



# TOM'S TRUST

## FINANCIAL REPORT 2025

For the year ended 30 June 2025



### **A parent of a 15-year-old child we support at Alder Hey sent us this feedback:**

"I understand that funding is in place for the neuro-oncology psychology department. I wanted to let you know how vital this has been for my daughter and our family. My daughter was diagnosed with a brain tumour in April 2022. Since then, she has made a really good recovery overall, however she has struggled with her mental health, and it had become noticeable she was struggling with her memory too. During the sessions I had mentioned to her clinical psychologist that she does struggle with her memory and before I knew it her clinical psychologist had arranged some additional testing, something I had been trying to get for her for a long time.

"It was such a relief that we were finally able to understand how she would learn easier. The clinical psychologist even made the trip to attend a meeting with her school, as for the last two years school have been struggling to understand what support she needed in place. This could not have come at a better time as she will sit her GCSEs this summer. I will be forever grateful for the help and support received from this department, especially her clinical psychologist."



## About Tom's Trust



**Tom's Trust is the UK's leading charity dedicated to providing psychological support to children and young people with brain and central nervous system tumours and their families. By supporting the whole family, we will help them to create their brightest possible future beyond diagnosis.**

### Why we are needed

Approximately 10 children and young people aged 0-19 are diagnosed with a brain tumour each week in the UK - that's around 500 a year. Survivors of paediatric brain tumours face the worst long-term outcomes of any cancer group, and many will go on to experience life-long social, cognitive, physical and emotional challenges. Those with low-grade non-cancerous brain tumours can also experience major long-term impact from their brain tumour. No matter the diagnosis, many of these children and young people will experience serious psychological issues because of their tumour, and 62% of those who survive will then live with life-long disabilities.

It is difficult to support the ongoing complex and changing psychological requirements of these children. Tom's Trust clinical psychologists support hundreds of families in the East, North-East, North-West and Thames Valley, with a view to adding more in-hospital services in the coming years. We also provide nationally-accessible guidance and support through our online resource hub. Our expert teams support families from the devastating point of a child's brain tumour diagnosis, through brutal treatment and rehabilitation, or when facing the reality of a dying child and bereavement.

### How Tom's Trust Clinical Psychologists help

With the right support, we can improve these outcomes. Psychologists are a vital part of a child's treatment, and their inclusion forms the backbone of their recovery and rehabilitation. Our clinical psychologists are highly-trained specialists in the complexities of the brain and the lasting impact from a brain tumour diagnosis. They understand that every child's brain will be changed in some way — with cognitive, emotional and physical effects that can last a lifetime. Early intervention from psychologists, regular assessment, and family-centred care can significantly reduce the long-term impact of brain injury and resulting trauma. Our work helps children manage treatments, return to school, rebuild confidence and friendships, and develop coping strategies for the future, while supporting parents and siblings through every stage, including if they face bereavement.

### Our work

Supporting one child and their family costs Tom's Trust £3,335 per year. Our clinical psychologists carry out cognitive, psychological and emotional assessments, and the results from this help to form a pathway of care and provide a benchmark for any future progress or decline. Also offered is access to one-to-one support, school liaison, whole-family support, sibling specific support and group sessions. Our work is additional to the basic provision, which is not designed or intended to manage the complex psychological requirements of young people with brain tumours.

### Brighter futures

We support hundreds of children and thousands of family members each year. Our vision for 2026-2031 is that all children with brain tumours, and their families, will have access to at least a minimum level of psychological support wherever they live in the UK – either through our in-hospital support services or our online resources. NHS Trusts invest in medical treatment to help a child with a brain tumour survive. Tom's Trust clinical psychologists are there to ensure those survivors and their families thrive.



## Charity information

**Charity number** 1183559

**CIO number** CE017595

**Trustees**

Andrew Woosey (Chair)  
Dr Peter Gough  
Andrew Whiteley  
Anil Malhotra  
Alexandra Worden  
Martin Shave  
Jodie Vaughan  
Dr Catherine Harter  
Dr Clare Young (appointed 29 September 2025)

**Registered office**

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**Independent Examiner**

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## A letter from the Chair of Trustees



It is a pleasure to report on the 2024/25 year for Tom's Trust.

Tom's Trust has continued to deliver invaluable and much-needed access to specialised psychological support to children with brain tumours and their families through our work in four regions – the North East, North West, Thames Valley and East Anglia.

Tom's Trust is the UK's leading charity dedicated to providing psychological support to children and young people with brain and CNS tumours and their families. By supporting the whole family, we will help them to create their brightest possible future beyond diagnosis. Our vision is that all children in the UK with brain tumours, and their families, will have access to our psychological support – either through our in-hospital support services or our online resource. To achieve our vision, we have been adding to our in-house hospital services. In July 2023, Alder Hey Children's Hospital became the third Principal Brain Tumour Treatment Centre that provided specialised psychological support and we celebrated one year of the service in July 2024. In September 2024, we funded our most recent service at John Radcliffe Hospital, covering the Thames Valley region. We are pleased to say that this service is already having significant impact on the support offered to children and families in this region. In October 2024, we went back out to the Principal Brain Tumour Treatment Centres for applications to become the next hospitals we work with and will make a formal announcement about this fifth service in due course.

Alongside these new services, we are funding a pilot, which commenced in October 2024, to map psychology support for Quality of Life clinical trials at our North East service. In East Anglia we began work in January 2025 with the team at Addenbrooke's Hospital to develop and facilitate a best-practice pathway for young adults transitioning from paediatric services to adult care.

