

**ANNUAL REPORTS AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 7TH MAY 2023**

FOR THE ONE

(Charitable Incorporated Organisation)

CHARITY REGISTRATION No: 1183307

Castle View Accounting Ltd
New Barn
Mudberry Lane
Bosham
Chichester
West Sussex
PO18 8TS

FOR THE ONE
(Charitable Incorporated Organisation)

CONTENTS

Page 3	Legal and Administrative Information
Pages 4 to 14	Trustees' Report
Page 15	Statement of Financial Activities
Page 16	Balance Sheet
Pages 17 to 22	Notes to the Financial Statements
Page 23	Independent Examiner's Report

FOR THE ONE
(Charitable Incorporated Organisation)

LEGAL AND ADMINISTRATIVE INFORMATION

CHARITY NUMBER	1183307
DATE OF REGISTRATION	8th May 2019
START OF FINANCIAL YEAR	8th May 2022
END OF FINANCIAL YEAR	7th May 2023
TRUSTEES AT 7TH MAY 2023	Hannah Spires Jane McDonald Diana Shaw Peter Waddup Sally Dunn
LEGAL STATUS	Charitable Incorporated Organisation
GOVERNING INSTRUMENT	CIO - Foundation Registered 8th May 2019

OBJECTS

For the public benefit of the public, in accordance with its Christian origins and heritage the relief of those in need by way of financial hardship, unemployment, ill-health, disability and/or poor education or skills attainment by providing or assisting in the provision of education, training, healthcare projects and financial and practical support with the aim of improving the conditions of life of such persons and enabling them to participate in society and be self-sufficient.

CORRESPONDENCE ADDRESS	The Old Forge Church Street Polebrook Peterborough PE8 5LF
PRIMARY BANKERS	Wise Ltd 56 Shoreditch High Street London E1 6JJ
INDEPENDENT EXAMINERS	Castle View Accounting Ltd New Barn Mudberry Lane Bosham Chichester West Sussex PO18 8TS



For The One

Trustees Annual Report

2022- 2023

For The One is a charity, driven by love, that exists to reach the poor, the broken, the oppressed and the forgotten with unconditional love through acts of service. We recognise the injustice of poverty, oppression and war. In response, we seek to meet the most critical needs of the one in front of us, through the provision of medical care, shelter, food relief and education.

For The One has undergone many un-foreseen challenges outside of our control over the past year, changing the way in which we work to ensure we continue to reach those most in need without delay or compromise. Despite the challenges For The One continues to grow and thrive and reach the most vulnerable in some the most devastated nations in the world.

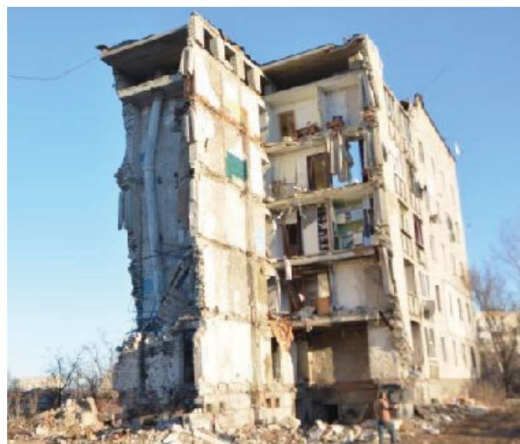
This last year saw the need to upgrade and improve our website. During the process of setting up a new website, the designers suggested we re-brand For The One to better reflect who we are and what we do. We have been so blessed by the team of designers, not only by their professionalism and skill but also by their incredible kindness and determination to help us. The new website has been a fantastic resource and point of information to all of our supporters.

