

# CONVALESCENT RETREAT LIMITED

England & Wales · Charity number 1183303

## Details

**Other names** CONVALESCENT RETREAT LTD

**Status** Registered

**Legal form** Charitable company

**Company number** [11534977](#)

**Registered** 2019-05-08

**Register** [View on the Charity Commission register](#)

## Contact

**Address** 17 Norwood Avenue  
Salford  
M7 3PW

**Phone** 01617405111

## Activities

**Objects:** 1. THE PRESERVATION AND PROTECTION OF THE HEALTH GENERALLY OF JEWISH WOMEN AND THEIR FAMILIES, AND IN PARTICULAR THE PHYSICAL, MENTAL AND EMOTIONAL HEALTH OF JEWISH MOTHERS RECOVERING FROM CHILDBIRTH BY THE PROVISION OF A MOTHER AND BABY HOME;2. THE RELIEF OF FINANCIAL HARDSHIP AND ILL-HEALTH, EITHER GENERALLY OR INDIVIDUALLY, AMONGST WOMEN AND THEIR FAMILIES WITHIN THE JEWISH COMMUNITY BY ASSISTING IN THE PROVISION OF ITEMS DIRECTED AT IMPROVING THEIR POST-NATAL CONDITIONS OF LIFE.

**Activities:** As detailed in the charity objects

## Classification

- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives, Disability, Religious Activities
- **Who:** People Of A Particular Ethnic Or Racial Origin

## Geography

- Throughout England And Wales

## Finances

| Period end | Income   | Expenditure | Assets    | Employees |
|------------|----------|-------------|-----------|-----------|
| 2025-08-31 | £965,100 | £1,069,355  | £-242,070 | 43        |
| 2024-08-31 | £980,150 | £1,047,147  | £-137,815 | 40        |
| 2023-08-31 | £962,110 | £909,340    | £-70,818  | 35        |
| 2022-08-31 | £532,614 | £620,133    | £-123,588 | 24        |
| 2021-08-31 | £417,429 | £398,116    | -         | -         |
| 2020-08-31 | £653,809 | £657,036    | £-55,382  | 23        |

## Trustees

| Name                         | Role  | Appointed  |
|------------------------------|-------|------------|
| <b>BENJAMIN DAVID HASSAN</b> | Chair | 2018-10-31 |
| DAVID NEUWIRTH               |       | 2018-10-31 |
| Rephoel Tzvi Halpern         |       | 2018-10-31 |

**CONVALESCENT RETREAT LIMITED**

England & Wales - Charity number 1183303

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# Accounts

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COMPANY REGISTRATION NUMBER: 11534977  
CHARITY REGISTRATION NUMBER: 1183303

**Convalescent Retreat Limited**  
**Company Limited by Guarantee**  
**Unaudited Financial Statements**  
**31 August 2025**

**HAFFNER HOFF LTD**

Accountants  
2nd Floor - Parkgates  
Bury New Road  
Prestwich  
Manchester  
M25 0TL

# **Convalescent Retreat Limited**

**Company Limited by Guarantee**

**Financial Statements**

**Year ended 31 August 2025**

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# Convalescent Retreat Limited

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report)

#### Year ended 31 August 2025

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The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 August 2025.

#### Reference and administrative details

**Registered charity name** Convalescent Retreat Limited

**Charity registration number** 1183303

**Company registration number** 11534977

**Principal office and registered office** Allanadale Court, Flat 1  
Waterpark Road  
Salford  
M7 4JN

**The trustees** R T Halpern  
B Hassan  
D Neuwirth

**Independent examiner** Howard Schwalbe ACA  
2nd Floor - Parkgates  
Bury New Road  
Prestwich  
Manchester  
M25 0TL

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

#### **Year ended 31 August 2025**

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##### **Structure, governance and management**

Convalescent Retreat Limited is constituted by Memorandum and Articles of Association and is a company limited by guarantee. It was incorporated on 24 August 2018 as a company and the company number is 11534977. It was registered as a charity on 08 May 2019 with a charity number 1183303.

There is no chief executive officer. The day-to-day affairs are undertaken by the management on behalf of the trustees. All major decisions are taken collectively by the trustees, and all the trustees give of their time freely. The trustees are unpaid and details of any related party transactions are disclosed as applicable in the notes to the accounts. The arrangements for setting the pay of the charity's employees are the sole domain of the trustees.

The trustees of the charity are legally responsible for the overall management and control of the charity and meet regularly. A management committee which includes the trustees, user representatives, volunteers and staff representatives meet monthly to review financial and performance reports. The committee has delegated responsibility for scrutiny and strategic planning.

A policy and procedure for the induction and training of new trustees is currently being developed and will be implemented in the coming year.

##### **Risk review**

The Trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the Trust and are satisfied that systems are in place to manage our exposure to the major risks.

The risks faced by the trust are principally operational risks from ineffective grant making or direct charitable activity. These risks are managed by the trustees researching potential beneficiaries before granting donations or payment of direct charitable activity.

Report back and review procedures strengthen these safeguards to ensure public benefit is achieved from all grants and direct charitable activity

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

#### **Year ended 31 August 2025**

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##### **Objectives and activities**

The objects of the charity are:

(i) the preservation and protection of the health generally of Jewish women and their families, and in particular the physical, mental and emotional health of Jewish mothers recovering from childbirth by the provision of a mother and baby home;

(ii) the relief of financial hardship and ill health, either generally or individually, amongst women and their families within the Jewish community by assisting in the provision of items directed at improving their post-natal conditions of life

##### **Public benefit**

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit and in particular to its supplementary public benefit guidance on advancing education when reviewing the charity's aims and objectives and in planning future activities and setting grant making policy for the year.

##### **Grant making policy**

The charity does not normally pay out any material grants.

The application of the funds by way of direct charitable activity on the mother and baby home.

The trustees consider they have met the public benefit test and outline these achievements below.

The trustees measure the success of achieving the stated aims by the number of women attending the mother and baby home each year. The expenditure on the mother and baby home is detailed in the notes to the accounts, and the trustees consider they have met their aims successfully this year.

The trustees consider the shorter-term aims to be similar to the longer term aims and assess the achievement of the charity in the same way.

##### **Strategic report**

The following sections for achievements and performance and financial review form the strategic report of the charity.

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

#### **Year ended 31 August 2025**

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##### **Achievements and performance**

During the year, the charity received £965,000 (2024: £980,000) in donations.

The charity spent £1,069,355 (2024: £1,047,147) on direct running costs of the centre including support costs for the Centre and the charity.

The Centre offers short residential breaks to low risk postnatal mothers and their babies in an effort to promote rest and relaxation. Day to day needs of mother and baby are fully catered for by a range of hospitality staff and experienced health care support workers whilst qualified midwives carry out postpartum checks and observations.

The charity has governance costs comprising professional fees.

All other office costs are borne by a local benefactor, and the trustees wish to record their appreciation to the benefactor for the free use of their offices.

No fundraising costs were incurred during the year.

Related party transactions in the reporting period are as disclosed in the notes to the accounts as applicable.

There was a net expenditure and net movement in funds for the year amounting to £104,255 (2024: £66,997).

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

#### Year ended 31 August 2025

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##### Financial review

The trustees consider that the year was an excellent one in terms of donations and the number of mothers who came to the Centre and were able to recuperate in their immediate postnatal period. The trustees are delighted to have made many valuable contributions to the community.

##### Reserves policy

The unrestricted fund is in deficit, and the trustees consider this to be acceptable as they are confident that the shortfall will be made up through fundraising in future periods.

In considering the financial obligations of the charity, the trustees have resolved to maintain a minimum reserve, being the current assets of the charity.

The Trustees are satisfied that the balance of the fund is an acceptable level of reserves given the nature of revenue receipts against grants payable.

The total funds held by the charity at the year-end were -£242,070 (2024: -£137,815). Of these, all were unrestricted. The free reserves of the charity represented by the net current liabilities of the charity stood at -£147,070 (2024: -£117,815). This excludes any reserves held in restricted funds or held for any designated purpose.

The charity has net current liabilities and an overall deficit on its reserves.

The trustees acknowledge the above and are confident that the charity will be able to continue for the foreseeable future as they have obtained assurances from a local philanthropist that the charity will be able to continue to operate for the foreseeable future. Furthermore, the trustees are committed to raising funds to ensure the charity is able to repay its creditors as they fall due for repayment.

It should be noted that the creditors are made up of accruals and interest free other creditors made up of trade creditors and other creditors who have acknowledged that they will not call in their loans to the detriment of the charity.

It is appropriate therefore for the financial statements to be prepared on a going concern basis.

The trustees' annual report and the strategic report were approved on 20 May 2026 and signed on behalf of the board of trustees by:

**D Neuwirth**  
Trustee

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Independent Examiner's Report to the Trustees of Convalescent Retreat Limited**

**Year ended 31 August 2025**

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I report to the trustees on my examination of the financial statements of Convalescent Retreat Limited ('the charity') for the year ended 31 August 2025.

#### **Responsibilities and basis of report**

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Independent Examiner's Report to the Trustees of Convalescent Retreat Limited** *(continued)*

**Year ended 31 August 2025**

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I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Howard Schwalbe ACA**  
Independent Examiner

2nd Floor - Parkgates  
Bury New Road  
Prestwich  
Manchester  
M25 0TL

20 May 2026

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Statement of Financial Activities (including income and expenditure account)

Year ended 31 August 2025

|                                                  |      | 2025             |                  | 2024             |
|--------------------------------------------------|------|------------------|------------------|------------------|
|                                                  |      | Unrestricted     | Total funds      | Total funds      |
|                                                  | Note | funds            |                  |                  |
|                                                  |      | £                | £                | £                |
| <b>Income and endowments</b>                     |      |                  |                  |                  |
| Donations and legacies                           | 5    | 965,000          | 965,000          | 980,000          |
| Charitable activities                            | 6    | 100              | 100              | 150              |
| <b>Total income</b>                              |      | <u>965,100</u>   | <u>965,100</u>   | <u>980,150</u>   |
| <b>Expenditure</b>                               |      |                  |                  |                  |
| Expenditure on charitable activities             | 7,8  | <u>1,069,355</u> | <u>1,069,355</u> | <u>1,047,147</u> |
| <b>Total expenditure</b>                         |      | <u>1,069,355</u> | <u>1,069,355</u> | <u>1,047,147</u> |
| <b>Net expenditure and net movement in funds</b> |      | <u>(104,255)</u> | <u>(104,255)</u> | <u>(66,997)</u>  |
| <b>Reconciliation of funds</b>                   |      |                  |                  |                  |
| Total funds brought forward                      |      | <u>(137,815)</u> | <u>(137,815)</u> | <u>(70,818)</u>  |
| <b>Total funds carried forward</b>               |      | <u>(242,070)</u> | <u>(242,070)</u> | <u>(137,815)</u> |

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

The notes on pages 12 to 20 form part of these financial statements.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Statement of Financial Position

31 August 2025

|                                                                | Note | 2025<br>£        | 2024<br>£        |
|----------------------------------------------------------------|------|------------------|------------------|
| <b>Fixed assets</b>                                            |      |                  |                  |
| Tangible fixed assets                                          | 14   | –                | 9                |
| <b>Current assets</b>                                          |      |                  |                  |
| Debtors                                                        | 15   | 19,920           | 18,910           |
| Cash at bank and in hand                                       |      | 30,920           | 68,397           |
|                                                                |      | <u>50,840</u>    | <u>87,307</u>    |
| <b>Creditors: amounts falling due within one year</b>          | 17   | 197,910          | 205,131          |
| <b>Net current liabilities</b>                                 |      | <u>147,070</u>   | <u>117,824</u>   |
| <b>Total assets less current liabilities</b>                   |      | (147,070)        | (117,815)        |
| <b>Creditors: amounts falling due after more than one year</b> | 18   | 95,000           | 20,000           |
| <b>Net liabilities</b>                                         |      | <u>(242,070)</u> | <u>(137,815)</u> |
| <b>Funds of the charity</b>                                    |      |                  |                  |
| Unrestricted funds                                             |      | (242,070)        | (137,815)        |
| <b>Total charity funds</b>                                     | 20   | <u>(242,070)</u> | <u>(137,815)</u> |

For the year ending 31 August 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The statement of financial position  
continues on the following page.

The notes on pages 12 to 20 form part of these financial statements.

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Statement of Financial Position** *(continued)*

**31 August 2025**

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These financial statements were approved by the board of trustees and authorised for issue on 20 May 2026, and are signed on behalf of the board by:

**D Neuwirth**  
Trustee

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The notes on pages 12 to 20 form part of these financial statements.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Statement of Cash Flows

Year ended 31 August 2025

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|                                                             | Note      | 2025<br>£ | 2024<br>£ |
|-------------------------------------------------------------|-----------|-----------|-----------|
| <b>Cash flows from operating activities</b>                 |           |           |           |
| Net expenditure                                             |           | (104,255) | (66,997)  |
| <i>Adjustments for:</i>                                     |           |           |           |
| Depreciation of tangible fixed assets                       |           | 9         | 44        |
| Interest payable and similar charges                        |           | 454       | 58        |
| Accrued (income)/expenses                                   |           | (5,364)   | 5,227     |
| <i>Changes in:</i>                                          |           |           |           |
| Trade and other debtors                                     |           | (1,010)   | 3,835     |
| Trade and other creditors                                   |           | 32,412    | 71,974    |
| Cash generated from operations                              |           | (77,754)  | 14,141    |
| Interest paid                                               |           | (454)     | (58)      |
| Net cash (used in)/from operating activities                |           | (78,208)  | 14,083    |
| <b>Net (decrease)/increase in cash and cash equivalents</b> |           | (78,208)  | 14,083    |
| <b>Cash and cash equivalents at beginning of year</b>       |           | (33,360)  | (47,443)  |
| <b>Cash and cash equivalents at end of year</b>             | <b>16</b> | (111,568) | (33,360)  |

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The notes on pages 12 to 20 form part of these financial statements.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements

Year ended 31 August 2025

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#### 1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is Allanadale Court, Flat 1, Waterpark Road, Salford, M7 4JN.

#### 2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

#### 3. Accounting policies

##### Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

##### Going concern

The charity has net current liabilities and an overall deficit on its reserves.

The trustees acknowledge the above and are confident that the charity will be able to continue for the foreseeable future as they have obtained assurances from a local philanthropist that the charity will be able to continue to operate for the foreseeable future. Furthermore, the trustees are committed to raising funds to ensure the charity is able to repay its creditors as they fall due for repayment.

It should be noted that the creditors are made up of accruals and interest free other creditors made up of trade creditors and other creditors who have acknowledged that they will not call in their loans to the detriment of the charity. Additionally, the charity returned a surplus in the year.

It is appropriate therefore for the financial statements to be prepared on a going concern basis.

##### Judgements and key sources of estimation uncertainty

The preparation of the financial statements did not require management to make judgements, estimates or assumptions that affect the amounts reported.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2025

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#### 3. Accounting policies *(continued)*

##### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal and fall into one of two sub-classes: restricted income funds or endowment funds.

##### **Incoming resources**

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2025

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#### 3. Accounting policies *(continued)*

##### Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

##### Tangible assets

Tangible assets are initially recorded at cost and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

##### Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

|           |                     |
|-----------|---------------------|
| Equipment | - 15% straight line |
|-----------|---------------------|

##### Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2025

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#### 3. Accounting policies *(continued)*

##### **Impairment of fixed assets *(continued)***

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the charity are assigned to those units.

##### **Financial instruments**

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2025

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#### 3. Accounting policies *(continued)*

##### Financial instruments *(continued)*

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

##### Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

#### 4. Limited by guarantee

Convalescent Retreat Limited is a registered charity and a company limited by guarantee and does not have a share capital. In the event of the charity being wound up, members are required to contribute an amount not exceeding £10.