Having received a 4 year grant from the National Lottery in 2023, we have successfully recruited a Director of Services Development, Family Liaison Coordinator and an Administrator. These roles were key to putting on our first Better Together camp in June 2025, in conjunction with the clinical



## A letter from the Chair of Trustees (cont.)



staff at Alder Hey and Great North Children's Hospital, and we look forward to reporting on this in full in next year's accounts. These service roles are key alongside the continued strengthening of our fundraising and communications team and investment in technology, in driving forward our current 5 year strategy to achieve our vision. We have continued to provide the Tom's Trust Clinical Psychology Network Fund via the Paediatric Neuro-Oncology Special Interest Group, which has Clinical Psychologist representatives from every Principal Treatment Centre across the UK. Having published the Sibling Toolkit in January 2024, we are actively working on further toolkits and funding more Network applications for innovative small projects and equipment.

The team, led by Rebecca, deserve enormous credit for the huge amount of work they put in to successfully grow our fundraising team to support our new services and our exciting plans for the future. The team have worked hard to establish a full programme of fundraising events and in particular have been raising awareness of the support we provide to children and their families. This has resulted in a positive end of year financial position which gives us a good platform from which to fund the expansion of the support we provide. As we look forward, the team have been working to refresh our strategy for the next 5 years through to 2031, and we expect to formally launch this in early 2026. The concept is to supercharge our work to provide basic psychological support and expert information to every family in the UK who has a child with a brain tumour, while continuing to build our in-hospital services in new regions.

I would like to mention some fundraising events in the last year. We had runners taking part in the Great North Run and the Cambridge Half, adding to our teams in previous years with running events a firm fixture in our fundraising calendar going forward. We also held our third Newmarket Race Day in May this year, which was a great success. In particular, we'd like to thank our 70-strong team who took on the Cambridge Half Marathon for us in March 2024. Thanks also to the incredible Smith and the Meeson families, particularly Fred and Barnaby who walked 73 miles across the Cumbria Way in memory of their cousin Emily Smith. Another epic challenge that was undertaken was the Poles of Inconvenience Rally with Hector, Julian, Will and Ned driving over 10,000 miles





## A letter from the Chair of Trustees (cont.)



across Europe in support of Tom's Trust, as well as another driving team – George, George and Angus who drove their car Valarie in the Med Rally. We had wonderful support from our younger fundraisers this year, with Alex holding a yard sale and cycle for us and Grace running the junior Great North Run. The children at Tom's old School, St Faith's, also performed at Alder Hey Children's Hospital in Liverpool in Tom's memory and in support of our service there, and Flint raised money through his school. Thanks too must go to our Trustee Alexandra Worden and her husband who asked for donations at their joint 'big birthday' celebrations. We have been lucky enough to have continued support from corporate organisations in all our regions as well as through community events such as the Bartlow Walk who have supported us for the past 3 years. A special mention too to those Trusts & Foundations who have continued their support of our work and enabled our services to expand.

I want to record our immense gratitude to all our donors, funders and supporters who either through their individual challenges or the events they attend contribute so much to our fundraising.

In September 2025, we welcomed a new Trustee to the board, Dr Clare Young, who brings a range of skills to the board and provides us with a perspective from South West and Thames Valley regions where our new service is based. We also look forward to welcoming another new Trustee to the board in early 2026.

Lastly, my Trustees join me in thanking the Clinical Psychologists that we fund, our many volunteers and our donors, as well as everyone in "Team Tom" who work tirelessly to make the essential changes needed for children with brain tumours and their families.

Andrew Woosey – Chair of the Board of Trustees





## A letter from the CEO



Exciting developments in our Services at Tom's Trust in 2024/25 have made this year fly by. We launched our Thames Valley Service in October 2024, which is already making a huge difference to support for families in Oxford and surrounding area. Our Tom's Trust Assistant Psychologist in Cambridge began work in January 2025 alongside the Brainbow team at Addenbrooke's Hospital to develop and facilitate a best-practice pathway for young adults transitioning from paediatric services to adult care. And a pilot to map psychology support for Quality of Life clinical trials started in October 2024 at the Great North Children's Hospital in Newcastle. They are also undertaking an exciting Groupwork pilot. We were also delighted to hold an event to celebrate the first anniversary in July 2024 of our service in Alder Hey, welcoming families and funders. There is a new role there being trialled with extra skills in helping parents with their mental health when coping with the trauma of their child's brain tumour. In addition, we have had the excitement of a call for our next clinical psychology service, which was selected after much deliberation from a strong field and will launch in 2026.

Alongside this work directly in hospitals, we have been developing our Family Services, our Resource Hub and our work with the Paediatric Neuro-Oncology Special Interest Group. This would simply not have been possible without the National Lottery funding that allowed us to recruit Dr Lynda Teape, Director of Services Development, in July 2024. She is now guiding Laura Bowditch, our Family Liaison Coordinator, as well as contributing hugely to our strategy. The Lottery funding for these posts also allowed for the recruitment of Charlotte Lindsell, Administrator and Data Coordinator, which has been essential in supporting all the clinical administration and governance needed for this step up in our work.

In June 2025, we were able to hold our first Better Together Camp in the Lake District for fifteen girls from the North West and the North East who had brain tumours, thanks to a dedicated funder. This was a huge amount of work to initiate and deliver; we are grateful for the fifteen volunteers who made this so successful for the girls - a fantastic weekend, developing friendships, confidence and resilience. We are already beginning planning for a boys' camp in June 2026. We also held our first Young Ambassadors' event online at Christmas 2024 and we look forward to working with these amazing young people on ideas and concepts to further help young people affected by brain tumours.



