

THE HOMELESS PERIOD - WOLVERHAMPTON

England & Wales · Charity number 1183408

Details

Other names	PeriodsMatter.
Status	Registered
Legal form	CIO
Registered	2019-05-14
Register	View on the Charity Commission register

Contact

Address	Periods Matter Office 4 All Saints Action Network All Saints Road Wolverhampton WV2 1EL
Phone	03007701561
Email	hello@periodsmatter.co.uk
Website	www.periodsmatter.co.uk

Activities

Objects: THE OBJECTS OF THE CIO ARE:THE PREVENTION OR RELIEF OF POVERTY IN WOLVERHAMPTON BY PROVIDING GRANTS, ITEMS AND SERVICES TO INDIVIDUALS IN NEED AND/OR CHARITIES, OR OTHER ORGANISATIONS WORKING TO PREVENT OR RELIEVE POVERTY.

Activities: We undertake activities to reduce Period Poverty across Wolverhampton via the collection and distribution of menstrual products, toiletries and associated items. We also deliver workshops in schools regarding menstruation and to raise awareness of Period Poverty.Items are distributed to individuals, schools. colleges, universities and organisations supporting those experiencing poverty.

Classification

- **How:** Provides Services
- **What:** Education/training, The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Other Charities Or Voluntary Bodies, Other Defined Groups

Geography

- Dudley
- Sandwell
- Walsall
- Wolverhampton

Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-31	£5,546	£19,425	-	-
2024-07-31	£34,473	£18,643	-	-
2023-07-31	£18,644	£18,269	-	-
2022-07-31	£6,462	£11,915	-	-
2021-07-31	£26,564	£15,709	-	-
2020-07-26	£1,670	£10,366	-	-

Trustees

Name	Role	Appointed
Helen Kenny		2018-07-26
Jessica Elizabeth Labhart		2018-07-26

THE HOMELESS PERIOD - WOLVERHAMPTON

England & Wales - Charity number 1183408

Accounts



The Homeless Period – Wolverhampton (Periods Matter.)

**Report and Financial Statements
For the Year Ended 31st July 2024**

Charity number 1183408

Report from the Board of Trustees

**PERIODS
MATTER.**

Table of Contents

Legal and Administrative Information.....	2
The Chair's Report.....	3
Our Aims and Objectives.....	4
Purposes and Aims.....	4
Ensuring our work delivers our aims:.....	4
The focus of our work.....	4
How our activities deliver public benefit.....	4
Who used and benefited from our services?.....	4
Receipt of Donations.....	5
Provision of Period Products.....	5
Awareness Raising and Menstrual Equity.....	5
Menstrual Education.....	6
Financial Review.....	7
Investment Policy.....	7
Reserves Policy.....	7
Plans for Future Periods.....	7
Structure, Governance and Management.....	8
Governing Document.....	8
Trustee Induction and Training.....	8
Risk Management.....	8
Organisational Structure.....	9
Responsibilities of the Board.....	9
Balance Sheet (Attached Separately).....	10

Legal and Administrative Information

The Board of Trustees are pleased to present their annual report along with the consolidated financial statements for the charity for the year ending 31st July 2025. The financial statements comply with the Charities Act 1993, the Constitution and Statement of Recommended Practice – Accounting and Reporting by Charities (SORP 2005).

Reference and Administrative Information

Charity Name: The Homeless Period - Wolverhampton

Working Name: Periods Matter.

Charity registration number: 1183408

Registered Office and operational address:

Office 1, The Workspace

All Saints Action Network

All Saints Road

Wolverhampton

WV2 1EL

Board of Trustees:

Mrs Dawn Wilkes – Chair (resigned November 2025)

Mrs Helen Kenny - Treasurer

Miss Jessica Labhart - Secretary

Senior Leadership:

Clare Roberts-Molloy - CEO

The CEO's Report

This year has seen a number of changes within the organisation with the appointment of a new Chair of Board, Dawn Wilkes (who later resigned in November 2025). I resigned my roles as Chair in January 2025 so I could take up the role of CEO, as appointed by the Board.

While undergoing these changes, we have continued to support our communities through the ongoing challenges of the Cost-of-Living Crisis, with the demand for our services continuing to grow.

Our commitment to existing partners and beneficiaries across Wolverhampton remains strong, and this year we have further expanded our reach across the Black Country. This expansion has included supporting new organisations and building on our collaborations with key agencies across Dudley and Wolverhampton.

We have worked alongside local projects including providing products into libraries and family centres, as hubs for local distribution to those who need support most. We have also been involved in local Winter Warmth Events and Women's Health Network events.

Other key events and activities this year included:

July 2024

- New Trustee, Dawn Wilkes joined the Board (later appointed Chair)

August 2024

- Delivered Our Schools Out, Drop in project over the school summer holidays.

September 2024

- Selected for Tesco Blue Token scheme

October 2024

- Recognised World Menopause Day

November 2024

- Launch Reverse Advent Calendar campaign

December 2024

- Held a Christmas Packing Session and distributed over 60 parcels
- Successful Reverse Advent Calendar campaign

January 2025

- Clare Roberts-Molloy Appointed CEO

March 2025

- Celebrated International Women's Day and had stands at local events and conferences
- Our CEO delivered a Menstrual Health Workshop with partner organisations
- We worked closely with ACCI on our Seeing Red Going Green Project

April 2025

- We continued our Community Drop in Sessions

May 2025

- Celebrated Menstrual Health Day
- Attended several Women's Health Events
- Participated in a local sponsored walk for Aspiring Futures

June 2025

- Participated in the Big Give Campaign for Small Charity Week

July 2025

- Celebration of our 7th birthday
- Recruitment of a new trustee, welcoming Dawn to the board

On addition, we delivered the following projects throughout the year:

- Schools Out Drop In – Various locations across Wolverhampton
- Community Drop In – Various locations across Wolverhampton
- Dudley MBC – Library & Family Centres Project

We were also delighted to welcome a new volunteer to the team, Roya Gharhramani, who has made a substantial impact in supporting our operations.

As CEO, I've had the privilege of representing the charity at a variety of events and supporting several students working on dissertations related to period poverty.

We are continually humbled by the generosity of our donors and the passion of our volunteers. As always, we remain a small charity with big ambitions and look forward to continuing the fight against period poverty in the year ahead.

Clare Roberts-Molloy - CEO

Our Aims and Objectives

Purposes and Aims

Our charity's purposes as set out in the objects contained in the organisation's constitution. The aims of our charity are to reduce the levels of period poverty within Wolverhampton and to educate young people and the wider public around period poverty and menstruation.

Our aims fully reflect the purposes that the charity was set up to further.

Ensuring our work delivers our aims:

We review our aims, objectives, and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those groups of people we are set up to help.

The review also helps us ensure our aim, objectives and activities remained focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

The focus of our work

Our main objectives for the year continued to be the reduction of period poverty in Wolverhampton and the Black Country, and menstrual education and awareness to young people and the wider public. The strategies we used to meet these objectives included:

- Raising funds and receiving donations of menstrual products from the public and supporters
- Delivery and provision of menstrual products, toiletries and underwear to individuals and charitable organisations for dissemination to their beneficiaries
- Delivery of educational workshops to schools and groups of young people
- Convening period packing sessions for the community
- Raise awareness around menstrual activity in partnership with period poverty organisations and charities regionally and nationally to combat ongoing menstrual stigma and inequality.

How our activities deliver public benefit

Our main activities and who we try to help are described below. All our charitable activities focus on the relief of period poverty and delivery of menstrual education workshops and are undertaken to further our charitable purposes for the public benefit.

Who used and benefited from our services?

Our objects and funding limit the services we provide to residents in Wolverhampton as well as the wider Black Country where resources allow. While specific data relating to the extent of period poverty across the city is lacking, the demand for our services and provision of products has continued to increase.

We currently regularly support more than 20 local organisations who support women and girls experiencing period poverty. We estimate that via these organisations we support more than 2000 individuals and families per year. We also provide support and products to individuals and families who contact us directly. On average, we provide 200 packs of menstrual products per month.

We raise awareness of menstrual issues via online campaigns, the delivery of menstrual workshops, community packing sessions and by participating in regional research projects and supporting national and regional campaigns alongside other period poverty charities and organisations.

Receipt of Donations

While we still have a few active collection points across Wolverhampton, the methods and model by which we receive donations has changed. Most donations are now received directly via groups and organisations, or via financial donations, including:

- Hey Girls
- DME Fitness
- Pads On A Roll
- Rexall Chemist
- Sainsbury's Wombourne
- Wolverhampton Soroptimists
- CPI Euromix, Bilston
- St Bernadettes Church, Wombourne
- Sophie Elizabeth Dance Academy
- Wolverhampton Outreach
- Penn Mothers Union
- One Walsall
- Warstones Pharmacy
- Utilita West Bromwich
- Tettenhall WI
- Aspiring Futures
- Arkwide

Notable Financial Donations during the Year

- Tesco Stronger Starts - £1,125
- CPI Euromix - £2,149
- The Big Give - £976

Other financial donations were received from many different organisations and individuals including DME Fitness, Redrow Midlands Community Fund, Blakemore Foundation, Inner Wheel of Tettenhall, PayPal Giving, Easyfundraising, Soroptimist International of Wolverhampton, Women's Freemasons, Wolverhampton Community Lottery and Charities Trust.

Financial donations are then used to purchase products in bulk to ensure we have the resources to distribute and make the most of economies of scale. We purchase in bulk, where available from In-kind Direct, Boots.com and local wholesalers. We are also fortunate enough to be a Community Partner with Hey Girls, who continue to support us.

Provision of Period Products

Over the past 12 months we have provided period products to:

- Aspiring Futures
- Changing Lives Criminal Justice Team
- Changing Lives IRIS Team
- It's a Family Thing
- Hope Community Project
- Ukraine Community
- P3
- RMC

Plus, via regular community drop in sessions and numerous individuals on a one off and regular basis.

Awareness Raising and Menstrual Equity

We have been active in raising the issues of period poverty and period inequity across social media and have participated in several media interviews. We have supported key events celebrating Menstrual Hygiene Day and our founder and CEO, Clare Roberts-Molloy has been asked to represent the charity and speak about period poverty at a number of local conferences and events.

Menstrual Education

While we are planning further Menstrual Education Workshops in the future, we have been asked to deliver workshops in several settings, including local schools, community venues and Wolverhampton University. We remain fully committed to the continued development and delivery of these activities in the near future.

Financial Review

The accounting period covers 12 months from 27th July 2024 to 26th July 2025 to enable compliance with HM Revenue and Customs requirement to submit a Company Tax Return covering those dates.