#### 5. Donations and legacies

|                  | Unrestricted<br>Funds<br>£ | Total Funds<br>2025<br>£ | Unrestricted<br>Funds<br>£ | Total Funds<br>2024<br>£ |
|------------------|----------------------------|--------------------------|----------------------------|--------------------------|
| <b>Donations</b> |                            |                          |                            |                          |
| Donations        | 965,000                    | 965,000                  | 980,000                    | 980,000                  |

#### 6. Charitable activities

|                                         | Unrestricted<br>Funds<br>£ | Total Funds<br>2025<br>£ | Unrestricted<br>Funds<br>£ | Total Funds<br>2024<br>£ |
|-----------------------------------------|----------------------------|--------------------------|----------------------------|--------------------------|
| Other income from charitable activities | 100                        | 100                      | 150                        | 150                      |

#### 7. Expenditure on charitable activities by fund type

|                                            | Unrestricted<br>Funds<br>£ | Total Funds<br>2025<br>£ | Unrestricted<br>Funds<br>£ | Total Funds<br>2024<br>£ |
|--------------------------------------------|----------------------------|--------------------------|----------------------------|--------------------------|
| Nursing & other direct costs of the Centre | 998,449                    | 998,449                  | 990,003                    | 990,003                  |
| Support costs                              | 70,906                     | 70,906                   | 57,144                     | 57,144                   |
|                                            | <u>1,069,355</u>           | <u>1,069,355</u>         | <u>1,047,147</u>           | <u>1,047,147</u>         |

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# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2025

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#### 8. Expenditure on charitable activities by activity type

|                                            | Activities<br>undertaken<br>directly<br>£ | Support<br>costs<br>£ | <b>Total funds<br/>2025<br/>£</b> | Total fund<br>2024<br>£ |
|--------------------------------------------|-------------------------------------------|-----------------------|-----------------------------------|-------------------------|
| Nursing & other direct costs of the Centre | 998,449                                   | 65,535                | 1,063,984                         | 1,042,719               |
| Governance costs                           | —                                         | 5,371                 | 5,371                             | 4,428                   |
|                                            | <u>998,449</u>                            | <u>70,906</u>         | <u>1,069,355</u>                  | <u>1,047,147</u>        |

#### 9. Analysis of support costs

|                  | Analysis of<br>support costs<br>£ | <b>Total 2025<br/>£</b> | Total 2024<br>£ |
|------------------|-----------------------------------|-------------------------|-----------------|
| Staff costs      | 65,385                            | 65,385                  | 52,036          |
| General office   | 150                               | 150                     | 680             |
| Governance costs | 5,371                             | 5,371                   | 4,428           |
|                  | <u>70,906</u>                     | <u>70,906</u>           | <u>57,144</u>   |

#### 10. Net expenditure

Net expenditure is stated after charging/(crediting):

|                                       | <b>2025<br/>£</b> | 2024<br>£ |
|---------------------------------------|-------------------|-----------|
| Depreciation of tangible fixed assets | 9                 | 44        |

#### 11. Independent examination fees

|                                                                                                      | <b>2025<br/>£</b> | 2024<br>£ |
|------------------------------------------------------------------------------------------------------|-------------------|-----------|
| Fees payable to the independent examiner for:<br>Independent examination of the financial statements | 3,300             | 3,300     |

#### 12. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

|                                         | <b>2025<br/>£</b> | 2024<br>£      |
|-----------------------------------------|-------------------|----------------|
| Wages and salaries                      | 564,668           | 525,128        |
| Social security costs                   | 45,514            | 32,261         |
| Employer contributions to pension plans | 10,952            | 8,144          |
|                                         | <u>621,134</u>    | <u>565,533</u> |

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2025

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##### 12. Staff costs *(continued)*

The average head count of employees during the year was 43 (2024: 40). The average number of full-time equivalent employees during the year is analysed as follows:

|                                       | 2025<br>No. | 2024<br>No. |
|---------------------------------------|-------------|-------------|
| Number of administrative staff        | 1           | 1           |
| Number of nursing and ancillary staff | 42          | 39          |
|                                       | <u>43</u>   | <u>40</u>   |

No employee received employee benefits of more than £60,000 during the year (2024: Nil).

##### 13. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

##### 14. Tangible fixed assets

|                                        | Equipment<br>£ |
|----------------------------------------|----------------|
| <b>Cost</b>                            |                |
| At 1 September 2024 and 31 August 2025 | <u>219</u>     |
| <b>Depreciation</b>                    |                |
| At 1 September 2024                    | 210            |
| Charge for the year                    | <u>9</u>       |
| At 31 August 2025                      | <u>219</u>     |
| <b>Carrying amount</b>                 |                |
| At 31 August 2025                      | <u>–</u>       |
| At 31 August 2024                      | <u>9</u>       |

##### 15. Debtors

|                                | 2025<br>£     | 2024<br>£     |
|--------------------------------|---------------|---------------|
| Prepayments and accrued income | <u>19,920</u> | <u>18,910</u> |

##### 16. Cash and cash equivalents

Cash and cash equivalents comprise the following:

|                          | 2025<br>£        | 2024<br>£       |
|--------------------------|------------------|-----------------|
| Cash at bank and in hand | 30,920           | 68,397          |
| Bank overdrafts          | (142,488)        | (101,757)       |
|                          | <u>(111,568)</u> | <u>(33,360)</u> |

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2025

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##### 17. Creditors: amounts falling due within one year

|                                 | 2025           | 2024           |
|---------------------------------|----------------|----------------|
|                                 | £              | £              |
| Bank loans and overdrafts       | 142,488        | 101,757        |
| Trade creditors                 | 25,490         | 71,329         |
| Accruals and deferred income    | 15,272         | 20,636         |
| Social security and other taxes | 14,660         | 9,512          |
| Other creditors                 | —              | 1,897          |
|                                 | <u>197,910</u> | <u>205,131</u> |

##### 18. Creditors: amounts falling due after more than one year

|                 | 2025          | 2024          |
|-----------------|---------------|---------------|
|                 | £             | £             |
| Other creditors | <u>95,000</u> | <u>20,000</u> |

##### 19. Pensions and other post-retirement benefits

###### Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £10,952 (2024: £8,144).

##### 20. Analysis of charitable funds

###### Unrestricted funds

|               | At 01<br>Sept 2024 | Income         | Expenditure        | At 31<br>Aug 2025 |
|---------------|--------------------|----------------|--------------------|-------------------|
|               | £                  | £              | £                  | £                 |
| General funds | <u>(137,815)</u>   | <u>965,100</u> | <u>(1,069,355)</u> | <u>(242,070)</u>  |

  

|               | At 01<br>Sept 2023 | Income         | Expenditure        | At 31<br>Aug 2024 |
|---------------|--------------------|----------------|--------------------|-------------------|
|               | £                  | £              | £                  | £                 |
| General funds | <u>(70,818)</u>    | <u>980,150</u> | <u>(1,047,147)</u> | <u>(137,815)</u>  |

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2025

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#### 21. Analysis of net assets between funds

|                               | Unrestricted Funds<br>£ | Total Funds<br>2025<br>£ |
|-------------------------------|-------------------------|--------------------------|
| Tangible fixed assets         | —                       | —                        |
| Current assets                | 50,840                  | 50,840                   |
| Creditors less than 1 year    | (197,910)               | (197,910)                |
| Creditors greater than 1 year | (95,000)                | (95,000)                 |
| <b>Net liabilities</b>        | <b>(242,070)</b>        | <b>(242,070)</b>         |

  

|                               | Unrestricted Funds<br>£ | Total Funds<br>2024<br>£ |
|-------------------------------|-------------------------|--------------------------|
| Tangible fixed assets         | 9                       | 9                        |
| Current assets                | 87,307                  | 87,307                   |
| Creditors less than 1 year    | (205,131)               | (205,131)                |
| Creditors greater than 1 year | (20,000)                | (20,000)                 |
| <b>Net liabilities</b>        | <b>(137,815)</b>        | <b>(137,815)</b>         |

#### 22. Analysis of changes in net debt

|                          | At<br>1 Sep 2024<br>£ | Cash flows<br>£ | At<br>31 Aug 2025<br>£ |
|--------------------------|-----------------------|-----------------|------------------------|
| Cash at bank and in hand | 68,397                | (37,477)        | 30,920                 |
| Bank overdrafts          | (101,757)             | (40,731)        | (142,488)              |
|                          | <u>(33,360)</u>       | <u>(78,208)</u> | <u>(111,568)</u>       |

#### 23. Related parties

Mr D Neuwirth of Convalescent Retreat Limited, has directorships and trusteeships as detailed below:-

The Helping Foundation - director and trustee;  
Newmarston Ltd - director and trustee;

Mr R Halpern, trustee of Convalescent Retreat Limited, is also a director and trustee Newmarston Ltd.

During the year, The Helping Foundation donated £205,000 and Newmarston Ltd donated £20,000 to Convalescent Retreat Limited.

#### 24. Taxation

Convalescent Retreat Limited is a registered charity and therefore is not liable to income tax on income derived from its charitable activities, as it falls within the various exemptions available to registered charities.

**CONVALESCENT RETREAT LIMITED**

England & Wales - Charity number 1183303

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# Accounts

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COMPANY REGISTRATION NUMBER: 11534977  
CHARITY REGISTRATION NUMBER: 1183303

**Convalescent Retreat Limited**  
**Company Limited by Guarantee**  
**Unaudited Financial Statements**  
**31 August 2024**

**HAFFNER HOFF LTD**

Accountants  
2nd Floor - Parkgates  
Bury New Road  
Prestwich  
Manchester  
M25 0TL

# Convalescent Retreat Limited

Company Limited by Guarantee

## Financial Statements

Year ended 31 August 2024

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# Convalescent Retreat Limited

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 August 2024

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The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 August 2024.

#### Reference and administrative details

**Registered charity name** Convalescent Retreat Limited

**Charity registration number** 1183303

**Company registration number** 11534977

**Principal office and registered office** Allanadale Court, Flat 1  
Waterpark Road  
Salford  
M7 4JN

#### The trustees

R T Halpern  
B Hassan  
D Neuwirth

**Independent examiner** Howard Schwalbe ACA  
2nd Floor - Parkgates  
Bury New Road  
Prestwich  
Manchester  
M25 0TL

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

**Year ended 31 August 2024**

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#### **Structure, governance and management**

Convalescent Retreat Limited is constituted by Memorandum and Articles of Association and is a company limited by guarantee. It was incorporated on 24 August 2018 as a company and the company number is 11534977. It was registered as a charity on 08 May 2019 with a charity number 1183303.

There is no chief executive officer. The day to day affairs are undertaken by the management on behalf of the trustees. All major decisions are taken collectively by the trustees and all the trustees give of their time freely. The trustees are unpaid and details of any related party transactions are disclosed as applicable in the notes to the accounts. The arrangements for setting the pay of the charity's employees are the sole domain of the trustees.

The trustees of the charity are legally responsible for the overall management and control of the charity and meet regularly. A management committee which includes the trustees, user representatives, volunteers and staff representatives meet monthly to review financial and performance reports. The committee has delegated responsibility for scrutiny and strategic planning.

A policy and procedure for the induction and training of new trustees is currently being developed and will be implemented in the coming year.

#### **Risk review**

The Trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the Trust, and are satisfied that systems are in place to manage our exposure to the major risks.

The risks faced by the trust are principally operational risks from ineffective grant making or direct charitable activity. These risks are managed by the trustees researching potential beneficiaries before granting donations or payment of direct charitable activity.

Report back and review procedures strengthen these safeguards to ensure public benefit is achieved from all grants and direct charitable activity

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

#### **Year ended 31 August 2024**

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##### **Objectives and activities**

The objects of the charity are:

(i) the preservation and protection of the health generally of Jewish women and their families, and in particular the physical, mental and emotional health of Jewish mothers recovering from childbirth by the provision of a mother and baby home;

(ii) the relief of financial hardship and ill health, either generally or individually, amongst women and their families within the Jewish community by assisting in the provision of items directed at improving their post natal conditions of life

##### **Public benefit**

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit and in particular to its supplementary public benefit guidance on advancing education when reviewing the charity's aims and objectives and in planning future activities and setting grant making policy for the year.

##### **Grant making policy**

The charity does not normally pay out any material grants.

The application of the funds by way of direct charitable activity on the mother and baby home.

The trustees consider they have met the public benefit test and outline these achievements below.

The trustees measure the success of achieving the stated aims by the number of women attending the mother and baby home each year. The expenditure on the mother and baby home is detailed in the notes to the accounts and the trustees consider they have met their aims successfully this year.

The trustees consider the shorter term aims to be similar to the longer term aims and assess the achievement of the charity in the same way.

##### **Strategic report**

The following sections for achievements and performance and financial review form the strategic report of the charity.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

#### Year ended 31 August 2024

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##### Achievements and performance

During the year, the charity received £980,000 (2023: £962,110) in donations.

The charity spent £1,047,147 (2023: £909,340) on direct running costs of the centre including support costs for the Centre and the charity.

The Centre offers short residential breaks to low risk postnatal mothers and their babies in an effort to promote rest and relaxation. Day to day needs of mother and baby are fully catered for by a range of hospitality staff and experienced health care support workers whilst qualified midwives carry out postpartum checks and observations.

The charity has governance costs comprising professional fees.

All other office costs are borne by a local benefactor and the trustees wish to record their appreciation to the benefactor for the free use of their offices.

There were no fundraising costs incurred during the year.

Related party transactions in the reporting period are as disclosed in the notes to the accounts as applicable.

There was a net expenditure and net movement in funds for the year amounting to (£66,997) (2023: £52,770).

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

#### Year ended 31 August 2024

---

##### Financial review

The trustees consider that the year was an excellent one in terms of donations and the number of mothers who came to the Centre and were able to recuperate in their immediate postnatal period. The trustees are delighted to have made many valuable contributions to the community.

##### Reserves policy

The unrestricted fund is in deficit and the trustees consider this to be acceptable as they are confident that the shortfall will be made up through fundraising in future periods.

In considering the financial obligations of the charity, the trustees have resolved to maintain a minimum reserve, being the current assets of the charity.

The Trustees are satisfied that the balance of the fund is an acceptable level of reserves given the nature of revenue receipts against grants payable.

The total funds held by the charity at the year-end were (£137,815) (2023: (£70,818)). Of these, all were unrestricted. The free reserves of the charity represented by the net current liabilities of the charity stood at (£117,815) (2023: (£70,871)). This excludes any reserves held in restricted funds or held for any designated purpose.

The charity has net current liabilities and an overall deficit on its reserves.

The trustees acknowledge the above and are confident that the charity will be able to continue for the foreseeable future as they have obtained assurances from a local philanthropist that the charity will be able to continue to operate for the foreseeable future. Furthermore, the trustees are committed to raising funds to ensure the charity is able to repay its creditors as they fall due for repayment.

It should be noted that the creditors are made up of accruals and interest free other creditors made up of trade creditors and other creditors who have acknowledged that they will not call in their loans to the detriment of the charity. Additionally, the charity returned a surplus in the year.

It is appropriate therefore for the financial statements to be prepared on a going concern basis.

The trustees' annual report and the strategic report were approved on 14 May 2025 and signed on behalf of the board of trustees by:

**D Neuwirth**  
Trustee

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Independent Examiner's Report to the Trustees of Convalescent Retreat Limited**

**Year ended 31 August 2024**

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I report to the trustees on my examination of the financial statements of Convalescent Retreat Limited ('the charity') for the year ended 31 August 2024.