## A letter from the CEO (cont.)



Our communications team, now led by Kelly Morel, worked extensively with Lynda Teape our Director of Services Development, and our Clinical Psychologists to begin to build our Resource Hub, launching new leaflets and articles to help families in the many challenges of coping with life during and after a child's brain tumour. This has been facilitated by extensive work on our website by our Digital Communications Officer, Charlotte Warren and by Jada Wright's work on our publicity following the new appointment of this PR and Comms role. This included a campaign with our Trustees Andrew Whiteley and Martin Shave, who talked about their mental health following the devastating diagnosis of a brain tumour of their children. We would like to say a huge thank you here to all our families who share their stories, with such powerful inspiration and impact on our work. Kirsty Keegan, our Head of Fundraising and Communications, has not only successfully maintained our income, but has worked extensively on recruitment to fill the staffing gaps for new roles or where staff moved on. Sadly, we had to make a decision to cut our community fundraising role in the North West, which struggled to gain traction despite Sarah Hampton's intensive work.

Finally, I want to thank our Trustees and staff for their expert help in developing a new strategy for the next five years in consultation with families and the advice of our clinical service leads, which we will publicly launch in early 2026. This followed an amazing private event at the House of Lords in April 2025 thanks to our co-founder Debs, her dear friend Lord Hampton and with the help of Dara O'Briain. The concept is to supercharge our work to provide basic psychological support and expert information to every family in the UK who has a child with a brain tumour, while continuing to build our in-hospital services in new regions.

The new strategy will be very ambitious, so we are developing and phasing the work to take account of the pressure on our small staff to deliver the income and resources in a difficult climate. We can only make this leap forward with your help and the sooner that help arrives, the faster we can be there for many more families. We look forward to talking to you over the next year and we hope you are as excited by our plans as we are.

Rebecca Wood, Chief Executive





# Trustees' Report for the Year Ended 30 June 2025

The Trustees present their report and financial statements for the year ended 30 June 2025.

## Structure, governance and management

Tom's Trust is registered with the Charity Commission (No. 1183559) and is constituted as a Charitable Incorporated Organisation operating in the United Kingdom (No. CE017595). It is governed by the Constitution of a Charitable Incorporated Organisation. The charity's Trustees and registered office address are shown on the charity information page.

The charity is run by an active Board of Trustees with medical, psychology, business, financial, legal, fundraising and strategic planning skills. They meet at a minimum every other month throughout the year and, in conjunction with senior staff, make all major decisions, approve policies, review risks and determine strategy. The Trustees delegate day-to-day management of the charity to the Chief Executive Officer Rebecca Wood.

The Trustees confirm they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Charity's aims and objectives and in planning future activities.

## Trustee selection methods

Trustees are recruited on the basis of possessing skills that will benefit the charity. The Trustees review a "skills matrix" on an annual basis to anticipate future needs as the charity grows. Prospective Trustees are identified through recommendations or by advertising and networking, depending on the experience and skills needs. After interview by the Chair, the Chief Executive Officer and at least one other Trustee, selection decisions and appointments are made.

## Objectives and activities

To assist in the relief of sickness and preservation and protection of good health in children and young people with tumours of the brain and central nervous system and their family/carers from their diagnosis, through treatment and beyond by measures including but not limited to:

- funding the provision of clinical psychological and other expert support;
- funding measures to improve research and best practice;
- funding the provision of information and education;
- funding opportunities for family and peer-to-peer support and personal advocacy; and
- providing and assisting in the provision and improvement of facilities, support services and equipment not normally provided by the statutory authorities.





## Trustees' Report (cont.) for the Year Ended 30 June 2025

Now that the NHS has taken on the funding of the clinical psychology posts within the Brainbow Rehabilitation Service at Addenbrooke's Hospital, further funds have been raised to fund a new role in the East Anglia Region from January 2025. This is developing a pathway to provide help with the transition for children who have been successfully treated for their tumours, but have to enter adulthood with the life-changing consequences of their illness and drastic treatment. Further fundraising is also required to provide similar Clinical Psychological support for children diagnosed with brain tumours in other Principal Brain Treatment Centres, which is a key part of our national strategy. We continue to fund a Tom's Trust service in The Great North Children's Hospital with exciting group work and resource development. Our biggest service in Alder Hey celebrated its first year and we began our fourth service based at the John Radcliffe Hospital in September 2024 providing support to families in the Thames Valley region.

### Achievements and performance

The goal of Tom's Trust is to ensure that all children in the UK with brain tumours, as well as their families, have access to specialised psychological support from the moment of diagnosis, throughout treatment and beyond. Tom's Trust is continuing to expand and fulfil its vision to provide this support to all children and families in the UK. Brain tumours are, in the UK, the second most common form of cancer in children and are especially problematic at a time of life when cognitive development is at its peak. Much of our work is innovative and we are achieving many "firsts" as we pioneer this unique programme of treatment and recovery.

We continue to work to build our identity and impact as a unique charity, the only UK charity focusing solely on developing and providing psychological support for children diagnosed with brain tumours, and their families.

### East Anglia

We have continued to build up relationships with the families that are supported by Tom's Trust in the East of England and as a result have gained more powerful evidence and testimonials reinforcing why Tom's Trust work is not only vital but life changing. Through these discussions we identified the need to provide help with transition for children who have been successfully treated for their tumours but have to enter adulthood with the life-changing consequences of their illness and drastic treatment. We are developing a pioneering new pathway that will provide support for children moving from paediatric care to adult services. Currently in its research phase, our Assistant Psychologist Caitlin Gray is focusing on understanding the barriers and facilitators to a successful move and looking at what frameworks and tools can best support Young Adults.



# Trustees' Report (cont.) for the Year Ended 30 June 2025

## Achievements and performance (continued)

### North East

Our service at The Great North Children's Hospital in Newcastle, which officially launched in January 2020, continues to develop.