Since gaining charitable status 4.5 years ago, For The One has been solely focused on South East Asia. However, as the organisation has grown and the world is becoming an increasingly volatile place, we felt the need to expand our hearts and extend our hands beyond our borders. We recognise the injustice of poverty, oppression and war, and in response, seek to meet the most critical needs of the one in front of us, through the provision of medical care, shelter, food relief and education. During a short trip to Ukraine in May 2022, we were reconnected with old friends in Western Ukraine. A small team of local and international volunteers are courageously organising regular trips into some of the most difficult and dangerous places of central and Eastern Ukraine to take vital food and medical supplies. As a result of these precious friendships, a shared faith and common vision, we are expanding our reach into Ukraine through this local partnership through the provision of grants. During this financial year, FTO was able to partner with SEM, through the giving of a grant, to support two humanitarian trips into central and Eastern Ukraine.

Eastern Europe: Ukraine

Balakliia is a city in the Izyum region of Kharkiv Oblast, in Eastern Ukraine. At the time of writing Balakliia was 30 miles away from the frontline. The city and surrounding areas were some of the worst hit by the invasion in the early months of the war and as a result it quickly fell into Russian control. The war has been devastating for this region but Russian occupation made living unbearable. Balakliia was liberated by the Ukrainians in September 2022 after 6 months of occupation. Despite the relief and joy of being liberated, the people of Balakliia continue to face immense challenges simply to survive each day. The occupiers left behind a trail of destruction on an apocalyptic scale and

inflicted unspeakable acts of horror and violence on remaining residents leaving thousands of spiritually, emotionally and physically broken and traumatised people.



The remaining residence of Balakliia are predominantly the elderly and children. Most of the children who still live there are now orphans. Limited access to food, medicines and essential items have exacerbated the horrors and trauma of the war for these elderly residents and newly orphaned children. Sickness and disease is a growing problem exacerbated by months of living in damp, dark basements in freezing conditions and with poor sanitation, nutrition and lack of sunlight.

For The One was able to partner with a small local organisation on the ground, SEM (Shidno Evropejska Misija). Zsolt and his team of local and Hungarian volunteers were able to reach these desperate communities with food, medicines, generators, blankets, clothes and many other essential items. Financial support came from multiple sources across a number of different countries and organisations, all covering different aspects of the trip. This is the beauty of people coming together for a common goal and serving alongside each other. For The One was specifically able to fund the large order of medications and first aid items that had been requested by local leaders on the ground and provide the funds needed to cover the cost of fuel, food and accommodation. It's worth highlighting that the ability to cover the cost of fuel, following the dramatic rise in prices, is absolutely critical and without it the teams can not reach the people with the

supplies. The medicines and supplements requested and purchased included analgesics (painkillers), cold and virus mediations, antipyretics for fever, antihistamines, drugs for a number of acute and chronic conditions such as high blood pressure, sedatives, and a range of vitamins to supplement poor nutritional intake. First aid items such as bandages and iodine solution were vital for dressing wounds and preventing infection.

Kyiv oblast was one of the first regions hit by Russia's invasion of Ukraine on 24th February, 2022. Kyiv Oblast is made up of many towns and villages on the outskirts of the capital city, Kyiv. Much of this region was occupied by the Russians right at the beginning of March, 2022, following massive bombardment and widespread destruction. By the end of April 2022, the region was liberated by the Ukrainian military, much to the joy of the Ukrainian people. Much of the region was completely destroyed or broken, not just the buildings and infrastructure, but the bodies and souls of the citizens as well.



Borodianka is one of these towns in the Bucha region of Kyiv oblast, 30 miles Northwest of the capital, Kyiv. Most people in Borodianka owned farms, with many animals and large areas of cultivated land. Despite humanitarian corridors being established, it is

unclear how many managed to escape. Roads into and out of the town are littered with burnt out cars and vehicles. Borodianka was heavily shelled by Russian rockets on 1st of March 2022 and as a result, eight large apartment buildings were completely destroyed and many people were killed. When the apartment blocks were hit by rockets, locals wanted to launch a rescue operation to find people who were buried under the rubble, both those buried alive and the dead. The Russian soldiers refused to allow anyone to dig through the rubble, or even to bury the people who had died. It wasn't until the Borodianka was liberated by the Ukrainian military that the locals could search for the bodies of those who had died in the destroyed buildings. This meant that even those who survived the initial shelling, died under the rubble.

