



Kent Senior Citizen Association

Unity for Community

UK Registered Charity Number: 1183429

Trustees' Annual Report & Financial Statements for the Period 1 January 2022 to 31 December 2022

July 2023

KENT SENIOR CITIZENS ASSOCIATION

Trustees' Annual Report & Financial Statements

Financial Period from 1 January 2021 to December 2021

Reference & Administration Details

Charity Details:

Name: Kent Senior Citizens Association

Number: 1183429

Address: 21 Essex Road Gravesend Kent DA11 0SL

Names of the Charity Trustees who Manage the Charity

Shinder Singh Sandhu

Uddam Singh Bhathal

Gian Singh

Name and address of Advisors

Lloyds Bank of 78 New Road Gravesend Kent DA11 0AR

Structure, Governance & Management

Description of the Charity's Trusts

Constitution adopted 15.05.2019 as an unincorporated association

Type of Governing Document:

Constitution

How the Charity is Constituted:

Charitable Unincorporated Association

Trustee Selection Methods:

Trustees are appointed or reappointed annually at the Annual General Meeting

How New Trustees are Inducted and Trained:

Trustees are provided with an overview and given a copy of all relevant documents, including the constitution and minutes from recent meetings.

Additional Governance Issues

N/A - no sub committees presently

Objects

Is to provide facilities for recreation or other leisure time occupation for senior citizens in Kent who have need of such facilities by reason of their age, infirmity or disablement, poverty or social and economic circumstances in the interests of social welfare with the object of improving their conditions of life.

Statutory Declaration on Public Benefit

The trustees declare that they have complied with their duty to have due regard to the guidance on public benefit published by the Charity Commission in exercising their powers or duties.

Executive Summary and Activities, Achievements & Performance

KSCA was formed in March 2018 to enable social inclusion of the members, through taking part in activities designed to promote their physical and emotional wellbeing.

The success of KSCA led its members to elevate the association to the next framework. On 15 May 2019, KSCA was successfully registered with Charity Commission for England & Wales.

During the first year as a registered charity, KSCA has met a number of milestones including successfully securing funding from The National Lottery Community Fund. This funding enabled KSCA to hire a venue and to hold weekly yoga classes for members. Yoga mats were also purchased for members, using the funding, which encouraged attendance.

During the monthly meetings, members identified issues which led to a seminar being held to promote the well being of the members and this was attended by the Mayor and Kent Equality Cohesion Council.

It was expected that further events, aimed at improving member's health & wellbeing would take place, including a wellness retreat, however, unfortunately the unprecedented times, during the second year, were disruptive to this.

The objective was to resume these activities, however, Covid restrictions were not fully removed. There were no activities or meetings that took place during 2020, to avoid placing members' health at risk, as social distancing could not be adhered to.

During the third year, in 2021, some activities were resumed, however, these centred around the Covid vaccination programme and some individuals were also not socially active due shielding.

Following on from this, during 2022, we were able to resume monthly meetings and held discussions for support with mental and physical wellbeing.

We were also able to secure the same venue to re-start weekly exercise classes, which centres around yoga.

We arranged quarterly social events, to raise awareness of topical issues after the pandemic, with guests attending, such as from the local social cohesion charity, for members which included a meal.

Financial Review

Statement of the Charity's Policy on Reserves

Cash at bank on 31.12.2022 was £2873.58 in unrestricted funds. The main financial risk to the charity is not securing further funding, however, the funds held will cover 12 months costs.

Details of Any Funds Materially in Deficit

The Trustees declare that the charity had no funds which were materially in deficit at the date of the statement of assets & liabilities.

State of the Charity's Finances

There was no main source of funding. A £1005 grant successfully secured. Donations were also received.

Particulars of Any Outstanding Guarantee Given by the Charity

The Trustees declare that the charity has given no guarantee where potential liability is outstanding at the date of the statement of assets & liabilities.

Particulars of Any Outstanding Debt

The Trustees declare that the charity has no outstanding debts which are secured by an express charge on any of the assets of the charity at the date of the statement of assets & liabilities.

Declaration

The Trustees declare that they have approved the above report and authorised that it be signed on their behalf.

KENT SENIOR CITIZEN ASSOCIATION

UNITY FOR COMMUNITY

UK REGISTERED CHARITY NUMBER 1183429

ANNUAL RETURN ENDING YEAR 31.12.2022

<u>ITEM.</u>	<u>PAID IN £</u>	<u>PAID OUT £</u>	<u>BALANCE £</u>
OPENING BALANCE 01.01.2022			3170.78
MEMBERS DONATION	540.00		3710.78
PUBLIC LIABILITY INSURANCE		158.20	3552.58
YOGA (HALL HIRE & INSTRUCTOR)		939.00	2613.58
VENUE / SEMINAR / REFRESHMENT		745.00	1868.58
GRANT	1005.00		2873.58
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CLOSING BALANCE 31.12.2022	1545.00	1842.20	2873.58

Unaudited A/c
Prepared By
K.S.S. Gilly
