

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

England & Wales · Charity number 1183428

Details

Other names	GLOBAL ACTION ON MEN'S HEALTH, GAMH
Status	Registered
Legal form	CIO
Registered	2019-05-15
Register	View on the Charity Commission register

Contact

Address	128 City Road London EC1V 2NX
Phone	07786454905
Email	office@gamh.org
Website	www.gamh.org

Activities

Objects: THE PROMOTION OF THE HEALTH OF MEN AND BOYS INTERNATIONALLY FOR THE PUBLIC BENEFIT, INCLUDING BY: A) RAISING AWARENESS OF THE HEALTH AND WELLBEING NEEDS OF MEN AND BOYS WITH THE GENERAL PUBLIC, HEALTH PRACTITIONERS AND POLICY MAKERS AND IN SCHOOLS AND WORKPLACES; B) ENCOURAGING AND SUPPORTING MEN AND BOYS TO TAKE BETTER CARE OF THEIR OWN HEALTH AND THAT OF THEIR PARTNERS AND CHILDREN; C) CARRYING OUT MULTI-DISCIPLINARY RESEARCH INTO THE HEALTH OF MEN AND BOYS PUBLISHING THE USEFUL RESULTS OF THAT RESEARCH; D) MAINTAINING AN APPROACH TO HEALTH THAT FULLY RECOGNISES THE NEEDS OF BOTH SEXES IN POLICY, PRACTICE AND FUNDING AND WHICH PROMOTES GREATER GENDER EQUALITY.

Activities: GAMH encourages international and national health organisations to develop research, policies and strategies to tackle men's health problems and we provide guidance on how to take effective action.

Classification

- **How:** Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Other Charities Or Voluntary Bodies, Other Defined Groups

Geography

- Australia
- Canada
- Ireland
- Malawi
- United States
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£192,752	£133,144	-	-
2024-03-31	£71,922	£85,544	-	-
2023-03-31	£147,796	£44,079	-	-
2022-03-31	£23,177	£41,468	-	-
2021-03-31	£37,440	£16,348	-	-

Trustees

Name	Role	Appointed
Derek MacGregor Griffith	Chair	2020-11-03
Amon Lukhele		2020-11-03
Cara E Clements		2025-04-16
Dr Doris Bardehle		2020-11-16
Dr Shaun Paul Davis		2025-01-08
John Joseph Rich		2025-10-07
Kenton Boston		2024-10-16
Rae Bonney		2023-02-14
Ronald Kenneth Henry		2023-01-11

Accounts

**Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2025
for
GLOBAL ACTION ON MEN'S HEALTH (GAMH)**



TAG Accountants Group Limited
Unit 8, Pendeford Place
Pendeford Business Park
Wobaston Road
Wolverhampton
WV9 5HD

Contents of the Financial Statements
for the Year Ended 31 March 2025

	Page
Report of the Trustees	1 to 6
Independent Examiner's Report	7
Statement of Financial Activities	8
Balance Sheet	9
Notes to the Financial Statements	10 to 13
Detailed Statement of Financial Activities	14

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Report of the Trustees for the Year Ended 31 March 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

GAMH was established in 2013, launched during International Men's Health Week in June 2014 and officially registered as a UK-based charity in May 2019.

Our mission

To create a world where all men and boys have the opportunity to achieve the best possible health and wellbeing wherever they live and whatever their backgrounds.

These are some of the problems GAMH exists to tackle:

- o Globally, average male life expectancy at birth in 2023 was 71.5 years. For females, life expectancy was 76.3 years.
- o There are wide variations between regions. A boy born in a high-income country in the Asia Pacific Region in 2023 can expect to live for 81 years while a boy born in the same year in Sub-Saharan Africa can expect to die at 62, 19 years earlier.
- o Race and ethnicity has a major impact on health outcomes. Life expectancy for American Indian and Alaskan Native males born in 2023 is seven years lower than for White males in the USA.
- o Globally, men are twice as likely as women to die as a result of suicide and over 40% more likely die from cancer.
- o Due to a lack of engagement with primary care services, 51% of men worldwide with hypertension are unaware of their condition because they have not been diagnosed.
- o Men consume nearly four times more pure alcohol per capita than women and are almost five times more likely to use tobacco.
- o GAMH's research shows that men are significantly under-represented in global health policy across the issues of cancer, mental health, primary care and sexual and reproductive health (SRH).
- o Just nine countries - Australia, Brazil, England, Iran, Ireland, Malaysia, Mongolia, Philippines and South Africa - have published national men's health policies. One WHO region (Europe) has a men's health strategy.

Our objective

Our constitution describes our objective as the promotion of the health of men and boys internationally for the public benefit, including by:

- o Raising awareness of the health and wellbeing needs of men and boys with the general public, health practitioners and policymakers and in schools and workplaces.
- o Encouraging and supporting men and boys to take better care of their own health and that of their partners and children.
- o Carrying out and publishing multi-disciplinary research into the health of men and boys.

Our unique role

GAMH has a distinct contribution to make because we:

- o Uniquely represent a wide range of men's health and related organisations which have experience of policy development, advocacy, research and service delivery.
- o Are concerned about a broad and cross-cutting range of men's health issues (e.g. health literacy, risk-taking behaviours, use of services, etc.).
- o Focus primarily on public health and the social determinants of health.
- o Have a strengths-based view of men and boys - this acknowledges men's unique contribution to all forms of social and human endeavour - and also believe that men should be held accountable for unacceptable behaviours, including gender-based violence.
- o Are committed to working in partnership with other organisations, not in competition with them.
- o Support an approach to health research, policy, practice and funding that takes full account of sex and gender in order to improve the health of both men and women and promotes greater gender equality.



Key messages

- We have the means to protect everyone – whatever their sex or gender – from high-risk human papillomavirus (HPV) infections and the cancers they cause. To achieve this, a more ambitious, ethical and equitable approach to HPV vaccination is needed at the global and national levels.
- Global Action on Men's Health, NOMAN is an Island: Race to End HPV and the supporters of this Call are seeking the worldwide adoption of gender-neutral (i.e. universal) vaccination (GNV) by 2030 with a 90% uptake goal.
- We urge global public health organisations to prioritise the elimination of all the cancers caused by HPV. Every young person should be considered a primary target for vaccination by the World Health Organisation (WHO) and other key health organisations including Gavi, The Vaccines Alliance.
- From an epidemiological perspective, when both males and females are at risk of HPV, it is illogical to immunise girls alone. Only GNV can achieve the elimination of the vaccine-related high-risk HPV types and prevent the cervical and other cancers they cause.
- About 1 in 5 men has a current high-risk HPV infection. A conservative estimate of the number of new HPV cancer cases in men globally is 180,000 annually, with the actual number quite plausibly much higher.
- Despite the burden of HPV-related cancers in men, there are no established routine screening programmes for these cancers leading to delays in diagnosis and treatment.
- GNV increases the resilience of vaccination programmes, helping to protect against crises in vaccine confidence or disruption caused by pandemics, natural disasters or conflict.
- Vaccinating both boys and girls de-feminises and de-stigmatises immunisation programmes. GNV shares the responsibility for cancer prevention more equitably between the sexes.
- WHO's recent recommendation of the option of single-dose vaccination programmes, combined with increasing vaccine supply, makes GNV feasible on a global basis.

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Report of the Trustees for the Year Ended 31 March 2025

ACHIEVEMENTS AND PERFORMANCE

Charitable activities

Policy and advocacy

In 2024-25, GAMH continued to implement the strategic plan agreed by the Board in 2022.

This plan committed us to five broad goals:

1. Increase the policy profile of men's and boys' health.
2. Promote and distribute evidence of knowledge, good practice and evidence-based policy and practice in men's and boys' health.
3. Accelerate the growth of knowledge and evidence on the state of men's and boys' health and what improves men's and boys' health.
4. Promote the development of strategic partnerships and networks.
5. Ensure the effective governance, management and funding of GAMH.

In the period 2022-2024, GAMH prioritised goals 1, 2 and 5 and, in its policy work, focused on the issues of cancer, mental health and making the case for national men's health policies. In 2024-25, our work programme expanded to include SRH and improving men's use of primary care.

Cancer

GAMH continued to make significant progress on its policy work on cancer with a particular focus on HPV (human papillomavirus) vaccination for boys and also prostate cancer.

HPV is estimated to cause around 180,000 cancer cases a year in men, chiefly oropharyngeal, penile and anal cancers, as well as a great many more cases of genital warts. Men who are HPV+ can pass on the infection to their female and/or male sexual partners, also putting them at risk of the diseases the virus can cause. However, while an increasing number of countries are implementing routine universal (gender-neutral) vaccination, around half of the countries with HPV vaccination programmes vaccinate only girls. Most of the countries that do not vaccinate boys are middle- or low-income and are constrained chiefly by financial pressures.

Working in partnership with the NGO NOMAN is an Island: Race to End HPV, GAMH launched a report, Boys, Men and HPV: A call for global gender-neutral vaccination, at a well-attended meeting at the World Cancer Congress in Geneva in September 2024. Our call to action was promoted via a new dedicated website, endHPVglobal.org, and was supported by about 20 other organisations. This launch followed a side meeting at the World Health Assembly in May, also in Geneva, where GAMH and NOMAN discussed the forthcoming call with a high-level panel of experts in the field.

The call was further promoted at a webinar in October, the first of a series of webinars on men, cancer and HPV held by GAMH and NOMAN in 2024 and 2025. In November 2024, we presented at the International Papillomavirus Conference in Edinburgh and, in December, at the ESMO Asia conference in Singapore.

We published Men and Cancer: A Charter for Action during International Men's Health Week in June 2024. This set out the 10 key policy steps needed to improve men's cancer outcomes.

To support its work on cancer, GAMH established a cancer advisory group. GAMH's Chief Executive continued to serve as co-chair of the European Cancer Organisation's men and cancer workstream and spoke at a side meeting on men and cancer at the European Cancer Summit in November 2024. He also presented on men and HPV at the European Association of Urology's conference in Madrid in March 2025 where he signed a memorandum of understanding between GAMH and EAU which will form the basis of future collaboration.

Towards the end of 2024-25, we began work on a policy report on prostate cancer which was subsequently launched during International Men's Health Week in June 2025. This marked the start of advocacy work on prostate cancer which seeks action at every stage of the cancer pathway, from prevention to palliative care. GAMH believes that, with the number of prostate cancer cases globally expected to double by 2040, a specific policy focus on prostate cancer by the World Health Organisation (WHO) is long overdue.

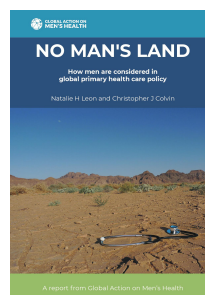
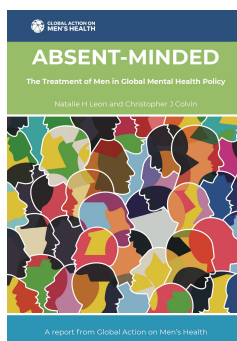
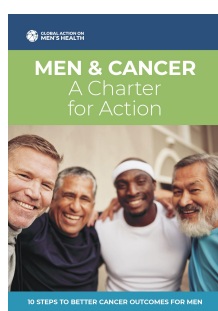
GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Report of the Trustees for the Year Ended 31 March 2025

Mental health

GAMH's report on global mental health policy, *Absent Minded*, was published and launched at a webinar in April 2024. The report, written by Dr Natalie Leon and Prof Chris Colvin, showed that, in line with our previous report on cancer policy, men are largely overlooked. The report was discussed with WHO officials in June and we were invited to attend the WHO Mental Health Forum in Geneva in October. In November, GAMH chair Prof Derek Griffith presented at a WHO Africa region webinar on men's mental health. Our work on mental health will be taken forward in 2025 by a GAMH task group with a likely focus on men's mental health at the workplace.

GAMH was invited by United for Global Mental Health to prepare a briefing on men's mental health for its members. Paul Galdas, professor of men's health at York University and a GAMH member, kindly wrote the briefing on behalf of GAMH and it was published in July 2025.



National men's health policies

GAMH believes that national men's health policies can stimulate and accelerate improvements in research, policy and practice. GAMH lent its active support to the campaign for a national men's health policy in the UK and, in November 2024, the UK government committed to introducing a strategy for England. The strategy was published on International Men's Day in November 2025.

To help achieve this commitment, Movember commissioned GAMH to provide consultancy support for its *Real Face of Men's Health UK* report which was published in July 2024. Movember also asked GAMH to convene four meetings of UK men's health sector organisations, the first of which was held in March 2025, to help ensure that the sector's voice was heard by government during the development of the strategy.

Peter Baker was also invited to speak at the online launch event for Ireland's new Men's Health Action Plan in November 2024. GAMH had previously been commissioned to review the preceding Action Plan and many of our recommendations were reflected in the revised edition.

Other policy areas

GAMH published a policy research report, *Out of Focus*, on the representation of men in global and regional SRH policy. The analysis, which was launched at a webinar in September 2024, found that only 16% of current policies meaningfully addressed men's own SRH needs. The findings were submitted in a comment paper for the journal *Health Policy and Planning* which was published in November 2025 accompanied by a podcast discussion with Peter Baker and the report's co-author, Dr Tim Shand. The report will form the evidence base for an advocacy campaign on men and SRH policy in 2025-26 and beyond.

In December, GAMH published and launched *No Man's Land*, a research report looking at the coverage of men in global primary care policy. The report was written by Dr Natalie Leon and Prof Chris Colvin and launched at a webinar. A collaboration with the International Pharmaceutical Federation (FIP) led to the development of a work programme which aims to make community pharmacies more accessible to men and which will start to be delivered in 2025-26.

In July 2024, we organized an online meeting for our members based in the African region to discuss the priorities for our future work in Africa. We also held a meeting in March 2025 for our organizational members to share plans for Men's Health Week/Month later in the year.

GOVERNANCE

The Board continued to prioritise good governance with Board meetings held quarterly throughout 2024-25. The Annual General Meeting (AGM) took place in December 2024 and the reporting requirements of the UK charity regulator were met in good time.

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Report of the Trustees for the Year Ended 31 March 2025

At the AGM, Kenton Boston, Sonia Montgomery and Ronald Henry were reappointed as trustees, in line with the requirements of GAMH's constitution. Martin Tod and Wendy Poage stood down as trustees because their terms of office had come to an end. The Board is very grateful for their service and commitment over many years.