When the Ukrainian military successfully launched a counter offensive and liberated the Kyiv region, residents of Borodianka were deeply relieved, but the reality was that this nightmare was not going to disappear with the Russian soldiers. There were no shops, pharmacies, or clinics that were functioning. All the farm animals had been killed, food stores had been stolen or eaten, their houses were destroyed and most had lost multiple family members. Volunteers from across Europe started to arrive in Borodianka and began building temporary shelters for families on their farm land. This meant families could stay together at home and begin the slow and painful process of rebuilding out of the ashes. A year later, there are still no shops, pharmacies or clinics in Borodianka. Residents are forced to travel into the city to buy basic food items and medicine. With the majority of remaining residents being the elderly, travelling into the city is near impossible because of mobility and lack of finances. Many people are suffering greatly.

Our partners and a small group of volunteers from across Ukraine gathered together to respond to the desperate needs of people in Borodianka and the surrounding villages. The team purchased food, medicines and essential items, loaded the supplies into 3 vans, and drove to Borodianka. For The One was able to provide the funds to cover the cost of the medicines and fuel for delivery. Medications were purchased to meet specific needs in the town and surrounding villages, these included tablets for chronic conditions such as heart disease, high blood pressure, sedatives, painkillers, cold and flu tablets and first aid items such as bandages. A total of 40 people received critical food packages and medicines.



While Zsolt and his team were in Kyiv oblast, they had the privilege of visiting 20 families in Borodianka and the surrounding villages. All of these families had lost at least one family member as a direct result of the war and subsequent occupation. The families here find comfort in one another, united by their shared, harrowing experiences. No words are needed to explain the horrors of what each person has experienced, they all know.

Our partnership with SEM has been a real highlight of our year and we have loved serving alongside such hard working, dedicated and faithful friends. Further trips will be planned for the future to respond to the needs as they are presented to us.

South East Asia

Over the past year we have been able to assist **17 individuals through medical and / or surgical treatments** for a range of acute and chronic conditions. Conditions ranging from lupus, cataracts, TB of the spine, cancer, encephalitis, traumatic limb amputation, thyroidectomy, kidney stones, a mental health crisis and many more. We **relocated and rebuilt 1 shelter for a family** whose home was falling apart and they had been told by the land owner to leave. A total of **92 families received food relief**. Our family food packages include a bag of rice, bottle of oil, and at times, a selection of food items such as eggs, potatoes, onions, garlic , chilli and noodles. In addition to our medical, food and shelter support we were also able to support a small, rural **pre school with vital educational supplies for 38 children**, aged 3-6 years old, and begin the process of **rebuilding an outside, undercover play area**.



Healthcare is often out of reach for many people living in poverty. There are many reasons for this, however three of the most common are lack of finances, geographical challenges and / or the absence of any health care facilities within an appropriate distance. Many people have to walk on foot for days to reach a medical facility and in

many of these cases, the nearest hospitals/clinics are often not equipped, resourced, or staffed well enough to deal with anything more than minor illnesses or injuries. The following two stories are of two of our medical beneficiaries:

Martha (not her real name) is 20 years old and lives in a rural village with her brother, sister in law and their 3 children. Her parents died many years ago and it tore the family apart. Two years ago her legs began to swell and she found it painful to walk. The family saved what money they could to send her to the hospital. The doctors diagnosed her with rheumatoid arthritis, started her on medication and made a referral to a rheumatology consultant. At this point the family had used up all their savings and there was no money left for further treatment so Martha returned home. Over the next year, Martha's symptoms got progressively worse, she dropped out of school and could barely leave the house. Her whole body became swollen, from her face down to her toes. Every movement became excruciatingly painful and she was often tired and short of breath.

