



## ATF Southend Financial Statements Year Ended 31st March 2021

Charity registration number: 1183471



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## Trustees

Dr David Sollis (Chairman)

Cllr Jo Mcpherson

Sam Elliot (Treasurer)

Lee Monk

Lynsey Hurd

Michael Thorpe

Scott Logan

John Hindley

Matthew Crouch

## Chief Executive Officer

Stuart Long

## Principal office

The Hub 324-326

Chartwell Square  
Victoria Plaza  
Southend on Sea  
Essex  
SS2 5SP

## Bankers

Metro Bank G19-G21 The Victoria  
Centre,

Southend-On-Sea SS1 2NG

## Accountants

Liam Stannard

23 Lockhart Drive, Wokingham,  
Berkshire. RG40 5BF

## Trustees' Annual Report Year Ended 31st March 2021



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The Trustees of ATF Southend ("ATF" or "the Charity") present their report and the financial statements of the Charity for the year ending 31st March 2021. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the Charity.

### **Trustees of the charity**

The trustees who have served during the year and since the year end are as follows:

Dr David Sollis (Chairman)

Cllr Jo Mcpherson

Sam Elliot (Treasurer)

Lee Monk

Lynsey Hurd

Michael Thorpe

Alex Waite

Matthew Crouch



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### Our Mission Statement...

- To contribute towards reducing ASB in 'hot spot' areas.
- Remove the financial barrier of participating in structured football.
- Provide a supportive framework to encourage children to get involved regardless of their skill level.
- Provide accredited education to challenge negative behaviour pattern.
- Provide scholarship opportunities to an affiliated league youth club.

### Our key charitable objectives are...

To advance in life and help young people through:

(a) The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life;

(b) Providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.

– To help young people, especially but not exclusively through leisure time activities, so as to develop their capabilities that they may grow to full maturity as individuals and members of society.

– To act as a resource for young people up to the age of 25 years living in South Essex by providing advice and assistance and organising programmes of physical, educational and other activities as a means of:

(a) advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;

(b) advancing education;

(c) relieving unemployment;

(d) providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

To find out more about our plans, or talk to us about our programmes, please [get in contact](#).





## ATF's values

ATF's goal is to help us and the community members we work with to be all that we can be.

To help us achieve this, let's do the following:

- Be a good example and representative for ATF in our attitudes, language, and actions
- Care for the wellbeing of each other and ATF participants -be approachable and patient, kind and supportive (let's have each other's backs)
- Be respectful to everyone, especially when dealing with conflict
- Maintain good boundaries with everyone – remember we work with some people who are in vulnerable situations
- Report any concerns for someone's wellbeing to a supervisor as a priority
- Be reliable, responsible, and flexible
- Actively help each other (don't wait to be asked)
- Arrive in good time to set up and stay until everything is finished
- Let a supervisor & teammates know with good notice if you can't attend a session, for example if you are unwell, and arrange for any equipment etc to be available
- Care for facilities with respect and like they are our own
- Anything else?

## Dealing with conflict

There are naturally times when things don't go the way we would like them to and realistically, we won't always see eye to eye with everyone. It's helpful to remember that we are all a work in progress, and we are all continually learning. If we handle frustrations and conflict positively and respectfully, it can help us as a community grow and get stronger.

There's also the potential that our words, attitudes, and actions can cause hurt, anger and division and that can have a negative effect on everyone. Let's remember what we are doing this for – to help us as a community to be all that we can be.

It's helpful to be wise in what we say and who we say it to. For example: Am I being harsh or unkind about someone? What damage could it cause if my words get back to them?

If a situation is tricky to deal with, chat it through with a supervisor. It's easy to give up on someone but it's much better to try and resolve it so that everyone benefits.



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## Introduction

*Despite all its challenges we are proud of what we have 'achieved' in 20/21. The year was dominated by the pandemic and the environment in which ATF carried out our work was deeply affected. Despite this we have been able to utilise our skills and flexibility to support local authorities within their operating areas with practical 'on the ground' involvement in key tasks. Initially this involved supporting vulnerable service users that were shielding by operating 7 days a week to deliver food parcels and medical supplies. Our programmes such as counselling, mentoring and fitness sessions all continued on- line and we worked closely with our most at risk families. As restrictions eased our activity programmes were offered within education settings, supporting those most at risk of exclusion. We were able to support families on a 1-2-1 basis and scale up and down activities dependent on government restrictions in place at the time. As the vaccination programme commenced our community network provided additional infrastructure and support to the centres as we were able to swiftly mobilise an army of volunteers. Our work with Active Essex and the Sport England Local Delivery Pilot commenced and we began our hub participation work within North West Pitsea. This work is based around the principles of Asset Based Community Development and we look forward to seeing how this new way of working progresses. We have also developed exciting working partnerships with Essex County Council Youth Service, Park Play and several housing associations including Swan Housing and Sanctuary Housing on projects that focus on raising aspirations and building resilience for supporting disadvantaged communities.*