GAMH membership

GAMH welcomed several new organisational and individual members in 2024-25. GAMH currently has over 90 members, of which 31 are organisations and the remainder individuals. Although the geographic spread of our members has improved considerably in recent years, with growth especially marked in the African region, GAMH remains keen to recruit more members from areas currently under-represented or not represented at all such as Asia and the Middle East.

The management of our membership scheme was improved during the year through the introduction of cloud-based membership management software provided by Join It.



GAMH staffing

Peter Baker lead GAMH on a part-time consultancy basis until August 2025, when he transitioned to a full-time salaried position as Chief Executive. This development reflects the organisation's steady growth over the past few years.

Jim Pollard continued to be engaged on a part-time freelance basis to develop and support our communications work, chiefly the monthly newsletter, the website, posts on X and Bluesky, and publication design. GAMH also contracted Ayo Ogunbiyi to provide part-time administrative and research support. Additional research support was provided by Dr Tosin Olaluwoye, a postdoctoral fellow at the Center for Men's Health at Georgetown University.

Sources of income

It is GAMH's policy to state in its Annual Report all sources of income exceeding GBP 5,000.00. During 2024/25, we received GBP 6,000 from Movember for consultancy work and for our work on men and cancer, including HPV, we received GBP 5,000 from NOMAN is an Island: Race to End HPV, GBP 37,134 from Advanced Accelerator Applications (a Novartis company) and GBP 138,193 from Merck Sharp and Dohme.

GAMH received additional income from its membership subscriptions.

We are very grateful to all those organisations and individuals who support our work financially. Without their generosity and commitment, none of the work described in this report would have been possible.

The Board notes that GAMH's income will increase in 2025-26 but recognises that there remains a pressing need to improve further the organisation's medium- and long-term financial position and to ensure that funding derives from a variety of sources. The organisation will continue to seek sources of income that will enable it to extend its work and enhance its influence.

Communication

Members and a significant number of other subscribers received GAMH's monthly newsletter. X was used on a frequent basis to share news and information and this was supplemented by Bluesky during the year. GAMH used LinkedIn consistently as an important way of communicating with key audiences. The Board wishes to thank Vice-Chair Rae Bonney for her significant help and support with developing our LinkedIn profile.

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Report of the Trustees for the Year Ended 31 March 2025

The International Journal of Men's Social and Community Health, GAMH's official journal, is now published by University of Toronto Press (UTP) on a bi-annual basis with GAMH Chair Prof Derek Griffith in the role of Editor-in-Chief. Two issues of the journal were published in 2024-25, in August and December.

Webinars took place regularly throughout 2023/24 as way of communicating our work to a global audience. Video recordings of webinars were posted on GAMH's dedicated YouTube channel.

Concluding comments

GAMH continued to develop and strengthen its influence and capacity during 2024-25. This was most marked in the area of cancer, especially the call for global routine universal (gender-neutral) HPV vaccination in which GAMH played a leading role. We became increasingly visible through participation in a wide range of conferences, webinars and other events as well as through the active use of social media. This was reflected in the continued growth of its membership and in the development of partnerships and collaborations with other organisations as well as increased funding. GAMH's consultancy work for Movember highlighted our value as a source of technical expertise and built on consultancy work in previous years for Ireland's Health Service Executive and WHO's Western Pacific Region.

2024/25 concluded with GAMH in a significantly stronger position both internally and externally but still facing the challenge of further generating income and expanding our capacity to develop and deliver the policy and advocacy work across a range of issues that will make a real difference to the lives of men everywhere.

FINANCIAL REVIEW

Financial position

The charity has a surplus of £59,608 during the period. In 2024 there was a deficit of £13,622.

At the year end date the Charity had £26,195 (2024: £31,244) in unrestricted funds. The trustees' ideal reserves level would be in the region of £125,000 which equates to approximately six months running costs.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Global Action on Men's Health (GAMH) (Charity No. 1183428) is a Charitable Incorporated Organisation (CIO) and was established on the 15 May 2019 with the Charity Commission for England and Wales.

REFERENCE AND ADMINISTRATIVE DETAILS

D M Griffith (Chair)
A Lukhele (Vice-Chair)
R Bonney (Vice-Chair)
K Boston (Treasurer)
Dr D Bardehle
C E Clements
Dr S P Davis
R K Henry
J J Rich

Approved by order of the board of trustees on 11 December 2025 and signed on its behalf by:

Derek M. Griffith

D M Griffith - Trustee

**Independent Examiner's Report to the Trustees of
GLOBAL ACTION ON MEN'S HEALTH (GAMH)**

Independent examiner's report to the trustees of GLOBAL ACTION ON MEN'S HEALTH (GAMH) ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Anthony Lee Morris

Mr Anthony Lee Morris FCCA

TAG Accountants Group Limited
Unit 8, Pendeford Place
Pendeford Business Park
Wobaston Road
Wolverhampton
WV9 5HD

11 December 2025

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Statement of Financial Activities for the Year Ended 31 March 2025

	Notes	Unrestricted fund £	Restricted funds £	31.3.25 Total funds £	31.3.24 Total funds £
INCOME AND ENDOWMENTS FROM					
Charitable activities					
Research and awareness Men's health		9,502	180,328	189,830	68,121
Other income		2,922	-	2,922	3,801
Total		<u>12,424</u>	<u>180,328</u>	<u>192,752</u>	<u>71,922</u>
EXPENDITURE ON					
Charitable activities					
Research and awareness Men's health	2	16,530	116,614	133,144	85,544
NET INCOME/(EXPENDITURE)		(4,106)	63,714	59,608	(13,622)
Transfers between funds	8	(943)	943	-	-
Net movement in funds		(5,049)	64,657	59,608	(13,622)
RECONCILIATION OF FUNDS					
Total funds brought forward		31,244	76,019	107,263	120,885
TOTAL FUNDS CARRIED FORWARD		<u>26,195</u>	<u>140,676</u>	<u>166,871</u>	<u>107,263</u>

The notes form part of these financial statements

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Balance Sheet 31 March 2025

	Notes	Unrestricted fund £	Restricted funds £	31.3.25 Total funds £	31.3.24 Total funds £
CURRENT ASSETS					
Debtors	6	829	159,000	159,829	126,026
Cash at bank		33,748	149,676	183,424	110,579
		<u>34,577</u>	<u>308,676</u>	<u>343,253</u>	<u>236,605</u>
CREDITORS					
Amounts falling due within one year	7	(8,382)	(168,000)	(176,382)	(129,342)
		<u>26,195</u>	<u>140,676</u>	<u>166,871</u>	<u>107,263</u>
NET CURRENT ASSETS					
		<u>26,195</u>	<u>140,676</u>	<u>166,871</u>	<u>107,263</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		26,195	140,676	166,871	107,263
NET ASSETS/(LIABILITIES)		<u>26,195</u>	<u>140,676</u>	<u>166,871</u>	<u>107,263</u>
FUNDS	8				
Unrestricted funds				26,195	31,244
Restricted funds				140,676	76,019
TOTAL FUNDS				<u>166,871</u>	<u>107,263</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 11 December 2025 and were signed on its behalf by:

Derek M. Griffith

D M Griffith - Trustee

**Notes to the Financial Statements
for the Year Ended 31 March 2025**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 3) £	Totals £
Research and awareness Men's health	117,159	15,985	133,144

3. SUPPORT COSTS

	Management £	Finance £	Information technology £	Governance costs £	Totals £
Research and awareness Men's health	8,378	141	2,968	4,498	15,985

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

	31.3.25 £	31.3.24 £
Trustees' expenses	1,027	1,008

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM Charitable activities			
Research and awareness Men's health	20,000	48,121	68,121
Other income	3,801	-	3,801
Total	<u>23,801</u>	<u>48,121</u>	<u>71,922</u>
EXPENDITURE ON Charitable activities			
Research and awareness Men's health	9,048	76,496	85,544
NET INCOME/(EXPENDITURE) Transfers between funds	14,753 (88)	(28,375) 88	(13,622) -
Net movement in funds	14,665	(28,287)	(13,622)
RECONCILIATION OF FUNDS			
Total funds brought forward	16,579	104,306	120,885
TOTAL FUNDS CARRIED FORWARD	<u>31,244</u>	<u>76,019</u>	<u>107,263</u>

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.25 £	31.3.24 £
Trade debtors	159,829	125,221
Prepayments and accrued income	-	805
	<u>159,829</u>	<u>126,026</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.25 £	31.3.24 £
Trade creditors	-	1,523
Accruals and deferred income	176,382	127,819
	<u>176,382</u>	<u>129,342</u>

8. MOVEMENT IN FUNDS

	At 1.4.24 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
Unrestricted funds				
General fund	31,244	(4,106)	(943)	26,195
Restricted funds				
Men and cancer policy	48,922	91,754	-	140,676
Men's use of Primary Care and Men's Sexual health	27,097	(28,040)	943	-
	<u>76,019</u>	<u>63,714</u>	<u>943</u>	<u>140,676</u>
TOTAL FUNDS	<u>107,263</u>	<u>59,608</u>	<u>-</u>	<u>166,871</u>

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Notes to the Financial Statements - continued for the Year Ended 31 March 2025

8. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	12,424	(16,530)	(4,106)
Restricted funds			
Men and cancer policy	180,327	(88,573)	91,754
Men's use of Primary Care and Men's Sexual health	1	(28,041)	(28,040)
	<u>180,328</u>	<u>(116,614)</u>	<u>63,714</u>
TOTAL FUNDS	<u><u>192,752</u></u>	<u><u>(133,144)</u></u>	<u><u>59,608</u></u>

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted funds				
General fund	16,579	14,753	(88)	31,244
Restricted funds				
Cancer webinar programme and policy reports	52,188	(52,276)	88	-
Men and cancer policy	52,118	(3,196)	-	48,922
Men's use of Primary Care and Men's Sexual health	-	27,097	-	27,097
	<u>104,306</u>	<u>(28,375)</u>	<u>88</u>	<u>76,019</u>
TOTAL FUNDS	<u><u>120,885</u></u>	<u><u>(13,622)</u></u>	<u><u>-</u></u>	<u><u>107,263</u></u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	23,801	(9,048)	14,753
Restricted funds			
Cancer webinar programme and policy reports	-	(52,276)	(52,276)
Men and cancer policy	10,001	(13,197)	(3,196)
Men's use of Primary Care and Men's Sexual health	38,120	(11,023)	27,097
	<u>48,121</u>	<u>(76,496)</u>	<u>(28,375)</u>
TOTAL FUNDS	<u><u>71,922</u></u>	<u><u>(85,544)</u></u>	<u><u>(13,622)</u></u>

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Detailed Statement of Financial Activities for the Year Ended 31 March 2025

	31.3.25 £	31.3.24 £
INCOME AND ENDOWMENTS		
Charitable activities		
Consultancy income	7,212	20,000
Project delivery	180,328	48,121
Bank interest received	2,290	-
	189,830	68,121
Other income		
Membership income	2,922	3,801
Total incoming resources	192,752	71,922
EXPENDITURE		
Charitable activities		
Postage and stationery	379	49
Travel and accommodation	13,979	2,218
Consultancy	63,720	38,880
Communication	19,878	9,956
Administration	9,002	6,846
Research	10,201	18,547
	117,159	76,496
Support costs		
Management		
Administration	1,162	761
Consultancy	7,216	4,320
	8,378	5,081
Finance		
Bank charges	141	42
Information technology		
Trustees' expenses	1,027	1,008
Subscriptions - Support cost	104	-
Telephone and communications	1,837	1,189
	2,968	2,197
Governance costs		
Accountancy and legal fees	4,498	1,728
Total resources expended	133,144	85,544
Net income/(expenditure)	59,608	(13,622)

Accounts

**Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2024
for
GLOBAL ACTION ON MEN'S HEALTH (GAMH)**



TAG Accountants Group Limited
Chartered Accountants
Unit 8, Pendeford Place
Pendeford Business Park
Wobaston Road
Wolverhampton
WV9 5HD

Contents of the Financial Statements
for the Year Ended 31 March 2024

	Page
Report of the Trustees	1 to 6
Independent Examiner's Report	7
Statement of Financial Activities	8
Balance Sheet	9
Notes to the Financial Statements	10 to 13
Detailed Statement of Financial Activities	14

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Report of the Trustees for the Year Ended 31 March 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

GAMH was established in 2013. Launched during International Men's Health Week in June 2014 and officially registered as a UK-based charity in May 2019.

Our mission

To create a world where all men and boys have the opportunity to achieve the best possible health and wellbeing wherever they live and whatever their backgrounds.

These are some of the problems GAMH exists to tackle:

- Globally, average male life expectancy at birth was 69 years in 2021, a fall from 71 years in 2019. For females, life expectancy in 2021 was 74 years.
- There are wide variations between regions. A boy born in the WHO Western Pacific Region in 2021 can expect to live for 75 years while a boy born in the same year in Africa can expect to die at 62, 13 years earlier.
- Race has a major impact on health outcomes. Life expectancy for Black males in 2021 is seven years lower than for white males in the USA. For Aboriginal and Torres Strait Islander males born in Australia in 2020-22, life expectancy is nine years lower than that for the non-Indigenous male population.
- Globally, men are twice as likely than women to die as a result of suicide and over 40% more likely die from cancer.
- Due to a lack of engagement with primary care services, 51% of men worldwide with hypertension are unaware of their condition because they have not been diagnosed.
- Men consume nearly four times more pure alcohol per capital than women and are almost five times more likely to use tobacco.
- Just eight countries - Australia, Brazil, Iran, Ireland, Malaysia, Mongolia, Philippines and South Africa - have published national men's health policies. One WHO region (Europe) has a men's health strategy.