#### **Responsibilities and basis of report**

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Independent Examiner's Report to the Trustees of Convalescent Retreat Limited** *(continued)*

#### **Year ended 31 August 2024**

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I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Howard Schwalbe ACA**  
Independent Examiner

2nd Floor - Parkgates  
Bury New Road  
Prestwich  
Manchester  
M25 0TL

14 May 2025

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Statement of Financial Activities (including income and expenditure account)

Year ended 31 August 2024

|                                                           |      | 2024             |                  | 2023             |
|-----------------------------------------------------------|------|------------------|------------------|------------------|
|                                                           |      | Unrestricted     | Total funds      | Total funds      |
|                                                           | Note | funds            |                  |                  |
|                                                           |      | £                | £                | £                |
| <b>Income and endowments</b>                              |      |                  |                  |                  |
| Donations and legacies                                    | 5    | 980,000          | 980,000          | 962,110          |
| Charitable activities                                     | 6    | 150              | 150              | –                |
| <b>Total income</b>                                       |      | <u>980,150</u>   | <u>980,150</u>   | <u>962,110</u>   |
| <b>Expenditure</b>                                        |      |                  |                  |                  |
| Expenditure on charitable activities                      | 7,8  | <u>1,047,147</u> | <u>1,047,147</u> | <u>909,340</u>   |
| <b>Total expenditure</b>                                  |      | <u>1,047,147</u> | <u>1,047,147</u> | <u>909,340</u>   |
| <b>Net (expenditure)/income and net movement in funds</b> |      | <u>(66,997)</u>  | <u>(66,997)</u>  | <u>52,770</u>    |
| <b>Reconciliation of funds</b>                            |      |                  |                  |                  |
| Total funds brought forward                               |      | <u>(70,818)</u>  | <u>(70,818)</u>  | <u>(123,588)</u> |
| <b>Total funds carried forward</b>                        |      | <u>(137,815)</u> | <u>(137,815)</u> | <u>(70,818)</u>  |

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

The notes on pages 12 to 20 form part of these financial statements.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Statement of Financial Position

31 August 2024

|                                                                | Note | 2024<br>£        | 2023<br>£       |
|----------------------------------------------------------------|------|------------------|-----------------|
| <b>Fixed assets</b>                                            |      |                  |                 |
| Tangible fixed assets                                          | 14   | 9                | 53              |
| <b>Current assets</b>                                          |      |                  |                 |
| Debtors                                                        | 15   | 18,910           | 22,745          |
| Cash at bank and in hand                                       |      | 68,397           | 40,085          |
|                                                                |      | <u>87,307</u>    | <u>62,830</u>   |
| <b>Creditors: amounts falling due within one year</b>          | 17   | <u>205,131</u>   | <u>133,701</u>  |
| <b>Net current liabilities</b>                                 |      | <u>117,824</u>   | <u>70,871</u>   |
| <b>Total assets less current liabilities</b>                   |      | <u>(117,815)</u> | <u>(70,818)</u> |
| <b>Creditors: amounts falling due after more than one year</b> | 18   | <u>20,000</u>    | <u>–</u>        |
| <b>Net liabilities</b>                                         |      | <u>(137,815)</u> | <u>(70,818)</u> |
| <b>Funds of the charity</b>                                    |      |                  |                 |
| Unrestricted funds                                             |      | <u>(137,815)</u> | <u>(70,818)</u> |
| <b>Total charity funds</b>                                     | 20   | <u>(137,815)</u> | <u>(70,818)</u> |

For the year ending 31 August 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The statement of financial position  
continues on the following page.

The notes on pages 12 to 20 form part of these financial statements.

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Statement of Financial Position** *(continued)*

**31 August 2024**

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These financial statements were approved by the board of trustees and authorised for issue on 14 May 2025, and are signed on behalf of the board by:

**D Neuwirth**  
Trustee

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The notes on pages 12 to 20 form part of these financial statements.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Statement of Cash Flows

Year ended 31 August 2024

|                                                       | Note      | 2024<br>£       | 2023<br>£       |
|-------------------------------------------------------|-----------|-----------------|-----------------|
| <b>Cash flows from operating activities</b>           |           |                 |                 |
| Net (expenditure)/income                              |           | (66,997)        | 52,770          |
| <i>Adjustments for:</i>                               |           |                 |                 |
| Depreciation of tangible fixed assets                 |           | 44              | 44              |
| Interest payable and similar charges                  |           | 58              | 2               |
| Accrued expenses/(income)                             |           | 5,227           | (13,466)        |
| <i>Changes in:</i>                                    |           |                 |                 |
| Trade and other debtors                               |           | 3,835           | (4,612)         |
| Trade and other creditors                             |           | 71,974          | (19,560)        |
| Cash generated from operations                        |           | 14,141          | 15,178          |
| Interest paid                                         |           | (58)            | (2)             |
| Net cash from operating activities                    |           | <u>14,083</u>   | <u>15,176</u>   |
| <b>Net increase in cash and cash equivalents</b>      |           | 14,083          | 15,176          |
| <b>Cash and cash equivalents at beginning of year</b> |           | (47,443)        | (62,619)        |
| <b>Cash and cash equivalents at end of year</b>       | <b>16</b> | <u>(33,360)</u> | <u>(47,443)</u> |

The notes on pages 12 to 20 form part of these financial statements.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements

Year ended 31 August 2024

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#### 1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is Allanadale Court, Flat 1, Waterpark Road, Salford, M7 4JN.

#### 2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

#### 3. Accounting policies

##### Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

##### Going concern

The charity has net current liabilities and an overall deficit on its reserves.

The trustees acknowledge the above and are confident that the charity will be able to continue for the foreseeable future as they have obtained assurances from a local philanthropist that the charity will be able to continue to operate for the foreseeable future. Furthermore, the trustees are committed to raising funds to ensure the charity is able to repay its creditors as they fall due for repayment.

It should be noted that the creditors are made up of accruals and interest free other creditors made up of trade creditors and other creditors who have acknowledged that they will not call in their loans to the detriment of the charity. Additionally, the charity returned a surplus in the year.

It is appropriate therefore for the financial statements to be prepared on a going concern basis.

##### Judgements and key sources of estimation uncertainty

The preparation of the financial statements did not require management to make judgements, estimates or assumptions that affect the amounts reported.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2024

---

#### 3. Accounting policies *(continued)*

##### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

##### **Incoming resources**

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2024

---

#### 3. Accounting policies *(continued)*

##### Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

##### Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

##### Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

|           |                     |
|-----------|---------------------|
| Equipment | - 15% straight line |
|-----------|---------------------|

##### Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2024

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#### 3. Accounting policies *(continued)*

##### **Impairment of fixed assets *(continued)***

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the charity are assigned to those units.

##### **Financial instruments**

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2024

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#### 3. Accounting policies *(continued)*

##### Financial instruments *(continued)*

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

##### Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

#### 4. Limited by guarantee

Convalescent Retreat Limited is a registered charity and a company limited by guarantee and does not have a share capital. In the event of the charity being wound up, members are required to contribute an amount not exceeding £10.

#### 5. Donations and legacies

|                  | Unrestricted<br>Funds<br>£ | Total Funds<br>2024<br>£ | Unrestricted<br>Funds<br>£ | Total Funds<br>2023<br>£ |
|------------------|----------------------------|--------------------------|----------------------------|--------------------------|
| <b>Donations</b> |                            |                          |                            |                          |
| Donations        | 980,000                    | 980,000                  | 962,110                    | 962,110                  |

#### 6. Charitable activities

|                                         | Unrestricted<br>Funds<br>£ | Total Funds<br>2024<br>£ | Unrestricted<br>Funds<br>£ | Total Funds<br>2023<br>£ |
|-----------------------------------------|----------------------------|--------------------------|----------------------------|--------------------------|
| Other income from charitable activities | 150                        | 150                      | —                          | —                        |

#### 7. Expenditure on charitable activities by fund type

|                                            | Unrestricted<br>Funds<br>£ | Total Funds<br>2024<br>£ | Unrestricted<br>Funds<br>£ | Total Funds<br>2023<br>£ |
|--------------------------------------------|----------------------------|--------------------------|----------------------------|--------------------------|
| Nursing & other direct costs of the Centre | 990,003                    | 990,003                  | 848,072                    | 848,072                  |
| Support costs                              | 57,144                     | 57,144                   | 61,268                     | 61,268                   |
|                                            | <u>1,047,147</u>           | <u>1,047,147</u>         | <u>909,340</u>             | <u>909,340</u>           |

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 August 2024

#### 8. Expenditure on charitable activities by activity type

|                                            | Activities<br>undertaken<br>directly<br>£ | Support<br>costs<br>£ | Total funds<br>2024<br>£ | Total fund<br>2023<br>£ |
|--------------------------------------------|-------------------------------------------|-----------------------|--------------------------|-------------------------|
| Nursing & other direct costs of the Centre | 990,003                                   | 52,716                | 1,042,719                | 904,315                 |
| Governance costs                           | —                                         | 4,428                 | 4,428                    | 5,025                   |
|                                            | <u>990,003</u>                            | <u>57,144</u>         | <u>1,047,147</u>         | <u>909,340</u>          |

#### 9. Analysis of support costs

|                  | Analysis of<br>support costs<br>activity 1<br>£ | Total 2024<br>£ | Total 2023<br>£ |
|------------------|-------------------------------------------------|-----------------|-----------------|
| Staff costs      | 52,036                                          | 52,036          | 55,768          |
| General office   | 680                                             | 680             | 475             |
| Governance costs | 4,428                                           | 4,428           | 5,025           |
|                  | <u>57,144</u>                                   | <u>57,144</u>   | <u>61,268</u>   |

#### 10. Net (expenditure)/income

Net (expenditure)/income is stated after charging/(crediting):

|                                       | 2024<br>£ | 2023<br>£ |
|---------------------------------------|-----------|-----------|
| Depreciation of tangible fixed assets | <u>44</u> | <u>44</u> |

#### 11. Independent examination fees

|                                                                                                      | 2024<br>£    | 2023<br>£    |
|------------------------------------------------------------------------------------------------------|--------------|--------------|
| Fees payable to the independent examiner for:<br>Independent examination of the financial statements | <u>3,300</u> | <u>3,000</u> |

#### 12. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

|                                         | 2024<br>£      | 2023<br>£      |
|-----------------------------------------|----------------|----------------|
| Wages and salaries                      | 525,128        | 477,886        |
| Social security costs                   | 32,261         | 25,498         |
| Employer contributions to pension plans | 8,144          | 7,073          |
|                                         | <u>565,533</u> | <u>510,457</u> |

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2024

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#### 12. Staff costs *(continued)*

The average head count of employees during the year was 40 (2023: 35). The average number of full-time equivalent employees during the year is analysed as follows:

|                                       | 2024<br>No. | 2023<br>No. |
|---------------------------------------|-------------|-------------|
| Number of administrative staff        | 1           | 1           |
| Number of nursing and ancillary staff | 39          | 34          |
|                                       | <u>40</u>   | <u>35</u>   |

No employee received employee benefits of more than £60,000 during the year (2023: Nil).

#### 13. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

#### 14. Tangible fixed assets

|                                        | Equipment<br>£ |
|----------------------------------------|----------------|
| <b>Cost</b>                            |                |
| At 1 September 2023 and 31 August 2024 | <u>219</u>     |
| <b>Depreciation</b>                    |                |
| At 1 September 2023                    | 166            |
| Charge for the year                    | <u>44</u>      |
| At 31 August 2024                      | <u>210</u>     |
| <b>Carrying amount</b>                 |                |
| At 31 August 2024                      | <u>9</u>       |
| At 31 August 2023                      | <u>53</u>      |

#### 15. Debtors

|                                | 2024<br>£     | 2023<br>£     |
|--------------------------------|---------------|---------------|
| Prepayments and accrued income | <u>18,910</u> | <u>22,745</u> |

#### 16. Cash and cash equivalents

Cash and cash equivalents comprise the following:

|                          | 2024<br>£        | 2023<br>£       |
|--------------------------|------------------|-----------------|
| Cash at bank and in hand | 68,397           | 40,085          |
| Bank overdrafts          | <u>(101,757)</u> | <u>(87,528)</u> |
|                          | <u>(33,360)</u>  | <u>(47,443)</u> |

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2024

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##### 17. Creditors: amounts falling due within one year

|                                 | 2024           | 2023           |
|---------------------------------|----------------|----------------|
|                                 | £              | £              |
| Bank loans and overdrafts       | 101,757        | 87,528         |
| Trade creditors                 | 71,329         | 20,803         |
| Accruals and deferred income    | 20,636         | 15,409         |
| Social security and other taxes | 9,512          | 7,083          |
| Other creditors                 | 1,897          | 2,878          |
|                                 | <u>205,131</u> | <u>133,701</u> |

##### 18. Creditors: amounts falling due after more than one year

|                 | 2024          | 2023     |
|-----------------|---------------|----------|
|                 | £             | £        |
| Other creditors | <u>20,000</u> | <u>–</u> |

##### 19. Pensions and other post retirement benefits

###### Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £8,144 (2023: £7,073).

##### 20. Analysis of charitable funds

###### Unrestricted funds

|               | At<br>1 September<br>2023<br>£ | Income<br>£    | Expenditure<br>£   | At<br>31 August 2024<br>£ |
|---------------|--------------------------------|----------------|--------------------|---------------------------|
| General funds | <u>(70,818)</u>                | <u>980,150</u> | <u>(1,047,147)</u> | <u>(137,815)</u>          |

  

|               | At<br>1 September<br>2022<br>£ | Income<br>£    | Expenditure<br>£ | At<br>31 August 2023<br>£ |
|---------------|--------------------------------|----------------|------------------|---------------------------|
| General funds | <u>(123,588)</u>               | <u>962,110</u> | <u>(909,340)</u> | <u>(70,818)</u>           |

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2024

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#### 21. Analysis of net assets between funds

|                               | Unrestricted<br>Funds<br>£ | Total Funds<br>2024<br>£ |
|-------------------------------|----------------------------|--------------------------|
| Tangible fixed assets         | 9                          | 9                        |
| Current assets                | 87,307                     | 87,307                   |
| Creditors less than 1 year    | (205,131)                  | (205,131)                |
| Creditors greater than 1 year | (20,000)                   | (20,000)                 |
| <b>Net liabilities</b>        | <b>(137,815)</b>           | <b>(137,815)</b>         |

  

|                               | Unrestricted<br>Funds<br>£ | Total Funds<br>2023<br>£ |
|-------------------------------|----------------------------|--------------------------|
| Tangible fixed assets         | 53                         | 53                       |
| Current assets                | 62,830                     | 62,830                   |
| Creditors less than 1 year    | (133,701)                  | (133,701)                |
| Creditors greater than 1 year | —                          | —                        |
| <b>Net liabilities</b>        | <b>(70,818)</b>            | <b>(70,818)</b>          |

#### 22. Analysis of changes in net debt

|                          | At<br>1 Sep 2023<br>£ | Cash flows<br>£ | At<br>31 Aug 2024<br>£ |
|--------------------------|-----------------------|-----------------|------------------------|
| Cash at bank and in hand | 40,085                | 28,312          | 68,397                 |
| Bank overdrafts          | (87,528)              | (14,229)        | (101,757)              |
|                          | <u>(47,443)</u>       | <u>14,083</u>   | <u>(33,360)</u>        |

#### 23. Related parties

Mr D Neuwirth of Convalescent Retreat Limited, has directorships and trusteeships as detailed below:-

The Helping Foundation - director and trustee;  
Newmarston Ltd - director and trustee;

Mr R Halpern, trustee of Convalescent Retreat Limited, is also a director and trustee Newmarston Ltd.

During the year, The Helping Foundation donated £360,000 and Newmarston Ltd provided an interest free loan of £20,000 to Convalescent Retreat Limited.

#### 24. Taxation

Convalescent Retreat Limited is a registered charity and therefore is not liable to income tax on income derived from its charitable activities, as it falls within the various exemptions available to registered charities.

**CONVALESCENT RETREAT LIMITED**

England & Wales - Charity number 1183303

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# Accounts

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COMPANY REGISTRATION NUMBER: 11534977  
CHARITY REGISTRATION NUMBER: 1183303

**Convalescent Retreat Limited**  
**Company Limited by Guarantee**  
**Unaudited Financial Statements**  
**31 August 2023**

**HAFFNER HOFF LTD**

Accountants  
2nd Floor - Parkgates  
Bury New Road  
Prestwich  
Manchester  
M25 0TL

# **Convalescent Retreat Limited**

**Company Limited by Guarantee**

## **Financial Statements**

**Year ended 31 August 2023**

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| Independent examiner's report to the trustees                                | <b>6</b>    |
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| Statement of cash flows                                                      | <b>10</b>   |
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# Convalescent Retreat Limited

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report)

#### Year ended 31 August 2023

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The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 August 2023.

#### Reference and administrative details

**Registered charity name** Convalescent Retreat Limited

**Charity registration number** 1183303

**Company registration number** 11534977

**Principal office and registered office** Allanadale Court, Flat 1  
Waterpark Road  
Salford  
Lancashire  
M7 4JN

#### The trustees

R T Halpern  
B Hassan  
D Neuwirth

**Independent examiner** Howard Schwalbe ACA  
2nd Floor - Parkgates  
Bury New Road  
Prestwich  
Manchester  
M25 0TL

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

#### **Year ended 31 August 2023**

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##### **Structure, governance and management**

Convalescent Retreat Limited is constituted by Memorandum and Articles of Association and is a company limited by guarantee. It was incorporated on 24 August 2018 as a company and the company number is 11534977. It was registered as a charity on 08 May 2019 with a charity number 1183303.