**Dr David Sollis Chair**





All about the people – How we support change



### 1. Explore & discover

Building on new and existing networks and relationships in areas of deprivation, we run initial pilot projects which help to discover the passions, strengths, needs and opportunities within the heart of a community.

### 2. People are key

We look to identify key local people that can come together and work as a collective for positive change. This might be a young person, a parent, family, or local stakeholder who has a passion for empowering their community.

These individuals have a resilient, can do approach and are able to rise above challenges & obstacles.



### 3. Gather, create, do

Crucially, ATF associates represent the target audience, come from the community itself & can attract other community members to engage in project activity. This is much more powerful than advertising campaigns alone and guarantees authentic, lasting change.

### 4. Nurture to thrive

We support ATF associates to grow and develop into dynamic catalysts who help to generate beneficial change in their community.

Through training and mentoring, we support local people to express their natural talents and passions and in turn, nurture other local people and projects for long term success.



### 5. Repeat





## **Main Projects 20/21**

### **LDP Sport England**

The funding secured for this 3 year pilot project is focusing on 2 clear areas, the need for which is outlined below

#### **The Scaling Up of ATF across Essex**

The growth, scaling up and replication of the ATF successful model of engaging disadvantaged young people in sport, to divert them away from the youth criminal justice system and support young people's skills and confidence to lead positive lives with real purpose.

The model has been tested and proven in Southend over the past 8 years, and we are now ready to grow, scale up and replicate the model across Essex. The ATF evidence base of the success of its Southend model is available on request, and includes a number of evaluation and impact reports.

An important aspect of our model is the engagement with families, schools, and wider community organisations to ensure an holistic approach to preventing youth crime and increasing community cohesion.

We have a strong knowledge and relationships with the work of police, youth offending teams, the Essex youth justice system, and the Essex Violence and Vulnerability Board. We are positioning ourselves as the lead charity in Essex for the use of sport to divert young people away from anti-social behaviour and criminal activity including gangs and violence.

Our values demonstrate that we can collaborate and share, and will share our knowledge and expertise with youth justice agencies and community organisations across Essex who want to replicate the success factors of the ATF model.

The evaluation of the Southend and Basildon models will enable us to create a blueprint which they will promote and make available free of charge to any organisation that wants to replicate, and we will also provide bespoke advice, information and guidance to organisations seeking to replicate their proven work.

We utilise sport to resolve many youth justice issues on a local, neighbourhood basis, connecting with VRY, ERU, PCC and all other agencies as a joined-up approach to divert young people at-risk of entering the youth justice system to change course and undergo development training and support to live healthier and better lives.



Our work is supported by Roger Hirst who is the Essex Police, Fire and Crime Commissioner, we have also been used as a best practise example by Priti Patel who is the Home Secretary.

The LDP leads for community safety/youth justice and community development / ABCD, as well as the Basildon LDP locality lead have worked with us for the past 12 months to ensure that they have a strong business model, a granular understanding of what has made the model in Southend such a success in terms of engaging and supporting at risk groups of young people and driving down anti-social behaviour and youth violence.

This request for LDP investment was an important part of the growth and scaling up of ATF.

We are key to the LDP community safety strategic development and we are collaborating with StreetGames to implement the StreetGames national sport and youth violence prevention 'funnel' model that provides an evidence based approach to the role that sport and physical activity has to play in the youth justice prevention agenda and use the evidence to influence the Essex community safety and youth justice system on the impact that sport can have.

In Essex, there are more young people engaged in violence as both suspects and victims than many other parts of the country. The Essex Violence and Vulnerability problem profile paper has prioritised the use of tertiary activities to positively engage at-risk young people, and we will use sport as a tertiary activity.

Over the past 12 months, we have been offered funding and partnering opportunities to grow its work in other areas. However, we have been held back by a lack of capacity. LDP investment has taken us to another level of capacity and enabled them to make the most of new funding and partnering opportunities.