Our objective

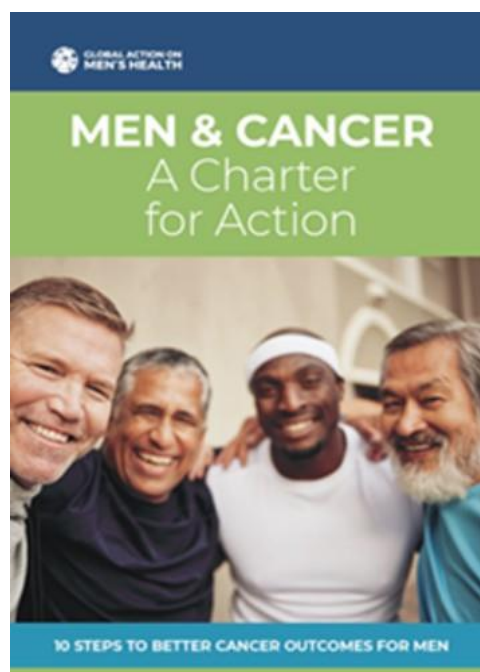
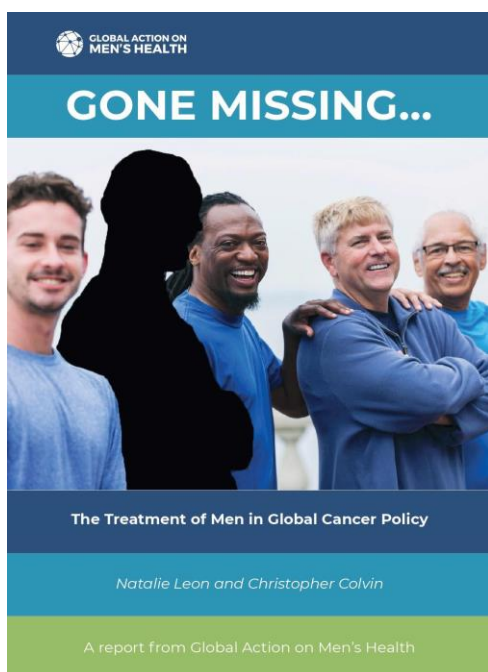
The promotion of the health of men and boys internationally for the public benefit, including by:

- Raising awareness of the health and wellbeing needs of men and boys with the general public, health practitioners and policymakers and in schools and workplaces.
- Encouraging and supporting men and boys to take better care of their own health and that of their partners and children.
- Carrying out and publishing multi-disciplinary research into the health of men and boys.

Our unique role

GAMH has a distinct contribution to make because we:

- Uniquely represent a wide range of men's health and related organisations which have experience of policy development, advocacy, research and service delivery.
- Are concerned about a broad and cross-cutting range of men's health issues (e.g. health literacy, risk-taking behaviours, use of services, etc.).
- Focus primarily on public health and the social determinants of health.
- Have a strengths-based view of men and boys - this acknowledges men's unique contribution to all forms of social and human endeavour - and also believe that men should be held accountable for unacceptable behaviours, including gender-based violence.
- Are committed to working in partnership with other organisations, not in competition with them.
- Support an approach to health research, policy, practice and funding that takes full account of sex and gender in order to improve the health of both men and women and promotes greater gender equality.



GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Report of the Trustees for the Year Ended 31 March 2024

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Policy and advocacy

As the world emerged from the shadow of the COVID-19 pandemic - an event which uniquely highlighted the poor state of men's health and the need for urgent changes to the treatment of men in policy and practice - GAMH focused increasingly on the priorities set out in the strategic plan agreed by the Board in 2022.

This plan committed GAMH to five broad goals:

1. Increase the policy profile of men's and boys' health.
2. Promote and distribute evidence of knowledge, good practice and evidence-based policy and practice in men's and boys' health.
3. Accelerate the growth of knowledge and evidence on the state of men's and boys' health and what improves men's and boys' health.
4. Promote the development of strategic partnerships and networks.
5. Ensure the effective governance, management and funding of GAMH.

It was also agreed that in 2022/23 and 2023/24 GAMH should prioritise goals 1, 2 and 5 and, in its policy work, focus on the issues of cancer, mental health and making the case for national men's health policies

Cancer

Significant progress was made in GAMH's policy work on cancer. In Men's Health Week in June 2023, GAMH published a report, *Gone Missing: The treatment of men in global cancer policy*, which highlighted how men are largely overlooked in existing policy. The report's co-authors, Dr Natalie Leon and Prof Chris Colvin, presented the findings at a GAMH webinar at which Prof Richard Sullivan (Professor of Cancer Policy and Global Health at King's College London) and Prof Hendrik van Poppel (Chairman, Department of Urology, Katholieke Universiteit Leuven, Belgium) also spoke. This report provided a platform for GAMH's future advocacy work on cancer.

Peter Baker presented *Gone Missing's* findings to the Cancer FOKUS conference in Stockholm (Sweden) in September 2023 and Derek Griffith also did so at the American Public Health Association's conference in Atlanta (USA) in November 2023.

GAMH collaborated with the European Cancer Organisation on its Men and Cancer Roadmap for action in Europe and Peter Baker spoke at the report's launch event at the European Parliament in Brussels in November 2023.

A paper on men and cancer, of which GAMH Director Peter Baker was a co-author, was published in the *Journal of Cancer Policy* in September 2023. This was followed in December 2023 by a comment paper in *Lancet Global Health*, co-authored by Derek Griffith, Peter Baker and the two authors of the *Gone Missing* report, on the need for a new policy approach to men's health with a particular focus on cancer. An article on men and cancer policy was also published in *International Health Policies* in June 2023.

GAMH also began to focus specifically on advocating global gender-neutral HPV vaccination. This policy would not only save many men's lives and reduce suffering but it is also one that is potentially achievable in the next 5-10 years. In October 2023, Peter Baker attended and spoke at symposium on HPV at the World Health Summit in Berlin and a partnership agreement was signed in November 2023 with NOMAN is an Island: Race to End HPV. This agreement marked the start of a collaborative work programme on the extension of HPV vaccination programmes to boys. GAMH also became an official partner for international HPV Awareness Day in March 2024.

Peter Baker spoke at the launch of the Men's Health Report from Let's Talk About Prostate Cancer (LTPC) in November 2023 and GAMH also commissioned a report on prostate cancer which is scheduled for publication in 2024/25.

National men's health policies

GAMH believes that national men's health policies can stimulate and accelerate improvements in research, policy and practice. GAMH lent its active support to the campaign for a national men's health policy in the UK, the country which looked most likely to be the next to introduce one. A response was submitted to the UK Parliament's Health and Social Care Select Committee inquiry on men's health and accepted an invitation to join the Department of Health and Social Care's 'Task and Finish' taskforce on men's health. Following the UK general election in July 2024, the new government's health secretary stated his commitment to a men's health policy in England.

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Report of the Trustees for the Year Ended 31 March 2024

Other policy areas

Reports on the treatment of men in the fields of mental health, sexual and reproductive health and primary care policy were commissioned in 2023/24. *Absent-Minded: The treatment of men in global mental health policy* was published in April 2024 and *Out of Focus: The representation of men in global and regional sexual and reproductive health policy* in September 2024. The primary care policy report is scheduled for publication in December 2024.

Men's Health World Congress

Derek Griffith and Peter Baker represented GAMH at the Men's Health World Congress in Kuching (Malaysia) in December 2023. Board member Rae Bonney also attended the event. Derek and Peter, as well as Rae and several other GAMH members, delivered papers with Peter invited to make the opening presentation which focused on men's health policy. This was a significant event as it was the first Congress for many years and it succeeded in bringing together a broad range of men's health researchers, advocates and practitioners through a programme that sought to balance clinical, behavioural and policy issues. GAMH's presence and role at the World Congress improved its profile and credibility in the men's health field.

Strategic partnerships and networks

GAMH continued to work with the European Cancer Organisation, building on the strategic partnership signed in November 2022. A similar agreement with NOMAN is an Island: Race to End HPV has already been mentioned and, in November 2023, GAMH joined the Lung Cancer Policy Network. In January 2024, GAMH became an official partner organisation of The Partnership for Male Youth. GAMH will continue to develop similar partnerships with a range of organisations.

Throughout the year, GAMH had regular contact with a range of World Health Organisation officials, including in the Gender, Equity and Human Rights Team at WHO HQ and at WHO regional offices. GAMH's consultancy work for Movember also enabled the two organisations to develop a closer working relationship extending beyond the remit of the consultancy itself.

The International Journal of Men's Social and Community Health, GAMH's official journal, was acquired from Dougmar Publishing Group by University of Toronto Press (UTP). GAMH is very grateful to Dougmar for all its support over several years and is very excited about the opportunity to work with UTP, one of the largest university presses.

GOVERNANCE

The Board continued to prioritise good governance with Board meetings held quarterly throughout 2023/24. The Annual General Meeting (AGM) took place in January 2024 and the reporting requirements of the UK charity regulator were met in good time.

At the AGM, Derek Griffith, Amon Lukhele, Rae Bonney and Doris Bardehle were reappointed as trustees, in line with the requirements of GAMH's constitution

GAMH membership

GAMH welcomed several new organisational and individual members in 2023/24. GAMH currently has 86 members, of which 37 are organisations and the remainder individuals. The number of members has increased by over 20% since 2022/23. Although the geographic spread of our members has improved considerably in recent years, with growth especially marked in the African region, GAMH remains keen to recruit more members from areas currently under-represented or not represented at all such as Asia and the Middle East.

GAMH staffing

Peter Baker works as GAMH's Director on a part-time consultancy basis. His contribution is largely dependent on GAMH's prevailing financial position and, during 2023/24, averaged almost 12 days a month. This is a significant increase from the average of nine days a month worked by Peter in 2022/23. It is acknowledged that Peter has often worked additional hours on a pro bono basis, particularly at times when resources have been more constrained.

In 2023/24, a consultant, Jim Pollard, was contracted to develop and support our communications work, chiefly the monthly eBulletin, the website, X (Twitter) and publications design. GAMH also contracted Ayo Ogunbiyi, through an arrangement with the Center for Men's Health at Georgetown University, to provide administrative and research support. Additional research support was provided by Dr Tosin Olaluwoye, a postdoctoral fellow at the Center for Men's Health at Georgetown University.

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Report of the Trustees for the Year Ended 31 March 2024

There are no salaried staff employed by the organisation.

Sources of income

It is GAMH's policy to state in its Annual Report all sources of income exceeding GBP 5,000.00. During 2023/24, GAMH received GBP 20,000 from Movember for consultancy work and GBP 10,000 from NOMAN is an Island: Race to End HPV for work on gender-neutral HPV vaccination. Project work on cancer, including HPV, was also supported by funding of GBP 42,480 from Advanced Accelerator Applications (a Novartis company) and GBP 52,118 from Merck Sharpe and Dohme. Opella contributed GBP 38,120 for project work on sexual and reproductive health and primary care policy. It is important to note that commercial funders have neither sought nor had any influence or control over the content of GAMH's work.

We are very grateful to all those organisations and individuals who support our work financially. Without their generosity and commitment, none of the work described in this report would have been possible.

The Board notes that GAMH's income will increase in 2024/25 but recognises that there remains a pressing need to improve further the organisation's medium- and long-term financial position and to ensure that funding derives from a variety of sources. The organisation will continue to seek sources of income that will enable it to extend its work and enhance its influence.

Communication

Members and a significant number of other subscribers received GAMH's monthly eBulletin. X (Twitter) was used on a frequent basis to share news and information and GAMH began to use LinkedIn more consistently as an important way of communicating with key audiences.

Webinars took place regularly throughout 2023/24 as way of communicating our work to a global audience. Video recordings of webinars were posted on GAMH's dedicated YouTube channel.

Concluding comments

2023/24 marked GAMH's 10th anniversary and it was a year that saw us continue to develop our influence and capacity, especially in the area of cancer which was a major focus in 2023/24. GAMH also had much greater visibility through its participation in a wide range of conferences and other events as well as through the active use of social media. This was reflected in the continued growth of its membership and in the development of partnerships and collaborations with other organisations as well as increased funding. GAMH's consultancy work for Movember highlighted our value as a source of technical expertise and built on previous consultancy work for Ireland's Health Service Executive and WHO's Western Pacific Region.

2023/24 ended with GAMH in a significantly stronger position both internally and externally but still facing the challenge of further expanding our capacity to develop and deliver the advocacy work that will make a real difference to the lives of men everywhere.

FINANCIAL REVIEW

Financial position

The charity has a deficit of £13,622 during the period. In 2023 there was a surplus of £103,717.

At the year end date the Charity had £31,244 (2023: £16,579) in unrestricted funds and had £76,019 (2023: £104,306) in restricted fund. The trustees' ideal reserves level would be in the region of £100,000 which equates to approximately twelve months' running costs.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Global Action on Men's Health (GAMH) (Charity No. 1183428) is a Charitable Incorporated Organisation (CIO) and was established on the 15 May 2019 with the Charity Commission for England and Wales.