Total income for the year to 26th July 2025 was £5,546 which is a substantial decrease compared with our last financial year. Despite this, we were able to continue with our activities thanks to grants received from the National Lottery Community Fund and the Morrisons Foundation in June 2024. We were fortunate to receive the first part of a grant of £1,125 from Tesco Stronger Starts and a donation of £2,149 from the Bilston branch of CPI Euromix from their 2024 STEPtember challenge. In June 2025, we took part in the Big Give Small Charity Week campaign and received a payment of £976 in July 2025. The balance of £1,000 was not received until August 2025 and will therefore be included in the 2025 to 2026 accounts. Other financial donations were received from many different organisations and individuals including DME Fitness, Redrow Midlands Community Fund, Blakemore Foundation, Inner Wheel of Tettenhall, PayPal Giving, Easyfundraising, Soroptimist International of Wolverhampton, Women's Freemasons, Wolverhampton Community Lottery and Charities Trust. We are extremely grateful for all financial donations received and want to thank all our supporters. As we have no regular source of income, we could not do the work we do without their generosity.

Total expenditure for the year was £19,425 which includes £13,631 restricted income spent on specific projects. The bulk of the remaining expenditure was rent, office costs and website fees totalling £4,147.

Looking forward and as the charity has no regular source of income, the focus will continue to be on fundraising, applying for various grants that are available and exploring the possibility of reducing our spend on overheads.

Investment Policy

Aside from retaining a prudent amount in reserves each year, the charity's funds are spent in the short term so there are no funds for long term investment. If the financial situation of the charity changes, the Board will reconsider investments in the future.

Reserves Policy

As the charity relies solely on income from grants and donations, the level of reserves is set at a level equivalent to three months essential running costs including rent, rates and utility costs. This period of time will allow us to apply for grants and to appeal for funding should an unexpected drop in income occurs.

As the charity moves forward and if income streams become more assured, the aim is to move to a six months' cost reserves policy.

Plans for Future Years

The charity plans continuing the activities outlined above in the forthcoming years subject to satisfactory funding arrangements.

We will continue to apply for grant funding to support our activities and enable us to expand those we support as well as delivering further projects for the benefits of the individuals and communities we serve.

Structure, Governance and Management

Governing Document

The organisation is a Charitable Incorporated Organisation (CIO), registered as a charity on 14th May 2019. The organisation was established under a constitution which established the aims and objects of the CIO.

Recruitment and Appointment of Trustees

Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

While the Board currently consists of the first charity trustees, recruitment of additional trustees may take place in the coming years to further support the work of the organisation.

Trustee Induction and Training

Upon appointment, new trustees will be invited and encouraged to attend a series of short training sessions covering:

- The obligations of Board Trustees
- Safeguarding Vulnerable Adults and Children
- The main documents which set out the operational framework for the charity including the Constitution.
- Resourcing, fundraising and the current financial position as set out in the latest published accounts.
- Future plans and objectives.

A Question & Answer pack is being prepared drawing information from the various Charity Commission publications signposted through the Commission's guide "the Essential Trustee" as a follow up to these sessions. This is distributed to all new trustees along with the Constitution and the latest financial statements. We are also members of NCVO and make their various training and publications available to trustees as appropriate.

Feedback from new trustees will be collected to ensure we continuously improve our processes.

Risk Management

The Management Committee has conducted a review of the major risks to which the charity is exposed. A risk register has been established and is updated at least annually. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces.

Significant external risks to funding have led to the development of a strategic plan which will allow for the diversification of funding and activities. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects.

Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients, and visitors to the centre. These procedures are periodically reviewed to ensure that

they continue to meet the needs of the charity.

Organisational Structure

The Homeless Period – Wolverhampton currently as at 31st July 2025 has three Trustees, whom all have voting rights and are responsible for the strategic direction and policy of the charity. At present the Board has four members from a variety of professional backgrounds relevant to the work of the charity.

A CEO has been appointed on a one day per week basis to bring additional structure, oversight and focus on the activities of the charity. She has been tasked with revenue generation, increasing partnerships across the region and increasing awareness of our work.

The members of the CIO are the charity trustees for the time being. The only persons eligible to be members of the CIO are its charity trustees. Membership of the CIO cannot be transferred to anyone else. Any member and charity trustee who ceases to be a charity trustee automatically ceases to be a member of the CIO.

The organisation does not currently employ any staff and therefore all decisions are undertaken by the Board of Trustees along with all operational and activities. However, funding allowing, it is the future aim of the organisation to employ a CEO, at least on a part-time basis to purposefully drive the organisation forward, beyond the resources of the current Board.

Responsibilities of the Board

The Charity Commission requires the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the CIO as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the Board should follow best practice and:

- Select suitable accounting policies and then apply them consistently.
- Make judgements and estimates that are reasonable and prudent; and
- Prepare the financial statements on the going concern basis unless it is not appropriate to assume that the organisation will continue on that basis.

The Board is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 1985.

The Board is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (issued in March 2005) and in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small entities.

Approved by the Board on 28th May 2025 and signed on its behalf by:

Mrs C Roberts-Molloy (CEO)

Balance Sheet (Attached Separately)

Income and Expenditure for The Homeless Period-Wolverhampton charity for the year ended 26/07/2025

	Unrestricted Income and Expenditure		Restricted Income and Expenditure		Total Income and Expenditure	
	£	£	£	£	£	£
Income						
2019 Big Lottery Fund						
Rotary/James Beattie						
Morrisons Foundation						
NL Community Fund						
Tesco Stronger Starts				1,125		1,125
Subscriptions		9				9
Donations		4,412				4,412
Total Income		4,421		1,125		5,546
Expenditure						
Internet & Telephone	73		102		175	
Charitable Donations (Stock)	311		1,617		1,928	
Advertising and Promotion	129		921		1,050	
Legal and Professional Fees	85				85	
Accountancy Fees	50				50	
Website	348		483		832	
Insurance	211				211	
Rent	3,580		6,962		10,542	
Office Costs	219		330		549	
Subscriptions	234				234	
Salaries			2,400		2,400	
Tax and NI			682		682	
Travel	136				136	
Accommodation and Meals	192				192	
Printing			45		45	
Stationery			7		7	
Office Equipment	128				128	
Depreciation for year	99		81		180	
Total Expenditure		5,794		13,631		19,425
Surplus/(Deficit)		-1,372		-12,506		-13,878
<i>Funds brought forward</i>		664		22,844		23,508
Funds carried forward		-708		10,338		9,629

Statement of Assets and Liabilities for The Homeless Period-Wolverhampton as at 26/07/2025

	£	£
Assets		
Office Equipment	777	
Less Depreciation to date	420	
Net value		357
Office Furniture	1,079	
Less Depreciation to date	510	
Net value		569
Cash in Bank		10,738
Total Assets		11,663
Liabilities		0
Total Net Assets		11,663
Funded by		
Unrestricted Funds		-708
Restricted Funds		10,338
Total Funds		9,629

I find the accounts to be a true and accurate record, as shown in the Income + Expenditure sheets.

J. C. (M. HOUSE CHIEF)
Independent Financial Reviewer
20/5/2026

Accounts



The Homeless Period – Wolverhampton (Periods Matter.)

**Report and Financial Statements
For the Year Ended 31st July 2023**

Charity number 1183408

Report from the Board of Trustees

**PERIODS
MATTER.**

Table of Contents

Legal and Administrative Information.....	2
The Chair's Report.....	3
Our Aims and Objectives.....	4
Purposes and Aims.....	4
Ensuring our work delivers our aims:.....	4
The focus of our work.....	4
How our activities deliver public benefit.....	4
Who used and benefited from our services?.....	4
Receipt of Donations.....	5
Provision of Period Products.....	5
Awareness Raising and Menstrual Equity.....	5
Menstrual Education.....	6
Financial Review.....	7
Investment Policy.....	7
Reserves Policy.....	7
Plans for Future Periods.....	7
Structure, Governance and Management.....	8
Governing Document.....	8
Trustee Induction and Training.....	8
Risk Management.....	8
Organisational Structure.....	9
Responsibilities of the Board.....	9
Balance Sheet (Attached Separately).....	10

Legal and Administrative Information

The Board of Trustees are pleased to present their annual report along with the consolidated financial statements for the charity for the year ending 31st July 2023. The financial statements comply with the Charities Act 1993, the Constitution and Statement of Recommended Practice – Accounting and Reporting by Charities (SORP 2005).

Reference and Administrative Information

Charity Name: The Homeless Period - Wolverhampton

Working Name: Periods Matter.

Charity registration number: 1183408

Registered Office and operational address:

Office 1, The Workspace

All Saints Action Network

All Saints Road

Wolverhampton

WV2 1EL

Board of Trustees:

Mrs C Roberts-Molloy Chair

Mrs Helen Kenny Treasurer

Miss Jessica Labhart Secretary

Mrs Khadijah Roberts-Molloy

Mrs Dawn Wilkes (Appointed June 2024)

The Chair's Report

We have continued to support our communities through the ongoing challenges of the Cost of Living Crisis, with the demand for our services continuing to grow.

Our commitment to existing partners and beneficiaries across Wolverhampton remains strong, and this year we have further expanded our reach across the Black Country. This expansion has included supporting new organisations and building on our collaborations with key agencies across Dudley and Wolverhampton.

We have sustained our work with Citizens Advice Dudley and Wolverhampton, supplying period products into their Cost-of-Living Hubs. The impact of this project has been significant, and we continue to deliver products on a regular basis.

Other key events and activities this year included:

August 2023

- Our Secretary Jessica Labhart went on maternity leave and arrangements were made amongst the members of the board to disseminate the tasks of the secretary to ensure these were still covered and governance maintained

September 2023

- Lush Merry Hill Charity Pot Event

November 2023

- Engagement with the Pick-Up My Period App
- Wolverhampton Council Cost of Living Event, Mander Centre (November)
- Launch of the Reverse Advent Calendar

March 2024

- International Women's Day talk at the Women's Network, University of Wolverhampton

April 2024

- Together in Pennfields networking brunch

May 2024

- Below the Belt film screening and discussion

June 2024

- Volunteers Week celebration at the Civic Centre (June)
- Partnership events with Wolves at Work and Black Country NHS Trust

July 2024

- Celebration of our 6th birthday
- Recruitment of a new trustee, welcoming Dawn to the board

On addition, we delivered the following projects throughout the year:

- Schools Out Drop In – Low Hill Community Centre
- Community Drop In – Low Hill Community Centre and ACCI
- Primary Schools - see donations provided list.
- Citizens Advice – Cost of Living Hubs
- Dudley MBC – Library & Family Centres Project

As Chair, I've had the privilege of representing the charity at a variety of events and supporting several students working on dissertations related to period poverty.

We are continually humbled by the generosity of our donors and the passion of our volunteers. As always, we remain a small charity with big ambitions and look forward to continuing the fight against period poverty in the year ahead.

