



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	June	2024		31	May	2025

Section A Reference and administration details

Charity name Sai Grace Trust CIO

Other names charity is known by

Registered charity number (if any) 1183278

Charity's principal address 19 GREENSIDE

DARSHAM, SAXMUNDHAM

Postcode IP17 3FB

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Rev LEONORA VAWN VAN GILS	Chair		
2	SUKHJIT AHLUWALIA	Trustee	8 January 2025	
3	TONI NEWSON	Trustee	12 December 2022	

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
Rev LEONORA VAWN VAN GILS	
SUKHJIT AHLUWALIA	8 January 2025
TONI NEWSON	12 December 2022

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

Governed by a Constitution

How the charity is constituted
(eg. trust, association, company)

Constituted as a Charitable Incorporated Organisation (CIO)

Trustee selection methods
(eg. appointed by, elected by)

Appointment by existing Board of Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The advancement of spiritual, emotional and psychological health and well-being in particular, but not exclusively, by:-

- (a) The provision of counselling, guidance and advice to those in need thereof;
- (b) Advancing education and understanding of the practice and philosophy of yoga and meditation;
- (c) The practice of non-denominational spiritual and pastoral services; particularly, but not exclusively, in accordance with the teachings of Sri Sathya Sai Baba, and to promote awareness of those teachings to the public.

To further such charitable purposes as the charity trustees see fit from time to time, in particular but not exclusively through the provision of grants in India towards relief in need and the provision of education

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Herewith is the 6th Annual Report of Sai Grace Trust CIO.

Since Sai Grace Trust moved to smaller premises, we are still actively operating in furtherance of our purposes the best we can, to help as many people as possible, who come our way.

Sai Grace Trust CIO, continues to reach out to as many people as possible, for Spiritual upliftment and counselling, in these troubled times we are living in.

Reverend Leonora van Gils is regularly contacted for support, either by phone or visit to Sai Grace Premises. She spends many hours every week on her pastoral care and on spiritual counselling, with special care and attention in supporting people suffering from trauma and in need of support.

Meditation and Yoga have been held under the guidance of a trained teacher, benefitting the participants of the events. The service is available upon request, for anyone wishing to be versed in these disciplines.

Regular Inter-Faith worship services, have been held at Sai Grace premises and have shown to be very beneficial to the participants coming from different backgrounds and cities. This included holy rituals performed on holy celebration days, by Oleksandr Ukraintsev (Saishvararama) a trained Brahmin of Hindu tradition.

Sai Grace Trust CIO, actively supports every month the Charitable Mission called 'A Light for Ukraine' in collaboration with Vsl Sai Prema a charitable Trust from Lithuania. The Mission supports a team of volunteers in Ukraine, working efficiently in Kiev and other cities, in order to alleviate the ongoing suffering of the poor and helpless citizens of Ukraine, especially elders, sick children and orphans of one or both Parents. The charitable initiative is giving regular reliable reports through social media and Newsletters, of the humanitarian services being offered to them.

Reverend Leonora van Gils continues to promote awareness to the teachings of Sri Sathya Sai Baba, as well as the teachings of those Spiritual Masters and Leaders, promoting the emotional and psychological health and well-being of Humanity.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Section E

Financial review

Brief statement of the charity's policy on reserves

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Leonora van Gils</i>	
Full name(s)	Leonora Van Gils	
Position (eg Secretary, Chair, etc)	Chair	
Date	24 November 2025	



Receipts and payments accounts

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For the period
from

Period start date
01/06/2024

To

Period end date
31/05/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations - Individual	765	-	-	765	1,223
Sub total (Gross income for AR)	765	-	-	765	1,223
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	765	-	-	765	1,223
A3 Payments					
Direct Expenses	281	-	-	281	162.28
Cleaning	-	-	-	-	-
Accountant fee	-	-	-	-	-
Bank Fee	-	-	-	-	-
Charitable Donations	1,035	-	-	1,035	1,242
Entertainment	-	-	-	-	-
General Expenses	-	-	-	-	-
Photography	-	-	-	-	-
Printing & Stationery	-	-	-	-	-
Repairs and Maintenance	-	-	-	-	-
	1,316	-	-	1,316	1,404
A4 Asset and investment purchases. (see table)					
Lawnmower	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	1,316	-	-	1,316	1,404
Net of receipts/(payments)	551	-	-	551	- 181
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	1,206	-	-	1,206	-
Cash funds this year end	1,114	-	-	-	1,206

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds				
	Cash at Bank	1,114	-	-
		-	-	-
		-	-	-
	Total cash funds	1,114	-	-

(agree balances with receipts and payments account(s))

OK

OK

Agreement Error

B2 Other monetary assets

Details

Unrestricted to nearest £	Restricted to nearest £	Endowment to nearest £
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-

B3 Investment assets

Details

Fund to which asset belongs	Cost (optional)	Current value (optional)
	-	-
	-	-
	-	-
	-	-
	-	-

B4 Assets retained for the charity's own use

Details

Fund to which asset belongs	Cost (optional)	Current value (optional)
	-	-
	-	-
	-	-
	-	-
	-	-
	-	-
	-	-
	-	-

B5 Liabilities

Details

Fund to which liability relates	Amount due (optional)	When due (optional)
	-	
	-	
	-	
	-	
	-	

Signed by one or two trustees on
behalf of all the trustees

Signature

Leonora van Gils

Print Name

LEONORA VAN GILS

Date of approval

24/11/2025