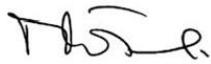
GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Report of the Trustees for the Year Ended 31 March 2024

REFERENCE AND ADMINISTRATIVE DETAILS

D M Griffith (Chair)
A Lukhele (Vice-Chair)
M P N Tod (Treasurer)
Dr D Bardehle
W Poage
R K Henry
R Bonney
K Boston
S M I Montgomery

Approved by order of the board of trustees on 3 December 2024 and signed on its behalf by:



M P N Tod - Trustee



**Independent Examiner's Report to the Trustees of
GLOBAL ACTION ON MEN'S HEALTH (GAMH)**

Independent examiner's report to the trustees of GLOBAL ACTION ON MEN'S HEALTH (GAMH) ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Anthony Lee Morris FCCA

TAG Accountants Group Limited
Chartered Accountants
Unit 8, Pendeford Place
Pendeford Business Park
Wobaston Road
Wolverhampton
WV9 5HD

3 December 2024

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Statement of Financial Activities for the Year Ended 31 March 2024

	Notes	Unrestricted fund £	Restricted funds £	31.3.24 Total funds £	31.3.23 Total funds £
INCOME AND ENDOWMENTS FROM					
Charitable activities					
Research and awareness Men's health		20,000	48,121	68,121	140,477
Other income		3,801	-	3,801	7,319
Total		<u>23,801</u>	<u>48,121</u>	<u>71,922</u>	<u>147,796</u>
EXPENDITURE ON					
Charitable activities					
Research and awareness Men's health	2	9,048	76,496	85,544	44,079
NET INCOME/(EXPENDITURE)		14,753	(28,375)	(13,622)	103,717
Transfers between funds	8	(88)	88	-	-
Net movement in funds		<u>14,665</u>	<u>(28,287)</u>	<u>(13,622)</u>	<u>103,717</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		16,579	104,306	120,885	17,168
TOTAL FUNDS CARRIED FORWARD		<u><u>31,244</u></u>	<u><u>76,019</u></u>	<u><u>107,263</u></u>	<u><u>120,885</u></u>

The notes form part of these financial statements

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Balance Sheet 31 March 2024

	Notes	Unrestricted fund £	Restricted funds £	31.3.24 Total funds £	31.3.23 Total funds £
CURRENT ASSETS					
Debtors	6	7,109	118,917	126,026	94,599
Cash at bank		29,837	80,742	110,579	35,279
		<u>36,946</u>	<u>199,659</u>	<u>236,605</u>	<u>129,878</u>
CREDITORS					
Amounts falling due within one year	7	(5,702)	(123,640)	(129,342)	(8,993)
		<u>31,244</u>	<u>76,019</u>	<u>107,263</u>	<u>120,885</u>
NET CURRENT ASSETS					
		<u>31,244</u>	<u>76,019</u>	<u>107,263</u>	<u>120,885</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>31,244</u>	<u>76,019</u>	<u>107,263</u>	<u>120,885</u>
NET ASSETS		<u>31,244</u>	<u>76,019</u>	<u>107,263</u>	<u>120,885</u>
FUNDS	8				
Unrestricted funds				31,244	16,579
Restricted funds				76,019	104,306
TOTAL FUNDS				<u>107,263</u>	<u>120,885</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 3 December 2024 and were signed on its behalf by:



M P N Tod - Trustee

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Notes to the Financial Statements for the Year Ended 31 March 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 3) £	Totals £
Research and awareness Men's health	76,496	9,048	85,544

3. SUPPORT COSTS

	Management £	Finance £	Information technology £	Governance costs £	Totals £
Research and awareness Men's health	5,081	42	2,197	1,728	9,048

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

	31.3.24 £	31.3.23 £
Trustees' expenses	1,008	991

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Notes to the Financial Statements - continued for the Year Ended 31 March 2024

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Charitable activities			
Research and awareness Men's health	-	140,477	140,477
Other income	7,319	-	7,319
Total	<u>7,319</u>	<u>140,477</u>	<u>147,796</u>
EXPENDITURE ON			
Charitable activities			
Research and awareness Men's health	<u>7,908</u>	<u>36,171</u>	<u>44,079</u>
NET INCOME/(EXPENDITURE)	(589)	104,306	103,717
RECONCILIATION OF FUNDS			
Total funds brought forward	17,168	-	17,168
TOTAL FUNDS CARRIED FORWARD	<u>16,579</u>	<u>104,306</u>	<u>120,885</u>

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24 £	31.3.23 £
Trade debtors	125,221	52,118
Prepayments and accrued income	805	42,481
	<u>126,026</u>	<u>94,599</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24 £	31.3.23 £
Trade creditors	1,523	-
Accruals and deferred income	127,819	8,993
	<u>129,342</u>	<u>8,993</u>

8. MOVEMENT IN FUNDS

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted funds				
General fund	16,579	14,753	(88)	31,244
Restricted funds				
Cancer webinar programme and policy reports	52,188	(52,276)	88	-
Men and cancer policy	52,118	(3,196)	-	48,922
Men's use of Primary Care and Men's Sexual health	-	27,097	-	27,097
	<u>104,306</u>	<u>(28,375)</u>	<u>88</u>	<u>76,019</u>
TOTAL FUNDS	<u>120,885</u>	<u>(13,622)</u>	<u>-</u>	<u>107,263</u>

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Notes to the Financial Statements - continued for the Year Ended 31 March 2024

8. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	23,801	(9,048)	14,753
Restricted funds			
Cancer webinar programme and policy reports	-	(52,276)	(52,276)
Men and cancer policy	10,001	(13,197)	(3,196)
Men's use of Primary Care and Men's Sexual health	38,120	(11,023)	27,097
	<u>48,121</u>	<u>(76,496)</u>	<u>(28,375)</u>
TOTAL FUNDS	<u>71,922</u>	<u>(85,544)</u>	<u>(13,622)</u>

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	17,168	(589)	16,579
Restricted funds			
Cancer webinar programme and policy reports	-	52,188	52,188
Men and cancer policy	-	52,118	52,118
	<u>-</u>	<u>104,306</u>	<u>104,306</u>
TOTAL FUNDS	<u>17,168</u>	<u>103,717</u>	<u>120,885</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	7,319	(7,908)	(589)
Restricted funds			
Review of healthy ireland men policy	11,273	(11,273)	-
Cancer webinar programme and policy reports	77,086	(24,898)	52,188
Men and cancer policy	52,118	-	52,118
	<u>140,477</u>	<u>(36,171)</u>	<u>104,306</u>
TOTAL FUNDS	<u>147,796</u>	<u>(44,079)</u>	<u>103,717</u>

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2024**

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Detailed Statement of Financial Activities for the Year Ended 31 March 2024

	31.3.24 £	31.3.23 £
INCOME AND ENDOWMENTS		
Charitable activities		
Consultancy income	20,000	-
Project delivery	48,121	140,477
	<u>68,121</u>	<u>140,477</u>
Other income		
Membership income	3,801	7,319
	<u>71,922</u>	<u>147,796</u>
Total incoming resources		
EXPENDITURE		
Charitable activities		
Postage and stationery	49	-
Contractors and associates	-	8,950
Travel and accommodation	2,218	-
Consultancy	38,880	27,221
Communication	9,956	-
Administration	6,846	-
Research	18,547	-
	<u>76,496</u>	<u>36,171</u>
Support costs		
Management		
Administration	761	-
Consultancy	4,320	4,804
	<u>5,081</u>	<u>4,804</u>
Finance		
Bank charges	42	155
Information technology		
Trustees' expenses	1,008	991
Telephone and communications	1,189	806
	<u>2,197</u>	<u>1,797</u>
Governance costs		
Accountancy and legal fees	1,728	1,152
	<u>85,544</u>	<u>44,079</u>
Total resources expended		
	<u>(13,622)</u>	<u>103,717</u>
Net (expenditure)/income		

Accounts



GLOBAL ACTION ON MEN'S HEALTH

**Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 March 2023
for
GLOBAL ACTION ON MEN'S HEALTH (GAMH)**



Copia Wealth & Tax Limited
Chartered Accountants
8 Pendeford Place
Pendeford Business Park
Wobaston Road
Wolverhampton
WV9 5HD

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

**Contents of the Financial Statements
FOR THE YEAR ENDED 31 MARCH 2023**

	Page
Report of the Trustees	1 to 7
Independent Examiner's Report	8
Statement of Financial Activities	9
Balance Sheet	10
Notes to the Financial Statements	11 to 14
Detailed Statement of Financial Activities	15

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Report of the Trustees FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Our mission

To create a world where all men and boys have the opportunity to achieve the best possible health and wellbeing wherever they live and whatever their backgrounds.

These are some of the problems GAMH exists to tackle:

- Globally, average male life expectancy at birth was 71 years in 2019. For females, life expectancy was 76 years. One quarter of all males died before the age of 65 compared to under one-fifth of females.
- There are wide variations between countries. A boy born in Japan or Switzerland in 2019 can expect to live for 82 years while a boy born in the same year in Lesotho can expect to die at 48, 34 years earlier.
- Race has a major impact on health outcomes. Life expectancy for Black males in 2021 is seven years lower than for white males in the USA. For Aboriginal and Torres Strait Islander males in Australia in 2015-17, life expectancy was about nine years lower than that for the non-Indigenous male population.
- Globally, men are twice as likely than women to die as a result of suicide and over 40% more likely die from cancer.
- Due to a lack of engagement with primary care services, 51% of men worldwide with hypertension are unaware of their condition because they have not been diagnosed.
- Men consume nearly four times more pure alcohol per capital than women and are almost five times more likely to use tobacco.
- Globally, as a result of COVID-19, men have lost a total of 196.9 million life-years - 42% more than women who lost 140.0 million life-years.
- Just eight countries - Australia, Brazil, Iran, Ireland, Malaysia, Mongolia, Philippines and South Africa - have published national men's health policies. One WHO region (Europe) has a men's health strategy.

Our objective

The promotion of the health of men and boys internationally for the public benefit, including by:

- Raising awareness of the health and wellbeing needs of men and boys with the general public, health practitioners and policymakers and in schools and workplaces.
- Encouraging and supporting men and boys to take better care of their own health and that of their partners and children.
- Carrying out and publishing multi-disciplinary research into the health of men and boys.

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Report of the Trustees FOR THE YEAR ENDED 31 MARCH 2023

Our unique role

GAMH has a distinct contribution to make because we:

- Uniquely represent a wide range of men's health and related organisations which have experience of policy development, advocacy, research and service delivery.
- Are concerned about a broad and cross-cutting range of men's health issues (e.g. health literacy, risk-taking behaviours, use of services, etc.).
- Focus primarily on public health and the social determinants of health.
- Have a strengths-based view of men and boys - this acknowledges men's unique contribution to all forms of social and human endeavour - and also believe that men should be held accountable for unacceptable behaviours, including gender-based violence.
- Are committed to working in partnership with other organisations, not in competition with them.
- Support an approach to health research, policy, practice and funding that takes full account of sex and gender in order to improve the health of both men and women and promotes greater gender equality.

Activities

GAMH was established in 2013. Launched during International Men's Health Week in June 2014 and officially registered as a UK-based charity in May 2019. During 2022/23, we delivered an active work programme on several fronts.



GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Report of the Trustees FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Policy and advocacy

The period covered by our last two annual reports was dominated by the global COVID-19 pandemic, an event which constituted an immediate and urgent threat to the health and wellbeing of men. By the end of March 2022, around 3.5 million men worldwide had died as a direct result of COVID-19 infection. While GAMH's work in 2022/23 continued to be informed by the experience of and lessons learned from the pandemic, by April 2022 there was an opportunity to move the agenda on to a range of other important men's health issues.

Cancer

GAMH received funding to produce two policy reports, one on cancer and one on mental health. Researchers were appointed through a competitive tendering process and the cancer report, *Gone Missing: The treatment of men in global cancer policy* was published in June 2023 and the mental health report will be published in early 2024. Both reports will be used to guide and support GAMH's advocacy work.

The cancer report was informed by a European Cancer Organisation (ECO) roundtable on men and cancer in Europe which took place in April 2022. Although it was not a GAMH event, GAMH's Director (Peter Baker) was the co-chair and GAMH Board member Martin Tod, from Men's Health Forum (Great Britain), was one of the speakers. The event provided an opportunity to share information and ideas about men and cancer and to start the development of policy and advocacy work in Europe. The roundtable findings were published in an ECO report, *Men and Cancer: Raising the Issues* (July 2022), and highlighted in a paper in the *Journal of Cancer Policy* (September 2023).

The ECO roundtable led directly to the agreement of a strategic partnership between ECO and GAMH which was signed at the European Cancer Summit in Brussels (Belgium) in November 2022. This in turn led to the establishment of a men and cancer workstream at ECO which is co-chaired by Peter Baker.

GAMH held its own webinar on men and cancer in October 2022. There were presentations on improving men's awareness and early presentation, putting men on the cancer policy agenda in Europe, tackling prostate cancer in Malawi and eliminating HPV-caused cancers in men.

Mental health

A GAMH webinar on mental health, held in June 2022, contributed to the development of the mental health report. This included presentations on Black men's mental health, men and trauma, and the Canadian Men's Health Foundation's MindFit Toolkit and other digital resources.

Men's health in the Americas

Men's health and masculinities in the Americas was the focus of a second webinar in June 2022. This was co-hosted by GAMH, PAHO (the WHO Region for the Americas) and the Center for Men's Health at Georgetown University (USA). The webinar was opened by Dr Frank Anthony, Minister of Health of Guyana, who was followed by an overview of men's health and masculinities in the region and a presentation on a forthcoming PAHO report on men's health in the Caribbean. Attendees also heard about WHO Europe's regional men's health strategy and Ireland's national men's health policy, both of which could be models for the Americas.

This webinar was a clear indication of PAHO's interest in men's health and has proved to be a springboard for a deeper-level of engagement, including the development of a technical briefing on men's health for member states. PAHO and GAMH also collaborated with at the Georgetown University Center for Men's Health Equity on the appointment of a postdoctoral fellow with a primary research focus on men's health equity and a work programme agreed by all three organisations. A fellow was appointed in August 2023.

Men's health in Ireland

Ireland was the first country in the world to adopt a national men's health policy. This ran from 2008-2013. Following a review completed in 2015, the policy was succeeded by an action plan called *Healthy Ireland - Men 2017-21 (HI-M)*. This aimed to maintain the momentum and progress that had been achieved through the policy.

When HI-M came to the end of its life, the Health Service Executive (HSE) in Ireland commissioned an independent review of its impact which would also map out the direction of a new five-year action plan. GAMH was asked to undertake this work which was completed in November 2022. The new action plan is expected to be published in early 2024.

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Report of the Trustees FOR THE YEAR ENDED 31 MARCH 2023

Men's health in Africa

GAMH was a strategic partner in Africa Health Business's symposium on the role of the private sector in advancing men's health in Africa. This hybrid event took place in Nairobi (Kenya) in November 2022 and GAMH was represented by its vice-chair, Amon Lukhele, who participated from Malawi. Amon spoke in the session on preventive and promotive strategies for men's health.

Mpox

The WHO declared mpox (at the time called 'monkeypox') to be a 'public health emergency of international concern' in July 2022. This meant that mpox was considered to be a global health emergency, WHO's highest level of alert, and that a co-ordinated international response was required.

One of the lessons of the COVID-19 pandemic, is that infectious disease outbreaks are not gender-neutral. This means that women, men and gender minorities are differentially affected. It is therefore vital that a gender lens is incorporated into all infectious disease outbreaks in terms of monitoring their impact and developing strategies to prevent infection and transmission as well as for the treatment and care of people who have been infected and who are unwell.

It is well-established that, to date, men have borne an excess burden of mpox. This is the case in both Africa, where mpox has been endemic for many years, and in the countries to which the disease more recently spread. In the countries newly-affected, the vast majority of cases have been in men who have sex with men.

GAMH drew on its experience of COVID-19 to develop a statement on mpox. Published in September 2022, the measures called for included actions at the global, national and local levels that take full account of the specific needs of men and boys as well as those of other genders, the collection and fast-track publication of sex-disaggregated data on mpox incidence and mortality at all levels, and public health campaigns, including male-targeted messaging, that educate at-risk populations about mpox, including how to prevent it, the symptoms, the most effective treatments and how to avoid onward transmission.