The service agreed for 24/25 has two aims: to trial groupwork and to explore how best to improve access for children who have recovered from brain tumours to clinical trials that need neuropsychological assessment. Survivors of paediatric brain tumours face the worst long-term outcomes of any paediatric cancer group. UK patients are unable to be registered onto research trials due to a lack of neuropsychology services to support their enrolment. The mapping exercise to scope the current availability of clinical psychologists to provide access to psychology and neuropsychology for children with brain tumours, their siblings, and family members made it clear that this would require very significant investment in psychology services in all treatment centres across the UK before it was feasible to put a system in place that would change the UK-wide picture, and with buy in from specialist clinical trial expertise. We have therefore not taken this project further at this stage.

We have agreed further funding for exciting work with GNCH from October 25-October 27. This aims to

- Increase access to a clinical psychologist by providing an additional 378 appointment hours per year over two years (756 additional clinical hours). In particular we wish to increase provision to siblings, parents, and families who are under-represented in the service.
- Build capacity by increasing access to group support for patients, siblings, and parents/carers.
- Improve the quality of Patient and Participant Involvement and Engagement by developing a PPIE forum for stakeholders of the department.
- In the second year, support research into post-treatment survivorship, developing applications for NIHR and similar grants and continuing research into methylphenidate to help children maintain their concentration and cognitive abilities, which continue as issues long after brain tumour treatment.

Our funding requirements for Newcastle in the immediate future are as follows:

October 2025 – September 2027 £190,219

We are very grateful for Dr Sarah Verity's expertise in helping us set up our Better Together camps and for her and her clinical colleagues volunteering their time for it. She has also provided clinical expertise on our panels and strategic planning.



# Trustees' Report (cont.) for the Year Ended 30 June 2025

## Achievements and performance (continued)

### North West

Alder Hey's brain tumour service has an international reputation of excellence and clinicians have a major influence in the development of paediatric neuro-oncology.

With funding provided by Tom's Trust, they have been able to increase psychological support to the families under their care, aiming to

- see inpatient referrals for an initial contact within 48 hours of referral, to assess and develop a plan to support.
- provide a screening call to all outpatient referrals within 10 working days.
- offer ongoing support to all referrals on waiting list within 4 weeks, or sooner if a family's screening is assessed as very urgent.

The addition of three members of staff to increase the long-term psychological support for families has the following funding requirements:

September 2024 – August 2025 £113,255

September 2025 – August 2026 £113,255

September 2026 – August 2027 £113,255

We are very grateful for Dr Meghan Owens' expertise in helping us set up our Better Together camps and for her and her clinical colleagues volunteering their time for it.

### Thames Valley

The paediatric neuro-oncology service at the Children's Hospital in Oxford is the Principal Treatment Centre (PTC) for the Thames Valley region - reaching Swindon, Milton Keynes, Slough, Wycombe, Reading, and areas of Northamptonshire. In this region, there are approximately 30-40 children and young people diagnosed with brain tumours per year. Children are often followed up by the service for up to 10-years post treatment. The Tom's Trust service has tripled the team's capacity for direct clinical work, and they are already exceeding their plan to offer an additional 300 appointments to children with brain tumours and their families each year.

The funding requirement is as follows:

October 2024 – September 2025 £83,500

October 2025 – September 2026 £84,246

October 2026 – September 2027 £85,931



## Trustees' Report (cont.) for the Year Ended 30 June 2025

### **Achievements and performance (continued)**

We held our first family day in July 2025 as part of a wider event by the Children's Hospital. The Thames Valley service is also making some excellent contributions to our Resource Hub.

### **Resource Hub**

In January 2024, we created and published our Sibling Toolkit, funded and created over 18 months and led by our work at Great North Children's Hospital in Newcastle. Building on this, we have created a Resource Hub and the Trustees have agreed an initial budget of £15K in year 1 and £5K in year 2 to add new materials to it. We have added video content to show therapeutic rooms and families talking about their experiences and will add leaflets, guided by experts, to support families and children through their brain tumour diagnosis.

We have produced patient information leaflets and advice on numerous issues, including bereavement, and will continue to add to this.



## East of England - 2011

We have helped hundreds of children and thousands of family members since we started our work at Addenbrooke's Hospital in Cambridge. We are currently developing a pioneering new pathway that will support children moving from paediatric care to adult services in catchment areas including Bedfordshire, Cambridgeshire, Essex, Hertfordshire, Norfolk, and Suffolk.

## North East - 2019

Our psychologists at The Great North Children's Hospital in Newcastle focus on research into survivorship and quality of life as well as the impact of group work. They also undertake neuro-psychological assessments and carry out therapeutic interventions. In 2024 we also co-created the Tom's Trust Sibling Toolkit. This service has a catchment area up to the Scottish borders, across to Cumbria, south to Teesside, and through much of Yorkshire.



## North West - 2023

Launched in July 2023, our team of three psychologists at Alder Hey Children's Hospital in Liverpool have supported 177 children and over 50 family members since the service started. Patients are referred to the unit for diagnosis and treatment from catchment areas in Merseyside, the Isle of Man, North Wales and parts of Lancashire, Staffordshire and Cheshire.



## Thames Valley - 2024

Our service at the John Radcliffe Hospital in Oxford is the Principal Treatment Centre for the Thames Valley region, and covers Swindon, Milton Keynes, Slough, Wycombe, Reading, and Northampton. Since the beginning of the service in 2024, we have seen 46 children and family members for therapeutic work and carried out 23 Neuro-psychological assessments to establish a pathway of care.



## 2025

In June 2025, we held the first Tom's Trust Better Together Camp, taking 15 girls aged 8-12 to Calvert Lakes activity centre for a weekend of fun and friendship. All of the girls are living with a brain tumour and each have been treated at either the Great North or Alder Hey Children's hospitals or supported by our clinical psychology teams.

