

# 2023 EDITION **ANNUAL REPORT**



# **ATF SOUTHEND FINANCIAL STATEMENTS YEAR ENDED 31ST MARCH 2023**

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# CHARITY DETAILS

## **Trustees**

Dr David Sollis (Chairman)

Cllr Jo Mcpherson

Sam Elliot

Lee Monk

Lynsey Hurd

Scott Logan

Stephen Reid

Andy Knight

## **Chief Executive Officer**

Stuart Long

## **Principal office**

The Hub 324-326

Chartwell Square

Victoria Plaza

Southend on Sea

Essex

SS2 5SP

## **Bankers**

Metro Bank G19-G21 The Victoria Centre,

Southend-On-Sea SS1 2NG

## **Accountants**

Clouders

Leigh on Sea Essex SS9 1JL

## **Charity registration number**

1183471



# **TRUSTEES' ANNUAL REPORT YEAR ENDED 31ST MARCH 2023**

The Trustees of ATF Southend ("ATF" or "the Charity") present their report and the financial statements of the Charity for the year ending 31st March 2023. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the Charity.

## **TRUSTEES OF THE CHARITY**

The trustees who have served during the year and since the year end are as follows:

Dr David Sollis (Chairman)

Cllr Jo Mcpherson

Sam Elliot

Lee Monk

Lynsey Hurd

Stephen Reid

Andy Knight

Scott Logan

The trustees seek re-election and are re-appointed on an annual basis at the Annual General Meeting and meet quarterly or more frequently if necessary. Trustee meetings are also attended by the CEO of ATF Southend who also acts as secretary at meetings.

## **GOVERNING DOCUMENT**

The charity is controlled by its governing document, a deed of trust, and constitutes an unincorporated charity.



# CHARITY STRUCTURE

## ATF STRUCTURE

### BOARD OF TRUSTEES

#### STUART LONG

Chief Executive  
Officer

#### ROB WALTERS

Structure &  
Development Manager

#### STUART MARTIN

Communities Manager

#### RACHAEL LONG

Physical Activity &  
Programmes Coordinator

#### KELLY HERRING

Hub & Volunteers  
Coordinator

#### AMBER EVERSON

Operations Coordinator

#### IWONA KALISZ

Operations Coordinator

#### POSITIVE FUTRES COORDINATOR

Ashley Jenkinson

#### NEIGHBOURHOOD CONNECTOR

Mira Teodorescu

#### APPRENTICES

Chloe, Jack

#### COMMUNITY COACHES

Krys, Pete, Vicky, Jade

#### SESSIONAL COACHES VOLUNTEERS



# HOW THE CHARITY MAKES DECISIONS

## **Principle**

The Trustees makes sure that its decision-making processes are informed, rigorous and timely, and that effective delegation, control and risk-assessment, and management systems are set up and monitored.

## **Key outcomes**

- The Trustee board is clear that its main focus is on strategy, performance and assurance, rather than operational matters, and reflects this in what it delegates.
- The board has a sound decision-making and monitoring framework which helps the organisation deliver its charitable purposes. It is aware of the range of financial and non-financial risks it needs to monitor and manage.
- The board promotes a culture of sound management of resources but also understands that being over-cautious and risk averse can itself be a risk and hinder innovation.
- Where aspects of the board's role are delegated to committees, staff, volunteers or contractors, the board keeps responsibility and oversight.

## **Delegation and control**

- The board regularly reviews which matters are reserved to the board and which can be delegated. It collectively exercises the powers of delegation to senior managers, committees or individual trustees, staff or volunteers.
- The board has a delegations framework which provides sufficient detail and clear boundaries. Systems are in place to monitor and oversee how delegations are exercised.
- The board makes sure that its committees have suitable terms of reference and membership and that:
  - the terms of reference are reviewed regularly
  - the committee membership is refreshed regularly and does not rely too much on particular people.
- Where a charity uses third party suppliers or services – for example for fundraising, data management or other purposes – the board assures itself that this work is carried out in the interests of the charity and in line with its values and the agreement between the charity and supplier. The board makes sure that such agreements are regularly reviewed so that they remain appropriate.

- The board regularly reviews the charity's key policies and procedures to ensure that they continue to support, and are adequate for, the delivery of the charity's aims. This includes policies and procedures dealing with board strategies, functions and responsibilities, finances (including reserves), service or quality standards, good employment practices, and encouraging and using volunteers, as well as key areas of activity such as fundraising and data protection.



## **Managing and monitoring organisational performance**

- Working with senior management, the board ensures that operational plans and budgets are in line with the charity's purposes, agreed strategic aims and available resources.
- The board regularly monitors performance using a consistent framework and checks performance against delivery of the charity's strategic aims, operational plans and budgets. It has structures in place to hold staff to account and support them in meeting these goals.
- The board agrees with senior management what information is needed to assess delivery against agreed plans, outcomes and timescales. Information should be timely, relevant, accurate and provided in an easy to understand format.
- The board regularly considers information from other similar organisations to compare or benchmark the organisation's performance.

## **Actively managing risks**

- The board retains overall responsibility for risk management and discusses and decides the level of risk it is prepared to accept for specific and combined risks.
- The board regularly reviews the charity's specific significant risks and the cumulative effect of these risks. It makes plans to mitigate and manage these risks appropriately.
- The board puts in place and regularly reviews the charity's process for identifying, prioritising, escalating and managing risks and, where applicable, the charity's system of internal controls to manage these risks. The board reviews the effectiveness of the charity's approach to risk at least every year.
- The board describes the charity's approach to risk in its annual report and in line with regulatory requirements.



## **Appointing auditors and audits**

- The board agrees and oversees an effective process for appointing and reviewing auditors.
- The board, or audit committee, has the opportunity to meet the auditors without paid staff present at least once a year.
- Arrangements are in place for a body, such as the audit committee, to consider concerns raised in confidence about alleged improprieties, misconduct or wrongdoing. This includes concerns raised by 'whistle blowing'. Arrangements are also in place for appropriate and independent investigation and follow-up action.

## **The policies and procedures for the induction and training of trustees**

ATF is committed to ensuring governance arrangements that are robust to ensure that the organisation is managed in accordance with the current legislation, as well as adopting procedures that are examples of good practice and improve the effectiveness of the organisation.

**Introduction** The Charities Act 1993 defines charity Trustees as the people responsible under the charity's governing document for controlling the administration and management of the charity.

The new Code of Governance for the Voluntary and Community Sector includes, as part of its principles, that 'Trustees should have the diverse range of skills, experience and knowledge needed to run an organisation effectively' and that 'Trustees should ensure that they receive the necessary induction, training and ongoing support they need to discharge their duties' in addition to this, disclosure is now required in SORP 2005 of the methods adopted for the recruitment and appointment of new Trustees and the policies and procedures adopted for the induction and training of Trustees.