Men's use of general practice

Ruth Mursa, lead author of a paper published in The Journal of Advanced Nursing on the barriers to men's use of general practice, presented her research findings to a GAMH webinar on the issue held in March 2023. Her comments were responded to by Professors Gary Wittert and Margarita Bernales. The webinar will contribute to the development of GAMH policy on men and primary care. A report on this was commissioned by GAMH in November 2023.

Men's sexual health

GAMH presented to the European Society of Human Reproduction and Embryology (ESHRE) conference on male reproductive health in Budapest (Hungary) in October 2022. This was an important first step in the development of GAMH's policy work on sexual health. A report will be commissioned by GAMH on this issue in 2023/24.

Lancet commission on gender and global health

GAMH kept in contact with our two members who were appointed to the Lancet Commission on Gender and Global Health and provided information and comment as required. We are hopeful that the Commission's report, which is expected to be published in 2023, will stress the need for systematic action on men's health issues.

Men's Health Week

The WHO marked Men's Health Week for the first time in June 2022, following a request from GAMH, with a Twitter Spaces conversation. The WHO's aim for the event was to increase awareness of male health issues on a global level and encourage the development of health policies and services that meet the specific needs of men, boys and their families. Peter Baker and GAMH vice-chair Professor Derek Griffith took part in the discussion.

This event was a significant development for GAMH which was subsequently invited to participate in other important WHO activities, including a consultative group looking at its strategy and operational plan on gender, equity and human rights. We also responded to an invitation to respond to the WHO's consultation on the revision of its Gender Mainstreaming for Health Managers Handbook.

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Report of the Trustees FOR THE YEAR ENDED 31 MARCH 2023

GOVERNANCE

Strategic planning

Considerable effort has gone into improving the governance of the charity with the drafting of role descriptions for trustees and the Board officers along with a revised ethical policy. These documents were finalised in 2022/23.

In December 2022, the Board agreed a new strategic plan for the charity. Five broad strategic goals were agreed:

1. Increase the policy profile of men's and boys' health.
2. Promote and distribute evidence of knowledge / good practice / evidence-based policy and practice in men's and boys' health.
3. Accelerate the growth of knowledge and evidence on the state of men's and boys' health and what improves men's and boys' health.
4. Promote the development of strategic partnerships and networks.
5. Ensure effective governance, management and funding of GAMH.

It was also agreed that in 2022/23 and 2023/24 GAMH should prioritise goals 1, 2 and 5 and, in its policy work, focus on the issues of cancer, mental health and making the case for national men's health policies.

Board membership

At the Annual General Meeting in January 2023, three trustees - Anthony Brown, Michael McKenna and Martin Tod - were re-appointed to the Board. (Michael McKenna had been appointed in July 2022 to replace Gillian Prune as the Men's Health Forum in Ireland representative.) Ana Tomsic stood down at the AGM and was replaced as the Men's Health Network (USA) representative by Ron Henry.

At the Board meeting following the AGM, Anthony Brown stood down as GAMH chair and was replaced by Professor Derek Griffith. Amon Lukhele was re-elected as vice-chair and Martin Tod as treasurer. We are grateful to Amon and Martin for their continued service. At this meeting, Rae Bonney was also appointed to the Board as the representative of the Australian Men's Health Forum.

GAMH owes a huge debt to Anthony Brown. He steered the organisation from its beginnings as a small network to its current position as an international charity with a growing membership, status and influence. Anthony decided to remain on the Board for another year to support Derek in his new role and to continue to contribute his experience and expertise. Thanks are also due to Ana Tomsic who was a member of GAMH's executive committee and later its Board for many years.

Derek's appointment is hugely significant for GAMH. Derek is pre-eminent in the men's health and racial equality fields as Founder and Director of the Center for Men's Health Equity and a Founding Co-Director of the Racial Justice Institute at Georgetown University in Washington DC (USA). Trained in psychology and public health, his programme of research focuses on developing strategies to achieve racial, ethnic and gender equity in health. He specializes in interventions to promote Black men's health and well-being and interventions to address racism in organizations and to mitigate the effects of structural racism on health. Derek has been on GAMH's Board since November 2020 and a Vice Chair since March 2022.

GAMH membership

GAMH welcomed several new organisational and individual members in 2022/23 as well as our first corporate affiliate member.

GAMH currently has over 70 members, of which just under half are organisations and the remainder individuals. Although our geographic spread has improved considerably in recent years, we remain keen to recruit more members from areas currently under-represented or not represented at all such as Asia and the Middle East.

GAMH increased its membership fees by 10% in January 2023 - the first increase since fees were introduced - and was pleased to see that this had no discernible impact on membership renewals. It is important to note that free memberships continue to be offered to organisations and individuals based in countries defined by the World Bank as 'low income' and reduced fees are also available on request to members elsewhere. Many thanks are due to all our members for their vital support.

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Report of the Trustees FOR THE YEAR ENDED 31 MARCH 2023

GAMH Director

GAMH's Director, Peter Baker, works on a part-time consultancy basis for GAMH. His contribution is largely dependent on GAMH's prevailing financial position and, during 2022/23, averaged about nine days a month. It is acknowledged that Peter often works additional hours on a pro bono basis, particularly at times when resources are more constrained. There are no salaried staff employed on any basis by the organisation although other freelancers are used when possible and appropriate (eg. for IT support and research or report-writing).

Sources of income

It is GAMH's policy to state in its Annual Report all sources of income exceeding GBP 5,000.00. During 2022/23, GAMH received two such payments: GBP 11,272.83 from the Health Service Executive in Ireland for the review of the men's health action plan and GBP 34,605.10 from Advanced Accelerator Applications (a Novartis Company) for policy work on cancer and mental health.

We are very grateful to all those organisations and individuals who support our work financially. Without their generosity and commitment, none of the work described in this report would have been possible.

The Board notes that GAMH's income will increase significantly in 2023/24 but recognises that there remains a pressing need to improve further the organisation's medium- and long-term financial position. The organisation will continue to seek sources of income that will enable it to extend its work and enhance its influence.

Communication

Throughout the year, GAMH kept its members and others up-to-date with research and policy developments through its monthly eBulletin and Twitter. All GAMH's webinars are recorded and the videos posted on a dedicated open access YouTube channel.

To share information and ideas about International Men's Health Week 2023, an online members' meeting was arranged for January 2023. We met regularly with the publisher and editor of the International Journal of Men's Social and Community Health, our official journal, to discuss the generation of more papers, marketing the journal and increasing its academic profile and status, among other topics. Of particular significance for GAMH's work was the publication in February 2023 of a paper considering the development of a more inclusive definition of 'men's health' co-authored by Alan White, Raewyn Connell, Derek Griffith and Peter Baker.

Concluding comments

GAMH's Board believes that, despite limited financial resources and staff capacity, significant progress was made throughout the year towards the achievement of GAMH's objectives. Particular progress was made on the issue of cancer which will, over the next few years, be one of GAMH's key areas of focus. We were helped and encouraged by a more sympathetic policy environment with growing interest in men's health from the WHO and other significant organisations. The strategic partnership with the European Cancer Organisation is particularly important and provides a model for the development of our relationships with other organisations.

Our governance was strengthened and a new chair appointed, communications with members and external stakeholders continued to improve and two major reports were commissioned. GAMH hosted several successful webinars which marked the start of a webinar programme which will continue to be developed in 2023/24 and beyond.

However, the sheer scale of the health problems that continue to face men, not least the legacy of the COVID-19 pandemic, highlights the need to increase our capacity significantly so we can accelerate progress towards achieving our core goal of improving global and national policy responses to men's health and, ultimately, the health and wellbeing of individual men and boys everywhere.

FINANCIAL REVIEW

Financial position

The charity has a surplus of £103,717 during the period. In 2022 there was a deficit of £18,291.

At the year end date the Charity had £16,579 (2022: £17,168) in unrestricted funds and had £104,306 (2022: £nil) in restricted fund. The trustees' ideal reserves level would be in the region of £40,000 which equates to approximately twelve months' running costs.

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Report of the Trustees FOR THE YEAR ENDED 31 MARCH 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Global Action on Men's Health (GAMH) (Charity No. 1183428) is a Charitable Incorporated Organisation (CIO) and was established on the 15 May 2019 with the Charity Commission for England and Wales.

REFERENCE AND ADMINISTRATIVE DETAILS

D M Griffith (Chair)

A Lukhele (Vice-Chair)

M P N Tod (Treasurer)

Dr D Bardehle

W Poage

M P McKenna

R K Henry (appointed 11.01.2023)

R Bonney (appointed 14.02.2023)

Approved by order of the board of trustees on 19/01/2024 and signed on its behalf by:



.....
M P N Tod - Trustee



**Independent Examiner's Report to the Trustees of
Global Action on Men's Health (GAMH)**

Independent examiner's report to the trustees of Global Action on Men's Health (GAMH)

I report to the charity trustees on my examination of the accounts of Global Action on Men's Health (GAMH) (the Trust) for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Anthony Lee Morris FCCA

Copia Wealth & Tax Limited
Chartered Accountants
8 Pendeford Place
Pendeford Business Park
Wobaston Road
Wolverhampton
WV9 5HD

Date: 19/01/2024.....

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

**Statement of Financial Activities
FOR THE YEAR ENDED 31 MARCH 2023**

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Charitable activities					
Research and awareness Men's health		-	140,477	140,477	18,600
Other income		7,319	-	7,319	4,577
Total		7,319	140,477	147,796	23,177
EXPENDITURE ON					
Charitable activities					
Research and awareness Men's health	2	7,908	36,171	44,079	41,468
NET INCOME/(EXPENDITURE)		(589)	104,306	103,717	(18,291)
RECONCILIATION OF FUNDS					
Total funds brought forward		17,168	-	17,168	35,459
TOTAL FUNDS CARRIED FORWARD		16,579	104,306	120,885	17,168

The notes form part of these financial statements

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

**Balance Sheet
31 MARCH 2023**

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
CURRENT ASSETS					
Debtors	6	-	94,599	94,599	-
Cash at bank		23,022	12,257	35,279	23,021
		<u>23,022</u>	<u>106,856</u>	<u>129,878</u>	<u>23,021</u>
CREDITORS					
Amounts falling due within one year	7	(6,443)	(2,550)	(8,993)	(5,853)
		<u>16,579</u>	<u>104,306</u>	<u>120,885</u>	<u>17,168</u>
NET CURRENT ASSETS					
		<u>16,579</u>	<u>104,306</u>	<u>120,885</u>	<u>17,168</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>16,579</u>	<u>104,306</u>	<u>120,885</u>	<u>17,168</u>
NET ASSETS		<u>16,579</u>	<u>104,306</u>	<u>120,885</u>	<u>17,168</u>
FUNDS	8				
Unrestricted funds				16,579	17,168
Restricted funds				104,306	-
TOTAL FUNDS				<u>120,885</u>	<u>17,168</u>

The financial statements were approved by the Board of Trustees and authorised issue on for 19/04/2024 and were signed on its behalf by:



M P N Tod - Trustee

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Notes to the Financial Statements FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 3) £	Totals £
Research and awareness Men's health	<u>36,171</u>	<u>7,908</u>	<u>44,079</u>

3. SUPPORT COSTS

	Management £	Finance £	Information technology £	Governance costs £	Totals £
Research and awareness Men's health	<u>4,804</u>	<u>155</u>	<u>1,797</u>	<u>1,152</u>	<u>7,908</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

	2023 £	2022 £
Trustees' expenses	<u>991</u>	<u>300</u>

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

**Notes to the Financial Statements - continued
FOR THE YEAR ENDED 31 MARCH 2023**

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Charitable activities			
Research and awareness Men's health	-	18,600	18,600
Other income	4,577	-	4,577
Total	<u>4,577</u>	<u>18,600</u>	<u>23,177</u>
EXPENDITURE ON			
Charitable activities			
Research and awareness Men's health	<u>22,868</u>	<u>18,600</u>	<u>41,468</u>
NET INCOME/(EXPENDITURE)	(18,291)	-	(18,291)
RECONCILIATION OF FUNDS			
Total funds brought forward	35,459	-	35,459
TOTAL FUNDS CARRIED FORWARD	<u><u>17,168</u></u>	<u><u>-</u></u>	<u><u>17,168</u></u>

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade debtors	52,118	-
Prepayments and accrued income	42,481	-
	<u>94,599</u>	<u>-</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Accruals and deferred income	<u>8,993</u>	<u>5,853</u>

8. MOVEMENT IN FUNDS

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	17,168	(589)	16,579
Restricted funds			
Cancer webinar programme and policy reports	-	52,188	52,188
Men and cancer policy	-	52,118	52,118
	<u>-</u>	<u>104,306</u>	<u>104,306</u>
TOTAL FUNDS	<u>17,168</u>	<u>103,717</u>	<u>120,885</u>

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

Notes to the Financial Statements - continued FOR THE YEAR ENDED 31 MARCH 2023

8. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	7,319	(7,908)	(589)
Restricted funds			
Review of healthy ireland men policy	11,273	(11,273)	-
Cancer webinar programme and policy reports	77,086	(24,898)	52,188
Men and cancer policy	52,118	-	52,118
	<u>140,477</u>	<u>(36,171)</u>	<u>104,306</u>
TOTAL FUNDS	<u>147,796</u>	<u>(44,079)</u>	<u>103,717</u>

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	35,459	(18,291)	17,168
	<u>35,459</u>	<u>(18,291)</u>	<u>17,168</u>
TOTAL FUNDS	<u>35,459</u>	<u>(18,291)</u>	<u>17,168</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	4,577	(22,868)	(18,291)
Restricted funds			
WHO - Western Pacific Region - Men's Health Report	18,600	(18,600)	-
	<u>23,177</u>	<u>(41,468)</u>	<u>(18,291)</u>
TOTAL FUNDS	<u>23,177</u>	<u>(41,468)</u>	<u>(18,291)</u>

Purposes of restricted funds:

World Health Organisation - Western Pacific Region - Men's Health Report.

The project relates to production of a position paper on men's health in the WHO Western Pacific Region.

Health and Safety Executive in Ireland

The project relates to a review of healthy Ireland men policy.

