

# THE RESILIENCE FOUNDATION

England & Wales · Charity number 1183561

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2019-05-23

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 135 Lincoln Street  
Norwich  
NR2 3JZ

**Phone** 01603451182

**Email** [resiliencefoundation@myphone.coop](mailto:resiliencefoundation@myphone.coop)

## Activities

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**Objects:** TO ADVANCE THE EDUCATION OF THE PUBLIC ON THE SUBJECT OF RESILIENCE THEORY IN PARTICULAR BUT NOT EXCLUSIVELY BY:- PROVIDING PUBLIC LECTURES, EDUCATIONAL ACTIVITIES AND EVENTS;- PROMOTING RESEARCH FOR THE PUBLIC BENEFIT IN ALL ASPECTS OF THAT SUBJECT AND PUBLISHING THE USEFUL RESULTS.RESILIENCE THEORY IS THE STUDY OF HOW HUMAN BEINGS RESPOND TO CHANGES IN THE WIDER SOCIO-ECOLOGICAL SYSTEM AS EXPLAINED BY THE RESILIENCE CENTRE AT STOCKHOLM UNIVERSITY, SWEDEN.

**Activities:** The Resilience Foundation will carry out research into how the knowledge of Resilience theory can have practical application to its local area. The results of this research will be made available to the public. The Foundation will also undertake , as appropriate public talks, lectures and other activities that will promote its aims.

## Classification

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- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** Education/training
- **Who:** Children/young People, The General Public/mankind

## Geography

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- Norfolk

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-04-06	£480	£533	-	-
2024-04-06	£0	£0	-	-
2023-04-06	£3,366	£15,174	-	-
2022-04-06	£3,366	£15,174	-	-
2021-04-06	£16,022	£1,971	-	-

## Trustees

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Name	Role	Appointed
LEWIS MARTIN		2019-05-23
PATRICK GOODALL		2018-10-23
Roland Pascoe		2019-05-16

**THE RESILIENCE FOUNDATION**

England & Wales - Charity number 1183561

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# Accounts

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## **Annual report of the Chair of Norwich Children s Charitable Trust for 2024/25**

It has been another difficult year for NCCT. Financially there has been no improvement on last years situation.

The main focus has been on the on-going negotiations over the lease for the buildings that the Trust occupies. Ever since the Trust was created Norfolk Area Meeting of Quakers have let the property to the Trust. The existing lease was created in 2005 and gives the Trust absolute security. The lease can only be ended by agreement from both sides. The Area Meeting of Quakers has decided that they no longer support using buildings for social purposes or supporting charitable and social enterprises and therefore they wish to dispose of all buildings other than those used for religious purposes.

The negotiations are now entering their 7<sup>th</sup> year with no end in sight.

On a more positive note Tree house Children s Centre , the support of its work is the one of the charitable aims of the Trust, is now supporting 40 children via its nursery program. This operates as a social enterprise and keeps prices to a very low level. Operating at maximum capacity means the centre continues to provide a valuable public benefit.

The Trust is very keen to continue its work of supporting NCCT and so fulfilling its own charitable objectives to its utmost ability.

Roland Pascoe  
Chair  
Norwich Childrens Charitable Trust

On behalf of the board of Trustees.

## **Financial Report for The Resilience Foundation year 204-2025**

As our total finances are less than £1,000 there is no need for audited accounts. The statement below is a true statement of the income and expenditure for the year covered.

Income £480

Expenditure £533

Deficit = £53

Date 18/11/25

**THE RESILIENCE FOUNDATION**

England & Wales - Charity number 1183561

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# Accounts

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## **Annual Report of The Trustees of The Resilience Foundation for 2023/2024**

The charity has really struggled this year. It has failed to generate any income or fundraise. It has failed to get more people involved in its activities. Financially its income has not not improved while costs have continued to rise.

Its income and expenditure are now so small that it does not cover the costs of having accounts prepared.

Roland Pascoe

13<sup>th</sup> November 2023

## **Annual Report of The Trustees of The Resilience Foundation for 2023/2024**

The charity has really struggled this year. It has failed to generate any income or fundraise. It has failed to get more people involved in its activities. Financially its income has not not improved while costs have continued to rise.

Its income and expenditure are now so small that it does not cover the costs of having accounts prepared.