## **Diversity**

ATF will ensure that it engages effectively with the community it serves, responds effectively and equitably to the needs of its users and increases its accountability and public confidence in its work by:

- ensuring that the mix of Trustees reflects the local area and where possible includes people from ethnic minorities and those with disabilities
- ensuring that the needs of children and adults from under served communities are represented by the trustees.
- working with schools, other voluntary sector and statutory organisations to ensure that the needs of children and young people are kept central to the organisational priorities.

If representation on the board does not reflect the areas of need, active recruitment to redress this balance will be carried out.

## **Role of the Board of Trustees**

At it's simplest, the role of the Trustee Board is to receive assets from funders, safeguard them and apply them for the charitable purposes as declared in the objects and aims of ATF.

The Trustee Board must always act in the best interests of ATF, exercising the same duty of care that a prudent person of business would in looking after the affairs of someone for whom he or she had responsibility.

The Trustee Board must act as a group and not as individuals.

## **Rules governing the appointment of Trustees**

- In the governing documents of ATF (memorandum and articles of association) there is no maximum number of Trustees set, but there should, at any one time, be in place a minimum of five Trustees.
- A Trustee must be over 18 years of age.

## **Eligibility to become a Trustee**

It is a criminal offence for an individual to serve as a Trustee if disqualified from doing so. Rigorous checks will be carried out to ensure that all persons applying to become a Trustee are eligible.

These checks will include:

- A Disclosure and Barring Service (DBS) check
- Two references (one from a current employer and one from an individual who has known the applicant for over two years and is not a relative). If the potential trustee is retired or not currently in employment, one reference should come from someone who has known them on a professional level. Having a criminal record will not necessarily prohibit a person from becoming a Trustee but will necessitate a risk assessment to be carried out to determine suitability.

## **Process for appointment of Trustees**

Potential Trustees can be recruited through:

- Recommendation
- Referral from a recruiting organisation (e.g. Council for Voluntary Services or Develop)
- Self-Referral
- Advertisement, following a skills audit which identifies gaps

Potential Trustees will, in the first instance, be met by the management team and given an overview of the organisation from an operational perspective. They will be given background written information about the organisation and invited to meet with a minimum of two representatives of the Trustees.

The subsequent meeting with members of the Board will ascertain the following information:

- Skills
- Background
- Experience of working within a governance role
- Experience of working with children and young people.

It is a two-way process and the discussion should present the prospective Trustees with an opportunity to find out more about being a ATF trustee and decide whether or not they are still interested.

They will be asked to complete, at this stage, an application form and a DBS form if they wish to continue the process of appointment. Two references will be followed up, directly following this meeting.

Following this meeting and on receipt of the references and DBS check, recommendations will be made to the board of Trustees and, if agreed, the new candidate will be invited to attend the next available board meeting.

At this point, the new Trustee will be asked to:

- Complete and sign the declaration of interest form, to be retained by the management team.
- Sign a declaration that they are eligible to serve as a Trustee
- Agree and sign two copies of the code of conduct, one to be retained by the Trustee and the other by the management team.

The new Trustee will be elected at the next AGM and the Trustee will be sent a letter of appointment. The management team will notify Companies House of the appointment.

### **Expectations of Trustees**

A role description outlines the duties of the Trustee and a person specification details the experience and qualities needed to fulfil the role.

Trustees are expected to attend all Trustee meetings. Trustee meetings are held quarterly during the year (with management team meetings being held every 6 weeks).

Each meeting lasts for up to 3 hours, is usually in the evening, and papers are provided by email five days before the meeting with a hard copy available at the meeting. Occasional day time meetings are held for board development.



## **Induction Programme**

All Trustees should receive:

- An organisational chart
- Outline of current boards skills and experience
- A copy of the previous year's annual report and financial report
- A copy of the memorandum and articles of association
- A copy of the previous board meeting minutes (once agreement for appointment has been made by the Trustees)
- A copy of the business plan
- Charity Commission CC3 – The essential trustee: What you need to know
- Charity Commission CC10 – The Hallmarks of an Effective Charity
- Copies of all the current up to date policies (once agreement for appointment has been made by the Trustees)

All new Trustees will be encouraged to visit, at least, one of the projects provided by ATF and will be invited to meet with the CEO.

## **Ongoing Support and Training**

Trustees will be offered ongoing training opportunities and be kept up to date with Charity Commission guidance and policy news through the board meetings and via email.

They will be invited to attend relevant training pertinent to their role, such as:

- Health and Safety
- Employment Law
- Financial Management
- Diversity and equal opportunities
- Safeguarding

This training may be in a collective setting, individual and may be provided either in-house or from other reputable training providers.

## **Review of Trustee Performance**

On a regular basis (preferably annually) the Chair will speak to individual Trustees to consider their contribution to the organisation and identify any areas where the Trustee would benefit from additional training or support. The Trustee board will collectively review its performance at regular intervals, again preferably annually. It should also review the performance of the Chair person. The Trustee board will use resources available from Government Governance Support Agencies to support this process. The skills of the trustee board will be reviewed every year.

## Statement on how ATF set up their senior staff salaries

Our approach is to pay a fair salary to attract and retain skilled and expert senior leaders for the charity. Salaries and benefits should be competitive within the charity sector, proportionate to the complexity of each role and responsible in line with our charitable objectives. To achieve this our Management Team Pay Policy aims to:

- Pay the median range for similar organisations in the UK Charity sector market and while not seeking to compete head-on with salaries in the public or private sectors to acknowledge that Senior Management Team are more likely than others to be recruited from these sectors
- Ensure performance is reviewed and reported to the Remuneration & People Committee on an annual basis
- Apply performance related pay elements only where required by the relevant market sector
- Monitor a blend of charity, public and private sector salary trends drawing on independent expert advice and statistically significant survey data to inform salary setting and progression decisions.



18.05.23 – Stuart Long, Stuart Martin and Rachael Long receiving HAF Special Recognition Award 2023 and HAF Regional Winner Award 2023 on behalf of ATF.

# MISSION STATEMENT AND OBJECTIVES

## **Our Mission Statement...**

- To contribute towards reducing ASB in 'hot spot' areas.
- Remove the financial barrier of participating in structured football. ☒ Provide a supportive framework to encourage children to get involved regardless of their skill level.
- Provide accredited education to challenge negative behaviour pattern.
- Provide scholarship opportunities to an affiliated league youth club.

## **Our key charitable objectives are...**

To advance in life and help young people through:

- (a) The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life;
- (b) Providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.

– To help young people, especially but not exclusively through leisure time activities, so as to develop their capabilities that they may grow to full maturity as individuals and members of society.

