



Trustees' Annual Report for the period

From	Period start date		Period end date			
	Day 31	Month 10	Year 2022	Day 01	Month 08	Year 2023

5

Section A Reference and administration details

Charity name

Arts Against Adversity

Other names charity is known by

AAA

Registered charity number (if any)

1183533

Charity's principal address

112, Haviland Road

Bournemouth

Postcode

BH7 6HW

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Tony C Smikle	Chair		Elected by the Board
2	Chris Keenan			Elected to the Board

	3	Dr Samuel Johnson			Elected to the Board
	4				
	5				
	6				
	7				
	8				
	9				
	10				
	11				
	12				
	13				
	14				
	15				
	16				
	17				
	18				
	19				
	20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

☐

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Events	Christella Marvis	
Events	Fraser Bennett	
Wellbeing		

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution.
How the charity is constituted (eg. trust, association, company)	CIO.
Trustee selection methods (eg. appointed by, elected by)	Elected members.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

We are reviewing our plans and all documentation with a view to preparing a suite of materials for later this year.

This includes:

1. Working with vulnerable young people and Ukrainian refugees.
2. Dance classes for vulnerable youths
3. Music therapy
4. Training delivery

Summary of the objects of the charity set out in its governing document

It is our mission to empower young people, affected by adversity, to:

- creatively and safely express their individuality, emotions and experiences
- enjoy a supportive sense of belonging
- feel understood and inspired
- achieve health and happiness in their lives.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Our work is founded upon principles of inclusion, respect, kindness, collaboration, personal, social and planetary well-being and social emancipation. We seek to enable more children and young people to access the benefits of the expressive arts in a way that feels helpful and healthy for their unique needs. This involves deliberately providing free opportunities for those who may be experiencing barriers to access and inclusion. We believe that the arts can be an effective and enjoyable vehicle for therapeutic and transformative change both for individuals and the community. Our participatory classes and campaigns bring real world issues to light in ways that are inspiring and informative.

Arts Against Adversity benefits from the talents and passion of enthusiastic and skilled coaches and performance artists. We also draw upon advice, training and expertise from child psychologists, mental health workers, youth workers and counsellors.

Our direct work with young people seeks to balance both comfort (where young people are safe and supported) with appropriate challenge (promoting resilience and progress). Each project and performance aims to empower young people to bring out their 'blueprint of brilliance' and develop the wisdom and strength to positively navigate life's experiences, opportunities and trials.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

We are not a grant-making body.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Continued traction and outreach work.

Online project – Workshops for dance, music and art. High take up and overwhelmingly positive feedback from parents and children. Secured excellent coaching and attracted young people from neighbouring postcodes. We believe our work is much needed and has wide application.

Recruited a Chair with a background in the Charities sector and a new Treasurer.

1. Free sim cards for Ukrainian refugees (Vodafone)
2. Dance project for vulnerable young people.
3. Free mobile phones for Refugees (from the Refugee Council)
4. Music therapy

Section E

Financial review

Brief statement of the charity's policy on reserves

12 months operating costs from the point of securing funding.
NB. We are a voluntary organisation.

Details of any funds materially in deficit

None.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

We have been actively pursuing donations from various organisations

Section F

Other optional information

The current team is increasing our experience.
We are working to get everything in place in order to deliver our objects later this year.

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)





Full name(s)

Tony C Smikle

Chris Keenan

Position (eg Secretary, Chair, etc)

Chair

Trustee

Date

21 May 2024

Arts Against Adversity

No (if any)
1183533

Receipts and payments accounts

For the period from	Period start date 31.07.2022	To	Period end date 01.08.2023
---------------------	---------------------------------	----	-------------------------------

CC16a

Section A Receipts and payments

	Unrestricted funds to the nearest £	#	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts						
Music therapy	-		-	-	£270	-
	-		-	-	-	-
	-		-	-	-	-
	-		-	-	-	-
	-		-	-	-	-
	-		-	-	-	-
	-		-	-	-	-
	-		-	-	-	-
Sub total(Gross income for AR)	-		-	-	-	-
A2 Asset and investment sales, (see table).						
	-		-	-	-	-
	-		-	-	-	-
Sub total	-		-	-	-	-
Total receipts	-		-	-	£270	-
A3 Payments						
Insurance	-		-	-	-	113.76
Web storage	-		-	-	-	129.6
Web access	-		-	-	-	57.6
	-		-	-	-	-
	-		-	-	-	-
	-		-	-	-	-
	-		-	-	-	-
	-		-	-	-	-
	-		-	-	-	-
	-		-	-	-	-
Sub total	-		-	-	-	£300.96
A4 Asset and investment purchases, (see table)						
	-		-	-	-	-
	-		-	-	-	-
Sub total	-		-	-	-	-
Total payments	-		-	-	-	-
Net of receipts/(payments)	-		-	-	-	-
A5 Transfers between funds	-		-	-	-	-

A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	-	-	-	552	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	<div> <div></div> <div></div> <div></div> <div>Total cash funds</div> <div>(agree balances with receipts and payments account(s))</div> </div>	<div> <div>552</div> <div></div> <div></div> <div>552</div> <div>OK</div> </div>	<div> <div></div> <div></div> <div></div> <div></div> <div>OK</div> </div>	<div> <div></div> <div></div> <div></div> <div></div> <div>OK</div> </div>
B2 Other monetary assets	<div>Details</div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div>	<div>Unrestricted funds to nearest £</div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div>	<div>Restricted funds to nearest £</div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div>	<div>Endowment funds to nearest £</div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div>
B3 Investment assets	<div>Details</div> <div></div> <div></div> <div></div> <div></div> <div></div>	<div>Fund to which asset belong</div> <div></div> <div></div> <div></div> <div></div> <div></div>	<div>Cost (optional)</div> <div></div> <div></div> <div></div> <div></div> <div></div>	<div>rent value (optional)</div> <div></div> <div></div> <div></div> <div></div> <div></div>
B4 Assets retained for the charity's	<div>Details</div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div>	<div>Fund to which asset belongs</div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div>	<div>Cost (optional)</div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div>	<div>Current value (optional)</div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div>
B5 Liabilities	<div>Details</div> <div></div> <div></div> <div></div> <div></div> <div></div>	<div>nd to which liability relat</div> <div></div> <div></div> <div></div> <div></div> <div></div>	<div>.mount due (optiona</div> <div></div> <div></div> <div></div> <div></div> <div></div>	<div>hen due (optional)</div> <div></div> <div></div> <div></div> <div></div> <div></div>
Signed by one or two trustees on behalf of all		Print Name		Date of approval
<div>Signature</div> <div>TC Smikle</div> <div></div>		<div>TC Smikle</div> <div></div>		<div>21/05 2024</div> <div></div>