration	14817.00		11150.09	
Repairs and maintenance	25495.23		11590.25	
Insurance	7743.21		9599.40	
Legal and professional fees	6475.64		1626.57	
Healthcare related costs	7994.54		2061.08	
Depreciation	<u>13281.93</u>	459764.04	<u>14873.24</u>	412634.99
 SURPLUS/(DEFICIT) FOR THE YEAR		<u><u>84,322.66</u></u>		<u><u>23,933.36</u></u>

Certified as correct in accordance with the books and documents as provided by the charity's officers

David Lissimore ACMA CGMA

28 July 2025

Aims Accountants for Business
3 Clayton Close
Morton
Alfreton
DE55 6LN

Balance Sheet

DERBYSHIRE STROKE & NEURO THERAPY CENTRE

Registered Charity No 1183603

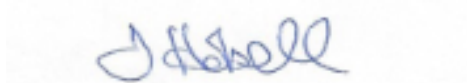
BALANCE SHEET AS AT 31 DECEMBER 2024

	£ 2024	£ 2023
Fixed Assets		
IT equipment	3626.09	4265.99
Gym equipment	10212.38	12014.57
Motor vehicle	35013.72	41192.62
Office, kitchen and other assets	26412.05	26808.48
Current Assets		
Debtors and prepayments	44717.00	9564.00
Bank accounts	172167.73	116413.57
Current Liabilities		
Creditors and accruals	(5,200.88)	(7,633.79)
Net Assets	<u>286948.09</u>	<u>202625.44</u>
financed by the funds of the charity		
Unrestricted income funds	286948.09	202625.44
Restricted income funds	0.00	0.00
Total charity funds	<u>286948.09</u>	<u>202625.44</u>

Our finances have been more stable in 2024, with Service User income rising. This is due to implementing price increases in response to the rent increase imposed by DCC. We need to ensure as an organisation we are in a robust enough position to cope with the rise from £416 a month rent to £3600 a month which is a most significant increase and needs a change to the way we work in order to ensure we remain sustainable. The cost of running a small fleet of buses is ever increasing as the buses age and need more repairs to keep them on the road, however without the buses the majority of our service users would not be able to access our support as there are no other viable options for people to get to the Centre. Other costs that have risen in 2024 are maintenance to and repairs to our building for example our kitchen floor needed replacing to make it non slip which is safer for staff and helps us maintain our high standard of 5 awarded by the food standards agency when they visit. Repairs to the guttering and roof following some leaks were also required.

Our Service user income is split between places funded by Derbyshire County Council either on their Framework or a Direct Payment and people who pay privately to attend our Centre. We are proud that as an organisation in 2024 we were still able to provide charitable places to the value of £227,000 which allowed people who wouldn't get a budget to attend. In addition, we have been able to respond to families in crisis by offering 5 days at the Centre (at no cost) when emergency respite is needed, this has in a number of cases prevented admission to residential care either on a temporary or permanent basis. Additionally in 2024 we provided free lunches and for some teas to take home to the value of £17,680. Many of our Service Users have no other source of a full hot meal if they live alone so the provision of a proper meal is essential.

Trustee's reports and accounts for 2024 verified as accurate by:



Ita Hobell
Chair



Jerry Cox
Trustee

12th August 2025



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

DERBYSHIRE STROKE & NEURO THERAPY CENTRE

**On accounts for the year
ended**

31 DECEMBER 2024

**Charity no
(if any)**

1183603

Set out on pages

1-3

**Responsibilities and
basis of report**

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the period ended 31/12/2024
As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

**Independent
examiner's statement**

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

28th July 2025

Name:

David Lissimore

**Relevant professional
qualification(s) or body
(if any):**

Chartered Institute of Management Accountants (C.I.M.A.)

Address:

3 Clayton Close

Morton

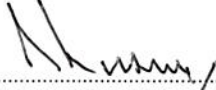
Alfreton

DE55 6LN

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28 July 2025

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Restricted income funds	0.00	0.00
Total charity funds	<u>286948.09</u>	<u>202625.44</u>

CASH FLOW STATEMENT FOR PERIOD YEAR ENDED 31 DECEMBER 2024

	£ 2024	£ 2023
Net cash from operating activities	97,604.59	38,806.59
Purchase of assets	(4,264.52)	(6,917.60)
(Increase)/Decrease in debtors	(35,153.00)	(5,554.00)
Increase/(Decrease) in creditors	(2,432.91)	3,330.62
Net increase in cash funds at bank	<u><u>55,754.16</u></u>	<u><u>29,665.61</u></u>



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

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**On accounts for the year
ended**

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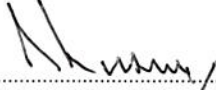
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