– To act as a resource for young people up to the age of 25 years living in South Essex by providing advice and assistance and organising programmes of physical, educational and other activities as a means of:

- (a) advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
- (b) advancing education;
- (c) relieving unemployment;
- (d) providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

To find out more about our plans, or talk to us about our programmes, please get in contact.



# VALUES & CONFLICT

## **ATF's values**

ATF's goal is to help us and the community members we work with to be all that we can be.

To help us achieve this, let's do the following:

- Be a good example and representative for ATF in our attitudes, language, and actions
- Care for the wellbeing of each other and ATF participants –be approachable and patient, kind and supportive (let's have each other's backs)
- Be respectful to everyone, especially when dealing with conflict
- Maintain good boundaries with everyone – remember we work with some people who are in vulnerable situations
- Report any concerns for someone's wellbeing to a supervisor as a priority
- Be reliable, responsible, and flexible
- Actively help each other (don't wait to be asked)
- Arrive in good time to set up and stay until everything is finished
- Let a supervisor & teammates know with good notice if you can't attend a session, for example if you are unwell, and arrange for any equipment etc to be available
- Care for facilities with respect and like they are our own

## **Dealing with conflict**

There are naturally times when things don't go the way we would like them to and realistically, we won't always see eye to eye with everyone. It's helpful to remember that we are all a work in progress, and we are all continually learning. If we handle frustrations and conflict positively and respectfully, it can help us as a community grow and get stronger.

There's also the potential that our words, attitudes, and actions can cause hurt, anger and division and that can have a negative effect on everyone. Let's remember what we are doing this for – to help us as a community to be all that we can be.

It's helpful to be wise in what we say and who we say it to. For example: Am I being harsh or unkind about someone? What damage could it cause if my words get back to them?

If a situation is tricky to deal with, chat it through with a supervisor. It's easy to give up on someone but it's much better to try and resolve it so that everyone benefits.

# INTRODUCTION

When I'm asked exactly what our charity does, it can take some time to articulate! When all is stripped back, ATF is passionate about working with residents and wider partners to create the conditions for communities to thrive. The last three years has shown us the difference that our work can make, not only for the individual and the wider community, but also our relevance to help enable the system to work smarter together and allow neighbourhoods to have a greater experience of pride, wellbeing and place.

Often, I reflect on what a great privilege it is to undertake this work, but it is also a great responsibility as we are working within neighbourhoods who often experience multiple barriers to access services, opportunities and support, so building consistency & trust is key. It has been a strong three years of delivery, thanks in huge part to the support of so many residents and partners such as Find Your Active Basildon, Active Essex, Basildon Council and NHS Basildon and Brentwood Alliance to name a few. Together, we have developed a vibrant range of regular, meaningful activities, where thousands of residents across multiple areas are engaging in life-enhancing opportunities multiple times per week. Moving forward we want to build on the foundations we have all laid and continue to add value where we can make the most difference. One thing is clear, we wouldn't be where we are if it wasn't for everyone's passion, care and commitment. From the bottom of my heart

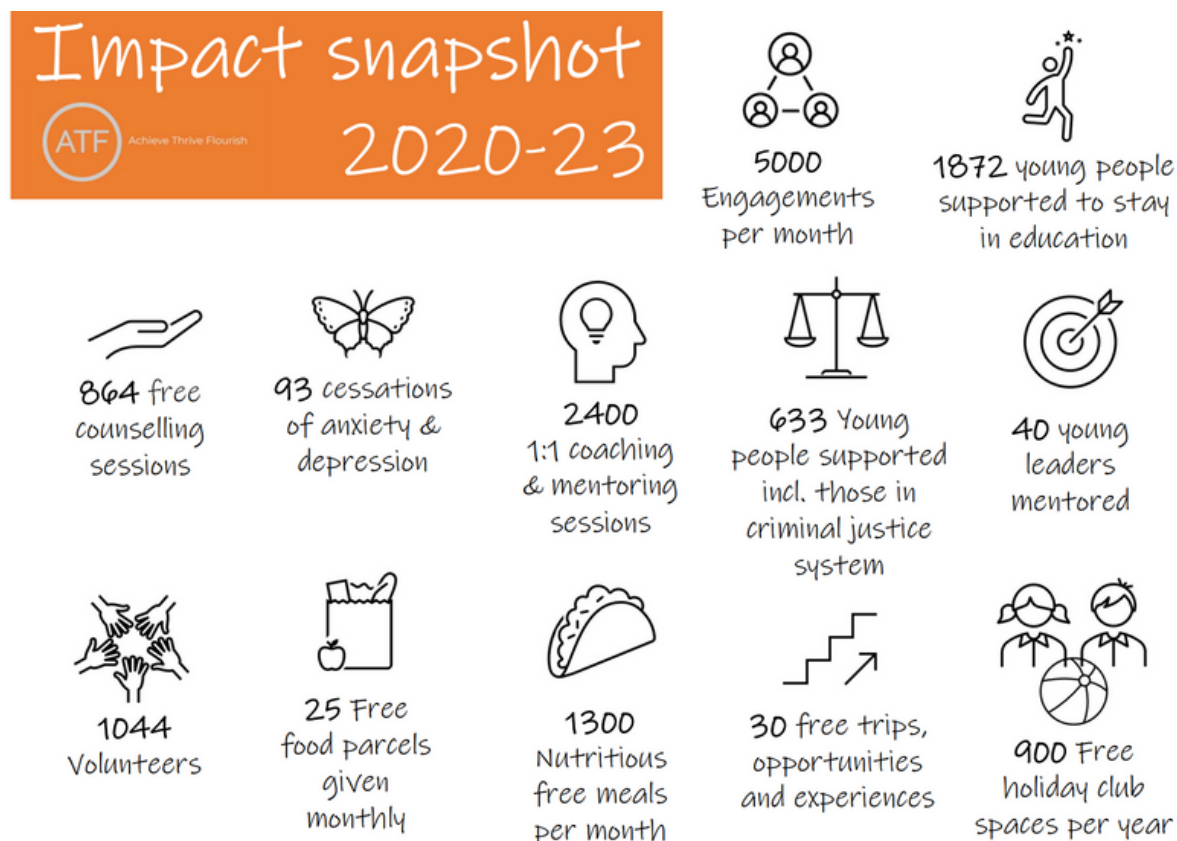
–Thank you

Stuart Long, Chief Executive | April 2023

# MAIN PROJECTS 22/23

## LDP Sport England

2022/23 has seen another year of considerable growth for ATF. We have built on our community work, transformed communities and built strong flourishing neighbourhoods. We have also further structured our 1-2-1s and supervision for young people. We have formed strong links with local secondary schools and with support from the Active Essex Foundation we have grown a strong support network with Youth Offending Services. We have provided numerous individual opportunities for young people previously involved within the criminal justice system. We have supported them to raise aspirations and build resilience. Opportunities have included dance, drama, joining a basketball team, working within stables, joining a football team and gym membership. We have introduced our Neighbourhood Connectors programme. The connector initiative takes a placed based approach and connects the individual, the community and partners to help the system work better together at a neighbourhood level. We have supported so many people through the project providing opportunities for built resilience, personal development, volunteering and employment opportunities. We have replicated the work that is thriving in Felmores to extend into the Laindon and Lee Chapel North areas. The snapshot below highlights levels of unprecedented engagement and the outcomes we have achieved.