Clare Roberts-Molloy - Chair

Our Aims and Objectives

Purposes and Aims

Our charity's purposes as set out in the objects contained in the organisation's constitution. The aims of our charity are to reduce the levels of period poverty within Wolverhampton and to educate young people and the wider public around period poverty and menstruation.

Our aims fully reflect the purposes that the charity was set up to further.

Ensuring our work delivers our aims:

We review our aims, objectives, and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those groups of people we are set up to help.

The review also helps us ensure our aim, objectives and activities remained focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

The focus of our work

Our main objectives for the year continued to be the reduction of period poverty in Wolverhampton and the Black Country, and menstrual education and awareness to young people and the wider public. The strategies we used to meet these objectives included:

- Raising funds and receiving donations of menstrual products from the public and supporters
- Delivery and provision of menstrual products, toiletries and underwear to individuals and charitable organisations for dissemination to their beneficiaries
- Delivery of educational workshops to schools and groups of young people
- Convening period packing sessions for the community
- Raise awareness around menstrual activity in partnership with period poverty organisations and charities regionally and nationally to combat ongoing menstrual stigma and inequality.

How our activities deliver public benefit

Our main activities and who we try to help are described below. All our charitable activities focus on the relief of period poverty and delivery of menstrual education workshops and are undertaken to further our charitable purposes for the public benefit.

Who used and benefited from our services?

Our objects and funding limit the services we provide to residents in Wolverhampton as well as the wider Black Country where resources allow. While specific data relating to the extent of period poverty across the city is lacking, the demand for our services and provision of products has continued to increase.

We currently regularly support more than 20 local organisations who support women and girls experiencing period poverty. We estimate that via these organisations we support more than 2000 individuals and families per year. We also provide support and products to individuals and families who contact us directly. On average, we provide 200 packs of menstrual products per month.

We raise awareness of menstrual issues via online campaigns, the delivery of menstrual workshops, community packing sessions and by participating in regional research projects and supporting national and regional campaigns alongside other period poverty charities and organisations.

Receipt of Donations

While we still have a few active collection points across Wolverhampton, the methods and model by which we receive donations has changed. Most donations are now received directly via groups and organisations, or via financial donations, including:

- Hey Girls
- DME Fitness
- Rexall Chemist
- SEDA (Sophie Elizabeth Dance Academy)
- K Teas Cakes
- St Bernadette's Catholic Church
- National Grid
- Inner Wheel Club of Tettenhall
- Finest Beauty, Codsall
- Tesco, Wolverhampton
- Sainsburys, Wombourne
- Individual Donations
- Penn Hall School

Notable Financial Donations during the Year

- Lush Charity Pot Event - £669
- Dudley MBC - £5250
- Akzo Nobel - £1,000 x 2
- Order of Women Freemasons - £175
- The Morrisons Foundation (restricted spend for community drop ins) - £5,000
- Lottery Community Fund (restricted spend) - £20,000

Financial donations are then used to purchase products in bulk to ensure we have the resources to distribute and make the most of economies of scale. We purchase in bulk, where available from In-kind Direct, Boots.com and local wholesalers. We are also fortunate enough to be a Community Partner with Hey Girls, who continue to support us.

Provision of Period Products

Over the past 12 months we have provided period products to:

- RMC
- ACCI
- Wolverhampton Probation Service
- City of Sanctuary

- Aspiring Futures
- Friendly Faces Disability Support
- Wolverhampton Association of Ukrainians
- St Teresa's school
- St Christopher's school
- ASAN - The Workspace
- Carmelite Nuns
- Gem Centre
- St Martin's school
- St Edmunds Catholic Academy
- Elms Resource Centre
- Good Shepherd
- New Pastures Housing
- Hope Community Project
- Wolverhampton Libraries
- Host (student accommodation)
- Saltbrook Place

Plus lots of individuals on a one off and regular basis.

Awareness Raising and Menstrual Equity

To raise further awareness around the issue of period poverty, which has gained increasing media coverage and several high profile petitions and campaigns to introduce free period products in schools, we have participated in a number of regional and national research projects and events

We have continued to support Birmingham City University with their period poverty research and have been an active member of the Menstrual Activist Network founded by Bloody Good Period.

We have been active in raising the issues of period poverty and period inequity across social media and have participated in several media interviews. We have supported key events celebrating Menstrual Hygiene Day and our founder Clare Roberts-Molloy has been asked to represent the charity and speak about period poverty at a number of online conferences and events.

Menstrual Education

While we are planning further Menstrual Education Workshops in the future, we have been asked to deliver workshops in several settings, including the This Girl Can event and different groups at Wolverhampton University. We remain fully committed to the continued development and delivery of these activities in the near future.

Financial Review

The accounting period covers 12 months from 27th July 2023 to 26th July 2024 to enable compliance with HM Revenue and Customs requirement to submit a Company Tax Return covering those dates.

Total income for the year to 26th July 2023 was £34,473 which is a substantial increase compared with our last financial year. We were fortunate to receive two major restricted income grants during the year, £20,000 from the National Lottery Community Fund and £5,000 from The Morrisons Foundation. However, as these were both received in June 2024, they give a somewhat distorted view of our overall finances as there was little time to spend the fund within the financial year being reported. In fact, we were in a serious financial position immediately prior to the receipt of this funding having had to use most of our reserve funding to settle our bills. Our financial situation was compounded by the fact that our unrestricted income was down from our last financial year by almost £2,000. Other donations received during the financial year include £5,000 from Dudley Metropolitan Borough Council and two separate £1,000 donations from the AkzoNobel Community Fund. We also received £669 from Lush and £175 from the Order of Women Freemasons. We are extremely grateful for all financial donations received and want to thank all our supporters. As we have no regular source of income, we could not do the work we do without their generosity.

Total expenditure for the year was £18,643 which includes £10,070 restricted income spent on specific projects. The bulk of the remaining expenditure was rent, office costs and website fees totalling £7,550.

Looking forward and as the charity has no regular source of income, the focus will continue to be on fundraising and applying for various grants that are available.

Investment Policy

Aside from retaining a prudent amount in reserves each year, the charity's funds are spent in the short term so there are no funds for long term investment. If the financial situation of the charity changes, the Board will reconsider investments in the future.

Reserves Policy

As the charity relies solely on income from grants and donations, the level of reserves is set at a level equivalent to three months essential running costs including rent, rates and utility costs. This period of time will allow us to apply for grants and to appeal for funding should an unexpected drop in income occur.

As the charity moves forward and if income streams become more assured, the aim is to move to a six months' cost reserves policy.

Plans for Future Years

The charity plans continuing the activities outlined above in the forthcoming years subject to satisfactory funding arrangements.

We will continue to apply for grant funding to support our activities and enable us to expand those we support as well as delivering further projects for the benefits of the individuals and communities we serve.

Structure, Governance and Management

Governing Document

The organisation is a Charitable Incorporated Organisation (CIO), registered as a charity on 14th May 2019. The organisation was established under a constitution which established the aims and objects of the CIO.

Recruitment and Appointment of Trustees

Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

While the Board currently consists of the first charity trustees, recruitment of additional trustees may take place in the coming years to further support the work of the organisation.

Trustee Induction and Training

Upon appointment, new trustees will be invited and encouraged to attend a series of short training sessions covering:

- The obligations of Board Trustees
- Safeguarding Vulnerable Adults and Children
- The main documents which set out the operational framework for the charity including the Constitution.
- Resourcing, fundraising and the current financial position as set out in the latest published accounts.
- Future plans and objectives.

A Question & Answer pack is being prepared drawing information from the various Charity Commission publications signposted through the Commission's guide "the Essential Trustee" as a follow up to these sessions. This is distributed to all new trustees along with the Constitution and the latest financial statements. We are also members of NCVO and make their various training and publications available to trustees as appropriate.

Feedback from new trustees will be collected to ensure we continuously improve our processes.

Risk Management

The Management Committee has conducted a review of the major risks to which the charity is exposed. A risk register has been established and is updated at least annually. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces.

Significant external risks to funding have led to the development of a strategic plan which will allow for the diversification of funding and activities. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects.

Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients, and visitors to the centre. These procedures are periodically reviewed to ensure that

they continue to meet the needs of the charity.

Organisational Structure

The Homeless Period – Wolverhampton currently as at 31st July 2024 has five Trustees, whom all have voting rights and are responsible for the strategic direction and policy of the charity. At present the Board has four members from a variety of professional backgrounds relevant to the work of the charity.

The members of the CIO are the charity trustees for the time being. The only persons eligible to be members of the CIO are its charity trustees. Membership of the CIO cannot be transferred to anyone else. Any member and charity trustee who ceases to be a charity trustee automatically ceases to be a member of the CIO.

The organisation does not currently employ any staff and therefore all decisions are undertaken by the Board of Trustees along with all operational and activities. However, funding allowing, it is the future aim of the organisation to employ a CEO, at least on a part-time basis to purposefully drive the organisation forward, beyond the resources of the current Board.

Responsibilities of the Board

The Charity Commission requires the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the CIO as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the Board should follow best practice and:

- Select suitable accounting policies and then apply them consistently.
- Make judgements and estimates that are reasonable and prudent; and
- Prepare the financial statements on the going concern basis unless it is not appropriate to assume that the organisation will continue on that basis.

The Board is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 1985.

The Board is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (issued in March 2005) and in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small entities.