The **6** ingredients that help our young people  
**Achieve, Thrive & Flourish**



### 1. Sports & Physical Exercise

ATF develops and delivers inclusive sporting activities for young people such as football, basketball, cricket, boxing and more, as well as other enjoyable activities that indirectly increase physical activity, social skills and wellbeing.



### 2. Unlocking Creativity

As an accredited Arts Awards Centre, we provide regular opportunities for young people to explore their creativity in a variety of ways such as drawing, painting, storytelling, music & theatre craft and more.



### 3. Training, Personal Development & Education

ATF supports young people to develop their confidence, educational abilities and employability. From homework study support, to gaining skills through accredited coaching awards and direct apprenticeship opportunities with ATF.



### 4. Health & Wellbeing

We care about the wellbeing of our participants and offer a range of complementary support such as counselling, life-coaching, mentoring & befriending, as well as support around diet & exercise, food poverty & addiction problems.



### 5. Heritage & Culture

Our heritage and culture programmes generate excitement, inspiration and a strong sense of community cohesion and belonging, as we celebrate and explore our collective social histories, customs and stories.



### 6. Active Citizenship

We provide opportunities for young people to support their peers and participate in the wider community as volunteers, befrienders and mentors, while assisting their own personal development as they gain new skills, experience and confidence.





## A new ATF hub in Basildon

Basildon is one of 5 key target area for the Essex violence and vulnerability board due to higher levels of serious youth violence. The first ATF replication will take place in Basildon through the development of the Northlands Community Hub programme which has begun to replicate the successful work of the ATF Southend Hub to use sport to engage hundreds of disadvantaged children and young people to develop their skills, confidence and self-esteem so they can be confident to make informed decisions to lead a positive life and reject criminal activities and youth violence.

Children and young people in Northlands are now experiencing programmes to support them deal with increased anxiety and poverty due to COVID and also tackle youth unemployment which is also increasing.

ATF is working with these young people through sport to encourage them with their education and access to employment by increasing their skills and confidence and providing them with the opportunity to undertake volunteering and work experience in their local community.

The ATF Basildon Hub is utilising a place based approach which makes the most of the assets in Northlands, including the positive contribution of the Briscoe Primary School who are fully this work.

The Northlands Hub is focusing on early interventions as well as direct work with young people already in the youth justice system. Engagement with families is an important part of the hub work, helped enormously by the contribution of the primary school.

COVID has clearly demonstrated that Northlands has a significant amount of community spirit and togetherness, and this work is building on the community's COVID response to engage positively with local children and young people.





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## Northlands Park – How the Hub will look



- Unique offer – Primary School setting in the heart of the community -flexible in being open and accessible to all residents



- Community partnerships delivering services on site – Housing, Social Care, CAB, Digital Support, Third Sector Etc.



- Empowering participation offer – The community model the activities around current gaps and aspirations in their local area



- People are key – Using the principles of identifying 'our people', support change to mentor and train community members to allow a continued thriving Hub

## Northlands Park – Outcomes



### Outcome 1

- Residents of Northlands Park Hub have opportunities to learn and develop, improving their own lives and those around them.
- Key Indicators – Active Citizenship Participants take part in formal education/training; increased numbers initiating in participation and involved in local projects; Improvements in reported well-being, new friendships and support networks created by the community for the community.



### Outcome 2

- Residents of Northlands Park Hub have addressed barriers to being more resilient and self-sufficient and are living a more active lifestyle.
- Key Indicators – Residents will have undertaken self-resilience support and are alleviated of anxiety and depression; Residents have better access to statutory services through improved networks; More residents are sustaining their tenancies; Residents have moved from an inactive to a more active lifestyle



### Outcome 3

- Northlands Park becomes a place where everyone feels safe, welcome and optimistic about the future
- Key Indicators - Increased pride and ownership of open spaces; Reduction in ASB; Increased capacity within the community to respond to problems; Building diverse social networks and the creation of a social movement around building up the participation of a positive safe space.



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## The ATF Model, learnings thus far in this project:

**Mission Statement:** Through a collaborative and localised approach, ATF empowers local young people and their families to 'Achieve, Thrive and Flourish' in their lives through community-centred participation in life-enhancing activities such as sports, heritage, the arts and culture.

We achieve this through:

We can operate in different areas; the model works anywhere, however the approach is customised and adapted for each individual place, developed in partnership with local young people and stakeholders to promote 'ownership'

Being grounded and embedded in the local community

Targeting young people experiencing or at risk of experiencing disadvantage, anti-social behaviour, criminality and being NEET [Not in Employment, Education or Training] as ATF have specialist staff with experience and training of working with these targeted cohorts.