# CATALYSTS OF CONNECTION



**Neighbourhood Connectors** identify local assets and help them to engage with new opportunities while increasing their sense of place, worth and wellbeing along with their fellow community members



**Community Discovery Days** uncover local strengths, pride and ambitions as well as mobilise community assets and galvanise local vision



**Regular community activities and groups** enable residents to try new things, increase their confidence, abilities and wellbeing while having fun being physically active together



**Community events and celebrations** bring people together and foster a sense of belonging, local pride, shared connection, resilience and wellbeing



**Community Hub model** acts as an epicentre for personal connection, wellbeing opportunities, and an anchor for neighbourhood activities



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## Catalysts of Connection

Building on our practice of change our catalysts of connection are the cornerstone of the work which enable us to build trust and momentum within a neighbourhood. By being visible and available within the neighbourhood has enabled ATF to identify assets that have driven change. The programme that we have developed in Felmores is now being replicated successfully in Laindon and Vange.

# Nurturing a thriving community

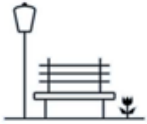
-Impacts of ATF's Practice of Change



**ASPIRATIONS** begin to blossom as local people are invited and supported to imagine and create the kind of place they want to live



**POSITIVE BEHAVIOURS** begin to outshine anti-social behaviours - people display increasing resilience together



**PUBLIC SPACES** are increasingly valued & regularly used by residents



**PUBLIC, PRIVATE AND VOLUNTARY** sectors routinely partner with local residents for everyone's benefit



**NEW FRIENDSHIPS** and connections are made - loneliness & isolation begin to fade



**PEOPLE DEVELOP NEW SKILLS,** confidence, aspirations and opportunities through participation and volunteering



**PEOPLE START TO FEEL BETTER,** improving their emotional, mental and physical wellbeing



**PEOPLE CARE MORE** for each other, and individuals rely less on services



**PEOPLE BEGIN TO DESCRIBE** fellow community members with words like 'family', 'us' and 'everybody'



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## Nurturing a thriving community

Our LDP project has delivered great outcomes and it has been helpful for ATF to understand the behaviours the community demonstrates as it begins to thrive. These behaviours are replicated continuously across our projects. A key component to the work that is now being recognised nationally is the reduction of social isolation and increase in community network.





### Where do people gather?

Tap into ready-made communities e.g. Schools, Health Centres, places of worship, interest groups etc.



Involvement of positive local people is key to sustainable success (with and by, vs. to and for)



Regular, routine, reliability is crucial in building trust and engagement



Having fun together and generating a sense of belonging are powerful motivators



Honesty + commitment to being around for the long haul will gradually help to address disappointment and scepticism



Thinking outside of the box – Are there simple actions to help people flourish? (see Lauren's story)



Support people to live in their sweet spot and they just might shine!



Get the team right. From those who can gather people to those who create structure. -Magic happens when a diverse team is united by common values & vision!



### Success might first seem like a mess!

Be risk positive. Make a start. Try things. Learn to live with discomfort. Nothing is both new and perfect!



Go with the energy. Give a new activity 6 weeks and if it's not gathering people, focus resources elsewhere



People may come & go. Some are here for good, while others may participate for a period – Try to leave the door open



Parties, celebrations and novel activities create a buzz & draw crowds! Campfires, pony rides, pop-up petting zoos and fun characters like Shrek/superheroes etc boost community spirit



Crisis = opportunity. When facing difficulties, quickly adapting to connect with, and help people can reap unexpected benefits



Build it & they will come! People often need to see something to believe in it- Make it happen to attract interest, support and funding



Communities can thrive when systems work together instead of in fragmented silos



Success breeds success! Word gets out when stuff is good, and people want in!

# BUILDING neighbourhood connection



Employed **Neighbourhood Connector Kelly** runs community hubs in Northlands Park and Laindon Health Centre. Building on her knowledge and relationships from working with vulnerable families at Briscoe Primary School for over two decades, Kelly is skilled at identifying and nurturing local assets, as well as linking in services and stakeholders, plus navigating and streamlining complex systems.

Neighbourhood assets are voluntary roles which can lead to funded opportunities



Local mum and volunteer **Kayna**, who has experience as a chef at London's Savoy, now runs the food provision for ATF's local Holiday Activities and Food (HAF) programme



Local mum and volunteer **Louise** now supports the delivery of Briscoe Community Hub, as well as leading seated yoga sessions at the ATF Laindon Health Centre Community Hub



Local teacher **Jay** runs ATF's Holiday Activities and Food (HAF) provision at Northlands Primary School, as well as being Eversley ParkPlay leader. Jay won the Active Education award at the 2022 Essex Activity Awards



Through volunteering opportunities with ATF, local Mum **Mira** has gone on to complete an apprenticeship as a Community Activator Coach, as well as supporting ATF's community sessions and the ATF Briscoe Gardening Club



Local teen **Megan** has a passion for childcare, and ATF's community sessions have been a great opportunity for Megan to get involved and exercise her talent with children and families in the Northlands Park area.



Local teen **Jack** started volunteering as a young leader at community sessions and has now progressed to become an Apprentice Coach with ATF.

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## National Lottery NCLF – Neighbourhood Connectors

The above diagram articulates how a connector, once active within their community can untap the assets (people) who help to build momentum and drive the change at a local level. A connector is embedded within their neighbourhood, they are often an untapped recourse who once supported within our system become a catalyst for change. They support the assets by building their trust and confidence and a protective umbrella to allow the assets to flourish. A connector builds a group of assets to be a team who drive the change within the neighbourhood. Our Practice of Change has driven change and through the lottery programme we have been able to replicate and articulate the work, reflecting outcomes succeeded back to system partners to continue to build momentum.







