

SENTINEL FOUNDATION

England & Wales · Charity number 1183520

Details

Status Registered

Legal form CIO

Registered 2019-05-21

Register [View on the Charity Commission register](#)

Contact

Address Sentinel House
Unit 36
Oakwood Hill Industrial Estate
Oakwood Hill
Loughton
Essex

Phone 02085146565

Activities

Objects: THE OBJECTS OF THE CIO ARE: 1) THE ADVANCEMENT OF EDUCATION IN PAKISTAN BY ESTABLISHING SCHOOLS IN UNDEVELOPED AREAS AND PROVIDING GRANTS OF FINANCIAL ASSISTANCE TO ECONOMICALLY DISADVANTAGED STUDENTS TO ASSIST WITH PAYMENT OF SCHOOL/COLLEGE FEES. 2) THE RELIEF OF SICKNESS AND THE PRESERVATION AND PROTECTION OF GOOD HEALTH IN PAKISTAN BY ESTABLISHING MEDICAL CARE CENTRES IN UNDEVELOPED AREAS AND SUPPORTING EXISTING MEDICAL CARE CENTRES. 3) THE RELIEF OF THOSE IN NEED, BY REASON OF YOUTH, AGE, ILL-HEALTH, DISABILITY, FINANCIAL HARDSHIP OR OTHER DISADVANTAGE IN PAKISTAN.

Activities: a) The advancement of education in Pakistan by establishing schools in undeveloped areas and providing grants of financial assistance to economically disadvantaged students to assist with payment of school/college fees. b) The relief of sickness and the preservation and protection of good health in Pakistan by establishing medical care centres in undeveloped areas and supporting existing med

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Elderly/old People, People With Disabilities

Geography

- **Area of benefit:** OVERSEAS
- Pakistan
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-06-30		£629	£1,176	-
2024-06-30		£0	£0	-
2023-06-30		£0	£0	-
2022-06-30		£0	£0	-
2021-06-30		£0	£0	-
2020-06-30		£0	£0	-

Trustees

Name	Role	Appointed
CHAUDHRY MUHAMMAD ZAHID IQBAL		2019-05-21
Choudhry Muhammad Tufail Zafar		2019-05-21
MUHAMMAD SHAHID IQBAL CHAUDHRY		2019-05-21

SENTINEL FOUNDATION

England & Wales - Charity number 1183520

Accounts

Charity Registration No. 1183520

SENTINEL FOUNDATION (the "Charity")

TRUSTEES' REPORT AND FINANCIAL STATEMENTS FOR

THE YEAR ENDED 30 JUNE 2025

SENTINEL FOUNDATION

CONTENTS

	Page
CHARITY INFORMATION	2
TRUSTEES' REPORT	3
STATEMENT OF FINANCIAL ACTIVITIES	4
STATEMENT OF FINANCIAL POSITION	4
NOTES OF THE ACCOUNTS	5

SENTINEL FOUNDATION

CHARITY INFORMATION

Trustees	Current	Joining Date
	Choudhry Muhammad Tufail	21-May-19
	Zafar Muhammad Shahid Iqbal	21-May-19
	Chaudhry Chaudhry Muhammad	21-May-19
	Zahid Iqbal	

Charity number 1183520

Registered office
Sentinel House, Unit 36
Oakwood Hill Industrial
Estate Oakwood Hill
Loughton Essex
IG10 3TZ

**SENTINEL FOUNDATION
TRUSTEES' REPORT
FOR THE YEAR ENDED 30 JUNE 2025**

The trustees present their report and financial statements for the year ended 30 JUNE 2025

Objectives:

The objective of the Charity are that it will be working in partnership with organisations in Pakistan, who will operate educational and health facilities on day-to-day basis.

1) The advancement of education in Pakistan by establishing schools in undeveloped areas and providing grants of financial assistance to economically disadvantaged students to assist with payment of school/college fees.

2) The relief of sickness and the preservation and protection of good health in Pakistan by establishing medical care centres in undeveloped areas and supporting existing medical care centres

3) The relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage in Pakistan.