We have also developed our provision of nationally-accessible guidance and support through our online resource hub.





# Trustees' Report (cont.) for the Year Ended 30 June 2025

## Financial review

As at 30 June 2025 the charity's reserves totalled £406,904 (2024: £521,595).

Restricted funds relate to amounts received specifically for the provision of clinical psychologists in the locations that the Trust supports in Cambridge, Newcastle, Liverpool and Oxford. It also relates to the provision of services in relation to the Tom's Trust Clinical Psychology Network.

Unrestricted funds are available to spend on the Charity's activities. The charity holds unrestricted reserves amounting to £384,756 (2024: £468,579) which includes designated funds of £168,667 (2024: £210,000), £Nil (2024: £70,000) were committed to the establishment of the Thames Valley Service, £100,000 (2024: £100,000) for the establishment of the next two Tom's Trust services, £28,667 (2024: £40,000) for the costs of the Tom's Trust Clinical Psychology Network and to cover Network grants already promised, and £40,000 (2024: £Nil) for the development of the Family Services Network.

The Trustees continue to monitor the level of reserves held and the financial performance of the charity.

## Reserves policy

Tom's Trust continues to emphasise prudent management of its reserves and long-term financial planning. The Trustees reviewed the reserves policy in June 2024 and the actual level of reserves compared to this policy is reviewed on a regular basis. In setting Tom's Trust Reserves Policy, the Board took into account the charity's commitment to working with its four services, as well as the funding required for our fifth centre. Having assessed potential threats and risks, the Trustees have agreed the need to maintain sufficient income reserves to:

- protect the continuity of the charity's work
- allow for fluctuations in fundraising income
- cover unexpected expenditure and contingencies
- fund the costs of growth and transformation

In order to provide flexibility to respond to charitable expenditure requirements, but without putting the charity financially at risk, the reserves policy is that we should maintain cash and readily realisable assets sufficient to fund 12 months of outstanding commitments plus six months total operating costs. At 30 June 2024 and 30 June 2025 our liquidity, including pledges, was sufficient to cover defined operating costs plus at least 12 months of outstanding commitments.





# Trustees' Report (cont.) for the Year Ended 30 June 2025

## Fundraising & Communications

Our fundraising has continued to be successful with the Cambridge Half Marathon and the Newmarket Race Day exceeding expectations both in terms of the amount raised, but also the media exposure generated. Successful corporate relationships are continuing to develop, for which we are incredibly grateful. And we have an experienced Trusts and Foundations Manager who is developing strong bids to help our growth. We continue to focus on our social media presence, having seen its sheer power during previous campaigns. We have also recruited more communications help so that we can tell the stories of our families more powerfully and raise awareness of brain tumours.

## Administration

We have in place our supporter database, Donorfy which allows our staff to work closely with our supporters and respond to them more efficiently and promptly. In addition, we have in place Xero, as a more flexible financial system which integrates with it. Our IT systems have been incredibly important and we have professional help (Cambridge Support), allowing us to have remote work done securely and to allow our staff to continue to “meet” virtually and receive management and support.

## Volunteers

Tom's Trust is lucky to be supported by voluntary help which primarily supports us in organising and hosting fundraising events. In particular this year volunteers helped at the Bartlow Walk, hosted our successful Race Day and shared information at Ickleton Open Gardens.

## Future plans

To further achieve our aims, we continue to build relationships with other NHS Trusts to provide similar care to more children in the UK. With a compelling case for support, the Tom's Trust model for psychological care is attracting an increasing amount of interest across the country. The five year strategy we launched in 2021 led us to formally ask for applications from the Principal Brain Tumour Treatment Centres across the UK to become the next hospitals we work with to provide specialised psychological support to benefit more children and families. Alder Hey Children's Hospital was selected as our next service, so expanding our support to children and families in the North West of England. This new service commenced in July 2023. The other hospital selected was John Radcliffe Hospital in Oxford and this new service supporting children and families in the Thames Valley commenced in September 2024.



## Trustees' Report (cont.) for the Year Ended 30 June 2025

### Future plans (continued)

In October 2024 we went back out to the Principal Brain Tumour Treatment Centres for applications to become the next hospitals we work with. As a result of this process we have selected a further service which we intend to announce in early 2026. We are actively working together to launch this new service, which we expect to commence in mid 2026.

As we look forward, the team having been working to refresh our strategy for the next 5 years through to 2031, and we expect to formally launch this in early 2026. The concept is to supercharge our work to provide basic psychological support and expert information to every family in the UK who has a child with a brain tumour, while continuing to build our in-hospital services in new regions.



# Trustees' Report (cont.) for the Year Ended 30 June 2025

## Statement of Trustees' responsibilities

The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and regulations.

The Charities Act 2011 requires the Trustees to prepare financial statements for each financial year. The Trustees must prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law), including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland. The Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP (FRS 102);
- make judgements and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the board of Trustees and signed on its behalf.

*Andrew Woosey*

Andrew Woosey

Chair

Date: 20/1/2026



# Independent examiner's report to the trustees of Tom's Trust

I report to the Trustees on my examination of the accounts of Tom's Trust ("the charity") for the year ended 30 June 2025.

## Responsibilities and basis of report

As the charity Trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts as carried out under section 145 of the Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

## Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matter has come to my attention in connection with the examination which gives me reasonable cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the accounts do not accord with these records; or
- the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008, other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Our report is made solely to the Charity's Trustees, as a body, in accordance with section 154 of the Charities Act 2011. Our work has been undertaken so that we might state to the Charity's Trustees those matters we are required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for our work or for the independent examiner's report, or for the opinions we have formed.