There is no chief executive officer. The day to day affairs are undertaken by the management on behalf of the trustees. All major decisions are taken collectively by the trustees and all the trustees give of their time freely. The trustees are unpaid and details of any related party transactions are disclosed as applicable in the notes to the accounts. The arrangements for setting the pay of the charity's employees are the sole domain of the trustees.

The trustees of the charity are legally responsible for the overall management and control of the charity and meet regularly. A management committee which includes the trustees, user representatives, volunteers and staff representatives meet monthly to review financial and performance reports. The committee has delegated responsibility for scrutiny and strategic planning.

A policy and procedure for the induction and training of new trustees is currently being developed and will be implemented in the coming year.

##### **Risk review**

The Trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the Trust, and are satisfied that systems are in place to manage our exposure to the major risks.

The risks faced by the trust are principally operational risks from ineffective grant making or direct charitable activity. These risks are managed by the trustees researching potential beneficiaries before granting donations or payment of direct charitable activity.

Report back and review procedures strengthen these safeguards to ensure public benefit is achieved from all grants and direct charitable activity

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

#### **Year ended 31 August 2023**

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##### **Objectives and activities**

The objects of the charity are:

(i) the preservation and protection of the health generally of Jewish women and their families, and in particular the physical, mental and emotional health of Jewish mothers recovering from childbirth by the provision of a mother and baby home;

(ii) the relief of financial hardship and ill health, either generally or individually, amongst women and their families within the Jewish community by assisting in the provision of items directed at improving their post natal conditions of life

##### **Public benefit**

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit and in particular to its supplementary public benefit guidance on advancing education when reviewing the charity's aims and objectives and in planning future activities and setting grant making policy for the year.

##### **Grant making policy**

The charity does not normally pay out any material grants.

The application of the funds by way of direct charitable activity on the mother and baby home.

The trustees consider they have met the public benefit test and outline these achievements below.

The trustees measure the success of achieving the stated aims by the number of women attending the mother and baby home each year. The expenditure on the mother and baby home is detailed in the notes to the accounts and the trustees consider they have met their aims successfully this year.

The trustees consider the shorter term aims to be similar to the longer term aims and assess the achievement of the charity in the same way.

##### **Strategic report**

The following sections for achievements and performance and financial review form the strategic report of the charity.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

#### Year ended 31 August 2023

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##### **Achievements and performance**

During the year, the charity received £962,110 (2022:£532,614) in donations.

The charity spent £909,340 (2022:£620,133) on direct running costs of the centre including support costs for the Centre and the charity.

The Centre offers short residential breaks to low risk postnatal mothers and their babies in an effort to promote rest and relaxation. Day to day needs of mother and baby are fully catered for by a range of hospitality staff and experienced health care support workers whilst qualified midwives carry out postpartum checks and observations.

The charity has governance costs comprising professional fees.

All other office costs are borne by a local benefactor and the trustees wish to record their appreciation to the benefactor for the free use of their offices.

There were no fundraising costs incurred during the year.

Related party transactions in the reporting period are as disclosed in the notes to the accounts as applicable.

There was an overall net income and net movement in funds for the year amounting to £52,770 (2022: net expenditure of 87,519).

##### **Financial review**

The trustees consider that the year was an excellent one in terms of donations and the number of mothers who came to the Centre and were able to recuperate in their immediate postnatal period. The trustees are delighted to have made many valuable contributions to the community.

##### **Reserves policy**

The Unrestricted Fund is in deficit and the trustees consider this to be acceptable as they are confident that the shortfall will be made up through fundraising in future periods.

In considering the financial obligations of the charity, the trustees have resolved to maintain a minimum reserve, being the current assets of the charity.

The Trustees are satisfied that the balance of the Fund is an acceptable level of reserves given the nature of revenue receipts against grants payable.

The free reserves, being the net current liabilities, stand at £(123,588) (2021: Net Current Liabilities of £36,210), all of which are unrestricted. This has been referred to in the notes to the financial statements.

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

#### **Year ended 31 August 2023**

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The trustees' annual report and the strategic report were approved on 13 May 2024 and signed on behalf of the board of trustees by:

**D Neuwirth**  
Trustee

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Independent Examiner's Report to the Trustees of Convalescent Retreat Limited**

**Year ended 31 August 2023**

---

I report to the trustees on my examination of the financial statements of Convalescent Retreat Limited ('the charity') for the year ended 31 August 2023.

#### **Responsibilities and basis of report**

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Independent Examiner's Report to the Trustees of Convalescent Retreat Limited** *(continued)*

#### **Year ended 31 August 2023**

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I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Howard Schwalbe ACA**  
Independent Examiner

2nd Floor - Parkgates  
Bury New Road  
Prestwich  
Manchester  
M25 0TL

13 May 2024

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Statement of Financial Activities (including income and expenditure account)

Year ended 31 August 2023

|                                                           |      | 2023            |                 | 2022             |
|-----------------------------------------------------------|------|-----------------|-----------------|------------------|
|                                                           |      | Unrestricted    | Total funds     | Total funds      |
|                                                           | Note | funds           |                 |                  |
|                                                           |      | £               | £               | £                |
| <b>Income and endowments</b>                              |      |                 |                 |                  |
| Donations and legacies                                    | 5    | 962,110         | 962,110         | 532,614          |
| <b>Total income</b>                                       |      | <u>962,110</u>  | <u>962,110</u>  | <u>532,614</u>   |
| <b>Expenditure</b>                                        |      |                 |                 |                  |
| Expenditure on charitable activities                      | 6,7  | 909,340         | 909,340         | 620,133          |
| <b>Total expenditure</b>                                  |      | <u>909,340</u>  | <u>909,340</u>  | <u>620,133</u>   |
| <b>Net income/(expenditure) and net movement in funds</b> |      | <u>52,770</u>   | <u>52,770</u>   | <u>(87,519)</u>  |
| <b>Reconciliation of funds</b>                            |      |                 |                 |                  |
| Total funds brought forward                               |      | (123,588)       | (123,588)       | (36,069)         |
| <b>Total funds carried forward</b>                        |      | <u>(70,818)</u> | <u>(70,818)</u> | <u>(123,588)</u> |

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

The notes on pages 11 to 19 form part of these financial statements.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Statement of Financial Position

31 August 2023

|                                                       | Note | 2023<br>£       | 2022<br>£        |
|-------------------------------------------------------|------|-----------------|------------------|
| <b>Fixed assets</b>                                   |      |                 |                  |
| Tangible fixed assets                                 | 13   | 53              | 97               |
| <b>Current assets</b>                                 |      |                 |                  |
| Debtors                                               | 14   | 22,745          | 18,133           |
| Cash at bank and in hand                              |      | 40,085          | 5,655            |
|                                                       |      | <u>62,830</u>   | <u>23,788</u>    |
| <b>Creditors: amounts falling due within one year</b> | 16   | 133,701         | 147,473          |
| <b>Net current liabilities</b>                        |      | <u>70,871</u>   | <u>123,685</u>   |
| <b>Total assets less current liabilities</b>          |      | <u>(70,818)</u> | <u>(123,588)</u> |
| <b>Net liabilities</b>                                |      | <u>(70,818)</u> | <u>(123,588)</u> |
| <b>Funds of the charity</b>                           |      |                 |                  |
| Unrestricted funds                                    |      | (70,818)        | (123,588)        |
| <b>Total charity funds</b>                            | 18   | <u>(70,818)</u> | <u>(123,588)</u> |

For the year ending 31 August 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on 13 May 2024, and are signed on behalf of the board by:

**D Neuwirth**  
Trustee

The notes on pages 11 to 19 form part of these financial statements.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Statement of Cash Flows

Year ended 31 August 2023

|                                                             | Note      | 2023<br>£       | 2022<br>£       |
|-------------------------------------------------------------|-----------|-----------------|-----------------|
| <b>Cash flows from operating activities</b>                 |           |                 |                 |
| Net income/(expenditure)                                    |           | 52,770          | (87,519)        |
| <i>Adjustments for:</i>                                     |           |                 |                 |
| Depreciation of tangible fixed assets                       |           | 44              | 44              |
| Interest payable and similar charges                        |           | 2               | –               |
| Accrued (income)/expenses                                   |           | (13,466)        | 24,067          |
| <i>Changes in:</i>                                          |           |                 |                 |
| Trade and other debtors                                     |           | (4,612)         | (5,057)         |
| Trade and other creditors                                   |           | (19,560)        | 22,888          |
| Cash generated from operations                              |           | 15,178          | (45,577)        |
| Interest paid                                               |           | (2)             | –               |
| Net cash from/(used in) operating activities                |           | <u>15,176</u>   | <u>(45,577)</u> |
| <b>Net increase/(decrease) in cash and cash equivalents</b> |           | 15,176          | (45,577)        |
| <b>Cash and cash equivalents at beginning of year</b>       |           | (62,619)        | (17,042)        |
| <b>Cash and cash equivalents at end of year</b>             | <b>15</b> | <u>(47,443)</u> | <u>(62,619)</u> |

The notes on pages 11 to 19 form part of these financial statements.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements

Year ended 31 August 2023

---

#### 1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is Allanadale Court, Flat 1, Waterpark Road, Salford, Lancashire, M7 4JN.

#### 2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

#### 3. Accounting policies

##### Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

##### Going concern

The charity has net current liabilities and an overall deficit on its reserves.

The trustees acknowledge the above and are confident that the charity will be able to continue for the foreseeable future as they have obtained assurances from a local philanthropist that the charity will be able to continue to operate for the foreseeable future. Furthermore, the trustees are committed to raising funds to ensure the charity is able to repay its creditors as they fall due for repayment.

It should be noted that the creditors are made up of accruals and interest free other creditors made up of trade creditors and other creditors who have acknowledged that they will not call in their loans to the detriment of the charity. Additionally, the charity returned a surplus in the year.

It is appropriate therefore for the financial statements to be prepared on a going concern basis.

##### Judgements and key sources of estimation uncertainty

The preparation of the financial statements did not require management to make judgements, estimates or assumptions that affect the amounts reported.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2023

---

#### 3. Accounting policies *(continued)*

##### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

##### **Incoming resources**

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 August 2023

---

#### 3. Accounting policies *(continued)*

##### Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

##### Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

##### Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

|           |                     |
|-----------|---------------------|
| Equipment | - 15% straight line |
|-----------|---------------------|

##### Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2023

---

#### 3. Accounting policies *(continued)*

##### Impairment of fixed assets *(continued)*

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the charity are assigned to those units.

##### Financial instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2023

---

#### 3. Accounting policies *(continued)*

##### Financial instruments *(continued)*

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

##### Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

#### 4. Limited by guarantee

Convalescent Retreat Limited is a registered charity and a company limited by guarantee and does not have a share capital. In the event of the charity being wound up, members are required to contribute an amount not exceeding £10.

#### 5. Donations and legacies

|                  | Unrestricted<br>Funds<br>£ | Total Funds<br>2023<br>£ | Unrestricted<br>Funds<br>£ | Total Funds<br>2022<br>£ |
|------------------|----------------------------|--------------------------|----------------------------|--------------------------|
| <b>Donations</b> |                            |                          |                            |                          |
| Donations        | 962,110                    | 962,110                  | 516,000                    | 516,000                  |
| <b>Grants</b>    |                            |                          |                            |                          |
| JRS Scheme       | —                          | —                        | 16,614                     | 16,614                   |
|                  | <u>962,110</u>             | <u>962,110</u>           | <u>532,614</u>             | <u>532,614</u>           |

#### 6. Expenditure on charitable activities by fund type

|                                            | Unrestricted<br>Funds<br>£ | Total Funds<br>2023<br>£ | Unrestricted<br>Funds<br>£ | Total Funds<br>2022<br>£ |
|--------------------------------------------|----------------------------|--------------------------|----------------------------|--------------------------|
| Nursing & other direct costs of the Centre | 848,072                    | 848,072                  | 563,877                    | 563,877                  |
| Support costs                              | 61,268                     | 61,268                   | 56,256                     | 56,256                   |
|                                            | <u>909,340</u>             | <u>909,340</u>           | <u>620,133</u>             | <u>620,133</u>           |

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2023

#### 7. Expenditure on charitable activities by activity type

|                                            | Activities<br>undertaken<br>directly<br>£ | Support<br>costs<br>£ | <b>Total funds<br/>2023<br/>£</b> | Total fund<br>2022<br>£ |
|--------------------------------------------|-------------------------------------------|-----------------------|-----------------------------------|-------------------------|
| Nursing & other direct costs of the Centre | 848,072                                   | 56,243                | 904,315                           | 615,187                 |
| Governance costs                           | —                                         | 5,025                 | 5,025                             | 4,946                   |
|                                            | <u>848,072</u>                            | <u>61,268</u>         | <u>909,340</u>                    | <u>620,133</u>          |

#### 8. Analysis of support costs

|                  | Analysis of<br>support costs<br>activity 1<br>£ | <b>Total 2023<br/>£</b> | Total 2022<br>£ |
|------------------|-------------------------------------------------|-------------------------|-----------------|
| Staff costs      | 55,768                                          | 55,768                  | 51,060          |
| General office   | 475                                             | 475                     | 250             |
| Governance costs | 5,025                                           | 5,025                   | 4,946           |
|                  | <u>61,268</u>                                   | <u>61,268</u>           | <u>56,256</u>   |

#### 9. Net income/(expenditure)

Net income/(expenditure) is stated after charging/(crediting):

|                                       | <b>2023<br/>£</b> | 2022<br>£ |
|---------------------------------------|-------------------|-----------|
| Depreciation of tangible fixed assets | <u>44</u>         | <u>44</u> |

#### 10. Independent examination fees

|                                                                                                      | <b>2023<br/>£</b> | 2022<br>£    |
|------------------------------------------------------------------------------------------------------|-------------------|--------------|
| Fees payable to the independent examiner for:<br>Independent examination of the financial statements | <u>3,000</u>      | <u>3,000</u> |

#### 11. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

|                                         | <b>2023<br/>£</b> | 2022<br>£      |
|-----------------------------------------|-------------------|----------------|
| Wages and salaries                      | 477,886           | 326,082        |
| Social security costs                   | 25,498            | 28,598         |
| Employer contributions to pension plans | 7,073             | 6,648          |
|                                         | <u>510,457</u>    | <u>361,328</u> |

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2023

---

##### 11. Staff costs *(continued)*

The average head count of employees during the year was 35 (2022: 24). The average number of full-time equivalent employees during the year is analysed as follows:

|                                       | 2023<br>No. | 2022<br>No. |
|---------------------------------------|-------------|-------------|
| Number of administrative staff        | 1           | 1           |
| Number of nursing and ancillary staff | 34          | 23          |
|                                       | <u>35</u>   | <u>24</u>   |

No employee received employee benefits of more than £60,000 during the year (2022: Nil).

##### 12. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

##### 13. Tangible fixed assets

|                                        | Equipment<br>£ |
|----------------------------------------|----------------|
| <b>Cost</b>                            |                |
| At 1 September 2022 and 31 August 2023 | <u>219</u>     |
| <b>Depreciation</b>                    |                |
| At 1 September 2022                    | 122            |
| Charge for the year                    | 44             |
| At 31 August 2023                      | <u>166</u>     |
| <b>Carrying amount</b>                 |                |
| At 31 August 2023                      | <u>53</u>      |
| At 31 August 2022                      | <u>97</u>      |

##### 14. Debtors

|                                | 2023<br>£     | 2022<br>£     |
|--------------------------------|---------------|---------------|
| Prepayments and accrued income | <u>22,745</u> | <u>18,133</u> |

##### 15. Cash and cash equivalents

Cash and cash equivalents comprise the following:

|                          | 2023<br>£       | 2022<br>£       |
|--------------------------|-----------------|-----------------|
| Cash at bank and in hand | 40,085          | 5,655           |
| Bank overdrafts          | (87,528)        | (68,274)        |
|                          | <u>(47,443)</u> | <u>(62,619)</u> |

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2023

---

#### 16. Creditors: amounts falling due within one year

|                                 | 2023           | 2022           |
|---------------------------------|----------------|----------------|
|                                 | £              | £              |
| Bank loans and overdrafts       | 87,528         | 68,274         |
| Trade creditors                 | 20,803         | 39,149         |
| Accruals and deferred income    | 15,409         | 28,875         |
| Social security and other taxes | 7,083          | 8,532          |
| Other creditors                 | 2,878          | 2,643          |
|                                 | <u>133,701</u> | <u>147,473</u> |

#### 17. Pensions and other post retirement benefits

##### Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £7,073 (2022: £6,648).