Advanced Accelerator Applications International S.A

The project relates to Cancer webinar programme and policy reports.

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

**Notes to the Financial Statements - continued
FOR THE YEAR ENDED 31 MARCH 2023**

8. MOVEMENT IN FUNDS - continued

Merck Sharpe and Dohmne LLC

The project relates to Men and cancer policy.

In the Trustees' opinion, there are sufficient resources held to enable each fund to be applied in accordance with the restrictions imposed by donors.

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

**Detailed Statement of Financial Activities
FOR THE YEAR ENDED 31 MARCH 2023**

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Charitable activities		
Project delivery	140,477	18,600
Other income		
Membership income	7,319	4,577
Total incoming resources	147,796	23,177
EXPENDITURE		
Charitable activities		
Contractors and associates	8,950	16,250
Consultancy	27,221	17,869
	36,171	34,119
Support costs		
Management		
Consultancy	4,804	5,956
Finance		
Bank charges	155	103
Information technology		
Trustees' expenses	991	300
Telephone and communications	806	-
	1,797	300
Governance costs		
Accountancy and legal fees	1,152	990
Total resources expended	44,079	41,468
Net income/(expenditure)	103,717	(18,291)

Accounts



GLOBAL ACTION ON MEN'S HEALTH

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022
FOR
GLOBAL ACTION ON MEN'S HEALTH (GAMH)**

Copia Wealth & Tax Limited
Chartered Accountants
8 Pendeford Place
Pendeford Business Park
Wobaston Road
Wolverhampton
WV9 5HD

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

CONTENTS OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

	Page
Report of the Trustees	1 to 7
Independent Examiner's Report	8
Statement of Financial Activities	9
Balance Sheet	10
Notes to the Financial Statements	11 to 14
Detailed Statement of Financial Activities	15



GLOBAL ACTION ON MEN'S HEALTH (GAMH)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

The trustees present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Our mission

To create a world where all men and boys have the opportunity to achieve the best possible health and wellbeing wherever they live and whatever their backgrounds.

These are some of the problems GAMH exists to tackle:

- Globally, average male life expectancy at birth was 71 years in 2020. For females, life expectancy was 75 years. One quarter of all males died before the age of 65 compared to under one-fifth of females.
- There are wide variations between countries. A boy born in Japan or Switzerland in 2019 can expect to live for 82 years while a boy born in the same year in Lesotho can expect to die at 48, 34 years earlier.
- Almost four million men died worldwide following a COVID-19 infection, accounting for about 60% of all deaths, by November 2022.
- Race has a major impact on health outcomes. Life expectancy for Black males in 2021 is seven years lower than for white males in the USA. For Aboriginal and Torres Strait Islander males in Australia in 2015-17, life expectancy was about nine years lower than that for the non-Indigenous male population.
- Globally, men are twice as likely than women to die as a result of suicide and over 40% more likely die from cancer.
- Due to a lack of engagement with primary care services, 51% of men worldwide with hypertension are unaware of their condition because they have not been diagnosed.
- Just seven countries - Australia, Brazil, Iran, Ireland, Malaysia, Mongolia and South Africa - have published national men's health policies. One WHO region (Europe) has a men's health strategy.

Our objectives

- The promotion of the health of men and boys internationally for the public benefit, including by:
- Raising awareness of the health and wellbeing needs of men and boys with the general public, health practitioners and policymakers and in schools and workplaces.
- Encouraging and supporting men and boys to take better care of their own health and that of their partners and children.
- Carrying out and publishing multi-disciplinary research into the health of men and boys.

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

Our unique role

GAMH has a distinct contribution to make because we:

- Uniquely represent a wide range of men's health and related organisations which have experience of policy development, advocacy, research and service delivery.
- Are concerned about a broad and cross-cutting range of men's health issues (e.g. health literacy, risk-taking behaviours, use of services, etc.).
- Focus primarily on public health and the social determinants of health.
- Have a strengths-based view of men and boys. This acknowledges men's unique contribution to all forms of social and human endeavour - and also believe that men should be held accountable for unacceptable behaviours, including gender-based violence.
- Are committed to working in partnership with other organisations, not in competition with them.
- Support an approach to health research, policy, practice and funding that takes full account of sex and gender in order to improve the health of both men and women and promotes greater gender equality.

Activities

GAMH was established in 2013. Launched during International Men's Health Week in June 2014 and officially registered as a UK-based charity in May 2019. During 2021/22, we delivered an active work programme on several fronts:



GLOBAL ACTION ON MEN'S HEALTH (GAMH)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

ACHIEVEMENT AND PERFORMANCE

Charitable activities

COVID-19

The period covered by this report, like that covered by our report for 2020/21, was dominated by the global pandemic. Men continued to be much more likely than women to fall seriously ill and to die from COVID-19. The pandemic clearly constituted the most immediate and urgent threat to the health and wellbeing of men. By the end of March 2022, around 3.5 million men worldwide had died as a direct result of COVID-19 infection.

The explanations for men's greater risk are a mixture of biology (a weaker immune response in men), a higher incidence of underlying health problems that increase vulnerability to serious COVID-19 disease (eg. hypertension, diabetes, lung disease), behaviours (eg. poorer hand hygiene, weaker compliance with social distancing and mask-wearing), and social factors (such as the types of work men are more likely to be engaged in). Men in younger age groups (50 years and below) are also less likely to seek vaccination in many countries. There are also health system issues, in particular the historic neglect of men's health in policy and practice, evidenced by the absence of male-specific messaging to men in regard to COVID prevention.

GAMH continued to be actively engaged in the addressing the pandemic's impact on men. Our Director, Peter Baker, and Board member Derek Griffith continued to co-facilitate the Men and COVID-19 Sub-Group of the Gender and COVID-19 Sub-Group. The Sub-Group was a multi-disciplinary global network of researchers and advocates with a particular interest in men's health. In April 2021, BMJ Global Health published a blog co-authored by Peter and Derek, along with other members of the Sub-Group, which highlighted the lack of a gendered policy response to COVID-19 which took proper account of men.

In International Men's Health Week 2021, GAMH sent an open letter to the WHO Director-General, Dr Tedros Adhanom Ghebreyesus, reiterating our call for a gender-responsive approach to the COVID-19 pandemic that takes full account of men's needs. The letter to Dr Tedros was co-signed by 13 GAMH member organisations and led to a constructive meeting with several senior WHO officials working on a range of health issues.

During the Week, IHP (International Health Policies) published an article by Peter Baker, which set out five key steps that policymakers and service providers must take to address men's health in light of COVID-19, and Frontiers in Sociology published a paper on how the impact of COVID-19 varies by gender co-authored by Peter, Derek Griffith, GAMH members Amon Ashaba Mwiine and Alan White, and others. In July 2021, the BMJ published a blog written jointly by GAMH and Women in Global Health which discussed the need for a COVID response that is neither 'gender blind nor a gender battle'.

DELIVERING MEN'S HEALTH

GAMH developed a new resource, Delivering Men's Health, that will help health policymakers and service providers at all levels (global, national and local) to take practical steps to improve men's health and wellbeing through the development and delivery of better-targeted policies and programmes.

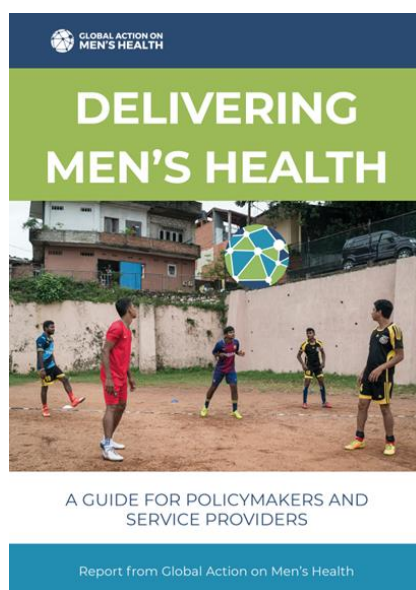
The new resource is in two main parts. The first is a report, Delivering Men's Health: A guide for policymakers and service providers, which was published in September 2021. This contains 10 key steps that can be taken for more effective engagement with men. These are:

- Collect, analyse and publish wide-ranging and regularly-updated data on men's health to provide a guide to where action is needed and to its impact and effectiveness.
- Engage senior decision-makers, including politicians, to achieve faster and more significant progress.
- Listen to men's voices to understand better what their needs are and how best to meet them.
- Introduce men's health policies that address their health needs and integrate men's health into other health policies.
- Develop outreach services that engage men 'where they are', such as local communities, sports venues, faith organisations or online.

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

- Recognise the differences between men and focus attention on those groups facing multiple layers of disadvantage and who experience the worst health outcomes. An intersectional approach is essential.
- Take account of gender norms by using appropriate 'male' interests and language to engage men in health (but without inadvertently reinforcing 'traditional' male gender norms).
- Ensure that the needs of boys and young men are reflected in the development and delivery of health policies and services.
- Use International Men's Health Week and other health weeks and days as opportunities to promote men's health.
- Take a 'male-positive' approach which builds on men's strengths and is more likely to engage men and achieve changes in their health practices and the use of services (with the understanding that unacceptable behaviour by men must always be challenged).



The second part of the resource is a new GAMH database, hosted by Mengage at the Men's Health Information and Resource Centre, Western Sydney University. This contains links to a large number of papers and reports that cover key issues such as policy, gender norms, equity and intersectionality, and examples of good practice. The database provides the detailed evidence on which the report is based and will be maintained as a resource for researchers and advocates working in the field.

The report was launched at a webinar hosted by GAMH, in collaboration with our official journal, The International Journal of Men's Social and Community Health (IJMSCH), in September 2021. The webinar shared information about progress on men's health policymaking around the world and about how the case can be made for its further development. There were presentations on national men's health policies, local men's health policies, how men's health has been incorporated into other health policies, and current campaigns for men's health policies, followed by a discussion.

At a subsequent webinar, held in November 2021 once again in collaboration with IJMSCH, the focus was on programmes and projects that have successfully engaged men and improved their health outcomes. It demonstrated how the ideas and tips in the Delivering Men's Health report can be put into practice. A blog on the Delivering Men's Health resource was also published by the UCL Centre for Gender, Health and Social Justice in September 2021.

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

OTHER WORK

We were asked by the WHO's Western Pacific regional office to prepare a concise position paper on men's health in the region. This drew on both quantitative and qualitative data to highlight the epidemiological, socio-economic and political opportunities and challenges facing men's health today, located men's health in the context of COVID-19 and set out the arguments for why men's health should be addressed in the region with concrete and practical recommendations for ways forward. The work on the paper, which was completed in January 2022, was led by GAMH member Alan White with the involvement of GAMH members and others based in the region. We are hopeful that the paper's recommendations will be followed-up by the regional office.

We supported the campaign for a men's health strategy in the United Kingdom. As part of this effort, Peter Baker gave evidence, along with GAMH Board member Martin Tod (CEO of the Men's Health Forum [Great Britain]) and Alan White, to the UK Parliament's All Party Group on Men and Boys.

GAMH kept in contact with our two members who were appointed to the Lancet Commission on Gender and Health and provided information and comment as required. We are hopeful that the Commission's report, which is expected to be published in 2023, will stress the need for systematic action on men's health issues.

Towards the end of 2021/22, we were commissioned by Ireland's Health Service Executive to review the impact of Ireland's men's health action plan for 2017-2021 and to make recommendations for the next action plan. This work will be completed during 2022/23. Work also began on two other projects due to be delivered in 2022/23: first, a joint webinar with PAHO (the WHO Region for the Americas) and Georgetown University's Centre for Men's Health Equity on men's health in the region (held in June 2022); and, secondly, a roundtable on men and cancer organised by the European Cancer Organisation (ECO) with our support (held in April 2022). Our work with ECO on this roundtable led to discussions about future joint working on a greater scale in 2022/23.

GOVERNANCE

Considerable effort has gone into improving the governance of the charity with the drafting of role descriptions for trustees and the Board officers along with a revised ethical policy. These documents were finalised in 2022/23.

In 2021/22, we began a strategic planning process to identify our priority issues. This work was completed in 2022/23 and GAMH now has five broad strategic goals which will be the focus of our work in 2023 and beyond. These goals are to:

1. Increase the policy profile of men's and boys' health.
2. Promote and distribute evidence of knowledge / good practice / evidence-based policy and practice in men's and boys' health.
3. Accelerate the growth of knowledge and evidence on the state of men's and boys' health and what improves men's and boys' health.
4. Promote the development of strategic partnerships and networks.
5. Ensure effective governance, management and funding of GAMH.

At the Annual General Meeting in January 2022, Wayne Hartrick from the Canadian Men's Health Foundation (CMHF) stood down and was replaced by his colleague, TC Carling, President and CEO of CMHF. Gillian Prue, from Men's Health Forum in Ireland (MHFI) also stood down and was replaced in July 2022 by Michael McKenna, also from MHFI. GAMH is extremely grateful to both Wayne and Gillian for their many years of service dating back to the period before GAMH became a charity.

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

We were pleased to welcome several new organisational and individual members in 2021/22. The Men's Foundation (South Africa) became a new Full member while our new Associate members were UNASCAD (Union des Amis Socio Culturels d'Action en Developpement) based in Haiti, the Men Empowerment Network of Liberia, the Centre for Men's Health at the University of Otago (New Zealand) and the Grassroots Movement for Health and Development (Malawi). Jeremy Thewlis, Margarita Bernales, Nathan Romano-Solis, Philippe Roy and Paul Galdas joined as individual members.

GAMH currently has 59 members, comprising 30 organisations and 29 individuals. Our members are spread across five WHO regions: 28% are based in the Americas, 28% in Europe, 27% in Africa, 15% in the Western Pacific, and 2% in South-East Asia. Although our geographic spread has improved considerably, we remain keen to recruit more members from areas currently under-represented or not represented at all.

It should be noted that the GAMH Director, Peter Baker, works on a part-time consultancy basis for GAMH. His contribution is largely dependent on GAMH's prevailing financial position and, during 2021/22, averaged seven days a month. It is acknowledged that Peter often works additional hours on a pro bono basis, particularly at times when resources are more constrained. There are no salaried staff employed on any basis by the organisation although other freelancers are used when possible and appropriate (eg. for IT support and research or report-writing).