When we met Martha, she was acutely unwell and had lost all hope. It wasn't difficult to see the pain she was in. She timidly told us her story, the pain, the hopelessness and the fear. We asked Martha what her dreams were for the future, at which she let out a nervous laugh and with some gentle persuasion, she told us she loves animals and wanted to be a vet. At that point she broke down and wept. We accompanied Martha to the hospital where they ordered multiple tests including bloods, X-rays and ECG's and sent her home on medication awaiting test results. Three days later we returned to the hospital where she was diagnosed with Lupus and immediately admitted with an enlarged heart and inflamed kidneys. Lupus is an autoimmune disease with no cure but symptoms can be managed to maintain a good quality of life. Martha's condition continued to deteriorate as the doctors and nurses found it hard to address one complication after another. After partially losing the sight in one of her eyes, she was transferred to a larger general hospital where she was diagnosed with 2 blood clots behind her eye. Treatment was started immediately in order to save her life. After over a month in the hospital, Martha began to respond to treatment and her condition improved enough to return home. We continued to love and support Martha and her family through friendship, encouragement, regular hospital visits, and financial provision to cover all medical costs. We know this is a long road but we are committed to seeing Martha thriving, healthy, back in school, and dreaming of her future as a vet.

Thomas (not his real name) is an 11 year old boy from a mountainous region of South East Asia. He lived in a small village with his parents and siblings. One day, whilst Thomas was playing outside his house he was hit by a large, flying, steel object, traumatically amputating the right leg just below the knee and badly damaging his left leg.

With the nearest hospital a days drive away, we had to act quickly to ensure any chance of survival. A small trauma team on the ground were able to control the bleeding and stabilise Thomas just enough to transfer him to a bigger inner city hospital that could deal with the complexities of traumatic injuries on this scale. Thanks to the quick actions of all those on the ground, Thomas eventually had surgery that not only saved his remaining leg but also saved his life. With very minimal pain relief, multiple surgeries and being far away from home, Thomas was overwhelmed and desperate to go home. Just weeks after the incident, his brother was killed in a second horrific incident. Overwhelmed with grief and unspeakable trauma, the family chose to return home to say goodbye to their son/brother. This is not the choice we would have made for them, but we were learning, and continue to learn, how to navigate and balance the need for medical/surgical treatment alongside the complexities of trauma and grief. With most mobile data and phone lines cut in this region, communication was incredibly difficult but we continued to be in contact with the family where possible and monitor recovery as best as we could.

For The One was able to cover all the costs of Thomas' medical bills including all transportation cost, accommodation and food. It was also an opportunity to offer a variety of support to the whole family including friendship, love and offer hope. Just 8 months after the incident, Thomas was accepted for assessment at a prosthetic clinic specialising in children and they were ready to receive him immediately. The day the first photo was shared of Thomas standing with his new prosthetic leg we felt two things. On one hand our hearts ached as we recalled the trauma and pain this little boy has suffered, and we grieved everything he has lost. But on the other hand, we were overwhelmed with joy to see Thomas standing upright on two legs for the first time in 8 months and with a smile on his face. He is alive and for that we are so grateful. But it doesn't end there, with his physical healing well on its way, our heart is to see Thomas find complete healing emotionally too. Thomas continues to thrive as he adapts to life with a prosthetic leg. He will need ongoing help and support, particularly as he grows but we are so proud of him.



With global food prices increasing beyond peoples ability to pay, climate change and critical food shortages, many people are struggling to put food on the table each day and are unable to provide a healthy and balanced diet to maintain health and wellbeing. As such, this puts a further strain on the health care system as more people are requiring access to health care. Handing out food relief is only a short term solution for many of these families to address an urgent need. Where possible we try to look at individual situations and work out whether we can provide support, to set up or improve, small businesses to generate income and encourage self sufficiency and independence. FTO was able to support one family living besides a river with 6 fishing nets. This has enabled the family to catch their own fish for curries but also provide a small income to help support food or rent costs.