#### 18. Analysis of charitable funds

##### Unrestricted funds

|               | At<br>1 September<br>2022<br>£ | Income<br>£    | Expenditure<br>£ | At<br>31 August 2023<br>£ |
|---------------|--------------------------------|----------------|------------------|---------------------------|
| General funds | <u>(123,588)</u>               | <u>962,110</u> | <u>(909,340)</u> | <u>(70,818)</u>           |

  

|               | At<br>1 September<br>2021<br>£ | Income<br>£    | Expenditure<br>£ | At<br>31 August 2022<br>£ |
|---------------|--------------------------------|----------------|------------------|---------------------------|
| General funds | <u>(36,069)</u>                | <u>532,614</u> | <u>(620,133)</u> | <u>(123,588)</u>          |

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2023

---

#### 19. Analysis of net assets between funds

|                            | Unrestricted Funds<br>£ | Total Funds<br>2023<br>£ |
|----------------------------|-------------------------|--------------------------|
| Tangible fixed assets      | 53                      | 53                       |
| Current assets             | 62,830                  | 62,830                   |
| Creditors less than 1 year | (133,701)               | (133,701)                |
| <b>Net liabilities</b>     | <b>(70,818)</b>         | <b>(70,818)</b>          |

  

|                            | Unrestricted Funds<br>£ | Total Funds<br>2022<br>£ |
|----------------------------|-------------------------|--------------------------|
| Tangible fixed assets      | 97                      | 97                       |
| Current assets             | 23,788                  | 23,788                   |
| Creditors less than 1 year | (147,473)               | (147,473)                |
| <b>Net liabilities</b>     | <b>(123,588)</b>        | <b>(123,588)</b>         |

#### 20. Analysis of changes in net debt

|                          | At<br>1 Sep 2022<br>£ | Cash flows<br>£ | At<br>31 Aug 2023<br>£ |
|--------------------------|-----------------------|-----------------|------------------------|
| Cash at bank and in hand | 5,655                 | 34,430          | 40,085                 |
| Bank overdrafts          | (68,274)              | (19,254)        | (87,528)               |
|                          | <u>(62,619)</u>       | <u>15,176</u>   | <u>(47,443)</u>        |

#### 21. Related parties

Mr D Neuwirth of Convalescent Retreat Limited, has directorships and trusteeships as detailed below:-

The Helping Foundation - director and trustee;  
Newmarston Ltd - director and trustee;

Mr R Halpern, trustee of Convalescent Retreat Limited, is also a director and trustee Newmarston Ltd.

During the year The Helping Foundation donated £389,714 and Newmarston Ltd £290,895 to Convalescent Retreat Limited.

#### 22. Taxation

Convalescent Retreat Limited is a registered charity and therefore is not liable to income tax on income derived from its charitable activities, as it falls within the various exemptions available to registered charities.

**CONVALESCENT RETREAT LIMITED**

England & Wales - Charity number 1183303

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# Accounts

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COMPANY REGISTRATION NUMBER: 11534977  
CHARITY REGISTRATION NUMBER: 1183303

**Convalescent Retreat Limited**  
**Company Limited by Guarantee**  
**Unaudited Financial Statements**  
**31 August 2022**

**HAFFNER HOFF LTD**

Accountants  
2nd Floor - Parkgates  
Bury New Road  
Prestwich  
Manchester  
M25 0TL

# **Convalescent Retreat Limited**

**Company Limited by Guarantee**

## **Financial Statements**

**Year ended 31 August 2022**

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| Statement of financial position                                              | <b>9</b>    |
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# Convalescent Retreat Limited

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report)

#### Year ended 31 August 2022

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The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 August 2022.

#### Reference and administrative details

**Registered charity name** Convalescent Retreat Limited

**Charity registration number** 1183303

**Company registration number** 11534977

**Principal office and registered office** Allanadale Court, Flat 1  
Waterpark Road  
Salford  
Lancashire  
M7 4JN

#### The trustees

R T Halpern  
B Hassan  
D Neuwirth

**Independent examiner** Howard Schwalbe ACA  
2nd Floor - Parkgates  
Bury New Road  
Prestwich  
Manchester  
M25 0TL

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

**Year ended 31 August 2022**

---

#### **Structure, governance and management**

Convalescent Retreat Limited is constituted by Memorandum and Articles of Association and is a company limited by guarantee. It was incorporated on 24 August 2018 as a company and the company number is 11534977. It was registered as a charity on 08 May 2019 with a charity number 1183303.

There is no chief executive officer. The day to day affairs are undertaken by the management on behalf of the trustees. All major decisions are taken collectively by the trustees and all the trustees give of their time freely. The trustees are unpaid and details of any related party transactions are disclosed as applicable in the notes to the accounts. The arrangements for setting the pay of the charity's employees are the sole domain of the trustees.

The trustees of the charity are legally responsible for the overall management and control of the charity and meet regularly. A management committee which includes the trustees, user representatives, volunteers and staff representatives meet monthly to review financial and performance reports. The committee has delegated responsibility for scrutiny and strategic planning.

A policy and procedure for the induction and training of new trustees is currently being developed and will be implemented in the coming year.

#### **Risk review**

The Trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the Trust, and are satisfied that systems are in place to manage our exposure to the major risks.

The risks faced by the trust are principally operational risks from ineffective grant making or direct charitable activity. These risks are managed by the trustees researching potential beneficiaries before granting donations or payment of direct charitable activity.

Report back and review procedures strengthen these safeguards to ensure public benefit is achieved from all grants and direct charitable activity

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

#### **Year ended 31 August 2022**

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##### **Objectives and activities**

The objects of the charity are:

(i) the preservation and protection of the health generally of Jewish women and their families, and in particular the physical, mental and emotional health of Jewish mothers recovering from childbirth by the provision of a mother and baby home;

(ii) the relief of financial hardship and ill health, either generally or individually, amongst women and their families within the Jewish community by assisting in the provision of items directed at improving their post natal conditions of life

##### **Public benefit**

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit and in particular to its supplementary public benefit guidance on advancing education when reviewing the charity's aims and objectives and in planning future activities and setting grant making policy for the year.

##### **Grant making policy**

The charity does not normally pay out any material grants.

The application of the funds by way of direct charitable activity on the mother and baby home.

The trustees consider they have met the public benefit test and outline these achievements below.

The trustees measure the success of achieving the stated aims by the number of women attending the mother and baby home each year. The expenditure on the mother and baby home is detailed in the notes to the accounts and the trustees consider they have met their aims successfully this year.

The trustees consider the shorter term aims to be similar to the longer term aims and assess the achievement of the charity in the same way.

##### **Strategic report**

The following sections for achievements and performance and financial review form the strategic report of the charity.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

#### Year ended 31 August 2022

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##### **Achievements and performance**

During the year, the charity received £516,000 (2021:£119,000) in donations and £16,614 (2021:£298,425).

The charity spent £620,133 (2021:£398,116) on direct running costs of the Centre as well as support costs for the Centre and the charity.

The Centre offers short residential breaks to low risk postnatal mothers and their babies in an effort to promote rest and relaxation. Day to day needs of mother and baby are fully catered for by a range of hospitality staff and experienced health care support workers whilst qualified midwives carry out postpartum checks and observations.

The charity has governance costs comprising professional fees.

All other office costs are borne by a local benefactor and the trustees wish to record their appreciation to the benefactor for the free use of their offices.

There were no fundraising costs incurred during the year.

Related party transactions in the reporting period are as disclosed in the notes to the accounts as applicable.

There was an overall net expenditure and net movement in funds for the year amounting to £87,519 (2021: net income of £19,313).

##### **Financial review**

The trustees consider that the year was an excellent one in terms of donations and the number of mothers who came to the Centre and were able to recuperate in their immediate postnatal period. The trustees are delighted to have made many valuable contributions to the community.

##### **Reserves policy**

The Unrestricted Fund is in deficit and the trustees consider this to be acceptable as they are confident that the shortfall will be made up through fundraising in future periods.

In considering the financial obligations of the charity, the trustees have resolved to maintain a minimum reserve, being the current assets of the charity.

The Trustees are satisfied that the balance of the Fund is an acceptable level of reserves given the nature of revenue receipts against grants payable.

The free reserves, being the net current liabilities, stand at £(123,588) (2021: Net Current Liabilities of £36,210), all of which are unrestricted. This has been referred to in the notes to the financial statements.

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

#### **Year ended 31 August 2022**

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The trustees' annual report and the strategic report were approved on 5 May 2023 and signed on behalf of the board of trustees by:

**D Neuwirth**  
Trustee

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Independent Examiner's Report to the Trustees of Convalescent Retreat Limited**

**Year ended 31 August 2022**

---

I report to the trustees on my examination of the financial statements of Convalescent Retreat Limited ('the charity') for the year ended 31 August 2022.

#### **Responsibilities and basis of report**

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Independent Examiner's Report to the Trustees of Convalescent Retreat Limited** *(continued)*

#### **Year ended 31 August 2022**

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I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Howard Schwalbe ACA**  
Independent Examiner

2nd Floor - Parkgates  
Bury New Road  
Prestwich  
Manchester  
M25 0TL

5 May 2023

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Statement of Financial Activities (including income and expenditure account)

Year ended 31 August 2022

|                                                           |      | 2022             |                  | 2021            |
|-----------------------------------------------------------|------|------------------|------------------|-----------------|
|                                                           |      | Unrestricted     | Total funds      | Total funds     |
|                                                           | Note | funds            |                  |                 |
|                                                           |      | £                | £                | £               |
| <b>Income and endowments</b>                              |      |                  |                  |                 |
| Donations and legacies                                    | 5    | 532,614          | 532,614          | 417,425         |
| Investment income                                         | 6    | —                | —                | 4               |
| <b>Total income</b>                                       |      | <u>532,614</u>   | <u>532,614</u>   | <u>417,429</u>  |
| <b>Expenditure</b>                                        |      |                  |                  |                 |
| Expenditure on charitable activities                      | 7,8  | <u>620,133</u>   | <u>620,133</u>   | <u>398,116</u>  |
| <b>Total expenditure</b>                                  |      | <u>620,133</u>   | <u>620,133</u>   | <u>398,116</u>  |
| <b>Net (expenditure)/income and net movement in funds</b> |      | <u>(87,519)</u>  | <u>(87,519)</u>  | <u>19,313</u>   |
| <b>Reconciliation of funds</b>                            |      |                  |                  |                 |
| Total funds brought forward                               |      | <u>(36,069)</u>  | <u>(36,069)</u>  | <u>(55,382)</u> |
| <b>Total funds carried forward</b>                        |      | <u>(123,588)</u> | <u>(123,588)</u> | <u>(36,069)</u> |

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

The notes on pages 11 to 19 form part of these financial statements.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Statement of Financial Position

31 August 2022

|                                                       | Note | 2022<br>£        | 2021<br>£       |
|-------------------------------------------------------|------|------------------|-----------------|
| <b>Fixed assets</b>                                   |      |                  |                 |
| Tangible fixed assets                                 | 14   | 97               | 141             |
| <b>Current assets</b>                                 |      |                  |                 |
| Debtors                                               | 15   | 18,133           | 13,076          |
| Cash at bank and in hand                              |      | 5,655            | 22,396          |
|                                                       |      | <u>23,788</u>    | <u>35,472</u>   |
| <b>Creditors: amounts falling due within one year</b> | 17   | 147,473          | 71,682          |
| <b>Net current liabilities</b>                        |      | <u>123,685</u>   | <u>36,210</u>   |
| <b>Total assets less current liabilities</b>          |      | <u>(123,588)</u> | <u>(36,069)</u> |
| <b>Net liabilities</b>                                |      | <u>(123,588)</u> | <u>(36,069)</u> |
| <b>Funds of the charity</b>                           |      |                  |                 |
| Unrestricted funds                                    |      | (123,588)        | (36,069)        |
| <b>Total charity funds</b>                            | 19   | <u>(123,588)</u> | <u>(36,069)</u> |

For the year ending 31 August 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on 5 May 2023, and are signed on behalf of the board by:

**D Neuwirth**  
Trustee

The notes on pages 11 to 19 form part of these financial statements.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Statement of Cash Flows

Year ended 31 August 2022

|                                                             | Note      | 2022<br>£              | 2021<br>£              |
|-------------------------------------------------------------|-----------|------------------------|------------------------|
| <b>Cash flows from operating activities</b>                 |           |                        |                        |
| Net (expenditure)/income                                    |           | (87,519)               | 19,313                 |
| <i>Adjustments for:</i>                                     |           |                        |                        |
| Depreciation of tangible fixed assets                       |           | 44                     | 43                     |
| Other interest receivable and similar income                |           | —                      | (4)                    |
| Interest payable and similar charges                        |           | —                      | 203                    |
| Accrued expenses/(income)                                   |           | 24,067                 | (28,076)               |
| <i>Changes in:</i>                                          |           |                        |                        |
| Trade and other debtors                                     |           | (5,057)                | (4,689)                |
| Trade and other creditors                                   |           | 22,888                 | 18,680                 |
| Cash generated from operations                              |           | (45,577)               | 5,470                  |
| Interest paid                                               |           | —                      | (203)                  |
| Interest received                                           |           | —                      | 4                      |
| Net cash (used in)/from operating activities                |           | <u>(45,577)</u>        | <u>5,271</u>           |
| <b>Net (decrease)/increase in cash and cash equivalents</b> |           | (45,577)               | 5,271                  |
| <b>Cash and cash equivalents at beginning of year</b>       |           | <u>(17,042)</u>        | <u>(22,313)</u>        |
| <b>Cash and cash equivalents at end of year</b>             | <b>16</b> | <u><u>(62,619)</u></u> | <u><u>(17,042)</u></u> |

The notes on pages 11 to 19 form part of these financial statements.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements

Year ended 31 August 2022

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#### 1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is Allanadale Court, Flat 1, Waterpark Road, Salford, Lancashire, M7 4JN.

#### 2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

#### 3. Accounting policies

##### Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

##### Going concern

The charity has net current liabilities and an overall deficit on its reserves.

The trustees acknowledge the above and are confident that the charity will be able to continue for the foreseeable future as they have obtained assurances from a local philanthropist that the charity will be able to continue to operate for the foreseeable future. Furthermore, the trustees are committed to raising funds to ensure the charity is able to repay its creditors as they fall due for repayment.

It should be noted that the creditors are made up of accruals and interest free other creditors made up of trade creditors and other creditors who have acknowledged that they will not call in their loans to the detriment of the charity. Additionally, the charity returned a surplus in the year.

It is appropriate therefore for the financial statements to be prepared on a going concern basis.

##### Judgements and key sources of estimation uncertainty

The preparation of the financial statements did not require management to make judgements, estimates or assumptions that affect the amounts reported.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2022

---

#### 3. Accounting policies *(continued)*

##### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

##### **Incoming resources**

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 August 2022

---

#### 3. Accounting policies *(continued)*

##### Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

##### Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

##### Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

|           |                     |
|-----------|---------------------|
| Equipment | - 15% straight line |
|-----------|---------------------|

##### Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2022

---

#### 3. Accounting policies *(continued)*

##### Impairment of fixed assets *(continued)*

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the charity are assigned to those units.

##### Financial instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2022

---

#### 3. Accounting policies *(continued)*

##### Financial instruments *(continued)*

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

##### Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

#### 4. Limited by guarantee

Convalescent Retreat Limited is a registered charity and a company limited by guarantee and does not have a share capital. In the event of the charity being wound up, members are required to contribute an amount not exceeding £10.