# NURTURING A PLACE-BASED APPROACH TO ABCD: Neighbourhood connectors



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- Skilled, experienced, community-based leaders (employed) who seamlessly connect community assets, services, stakeholders and systems
- Fluent in effectively navigating complex systems
- Bringing residents and stakeholders together to identify strengths and creatively respond to key local challenges and opportunities
- Fostering proud neighbourhoods, a sense of place and embracing possibilities together
- Identifying, nurturing and equipping neighbourhood assets
- Pump priming community generated aspirations and initiatives (e.g. 'reclaiming' Northlands Park



Kelly (centre) –Neighbourhood Connector, with partners at Laindon Health Centre



Iwona (right) –Neighbourhood Connector, with participants at Shoebury Discovery Day



## Neighbourhood Connectors: Target audience?

- High frequency attendees at GP services
- Vulnerable families e.g., edge of care
- Lonely and isolated community members
- Young people at risk of exclusion or who are engaged with the criminal justice system
- New and emerging communities
- Community members benefit from opportunities to increase their skills, resilience, confidence and wellbeing
- System partners are enabled to engage with hidden communities
- The wider community benefits from stronger connections with each other and stakeholders, as well as creatively addressing community challenges such as anti-social behaviour



Neighbourhood Asset Angel Cogger (centre) speaking at the House of Commons, to mark the progress of Essex County Council's plan to level up the county.



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# ATF WHAT DO VOLUNTEER Neighbourhood Assets look like?



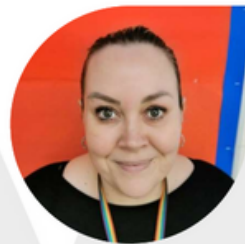
Through volunteering opportunities with ATF, local Mum **Mira** has gone on to complete an apprenticeship as a Community Activator Coach, as well as supporting ATF's community sessions. Mira was awarded Active Essex Ambassador of the year 2022



**Jay** utilises his network as a local teacher to build group participation and connection to unprecedented levels. Jay leads Eversley ParkPlay and Northlands HAF provision and was awarded the Active Education award at the 2022 Essex Activity Awards



**Neil & Claire** utilised their teenage son's network to help ATF engage teens in Felmbres. Their passion for supporting young people led to setting up a youth club that proved to be a key asset and it has given them the confidence to develop their own offer for local young people



**Claire** has used her skills as an educational professional to strengthen safeguarding protocols for ATF's Holiday Activities and Food (HAF) programme. Claire leads the HAF provision at Briscoe, providing a safe, nurturing environment for over 100 local children during the holidays



In addition to helping establish Briscoe Gardening club, local mum and volunteer **Kayna**, who has experience as a chef at London's Savoy, now leads the food provision at ATF's Holiday Activities and Food (HAF) club at Briscoe Primary School



**Hannah** a parent from Felmbres area, has used her teaching experience to be a key member, developing the teenage offer in the Beech Community and King Edward Centres

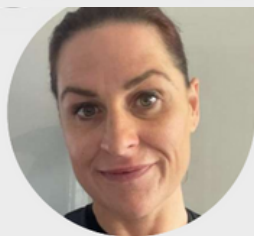


Originally from Latvia, one of ATF's biggest supporters **Jelena** has helped to connect with new communities in Pitsea, and has been integral in "reclaiming" Northlands Park



**Charmayne** who is on the support team at Northlands Primary School first provided SEN support for ATF's HAF clubs, before going on to be ParkPlay leader for Gloucester Park

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**Vicky** ran an inspirational Mum and toddler physical activity session that needed spaces and support to deliver. Having teamed up with ATF, the programme is now flourishing, and it enables us to engage families in under-served areas. Vicky has also developed several well attended netball sessions, aimed at Mums and daughters, which has led to a thriving social network



**Jade** has utilised her experience in working for local charity Aching Arms, to support families within our LDP programme. She has combined this with her love of physical activity to support several initiatives to help families be more active, as well as using her talent for social media, to increase awareness of ATF's activities



**Steve** came to ATF as a rugby coach, but he has given so much to our community, tirelessly volunteering to support initiatives, using his photography skills and he has now become a trustee, utilising his insightful life experience to help guide our strategic vision



As a LSA at a Primary School, **Adam** has supported ATF's Holiday Activities and Food (HAF) clubs, utilising his knowledge of the local community to engage and support vulnerable families. His commitment to ATF has led to him engaging in wider community work and he is a key asset for the Southend area.



**Andy** was motivated by the loss of his brother to support others in their mental and physical wellbeing. This has led to developing several flourishing physical training sessions, alongside heading up the Holiday Activity and Food (HAF) offer in Great Wakering



Local Mum **Angel** regularly brought her four boys to ATF's activities and eventually started volunteering at events with things like face painting and helping to lead community fitness sessions. Angel grew in confidence and was thrilled to secure a local job in education.



**Frankie** valued ATF's support during Covid and has also benefited from ongoing sessions with ATF's counselling support, helping at the HAF holiday clubs has built Frankie's confidence and she now sees ATF as an extended family and loves to be involved.



Local mum and volunteer **Louise** now supports the delivery of Briscoe Community Hub, as well as leading seated yoga sessions at the ATF Laindon Health Centre Community Hub and helping at the Holiday Activity and Food (HAF) clubs



# HOLIDAY ACTIVITIES & FOOD (HAF)

## An asset-based approach



Local  
Neighbourhood  
Asset Claire,  
who runs  
Briscoe  
HAF club

The Holiday Activities & Food (HAF) programme enables at-risk children and young people to experience life enhancing activities which are normally only available for more affluent families, as well as providing security and nourishment during out of school times.

Our asset-based approach to running HAF activities provides the perfect conditions for unprecedented engagement. Our investment in local volunteers, school staff and young leaders ensure that these events are delivered by the community for the community. This community centred approach was recognised nationally, as the Eastern Region winner of the 2023 HAF Awards.



## DEVELOPING THRIVING PARKPLAYS

### A Partnership approach



# RESOURCE REQUIREMENTS TO MEET PLANS [2023 – 24]:

Resource Requirement	Details
1 – Premises / a base	<ul style="list-style-type: none"> <li>Partnership with South Essex Home has secured office in Southend</li> <li>Regular maintenance and cleaning</li> <li>Ensure opening times by way of staff and volunteers engaged appropriately</li> </ul>
2 – IT & Office Resources	<ul style="list-style-type: none"> <li>Desks, chairs and filing cabinets etc.</li> <li>IT and adequate connections – Application to ECF</li> <li>Ensure utilities are active e.g. telephone, broadband and power</li> </ul>
3 – Trustees, Staff and Volunteers	<ul style="list-style-type: none"> <li>Ensure adequate funding to pay competitive salaries in place to continue projects</li> <li>Supervision / appraisal, training, development and general support for staff and volunteers.</li> <li>Develop new human resource policies [Trustee, Staff and Volunteers]</li> </ul>
4 – Funds	<ul style="list-style-type: none"> <li>Secure existing grants and contracts [annual and when applicable]</li> <li>Continue to develop a formal fund-raising strategy to make improved bids [volume and quality]</li> <li>Develop new income streams which might reduce reliance on grant funding</li> </ul>