Approved by the Board on 28th May 2024 and signed on its behalf by:

Mrs C Roberts-Molloy (Chair)

Balance Sheet (Attached Separately)

Income and Expenditure for The Homeless Period-Wolverhampton charity for the year ended 26/07/2024

	Unrestricted Income and Expenditure		Restricted Income and Expenditure		Total Income and Expenditure	
	£	£	£	£	£	£
Income						
2019 Big Lottery Fund						
Rotary/James Beattie						
NL Awards For All						
Morrisons Foundation				5,000		5,000
Dudley MBC		250		5,000		5,250
NL Community Fund				20,000		20,000
Donations		4,223				4,223
Total Income		4,473		30,000		34,473
Expenditure						
Internet & Telephone	141		29		170	
Charitable Donations (Stock)	67		6,160		6,227	
Advertising and Promotion			47		47	
Legal and Professional Fees	85				85	
Accountancy Fees	50				50	
Website	488		199		687	
Insurance	192				192	
Rent	6,541		3,499		10,040	
Office Costs	521		55		576	
Subscriptions	216				216	
Sundries	53				53	
Travel					0	
Accommodation and Meals	120				120	
Postage					0	
Office Equipment					0	
Depreciation for year	99		81		180	
Total Expenditure		8,573		10,070		18,643
Surplus/(Deficit)		-4,100		19,930		15,830
<i>Funds brought forward</i>		4,764		2,914		
<i>Funds carried forward</i>		664		22,844		23,508

Statement of Assets and Liabilities for The Homeless Period-Wolverhampton as at 26/07/2024

	£	£
Assets		
Office Equipment	777	
Less Depreciation to date	349	
Net value		428
Office Furniture	1,079	
Less Depreciation to date	402	
Net value		677
Cash in Bank		24,437
Total Assets		25,542
Liabilities		0
Total Net Assets		25,542
Funded by		
Unrestricted Funds		664
Restricted Funds		22,844
Total Funds		23,508

I find the accounts to be a true + accurate record as shown in the Income + Expenditure sheets.
 20/5/25 (MRS LOUISE CLIVE)
 Independent Financial Reviewer

Income and Expenditure for The Homeless Period-Wolverhampton charity for the year ended 26/07/2024

	Unrestricted Income and Expenditure	2019 Big Lottery Fund Income and Expenditure	Rotary Restricted Income and Expenditure	National Lottery Awards For All	Morrisons Foundation Income and Expenditure	Dudley MBC Income and Expenditure	National Lottery Community Fund	Total Income and Expenditure
Income	£	£	£	£	£	£	£	£
2019 Big Lottery Fund			0.00					0.00
Rotary/James Beattie								0.00
NL Awards For All		250.00			5,000.00			5,000.00
Morrisons Foundation								0.00
Dudley MBC								5,250.00
NL Community Fund		4,223.26						20,000.00
Donations								4,223.26
Total Income		4,473.26	0.00	0.00	5,000.00	5,000.00	20,000.00	34,473.26
Expenditure								
Internet & Telephone	140.68							169.68
Charitable Donations (Stock)	67.45							6,227.08
Advertising and Promotion	85.00							47.49
Legal and Professional Fees	50.00							85.00
Accountancy Fees	487.73							50.00
Website	192.46							686.73
Insurance	6,541.12							192.46
Rent	5,209.90							10,040.00
Office Costs	216.00							575.90
Subscriptions	53.00							216.00
Travel	120.05							53.00
Accommodation and Meals								0.00
Postage								120.05
Office Equipment								0.00
Depreciation for year	98.76							0.00
Total Expenditure		8,573.15	27.00	54.00	388.00	5,000.00	1,149.50	18,643.15
Surplus/(Deficit)		-4,099.89	-27.00	-54.00	4,632.00	0.00	18,850.50	15,830.11
Funds brought forward		4,763.84	-440.41	-117.00	0.00	0.00	0.00	
Funds carried forward		663.95	-467.41	-171.00	4,632.00	0.00	18,850.50	23,508.04

Statement of Assets and Liabilities for The Homeless Period-Wolverhampton as at 26/07/2024

	£	£
Assets		
Office Equipment	777.01	
Less Depreciation to date	348.68	
Net value		428.33
Office Furniture	1,079.00	
Less Depreciation to date	402.20	
Net value		676.80
Cash in Bank		24,436.57
Total Assets		25,541.70
Liabilities		
Total Net Assets		25,541.70
Funded by		
Unrestricted Funds		663.95
Restricted Funds		22,844.09
Total Funds		23,508.04

I have checked bank statements to receipts+invoices and cross-referenced to Transactions report.

98% of receipts etc are available, no large amounts missing.

Bank printouts cross reference to reports+receipts
I find the accounts to be a bit + accurate
reconciling shown in the Income + Expenditure
sheets.

J. Oria (Mrs Louise Clive)
20/5/25 Independent Financial Review

THE HOMELESS PERIOD - WOLVERHAMPTON

England & Wales - Charity number 1183408

Accounts



The Homeless Period – Wolverhampton (Periods Matter.)

**Report and Financial Statements
For the Year Ended 31st July 2023**

Charity number 1183408

Report from the Board of Trustees

**PERIODS
MATTER.**

Table of Contents

Legal and Administrative Information.....	2
The Chair's Report.....	3
Our Aims and Objectives.....	4
Purposes and Aims.....	4
Ensuring our work delivers our aims:.....	4
The focus of our work.....	4
How our activities deliver public benefit.....	4
Who used and benefited from our services?.....	4
Receipt of Donations.....	5
Provision of Period Products.....	5
Awareness Raising and Menstrual Equity.....	5
Menstrual Education.....	6
Financial Review.....	7
Investment Policy.....	7
Reserves Policy.....	7
Plans for Future Periods.....	7
Structure, Governance and Management.....	8
Governing Document.....	8
Trustee Induction and Training.....	8
Risk Management.....	8
Organisational Structure.....	9
Responsibilities of the Board.....	9
Balance Sheet (Attached Separately).....	10

Legal and Administrative Information

The Board of Trustees are pleased to present their annual report along with the consolidated financial statements for the charity for the year ending 31st July 2023. The financial statements comply with the Charities Act 1993, the Constitution and Statement of Recommended Practice – Accounting and Reporting by Charities (SORP 2005).

Reference and Administrative Information

Charity Name: The Homeless Period - Wolverhampton

Working Name: PeriodsMatter.

Charity registration number: 1183408

Registered Office and operational address:

Office 1, The Workspace

All Saints Action Network

All Saints Road

Wolverhampton

WV2 1EL

Board of Trustees:

Mrs C Roberts-Molloy Chair

Mrs Helen Kenny Treasurer

Miss Jessica Labhart Secretary

Mrs Khadijah Roberts-Molloy

The Chair's Report

We have continued to support our communities due to the continuing struggles resulting Cost of Living Crisis. We continue to see demand for our services grow.

We have continued to support our existing partner and beneficiary organisations across Wolverhampton as well as starting to expand our support into the wider community and have updated our registration to include this expanded geography.

The latter part of our financial year saw us embark on a new partnership and project with Citizens Advice Dudley and Wolverhampton, whereby we were supplying period products into their Cost-of-Living hubs across the key disadvantaged communities within the borough. This was an extensive project due to the impact of the Cost-of-Living crisis and at its height, we were distributing in excess of 300 packs of products per week.

Other key events throughout this year included:

July 2022

- Hey Girls funding (£2,500) for Schools Out, Drop In project

August 2022

- Schools Out, Drop In sessions at Low Hill Community Centre (CC)

October 2022

- Attended official opening of Low Hill CC Community Shop by Mayor Cllr Sandra Samuels
- Started regular monthly community drop ins at Low Hill CC
- Moved office to The Workspace at ASAN
- Received £10k from National Lottery Community Fund

November 2022

- This Girl Can event at Grammar school
- £1000 from Tesco Community Grants
- Orange Wolves packing event with SI Wolverhampton
- Launched Reverse Advent Calendar
- Networking meeting at ASAN
- Lush Birmingham event
- Lush Coventry event

December 2022

- Bilston Community shop drop in
- Attended Good Shepherd 50th Anniversary event at St Peter's
- Attended Wolverhampton University Period Dignity Launch

February 2023

- Project commenced supporting Citizens Advice Hub/Cost of Living hubs

March 2023

- Meeting with Utilita
- Board Strategy meeting
- Attended ASAN IWD event

May 2023

- Joined Wolverhampton Community Lottery
- Donations to RMC

June 2023

- Sustainable Periods workshop at Wolves Uni
- Clare and Dee speakers at Wolves Uni D.I.I.verse hub launch.
- Attended Jericho House 30th anniversary event
- Donations to
 - o Jericho House
 - o Phoenix Supported Housing
 - o Medaille Trust
 - o St Paul's School

July 2023

- Donations to Ukraine community
- Wolverhampton Council cost of living event at St Chads
- Celebrated 5 years of Periods Matter

As Chair, I have represented the organisation at a number of events and workshops and was also invited as a guest to the D.I.I.verse Hub podcast to talk about period poverty. We were also invited to participate in a number of media opportunities, however, due to resources, trustee availability and the late notice of the opportunities by journalists we have not been able to participate.

We continue to celebrate and recognise all key national days and events throughout the year, e.g., International Women's Day and Menstrual Health Day. I have also been honoured to support several students, studying Women's / Public Health Studies, with their dissertations considering aspects of period poverty and menstrual health.

I was honoured this year to receive notice that I am being awarded an honorary doctorate by Wolverhampton University in recognition of my contribution to the city, particularly around period poverty. I look forward to attending the ceremony in September.

With regard to our organisation, we were delighted to congratulate one of our trustees on her pregnancy and started planning for her maternity leave, sharing roles and tasks amongst the remaining trustees, particularly with regard to social media and marketing. This also sparked the beginning of discussions regarding recruiting further trustees to the board, which the board will be acting upon.

As always, we have continued to be overwhelmed by the generosity and support we receive from across the city and look forward to supporting more individuals and families and continuing our fight against period poverty in the year ahead.

We are a small charity, with big ambitions!

Clare Roberts-Molloy - Chair

Our Aims and Objectives

Purposes and Aims

Our charity's purposes as set out in the objects contained in the organisation's constitution. The aims of our charity are to reduce the levels of period poverty within Wolverhampton and to educate young people and the wider public around period poverty and menstruation.

Our aims fully reflect the purposes that the charity was set up to further.

Ensuring our work delivers our aims:

We review our aims, objectives, and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those groups of people we are set up to help.

The review also helps us ensure our aim, objectives and activities remained focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

The focus of our work

Our main objectives for the year continued to be the reduction of period poverty in Wolverhampton, and menstrual education and awareness to young people and the wider public. The strategies we used to meet these objectives included:

- Raising funds and receiving donations of menstrual products from the public and supporters
- Delivery and provision of menstrual products, toiletries and underwear to individuals and charitable organisations for dissemination to their beneficiaries
- Delivery of educational workshops to schools and groups of young people
- Convening period packing sessions for the community
- Raise awareness around menstrual activity in partnership with period poverty organisations and charities regionally and nationally to combat ongoing menstrual stigma and inequality.

How our activities deliver public benefit

Our main activities and who we try to help are described below. All our charitable activities focus on the relief of period poverty and delivery of menstrual education workshops and are undertaken to further our charitable purposes for the public benefit.

Who used and benefited from our services?

Our objects and funding limit the services we provide to residents in Wolverhampton as well as the wider Black Country where resources allow. While specific data relating to the extent of period poverty across the city is lacking, the demand for our services and provision of products has continued to increase.

We currently regularly support more than 20 local organisations who support women and girls experiencing period poverty. We estimate that via these organisations we support more than 2000 individuals and families per year. We also provide support and products to individuals and families who contact us directly. On average, we provide 200 packs of menstrual products per month.

We raise awareness of menstrual issues via online campaigns, the delivery of menstrual workshops, community packing sessions and by participating in regional research projects and supporting national and regional campaigns alongside other period poverty charities and organisations.

Receipt of Donations

While we still have a few active collection points across Wolverhampton, the methods and model by which we receive donations has changed. Most donations are now received directly via groups and organisations, or via financial donations, including:

- DME Fitness
- K Teas Cakes
- Rexall Chemist
- Alpha Pharmacy
- Several individuals via reverse advent calendar
- The Beehive (Becky Bradley)
- Penn Care Pharmacy

Financial donations are then used to purchase products in bulk to ensure we have the resources to distribute and make the most of economies of scale. We purchase in bulk, where available from In-kind Direct, Boots.com and local wholesalers. We are also fortunate enough to be a Community Partner with Hey Girls, who continue to support us.