Governing Document:

The charity is controlled by its governing document, a deed of trust, and constitutes a charitable incorporated organisation (CIO) by the Charities Act 2006.

Activities and performance during the year:

Charitable activities performed during reporting period in accordance with charity objectives.

On behalf of the board of trustees 30 JUNE 2025



Trustee


SENTINEL FOUNDATION
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 JUNE 2025

	30-Jun-25 £
Income and Endowments	
Donation and legacies	
Donations - (Unrestricted funds)	629.26
Total incoming resources	<u>629.26</u>
Resources expended	(1,176.00)
Total resources expended	<u>(1,176.00)</u>
(Deficit) / Surplus funds for the year	<u>(546.74)</u>
Surplus brought forward from previous year	930.00
Surplus reserve carried forward	<u>383.26</u>

SENTINEL FOUNDATION
STATEMENT OF FINANCIAL POSITION
AS AT 30 JUNE 2025

	30-Jun-25 £
Cash at bank	383.26
Creditors	-
Net assets	<u><u>383.26</u></u>
Reserves	
Unrestricted Funds	383.26
Total funds	<u><u>383.26</u></u>

Approved by the Board of trustees for issue on 30 JUNE 2025



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Trustee

SENTINEL FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS

AS AT 30 JUNE 2025

1. Reporting entity

SENTINEL FOUNDATION (the "Charity") is a registered charity and operates from Sentinel House, Unit 36, Oakwood Hill Industrial Estate, Oakwood Hill, Loughton, Essex, IG10 3TZ

2. Basis of preparation

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

These financial statements are presented in Pound Sterling, which is the Charity's functional currency. Except as otherwise indicated, financial information presented has been rounded to the nearest pound sterling.

3. Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds and it is probable that the income will be received and the amount can be measured reliably. Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objective of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

4. Liabilities

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure and it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

5. Tax

The charity is exempt from tax on its charitable activities.

6. Trustees' remuneration and benefits

There were no trustees' remuneration or other benefits or expenses paid for the year ended 30th June 2025

SENTINEL FOUNDATION

England & Wales - Charity number 1183520

Accounts

Charity Registration No. 1183520

SENTINEL FOUNDATION (the "Charity")

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2024

SENTINEL FOUNDATION

CONTENTS

	Page
CHARITY INFORMATION	2
TRUSTEES' REPORT	3
STATEMENT OF FINANCIAL ACTIVITIES	4
STATEMENT OF FINANCIAL POSITION	4
NOTES OF THE ACCOUNTS	5

SENTINEL FOUNDATION

CHARITY INFORMATION

Trustees	Current	Joining Date
	Choudhry Muhammad Tufail Zafar	21-May-19
	Muhammad Shahid Iqbal Chaudhry	21-May-19
	Choudhry Muhammad Tufail Zafar	21-May-19
	Chaudhry Muhammad Zahid Iqbal	21-May-19

Charity number 1183520

Registered office
Sentinel House, Unit 36
Oakwood Hill Industrial Estate
Oakwood Hill Loughton
Essex
IG10 3TZ

**SENTINEL FOUNDATION
TRUSTEES' REPORT
FOR THE YEAR ENDED 30 JUNE 2024**

The trustees' present their report and financial statements for the year ended 30 June 2024

Objectives:

The objective of the Charity are that it will be working in partnership with organisations in Pakistan, who will operate educational and health facilities on day to day basis.

1) The advancement of education in pakistan by establishing schools in undeveloped areas and providing grants of financial assistance to economically disadvantaged students to assist with payment of school/college fees.

2) The relief of sickness and the preservation and protection of good health in pakistan by establishing medical care centres in undeveloped areas and supporting existing medical care centres

3) The relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage in pakistan.


Governing Document:

The charity is controlled by its governing document, a deed of trust, and constitutes a charitable incorporated organisation (CIO) by the Charities Act 2006.

Activities and performance during the year:

There were no activites perofomed for the reporting period.