Flexible approach: ATF operate on rescue, prevention, diversion and remedial model, providing a full pathway to positive lives

Strong partnership working with schools to provide an holistic approach to supporting young people

The ATF model uses a 6-step programme customised for targeted cohorts of young people from local areas which engage them in physical activity such as sports, exercise, walking-for-health, and community activity including peer-volunteering and befriending as well as developmental programmes for education and health.



### Personal impact



- "I've never seen the park (Northlands) this busy, 'til ATF come along" – Local resident
- "There's a real buzz around what we're doing at the moment - everyone's talking about when they're next gonna meet up... it's really positive" – Head Teacher, Briscoes Primary School
- "ATF is a great community that has been helping people to have the confidence they should have" – 10 year old pupil/participant from Briscoes Primary School
- "For me, it helps me get out of the house because I was depressed and anxious -even leaving the house, I would just have anxiety and panic attacks. Starting helping, it's been helping me to meet other parents and be more open to other people – I'm still working on it but it's been very helpful to me" – Mum in Northlands Park



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### **Innovative asset-based model | Unprecedented transformational participation**

- 16 residents alleviated from anxiety / depression
- 10 vulnerable families moved away from crisis support from school
- 12 adult volunteers supported into paid employment
- 3 Apprentice Coaches nurtured
- 50 young people at risk of exclusion kept in education
- 40 young people at risk of offending supported through personal development sessions
- 360 at-risk young people coached every week
- 60 adult residents regularly participating in confidence boosting & upskilling activities
- 200 vulnerable children attended 6 weeks of holiday clubs, eating 5,000 healthy lunches
- 'Murder Park' reclaimed with the community
- 20 young adult asylum seekers & care leavers regularly engaged in positive activities
- 20 residents completed 6-week cooking course
- 25 young leader volunteers mentored
- 40 at-risk children learning new skills in weekly garden club

### **Big Lottery**

ATF are currently delivering 20 sports sessions a week in Southend, 50 weeks a year, to attract young people into further personal and social development activities. The weekly sports sessions incorporate additional training and accreditation programmes.

To address the specific developmental needs of the 200 participants per year, we also deliver sessions, run from the local community centres, with the support of our key partners - Essex FA, Drug and Alcohol Team, CAB and Young Peoples Counselling Services, comprising: drugs and substance misuse, communication skills, sexual health and self-awareness, sports leadership courses, vocational learning in life skills such as active and healthy lifestyles, winning edge training (to challenge negative behaviour patterns), employability and personal development; plus regular special events bringing different groups of young people together in a positive environment.

These sessions have been identified in direct response to tackle community issues around gangs, criminality, anti social behaviour and through consultation with young people. In addition, we will be supporting 3 young people to be trained as apprentices from local deprived communities, for all 3 funding years.

We are supporting them to develop them to be work ready. They are undertaking a 30 hour weekly placement for 40 weeks within the year as well as gaining additional





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## Outcome 1. Consistent engagement

- Consistency of ATF's presence in the community noticeable
- Activities allow people to interact multiple days per week
- Long term stability - participation built up over time



## Outcome 2. Enhanced mental wellbeing

Participants express experiencing:

- Increased connectedness with others
- Reduced anxiety
- Improved sense of self or self confidence
- Physical activity is important but wider related support and interaction is contributing to enhanced wellbeing as a whole

UoE Evaluation  
of ATF Basildon  
Summer 2021

## Outcome 3. Whole family involvement

- Whole family inclusion in activities is producing broader wellbeing benefits and increased community connection
- Seeing their children's wellbeing improve further improved parents' wellbeing.
- When children and parents participated in activities with other community members, they enjoyed the activities more than if they did the same sport or exercise individually.

### **Anglia University independent review of the project**

experience by volunteering at the sport sessions they are based at the community hubs, situated within deprived communities. Individuals involved in the work ready project are developing the skill-set needed to acquire and retain a job, through weekly individual coaching and mentoring sessions.

These sessions look at whole life issues and bring about change through realistic goal setting. We continue to empower individuals to be proactive to minimise barriers they may have around the world of work. Achieving goals during the project have boosted confidence and enabled each person to recognise their worth and capability. Through this individualised approach beneficiaries take steps towards becoming work-ready and seeing work as an achievable goal.