Provision of Period Products

Over the past 12 months we have provided period products to:

- RMC
- The Haven
- Wolverhampton University
- City of Sanctuary
- Maximus (Boot Factory)
- Bilston Community shop drop in
- Good Shepherd Services
- Medaille Trust
- Wolverhampton Central Library – designated warm space
- Wolverhampton City of Sanctuary
- Pine Green Academy
- St Michael's Church for Fairshare food drop-ins
- Citizens Advice Dudley and Wolverhampton
- St Teresa's Academy
- Eastfield Community shop
- Changing Lives
- St Anthony's school

- St Christophers School
- Jericho House
- Phoenix Supported Housing
- St Paul's School
- Ukraine community
- Wolverhampton Council cost of living event at St Chads

Donations given to individuals throughout the year.

Awareness Raising and Menstrual Equity

To raise further awareness around the issue of period poverty, which has gained increasing media coverage and several high profile petitions and campaigns to introduce free period products in schools, we have participated in a number of regional and national research projects and events

We have continued to support Birmingham City University with their period poverty research and have been an active member of the Menstrual Activist Network founded by Bloody Good Period.

We have been active in raising the issues of period poverty and period inequity across social media and have participated in several media interviews. We have supported key events celebrating Menstrual Hygiene Day and our founder Clare Roberts-Molloy has been asked to represent the charity and speak about period poverty at a number of online conferences and events.

Menstrual Education

While we are planning further Menstrual Education Workshops in the future, we have been asked to deliver workshops in several settings, including the This Girl Can event and different groups at Wolverhampton University. We remain fully committed to the continued development and delivery of these activities in the near future.

Financial Review

The accounting period covers 12 months from 27th July 2022 to 26th July 2023 to enable compliance with HM Revenue and Customs requirement to submit a Company Tax Return covering those dates.

Total income for the year to 26th July 2023 was £18,644 which is a substantial increase compared with our last financial year. We were fortunate to receive two major grants during the year, £10,000 from the National Lottery Awards for All and £2,500 from Hey Girls. Donations received included £1,000 from the AkzoNobel Community Fund, £1,000 from the Edward and Dorothy Cadbury Trust, £1,000 from Tesco Community Fund, £1159 from Lush Birmingham, £652 from Lush Coventry, £500 from the University of Wolverhampton and £200 from Diverse Educators. We are extremely grateful for all financial donations received and wish to thank our supporters. As we have no other source of income, we could not do the work we do without their generosity.

Total expenditure for the year was £18,269 which includes £9,154 restricted income spent on specific projects. The bulk of the remaining expenditure was rent and office costs totalling £6,905. The increase in these costs compared to last year is the result of our move to a different office. This was deemed necessary as the flood damage to our previous office was still not fully repaired. Other significant costs were £840 website fees and £404 on the purchase of stock outside restricted spend.

Looking forward and as the charity has no regular source of income, the focus will continue to be on fundraising and applying for various grants that are available.

Investment Policy

Aside from retaining a prudent amount in reserves each year, the charity's funds are spent in the short term so there are no funds for long term investment. If the financial situation of the charity changes, the Board will reconsider investments in the future.

Reserves Policy

As the charity relies solely on income from grants and donations, the level of reserves is set at a level equivalent to three months essential running costs including rent, rates and utility costs. This period of time will allow us to apply for grants and to appeal for funding should an unexpected drop in income occur.

As the charity moves forward and if income streams become more assured, the aim is to move to a six months' cost reserves policy.

Plans for Future Years

The charity plans continuing the activities outlined above in the forthcoming years subject to satisfactory funding arrangements.

We will continue to apply for grant funding to support our activities and enable us to expand those we support as well as delivering further projects for the benefits of the individuals and communities we serve.

Structure, Governance and Management

Governing Document

The organisation is a Charitable Incorporated Organisation (CIO), registered as a charity on 14th May 2019. The organisation was established under a constitution which established the aims and objects of the CIO.

Recruitment and Appointment of Trustees

Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

While the Board currently consists of the first charity trustees, recruitment of additional trustees may take place in the coming years to further support the work of the organisation.

Trustee Induction and Training

Upon appointment, new trustees will be invited and encouraged to attend a series of short training sessions covering:

- The obligations of Board Trustees
- Safeguarding Vulnerable Adults and Children
- The main documents which set out the operational framework for the charity including the Constitution.
- Resourcing, fundraising and the current financial position as set out in the latest published accounts.
- Future plans and objectives.

A Question & Answer pack is being prepared drawing information from the various Charity Commission publications signposted through the Commission's guide "the Essential Trustee" as a follow up to these sessions. This is distributed to all new trustees along with the Constitution and the latest financial statements. We are also members of NCVO and make their various training and publications available to trustees as appropriate.

Feedback from new trustees will be collected to ensure we continuously improve our processes.

Risk Management

The Management Committee has conducted a review of the major risks to which the charity is exposed. A risk register has been established and is updated at least annually. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces.

Significant external risks to funding have led to the development of a strategic plan which will allow for the diversification of funding and activities. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects.

Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients, and visitors to the centre. These procedures are periodically reviewed to ensure that

they continue to meet the needs of the charity.

Organisational Structure

The Homeless Period – Wolverhampton has four Trustees, whom all have voting rights and are responsible for the strategic direction and policy of the charity. At present the Board has four members from a variety of professional backgrounds relevant to the work of the charity.

The members of the CIO are the charity trustees for the time being. The only persons eligible to be members of the CIO are its charity trustees. Membership of the CIO cannot be transferred to anyone else. Any member and charity trustee who ceases to be a charity trustee automatically ceases to be a member of the CIO.

The organisation does not currently employ any staff and therefore all decisions are undertaken by the Board of Trustees along with all operational and activities. However, funding allowing, it is the future aim of the organisation to employ a CEO, at least on a part-time basis to purposefully drive the organisation forward, beyond the resources of the current Board.

Responsibilities of the Board

The Charity Commission requires the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the CIO as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the Board should follow best practice and:

- Select suitable accounting policies and then apply them consistently.
- Make judgements and estimates that are reasonable and prudent; and
- Prepare the financial statements on the going concern basis unless it is not appropriate to assume that the organisation will continue on that basis.

The Board is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 1985.

The Board is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (issued in March 2005) and in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small entities.

Approved by the Board on 28th May 2024 and signed on its behalf by:

Mrs C Roberts-Molloy (Chair)

Balance Sheet (Attached Separately)

Income and Expenditure for The Homeless Period-Wolverhampton charity for the year ended 26/07/2023

	Unrestricted Income and Expenditure		2019 Big Lottery Fund Income and Expenditure		Rotary Restricted Income and Expenditure		National Lottery Awards For All		Hey Girls Restricted Income and Expenditure		Total Income and Expenditure	
	£	£	£	£	£	£	£	£	£	£	£	£
Income												
2019 Big Lottery Fund				0								0
Rotary/James Beattie						0						0
NL Awards For All							10,000					10,000
Hey Girls Grant									2,500			2,500
Room Hire		30										30
Donations		6,114										6,114
Total Income		6,144		0		0	10,000		2,500			18,644
Expenditure												
Internet & Telephone	312										312	
Charitable Donations (Stock)	404						2,597		2,500		5,500	
Advertising and Promotion	35						95				130	
Fees	85										85	
Website	840										840	
Insurance	185										185	
Rent	5,527						3,750				9,277	
Office Costs	1,066										1,066	
Subscriptions	216										216	
Printing	0						87				87	
Travel	30										30	
Accommodation and Meals	228										228	
Postage	4										4	
Office Equipment	89										89	
Depreciation for year	93		72		54						219	
Total Expenditure		9,114		72		54	6,529		2,500			18,269
Surplus/(Deficit)		-2,970		-72		-54	3,472		0			375
<i>Funds brought forward</i>		<i>7,734</i>		<i>-368</i>		<i>-63</i>	<i>0</i>		<i>0</i>			
Funds carried forward		4,764		-440		-117	3,472		0			7,678

Statement of Assets and Liabilities for The Homeless Period-Wolverhampton as at 26/07/2023

	£	£
Assets		
Computers	178	
Less Depreciation to date	178	
Net value		0
Office Equipment	777	
Less Depreciation to date	277	
Net value		500
Office Furniture	1,079	
Less Depreciation to date	294	
Net value		785
Cash in Bank		8,427
Total Assets		9,712
Liabilities		0
Total Net Assets		9,712
Funded by		
Unrestricted Funds		4,764
Restricted Funds		2,914
Total Funds		7,678

I have checked bank statements to receipts + invoices and cross-referenced to the Transactions report. Very few receipts are missing and no large amounts. Bank printouts are all self-explanatory. I find the accounts to be a true + correct record when shown in the Income + Expenditure sheets.

L Clive
(MRS LOUISE CLIVE)
Independent Financial Reviewer

THE HOMELESS PERIOD - WOLVERHAMPTON

England & Wales - Charity number 1183408

Accounts



The Homeless Period
Wolverhampton

The Homeless Period - Wolverhampton (PeriodsMatter.)

**Report and Financial Statements
For the Year Ended 31st July 2021**

Charity number 1183408

Report from the Board of Trustees

**PERIODS
MATTER.**

Table of Contents

Legal and Administrative Information.....	2
The Chair's Report.....	3
Our Aims and Objectives.....	4
Purposes and Aims.....	4
Ensuring our work delivers our aims:.....	4
The focus of our work.....	4
How our activities deliver public benefit.....	4
Who used and benefited from our services?.....	4
Receipt of Donations.....	5
Provision of Period Products.....	5
Awareness Raising and Menstrual Equity.....	5
Menstrual Education.....	6
Financial Review.....	7
Investment Policy.....	7
Reserves Policy.....	7
Plans for Future Periods.....	7
Structure, Governance and Management.....	8
Governing Document.....	8
Trustee Induction and Training.....	8
Risk Management.....	8
Organisational Structure.....	9
Responsibilities of the Board.....	9
Balance Sheet (Attached Separately).....	10

Legal and Administrative Information

The Board of Trustees are pleased to present their annual report along with the consolidated financial statements for the charity for the year ending 26th July 2020. The financial statements comply with the Charities Act 1993, the Constitution and Statement of Recommended Practice - Accounting and Reporting by Charities (SORP 2005).

Reference and Administrative Information

Charity Name: The Homeless Period - Wolverhampton

Working Name: PeriodsMatter.