Roland Pascoe

13<sup>th</sup> November 2023

**THE RESILIENCE FOUNDATION**

England & Wales - Charity number 1183561

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# Accounts

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The Resilience Foundation

Trustees Annual Report for 2022/2023

It has been another difficult year for The Foundation. Financially the situation has not improved since last year, this is despite a concerted fund raising attempt.

On a more positive note we were still able to help our colleagues in Norwich Community Land Trust by supplying support via goods such as covering copying expenses for flyers etc.

This has resulted in more people becoming aware of our activities and existence. The lack of success of fund raising does seem to reflect the difficulties of the sector as a whole.

The prospect for the next 12 months continues to look very difficult indeed.

April 2023.



## Receipts and payments accounts

CC16a

For the period  
from

06/04/2022

To

05/04/2023

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	326	-	-	326	363
Grant	-	-	-	-	3,000
Bank interest	-	-	-	-	3
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>326</b>	<b>-</b>	<b>-</b>	<b>326</b>	<b>3,366</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>326</b>	<b>-</b>	<b>-</b>	<b>326</b>	<b>3,366</b>
<b>A3 Payments</b>					
Accountancy	-	-	-	-	240
Graphic design	-	-	-	-	930
Grant repayment	-	-	-	-	1,000
Legal Fees	-	-	-	-	5,749
Software	-	645	-	645	476
Salaries	-	1,270	-	1,270	4,483
Professional fees	-	167	-	167	384
Miscellaneous	-	247	-	247	615
Bank charges	-	5	-	5	9
Training	-	-	-	-	1,188
Rent	-	-	-	-	-
Insurance	-	283	-	283	99
Conferences	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>2,617</b>	<b>-</b>	<b>2,617</b>	<b>15,174</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>-</b>	<b>2,617</b>	<b>-</b>	<b>2,617</b>	<b>15,174</b>
<b>Net of receipts/(payments)</b>	<b>326</b>	<b>- 2,617</b>	<b>-</b>	<b>- 2,291</b>	<b>- 11,807</b>
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end		2,317	-	2,317	14,124
<b>Cash funds this year end</b>	<b>326</b>	<b>- 300</b>	<b>-</b>	<b>26</b>	<b>2,317</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		-	26	-
		-	-	-
	<b>Total cash funds</b>	-	26	-
	<u>Details</u>	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B5 Liabilities</b>		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	<i>Roland Pascoe</i>		15/12/2023	

**THE RESILIENCE FOUNDATION**

England & Wales - Charity number 1183561

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# Accounts

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The Resilience Foundation

Annual Report 2022

It has been another challenging year for TRF. This is not specific to TRF but reflects the difficulties that are apparent across the not-for-profit sector. At the start of the pandemic NCVO estimated that about one third of all charities would cease to exist at the end of the year 2020. The fact that TRF has managed to survive this far is a tribute to the hard work and creativity of all those involved.

Its sponsorship of Norwich Community Land Trust has provided a valuable addition to the landscape of the social economy of Norwich. It worked with NCLT in early 2022 to conduct research for the Norwich Good Economy on the perceptions and use of green spaces in Norwich. Details of this work can be found on the websites of the Norwich Good Economy Commission and that of the NCLT.

### **For 2023**

TRF will seek to strengthen its board in terms of numbers and skills.

It will continue to make applications for funding and to identify long term sources of income.

It will continue to seek out ways of improving the well being of its volunteers through its access to the well being program run by UEA , Business School, Evolve Project.

TRF will also explore further the research into a locally based finance provision for community led housing. This will be a long term project.

Jan 2023



## Receipts and payments accounts

CC16a

For the period from	06/04/2021	To	05/04/2022
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	363	-	-	363	1,070
Grant	-	3,000	-	3,000	14,950
Bank interest	3	-	-	3	2
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>366</b>	<b>3,000</b>	<b>-</b>	<b>3,366</b>	<b>16,022</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>366</b>	<b>3,000</b>	<b>-</b>	<b>3,366</b>	<b>16,022</b>
<b>A3 Payments</b>					
Accountancy	-	240	-	240	180
Graphic design	-	930	-	930	820
Grant repayment	-	1,000	-	1,000	-
Legal Fees	-	5,749	-	5,749	-
Software	-	476	-	476	271
Salaries	-	4,483	-	4,483	312
Professional fees	-	384	-	384	384
Miscellaneous	-	615	-	615	-
Bank charges	-	9	-	9	4
Training	-	1,188	-	1,188	-
Rent	-	-	-	-	-
Insurance	-	99	-	99	-
Conferences	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>15,174</b>	<b>-</b>	<b>15,174</b>	<b>1,971</b>
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>-</b>	<b>15,174</b>	<b>-</b>	<b>15,174</b>	<b>1,971</b>
<b>Net of receipts/(payments)</b>	<b>366</b>	<b>- 12,174</b>	<b>-</b>	<b>- 11,807</b>	<b>14,051</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>-</b>	<b>14,124</b>	<b>-</b>	<b>14,124</b>	<b>73</b>
<b>Cash funds this year end</b>	<b>366</b>	<b>1,950</b>	<b>-</b>	<b>2,317</b>	<b>14,124</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		-	2,317	-
		-	-	-
	<b>Total cash funds</b>	<b>-</b>	<b>2,317</b>	<b>-</b>
	<u>Details</u>	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B5 Liabilities</b>		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	<i>Roland Pascoe</i>	Roland Pascoe	27.01.2023	