Christopher Bagnall FCA  
The Institute of Chartered Accountants in England and Wales  
Grant Thornton UK LLP  
Chartered Accountants  
Milton Keynes

Date: 20/1/2026

# Statement of financial activities for the year ended 30 June 2025

		Unrestricted funds	Restricted funds	Total 2025	Unrestricted funds	Restricted funds	Total 2024
	Note	£	£	£	£	£	£
<b>Incoming resources</b>							
Income from other trading activities	2	196,567	13,322	209,889	220,124	8,968	229,092
Donations and legacies	2	76,543	298,315	374,858	116,952	304,168	421,120
Investment income	3	9,604	-	9,604	2,442	-	2,442
<b>Total incoming resources</b>		<b>282,714</b>	<b>311,637</b>	<b>594,351</b>	<b>339,518</b>	<b>313,136</b>	<b>652,654</b>
<b>Resources expended</b>							
Raising funds	4	(117,830)	(95,812)	(213,642)	(103,279)	(72,517)	(175,796)
Charitable activities	4	(248,706)	(246,694)	(495,400)	(79,814)	(213,989)	(293,803)
<b>Total resources expended</b>		<b>(366,536)</b>	<b>(342,506)</b>	<b>(709,042)</b>	<b>(183,093)</b>	<b>(286,506)</b>	<b>(469,599)</b>
<b>Net outgoing/ incoming resources</b>		<b>(83,823)</b>	<b>(30,868)</b>	<b>(114,691)</b>	<b>156,425</b>	<b>26,630</b>	<b>183,055</b>
<b>Net movement in funds</b>	14	<b>(83,823)</b>	<b>(30,868)</b>	<b>(114,691)</b>	<b>156,425</b>	<b>26,630</b>	<b>183,055</b>
<b>Total funds brought forward</b>	14	<b>468,579</b>	<b>53,016</b>	<b>521,595</b>	<b>312,154</b>	<b>26,386</b>	<b>338,540</b>
<b>Total funds carried forward</b>	14	<b>384,756</b>	<b>22,148</b>	<b>406,904</b>	<b>468,579</b>	<b>53,016</b>	<b>521,595</b>

There are no recognised gains or losses other than those included above. The results shown above relate to continuing activities.

Incoming resources and resources expended are measured under the historical cost convention.

The notes on pages 23 - 32 form part of these financial statements.

## Balance sheet as at 30 June 2025

		Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
		2025	2025	2025	2024	2024	2024
	Note	£	£	£	£	£	£
<b>Fixed assets</b>							
Tangible assets	6	8,404	-	8,404	8,327	-	8,327
Fixed assets investments	7	-	-	-	200,823	-	200,823
<b>Total fixed assets</b>		<b>8,404</b>	<b>-</b>	<b>8,404</b>	<b>209,150</b>	<b>-</b>	<b>209,150</b>
<b>Current assets</b>							
Stock		2,911	-	2,911	2,169	-	2,169
Debtors	8	18,557	-	18,557	14,160	2,100	16,260
Cash and cash equivalents		119,079	86,287	205,366	263,037	61,304	324,341
Current asset investments	9	258,745	-	258,745	-	-	-
<b>Total current assets</b>		<b>399,292</b>	<b>86,287</b>	<b>485,579</b>	<b>279,366</b>	<b>63,404</b>	<b>342,770</b>
<b>Creditors</b>	10	<b>(22,940)</b>	<b>(64,139)</b>	<b>(87,079)</b>	<b>(19,937)</b>	<b>(10,388)</b>	<b>(30,325)</b>
<b>Net current assets</b>		<b>376,352</b>	<b>22,148</b>	<b>398,500</b>	<b>259,429</b>	<b>53,016</b>	<b>312,445</b>
<b>Net assets</b>		<b>384,756</b>	<b>22,148</b>	<b>406,904</b>	<b>468,579</b>	<b>53,016</b>	<b>521,595</b>
<b>Funds of the charity</b>							
Unrestricted funds	15	384,756	-	384,756	468,579	-	468,579
Restricted funds	15	-	22,148	22,148	-	53,016	53,016
<b>Total funds</b>		<b>384,756</b>	<b>22,148</b>	<b>406,904</b>	<b>468,579</b>	<b>53,016</b>	<b>521,595</b>

The financial statements were approved by the Trustees and authorised for issue and signed on its behalf.

*Andrew Woosey*

Andrew Woosey  
Chair, Board of Trustees  
Date: 20/1/2026

The notes on pages 23 - 32 form part of these financial statements.





# Notes to the financial statements for the year ended 30 June 2025

## 1 Accounting Policies

### 1.1 Basis of preparation of financial statements

The financial statements of Tom's Trust ("the charity") have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), and the Charities Act.

The financial statements have been prepared on an accruals basis.

### 1.2 Incoming resources

Recognition of incoming resources

Incoming resources are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- the Trustees believe it is probable (more likely than not) that they will receive the resources; and
- the monetary value can be measured with sufficient reliability.

#### Donations and legacies

Donations and legacies are only included in the SoFA when the charity has entitlement to the resources.

#### Tax reclaims on donations and gift aid

Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.

#### Income from trading activities

This is only included in the SoFA once the related goods or services have been delivered.

#### Donated services and facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

#### Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the Trustees' annual report.

#### Investment income

Investment income is accounted for when receivable.



# Notes to the financial statements (continued) for the year ended 30 June 2025

## 1 Accounting Policies (continued)

### 1.3 Expenditure

#### Raising funds

Expenditure incurred directly in the effort to generate funds which are then applied to the charity's work.

#### Charitable activities

Expenditure incurred directly in the fulfilment of the charity's objectives.

### 1.4 Going concern

The Charity is reliant on continued support in the form of fundraising income and donations received. On the basis of this support and the ongoing activities of the Charity, the Trustees are of the opinion that the Charity's activities are able to continue for the foreseeable future, being no less than twelve months from the date of approval of the financial statements, and therefore have prepared the financial statements on a going concern basis.