They are given the means and opportunities to take productive and positive control of their own lives and/or the ability to resolve (or play a key part in resolving) the issues that matter most to them. We combine individual coaching with the group workshops, to foster a team spirit. These sessions comprise: successful job searching, how employers think and recruit, tapping into the job market/hidden job





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market, selling yourself to an employer, discovering your skill base, how to write a C.V. and preparing a unique, targeted CV, what is a cover letter?, how to make them count, application forms - answering the difficult questions, successful interviewing, preparation and delivery.

At the end of the programme, the qualified young people will be part of community resource, acting as mentors and community champions, and potentially engaged as paid coaches within the community or for further ATF projects. We have identified individuals who needed extra individual coaching sessions after the completion of the annual programme. Offering ongoing support is a key success factor, on-going mentoring ensures motivation stays strong and active steps are taken towards work. Our current staff are all level 2 football coaches who also have received youth work training. They act as mentors for the young people and facilitate support planning to help build the young peoples' confidence and improve aspirations.



## School community & education

### Ricky - 11 years old

Ricky joined the ATF Garden Club at Briscoe School Hub in summer 2020 at the height of lockdown. As an at-risk pupil, Ricky often displayed difficult and anti-social behaviours but following consistent engagement in hub activities and regular support in group and 1:1 settings, positive changes in attitude and behaviour have become noticeable.

ATF coaches nurtured Ricky's natural tendency to help and lead, to the point where his confidence and social skillset have visibly increased and to his delight, Ricky was awarded Gardening Club member of The Year.

Now in his first year of Secondary School, ATF arranged for Ricky to become a volunteer at his local ParkPlay every Saturday, where he can stay connected to a wider network of support and friendships, while continuing to develop in confidence, pride and responsibility (plus he receives £5 each week for helping, which is helping to model the reward that follows good work).

Volunteering alongside one of his historic rivals has also helped Ricky manage conflict and they are now often seen patting each other on the back and encouraging each other, where there was often anger & aggression.

"The (ATF) sessions are really beneficial for our children. They are really engaged and find the sessions really stimulating and they're more engaged in their classwork. They also seem more confident in themselves and their attitude to learning too"

-Head teacher, Briscoe Primary School

"Unusually, we didn't receive one call to our (vulnerable families) crisis number this summer! - We put that down to parents being happier due to having their children in the ATF holiday club every day"

-Head teacher, Briscoe Primary Sch

"The Garden club helps me feel like I could be a professional gardener or something"

- Max, age 9



"I am so pleased - I can see how much the participants love it and also how far they've come. They are very creative - Lexy got a badge this week for their session activity!! It's great that Lexy is doing well as they come from one of our most vulnerable families. Thank you so much for the opportunity you're giving them - such a worthwhile project and opening their minds to a much broader horizon".

-Head Teacher, Vange Primary School

\*Participant names anonymised for confidentiality



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## Essex At War

To mark the 80th anniversary of the Second World War, we have run after school heritage clubs for five schools within deprived areas in Southend. The clubs allowed pupils to explore their local heritage through a variety of archives, discovered the part their town played during the war and then inform a wider audience within their community. Each heritage club ran for 10 weeks from a community setting. They were delivered in partnership with Essex Record Office. Each young person of the club visited, explored and learned how to carry out heritage research at the Essex Record Office. They undertook Oral History training, had the opportunity to record oral history and capture living memories of those who were alive and witnessed the events.

Each club was linked to a sheltered housing scheme and undertook research that provided opportunity for inter generational cohesion. They researched the story of the war within their area, visited local historical sites related to the project and through the weekly clubs have gained a greater understanding of Essex at War. A oral history library and publication is now available digitally and can be accessed here alongside a comprehensive report. <https://www.atfcommunity.com/introduction>

### ESSEX AT WAR WE WERE THERE

**WE WERE THERE** documents the amazing memories and experiences of South Essex residents who lived before, during and after World War II. Please click on individual portraits for in-depth personal profiles and audio interviews.

Developed in partnership with ATF, South Essex Homes and Essex Records Office and supported by Heritage Fund, this online exhibition captures the stories and emotions of those who witnessed incredible events, in their own words...

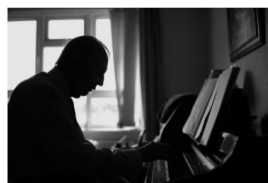
Thank you to everyone who so generously shared their time and memories to create this exhibition.

The exhibition is best viewed on a PC, in desktop mode, or horizontal/landscape format on a tablet or smartphone.