# The Resilience Foundation

## Independent Examiners Report to the Trustees

For the period ended 6<sup>th</sup> April 2022

### Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the Charities Act 2011 ("the Act"). The charity's trustees consider that an audit is not required for this year under section 144 of the Act and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the applicable Directions given by the Charity Commission (under section 145(5)(b) of the Act, and
- to state whether particular matters have come to my attention

### Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, with the seeking of explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

### Independent examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Peter Ellington FAIA  
Triple Bottom Line Accounting Limited  
The Enterprise Centre  
University of East Anglia  
Norwich  
Norfolk  
NR4 7TJ

12/01/2023

**THE RESILIENCE FOUNDATION**

England & Wales - Charity number 1183561

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# Accounts

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## **The Resilience Foundation Charity no 1183561**

### **Annual Report for 2020-2021**

As for all of us the last 12 months has been a very challenging time for The Resilience Foundation. The pandemic stopped us holding in person meetings and thereby raising awareness of our existence and activities. This severely curtailed our activities.

On the positive side of things the pandemic made us focus on the “virtual nature “ of our activities. We switched to holding meetings online through Zoom. In early April 2020 The Foundation submitted an application to The Big Ideas Fund of Locality to establish a Community Land Trust for Norwich. That was successful and in October 2020 we received a grant of £14,995 for this purpose.

Because the community land trust has no legal entity as yet TRF is acting as a proxy when services are needed to be contracted and paid for. The accounts reflect that situation.

Work on establishing this new project is on going and we look forward to being able to welcome this new and independent organization to Norwich in 2021.

The testing of our resilience has shown that as TRF had no buildings, either owned nor rented, no staff, and very little in the way of ongoing regular financial commitments it turned out to be quiet resilient. That does not mean that we can be complacent simply that we were fortunate in a time when many other charities have found their income disappear , staff laid off, and in some cases facing closure.

### **The year ahead.**

The next 12 months will see the establishment of the community land trust for Norwich and its separation from TRF. TRF will then focus on its next concerns. Of prime importance and an on going project will be to increase its own income through donations, surplus generating ventures, as well as other ventures. At this point we are still working our way through the list of possibilities.

We are especially conscious that we need to develop our interaction with various stakeholders and would like to extend an invitation to those who have any ideas that they would to discuss with us to contact us.

Of prime importance in doing this will be the development of our website which we will develop during the next year.

As Resilience Theory shows when majors changes of state happen such as a pandemic there is no returning to normal or the way things were so we are prepared to think and act anew for the new circumstances that we find ourselves in.

### **Our greatest resource**

Without the people who have supported TRF since its inception in 2018 things would have been much harder. My co trustees of course, and those who have been involved in whatever small way during the last year. People are our greatest resource and I thank all of them wholeheartedly. Without their efforts, enthusiasm, and advice things would been much more difficult.

Roland Pascoe , Chair TRF. June 2021.