#### 5. Donations and legacies

|                  | Unrestricted<br>Funds<br>£ | Total Funds<br>2022<br>£ | Unrestricted<br>Funds<br>£ | Total Funds<br>2021<br>£ |
|------------------|----------------------------|--------------------------|----------------------------|--------------------------|
| <b>Donations</b> |                            |                          |                            |                          |
| Donations        | 516,000                    | 516,000                  | 119,000                    | 119,000                  |
| <b>Grants</b>    |                            |                          |                            |                          |
| JRS Scheme       | 16,614                     | 16,614                   | 298,425                    | 298,425                  |
|                  | <u>532,614</u>             | <u>532,614</u>           | <u>417,425</u>             | <u>417,425</u>           |

#### 6. Investment income

|                          | Unrestricted<br>Funds<br>£ | Total Funds<br>2022<br>£ | Unrestricted<br>Funds<br>£ | Total Funds<br>2021<br>£ |
|--------------------------|----------------------------|--------------------------|----------------------------|--------------------------|
| Bank interest receivable | —                          | —                        | 4                          | 4                        |
|                          | <u>—</u>                   | <u>—</u>                 | <u>4</u>                   | <u>4</u>                 |

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 August 2022

#### 7. Expenditure on charitable activities by fund type

|                                            | Unrestricted<br>Funds<br>£ | Total Funds<br>2022<br>£ | Unrestricted<br>Funds<br>£ | Total Funds<br>2021<br>£ |
|--------------------------------------------|----------------------------|--------------------------|----------------------------|--------------------------|
| Nursing & other direct costs of the Centre | 563,877                    | 563,877                  | 358,515                    | 358,515                  |
| Support costs                              | 56,256                     | 56,256                   | 39,601                     | 39,601                   |
|                                            | <u>620,133</u>             | <u>620,133</u>           | <u>398,116</u>             | <u>398,116</u>           |

#### 8. Expenditure on charitable activities by activity type

|                                            | Activities<br>undertaken<br>directly<br>£ | Support<br>costs<br>£ | Total funds<br>2022<br>£ | Total fund<br>2021<br>£ |
|--------------------------------------------|-------------------------------------------|-----------------------|--------------------------|-------------------------|
| Nursing & other direct costs of the Centre | 563,877                                   | 51,310                | 615,187                  | 393,131                 |
| Governance costs                           | –                                         | 4,946                 | 4,946                    | 4,985                   |
|                                            | <u>563,877</u>                            | <u>56,256</u>         | <u>620,133</u>           | <u>398,116</u>          |

#### 9. Analysis of support costs

|                  | Analysis of<br>support costs<br>£ | Total 2022<br>£ | Total 2021<br>£ |
|------------------|-----------------------------------|-----------------|-----------------|
| Staff costs      | 51,060                            | 51,060          | 34,390          |
| General office   | 250                               | 250             | 226             |
| Governance costs | 4,946                             | 4,946           | 4,985           |
|                  | <u>56,256</u>                     | <u>56,256</u>   | <u>39,601</u>   |

#### 10. Net (expenditure)/income

Net (expenditure)/income is stated after charging/(crediting):

|                                       | 2022<br>£ | 2021<br>£ |
|---------------------------------------|-----------|-----------|
| Depreciation of tangible fixed assets | <u>44</u> | <u>43</u> |

#### 11. Independent examination fees

|                                                                                                      | 2022<br>£    | 2021<br>£    |
|------------------------------------------------------------------------------------------------------|--------------|--------------|
| Fees payable to the independent examiner for:<br>Independent examination of the financial statements | <u>3,000</u> | <u>3,000</u> |

#### 12. Staff costs

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2022

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##### 12. Staff costs *(continued)*

The average head count of employees during the year was 24 (2021: 19). The average number of full-time equivalent employees during the year is analysed as follows:

|                                       | 2022<br>No. | 2021<br>No. |
|---------------------------------------|-------------|-------------|
| Number of administrative staff        | 1           | 1           |
| Number of nursing and ancillary staff | 23          | 18          |
|                                       | <u>24</u>   | <u>19</u>   |

No employee received employee benefits of more than £60,000 during the year (2021: Nil).

##### 13. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

##### 14. Tangible fixed assets

|                                        | Equipment<br>£ |
|----------------------------------------|----------------|
| <b>Cost</b>                            |                |
| At 1 September 2021 and 31 August 2022 | <u>219</u>     |
| <b>Depreciation</b>                    |                |
| At 1 September 2021                    | 78             |
| Charge for the year                    | <u>44</u>      |
| At 31 August 2022                      | <u>122</u>     |
| <b>Carrying amount</b>                 |                |
| At 31 August 2022                      | <u>97</u>      |
| At 31 August 2021                      | <u>141</u>     |

##### 15. Debtors

|                                | 2022<br>£     | 2021<br>£     |
|--------------------------------|---------------|---------------|
| Prepayments and accrued income | <u>18,133</u> | <u>13,076</u> |

##### 16. Cash and cash equivalents

Cash and cash equivalents comprise the following:

|                          | 2022<br>£       | 2021<br>£       |
|--------------------------|-----------------|-----------------|
| Cash at bank and in hand | 5,655           | 22,396          |
| Bank overdrafts          | <u>(68,274)</u> | <u>(39,438)</u> |
|                          | <u>(62,619)</u> | <u>(17,042)</u> |

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2022

---

#### 17. Creditors: amounts falling due within one year

|                                 | 2022           | 2021          |
|---------------------------------|----------------|---------------|
|                                 | £              | £             |
| Bank loans and overdrafts       | 68,274         | 39,438        |
| Trade creditors                 | 39,149         | 20,179        |
| Accruals and deferred income    | 28,875         | 4,808         |
| Social security and other taxes | 8,532          | 5,656         |
| Other creditors                 | 2,643          | 1,601         |
|                                 | <u>147,473</u> | <u>71,682</u> |

#### 18. Pensions and other post retirement benefits

##### Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £6,648 (2021: £6,033).

#### 19. Analysis of charitable funds

##### Unrestricted funds

|               | At<br>1 September<br>2021<br>£ | Income<br>£    | Expenditure<br>£ | At<br>31 August 2022<br>£ |
|---------------|--------------------------------|----------------|------------------|---------------------------|
| General funds | <u>(36,069)</u>                | <u>532,614</u> | <u>(620,133)</u> | <u>(123,588)</u>          |

  

|               | At<br>1 September<br>2020<br>£ | Income<br>£    | Expenditure<br>£ | At<br>31 August 2021<br>£ |
|---------------|--------------------------------|----------------|------------------|---------------------------|
| General funds | <u>(55,382)</u>                | <u>417,429</u> | <u>(398,116)</u> | <u>(36,069)</u>           |

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2022

---

#### 20. Analysis of net assets between funds

|                            | Unrestricted Funds<br>£ | Total Funds<br>2022<br>£ |
|----------------------------|-------------------------|--------------------------|
| Tangible fixed assets      | 97                      | 97                       |
| Current assets             | 23,788                  | 23,788                   |
| Creditors less than 1 year | (147,473)               | (147,473)                |
| <b>Net liabilities</b>     | <b>(123,588)</b>        | <b>(123,588)</b>         |

  

|                            | Unrestricted Funds<br>£ | Total Funds<br>2021<br>£ |
|----------------------------|-------------------------|--------------------------|
| Tangible fixed assets      | 141                     | 141                      |
| Current assets             | 35,472                  | 35,472                   |
| Creditors less than 1 year | (71,682)                | (71,682)                 |
| <b>Net liabilities</b>     | <b>(36,069)</b>         | <b>(36,069)</b>          |

#### 21. Analysis of changes in net debt

|                          | At<br>1 Sep 2021<br>£ | Cash flows<br>£ | At<br>31 Aug 2022<br>£ |
|--------------------------|-----------------------|-----------------|------------------------|
| Cash at bank and in hand | 22,396                | (16,741)        | 5,655                  |
| Bank overdrafts          | (39,438)              | (28,836)        | (68,274)               |
|                          | <u>(17,042)</u>       | <u>(45,577)</u> | <u>(62,619)</u>        |

#### 22. Related parties

Mr D Neuwirth of Convalescent Retreat Limited, has directorships and trusteeships as detailed below:-

The Helping Foundation - director and trustee;  
Newmarston Ltd - director and trustee;

Mr R Halpern, trustee of Convalescent Retreat Limited, is also a director and trustee Newmarston Ltd.

During the year The Helping Foundation donated £270,000 and Newmarston Ltd £91,000 to Convalescent Retreat Limited.

#### 23. Taxation

Convalescent Retreat Limited is a registered charity and therefore is not liable to income tax on income derived from its charitable activities, as it falls within the various exemptions available to registered charities.

**CONVALESCENT RETREAT LIMITED**

England & Wales - Charity number 1183303

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# Accounts

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COMPANY REGISTRATION NUMBER: 11534977  
CHARITY REGISTRATION NUMBER: 1183303

**Convalescent Retreat Limited**  
**Company Limited by Guarantee**  
**Unaudited Financial Statements**  
**31 August 2021**

**HAFFNER HOFF LTD**

Accountants  
2nd Floor - Parkgates  
Bury New Road  
Prestwich  
Manchester  
M25 0TL

# **Convalescent Retreat Limited**

**Company Limited by Guarantee**

**Financial Statements**

**Year ended 31 August 2021**

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# Convalescent Retreat Limited

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report)

#### Year ended 31 August 2021

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The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 August 2021.

#### Reference and administrative details

**Registered charity name** Convalescent Retreat Limited

**Charity registration number** 1183303

**Company registration number** 11534977

**Principal office and registered office** Allanadale Court, Flat 1  
Waterpark Road  
Salford  
Lancashire  
M7 4JN

#### The trustees

R T Halpern  
B Hassan  
D Neuwirth

**Independent examiner** Howard Schwalbe ACA  
2nd Floor - Parkgates  
Bury New Road  
Prestwich  
Manchester  
M25 0TL

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

#### **Year ended 31 August 2021**

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##### **Structure, governance and management**

Convalescent Retreat Limited is constituted by Memorandum and Articles of Association and is a company limited by guarantee. It was incorporated on 24 August 2018 as a company and the company number is 11534977. It was registered as a charity on 08 May 2019 with a charity number 1183303.

There is no chief executive officer. The day to day affairs are undertaken by the management on behalf of the trustees. All major decisions are taken collectively by the trustees and all the trustees give of their time freely. The trustees are unpaid and details of any related party transactions are disclosed as applicable in the notes to the accounts. The arrangements for setting the pay of the charity's employees are the sole domain of the trustees.

The trustees of the charity are legally responsible for the overall management and control of the charity and meet regularly. A management committee which includes the trustees, user representatives, volunteers and staff representatives meet monthly to review financial and performance reports. The committee has delegated responsibility for scrutiny and strategic planning.

A policy and procedure for the induction and training of new trustees is currently being developed and will be implemented in the coming year.

##### **Risk review**

The Trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the Trust, and are satisfied that systems are in place to manage our exposure to the major risks.

The risks faced by the trust are principally operational risks from ineffective grant making or direct charitable activity. These risks are managed by the trustees researching potential beneficiaries before granting donations or payment of direct charitable activity.

Report back and review procedures strengthen these safeguards to ensure public benefit is achieved from all grants and direct charitable activity

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

#### Year ended 31 August 2021

---

##### **Objectives and activities**

The objects of the charity are:

(i) the preservation and protection of the health generally of Jewish women and their families, and in particular the physical, mental and emotional health of Jewish mothers recovering from childbirth by the provision of a mother and baby home;

(ii) the relief of financial hardship and ill health, either generally or individually, amongst women and their families within the Jewish community by assisting in the provision of items directed at improving their post natal conditions of life

##### **Public benefit**

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit and in particular to its supplementary public benefit guidance on advancing education when reviewing the charity's aims and objectives and in planning future activities and setting grant making policy for the year.

##### **Grant making policy**

The charity does not normally pay out any material grants.

The application of the funds by way of direct charitable activity on the mother and baby home.

The trustees consider they have met the public benefit test and outline these achievements below.

The trustees measure the success of achieving the stated aims by the number of women attending the mother and baby home each year. The expenditure on the mother and baby home is detailed in the notes to the accounts and the trustees consider they have met their aims successfully this year.

The trustees consider the shorter term aims to be similar to the longer term aims and assess the achievement of the charity in the same way.

##### **Strategic report**

The following sections for achievements and performance and financial review form the strategic report of the charity.

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

#### **Year ended 31 August 2021**

---

##### **Achievements and performance**

The charity received £119,000 in donations and £298,425 in JRS payments during the year and spent £398,116 on running and support costs for the centre.

The Centre offers short residential breaks to low risk postnatal mothers and their babies in an effort to promote rest and relaxation. Day to day needs of mother and baby are fully catered for by a range of hospitality staff and experienced health care support workers whilst qualified midwives carry out postpartum checks and observations.

The charity has governance costs comprising professional fees.

All other office costs are borne by a local benefactor and the trustees wish to record their appreciation to the benefactor for the free use of their offices.

There were no fundraising costs incurred during the year.

Related party transactions in the reporting period are as disclosed in the notes to the accounts as applicable.

There was an overall net income and net movement in funds for the year amounting to £19,313.

##### **Financial review**

The trustees consider that the year was an excellent one in terms of donations and the number of mothers who came to the Centre and were able to recuperate in their immediate postnatal period. The trustees are delighted to have made many valuable contributions to the community.

##### **Reserves policy**

The Unrestricted Fund is in deficit and the trustees consider this to be acceptable as they are confident that the shortfall will be made up through fundraising in future periods.

In considering the financial obligations of the charity, the trustees have resolved to maintain a minimum reserve, being the current assets of the charity.

The Trustees are satisfied that the balance of the Fund is an acceptable level of reserves given the nature of revenue receipts against grants payable.

The free reserves, being the net current liabilities, stand at £(36,210), all of which are unrestricted. This has been referred to in the notes to the financial statements.

##### **Coronavirus**

For the year and since the year end the charity has been unable to maintain and manage the retreat for women convalescing post nataly owing to corona restrictions. The charity utilised the JRS Scheme as disclosed in the notes to the accounts.

The trustees are of the opinion that coronavirus is not a going concern issue.

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

#### **Year ended 31 August 2021**

---

The trustees' annual report and the strategic report were approved on 4 May 2022 and signed on behalf of the board of trustees by:

**D Neuwirth**  
Trustee

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Independent Examiner's Report to the Trustees of Convalescent Retreat Limited**

#### **Year ended 31 August 2021**

---

I report to the trustees on my examination of the financial statements of Convalescent Retreat Limited ('the charity') for the year ended 31 August 2021.

#### **Responsibilities and basis of report**

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Independent Examiner's Report to the Trustees of Convalescent Retreat Limited** *(continued)*

#### **Year ended 31 August 2021**

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I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Howard Schwalbe ACA**  
Independent Examiner

2nd Floor - Parkgates  
Bury New Road  
Prestwich  
Manchester  
M25 0TL

4 May 2022

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Statement of Financial Activities (including income and expenditure account)

Year ended 31 August 2021

|                                                           |      | 2021            |                 | 2020            |
|-----------------------------------------------------------|------|-----------------|-----------------|-----------------|
|                                                           |      | Unrestricted    | Total funds     | Total funds     |
|                                                           | Note | funds           |                 |                 |
|                                                           |      | £               | £               | £               |
| <b>Income and endowments</b>                              |      |                 |                 |                 |
| Donations and legacies                                    | 5    | 417,425         | 417,425         | 653,807         |
| Investment income                                         | 6    | 4               | 4               | 2               |
| <b>Total income</b>                                       |      | <u>417,429</u>  | <u>417,429</u>  | <u>653,809</u>  |
| <b>Expenditure</b>                                        |      |                 |                 |                 |
| Expenditure on charitable activities                      | 7,8  | 398,116         | 398,116         | 657,036         |
| <b>Total expenditure</b>                                  |      | <u>398,116</u>  | <u>398,116</u>  | <u>657,036</u>  |
| <b>Net income/(expenditure) and net movement in funds</b> |      | <u>19,313</u>   | <u>19,313</u>   | <u>(3,227)</u>  |
| <b>Reconciliation of funds</b>                            |      |                 |                 |                 |
| Total funds brought forward                               |      | (55,382)        | (55,382)        | (52,155)        |
| <b>Total funds carried forward</b>                        |      | <u>(36,069)</u> | <u>(36,069)</u> | <u>(55,382)</u> |

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

The notes on pages 10 to 18 form part of these financial statements.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Statement of Financial Position

31 August 2021

|                                                       | Note | 2021<br>£       | 2020<br>£       |
|-------------------------------------------------------|------|-----------------|-----------------|
| <b>Fixed assets</b>                                   |      |                 |                 |
| Tangible fixed assets                                 | 14   | 141             | 184             |
| <b>Current assets</b>                                 |      |                 |                 |
| Debtors                                               | 15   | 13,076          | 8,387           |
| Cash at bank and in hand                              |      | 22,396          | 1,896           |
|                                                       |      | <u>35,472</u>   | <u>10,283</u>   |
| <b>Creditors: amounts falling due within one year</b> | 16   | 71,682          | 65,849          |
| <b>Net current liabilities</b>                        |      | <u>36,210</u>   | <u>55,566</u>   |
| <b>Total assets less current liabilities</b>          |      | <u>(36,069)</u> | <u>(55,382)</u> |
| <b>Net liabilities</b>                                |      | <u>(36,069)</u> | <u>(55,382)</u> |
| <b>Funds of the charity</b>                           |      |                 |                 |
| Unrestricted funds                                    |      | (36,069)        | (55,382)        |
| <b>Total charity funds</b>                            | 18   | <u>(36,069)</u> | <u>(55,382)</u> |

For the year ending 31 August 2021 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on 4 May 2022, and are signed on behalf of the board by:

**D Neuwirth**  
Trustee

The notes on pages 10 to 18 form part of these financial statements.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements

Year ended 31 August 2021

---

#### 1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is Allanadale Court, Flat 1, Waterpark Road, Salford, Lancashire, M7 4JN.