Resource Requirement	Details
5 – Partnerships & collaborations	<ul style="list-style-type: none"> <li>• Continue membership / engagement within current partnerships</li> <li>• Develop new collaborations with like-minded groups</li> <li>• Generally, create new connections to collaborate more effectively within the community sector</li> </ul>
6 – Funders	<ul style="list-style-type: none"> <li>• Better engagement with funders to improve relationships and access new grants and income streams as appropriate</li> <li>• Improved reporting even when not mandatory</li> </ul>
7 – New Resources	<ul style="list-style-type: none"> <li>• Develop a plan for resource requirements and update throughout the year to build on this table</li> </ul>



<b>Risk</b>	<b>Likelihood (Low, Medium, High)</b>	<b>Impact (Low, Medium, High)</b>	<b>Mitigation</b>	<b>Responsibility</b>
Currently reliant on the individual rather than the organisation	M	H	<ul style="list-style-type: none"> <li>• Increase capacity of staff by diversifying staff who deliver sessions</li> <li>• Encourage coaches to have 'buy in' of the organisation's philosophy</li> </ul>	Trustees
Funding Issues: losing grants / funds ending	M	H	<ul style="list-style-type: none"> <li>• Fund raising strategy developed to seek funding</li> <li>• New grants achieved which support activities to remain operationalNew consultation to produce strong case for supporting our programmes</li> </ul>	Trustees, staff, volunteers and external consultancy support
Other organisations bidding for the same funding making South Essex an unattractive area to potential funders	M	M	<ul style="list-style-type: none"> <li>• Improve relations with identified key partners</li> <li>• Develop partnership arrangements with partners</li> <li>• Enter into joint funding bids</li> </ul>	Trustees, staff and external consultancy support
Nature of client group means that there is a high risk of having to deal with difficult behaviour on a regular basis	H	H	<ul style="list-style-type: none"> <li>• Provide training to coaches on challenging difficult behaviour and effective youth work</li> <li>• Increase capacity of staff to improve safety and handling of difficult situations</li> <li>• Review safeguarding and health and safety policies</li> <li>• Work in a consistent manner with agencies to ensure issues are dealt with in partnership and in a consistent way</li> </ul>	Trustees, staff, volunteers and external consultancy support

<b>Risk</b>	<b>Likelihood (Low, Medium, High)</b>	<b>Impact (Low, Medium, High)</b>	<b>Mitigation</b>	<b>Responsibility</b>
Compliance Issues e.g. late returns	L	H	<ul style="list-style-type: none"> <li>Written financial procedures updated regularly</li> <li>Plan mapped out re: deadlines for compliance tasks</li> </ul>	Chief Officer, Treasurer and accountant
Staff Issues e.g. key staff leaving or off sick for a protracted period	L	H	<ul style="list-style-type: none"> <li>Favourable conditions maintained e.g. pay rates in-line with responsibilities</li> <li>Continuous Professional Development (CPD) opportunities for all members</li> <li>Continuity plan to include staff issues</li> <li>Volunteer development for cover at short notice</li> </ul>	Trustees, staff, volunteers and external consultancy support
Project Issues lack of success re: targets and outcomes	L	H	<ul style="list-style-type: none"> <li>Project plans made on a dedicated basis Effective and user-friendly measurement systems designed and implemented to track progress and be able to act early</li> <li>Working effectively with users e.g. co-production and development of the work to ensure we are meeting real needs</li> <li>Engaging volunteers to have local people leading on reaching and supporting their peers i.e. community ownership at all levels</li> </ul>	Trustees, staff and external consultancy support
Governance Issues e.g. losing Trustees, lack of attendance and input / commitment from Trustees	L	M	<ul style="list-style-type: none"> <li>Governance planning conducted e.g. a dedicated Trustee handbook and strategic plan produced</li> <li>Training and support functions developed for Trustees</li> </ul>	Trustees, staff, volunteers and external consultancy support
Financial Issues e.g. budget mis- management.	L	H	<ul style="list-style-type: none"> <li>Renew financial policies</li> <li>Training for personnel involved in financial management</li> <li>Treasurer overseeing all financial activity</li> <li>Recruit new Trustees, volunteers and staff who have financial backgrounds</li> </ul>	Trustees, Treasurer and Chief Officer

# FINANCIAL STATEMENT

<b>Total reserves at end of reporting period</b>	<b>£403,566</b>
<b>Restricted reserves at the end of the reporting period</b>	<b>£347,390</b>
<b>Material amounts (paid out after the date of the accounts including when the amounts are paid)</b>	<b>£0</b>
<b>Reserves after accounting for restricted funds and material amounts paid after the date of the accounts</b>	<b>£56,176</b>

## **Reserves Policy**

**ATF aim to have at least 3 months operating cost in the bank at all times as stating in our reserves policy. The level of reserves the charity held on 31st March 2022 exceeded the amount required by the reserves policy.**

**REPORT OF THE TRUSTEES AND**  
**UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31ST MARCH 2023**  
  
**FOR**  
  
**ATF SOUTHEND**

Clouders  
Chartered Certified Accountants  
Charter House  
103-105 Leigh Road  
Leigh-on-Sea  
Essex  
SS9 1JL

**ATF SOUTHEND**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST MARCH 2023**

The trustees present their report with the financial statements of the charity for the year ended 31st March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

1183471

**Principal address**

The Hub  
324-326 Chartwell Square  
Victoria Plaza  
Southend-on-Sea  
Essex  
SS2 5SP

**Trustees**

D Sollis

**Independent Examiner**

Clouders  
Chartered Certified Accountants  
Charter House  
103-105 Leigh Road  
Leigh-on-Sea  
Essex  
SS9 1JL

Approved by order of the board of trustees on ..... and signed on its behalf by:

.....  
D Sollis - Trustee



**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF**  
**ATF SOUTHEND**

**Independent examiner's report to the trustees of ATF Southend**

I report to the charity trustees on my examination of the accounts of ATF Southend (the Trust) for the year ended 31st March 2023.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



C E Binnie F.C.A

Clouders  
Chartered Certified Accountants  
Charter House  
103-105 Leigh Road  
Leigh-on-Sea  
Essex  
SS9 1JL

Date: 17th November 2023

**ATF SOUTHEND****STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31ST MARCH 2023**

	Notes	Unrestricted fund £	Restricted fund £	2023 Total funds £	2022 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	2,210	941,677	943,887	700,990
Other trading activities	3	-	-	-	18,753
Investment income	4	-	-	-	41
<b>Total</b>		<b>2,210</b>	<b>941,677</b>	<b>943,887</b>	<b>719,784</b>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>	5				
Venue hire		-	10,657	10,657	4,749
Coaching		-	46,713	46,713	93,526
Counselling and mentoring		-	11,023	11,023	9,406
Teaching sessions		-	42,520	42,520	47,734
Community sessions		-	159,590	159,590	87,933
Holiday club		-	210,242	210,242	161,665
Staff costs		-	324,318	324,318	196,999
Support costs		-	6,962	6,962	9,941
Accounts and independant examiner costs		-	8,642	8,642	4,405
Other expenses		-	11,434	11,434	332
Depreciation		-	1,534	1,534	1,431
<b>Total</b>		<b>-</b>	<b>833,635</b>	<b>833,635</b>	<b>618,121</b>
<b>NET INCOME</b>		<b>2,210</b>	<b>108,042</b>	<b>110,252</b>	<b>101,663</b>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		53,966	239,348	293,314	191,651
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>56,176</b>	<b>347,390</b>	<b>403,566</b>	<b>293,314</b>

**CONTINUING OPERATIONS**

All income and expenditure has arisen from continuing activities.