### 1.5 Fund accounting

Restricted funds are to be used for specified purposes laid down by the donor. Expenditure for those purposes is charged to the fund, together with a fair allocation of overheads and support costs.

Unrestricted funds are donations and other incoming resources received or generated for expenditure on the general objectives of the charity.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in Note 14.

### 1.6 Fixed asset investments

Fixed asset investments are held at cost, which is deemed to be materially equivalent to fair value.

### 1.7 Tangible fixed assets

Tangible fixed assets under the cost model are stated at historical cost less accumulated depreciation and any accumulated impairment losses. Historical cost includes expenditure that is directly attributable to bringing the asset to the location and condition necessary for it to be capable of operating in the manner intended.

Depreciation is charged so as to allocate the cost of assets less their residual values over their estimated useful lives on the following basis:

Computer equipment – 25% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset and is credited or charged to profit or loss.



# Notes to the financial statements (continued) for the year ended 30 June 2025

## 1 Accounting Policies (continued)

### 1.8 Stock

Stocks are measured at the lower of cost and net realisable value, being the estimated selling price less costs to complete and sell.

### 1.9 Debtors

Trade and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid net of any trade discounts.

### 1.10 Cash and cash equivalents

Cash and cash equivalents includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

### 1.11 Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are recognised at their settlement amount after allowing for any trade discounts due.

### 1.12 Defined contribution pension plan

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the charity pays fixed contributions into a separate entity. Once the contributions have been paid the charity has no further payment obligations.

The contributions are recognised as an expense in the statement of financial activities when they fall due. Amounts not paid are shown in creditors as a liability in the balance sheet. The assets of the plan are held separately from the Company in independently administered funds.

### 1.13 Financial instruments

The charity only enters into basic financial instrument transactions that result in the recognition of financial assets and liabilities like trade and other debtors and creditors and other third parties.



# Notes to the financial statements (continued) for the year ended 30 June 2025

## 2 Analysis of incoming resources

	Unrestricted £	Restricted £	2025 £	2024 £
<b>Income from other trading activities</b>				
Corporate events and partnerships	51,836	11,542	63,378	52,054
Tom's Trust events	50,572	-	50,572	61,714
Community Fundraising (includes Individual Challenges, Schools/Colleges, Merchandise sales)	94,159	1,780	95,939	115,324
	<b>196,567</b>	<b>13,322</b>	<b>209,889</b>	<b>229,092</b>
Donated services comprise a contribution in respect of professional advice of £Nil (2024: £Nil). The Charity also benefits from the services of unpaid volunteers.				
	Unrestricted £	Restricted £	2025 £	2024 £
<b>Donations and legacies</b>				
Donations and grants – individuals and legacies	40,732	1,508	42,240	30,023
Gift aid	19,111	-	19,111	17,702
Donations – trusts and foundations	16,700	296,807	313,507	373,395
	<b>76,543</b>	<b>298,315</b>	<b>374,858</b>	<b>421,120</b>

## 3 Investment income

	Unrestricted £	Restricted £	2025 £	2024 £
Interest received	9,604	-	9,604	2,442

# Notes to the financial statements (continued) for the year ended 30 June 2025

## 4 Analysis of resources expended

	Unrestricted £	Restricted £	2025 £	2024 £
<b>Raising funds</b>				
Event costs	44,359	17,498	61,857	38,601
Salary and social security costs	36,496	77,814	114,310	107,985
Consultancy fees	4,790	500	5,290	990
Support costs (see note 5)	32,185	-	32,185	28,220
	<b>117,830</b>	<b>95,812</b>	<b>213,642</b>	<b>175,796</b>
	Unrestricted £	Restricted £	2025 £	2024 £
<b>Charitable activities</b>				
Psychology services	49,815	165,401	215,216	112,313
Salary and social security costs	153,113	52,641	205,754	115,585
Support costs (see note 5)	45,779	28,652	74,430	65,905
	<b>248,706</b>	<b>246,694</b>	<b>495,400</b>	<b>293,803</b>

Included within the salary and social security costs (raising funds) in the current year are the costs of the National Lottery funded Clinical Services Director, Family Liaison Coordinator and Administrator.

## 5 Support Costs

	Raising funds £	Charitable activities £	Total cost 2025 £	Total cost 2024 £
<b>Support cost type</b>				
Premises	2,209	5,154	7,363	10,952
IT costs	2,728	6,365	9,093	3,620
Office expenses	3,467	8,089	11,556	10,202
Independent examination	1,494	3,486	4,980	4,020
Bookkeeping	6,529	15,238	21,767	19,185
Other governance costs	5,159	12,037	17,196	15,655
Staff training	1,298	3,029	4,327	7,978
Employment costs	9,301	21,032	30,333	22,513
	<b>32,185</b>	<b>74,430</b>	<b>106,615</b>	<b>94,125</b>

Support costs have been allocated between activities, as shown in the above table, based on time spent.

Fees totalling £4,150 + VAT (2024: £3,350 + VAT) were incurred in relation to the independent examination and accounts preparation for the year ended 30 June 2025.