Education is vitally important and a means of breaking cycles of poverty. FTO has been investing time and resources into a small, rural, pre school of 38 children, aged 3-6 years old. It is well known that the development of a child aged 0-5 years is critical for building a solid foundation to build on for the rest of their lives. As well as providing a range of educational materials for the children and supporting the two teachers with a monthly gift, we were also able to begin rebuilding the outdoor play area that had been destroyed in a storm. The covered, outdoor play barn provides a safe space for the children to explore, learn and develop through play. It also encourages exercise and healthy living practices, something that is not encouraged in many local communities.

As we reflect on the past year, the joys and the challenges, there is a tremendous sense of both achievement and a deep humbling. Every individual we have had the privilege of serving in some capacity is not simply a project we have helped, they are people we love. Every created person holds intrinsic worth, purpose and destiny. Our hope is that as we have responded to the most basic of physical needs such as food, shelter, medicine and education, we have also met an emotional and spiritual need for friendship, hope, healing and restoration.

Risk management statement

The trustees have overall responsibility for the charity's internal control. Such a system can provide only reasonable and not absolute assurance against errors.

A register of the risks faced by the charity is maintained, identifying the major strategic and operational risks faced and how they are being managed.

The trustees are satisfied that systems are in place to monitor, manage and mitigate the charities exposure to major risks. They consider that reviewing internal controls and risk will provide the charity with adequate risk assurance in the event of adverse conditions. They also recognise that the nature of some of the charities work requires active acceptance and management of some risks when undertaking activities to achieve the objectives of the charity.

FOR THE ONE
(Charitable Incorporated Organisation)
TRUSTEES' REPORT (Continued)
FOR THE YEAR ENDED 7TH MAY 2023


Trustees' Responsibilities

The Charities Act 2011 require the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the CIO and of the surplus of the CIO for that period. In preparing those financial statements the trustees are required to:

- Select suitable accounting policies and apply them consistently
- Make judgements and estimates that are reasonable and prudent
- Prepare financial statements on the going concern basis unless it is inappropriate to presume that the CIO will continue in existence.

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the CIO. They are also responsible for safeguarding the assets of the CIO and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees on 20/12/2023

Signed on their behalf by Trustee 

Printed Name: HANNAH SPIRES

FOR THE ONE
(Charitable Incorporated Organisation)

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 7TH MAY 2023**

	Notes	Unrestricted Funds £	Restricted Funds £	TOTAL 2022/23 £	TOTAL 2021/22 £
INCOMING RESOURCES					
Incoming Resources from Generated Funds					
Donations, Grants & Legacies	3a	3,520	4,579	8,099	14,358
TOTAL INCOMING RESOURCES		3,520	4,579	8,099	14,358
RESOURCES EXPENDED					
Costs of Generating Funds					
Cost of Charitable Activities	4a	11,691	4,579	16,270	16,879
Governance Costs	4b	650	-	650	600
TOTAL RESOURCES EXPENDED		12,341	4,579	16,920	17,479
NET INCOMING (OUTGOING) RESOURCES		(8,821)	-	(8,821)	(3,121)
Funds Brought Forward		9,803	-	9,803	12,924
TOTAL FUNDS CARRIED FORWARD		982	-	982	9,803

Movements on all reserves and all recognised gains and losses are shown above. All of the organisation's operations are classed as continuing.

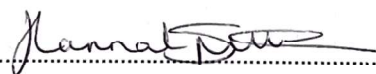
The notes on pages 17 to 22 form part of these financial statements.

FOR THE ONE
(Charitable Incorporated Organisation)

BALANCE SHEET
AS AT 7TH MAY 2023

	Note	Unrestricted Funds £	Restricted Funds £	Total 07-May-23 £	Total 07-May-22 £
Fixed Assets					
Tangible Assets	2	-	-	-	-
Investments	6	-	-	-	-
Total Fixed Assets		-	-	-	-
Current Assets					
Debtors & Prepayments	8	-	-	-	-
Cash at Bank and in Hand	7	1,632	-	1,632	10,403
Total Current Assets		1,632	-	1,632	10,403
Creditors: amounts falling due within one year	9	650	-	650	600
NET CURRENT ASSETS		982	-	982	9,803
TOTAL ASSETS less current liabilities		982	-	982	9,803
Creditors: amounts falling due in more than one year	10	-	-	-	-
NET ASSETS		982	-	982	9,803
Funds of the Charity					
General Funds		982	-	982	9,803
Restricted Funds	5	-	-	-	-
Total Funds		982	-	982	9,803

Approved by the Trustees on ... 20th December 2023

Signed on their behalf by Trustee ... 