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Resilience Foundation CIO

1183561

## Receipts and payments accounts

CC16a

For the period from	06/04/2020	To	05/04/2021
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	1,070	-	-	1,070	835
Grant	-	14,950	-	14,950	-
Bank interest	2	-	-	2	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>1,072</b>	<b>14,950</b>	<b>-</b>	<b>16,022</b>	<b>835</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>1,072</b>	<b>14,950</b>	<b>-</b>	<b>16,022</b>	<b>835</b>
<b>A3 Payments</b>					
Accountancy	-	180	-	180	-
Graphic design	-	820	-	820	-
Software	-	271	-	271	-
Salaries	-	312	-	312	-
Professional fees	-	384	-	384	385
Bank charges	-	4	-	4	5
Travel&Subsistence	-	-	-	-	165
Rent	-	-	-	-	38
Insurance	-	-	-	-	99
Conferences	-	-	-	-	70
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>1,971</b>	<b>-</b>	<b>1,971</b>	<b>762</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>-</b>	<b>1,971</b>	<b>-</b>	<b>1,971</b>	<b>762</b>
<b>Net of receipts/(payments)</b>	<b>1,072</b>	<b>12,979</b>	<b>-</b>	<b>14,051</b>	<b>73</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>73</b>	<b>-</b>	<b>-</b>	<b>73</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>1,145</b>	<b>12,979</b>	<b>-</b>	<b>14,124</b>	<b>73</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		14,124	-	-
		-	-	-
	<b>Total cash funds</b>	<b>14,124</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK
	<b>Details</b>	<b>Unrestricted funds to nearest £</b>	<b>Restricted funds to nearest £</b>	<b>Endowment funds to nearest £</b>
<b>B5 Liabilities</b>	<b>Details</b>	<b>Fund to which liability relates</b>	<b>Amount due (optional)</b>	<b>When due (optional)</b>
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	<i>Roland Pascoe</i>	<i>Roland Pascoe</i>	14/06/2021	

## Document Information

### Document

Title	The Resilience Foundation Accounts 2021
ID	23d49a85-b30f-4016-86d3-3e56587ac474
Status	Signed
Sender	Lamon French (lamon@triplebottomlineaccounting.com)
Dept/business	Triple Bottom Line Accounting
Dept/business ID	triple-bottom-line-accounting
PDF Certified	True

### Signers

Name	Authentication
Roland Pascoe <rpascoe@phonecoop.coop>	Email

### History

Event	User	IP address	Date/Time
The Resilience Foundation Accounts 2021 created by Lamon French	Lamon French (lamon@triplebottomlineaccounting.com)	46.17.160.196	Mon, 14 Jun 2021 12:40:16 +0000
The Resilience Foundation Accounts 2021 emailed to Roland Pascoe	Lamon French (lamon@triplebottomlineaccounting.com)		Mon, 14 Jun 2021 12:40:17 +0000
Roland Pascoe <rpascoe@phonecoop.coop> opened email for The Resilience Foundation Accounts 2021	Roland Pascoe (rpascoe@phonecoop.coop)	94.30.62.69	Mon, 14 Jun 2021 12:40:30 +0000
The Resilience Foundation Accounts 2021 visited by Roland Pascoe <rpascoe@phonecoop.coop>	Roland Pascoe (rpascoe@phonecoop.coop)	94.30.62.69	Mon, 14 Jun 2021 12:40:35 +0000
Browser geo-location provided: Lat 52.62510545606952, Long 1.2723772872473156	Roland Pascoe (rpascoe@phonecoop.coop)	94.30.62.69	Mon, 14 Jun 2021 12:40:41 +0000
Signature applied (page 2)	Roland Pascoe (rpascoe@phonecoop.coop)	94.30.62.69	Mon, 14 Jun 2021 12:41:45 +0000
Signature applied (page 2)	Roland Pascoe (rpascoe@phonecoop.coop)	94.30.62.69	Mon, 14 Jun 2021 12:41:55 +0000
Ticked checkbox for statement: I confirm that I am authorised to accept the terms of this document.	Roland Pascoe (rpascoe@phonecoop.coop)	94.30.62.69	Mon, 14 Jun 2021 12:42:02 +0000
Ticked checkbox for statement: I understand that accepting the terms of this document creates a legally binding obligation.	Roland Pascoe (rpascoe@phonecoop.coop)	94.30.62.69	Mon, 14 Jun 2021 12:42:02 +0000
Signer offered option to accept or reject document	Roland Pascoe (rpascoe@phonecoop.coop)	94.30.62.69	Mon, 14 Jun 2021 12:42:02 +0000
Clicked button with text: By clicking this button I hereby ACCEPT the terms of this document	Roland Pascoe (rpascoe@phonecoop.coop)	94.30.62.69	Mon, 14 Jun 2021 12:42:02 +0000
The Resilience Foundation Accounts 2021 completed by Roland Pascoe <rpascoe@phonecoop.coop>	Roland Pascoe (rpascoe@phonecoop.coop)	94.30.62.69	Mon, 14 Jun 2021 12:42:02 +0000