On behalf of the board of trustees 30 June 2024


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Trustee


SENTINEL FOUNDATION
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 JUNE 2024

	30-Jun-24 £
Income and Endowments	
Donation and legacies	
Donations - (Unrestricted funds)	0.00
Total incoming resources	<u>0.00</u>
Resources expended	(3,065.00)
Total resources expended	<u>(3,065.00)</u>
(Deficit) / Surplus funds for the year	<u>(3,065.00)</u>
Surplus brought forward from previous year	3,995.00
Surplus reserve carried forward	<u>930.00</u>

SENTINEL FOUNDATION
STATEMENT OF FINANCIAL POSITION
AS AT 30 JUNE 2024

	30-Jun-24 £
Cash at bank	930.00
Creditors	-
Net assets	<u><u>930.00</u></u>
Reserves	
Unrestricted Funds	930.00
Total funds	<u><u>930.00</u></u>

Approved by the Board of trustees' for issue on 30 June 2024

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Trustee

SENTINEL FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS

AS AT 30 June 2024

1. Reporting entity

SENTINEL FOUNDATION (the "Charity") is a registered charity and operates from Sentinel House, Unit 36, Oakwood Hill Industrial Estate, Oakwood Hill, Loughton, Essex, IG10 3TZ

2. Basis of preparation

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

These financial statements are presented in Pound Sterling, which is the Charity's functional currency. Except as otherwise indicated, financial information presented has been rounded to the nearest pound sterling.

3. Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds and it is probable that the income will be received and the amount can be measured reliably. Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objective of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

4. Liabilities

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure and it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

5. Tax

The charity is exempt from tax on its charitable activities.

6. Trustees' remuneration and benefits

There were no trustees' remuneration or other benefits or expenses paid for the year ended 30th June 2024

SENTINEL FOUNDATION

England & Wales - Charity number 1183520

Accounts

Charity Registration No. 1183520

SENTINEL FOUNDATION (the "Charity")

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2023

SENTINEL FOUNDATION

CONTENTS

	Page
CHARITY INFORMATION	2
TRUSTEES' REPORT	3
STATEMENT OF FINANCIAL ACTIVITIES	4
STATEMENT OF FINANCIAL POSITION	4
NOTES OF THE ACCOUNTS	5

SENTINEL FOUNDATION

CHARITY INFORMATION

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	Muhammad Shahid Iqbal Chaudhry	21-May-19
	Choudhry Muhammad Tufail Zafar	21-May-19
	Chaudhry Muhammad Zahid Iqbal	21-May-19

Charity number 1183520

Registered office
Sentinel House, Unit 36
Oakwood Hill Industrial Estate
Oakwood Hill Loughton
Essex
IG10 3TZ

SENTINEL FOUNDATION

TRUSTEES' REPORT

FOR THE YEAR ENDED 30 JUNE 2023

The trustees' present their report and financial statements for the year ended 30 June 2023

Objectives:

The objective of the Charity are that it will be working in partnership with organisations in Pakistan, who will operate educational and health facilities on day to day basis.

1) The advancement of education in pakistan by establishing schools in undeveloped areas and providing grants of financial assistance to economically disadvantaged students to assist with payment of school/college fees.

2) The relief of sickness and the preservation and protection of good health in pakistan by establishing medical care centres in undeveloped areas and supporting existing medical care centres

3) The relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage in pakistan.


Governing Document:

The charity is controlled by its governing document, a deed of trust, and constitutes a charitable incorporated organisation (CIO) by the Charities Act 2006.

Activities and performance during the year:

There were no activites perofrmed for the reporting period.