Charity registration number: 1183408

Registered Office and operational address:

Suite 202-204 Sunbeam Studios

Sunbeam Street,

Wolverhampton

WV2 4PF

Board of Trustees:

Mrs C Roberts-Molloy Chair

Mrs Helen Kenny Treasurer

Miss Jessica Labhart Secretary

Mrs Khadijah Roberts-Molloy

The Chair's Report

We have continued to face challenges to the COVID 19 pandemic and have adjusted the delivery of our services accordingly, ensuring we remain responsive and accessible to those who need us.

Despite the challenges faced we were successful in our application for COVID response funding from the National Lottery and the ROSA Fund, we assisted us to maintain our services and support the increased demand we experienced. We also received generous donations from organisations including Rotary Wolverhampton, The Inner Wheel of Tettenhall, Prattlers and Poets and the IGY Foundation who either raised funds on our behalf or following a grant funding application.

As well as providing income enabling us to continue our core activities, some funding was used to develop projects. The funding received from the Rotary Club Wolverhampton, was used to purchase sewing machines and material as part of our Seeing Red, Going Green Project, which will provide women and girls with the skills to create their own reusable pads. Unfortunately, due to the pandemic, our plans for the project have been put on hold, but we are planning the project launch for later in 2022.

In addition to the support, we provide to organisations and individuals, we were approached by Wolverhampton City Council and asked if we would assist with the distribution of funds to individuals and households via the Winter Grant Scheme. In total we distributed £3000 to support individuals with top-ups and payments for gas and electricity and provided small white goods and other essential items. While we didn't receive any direct financial support as an organisation for our involvement in the project, it was beneficial in helping us reach individuals we wouldn't normally have contact with and to raise awareness of our work across the city.

The Covid-19 Pandemic has not only resulted in additional demand for our services but has also impacted the way in which the community supports us. With our collection points closed across the city, we have experienced a shift in increased financial donations rather than the physical donation of pads and associated items. These financial donations have enabled us to purchase items directly before disseminating to those in need.

As Chair, I have represented the organisation in a number of media interviews and events celebrating International Women's Day in March 2021 and Menstrual Hygiene Day in May 2021. We have also been honoured to continue supporting Birmingham City University with their period poverty research and I have sat on the Periods in Pandemic advisory panel that directly informed the Period Poverty All Party Parliamentary Group.

In June 2021, we celebrated Volunteers Week and recognised Aminah Molloy as our Volunteer of the Year. When restrictions allowed Aminah has been supporting in our stock room and with sorting donations.

In October 2020 it no longer became viable for us to remain in our existing offices due to rent levels and, having found more affordable space, we moved offices. The new offices provide us with increased space at a lower rental fee and provide

us with more opportunities for future use.

As always, we have continued to be overwhelmed by the generosity and support we receive from across the city and look forward to supporting more individuals and families and continuing our fight against period poverty in the year ahead.

Clare Roberts-Molloy - Chair

Our Aims and Objectives

Purposes and Aims

Our charity's purposes as set out in the objects contained in the organisation's constitution. The aims of our charity are to reduce the levels of period poverty within Wolverhampton and to educate young people and the wider public around period poverty and menstruation.

Our aims fully reflect the purposes that the charity was set up to further.

Ensuring our work delivers our aims:

We review our aims, objectives, and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those groups of people we are set up to help.

The review also helps us ensure our aim, objectives and activities remained focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

The focus of our work

Our main objectives for the year continued to be the reduction of period poverty in Wolverhampton, and menstrual education and awareness to young people and the wider public. The strategies we used to meet these objectives included:

- Raising funds and receiving donations of menstrual products from the public and supporters
- Delivery and provision of menstrual products, toiletries and underwear to individuals and charitable organisations for dissemination to their beneficiaries
- Delivery of educational workshops to schools and groups of young people
- Convening period packing sessions for the community
- Raise awareness around menstrual activity in partnership with period poverty organisations and charities regionally and nationally to combat ongoing menstrual stigma and inequality.

How our activities deliver public benefit

Our main activities and who we try to help are described below. All our charitable activities focus on the relief of period poverty and delivery of menstrual education workshops and are undertaken to further our charitable purposes for the public benefit.

Who used and benefited from our services?

Our objects and funding limit the services we provide to residents in Wolverhampton. While specific data relating to the extent of period poverty across the city is lacking, the demand for our services and provision of products has continued to increase.

We currently regularly support more than 20 local organisations who support women and girls experiencing period poverty. We estimate that via these organisations we support more than 2000 individuals and families per year. We also provide support and products to individuals and families who contact us directly. On average, we provide 200 packs of menstrual products per month.

We raise awareness of menstrual issues via online campaigns, the delivery of menstrual workshops, community packing sessions and by participating in regional research projects and supporting national and regional campaigns alongside other period poverty charities and organisations.

Receipt of Donations

Prior to the COVID-19 Pandemic we had a number of active donation points across the city, predominantly located in public spaces and small businesses. We also regularly received donations of products directly to our offices or our volunteers would collect directly from organisations that had fundraised on our behalf. However, as the pandemic has continued many of our donation points are still restricted and physical donations have remained limited.

To ensure we continued to support individuals and families as demand grew, we switched our activities so we could receive financial donations online and requested donors supported us this way. This then enabled us to order products directly to our offices.

Provision of Period Products

Over the past 12 months we have provided period products on a regular basis to:

- The Well Food Bank
- P3 – Homeless Accommodation and Support
- Solace Community – Homeless Accommodation and Support
- The Haven Wolverhampton – Domestic Abuse Services
- King's School
- Wolverhampton College
- Wolverhampton Student Union
- The Good Shepherd Centre – Homeless Provision
- Colton Hills School
- Refugee and Migrant Centre

- Elias Mattu Foundation – Food Bank
- Excel Church Food Bank
- Peer Support Services – Young Mothers
- City of Sanctuary
- Jericho House

In addition, we supported the Winter Grant Fund administered by Wolverhampton Council.

Awareness Raising and Menstrual Equity

To raise further awareness around the issue of period poverty, which has gained increasing media coverage and several high profile petitions and campaigns to introduce free period products in schools, we have participated in a number of regional and national research projects and events

We have supported Birmingham City University with their period poverty research and have been an active member of the Menstrual Activist Network founded by Bloody Good Period.

We have been active in raising the issues of period poverty and period inequity across social media and have participated in several media interviews. We have supported key events celebrating Menstrual Hygiene Day and our founder Clare Roberts-Molloy has been asked to represent the charity and speak about period poverty at a number of online conferences and events.

Menstrual Education

Due to the Pandemic our Menstrual Education Workshop could not take place, however we remain fully committed to the continued development and delivery of these activities in the near future.

Financial Review

The accounting period covers 13 months from 1st July 2020 to 31st July 2021 because The Homeless Period-Wolverhampton changed from being a not for profit organisation to a Charitable Incorporated Organisation (CIO) in 2019 and the new financial year end date falls in line with the Charity Commission requirements. Moving forward, future financial years will run from 1st August to 31st July.

Total income for the year to 31st July 2021 totalled £26,564. This is a substantial increase compared with our last financial year and is mainly due to the receipt of grants from Rosa £5,000 and £8,000, the National Lottery Community Fund £5,000 and the Rotary Club of the City of Wolverhampton £750. All of these funds were restricted income for use on specific projects. Donations also increased totalling £7,814 for the year which included a £5,000 donation from the IGY Foundation.

Total expenditure for the year was £15,709. £11,689 of this was from restricted funds and £4,020 from unrestricted funds. The bulk of expenditure was rent and service charge £6,932, purchase of stock £2,589, publicity and marketing £1,225, website costs £904, office furniture £809, project activities £750 and telecoms £636.

Total income for the year exceeded expenditure leaving a surplus of £10,855. Of this £7,141 is restricted funds for use on specific projects. The remaining £3,714 will be used for the purchase of stock and general running costs.

Looking forward and as the charity has no regular source of income, the focus will be on fundraising and applying for various grants that are available.

Investment Policy

Aside from retaining a prudent amount in reserves each year the charity's funds are spent in the short term so there are no funds for long term investment. If the financial situation of the charity changes, the Board will reconsider investments in the future.

Reserves Policy

As the charity relies solely on income from grants and donations, the level of reserves is set at a level equivalent to three months essential running costs including rent, rates and utility costs. This period of time will allow us to apply for grants and to appeal for funding should an unexpected drop in income occur.

As the charity moves forward and if income streams become more assured, the aim is to move to a six months' cost reserves policy.

Plans for Future Periods

The charity plans continuing the activities outlined above in the forthcoming years subject to satisfactory funding arrangements.

Report and Financial Statements from the Board of Trustees for year ending 30th
July 2020

We will continue to apply for grant funding to support our activities and enable us to expand those we support as well as delivering further projects for the benefits of the individuals and communities we serve.

Structure, Governance and Management

Governing Document

The organisation is a Charitable Incorporated Organisation (CIO), registered as a charity on 14th May 2019. The organisation was established under a constitution which established the aims and objects of the CIO.

Recruitment and Appointment of Trustees

Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

While the Board currently consists of the first charity trustees, recruitment of additional trustees may take place in the coming years to further support the work of the organisation.

Trustee Induction and Training

Upon appointment, new trustees will be invited and encouraged to attend a series of short training sessions covering:

- The obligations of Board Trustees
- Safeguarding Vulnerable Adults and Children
- The main documents which set out the operational framework for the charity including the Constitution.
- Resourcing, fundraising and the current financial position as set out in the latest published accounts.
- Future plans and objectives.

A Question & Answer pack is being prepared drawing information from the various Charity Commission publications signposted through the Commission's guide "the Essential Trustee" as a follow up to these sessions. This is distributed to all new trustees along with the Constitution and the latest financial statements. We are also members of NCVO and make their various training and publications available to trustees as appropriate.

Feedback from new trustees will be collected to ensure we continuously improve our processes.

Risk Management

The Management Committee has conducted a review of the major risks to which the charity is exposed. A risk register has been established and is updated at least annually. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces.

Significant external risks to funding have led to the development of a strategic plan which will allow for the diversification of funding and activities. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects.

Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients, and visitors to the centre. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

Organisational Structure

The Homeless Period – Wolverhampton has four Trustees, whom all have voting rights and are responsible for the strategic direction and policy of the charity. At present the Board has four members from a variety of professional backgrounds relevant to the work of the charity.

The members of the CIO are the charity trustees for the time being. The only persons eligible to be members of the CIO are its charity trustees. Membership of the CIO cannot be transferred to anyone else. Any member and charity trustee who ceases to be a charity trustee automatically ceases to be a member of the CIO.

The organisation does not currently employ any staff and therefore all decisions are undertaken by the Board of Trustees along with all operational and activities. However, funding allowing, it is the future aim of the organisation to employ a CEO, at least on a part-time basis to purposefully drive the organisation forward, beyond the resources of the current Board.