It is GAMH's policy to state in its Annual Report all sources of income exceeding GBP 5,000.00. During 2021/22, GAMH received just one such payment, GBP 18,600 from WHO's Western Pacific Regional Office, for the report on men's health in the region. The Delivering Men's Health project was supported by an educational grant from AAA (Advanced Accelerator Applications, a Novartis company). This grant, which was for approximately GBP 29,500.00, was paid in February 2021, before the start of the 2021/22 financial year. We are very grateful to all those organisations and individuals who support our work financially. Without their generosity and commitment, none of the work described in this report would have been possible.

The Board recognises that there is a pressing need to improve the organisation's financial position and will continue to seek income that will enable it to extend its work and enhance its influence.

COMMUNICATIONS

Throughout the year, GAMH kept its members and others up-to-date with research and policy developments on men and COVID-19 through its monthly eBulletin and Twitter. The organisation's website was refreshed, updated and relaunched during International Men's Health Week in June 2021. We instigated a new webinar programme and all the webinars were recorded and the videos posted on our open access YouTube channel.

To share information and ideas about International Men's Health Week 2022, we organised an online members' meeting in January 2022. We met regularly with the publisher and editor of IJMSCH, our official journal, to discuss the generation of more papers, marketing the journal and increasing its academic profile and status, among other topics. Peter Baker also joined GAMH member Alan White as an editorial board member of Trends in Urology and Men's Health (TUMH). Another GAMH member, Mike Kirby, is the editor of TUMH.

Concluding comments

GAMH's trustees believe that, despite limited financial resources and staff capacity, significant progress was made throughout the year towards the achievement of GAMH's objectives. We were helped and encouraged by a more sympathetic policy environment with growing interest in men's health from WHO and other significant organisations.

Organisational governance was strengthened, communications with members and external stakeholders continued to improve and a major report and several important papers were published and disseminated. We were able to highlight the importance of addressing men and COVID-19 with professional audiences via a range of publications as well as social media.

However, the sheer scale of the health problems that continue to face men highlights the need to increase our capacity significantly so we can not only provide greater support for our members' work but also achieve our goals to improve global and national policy response to men's health and, ultimately of course, the health and wellbeing of men and boys.

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

FINANCIAL REVIEW

Financial position

The charity has a deficit of £18,291 during the period. In 2021 there was a surplus of £21,092.

At the year end date the Charity had £17,168 (2021: £35,459) in unrestricted funds. The trustees ideal reserves level would be in the region of £16,000 which equates to approximately twelve months running costs.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Global Action on Men's Health (GAMH) (Charity No. 1183428) is a Charitable Incorporated Organisation (CIO) and was established on the 15 May 2019 with the Charity Commission for England and Wales.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1183428

Principal address

C/o Men's Health Forum
7-14 Great Dover Street
London
SE1 4YR

Trustees

A Brown (Chair)
D M Griffith (Vice-Chair)
A Lukhele (Vice-Chair)
M P N Tod (Treasurer)
Dr D Bardehle
W Poage
A N Tomsic
T Carling (appointed 12.1.22)
M P McKenna (appointed 13.7.22)

Independent Examiner

Mr Anthony Lee Morris FCCA
Copia Wealth & Tax Limited
Chartered Accountants
8 Pendeford Place
Pendeford Business Park
Wobaston Road
Wolverhampton
WV9 5HD

Approved by order of the board of trustees on 8 December 2022 and signed on its behalf on 12 January 2023 by:



M P N Tod - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
GLOBAL ACTION ON MEN'S HEALTH (GAMH)**

Independent examiner's report to the trustees of Global Action on Men's Health (GAMH)

I report to the charity trustees on my examination of the accounts of Global Action on Men's Health (GAMH) (the Trust) for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Anthony Lee Morris FCCA
Copia Wealth & Tax Limited
Chartered Accountants
8 Pendeford Place
Pendeford Business Park
Wobaston Road
Wolverhampton
WV9 5HD

12 January 2023

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022**

	Notes	Unrestricted fund £	Restricted fund £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Charitable activities					
Research and awareness Men's health		-	18,600	18,600	30,939
Other income		<u>4,577</u>	<u>-</u>	<u>4,577</u>	<u>6,501</u>
Total		<u>4,577</u>	<u>18,600</u>	<u>23,177</u>	<u>37,440</u>
 EXPENDITURE ON					
Charitable activities					
Research and awareness Men's health	2	22,868	18,600	41,468	16,348
NET INCOME/(EXPENDITURE)		(18,291)	-	(18,291)	21,092
 RECONCILIATION OF FUNDS					
Total funds brought forward		<u>35,459</u>	<u>-</u>	<u>35,459</u>	<u>14,367</u>
 TOTAL FUNDS CARRIED FORWARD		<u><u>17,168</u></u>	<u><u>-</u></u>	<u><u>17,168</u></u>	<u><u>35,459</u></u>

The notes form part of these financial statements

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

BALANCE SHEET 31 MARCH 2022

	Notes	Unrestricted fund £	Restricted fund £	2022 Total funds £	2021 Total funds £
CURRENT ASSETS					
Debtors	6	-	-	-	800
Cash at bank		<u>23,021</u>	<u>-</u>	<u>23,021</u>	<u>36,518</u>
		23,021	-	23,021	37,318
CREDITORS					
Amounts falling due within one year	7	<u>(5,853)</u>	<u>-</u>	<u>(5,853)</u>	<u>(1,859)</u>
NET CURRENT ASSETS		<u>17,168</u>	<u>-</u>	<u>17,168</u>	<u>35,459</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>17,168</u>	<u>-</u>	<u>17,168</u>	<u>35,459</u>
NET ASSETS		<u>17,168</u>	<u>-</u>	<u>17,168</u>	<u>35,459</u>
FUNDS	8				
Unrestricted funds				<u>17,168</u>	<u>35,459</u>
TOTAL FUNDS				<u>17,168</u>	<u>35,459</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 8 December 2022 and were signed on 12 January 2023 on its behalf by:



M P N Tod - Trustee

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 3) £	Totals £
Research and awareness Men's health	<u>34,119</u>	<u>7,349</u>	<u>41,468</u>

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

3. SUPPORT COSTS

	Management £	Finance £	Information technology £	Governance costs £	Totals £
Research and awareness Men's health	<u>5,956</u>	<u>103</u>	<u>300</u>	<u>990</u>	<u>7,349</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

	2022	2021
	£	£
Trustees' expenses	<u>300</u>	<u>-</u>

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM Charitable activities	
Research and awareness Men's health	30,939
Other income	<u>6,501</u>
Total	<u>37,440</u>
EXPENDITURE ON Charitable activities	
Research and awareness Men's health	16,348
NET INCOME	21,092
RECONCILIATION OF FUNDS	
Total funds brought forward	<u>14,367</u>
TOTAL FUNDS CARRIED FORWARD	<u>35,459</u>

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade debtors	<u>-</u>	<u>800</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Accruals and deferred income	<u>5,853</u>	<u>1,859</u>

8. MOVEMENT IN FUNDS

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	<u>35,459</u>	<u>(18,291)</u>	<u>17,168</u>
TOTAL FUNDS	<u>35,459</u>	<u>(18,291)</u>	<u>17,168</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	<u>4,577</u>	<u>(22,868)</u>	<u>(18,291)</u>
Restricted funds			
WHO - Western Pacific Region - Men's Health Report	<u>18,600</u>	<u>(18,600)</u>	<u>-</u>
TOTAL FUNDS	<u>23,177</u>	<u>(41,468)</u>	<u>(18,291)</u>

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	<u>14,367</u>	<u>21,092</u>	<u>35,459</u>
TOTAL FUNDS	<u>14,367</u>	<u>21,092</u>	<u>35,459</u>

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

8. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	37,440	(16,348)	21,092
TOTAL FUNDS	<u>37,440</u>	<u>(16,348)</u>	<u>21,092</u>

Purposes of restricted funds:

World Health Organisation - Western Pacific Region - Men's Health Report.

The project relates to production of a position paper on men's health in the WHO Western Pacific Region.

In the Trustees' opinion, there are sufficient resources held to enable each fund to be applied in accordance with the restrictions imposed by donors.

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022**

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Charitable activities		
Project delivery	18,600	30,939
Other income		
Membership income	<u>4,577</u>	<u>6,501</u>
Total incoming resources	23,177	37,440
EXPENDITURE		
Charitable activities		
Sundries	-	84
Contractors and associates	16,250	1,300
Consultancy	<u>17,869</u>	<u>10,650</u>
	34,119	12,034
Support costs		
Management		
Consultancy	5,956	3,550
Finance		
Bank charges	103	134
Information technology		
Trustees' expenses	300	-
Governance costs		
Accountancy and legal fees	<u>990</u>	<u>630</u>
Total resources expended	<u>41,468</u>	<u>16,348</u>
Net (expenditure)/income	<u>(18,291)</u>	<u>21,092</u>

This page does not form part of the statutory financial statements

Accounts



GLOBAL ACTION ON MEN'S HEALTH

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021
FOR
GLOBAL ACTION ON MEN'S HEALTH (GAMH)**

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

**CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

	Page
Report of the Trustees	3
Independent Examiner's Report	11
Statement of Financial Activities	12
Balance Sheet	13
Notes to the Financial Statements	14
Detailed Statement of Financial Activities	18

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

The trustees present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Our mission

To create a world where all men and boys have the opportunity to achieve the best possible health and wellbeing wherever they live and whatever their backgrounds.



These are some of the problems GAMH exists to tackle:

- Globally, average male life expectancy at birth was 71 years in 2019. Average healthy life expectancy for men stood at 63 years. For women, life expectancy was 76 years and healthy life expectancy 65 years.
- There are wide variations between countries. A boy born in Japan or Switzerland in 2019 can expect to live for 82 years while a boy born in the same year in Lesotho can expect to die at 48, 34 years earlier.
- Over three million men have died worldwide following a COVID-19 infection, accounting for almost 60% of all deaths. On average, one man has died from COVID-19 approximately every 20 seconds since the start of the pandemic.
- Race has a major impact on health outcomes. Life expectancy for black males is eight years lower than for white males in the USA. For Aboriginal and Torres Strait Islander males in Australia, life expectancy is about nine years lower than that of the non-Indigenous male population.

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

- Globally, men are twice as likely to die as a result of suicide. The age-standardised mortality rate for suicide was 16 per 100,000 for men compared to seven for women.
- Globally, and mainly because of a lack of engagement with primary care services, 25% of men with HIV are unaware of their status, 45% of men with HIV are not receiving anti-retroviral treatment, and 53% do not have a suppressed viral load.
- Just seven countries - Australia, Brazil, Iran, Ireland, Malaysia, Mongolia and South Africa - have published national health policies.

Our objectives

The promotion of the health of men and boys internationally for the public benefit, including by:

- Raising awareness of the health and wellbeing needs of men and boys with the general public, health practitioners and policy makers and in schools and workplaces.
- Encouraging and supporting men and boys to take better care of their own health and that of their partners and children.
- Carrying out multi-disciplinary research into the health of men and boys publishing the useful results of that research.
- Maintaining an approach to health that fully recognises the needs of both sexes in policy, practice and funding and which promotes greater gender equality.

Our unique role

GAMH has a distinct contribution to make because we:

- Uniquely represent a wide range of men's health and related organisations each of which has experience of policy development, advocacy, research and service delivery.
- Are concerned about a broad and cross-cutting range of men's health issues (e.g. health literacy, risk-taking behaviours, use of services, etc.).
- Focus primarily on public health and the social determinants of health.
- Have a strengths-based view of men and boys - this acknowledges men's unique contribution to all forms of social and human endeavour - and also believes that men should be held accountable for unacceptable behaviours, including gender-based violence.
- Are committed to working in partnership with other organisations, not in competition with them.
- Support an approach to health that takes full account of sex and gender in order to improve the health of both men and women.

Activities

GAMH was established in 2013. Launched during International Men's Health Week in June 2014 and officially registered as a UK-based charity in May 2019. During 2020/21, we delivered an active work programme on several fronts.

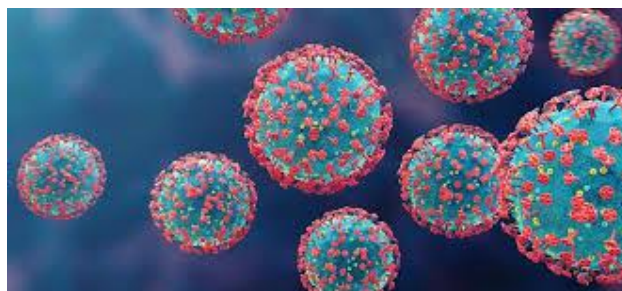
GLOBAL ACTION ON MEN'S HEALTH (GAMH)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

COVID-19

The period covered by this report was dominated by the global pandemic. It quickly became clear, based on data from an increasing number of countries, that men were much more likely than women to fall seriously ill and to die from COVID-19. The pandemic clearly constituted the most immediate and urgent threat to the health and wellbeing of men for the foreseeable future. By the end of March 2021, well over 1.5 million men worldwide had died as a direct result of COVID-19 infection.

The explanations for men's increased risk were a mixture of biology (a weaker immune response in men), a higher incidence of underlying health problems that increased vulnerability to serious COVID-19 disease (eg. hypertension, diabetes, lung disease), behaviours (eg. poorer hand hygiene, weaker compliance with social distancing and mask-wearing), and social factors (such as the types of work men are more likely to be engaged in). There



were also health system issues, in particular the historic neglect of men's health in policy and practice, evidenced by the absence of male-specific messaging to men in regard to COVID prevention practices.

GAMH responded by, first, organising a webinar for its members and others with an interest in the issue. This took place in April 2020 and the discussion was informed by a presentation on COVID-19's impact on men by GAMH member Alan White, Emeritus Professor of Men's Health at Leeds Beckett University (UK).