On behalf of the board of trustees 30 June 2023


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Trustee


SENTINEL FOUNDATION
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 JUNE 2023

	30-Jun-23 £
Income and Endowments	
Donation and legacies	
Donations - (Unrestricted funds)	5,000.00
Total incoming resources	<u>5,000.00</u>
Resources expended	(1,005.00)
Total resources expended	<u>(1,005.00)</u>
(Deficit) / Surplus funds for the year	<u>3,995.00</u>
Surplus brought forward from previous year	0.00
Surplus reserve carried forward	<u>3,995.00</u>

SENTINEL FOUNDATION
STATEMENT OF FINANCIAL POSITION
AS AT 30 JUNE 2023

	30-Jun-23 £
Cash at bank	3,995.00
Creditors	-
Net assets	<u><u>3,995.00</u></u>
Reserves	
Unrestricted Funds	3,995.00
Total funds	<u><u>3,995.00</u></u>

Approved by the Board of trustees' for issue on 30 June 2023


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Trustee

SENTINEL FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS

AS AT 30 June 2023

1. Reporting entity

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2. Basis of preparation

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3. Income

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5. Tax

The charity is exempt from tax on its charitable activities.

6. Trustees' remuneration and benefits

There were no trustees' remuneration or other benefits or expenses paid for the year ended 30th June 2023

SENTINEL FOUNDATION

England & Wales - Charity number 1183520

Accounts

Charity Registration No. 1183520

SENTINEL FOUNDATION (the "Charity")

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2022

SENTINEL FOUNDATION

CONTENTS

	Page
CHARITY INFORMATION	2
TRUSTEES' REPORT	3
STATEMENT OF FINANCIAL ACTIVITIES	4
STATEMENT OF FINANCIAL POSITION	4
NOTES OF THE ACCOUNTS	5

SENTINEL FOUNDATION

CHARITY INFORMATION

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	Muhammad Shahid Iqbal Chaudhry	21-May-19
	Choudhry Muhammad Tufail Zafar	21-May-19
	Chaudhry Muhammad Zahid Iqbal	21-May-19

Charity number 1183520

Registered office Sentinel House, Unit 36
Oakwood Hill Industrial Estate
Oakwood Hill Loughton
Essex
IG10 3TZ

**SENTINEL FOUNDATION
TRUSTEES' REPORT
FOR THE YEAR ENDED 30 JUNE 2022**

The trustees' present their report and financial statements for the year ended 30 June 2022

Objectives:

The objective of the Charity are that it will be working in partnership with organisations in Pakistan, who will operate educational and health facilities on day to day basis.

- 1) The advancement of education in pakistan by establishing schools in undeveloped areas and providing grants of financial assistance to economically disadvantaged students to assist with payment of school/college fees.
- 2) The relief of sickness and the preservation and protection of good health in pakistan by establishing medical care centres in undeveloped areas and supporting existing medical care centres
- 3) The relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage in pakistan.


Governing Document:

The charity is controlled by its governing document, a deed of trust, and constitutes a charitable incorporated organisation (CIO) by the Charities Act 2006.

Activities and performance during the year:

There were no activites perofomed for the reporting period.

On behalf of the board of trustees 30 June 2022


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Trustee


SENTINEL FOUNDATION
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 JUNE 2022

	30-Jun-22 £
Income and Endowments	
Donation and legacies	
Donations - (Unrestricted funds)	0.00
Total incoming resources	<u><u>0.00</u></u>
Resources expended	0.00
Total resources expended	<u><u>0.00</u></u>
(Deficit) / Surplus funds for the year	<u><u>0.00</u></u>
Surplus brought forward from previous year	0.00
Surplus reserve carried forward	<u><u>0.00</u></u>

SENTINEL FOUNDATION
STATEMENT OF FINANCIAL POSITION
AS AT 30 JUNE 2022

	30-Jun-22 £
Cash at bank	-
Creditors	-
Net assets	<u>-</u>
Reserves	
Unrestricted Funds	-
Total funds	<u>-</u>

Approved by the Board of trustees' for issue on 30 June 2022

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Trustee

SENTINEL FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS

AS AT 30 June 2022

1. Reporting entity

SENTINEL FOUNDATION (the "Charity") is a registered charity and operates from Sentinel House, Unit 36, Oakwood Hill Industrial Estate, Oakwood Hill, Loughton, Essex, IG10 3TZ

2. Basis of preparation

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These financial statements are presented in Pound Sterling, which is the Charity's functional currency. Except as otherwise indicated, financial information presented has been rounded to the nearest pound sterling.