Printed Name: HANNAH SIRES .

FOR THE ONE
(Charitable Incorporated Organisation)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 7TH MAY 2023**

1. ACCOUNTING POLICIES

Basis of Preparation & Assessment of Going Concern

Basis of Preparation

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP 2015) (Second Edition, effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Charities Act 2011.

The Charity meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost unless otherwise stated in the relevant accounting policy notes.

Assessment of Going Concern

Preparation of the accounts is on a going concern basis. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern

Incoming Resources

Recognition of Incoming Resources

These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

Incoming Resources with Related Expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resource and related expenditure are reported gross in the SOFA.

Grants and Donations

Grants and Donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Tax Reclaims on Donations and Gifts

Incoming resources from tax reclaims are included in the SOFA at the same time as the gift to which they relate.

Contractual Income and Performance Related Grants

This is only included in the SOFA once the related goods or services has been delivered.

Gifts in Kind

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SOFA as incoming resources when receivable.

Donated Services and Facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer Help

The value of any voluntary help received is not included in the accounts.

Investment Income

This is included in the accounts when receivable.

FOR THE ONE
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED 7TH MAY 2023

1. ACCOUNTING POLICIES (continued)

Expenditure and Liabilities

Liability Recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance Costs

Include costs of the preparation and examination of statutory accounts, the costs of the trustees meetings and cost of any legal advice to trustees on governance or constitutional matters.

Grants with Performance Conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SOFA once the recipient of the grant has provided the specified service or output.

Grants Payable without Performance Conditions

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to a grant which remain in control of the charity.

Investments

Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.

Pensions

Pension contributions are charged to the Statement of Financial Activities as they become payable.

Unrestricted funds

These funds can be used for the general objectives of the charity as set out in the trustees report. The movements of the unrestricted funds are given in the Statement of Financial Activities.

Restricted funds

These funds are where the donor has specified a purpose for the donation made. These restrictions often arise as a result of appeals for special offerings for specific purposes.

Designated funds

These funds are funds set aside by the trustees out of unrestricted general funds for specific purposes or projects.

Fixed Assets

Fixed Assets are capitalised if they can be used for more than one year and cost at least £1,500. They are valued at cost or, if gifted, at the value to the charity on receipt.

Depreciation Expense

Depreciation is calculated at a rate to write off the cost of tangible fixed assets over their estimated useful lives. The rates applied are as follows:

Fixtures, Fittings and Equipment	25% - Reducing Balance Basis
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2. TANGIBLE FIXED ASSETS

The CIO held no fixed assets during this or the previous financial year.

The annual commitments under non-cancelling operating leases and capital commitments are as follows:

7th May 2023 : None

7th May 2022 : None

FOR THE ONE
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED 7TH MAY 2023

3. INCOMING RESOURCES

	Note	Unrestricted Funds £	Restricted Funds £	TOTAL 2022/23 £	TOTAL 2021/22 £
a) Donations, Grants & Legacies					
Gifts & Donations	5	3,520	4,579	8,099	14,358
		3,520	4,579	8,099	14,358

4. RESOURCES EXPENDED

		Unrestricted Funds £	Restricted Funds £	TOTAL 2022/23 £	TOTAL 2021/22 £
a) Cost of Charitable Activities					
Bank Charges		36	-	36	69
Books & Publications		-	-	-	2,485
Family Support & Shelter	5	940	459	1,399	2,125
Food Relief		2,046	-	2,046	4,479
Gifts & Donations	5	-	1,000	1,000	4,966
Medical Costs		7,112	-	7,112	2,459
Sundry Expenses		12	-	12	146
Travel & Subsistence		1,086	-	1,086	-
Volunteers Costs		428	-	428	151
Website Costs	5	30	3,120	3,150	-
		11,691	4,579	16,270	16,879
b) Governance Costs					
Independent Examiners Fees	9	650	-	650	600
		650	-	650	600