Responsibilities of the Board

The Charity Commission requires the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the CIO as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the Board should follow best practice and:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent; and
- Prepare the financial statements on the going concern basis unless it is not appropriate to assume that the organisation will continue on that basis.

The Board is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 1985.

The Board is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (issued in March 2005) and in accordance with the special provisions of Part VII of the Companies

Report and Financial Statements from the Board of Trustees for year ending 30th July 2020

Act 1985 relating to small entities.

Approved by the Board on 25th May 2022 and signed on its behalf by:

Mrs C Roberts-Molloy (Chair)

Balance Sheet (Attached Separately)

Income and Expenditure for The Homeless Period-Wolverhampton charity for the year ended 31/07/2021 (13 months)

	Unrestricted Income and Expenditure £ £		2019 Big Lottery Fund Income and Expenditure £ £		Rosa 1 Restricted Income and Expenditure £ £		Lottery Grant Restricted Income and Expenditure £ £		Rotary Restricted Income and Expenditure £ £		Rosa 2 Restricted Income and Expenditure £ £		Total Income and Expenditure £ £	
Income														
2019 Big Lottery Fund				0.00										0.00
Rosa 1 Funding						5,000.00								5,000.00
Lottery Covid Grant							5,000.00							5,000.00
Rotary/James Beattie									750.00					750.00
Rosa 2 Funding											8,000.00			8,000.00
Donations		6,851.88												6,851.88
Sundry Income		962.28												962.28
Total Income		7,814.16				5,000.00	5,000.00		750.00		8,000.00			26,564.16
Expenditure														
Publicity	775.17												775.17	
Telecoms	279.30				225.04		132.05						636.39	
Stock	88.61				1,500.00		1,000.00						2,588.61	
Travel Expenses	1.50												1.50	
Sundry Costs	48.21												48.21	
Fees	536.98												536.98	
Website	204.14				71.75		628.73						904.62	
Insurance	4.46				200.48								204.94	
Rent and Service Charge	1,129.46				2,752.73		2,000.00				1,050.00		6,932.19	
Electricity	56.73						39.22						95.95	
Postage	69.09												69.09	
Volunteer Costs					250.00								250.00	
Marketing							450.00						450.00	
Project Activities							750.00						750.00	
Sewing Materials									10.00				10.00	
Sewing Machines									540.00				540.00	
Office Furniture	809.00												809.00	
Computer Equipment													0.00	
Refreshments													0.00	
Depreciation for year	17.57			80.17				9.00					106.74	
Total Expenditure		4,020.22		80.17		5,000.00	5,000.00		559.00		1,050.00			15,709.39
Surplus/(Deficit)		3,793.94		-80.17		0.00	0.00		191.00		6,950.00			10,854.77
<i>Funds brought forward</i>		2,298.49		-208.08										
Funds carried forward		6,092.43		-288.25		0.00	0.00		191.00		6,950.00			12,945.18

Statement of Assets and Liabilities for The Homeless Period-Wolverhampton as at 31/07/2021

	£	£
Assets		
Computers	177.65	
Less Depreciation to date	96.23	
Net value		81.42
Office Equipment	688.01	
Less Depreciation to date	140.27	
Net value		547.74
Office Furniture	1,079.00	
Less Depreciation to date	78.32	
Net value		1,000.68
Cash in Bank		13,260.00
Total Assets		14,889.84
Liabilities		0.00
Total Net Assets		14,889.84
Funded by		
Unrestricted Funds		6,092.43
Restricted Funds		6,852.75
Total Funds		12,945.18

Notes to the Financial Statements

The accounting period covers 13 months from 1st July 2020 to 31st July 2021 because The Homeless Period-Wolverhampton changed from being a not for profit organisation to a Charitable Incorporated Organisation (CIO) in 2019 and the new financial year end date falls in line with the Charity Commission requirements. Moving forward, future financial years will run from 1st August to 31st July.

Figures agreed
24/5/22 Lorie

Income and Expenditure for The Homeless Period-Wolverhampton charity for the year ended 31/07/2021 (13 months)

	Unrestricted Income and Expenditure £ £		2019 Big Lottery Fund Income and Expenditure £ £		Rosa 1 Restricted Income and Expenditure £ £		Lottery Grant Restricted Income and Expenditure £ £		Rotary Restricted Income and Expenditure £ £		Rosa 2 Restricted Income and Expenditure £ £		Total Income and Expenditure £ £	
Income														
2019 Big Lottery Fund				0.00										0.00
Rosa 1 Funding						5,000.00								5,000.00
Lottery Covid Grant							5,000.00							5,000.00
Rotary/James Beattie									750.00					750.00
Rosa 2 Funding												8,000.00		8,000.00
Donations		6,851.88												6,851.88
Sundry Income		962.28												962.28
Total Income		7,814.16				5,000.00	5,000.00		750.00			8,000.00		26,564.16
Expenditure														
Publicity	775.17												775.17	
Telecoms	279.30				225.04		132.05						636.39	
Stock	88.61				1,500.00		1,000.00						2,588.61	
Travel Expenses	1.50												1.50	
Sundry Costs	48.21												48.21	
Fees	536.98												536.98	
Website	204.14				71.75		628.73						904.62	
Insurance	4.46				200.48								204.94	
Rent and Service Charge	1,129.46				2,752.73		2,000.00				1,050.00		6,932.19	
Electricity	56.73						39.22						95.95	
Postage	69.09												69.09	
Volunteer Costs					250.00								250.00	
Marketing							450.00						450.00	
Project Activities							750.00						750.00	
Sewing Materials									10.00				10.00	
Sewing Machines									540.00				540.00	
Office Furniture	809.00												809.00	
Computer Equipment													0.00	
Refreshments													0.00	
Depreciation for year	17.57		80.17					9.00					106.74	
Total Expenditure		4,020.22		80.17		5,000.00	5,000.00		559.00		1,050.00		15,709.39	
Surplus/(Deficit)		3,793.94		-80.17		0.00	0.00		191.00		6,950.00		10,854.77	
Funds brought forward		2,298.49		-208.08										
Funds carried forward		6,092.43		-288.25		0.00	0.00		191.00		6,950.00		12,945.18	

Statement of Assets and Liabilities for The Homeless Period-
Wolverhampton as at 31/07/2021

	£	£
Assets		
Computers	177.65	
Less Depreciation to date	96.23	
Net value		81.42
Office Equipment	688.01	
Less Depreciation to date	140.27	
Net value		547.74
Office Furniture	1,079.00	
Less Depreciation to date	78.32	
Net value		1,000.68
Cash in Bank		13,260.00
Total Assets		14,889.84
Liabilities		0.00
Total Net Assets		14,889.84
Funded by		
Unrestricted Funds		6,092.43
Restricted Funds		6,852.75
Total Funds		12,945.18

Notes to the Financial Statements

The accounting period covers 13 months from 1st July 2020 to 31st July 2021 because The Homeless Period-Wolverhampton changed from being a not for profit organisation to a Charitable Incorporated Organisation (CIO) in 2019 and the new year end date falls in line with the Charity Commission requirements. Moving forward, future financial years will run from 1st August to 31st July.

I have checked bank statements against this sheet plus the Financial Analysis sheet, cross-referenced to monthly report sheets and all invoices. All questions have been answered satisfactorily and minor changes made before finalising. I find them to be a true and correct record.

Lorie (MRS LORIE) Independent Financial Reviewer

THE HOMELESS PERIOD - WOLVERHAMPTON

England & Wales - Charity number 1183408

Accounts



The Homeless Period
Wolverhampton

The Homeless Period – Wolverhampton

**Report and Financial Statements
For the Year Ended 26th July 2020**

Charity number 1183408

The Homeless Period – Wolverhampton

Report from the Board of Trustees

Contents Page

- Legal and Administrative Information
- Report from the Chair
- Report of the Board of Trustees
- Statement of Financial Activities
- Balance Sheet (Attached Separately)

The Homeless Period – Wolverhampton

Report and Financial Statements from the Board of Trustees for year ending 26th July 2019

The Board of Trustees are pleased to present their annual report along with the consolidated financial statements for the charity for the year ending 26th July 2020. The financial statements comply with the Charities Act 1993, the Constitution and Statement of Recommended Practice – Accounting and Reporting by Charities (SORP 2005).

Reference and Administrative Information

Charity Name: The Homeless Period - Wolverhampton

Charity registration number: 1183408

Registered Office and operational address:

Suite 202-204 Sunbeam Studios

Sunbeam Street,

Wolverhampton

WV2 4PF

Board of Trustees:

Mrs C Roberts-Molloy Chair

Mrs Helen Kenny Treasurer

Miss Jessica Labhart Secretary

Mrs Khadijah Roberts-Molloy

The Chair's Report

Since becoming a Registered Charity on 14th May 2019 we have been able to expand and gain further support for our work, ensuring the ongoing sustainability of the organisation.

The majority of the activities undertaken over the past financial year have been as a result of the National Lottery funding received prior to registration for the delivery of our EPPIC Project. The project aims to End Period Poverty in Communities and the funding has supported the delivery of several community period packing sessions, the development of our Youth Steering Group and the formation and delivery of our Menstrual Education Workshops, included a whole week of workshops delivered to Year 8 pupils from St Matthias School.

In addition to the organisations we regularly support across the city, we have also provided support to the local authorities food distribution hub as we realised that families financially impacted by the COVID-19 pandemic and those self-isolating were missing out on essential period items as they weren't being included in the packs distributed. We therefore reached out to the hub and provide pads for those families in desperate need. We were also in a position to support our nurses and NHS staff at New Cross Hospital by providing hand cream to alleviate the skin dryness they were experiencing from wearing the increased PPE.

As Chair, I have represented the organisation in a number of media interviews and events including the One World Period event, celebrating Menstrual Hygiene Day in May 2020 and the Periods and Beyond Conference, held at Brunel University in January 2020. We have also been honoured to continue supporting Birmingham City University with their period poverty research and also developing key links with Wolverhampton University and supporting their Student Union to introduce free period products in the toilets across campus.

In June 2020, we celebrated Volunteers Week and recognised Stuart Kenny as our first Volunteer of the Year. Stuart and his van have supported us tirelessly by helping to collect and distribute donations around the city, and Stuart is an invaluable asset to the team.

The Covid-19 Pandemic has not only resulted in a additional demand for our services but has also impacted the way in which the community supports us. With our collection points closed across the city, we have experienced a shift in increased financial donations rather than the physical donation of pads and associated items. These financial donations have enabled us to purchase items directly before disseminating to those in need.

We are no looking toward the future and looking at strategies and campaigns to maximise our income so we can support even more individuals, while reducing our overheads. We're therefore currently looking at options for alternative office space as our current landlord has not been able to support us during the COVID-19 pandemic.

We have completed or are in the process of completing a number of funding applications to support our financial resilience and enable us to continue our activities as well as introduce new and exciting projects.