3. Income

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4. Liabilities

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure and it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

5. Tax

The charity is exempt from tax on its charitable activities.

6. Trustees' remuneration and benefits

There were no trustees' remuneration or other benefits or expenses paid for the year ended 30th June 2022

SENTINEL FOUNDATION

England & Wales - Charity number 1183520

Accounts

Charity Registration No. 1183520

SENTINEL FOUNDATION (the "Charity")

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2021

SENTINEL FOUNDATION

CONTENTS

	Page
CHARITY INFORMATION	2
TRUSTEES' REPORT	3
INDEPENDENT EXAMINER'S REPORT	5
STATEMENT OF FINANCIAL ACTIVITIES	6
STATEMENT OF FINANCIAL POSITION	7
NOTES OF THE ACCOUNTS	8

SENTINEL FOUNDATION

CHARITY INFORMATION

Trustees	Current	Joining Date
	Choudhry Muhammad Tufail Zafar	21-May-19
	Muhammad Shahid Iqbal Chaudhry	21-May-19
	Chaudhry Muhammad Zahid Iqbal	21-May-19

Charity number 1183520

Registered office
Sentinel House, Unit 36
Oakwood Hill Industrial Estate
Oakwood Hill Loughton
Essex
IG10 3TZ

**SENTINEL FOUNDATION TRUSTEES' REPORT
FOR THE YEAR ENDED 30 JUNE 2021**

The trustees' present their report and financial statements for the year ended 30 June 2021

Objectives:

The objective of the Charity are that it will be working in partnership with organisations in Pakistan, who will operate educational and health facilities on day to day basis.

1) The advancement of education in pakistan by establishing schools in undeveloped areas and providing grants of financial assistance to economically disadvantaged students to assist with payment of school/college fees.

2) The relief of sickness and the preservation and protection of good health in pakistan by establishing medical care centres in undeveloped areas and supporting existing medical care centres

3) The relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage in pakistan.

Governing Document:

The charity is controlled by its governing document, a deed of trust, and constitutes a charitable incorporated organisation (CIO) by the Charities Act 2006.

Activities and performance during the year:

There were no activites perofomed for the reporting period.

On behalf of the board of trustees 30 June 2021

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Trustee

**INDEPENDENT EXAMINER REPORT TO THE TRUSTEES' OF
SENTINEL FOUNDATION FOR THE YEAR ENDED 30 June 2021**

We report on the accounts for the year ended 30th June 2021 set out on pages 6 to 8.

Respective responsibilities of trustees and examiner:

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

It is my responsibility to:

examine the accounts under Section 145 of the 2011 Act to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and to state whether particular matters have come to my attention.

Basis of the independent examiner's report:

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement:

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements to keep accounting records in accordance with Section 130 of the 2011 Act; and to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Mr. Khalid Ahmed Memon
Director
Swenta Limited
IFA Membership No: 249951
30 June 2021

SENTINEL FOUNDATION
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 JUNE 2021

	30-Jun-21 £
Income and Endowments	
Donation and legacies	
Donations - (Unrestricted funds)	0.00
Total incoming resources	<u>0.00</u>
Resources expended	0.00
Total resources expended	<u>0.00</u>
(Deficit) / Surplus funds for the year	<u>0.00</u>
Surplus brought forward from previous year	0.00
Surplus reserve carried forward	<u>0.00</u>

SENTINEL FOUNDATION
STATEMENT OF FINANCIAL
POSITION AS AT 30 JUNE 2021

	30-Jun-21 £
Cash at bank	-
Creditors	-
Net assets	<u>-</u>
Reserves	
Unrestricted Funds	-
Total funds	<u>-</u>

Approved by the Board of trustees' for issue on 30 June 2021

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Trustee

SENTINEL FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS

AS AT 30 JUNE 2021

1. Reporting entity

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4. Liabilities

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure and it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

5. Tax

The charity is exempt from tax on its charitable activities.

6. Trustees' remuneration and benefits

There were no trustees' remuneration or other benefits or expenses paid for the year ended 30th June 2021