**ATF SOUTHEND****BALANCE SHEET**  
**31ST MARCH 2023**

	Notes	Unrestricted fund £	Restricted fund £	2023 Total funds £	2022 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	11	-	9,005	9,005	4,295
<b>CURRENT ASSETS</b>					
Debtors	12	-	517	517	-
Cash at bank		56,176	354,641	410,817	291,676
		<u>56,176</u>	<u>355,158</u>	<u>411,334</u>	<u>291,676</u>
<b>CREDITORS</b>					
Amounts falling due within one year	13	-	(16,773)	(16,773)	(2,657)
		<u>56,176</u>	<u>338,385</u>	<u>394,561</u>	<u>289,019</u>
<b>NET CURRENT ASSETS</b>					
		<u>56,176</u>	<u>347,390</u>	<u>403,566</u>	<u>293,314</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>56,176</u>	<u>347,390</u>	<u>403,566</u>	<u>293,314</u>
<b>NET ASSETS</b>					
		<u>56,176</u>	<u>347,390</u>	<u>403,566</u>	<u>293,314</u>
<b>FUNDS</b>	14				
Unrestricted funds				56,176	53,966
Restricted funds				<u>347,390</u>	<u>239,348</u>
<b>TOTAL FUNDS</b>				<u>403,566</u>	<u>293,314</u>

The financial statements were approved by the Board of Trustees and authorised for issue on ..... and were signed on its behalf by:

.....  
D Sollis - Trustee

**ATF SOUTHEND**

**CASH FLOW STATEMENT**  
**FOR THE YEAR ENDED 31ST MARCH 2023**

	Notes	2023 £	2022 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	<u>128,506</u>	<u>110,750</u>
Net cash provided by operating activities		<u>128,506</u>	<u>110,750</u>
 <b>Cash flows from investing activities</b>			
Purchase of tangible fixed assets		(9,824)	-
Sale of tangible fixed assets		459	-
Interest received		-	41
Net cash (used in)/provided by investing activities		<u>(9,365)</u>	<u>41</u>
 <b>Change in cash and cash equivalents in the reporting period</b>		<u>119,141</u>	<u>110,791</u>
<b>Cash and cash equivalents at the beginning of the reporting period</b>		<u>291,676</u>	<u>180,885</u>
 <b>Cash and cash equivalents at the end of the reporting period</b>		<u><u>410,817</u></u>	<u><u>291,676</u></u>

**ATF SOUTHEND**

**NOTES TO THE CASH FLOW STATEMENT**  
**FOR THE YEAR ENDED 31ST MARCH 2023**

**1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	2023 £	2022 £
Net income for the reporting period (as per the Statement of Financial Activities)	110,252	101,663
Adjustments for:		
Depreciation charges	1,534	1,431
Loss on disposal of fixed assets	3,119	-
Interest received	-	(41)
(Increase)/decrease in debtors	(515)	7,400
Increase in creditors	14,116	297
<b>Net cash provided by operations</b>	<b>128,506</b>	<b>110,750</b>

**2. ANALYSIS OF CHANGES IN NET FUNDS**

	At 1.4.22 £	Cash flow £	At 31.3.23 £
Net cash			
Cash at bank	291,676	119,141	410,817
	291,676	119,141	410,817
<b>Total</b>	<b>291,676</b>	<b>119,141</b>	<b>410,817</b>



**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31ST MARCH 2023**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Motor vehicles - 25% on reducing balance

**Taxation**

The charity is exempt from tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

**Pension costs and other post-retirement benefits**

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2023****2. DONATIONS AND LEGACIES**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Donations	<b>2,210</b>	1,704
Grants	<b>941,677</b>	699,286
	<b><u>943,887</u></b>	<b><u>700,990</u></b>

Grants received, included in the above, are as follows:

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Basildon County Council	-	22,500
Essex Association	<b>8,700</b>	13,869
Essex County Council	<b>456,861</b>	149,500
Essex Police	<b>50,000</b>	51,005
Active Essex	<b>44,360</b>	189,541
Rochford Borough Council	<b>1,000</b>	-
South Essex Homes	<b>36,000</b>	3,000
Southend City Council	<b>59,618</b>	59,080
Other Grants	<b>285,128</b>	210,790
	<b><u>941,677</u></b>	<b><u>699,285</u></b>

**3. OTHER TRADING ACTIVITIES**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Coaching income	-	18,753
	<b><u>-</u></b>	<b><u>18,753</u></b>

**4. INVESTMENT INCOME**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Bank account interest	-	41
	<b><u>-</u></b>	<b><u>41</u></b>

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2023**

**5. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Support costs (see note 6) £	Totals £
Venue hire	10,657	-	10,657
Coaching	46,713	-	46,713
Counselling and mentoring	11,023	-	11,023
Teaching sessions	42,520	-	42,520
Community sessions	159,590	-	159,590
Holiday club	210,242	-	210,242
Staff costs	-	324,318	324,318
Support costs	-	6,962	6,962
Accounts and independent examiner costs	-	8,642	8,642
Other expenses	-	11,434	11,434
Depreciation	-	1,534	1,534
	<u>480,745</u>	<u>352,890</u>	<u>833,635</u>

**6. SUPPORT COSTS**

	Management £	Other £	Governance costs £	Totals £
Staff costs	324,318	-	-	324,318
Support costs	6,962	-	-	6,962
Accounts and independent examiner costs	-	-	8,642	8,642
Other expenses	7,283	4,151	-	11,434
Depreciation	1,534	-	-	1,534
	<u>340,097</u>	<u>4,151</u>	<u>8,642</u>	<u>352,890</u>

**7. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31st March 2023 nor for the year ended 31st March 2022.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31st March 2023 nor for the year ended 31st March 2022.