We'd love to know how you feel about this exhibition - [Contact us here](#)

Southend during  
WW2

Exhibition resources





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CHARITY COMMISSION  
FOR ENGLAND AND WALES

## Independent examiner's report on the accounts

### Section A Independent Examiner's Report

Report to the trustees/  
members of

Charity Name  
ATF Southend

On accounts for the year  
ended

31 March 2021

Charity no  
(if any)

1183471

Set out on pages

(remember to include the page numbers of additional sheets)

Responsibilities and  
basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2021.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: *Liam Stannard*

Date: 31/08/2021

Name: Liam Stannard

Relevant professional  
qualification(s) or body  
(if any):

ICAEW (ACA, BFP)

Address: 23 Lockhart Drive, Wokingham, Berkshire. RG40 5BF





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# ATF SOUTHEND (registered Charity #: 1183471)

## Appendix 1

### BALANCE SHEET AS AT 31 MARCH 2021

	NOTE	2021 £	2020 £
<b>ASSETS</b>			
Motor Vehicles		5,726	5,726
Debtors		7,400	-
Cash at bank		180,885	100,940
Petty Cash		-	-
		<u>194,010</u>	<u>106,666</u>
<b>LIABILITIES</b>			
Short term creditors		<u>2,360</u>	<u>9,774</u>
<b>TOTAL ASSETS</b>		<u>191,650</u>	<u>96,892</u>
<b>FUNDS</b>			
Unrestricted Funds		33,467	25,513
Restricted Funds		<u>158,183</u>	<u>71,378</u>
<b>TOTAL FUNDS</b>		<u>191,650</u>	<u>96,892</u>

I hereby agree and approve the information in this report.

.....  
Trustee

.....31 August 2021.....  
Date





Achieve Thrive Flourish

ATF SOUTHEND (registered Charity #: 1183471)

**STATEMENT OF CASH FLOWS  
FOR THE YEAR ENDED 31 MARCH 2021**

	Note	2021 £	2020 £
<b>UNRESTRICTED INFLOWS</b>			
Unrestricted Funding B/Fwd from prior entity		-	11,886
FootPrints		-	3,000
FowlerJones Trust (Unrestricted)		-	1,500
John Manley		-	640
Milton Hall		-	1,650
Sanctuary		1,000	1,000
SECH		-	3,000
St Nicholas School		-	840
UK Youth (Unrestricted)		-	1,200
Heritage Lottery (Unrestricted)		-	4,829
Lawn Tennis Association		500	-
Holiday Club Community Development		1,400	-
Groundwork Comic Relief		6,500	-
Bank Interest received		34	18
<b>TOTAL INFLOWS</b>		<b>9,434</b>	<b>29,562</b>
	Note	2021 £	2020 £
<b>RESTRICTED INFLOWS</b>			
<b>Grant Funding</b>			
Restricted Funding B/Fwd from prior entity		-	72,412
Active Essex		25,700	10,320
Basildon County Council		3,775	-
Beechwood Village Community Trust		5,000	-
Big Lottery		40,545	71,605
Big Lottery Awards for All		-	10,000
Children in Need		2,126	8,818
Connectability CIC SEF		1,050	-
English Sports Council		6,000	-
Essex Association - Local Council		6,951	-
Essex At War		-	73,980
Essex Community		10,000	3,700
Essex County Council		106,091	-
Fowler Jones Trust (Restricted)		2,000	-
Heritage Lottery (Restricted)		6,687	-
JackPetchey		3,750	3,000
Peoples Heath Trust		6,002	13,206
Police Crime Commission		6,505	-
Reaching Communities		28,085	-
Southend Borough Council		21,000	1,500
Sported		2,000	-
Street Games		1,600	2,000
Thefore Raft Bulldog		5,000	-
UK Youth (Restricted)		1,000	-
<b>TOTAL INFLOWS</b>		<b>290,867</b>	<b>270,540</b>



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**ATF SOUTHEND (registered Charity #: 1183471)**

**STATEMENT OF CASH FLOWS  
FOR THE YEAR ENDED 31 MARCH 2021**

	Note	2021 £	2020 £
<b>UNRESTRICTED OUTFLOWS</b>			
General Expenses		(3,120)	182
Bid Writing		4,600	3,300
Professional fees		-	565
Bank Interest		-	2
		<u>1,480</u>	<u>4,049</u>
<b>RESTRICTED OUTFLOWS</b>			
Grant expenditure		<u>204,063</u>	<u>199,162</u>
<b>TOTAL OUTFLOWS</b>		<u>(205,543)</u>	<u>(203,211)</u>
<b>NET CASH INFLOW/(OUTFLOW)</b>		<u>94,758</u>	<u>96,892</u>