## Notes to the financial statements (continued) for the year ended 30 June 2025

### 6 Tangible fixed assets

		Computer equipment £
<b>Cost</b>		
At 1 July 2024		20,036
Additions		4,730
At 30 June 2025		24,766
<b>Depreciation</b>		
At 1 July 2024		11,709
Charge for the year		4,653
At 30 June 2025		16,362
<b>Net book value</b>		
At 30 June 2025		8,404
At 30 June 2024		8,327

### 7 Fixed asset investments

		Investments £
<b>Cost</b>		
At 1 July 2024		200,823
Reclassification to current asset investments		(200,823)
At 30 June 2025		-
<b>Net book value</b>		
At 30 June 2025		-
At 30 June 2024		200,823



## Notes to the financial statements (continued) for the year ended 30 June 2025

### 8 Debtors

		2025 Unrestricted £	2025 Restricted £	2025 Total £	2024 Total £
<b>Amounts falling due within one year</b>					
Trade debtors		7,741	-	7,741	7,210
Prepayments and accrued income		10,816	-	10,816	9,050
		<u>18,557</u>	<u>-</u>	<u>18,557</u>	<u>16,260</u>

### 9 Current asset investments

		Investments £
<b>Cost</b>		
At 1 July 2024		-
Reclassification from fixed asset investments		200,823
Additions		57,922
At 30 June 2025		<u>258,745</u>
<b>Net book value</b>		
At 30 June 2025		<u>258,745</u>
At 30 June 2024		-

### 10 Creditors

		2025 Unrestricted £	2025 Restricted £	2025 Total £	2024 Total £
<b>Amounts falling due within one year</b>					
Trade creditors		7,836	64,139	71,975	12,094
Accruals and deferred income		6,970	-	6,970	13,637
PAYE/NI		2,997	-	2,997	2,375
Net Pay		3,410	-	3,410	221
Pension		1,727	-	1,727	1,998
		<u>22,940</u>	<u>64,139</u>	<u>87,079</u>	<u>30,325</u>

Income is deferred where it relates to a future specified period. During the year, deferred income totalling £9,618 was released and £2,350 was deferred.



## Notes to the financial statements (continued) for the year ended 30 June 2025

### 11 Employees

The average number of employees during the year was 13 (2024: 11).

The charity has no employees who received employee benefits of more than £60,000 per annum (2024: none).

Gross salaries paid during the year totalled £320,064 (2024: £230,158). Social security costs totalled £20,210 (2024: £8,129) and employer pension contributions totalled £10,349 (2024: £7,796). Pension costs are allocated between raising funds and charitable activities based on the individuals' time spent.

### 12 Trustees' remuneration

During the year no trustee received remuneration or expenses from the charity (2024: none).

### 13 Pension commitments

The charity operates a defined contribution pension scheme. Contributions totalling £1,727 (2024: £1,998) were payable to the fund at the reporting date and are included in creditors.

### 14 Related party transactions

During the year the charity paid Hayley Shave an amount for consulting services of £1,470 (2024: £990). Hayley Shave is related to the trustee Martin Shave.

During the year Tim Worden helped the charity draft contracts for the new services with the NHS, no fee was charged for his service. Tim is related to the trustee Alexandra Worden.

There were no other related party transactions in this or prior the year.

# Notes to the financial statements (continued) for the year ended 30 June 2025

## 15 Reconciliation of funds

	Brought forward	Incoming resources	Resources expended	Transfers between funds	Carried forward
	2025	2025	2025	2025	2025
	£	£	£	£	£
Restricted funds:					
- East of England	-	14,270	(14,270)	-	-
- The North East	34,455	-	(34,455)	-	-
- The North West	-	142,327	(142,327)	-	-
- Thames Valley	-	20,500	(20,500)	-	-
- Lottery	18,561	110,540	(106,953)	-	22,148
- Family services	-	24,000	(24,000)	-	-
Unrestricted funds:					
- General	258,579	282,714	(366,537)	41,333	216,089
- Designated funds	210,000			(41,333)	168,667
	<b>521,595</b>	<b>594,351</b>	<b>(709,042)</b>	<b>-</b>	<b>406,904</b>
	Brought forward	Incoming resources	Resources expended	Transfers between funds	Carried forward
	2024	2024	2024	2024	2024
	£	£	£	£	£
Restricted funds:					
- East of England	15,490	12,090	(27,580)	-	-
- The North East	-	83,855	(49,400)	-	34,455
- The North West	10,896	117,379	(128,275)	-	-
- Thames Valley	-	6,000	(6,000)	-	-
- Lottery	-	93,812	(75,251)	-	18,561
Unrestricted funds:					
- General	231,241	339,518	(183,093)	(129,087)	258,579
- Designated funds	80,913	-	-	129,087	210,000
	<b>338,540</b>	<b>652,654</b>	<b>(469,599)</b>	<b>-</b>	<b>521,595</b>

Restricted funds relate to amounts received specifically for the provision of clinical psychologists in the locations that the Trust supports in Cambridge, Newcastle and Liverpool. It also relates to the provision of services in relation to the Tom's Trust Clinical Psychology Network.

Unrestricted funds are available to spend on the Charity's activities.

The charity holds unrestricted reserves amounting to £384,756 (2024: £468,579) which includes designated funds of £168,667 (2024: £210,000), £Nil (2024: £70,000) were committed to the establishment of the Thames Valley Service, £100,000 (2024: £100,000) for the establishment of the next two Tom's Trust services, £28,667 (2024: £40,000) for the costs of the Tom's Trust Clinical Psychology Network and to cover Network grants already promised, and £40,000 (2024: £Nil) for the development of the Family Services Network.



## Notes to the financial statements (continued) for the year ended 30 June 2025

### **16 Other financial commitments**

As at 30 June 2025, the Trust has committed to pay for the cost of clinical psychologists for future accounting periods. This amounts to £724,853 (2024: £705,763). These financial commitments are under service level agreements.

Included within committed costs is £99,234 (2024: £259,772) which has been committed to the development of a fifth service.



I wonder,  
Would I be different  
without my disability?  
Would I love reading?  
I wonder,  
Or would I be sporty?  
I wonder,  
Would I cycle with my dad?  
I wonder,  
Would I think differently?  
I wonder.

**Written by Mimi, 16**



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