#### 2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

#### 3. Accounting policies

##### Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

##### Going concern

The charity has net current liabilities and an overall deficit on its reserves.

The trustees acknowledge the above and are confident that the charity will be able to continue for the foreseeable future as they have obtained assurances from a local philanthropist that the charity will be able to continue to operate for the foreseeable future. Furthermore, the trustees are committed to raising funds to ensure the charity is able to repay its creditors as they fall due for repayment.

It should be noted that the creditors are made up of accruals and interest free other creditors made up of trade creditors and other creditors who have acknowledged that they will not call in their loans to the detriment of the charity. Additionally, the charity returned a surplus in the year.

It is appropriate therefore for the financial statements to be prepared on a going concern basis.

##### Judgements and key sources of estimation uncertainty

The preparation of the financial statements did not require management to make judgements, estimates or assumptions that affect the amounts reported.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2021

---

#### 3. Accounting policies *(continued)*

##### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

##### **Incoming resources**

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2021

---

#### 3. Accounting policies *(continued)*

##### Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

##### Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

##### Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

|           |                     |
|-----------|---------------------|
| Equipment | - 15% straight line |
|-----------|---------------------|

##### Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2021

---

#### 3. Accounting policies *(continued)*

##### **Impairment of fixed assets *(continued)***

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the charity are assigned to those units.

##### **Financial instruments**

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2021

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#### 3. Accounting policies *(continued)*

##### Financial instruments *(continued)*

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

##### Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

#### 4. Limited by guarantee

Convalescent Retreat Limited is a registered charity and a company limited by guarantee and does not have a share capital. In the event of the charity being wound up, members are required to contribute an amount not exceeding £10.

#### 5. Donations and legacies

|                  | Unrestricted<br>Funds<br>£ | Total Funds<br>2021<br>£ | Unrestricted<br>Funds<br>£ | Total Funds<br>2020<br>£ |
|------------------|----------------------------|--------------------------|----------------------------|--------------------------|
| <b>Donations</b> |                            |                          |                            |                          |
| Donations        | 119,000                    | 119,000                  | 531,888                    | 531,888                  |
| <b>Grants</b>    |                            |                          |                            |                          |
| JRS Scheme       | 298,425                    | 298,425                  | 121,919                    | 121,919                  |
|                  | <u>417,425</u>             | <u>417,425</u>           | <u>653,807</u>             | <u>653,807</u>           |

#### 6. Investment income

|                          | Unrestricted<br>Funds<br>£ | Total Funds<br>2021<br>£ | Unrestricted<br>Funds<br>£ | Total Funds<br>2020<br>£ |
|--------------------------|----------------------------|--------------------------|----------------------------|--------------------------|
| Bank interest receivable | <u>4</u>                   | <u>4</u>                 | <u>2</u>                   | <u>2</u>                 |

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 August 2021

#### 7. Expenditure on charitable activities by fund type

|                                            | Unrestricted<br>Funds<br>£ | Total Funds<br>2021<br>£ | Unrestricted<br>Funds<br>£ | Total Funds<br>2020<br>£ |
|--------------------------------------------|----------------------------|--------------------------|----------------------------|--------------------------|
| Nursing & other direct costs of the Centre | 358,515                    | 358,515                  | 616,941                    | 616,941                  |
| Support costs                              | 39,601                     | 39,601                   | 40,095                     | 40,095                   |
|                                            | <u>398,116</u>             | <u>398,116</u>           | <u>657,036</u>             | <u>657,036</u>           |

#### 8. Expenditure on charitable activities by activity type

|                                            | Activities<br>undertaken<br>directly<br>£ | Support<br>costs<br>£ | Total funds<br>2021<br>£ | Total fund<br>2020<br>£ |
|--------------------------------------------|-------------------------------------------|-----------------------|--------------------------|-------------------------|
| Nursing & other direct costs of the Centre | 358,515                                   | 34,616                | 393,131                  | 651,373                 |
| Governance costs                           | –                                         | 4,985                 | 4,985                    | 5,663                   |
|                                            | <u>358,515</u>                            | <u>39,601</u>         | <u>398,116</u>           | <u>657,036</u>          |

#### 9. Analysis of support costs

|                  | Analysis of<br>support costs<br>£ | Total 2021<br>£ | Total 2020<br>£ |
|------------------|-----------------------------------|-----------------|-----------------|
| Staff costs      | 34,390                            | 34,390          | 32,795          |
| General office   | 226                               | 226             | 1,636           |
| Governance costs | 4,985                             | 4,985           | 5,664           |
|                  | <u>39,601</u>                     | <u>39,601</u>   | <u>40,095</u>   |

#### 10. Net income/(expenditure)

Net income/(expenditure) is stated after charging/(crediting):

|                                       | 2021<br>£ | 2020<br>£ |
|---------------------------------------|-----------|-----------|
| Depreciation of tangible fixed assets | <u>43</u> | <u>35</u> |

#### 11. Independent examination fees

|                                                                                                      | 2021<br>£    | 2020<br>£    |
|------------------------------------------------------------------------------------------------------|--------------|--------------|
| Fees payable to the independent examiner for:<br>Independent examination of the financial statements | <u>3,000</u> | <u>4,200</u> |

#### 12. Staff costs

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2021

---

#### 12. Staff costs *(continued)*

The average head count of employees during the year was 19 (2020: 23). The average number of full-time equivalent employees during the year is analysed as follows:

|                                       | 2021<br>No. | 2020<br>No. |
|---------------------------------------|-------------|-------------|
| Number of administrative staff        | 1           | 1           |
| Number of nursing and ancillary staff | 18          | 22          |
|                                       | <u>19</u>   | <u>23</u>   |

No employee received employee benefits of more than £60,000 during the year (2020: Nil).

#### 13. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

#### 14. Tangible fixed assets

|                                        | Equipment<br>£ |
|----------------------------------------|----------------|
| <b>Cost</b>                            |                |
| At 1 September 2020 and 31 August 2021 | <u>219</u>     |
| <b>Depreciation</b>                    |                |
| At 1 September 2020                    | 35             |
| Charge for the year                    | 43             |
| At 31 August 2021                      | <u>78</u>      |
| <b>Carrying amount</b>                 |                |
| At 31 August 2021                      | <u>141</u>     |
| At 31 August 2020                      | <u>184</u>     |

#### 15. Debtors

|                                | 2021<br>£     | 2020<br>£    |
|--------------------------------|---------------|--------------|
| Prepayments and accrued income | <u>13,076</u> | <u>8,387</u> |

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2021

---

#### 16. Creditors: amounts falling due within one year

|                                 | 2021          | 2020          |
|---------------------------------|---------------|---------------|
|                                 | £             | £             |
| Bank loans and overdrafts       | 39,438        | 24,209        |
| Trade creditors                 | 20,179        | –             |
| Accruals and deferred income    | 4,808         | 32,884        |
| Social security and other taxes | 5,656         | 4,801         |
| Other creditors                 | 1,601         | 3,955         |
|                                 | <u>71,682</u> | <u>65,849</u> |

#### 17. Pensions and other post-retirement benefits

##### Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £6,033 (2020: £7,465).

#### 18. Analysis of charitable funds

##### Unrestricted funds

|               | At 01<br>Sept 2020<br>£ | Income<br>£    | Expenditure<br>£ | At 31<br>Aug 2021<br>£ |
|---------------|-------------------------|----------------|------------------|------------------------|
| General funds | <u>(55,382)</u>         | <u>417,429</u> | <u>(398,116)</u> | <u>(36,069)</u>        |

  

|               | At 01<br>Sept 2019<br>£ | Income<br>£    | Expenditure<br>£ | At 31<br>Aug 2020<br>£ |
|---------------|-------------------------|----------------|------------------|------------------------|
| General funds | <u>(52,155)</u>         | <u>653,809</u> | <u>(657,036)</u> | <u>(55,382)</u>        |

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2021

---

#### 19. Analysis of net assets between funds

|                            | Unrestricted<br>Funds<br>£ | Total Funds<br>2021<br>£ |
|----------------------------|----------------------------|--------------------------|
| Tangible fixed assets      | 141                        | 141                      |
| Current assets             | 35,472                     | 35,472                   |
| Creditors less than 1 year | (71,682)                   | (71,682)                 |
| <b>Net liabilities</b>     | <b>(36,069)</b>            | <b>(36,069)</b>          |

  

|                            | Unrestricted<br>Funds<br>£ | Total Funds<br>2020<br>£ |
|----------------------------|----------------------------|--------------------------|
| Tangible fixed assets      | 184                        | 184                      |
| Current assets             | 10,283                     | 10,283                   |
| Creditors less than 1 year | (65,849)                   | (65,849)                 |
| <b>Net liabilities</b>     | <b>(55,382)</b>            | <b>(55,382)</b>          |

#### 20. Related parties

Mr D Neuwirth of Convalescent Retreat Limited, has directorships and trusteeships as detailed below: -

The Helping Foundation - director and trustee;  
Newmarston Ltd - director and trustee;

Mr R Halpern, trustee of Convalescent Retreat Limited, is also a director and trustee Newmarston Ltd.

During the year The Helping Foundation donated £104,000 and Newmarston Ltd £15,000 to Convalescent Retreat Limited.

#### 21. Taxation

Convalescent Retreat Limited is a registered charity and therefore is not liable to income tax on income derived from its charitable activities, as it falls within the various exemptions available to registered charities.

**CONVALESCENT RETREAT LIMITED**

England & Wales - Charity number 1183303

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# Accounts

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COMPANY REGISTRATION NUMBER: 11534977  
CHARITY REGISTRATION NUMBER: 1183303

**Convalescent Retreat Limited**  
**Company Limited by Guarantee**  
**Unaudited Financial Statements**  
**31 August 2020**

**HAFFNER HOFF LTD**

Accountants  
2nd Floor - Parkgates  
Bury New Road  
Prestwich  
Manchester  
M25 0TL

# **Convalescent Retreat Limited**

**Company Limited by Guarantee**

## **Financial Statements**

**Year ended 31 August 2020**

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| Notes to the financial statements                                            | <b>11</b>   |

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# Convalescent Retreat Limited

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report)

#### Year ended 31 August 2020

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The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 August 2020.

#### Reference and administrative details

**Registered charity name** Convalescent Retreat Limited

**Charity registration number** 1183303

**Company registration number** 11534977

**Principal office and registered office** Allanadale Court, Flat 1  
Waterpark Road  
Salford  
Lancashire  
M7 4JN

#### The trustees

R T Halpern  
B Hassan  
D Neuwirth

**Independent examiner** Howard Schwalbe ACA  
2nd Floor - Parkgates  
Bury New Road  
Prestwich  
Manchester  
M25 0TL

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

#### **Year ended 31 August 2020**

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##### **Structure, governance and management**

Convalescent Retreat Limited is constituted by Memorandum and Articles of Association and is a company limited by guarantee. It was incorporated on 24 August 2018 as a company and the company number is 11534977. It was registered as a charity on 08 May 2019 with a charity number 1183303.

There is no chief executive officer. The day to day affairs are undertaken by the management on behalf of the trustees. All major decisions are taken collectively by the trustees and all the trustees give of their time freely. The trustees are unpaid and details of any related party transactions are disclosed as applicable in the notes to the accounts. The arrangements for setting the pay of the charity's employees are the sole domain of the trustees.

The trustees of the charity are legally responsible for the overall management and control of the charity and meet regularly. A management committee which includes the trustees, user representatives, volunteers and staff representatives meet monthly to review financial and performance reports. The committee has delegated responsibility for scrutiny and strategic planning.

A policy and procedure for the induction and training of new trustees is currently being developed and will be implemented in the coming year.

##### **Risk review**

The Trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the Trust, and are satisfied that systems are in place to manage our exposure to the major risks.

The risks faced by the trust are principally operational risks from ineffective grant making or direct charitable activity. These risks are managed by the trustees researching potential beneficiaries before granting donations or payment of direct charitable activity.

Report back and review procedures strengthen these safeguards to ensure public benefit is achieved from all grants and direct charitable activity

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

#### **Year ended 31 August 2020**

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##### **Objectives and activities**

The objects of the charity are:

(i) the preservation and protection of the health generally of Jewish women and their families, and in particular the physical, mental and emotional health of Jewish mothers recovering from childbirth by the provision of a mother and baby home;

(ii) the relief of financial hardship and ill health, either generally or individually, amongst women and their families within the Jewish community by assisting in the provision of items directed at improving their post natal conditions of life

##### **Public benefit**

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit and in particular to its supplementary public benefit guidance on advancing education when reviewing the charity's aims and objectives and in planning future activities and setting grant making policy for the year.

##### **Grant making policy**

The charity does not normally pay out any material grants.

The application of the funds by way of direct charitable activity on the mother and baby home.

The trustees consider they have met the public benefit test and outline these achievements below.

The trustees measure the success of achieving the stated aims by the number of women attending the mother and baby home each year. The expenditure on the mother and baby home is detailed in the notes to the accounts and the trustees consider they have met their aims successfully this year.

The trustees consider the shorter term aims to be similar to the longer term aims and assess the achievement of the charity in the same way.

##### **Strategic report**

The following sections for achievements and performance and financial review form the strategic report of the charity.

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

#### **Year ended 31 August 2020**

---

##### **Achievements and performance**

The charity received £531,888 in donations and £121,919 in JRS payments during the year and spent £657,036 on running and support costs for the centre.

The Centre offers short residential breaks to low risk postnatal mothers and their babies in an effort to promote rest and relaxation. Day to day needs of mother and baby are fully catered for by a range of hospitality staff and experienced health care support workers whilst qualified midwives carry out postpartum checks and observations.

The charity has governance costs comprising professional fees.

All other office costs are borne by a local benefactor and the trustees wish to record their appreciation to the benefactor for the free use of their offices.

There were no fundraising costs incurred during the year.

Related party transactions in the reporting period are as disclosed in the notes to the accounts as applicable.

There was an overall net expenditure and net movement in funds for the year amounting to £(3,227).

##### **Financial review**

The trustees consider that the year was an excellent one in terms of donations and the number of mothers who came to the Centre and were able to recuperate in their immediate postnatal period. The trustees are delighted to have made many valuable contributions to the community.

##### **Reserves policy**

The Unrestricted Fund is in deficit and the trustees consider this to be acceptable as they are confident that the shortfall will be made up through fundraising in future periods.

In considering the financial obligations of the charity, the trustees have resolved to maintain a minimum reserve, being the current assets of the charity.

The Trustees are satisfied that the balance of the Fund is an acceptable level of reserves given the nature of revenue receipts against grants payable.

The free reserves, being the net current liabilities, stand at £(55,566), all of which are unrestricted. This has been referred to in the notes to the financial statements.

##### **Coronavirus**

For part of the year and since the year end the charity has been unable to maintain and manage the retreat for women convalescing post nataly owing to corona restrictions.

