



**Derbyshire Stroke & Neuro Therapy Centre  
Trustee's Report and Financial Statement  
For the year:  
01/01/22 to 31/12/22**

***CIO: 1183603***

<b>Charity Name:</b>	Derbyshire Stroke & Neuro Therapy Centre
<b>Known as:</b>	Derbyshire Stroke Centre
<b>Previously known as:</b>	Specialist Stroke Services (1140073)
<b>Registered Charity Number:</b>	1183603
<b>Registered Address:</b>	Derbyshire Stroke Centre, Holmewood Business Park Chesterfield Road Holmewood Chesterfield S42 5US
<b>Chief Executive Officer:</b>	Mrs Julie Wheelhouse
<b>Trustees:</b>	Ita Hobell – Chair Jerry Cox – Vice Chair Diane Beckingham Lisa Marsden Jenny Whitmore
<b>Type of governing document:</b>	Constitution (Foundation Model) adopted 23/05/19
<b>Accountant:</b>	David Lissimore, Aims Accountants Oakswood, Wingfield Road, Oakerthorpe, Alfreton, Derbyshire, DE55 7LH
<b>Bank:</b>	NatWest Bank, 5 Market Place, Chesterfield S40 1TW

## **Structure and Governance Issues:**

Derbyshire Stroke Centre was registered with the Charity Commission as a CIO on 28/05/19.

We aspire to hold high standards of governance and adhere to the Charity Governance Code.

Although we are a relatively small charity we identify with and adopt all seven principles. However some have a particular resonance with us as an organisation for example Equality, diversity and inclusion and Integrity which both reflect our values and culture.

We feel that our board members have a wide range of skills and knowledge and all have lived experience of some or all of the following: Stroke, dementia, head injury, caring, being cared for, mental health issues, anxiety, psychological and cognitive problems, mobility and communication disorders.

This ensures that they have a unique perspective on being a user of the charity's services and have a genuine empathy and drive to deliver a fully inclusive organisation that is both responsive and person centred delivering only the highest standards of support.

## **The Objects of Derbyshire Stroke Centre are:**

- The relief of sickness and the preservation of health among people living with the effects of a stroke or neurological health condition (survivors and carers)
- To assist in the treatment and care of persons suffering from mental or physical illness as a result of a stroke or neurological health condition or in need of rehabilitation as a result of such illness, by the provision of facilities for rehabilitation and recreation.
- To promote and protect the physical and mental health of families affected by stroke or neurological health conditions through the provision of support, education and practical advice
- To advance the education of the general public in all areas relating stroke and neurological health conditions
- To preserve and protect the health of people affected by stroke or neurological conditions by providing and assisting in the provision of facilities, support services and equipment not normally provided by the statutory authorities.

## **Trustees**

All trustees give their time voluntarily and receive no remuneration or other benefits

Trustees are appointed by invitation.

There are currently 5 trustees, all of whom are stroke survivors. Trustees meet on a bi-monthly basis to discuss staffing, fundraising, service delivery, budgets and general Charity business



Some of our Trustees at the Charity Ball

## Trustees Report 2022

2022 has been a year of two halves! It has been our most rewarding as an organisation allowing us to provide support to some of the most vulnerable people in our community, however it has also proved to be our most financially challenging year as is evidenced in our accounts.

### Our Activities

#### Music & Music therapy

Music as always has played a very significant part in our daily activities. We continue to provide live music every afternoon with a different artist performing every day of the week. This ensures that we reflect the diverse musical taste of our service users and represents the wide age range and background of people who attend the Centre. Our neuro music therapist Ann works both 1-1 providing support to a number of people who are struggling psychologically as well those needing support with movement or communication skills. In addition she works with small groups of people to encourage relationship building, friendships and promoting relaxation and run breaking down barriers for people who feel isolated or anxious.



Our approach to using music throughout the whole of the day to facilitate movement, communication, relaxation and much more is unique. It brings our service users together to form a dynamic community regardless of the diagnosis they have. We saw some remarkable achievements from many people in 2022.

#### Themed Weeks





We continued to use 'themed weeks' as a way of engaging all service users. In 2022 we chose a wide range of different themes to ensure that everyone who attended was able to take part and enjoy the music and entertainment. These included an 80's week, Disney, Country and Western, a beach party week and many more. The themes allow for reminiscence, sharing life stories with each other, communicating through music and costumes – expressing personality and most importantly having fun.

### **Animals at our Centre**

As well as our three Stroke Centre dogs, Finley, Ruby and George we ensure we have a wide range of visiting animals and birds throughout the year. We have many people who struggle to communicate verbally with others but find they can relax and talk to one of our dogs, who listen with no judgment and are always ready for a cuddle. In 2022 we had llamas, owls and birds of prey and a wide variety of creatures from a local mini zoo including a skunk, snakes, spiders etc.





### Other Activities:

In 2022 we held two charity balls. For many people social activities with their partners/spouses stopped when their health changed due to anxiety about going out and being faced with circumstances where they struggled or felt embarrassed. Our balls give people the opportunity to dress up and go out with their friends in an environment where they feel safe knowing that help is on hand if needed. We usually have an attendance of around 70 people to our events and they are fun, lively and fully accessible for all our service users regardless of any challenges. Our dedicated staff work hard to ensure that anyone who wants to attend can do so, even if that means they need help getting dressed for the occasion or support at the end of the evening getting home and put to bed as it is long past the hour when formal carers work.



### Transport

The need for transport has grown with more and more people relying on our buses to pick them up. For some people having a long period of time not using public transport through covid has resulted in them either losing the skills to use public buses now or the confidence to do so. In addition the rise in number of people with dementia coming to the Centre means that if we did not provide transport they would not be able to access our support in any other way.