The webinar was followed by the publication in May 2020 of a GAMH statement on COVID-19 and men. This called for:

- Gender-responsive actions at the global, national and local levels that take full account of the specific needs of men and boys as well as women and girls during the pandemic and its aftermath.
- The collection and fast-track publication of sex-disaggregated data on COVID-19 infection and mortality at all levels.
- Data must also be further disaggregated to show how outcomes by sex intersect with age, income, race and other key variables.
- Research to understand better the causes of men's higher mortality and how it can most effectively be addressed. This must take full account of the intersectional impacts.
- Research into the wider impact of COVID-19 on the mental and physical health of men and boys as well as on issues concerning their employment, education, personal relationships and family life. Account should be taken of new opportunities to increase men's involvement in parenting and caring and to improve work/life balance through greater home-working.
- The development and deployment of gender-responsive health promotion interventions to reduce men's risk of infection. Evidence of good practice in this field should be rapidly and widely disseminated.
- Sustained support for organisations supporting men and boys, including for employment, education, mental health, alcohol and gambling issues. Organisations that work with male perpetrators and male victims of domestic violence also have an important role to play.
- A focus on addressing the underlying conditions that are linked to men's higher mortality from COVID-19 and which in their own right have a significant impact on men's health outcomes.

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

This statement was widely disseminated, including through the Gender and COVID-19 Working Group. This is a multi-disciplinary global network of researchers and advocates which came together to analyse and address the gendered impacts of COVID-19 - inclusive of cis and trans women and men, and gender minorities - and inequities in pandemic preparedness and response.

GAMH Director Peter Baker was among the first members of the Group and, in partnership with GAMH member Prof Derek Griffith, established the Men and COVID-19 Sub-Group. This met several times during the year to discuss different aspects of COVID-19's impact on men and helped to keep the Working Group as a whole aware of men's issues. One of the key outputs of the Sub-Group was the preparation of a blog for *BMJ Global Health* on the neglect of men in policy responses to the pandemic. The blog was published in April 2021.

GAMH was involved in other significant publications on COVID-19, in particular a comment piece in *The Lancet* published in June 2020. Co-authored by Peter Baker, Prof Alan White and Dr Rosemary Morgan from Johns Hopkins University (USA), this explained why the pandemic highlighted the need for policy action on men's health. GAMH members Prof James Smith, Derek Griffith, Alan White, with Peter Baker and others, co-authored a paper on COVID-19, equity and men's health for the *International Journal on Men's Social and Community Health* (published July 2020) and Peter Baker contributed a blog on gender, COVID-19 and NCDs to the NCD Alliance (published April 2020).

A major paper looking at how the impact of COVID-19 varies by gender, taking account of both men and women, was prepared for publication by several co-authors, including GAMH members Derek Griffith, Alan White, Dr Amon Ashaba Mwiine and Peter Baker. This was published by *Frontiers in Sociology* in June 2021.

We conducted a survey of GAMH members on men and COVID-19 which helped us identify the issues of biggest concern. The findings, which were published in September 2020, highlighted five particular areas where action was needed:

- Supporting men dealing with the employment/financial consequences of COVID-19.
- Tackling the underlying conditions that put men at greater risk.
- Reducing men's exposure at work.
- Making health services generally easier to access.
- Supporting men dealing with the mental health consequences.

Throughout the year, GAMH kept its members and others up-to-date with research and policy developments on men and COVID-19 through its monthly eBulletin and Twitter. These communications helped to inform the work of national and local men's health organisations on the pandemic.

FROM THE MARGINS TO THE MAINSTREAM

Following a generous grant from AAA (Advanced Accelerator Applications, which is part of Novartis), GAMH published a scoping study on men's health policy in International Men's Health Week in June 2020. *From the Margins to the Mainstream: Advocating the inclusion of men's health in policy*, examined the policy response to men's health to date, the barriers to policy development, the currently-available opportunities and, most importantly, the policy priorities and the next steps necessary for their achievement through effective advocacy.

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

The report's findings were shared and discussed at two webinars, one in June and one in July 2020, and members were also asked to share in writing their thoughts on the report. The feedback was included in a shorter follow-up report, *From the Margins to the Mainstream: Next Steps* to achieving the inclusion of men's health in policy (published November 2020). This set out GAMH's four main calls for action:

- International, national and local men's health policies, with effective governance, funding, implementation and monitoring.
- Gender and health policies that include men.
- Men's health to be included in all appropriate health policies, in areas such as cancer, cardiovascular disease, mental health, sexual health and diabetes as well as COVID-19.
- Education and training programmes in gender generally and men's health specifically for health policymakers and practitioners.

The report also described the steps GAMH will take to make our advocacy work more effective. These included:

- Identifying men's health policies that are focused and aligned with current health global policy priorities.
- Developing an approach based on 'proportionate universalism', equity and intersectionality.
- Supporting gender equality.
- Supporting calls for more diverse leadership in global health policy.
- Seeking the publication of a definitive report which collates and analyses the state of men's health at all levels.
- Making the case that investing in men's health is cost-effective.
- Building alliances.
- Working with the Lancet's Gender and Health Commission.
- Developing closer relationships with WHO officials globally and regionally.
- Developing practical guidance for policymakers, practitioners and service providers.



A blog summarising the findings of the first report was posted by the UCL Centre for Gender and Global Health in June 2020 and a paper was published in *Trends in Urology and Men's Health* in November 2020.

In the last quarter of the year, we began to progress actively two of these steps. We received funding from AAA to develop a resource to provide practical guidance to policymakers, practitioners and service providers. (A report, *Delivering Men's Health*, and a database were launched in September 2021.) We also began a collaboration with Women in Global Health on a joint paper on COVID-19, gender and health which was published as a *BMJ* blog in July 2021.

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

GOVERNANCE

Considerable effort has gone into improving the governance of the charity. Following an audit of Board members, a commitment was made to increase the diversity of the Board, particularly in terms of race, the countries represented and the first language of members. We were pleased to achieve our immediate goals during 2020/21 and will continue to keep this issue under review.

A new membership scheme was launched in January 2020 and implemented during 2020/21. Combined with a new streamlined payments system using PayPal, we have been able to process membership fee payments and to recruit new members much more easily.

We were pleased to welcome several new organisational and individual members in 2020/21. The organisations included the Pole of Expertise and Research on Men's Health and Wellbeing (Canada), Ndola Nutrition Organisation (Zambia) and UNASCAD (Haiti). We now have members in every continent but remain keen to recruit more from areas currently under-represented.

It should be noted that the GAMH Director, Peter Baker, works on a part-time consultancy basis for GAMH. His contribution is largely dependent on GAMH's prevailing financial position and, for 2020/21, averaged 5.5 days a month. It is acknowledged that Peter often works additional hours on a pro bono basis, particularly at times when resources are more constrained. There are no other staff employed on any basis by the organisation.

The Board recognises that there is a pressing need to improve the organisation's financial position and will continue to seek income that will enable it to extend its work and enhance its influence.

COMMUNICATIONS

GAMH communicates with its members and a wider group of stakeholders via its website and Twitter account. Members and other subscribers also receive a monthly eBulletin providing news and information about GAMH and other global men's health issues. During 2020/21, GAMH established a dedicated YouTube channel which hosts recordings of our webinars. Work also began on refreshing and updating the website, a process that was largely completed by International Men's Health Week in June 2021.

In October 2020, we were delighted to announce that the *International Journal of Men's Social and Community Health* had become GAMH's official journal. This arrangement should increase use of the Journal, encourage publication of more papers aligned with our policy priorities, and provide a discounted article processing charge to GAMH members. Since the announcement, GAMH chair Anthony Brown and Peter Baker have met regularly with the Journal's editor, Prof Steve Robertson (a GAMH member) and its publisher, John Birkby.



Strategic context

GAMH is operating in a global health policy environment which is beginning to show a greater interest in the health and wellbeing of men. Seven countries have now published national men's health policies as has one province (Quebec) and one WHO region (Europe). We know that PAHO, the WHO region for the Americas, is actively considering a men's health policy and that the WHO Western Pacific region is interested in developing a men's health work programme.

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

The Lancet Commission on Gender and Health, which is expected to report in 2022, is believed to be sympathetic to our issues and, very helpfully, two of our members have been appointed as commissioners. COVID-19, because of its particular impact on men's health, has also helped to focus attention on our issues. We are hopeful that our proposals for action will continue to attract interest and gain traction.

Concluding comments

GAMH's trustees believe that, despite limited financial resources and staff capacity, significant progress was made throughout the year towards the achievement of GAMH's objectives. Organisational governance was strengthened, communications with members and external stakeholders continued to improve and a major report and several important papers were published and disseminated. We were able to highlight the importance of addressing men and COVID-19 with professional audiences via a range of publications as well as social media. However, the sheer scale of the pandemic's impact, and its implications for almost every aspect of men's health, highlights the need to increase our capacity so we can not only provide greater support for our members' work but also achieve our goals to improve global and national policy response to men's health and, ultimately of course, men's health and wellbeing outcomes.



FINANCIAL REVIEW

Financial position

The charity has made a surplus of £21,092 (2020: £14,367) during the period.

At the year-end date the Charity had £35,459 (2020: £14,367) in unrestricted funds. The trustees' ideal reserves level would be in the region of £16,000 which equates to approximately twelve months running costs.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Global Action on Men's Health (GAMH) (Charity No. 1183428) is a Charitable Incorporated Organisation (CIO) and was established on the 15 May 2019 with the Charity Commission for England and Wales.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1183428

Principal address

C/o Men's Health Forum
49-51 East Road
London
N1 6AH

Trustees

M P N Tod
A N Tomsic
Dr A Brown
Dr G Prue
W Hartrick
W Poage
A Lukhele (appointed 3.11.20)
Dr D Bardhele (appointed 16.11.20)
Prof D M Griffith (appointed 3.11.20)

Independent Examiner

Mr Anthony Lee Morris FCCA
Copia Wealth & Tax Limited
Chartered Accountants
8 Pendeford Place
Pendeford Business Park
Wobaston Road
Wolverhampton
WV9 5HD

Approved by order of the board of trustees on 14 December 2021 and signed on its behalf by:



M P N Tod - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
GLOBAL ACTION ON MEN'S HEALTH (GAMH)**

Independent examiner's report to the trustees of Global Action on Men's Health (GAMH)

I report to the charity trustees on my examination of the accounts of Global Action on Men's Health (GAMH) (the Trust) for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Anthony Lee Morris FCCA
Copia Wealth & Tax Limited
Chartered Accountants
8 Pendeford Place
Pendeford Business Park
Wobaston Road
Wolverhampton
WV9 5HD

14 December 2021

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021**

		YEAR ENDED 31.3.21 Unrestricted fund £	PERIOD 15.5.19 TO 31.3.20 Total funds £
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies		6,501	2,692
Charitable activities			
Research and awareness men and boys		30,939	29,539
Other income		<u>-</u>	<u>3,631</u>
Total		37,440	35,862
EXPENDITURE ON			
Charitable activities	2		
Research and awareness men and boys		16,348	21,495
		<u> </u>	<u> </u>
NET INCOME		21,092	14,367
RECONCILIATION OF FUNDS			
Total funds brought forward		14,367	-
		<u> </u>	<u> </u>
TOTAL FUNDS CARRIED FORWARD		<u>35,459</u>	<u>14,367</u>

The notes form part of these financial statements

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

**BALANCE SHEET
31 MARCH 2021**

	Notes	2021 Unrestricted fund £	2020 Total funds £
CURRENT ASSETS			
Debtors	6	800	1,640
Cash at bank		<u>36,518</u>	<u>16,304</u>
		37,318	17,944
CREDITORS			
Amounts falling due within one year	7	(1,859)	(3,577)
NET CURRENT ASSETS		<u>35,459</u>	<u>14,367</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		35,459	14,367
NET ASSETS		<u>35,459</u>	<u>14,367</u>
FUNDS	8		
Unrestricted funds		<u>35,459</u>	<u>14,367</u>
TOTAL FUNDS		<u>35,459</u>	<u>14,367</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 14 December 2021 and were signed on its behalf by:



M P N Tod - Trustee

The notes form part of these financial statements

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 3) £	Totals £
Research and awareness men and boys	<u>12,034</u>	<u>4,314</u>	<u>16,348</u>

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

3. SUPPORT COSTS

	Management £	Finance £	Governance costs £	Totals £
Research and awareness men and boys	<u>3,550</u>	<u>134</u>	<u>630</u>	<u>4,314</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the period ended 31 March 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the period ended 31 March 2020.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	2,692
Charitable activities	
Research and awareness men and boys	29,539
Other income	<u>3,631</u>
Total	35,862
EXPENDITURE ON	
Charitable activities	
Research and awareness men and boys	21,495
NET INCOME	<u>14,367</u>
TOTAL FUNDS CARRIED FORWARD	<u>14,367</u>

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Trade debtors	<u>800</u>	<u>1,640</u>

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Accruals and deferred income	<u>1,859</u>	<u>3,577</u>

8. MOVEMENT IN FUNDS

	At 1.4.20	Net movement in funds	At
	£	£	31.3.21 £
Unrestricted funds			
General fund	14,367	21,092	35,459
TOTAL FUNDS	<u>14,367</u>	<u>21,092</u>	<u>35,459</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	37,440	(16,348)	21,092
TOTAL FUNDS	<u>37,440</u>	<u>(16,348)</u>	<u>21,092</u>

Comparatives for movement in funds

	Net movement in funds	At
	£	31.3.20 £
Unrestricted funds		
General fund	14,367	14,367
TOTAL FUNDS	<u>14,367</u>	<u>14,367</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	35,862	(21,495)	14,367
TOTAL FUNDS	<u>35,862</u>	<u>(21,495)</u>	<u>14,367</u>

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

GLOBAL ACTION ON MEN'S HEALTH (GAMH)

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021**

	YEAR ENDED 31.3.21 £	PERIOD 15.5.19 TO 31.3.20 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Membership income	6,501	2,692
Charitable activities		
Event income	-	8,582
Project delivery	<u>30,939</u>	<u>20,957</u>
	30,939	29,539
Other income		
Funds at incorporation	<u>-</u>	<u>3,631</u>
Total incoming resources	37,440	35,862
EXPENDITURE		
Charitable activities		
Postage and stationery	-	27
Sundries	84	326
Contractors and associates	1,300	6,100
Travel and accommodation	-	1,596
Consultancy	<u>10,650</u>	<u>9,590</u>
	12,034	17,639
Support costs		
Management		
Consultancy	3,550	3,197
Finance		
Bank charges	134	-
Information technology		
Telephone and communications	-	29
Governance costs		
Accountancy and legal fees	<u>630</u>	<u>630</u>
Total resources expended	<u>16,348</u>	<u>21,495</u>
Net income	<u>21,092</u>	<u>14,367</u>