FOR THE ONE
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED 7TH MAY 2023

5. RESTRICTED FUNDS

CURRENT FINANCIAL YEAR

	Balance 08-May-22 £	Income £	Expenditure £	Transfers £	Balance 07-May-23 £
Shelter Fund	-	202	202	-	-
Education Fund	-	257	257	-	-
Ukraine Support Fund	-	1,000	1,000	-	-
Website Development Fund	-	3,120	3,120	-	-
	-	4,579	4,579	-	-

PREVIOUS FINANCIAL YEAR

	Balance 08-May-21 £	Income £	Expenditure £	Transfers £	Balance 07-May-22 £
Food Relief Fund	-	190	190	-	-
Medical Fund	-	1,091	1,091	-	-
Shelter Fund	-	301	301	-	-
Volunteers Support Fund	-	11	11	-	-
	-	1,592	1,592	-	-

Restricted funds are wholly represented by the charity's cash reserves and are to be expended as specified above.

FOR THE ONE
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED 7TH MAY 2023

6. INVESTMENTS

The CIO held no fixed asset investments during this or the previous financial year.

7. CASH AT BANK AND IN HAND

	Unrestricted Fund £	Restricted Fund £	Total 07-May-23 £	Total 07-May-22 £
Cash at Bank & in Hand	1,632	-	1,632	10,403
	1,632	-	1,632	10,403

8. DEBTORS AND PREPAYMENTS

	Unrestricted Fund £	Restricted Fund £	Total 07-May-23 £	Total 07-May-22 £
Sundry Debtors	-	-	-	-
	-	-	-	-

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Unrestricted Fund £	Restricted Fund £	Total 07-May-23 £	Total 07-May-22 £
Independent Examiners Fees	650	-	650	600
	650	-	650	600

10. CREDITORS: AMOUNTS FALLING DUE IN MORE THAN ONE YEAR

The CIO held no long term liabilities during this or the previous financial year.

11. NET ASSETS BETWEEN FUNDS

	Unrestricted Funds £	Restricted Funds £	Total 07-May-23 £	Total 07-May-22 £
Fixed Asset Investments	-	-	-	-
Net Current Assets	982	-	982	9,803
Long Term Liabilities	-	-	-	-
	982	-	982	9,803

FOR THE ONE
(Charitable Incorporated Organisation)

NOTES TO THE FINANCIAL STATEMENTS (continued)
FOR THE YEAR ENDED 7TH MAY 2023

12. STAFF COSTS AND NUMBERS

The Charity employed no members of staff during this or the previous financial year.

13. TRUSTEES AND OTHER RELATED PARTIES

No payments were made to trustees or any persons connected with them during this financial period. No material transaction took place between the organisation and a trustee or any person connected with them. (2021/22: None)

14. RISK ASSESSMENT

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated, combined with the annual review of the controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

15. RESERVES POLICY

The Trustees have considered the level of reserves they wish to retain, appropriate to the CIO's needs. This is based on the CIO's size and the level of financial commitments held. The Trustees aim to ensure the CIO will be able to continue to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure. The Trustees will endeavour not to set aside funds unnecessarily.

16. PUBLIC BENEFIT

The CIO acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how the CIO has achieved this are provided in the Trustees report. The Trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding what activities the CIO should undertake.

FOR THE ONE
(Charitable Incorporated Organisation)

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

Report to the trustees/ members of For The One on the accounts for the year ended 7th May 2023 set out on pages 15 to 22.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination no matter has come to my attention:

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

K. Collaku MAAT
Castle View Accounting Ltd
New Barn
Mudberry Lane
Bosham
Chichester
West Sussex
PO18 8TS


Date: 22nd December 2023