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2023**

**8. STAFF COSTS**

	<b>2023</b>	2022
	<b>£</b>	£
Wages and salaries	<b>294,453</b>	185,865
Social security costs	<b>26,610</b>	11,134
Other pension costs	<b>6,532</b>	-
	<b><u>327,595</u></b>	<u>196,999</u>

The average monthly number of employees during the year was as follows:

	<b>2023</b>	2022
	<b>8</b>	7
Administration staff	<u>8</u>	<u>7</u>

No employees received emoluments in excess of £60,000.

**9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	1,704	699,286	700,990
Other trading activities	18,753	-	18,753
Investment income	41	-	41
	<u>20,498</u>	<u>699,286</u>	<u>719,784</u>
<b>Total</b>			
	<u>20,498</u>	<u>699,286</u>	<u>719,784</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Venue hire	-	4,749	4,749
Coaching	-	93,526	93,526
Counselling and mentoring	-	9,406	9,406
Teaching sessions	-	47,734	47,734
Community sessions	-	87,933	87,933
Holiday club	-	161,665	161,665
Staff costs	-	196,999	196,999
Support costs	-	9,941	9,941
Accounts and independent examiner costs	-	4,405	4,405
Other expenses	-	332	332
Depreciation	-	1,431	1,431
	<u>-</u>	<u>618,121</u>	<u>618,121</u>
<b>Total</b>			
	<u>-</u>	<u>618,121</u>	<u>618,121</u>
<b>NET INCOME</b>	20,498	81,165	101,663

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2023**

**9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

	Unrestricted fund £	Restricted fund £	Total funds £
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	33,468	158,183	191,651
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>53,966</u>	<u>239,348</u>	<u>293,314</u>

**10. GOVERNANCE COSTS**

	<b>2023</b>	2022
	<b>£</b>	£
Independent examiner's fees	<u><b>2,400</b></u>	<u>2,400</u>

**11. TANGIBLE FIXED ASSETS**

	Motor vehicles £
<b>COST</b>	
At 1st April 2022	<b>5,726</b>
Additions	<b>9,824</b>
Disposals	<b>(5,726)</b>
	<hr/>
At 31st March 2023	<u><b>9,824</b></u>
<b>DEPRECIATION</b>	
At 1st April 2022	<b>1,431</b>
Charge for year	<b>1,535</b>
Eliminated on disposal	<b>(2,147)</b>
	<hr/>
At 31st March 2023	<u><b>819</b></u>
<b>NET BOOK VALUE</b>	
At 31st March 2023	<u><b>9,005</b></u>
	<hr/>
At 31st March 2022	<u><b>4,295</b></u>

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2023**

**12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Other debtors	<b>459</b>	-
Prepayments	<b>58</b>	-
	<hr/> <b>517</b> <hr/>	<hr/> - <hr/>

**13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Trade creditors	<b>6,116</b>	257
Taxation and social security	<b>8,257</b>	-
Other creditors	<b>2,400</b>	2,400
	<hr/> <b>16,773</b> <hr/>	<hr/> 2,657 <hr/>

**14. MOVEMENT IN FUNDS**

	At 1.4.22	Net movement in funds	At
	<b>£</b>	<b>£</b>	<b>31.3.23</b>
<b>Unrestricted funds</b>			
General fund	<b>53,966</b>	<b>2,210</b>	<b>56,176</b>
<b>Restricted funds</b>			
Restricted fund	<b>239,348</b>	<b>108,042</b>	<b>347,390</b>
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<b>293,314</b>	<b>110,252</b>	<b>403,566</b>
	<hr/>	<hr/>	<hr/>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	<b>£</b>	<b>£</b>	<b>£</b>
<b>Unrestricted funds</b>			
General fund	<b>2,210</b>	-	<b>2,210</b>
<b>Restricted funds</b>			
Restricted fund	<b>941,677</b>	<b>(833,635)</b>	<b>108,042</b>
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<b>943,887</b>	<b>(833,635)</b>	<b>110,252</b>
	<hr/>	<hr/>	<hr/>



**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2023**

**14. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General fund	33,468	20,498	53,966
<b>Restricted funds</b>			
Restricted fund	158,183	81,165	239,348
<b>TOTAL FUNDS</b>	<u>191,651</u>	<u>101,663</u>	<u>293,314</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	20,498	-	20,498
<b>Restricted funds</b>			
Restricted fund	699,286	(618,121)	81,165
<b>TOTAL FUNDS</b>	<u>719,784</u>	<u>(618,121)</u>	<u>101,663</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General fund	33,468	22,708	56,176
<b>Restricted funds</b>			
Restricted fund	158,183	189,207	347,390
<b>TOTAL FUNDS</b>	<u>191,651</u>	<u>211,915</u>	<u>403,566</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31ST MARCH 2023**

**14. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	22,708	-	22,708
<b>Restricted funds</b>			
Restricted fund	1,640,963	(1,451,756)	189,207
<b>TOTAL FUNDS</b>	<u>1,663,671</u>	<u>(1,451,756)</u>	<u>211,915</u>

**15. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31st March 2023.

**16. VOLUNTEERS**

Volunteers supported sessions and organising holiday clubs, as well as supporting young people with one to one interventions.

**ATF SOUTHEND**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31ST MARCH 2023**

	2023 £	2022 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	2,210	1,704
Grants	941,677	699,286
	<hr/> 943,887	<hr/> 700,990
<b>Other trading activities</b>		
Coaching income	-	18,753
<b>Investment income</b>		
Bank account interest	-	41
	<hr/>	<hr/>
<b>Total incoming resources</b>	943,887	719,784
 <b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Venue hire	10,657	4,749
Coaching and courses	46,713	93,526
Counselling	11,023	9,406
Teaching sessions	42,520	47,734
Community sessions	159,590	87,933
Holiday club	210,242	161,665
Volunteer expenses	-	150
	<hr/> 480,745	<hr/> 405,163
<b>Support costs</b>		
<b>Management</b>		
Wages	294,453	185,865
Social security	26,610	11,134
Pensions	6,532	-
Motor expenses	3,963	4,188
Insurance	1,238	653
Subscriptions	620	261
Postage and stationery	144	228
Advertising	997	902
Sundries	887	332
Depreciation of motor vehicles	1,534	1,431
Loss on sale of tangible fixed assets	3,119	-
	<hr/> 340,097	<hr/> 204,994

**ATF SOUTHEND**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31ST MARCH 2023**

	2023 £	2022 £
<b>Management</b>		
<b>Other</b>		
Covid expenses	-	3,559
Professional fees	<u>4,151</u>	<u>-</u>
	4,151	3,559
 <b>Governance costs</b>		
Accountancy and independent examiner	<u>8,642</u>	<u>4,405</u>
 Total resources expended	<u>833,635</u>	<u>618,121</u>
 Net income	<u><u>110,252</u></u>	<u><u>101,663</u></u>