## Finances

2022 has been the most financially challenging year we have ever experienced. Food costs spiralled, utilities went up, our staff wages rose and the cost of running our vehicles increased astronomically both diesel costs and our aging buses cost more to keep safe and running. In comparison our costs for day care to Derbyshire County Council for individual places has remained the same since 2017 at £35 per day. Our charge for people who access the Centre privately had remained at £50. We continued to provide a substantial number of days free of charge each week to people who do not receive any funding and who can not afford to pay privately.

In addition we found many situations where lack of funding for care and equipment in the community meant some of our service users would have not been able to attend if we had not supported them financially. For example one service user was waiting for over 6 months for a bariatric manual wheelchair to be provided by wheelchair services. During this time he would have remained at home inside if we hadn't purchased one he could borrow. When his prescribed chair did arrive it was too wide to go through the doorways of his property and he is still waiting 12mths on for a usable chair to be provided and he continues to use our chair. The chair that we needed to buy that was safe for his needs cost in the region of £1,000.

We have also supported some service users with essential food shopping when they have no money to purchase groceries. Food banks do not cater for people who are on a modified diet if they have a neurological condition that causes swallowing difficulties and the food provided is usually not safe for the person in need and with no money to buy food we had users who missed meals or were hungry. In 2022 we spent more on food to enable us to send some users home with food for their tea and food for over the weekend.

A reduction in the number of available care staff in the community has put pressure on people's care packages at home. We had many families having to cope with little or no support from statutory services meaning they are asking for us to help. With families desperate for respite we have many service users here 5 days every week even if they are only funded for one or two. This support enables people to remain at home rather than looking for alternative care solutions.

Finally, a significant strain on our resources has been that our policy of not being time limited in the support we provide means that as our long standing service users become older and in many cases frailer their needs change. For many people who were needing the support of one member of staff to enjoy their day at the Centre they may now need two members of staff and perhaps hoisting for support with care. This has meant we have to increase the number of staff we have in the building at any one time which clearly adds to our running costs.

We saw a huge deficit in our finances in 2022 and in order to ensure the security of organisation for the future we have had to make some changes. Whilst our ethos has always been (and will always be) that we need to be accessible for anyone who needs our support we have consulted with Derbyshire County Council and agreed a price increase for their purchase of day care for users on Frameworki. We have been allowed to add new services at higher cost for people who need two members of staff for their care needs or who need 1-1 support at lunch time and to take part in our activities. Whilst this funding change will only come into effect in June 2023, it will significantly impact on our income and ensure we are fully sustainable for the future.

# Statement of Financial Activities 2022

DERBYSHIRE STROKE & NEURO THERAPY CENTRE

Registered Charity No 1183603

## STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 DECEMBER 2022

	2022		2021	
Income:	£	£	£	£
Grants	2180.00		50320.00	
Donations/Sponsorship	15855.60		8205.35	
Service user income	269154.34		228274.62	
Cafe income	14234.22		13527.55	
General fundraising/	<u>1763.62</u>	303187.78	<u>789.61</u>	301117.13
<b>Expenditure:</b>				
Staff costs (incl training)	234959.78		195537.70	
Transportation costs	12604.61		6070.35	
Speakers and service user activities	32841.42		22737.38	
Cafe and catering supplies	20797.97		14462.54	
Rent and rates	10311.96		9352.04	
Energy and water costs	10427.39		11615.67	
General Administration	7255.92		6314.87	
Repairs and maintenance	5503.55		5342.14	
Insurance	11144.33		9433.44	
Professional fees	1039.08		993.60	
Healthcare related costs	995.96		1871.88	
Depreciation	<u>16277.17</u>	364159.14	<u>12039.44</u>	295771.05
<b>SURPLUS/(DEFICIT) FOR THE YEAR</b>		<u>(60,971.36)</u>		<u>5,346.08</u>

## Cash Flow 2022

DERBYSHIRE STROKE & NEURO THERAPY CENTRE

Registered Charity No 1183603

### CASH FLOW STATEMENT FOR PERIOD YEAR ENDED 31 DECEMBER 2022

	£	£
	2022	2021
Net cash from operating activities	(44,694.19)	17,385.52
Purchase of assets	(22,099.05)	(7,906.51)
(Increase)/Decrease in debtors	9,084.18	26.82
Increase/(Decrease) in creditors	696.78	(182.93)
Net increase in cash funds at bank	<u>(57,012.28)</u>	<u>9,322.90</u>

Trustee's reports and accounts for 2022 verified as accurate by:

A handwritten signature in black ink, appearing to read 'Ita Hobell', on a light-colored rectangular background.

**Ita Hobell**  
**Chair**

21/08/23

A handwritten signature in black ink, appearing to read 'Jerry Cox', on a light-colored rectangular background.

**Jerry Cox**  
**Trustee**

21/08/23



Finley Walter



George & Ruby

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SURPLUS/(DEFICIT) FOR THE YEAR		<u>(60,971.36)</u>		<u>5,346.08</u>



**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

DERBYSHIRE STROKE & NEURO THERAPY CENTRE

**On accounts for the year  
ended**

31 DECEMBER 2022

**Charity no  
(if any)**

1183603

**Set out on pages**

1-3

**Responsibilities and  
basis of report**

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the period ended 31/12/2021  
As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

**Independent  
examiner's statement**

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Signed:**

**Date:**

16<sup>th</sup> August 2023

**Name:**

David Lissimore

**Relevant professional  
qualification(s) or body  
(if any):**

Chartered Institute of Management Accountants (C.I.M.A.)

**Address:**

3 Clayton Close

Morton

Alfreton

DE55 6LN