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

#### **Year ended 31 August 2020**

---

The trustees' annual report and the strategic report were approved on 14 May 2021 and signed on behalf of the board of trustees by:

**D Neuwirth**  
Trustee

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Independent Examiner's Report to the Trustees of Convalescent Retreat Limited**

**Year ended 31 August 2020**

---

I report to the trustees on my examination of the financial statements of Convalescent Retreat Limited ('the charity') for the year ended 31 August 2020.

#### **Responsibilities and basis of report**

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

# **Convalescent Retreat Limited**

## **Company Limited by Guarantee**

### **Independent Examiner's Report to the Trustees of Convalescent Retreat Limited** *(continued)*

#### **Year ended 31 August 2020**

---

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Howard Schwalbe ACA**  
Independent Examiner

2nd Floor - Parkgates  
Bury New Road  
Prestwich  
Manchester  
M25 0TL

14 May 21

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Statement of Financial Activities (including income and expenditure account)

Year ended 31 August 2020

|                                                  |      | Year to 31 Aug 20     | Period from<br>24 Aug 18 to<br>31 Aug 19 |
|--------------------------------------------------|------|-----------------------|------------------------------------------|
|                                                  |      | Unrestricted<br>funds | Total funds                              |
|                                                  | Note | £                     | £                                        |
| <b>Income and endowments</b>                     |      |                       |                                          |
| Donations and legacies                           | 5    | 653,807               | 653,807                                  |
| Investment income                                | 6    | 2                     | 2                                        |
| <b>Total income</b>                              |      | <u>653,809</u>        | <u>653,809</u>                           |
| <b>Expenditure</b>                               |      |                       |                                          |
| Expenditure on charitable activities             | 7,8  | 657,036               | 657,036                                  |
| <b>Total expenditure</b>                         |      | <u>657,036</u>        | <u>657,036</u>                           |
| <b>Net expenditure and net movement in funds</b> |      | <u>(3,227)</u>        | <u>(52,155)</u>                          |
| <b>Reconciliation of funds</b>                   |      |                       |                                          |
| Total funds brought forward                      |      | (52,155)              | —                                        |
| <b>Total funds carried forward</b>               |      | <u>(55,382)</u>       | <u>(52,155)</u>                          |

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

The notes on pages 11 to 20 form part of these financial statements.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Statement of Financial Position

31 August 2020

|                                                       | Note | 2020<br>£       | 2019<br>£       |
|-------------------------------------------------------|------|-----------------|-----------------|
| <b>Fixed assets</b>                                   |      |                 |                 |
| Tangible fixed assets                                 | 15   | 184             | –               |
| <b>Current assets</b>                                 |      |                 |                 |
| Debtors                                               | 16   | 8,387           | 11,961          |
| Cash at bank and in hand                              |      | 1,896           | 7,225           |
|                                                       |      | <u>10,283</u>   | <u>19,186</u>   |
| <b>Creditors: amounts falling due within one year</b> | 18   | 65,849          | 71,341          |
| <b>Net current liabilities</b>                        |      | <u>55,566</u>   | <u>52,155</u>   |
| <b>Total assets less current liabilities</b>          |      | <u>(55,382)</u> | <u>(52,155)</u> |
| <b>Net liabilities</b>                                |      | <u>(55,382)</u> | <u>(52,155)</u> |
| <b>Funds of the charity</b>                           |      |                 |                 |
| Unrestricted funds                                    |      | (55,382)        | (52,155)        |
| <b>Total charity funds</b>                            | 20   | <u>(55,382)</u> | <u>(52,155)</u> |

For the year ending 31 August 2020 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on 14 May 21, and are signed on behalf of the board by:

**D Neuwirth**  
Trustee

The notes on pages 11 to 20 form part of these financial statements.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Statement of Cash Flows

Year ended 31 August 2020

|                                                       | Note      | 2020<br>£       | 2019<br>£      |
|-------------------------------------------------------|-----------|-----------------|----------------|
| <b>Cash flows from operating activities</b>           |           |                 |                |
| Net expenditure                                       |           | (3,227)         | (52,155)       |
| <i>Adjustments for:</i>                               |           |                 |                |
| Depreciation of tangible fixed assets                 |           | 35              | –              |
| Other interest receivable and similar income          |           | (2)             | –              |
| Interest payable and similar charges                  |           | –               | 10             |
| Accrued expenses                                      |           | 26,673          | 6,211          |
| <i>Changes in:</i>                                    |           |                 |                |
| Trade and other debtors                               |           | 3,574           | (11,961)       |
| Trade and other creditors                             |           | (44,480)        | 53,236         |
| Cash generated from operations                        |           | (17,427)        | (4,659)        |
| Interest paid                                         |           | –               | (10)           |
| Interest received                                     |           | 2               | –              |
| Net cash used in operating activities                 |           | <u>(17,425)</u> | <u>(4,669)</u> |
| <b>Cash flows from investing activities</b>           |           |                 |                |
| Purchase of tangible assets                           |           | (219)           | –              |
| Net cash used in investing activities                 |           | <u>(219)</u>    | <u>–</u>       |
| <b>Net decrease in cash and cash equivalents</b>      |           | (17,644)        | (4,669)        |
| <b>Cash and cash equivalents at beginning of year</b> |           | (4,669)         | –              |
| <b>Cash and cash equivalents at end of year</b>       | <b>17</b> | <u>(22,313)</u> | <u>(4,669)</u> |

The notes on pages 11 to 20 form part of these financial statements.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements

Year ended 31 August 2020

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#### 1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is Allanadale Court, Flat 1, Waterpark Road, Salford, Lancashire, M7 4JN.

#### 2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

#### 3. Accounting policies

##### Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

##### Going concern

The charity has net current liabilities and an overall deficit on its reserves.

The trustees acknowledge the above and are confident that the charity will be able to continue for the foreseeable future as they have obtained assurances from a local philanthropist that the charity will be able to continue to operate for the foreseeable future. Furthermore, the trustees are committed to raising funds to ensure the charity is able to repay its creditors as they fall due for repayment.

It should be noted that the creditors are made up of accruals and interest free other creditors made up of trade creditors and other creditors who have acknowledged that they will not call in their loans to the detriment of the charity.

It is appropriate therefore for the financial statements to be prepared on a going concern basis.

##### Judgements and key sources of estimation uncertainty

The preparation of the financial statements did not require management to make judgements, estimates or assumptions that affect the amounts reported.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 August 2020

---

#### 3. Accounting policies *(continued)*

##### Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

##### Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 August 2020

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#### 3. Accounting policies *(continued)*

##### Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

##### Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

##### Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

|           |                     |
|-----------|---------------------|
| Equipment | - 15% straight line |
|-----------|---------------------|

##### Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2020

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#### 3. Accounting policies *(continued)*

##### **Impairment of fixed assets *(continued)***

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the charity are assigned to those units.

##### **Financial instruments**

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2020

---

#### 3. Accounting policies *(continued)*

##### Financial instruments *(continued)*

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

##### Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

#### 4. Limited by guarantee

Convalescent Retreat Limited is a registered charity and a company limited by guarantee and does not have a share capital. In the event of the charity being wound up, members are required to contribute an amount not exceeding £10.

#### 5. Donations and legacies

|                  | Unrestricted<br>Funds<br>£ | Total Funds<br>2020<br>£ | Unrestricted<br>Funds<br>£ | Total Funds<br>2019<br>£ |
|------------------|----------------------------|--------------------------|----------------------------|--------------------------|
| <b>Donations</b> |                            |                          |                            |                          |
| Donations        | 531,888                    | 531,888                  | 753,000                    | 753,000                  |
| <b>Grants</b>    |                            |                          |                            |                          |
| JRS Scheme       | 121,919                    | 121,919                  | —                          | —                        |
|                  | <u>653,807</u>             | <u>653,807</u>           | <u>753,000</u>             | <u>753,000</u>           |

#### 6. Investment income

|                          | Unrestricted<br>Funds<br>£ | Total Funds<br>2020<br>£ | Unrestricted<br>Funds<br>£ | Total Funds<br>2019<br>£ |
|--------------------------|----------------------------|--------------------------|----------------------------|--------------------------|
| Bank interest receivable | <u>2</u>                   | <u>2</u>                 | <u>—</u>                   | <u>—</u>                 |

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 August 2020

#### 7. Expenditure on charitable activities by fund type

|                                            | Unrestricted<br>Funds<br>£ | <b>Total Funds<br/>2020<br/>£</b> | Unrestricted<br>Funds<br>£ | Total Funds<br>2019<br>£ |
|--------------------------------------------|----------------------------|-----------------------------------|----------------------------|--------------------------|
| Nursing & other direct costs of the Centre | 616,941                    | 616,941                           | 758,310                    | 758,310                  |
| Support costs                              | 40,095                     | 40,095                            | 46,845                     | 46,845                   |
|                                            | <u>657,036</u>             | <u>657,036</u>                    | <u>805,155</u>             | <u>805,155</u>           |

#### 8. Expenditure on charitable activities by activity type

|                                            | Activities<br>undertaken<br>directly<br>£ | Support<br>costs<br>£ | <b>Total funds<br/>2020<br/>£</b> | Total fund<br>2019<br>£ |
|--------------------------------------------|-------------------------------------------|-----------------------|-----------------------------------|-------------------------|
| Nursing & other direct costs of the Centre | 616,941                                   | 34,432                | 651,373                           | 800,955                 |
| Governance costs                           | –                                         | 5,663                 | 5,663                             | 4,200                   |
|                                            | <u>616,941</u>                            | <u>40,095</u>         | <u>657,036</u>                    | <u>805,155</u>          |

#### 9. Analysis of support costs

|                  | Analysis of<br>support costs<br>£ | <b>Total 2020<br/>£</b> | Total 2019<br>£ |
|------------------|-----------------------------------|-------------------------|-----------------|
| Staff costs      | 32,795                            | 32,795                  | –               |
| General office   | 1,636                             | 1,636                   | 5,958           |
| Governance costs | 5,664                             | 5,664                   | 4,200           |
|                  | <u>40,095</u>                     | <u>40,095</u>           | <u>10,158</u>   |

#### 10. Analysis of grants

|                               | <b>Year to<br/>31 Aug 20<br/>£</b> | Period from<br>24 Aug 18 to<br>31 Aug 19<br>£ |
|-------------------------------|------------------------------------|-----------------------------------------------|
| <b>Grants to institutions</b> |                                    |                                               |
| Other grants                  | –                                  | 496                                           |
| Total grants                  | <u>–</u>                           | <u>496</u>                                    |

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2020

---

#### 11. Net expenditure

Net expenditure is stated after charging/(crediting):

|                                       | 2020 | 2019 |
|---------------------------------------|------|------|
|                                       | £    | £    |
| Depreciation of tangible fixed assets | 35   | –    |

#### 12. Independent examination fees

|                                                                                                      | Year to<br>31 Aug 20 | Period from<br>24 Aug 18 to<br>31 Aug 19 |
|------------------------------------------------------------------------------------------------------|----------------------|------------------------------------------|
|                                                                                                      | £                    | £                                        |
| Fees payable to the independent examiner for:<br>Independent examination of the financial statements | 4,200                | 4,200                                    |

#### 13. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

|                                         | Year to<br>31 Aug 20 | Period from<br>24 Aug 18 to<br>31 Aug 19 |
|-----------------------------------------|----------------------|------------------------------------------|
|                                         | £                    | £                                        |
| Wages and salaries                      | 403,296              | 415,847                                  |
| Social security costs                   | 24,856               | 27,586                                   |
| Employer contributions to pension plans | 7,465                | 7,420                                    |
|                                         | 435,617              | 450,853                                  |

The average head count of employees during the year was 23 (2019: 25). The average number of full-time equivalent employees during the year is analysed as follows:

|                                       | 2020<br>No. | 2019<br>No. |
|---------------------------------------|-------------|-------------|
| Number of administrative staff        | 1           | 1           |
| Number of nursing and ancillary staff | 22          | 24          |
|                                       | 23          | 25          |

No employee received employee benefits of more than £60,000 during the year (2019: Nil).

#### 14. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2020

---

##### 15. Tangible fixed assets

|                          | Equipment<br>£ |
|--------------------------|----------------|
| <b>Cost</b>              |                |
| At 1 September 2019      | –              |
| Additions                | 219            |
| <b>At 31 August 2020</b> | <u>219</u>     |
| <b>Depreciation</b>      |                |
| At 1 September 2019      | –              |
| Charge for the year      | 35             |
| <b>At 31 August 2020</b> | <u>35</u>      |
| <b>Carrying amount</b>   |                |
| <b>At 31 August 2020</b> | <u>184</u>     |
| At 31 August 2019        | <u>–</u>       |

##### 16. Debtors

|                                | 2020<br>£    | 2019<br>£     |
|--------------------------------|--------------|---------------|
| Prepayments and accrued income | <u>8,387</u> | <u>11,961</u> |

##### 17. Cash and cash equivalents

Cash and cash equivalents comprise the following:

|                          | 2020<br>£       | 2019<br>£      |
|--------------------------|-----------------|----------------|
| Cash at bank and in hand | 1,896           | 7,225          |
| Bank overdrafts          | (24,209)        | (11,894)       |
|                          | <u>(22,313)</u> | <u>(4,669)</u> |

##### 18. Creditors: amounts falling due within one year

|                                 | 2020<br>£     | 2019<br>£     |
|---------------------------------|---------------|---------------|
| Bank loans and overdrafts       | 24,209        | 11,894        |
| Trade creditors                 | –             | 37,376        |
| Accruals and deferred income    | 32,884        | 6,211         |
| Social security and other taxes | 4,801         | 13,539        |
| Other creditors                 | 3,955         | 2,321         |
|                                 | <u>65,849</u> | <u>71,341</u> |

# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2020

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#### 19. Pensions and other post retirement benefits

##### Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £7,465 (2019: £7,420).

#### 20. Analysis of charitable funds

##### Unrestricted funds

|               | At 01<br>Sept 2019<br>£ | Income<br>£ | Expenditure<br>£ | At 31<br>Aug 2020<br>£ |
|---------------|-------------------------|-------------|------------------|------------------------|
| General funds | (52,155)                | 653,809     | (657,036)        | (55,382)               |

  

|               | At 24<br>Aug 2018<br>£ | Income<br>£ | Expenditure<br>£ | At 31<br>Aug 2019<br>£ |
|---------------|------------------------|-------------|------------------|------------------------|
| General funds | –                      | 753,000     | (805,155)        | (52,155)               |

#### 21. Analysis of net assets between funds

|                            | Unrestricted<br>Funds<br>£ | Total Funds<br>2020<br>£ |
|----------------------------|----------------------------|--------------------------|
| Tangible fixed assets      | 184                        | 184                      |
| Current assets             | 10,283                     | 10,283                   |
| Creditors less than 1 year | (65,849)                   | (65,849)                 |
| <b>Net liabilities</b>     | <b>(55,382)</b>            | <b>(55,382)</b>          |

  

|                            | Unrestricted<br>Funds<br>£ | Total Funds<br>2019<br>£ |
|----------------------------|----------------------------|--------------------------|
| Tangible fixed assets      | –                          | –                        |
| Current assets             | 19,186                     | 19,186                   |
| Creditors less than 1 year | (71,341)                   | (71,341)                 |
| <b>Net liabilities</b>     | <b>(52,155)</b>            | <b>(52,155)</b>          |

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# Convalescent Retreat Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 August 2020

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#### 22. Analysis of changes in net debt

|                          | At<br>1 Sep 2019<br>£ | Cash flows<br>£ | At<br>31 Aug 2020<br>£ |
|--------------------------|-----------------------|-----------------|------------------------|
| Cash at bank and in hand | 7,225                 | (5,329)         | 1,896                  |
| Bank overdrafts          | (11,894)              | (12,315)        | (24,209)               |
|                          | <u>(4,669)</u>        | <u>(17,644)</u> | <u>(22,313)</u>        |

#### 23. Related parties

Mr D Neuwirth, trustee of Convalescent Retreat Limited, has directorships and trusteeships as detailed below:-

The Helping Foundation - director and trustee;  
Kitclimb Ltd - director;

During the year The Helping Foundation donated £315,000 to Convalescent Retreat Limited.

During the year Kitclimb Ltd donated £39,855 to Convalescent Retreat Limited.

#### 24. Taxation

Convalescent Retreat Limited is a registered charity and therefore is not liable to income tax on income derived from its charitable activities, as it falls within the various exemptions available to registered charities.