We have continued to be overwhelmed by the generosity and support we receive from across the city and look forward to supporting more individuals and families and continuing our fight against period poverty in the year ahead.

Clare Roberts-Molloy - Chair

Our Aims and objectives

Purposes and Aims

Our charity's purposes as set out in the objects contained in the organisation's constitution. The aims of our charity are to reduce the levels of period poverty within Wolverhampton and to educate young people and the wider public around period poverty and menstruation.

Our aims fully reflect the purposes that the charity was set up to further.

Ensuring our work delivers our aims:

We review our aims, objectives and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those groups of people we are set up to help.

The review also helps us ensure our aim, objectives and activities remained focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

The focus of our work

Our main objectives for the year continued to be the reduction of period poverty in Wolverhampton, and menstrual education and awareness to young people and the wider public. The strategies we used to meet these objectives included:

- Raising funds and receiving donations of menstrual products from the public and supporters
- Delivery and provision of menstrual products, toiletries and underwear to individuals and charitable organisations for dissemination to their beneficiaries
- Delivery of educational workshops to schools and groups of young people
- Convening period packing sessions for the community
- Raise awareness around menstrual activity in partnership with period poverty organisations and charities regionally and nationally to combat ongoing menstrual stigma and inequality.

How our activities deliver public benefit

Our main activities and who we try to help are described below. All our charitable activities focus on the relief of period poverty and delivery of menstrual education workshops and are undertaken to further our charitable purposes for the public benefit.

Who used and benefited from our services?

Our objects and funding limit the services we provide to residents in Wolverhampton. While specific data relating to the extent of period poverty across the city is lacking, the demand for our services and provision of products has continued to increase.

We currently regularly support more than 10 organisations across the city, who support homeless individuals and those experiencing varying levels of poverty. We estimate that via these organisations we support in excess of 2000 individuals and families per year. We also provide support and products to individuals and families who contact us directly. On average, we provide 200 packs of menstrual products per month.

We raise awareness of menstrual issues via online campaigns, the delivery of menstrual workshops, community packing sessions and by participating in regional research projects and supporting national and regional campaigns alongside other period poverty charities and organisations.

Receipt of Donations

Prior to the COVID-19 Pandemic we had a number of active donation points across the city, predominantly located in public spaces and small businesses. We also regularly received donations of products directly to our offices or our volunteers would collect directly from organisations that had fundraised on our behalf.

However, as a result of the pandemic and subsequent lockdown, our donation points were no longer active as local businesses closed due to restrictions.

To ensure we continued to support individuals and families as demand grew, we switched our activities so we could receive financial donations online and requested donors supported us this way. This then enabled us to order products directly to our offices.

Provision of Period Products

Over the past 12 months we have provided period products on a regular basis to:

- The Well Food Bank
- P3 – Homeless Accommodation and Support
- Solace Community – Homeless Accommodation and Support
- The Haven Wolverhampton – Domestic Abuse Services
- King's School
- Wolverhampton College
- Wolverhampton Student Union
- The Good Shepherd Centre – Homeless Provision
- Colton Hills School
- Refugee and Migrant Centre
- Elias Mattu Foundation – Food Bank
- Excel Church Food Bank
- Peer Support Services – Young Mothers

In addition, we supported the Local Authorities Food Distribution Hub which provided food parcels and essential items to families in need during the COVID-19 Pandemic

Awareness Raising and Menstrual Equity

To raise further awareness around the issue of period poverty, which has gained increasing media coverage and several high profile petitions and campaigns to introduce free period products in schools, we have participated in a number of regional and national research projects and events

We have supported Birmingham City University with their period poverty research and supported Wolverhampton University's Student Union with the introduction of free period products in toilets across the campus.

We have been active in raising the issues of period poverty and period inequity across social media and have participated in a number of media interviews. We have supported key events including The One World Period event celebrating Menstrual Hygiene Day and the Periods &

Beyond Conference held at Brunel University and hosted by key organisations in the period poverty activist community including Plan International UK.

Menstrual Education

We have developed a range of Menstrual Education Workshops and delivered these to a number of schools across the city. The content of the workshops was designed following consultation and co-production events with pupils from the Kings School, Wolverhampton. Our highlight of the year was delivering a whole week of workshops to Year 8 students from St Matthias School.

Menstrual Education is an area we are looking to develop further, however, we have experienced challenges in gaining access to schools or discovering that other organisations are already providing support to them. However, we believe our menstrual workshops, provided free to the schools are highly effective and we're looking at ways in which they may be delivered virtually to provide more flexibility and options for the schools we support.

Financial Review

Total income for the year to 30th June 2020 was £1,670. These were wholly unrestricted funds made up of donations totalling £1,256 which included a £500 donation from the Asda Green Token scheme, a £400 consultation fee from Birmingham City University in connection with their 'Period Dramas' research and sundry income of £14. No restricted donations were received during the year.

Total expenditure for the year was £10,366. £2,461 of this was unrestricted spend and £7,905 was restricted spend. The bulk of expenditure was rent and service charge £8,162, telecoms and website £701, insurance £460 and stock £415.

Total expenditure for the year exceeded income to leave a deficit of £8,696 but this was financed by restricted funds remaining from the Big Lottery Fund brought forward from the previous year. This grant of £10,000 was received in January 2019 prior to The Homeless Period-Wolverhampton becoming a CIO in May 2019.

Looking forward and as the charity has no regular source of income, the focus will be on fundraising and applying for various grants that are available.

Investment Policy

Aside from retaining a prudent amount in reserves each year the charity's funds are spent in the short term so there are no funds for long term investment. If the financial situation of the charity changes, the Board will reconsider investments in the future.

Reserves Policy

In the first full year of operation there is no reserves policy in place for the following reasons.

- The main activity of the charity is to collect physical rather than monetary donations from members of the public and pass them on to other charities, organisations or individuals. This means the only binding financial commitment is the office lease agreement that requires three months' notice to terminate.
- All volunteers work for free meaning there are no binding people costs associated with the charity.

As the charity moves forward and grows it is expected that a reserves policy will be required and is expected to be in place for the next financial year.

Plans for Future Periods

The charity plans continuing the activities outlined above in the forthcoming years subject to satisfactory funding arrangements.

To reduce overheads and ensure the organisation continues to be sustainable despite the impact of the COVID-19 pandemic, we will seek new, more cost effective office space. We will continue to apply for grant funding to support our activities and enable us to expand those we support as well as delivering further projects for the benefits of the individuals and communities we serve.

Structure, Governance and Management

Governing Document

The organisation is a Charitable Incorporated Organisation (CIO), registered as a charity on 14th May 2019. The organisation was established under a Constitution which established the aims and objects of the CIO.

Recruitment and Appointment of Trustees

Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

While the Board currently consists of the first charity trustees, recruitment of additional trustees may take place in the coming years to further support the work of the organisation.

Trustee Induction and Training

Upon appointment, new trustees will be invited and encouraged to attend a series of short training sessions covering:

- The obligations of Board Trustees
- Safeguarding Vulnerable Adults and Children
- The main documents which set out the operational framework for the charity including the Constitution.
- Resourcing, fundraising and the current financial position as set out in the latest published accounts.
- Future plans and objectives.

A Question & Answer pack is being prepared drawing information from the various Charity Commission publications signposted through the Commission's guide "the Essential Trustee" as a follow up to these sessions. This is distributed to all new trustees along with the Constitution and the latest financial statements. We are also members of NCVO and make their various training and publications available to trustees as appropriate.

Feedback from new trustees will be collected to ensure we continuously improve our processes.

Risk Management

The Management Committee has conducted a review of the major risks to which the charity is exposed. A risk register has been established and is updated at least annually. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces.

Significant external risks to funding have led to the development of a strategic plan which will allow for the diversification of funding and activities. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects.

Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to the centre. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

Organisational Structure

The Homeless Period – Wolverhampton has four Trustees, whom all have voting rights and are responsible for the strategic direction and policy of the charity. At present the Board has four members from a variety of professional backgrounds relevant to the work of the charity.

The members of the CIO are the charity trustees for the time being. The only persons eligible to be members of the CIO are its charity trustees. Membership of the CIO cannot be transferred to anyone else. Any member and charity trustee who ceases to be a charity trustee automatically ceases to be a member of the CIO.

The organisation does not currently employ any staff and therefore all decisions are undertaken by the Board of Trustees along with all operational and activities. However, funding allowing, it is the future aim of the organisation to employ a CEO, at least on a part-time basis to purposefully drive the organisation forward, beyond the resources of the current Board.

Responsibilities of the Board

The Charity Commission requires the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the CIO as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the Board should follow best practice and:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent; and
- Prepare the financial statements on the going concern basis unless it is not appropriate to assume that the organisation will continue on that basis.

The Board is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 1985.

The Board is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (issued in March 2005) and in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small entities.

Approved by the Board on 17th February 2021 and signed on its behalf by:

Mrs C Roberts-Molloy (Chair)

Income and Expenditure for The Homeless Period-Wolverhampton charity for the year ended 26/07/2020

	Unrestricted Income and Expenditure		Restricted Income and Expenditure		Total Income and Expenditure	
	£	£	£	£	£	£
Income						
Big Lottery Fund				0.00		0.00
Donations		1,256.48				1,256.48
Consutant Fee		400.00				400.00
Sundry Income		13.81				13.81
Total Income		1,670.29		0.00		1,670.29
Expenditure						
Publicity	45.60				45.60	
Telecoms	545.87				545.87	
Stock	414.84				414.84	
Travel Expenses	92.45				92.45	
Sundry Costs	7.30				7.30	
Fees	88.00				88.00	
Website	11.95		143.45		155.40	
Insurance	227.27		232.39		459.66	
Rent and Service Charge	1,027.91		7,134.12		8,162.03	
Electricity			99.67		99.67	
Office Sundries			41.24		41.24	
Stationery			3.50		3.50	
Computer Equipment			14.99		14.99	
Refreshments			85.03		85.03	
Depreciation for year			150.66		150.66	
Total Expenditure		2,461.19		7,905.05		10,366.24
Surplus/(Deficit)		-790.90		-7,905.05		-8,695.95
<i>Funds brought forward</i>		3,031.97		8,350.05		
Funds carried forward		2,241.07		445.00		2,686.07

Statement of Assets and Liabilities for The Homeless Period-Wolverhampton as at 26/07/2020

	£	£
Assets		
Computers	177.65	
Less Depreciation to date	51.82	
Net value		125.83
Office Equipment	148.01	
Less Depreciation to date	122.51	
Net value		25.50
Office Furniture	270.00	
Less Depreciation to date	33.75	
Net value		236.25
Cash in Bank		2,298.49
Total Assets		2,686.07
Liabilities		0.00
Total Net Assets		2,686.07
Funded by		
Unrestricted Funds		2,241.07
Restricted Funds		445.00
Total Funds		2,686.07