



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	June	2021		31	May	2022

Section A Reference and administration details

Charity name	Sai Grace Trust CIO
Other names charity is known by	
Registered charity number (if any)	1183278
Charity's principal address	19 GREENSIDE DARSHAM, SAXMUNDHAM
Postcode	IP17 3FB

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Rev LEONORA VAWN VAN GILS	Chair		
2	Geoffrey Steinberg	Trustee	12 December 2019	
3	Ann Jacqueline Steinberg	Trustee	12 December 2019	

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
Rev LEONORA VAWN VAN GILS	
Geoffrey Steinberg	12 December 2019
Ann Jacqueline Steinberg	12 December 2019

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Governed by a Constitution
How the charity is constituted (eg. trust, association, company)	Constituted as a Charitable Incorporated Organisation (CIO)
Trustee selection methods (eg. appointed by, elected by)	Appointment by existing Board of Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

The advancement of spiritual, emotional and psychological health and well-being in particular, but not exclusively, by:-

- (a) The provision of counselling, guidance and advice to those in need thereof;
- (b) Advancing education and understanding of the practice and philosophy of yoga and meditation;
- (c) The practice of non-denominational spiritual and pastoral services; particularly, but not exclusively, in accordance with the teachings of Sri Sathya Sai Baba, and to promote awareness of those teachings to the public.

To further such charitable purposes as the charity trustees see fit from time to time, in particular but not exclusively through the provision of grants in India towards relief in need and the provision of education

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Herewith the third Annual Report on the life of Sai Grace Trust CIO.

The Chair Reverend Leonora van Gils has counselled many people over the phone, specially during the lockdown times and keeps doing it till date.

In July 2021 we slowly emerged out of lockdown and had our first Inter-Faith Service in person at Sai Grace, Moat Hall, Darsham. After Reverend Leonora had struggled with double pneumonia for two months, it was a joy to see everyone again, after being starved of social contact in a sacred environment.

During August 2021, SGT held a mini spiritual Retreat in the garden, in order to keep everyone safe. As part of the Retreat, we had an Inter-Faith Service (which includes prayers and meditation) and devotional singing. In November, we celebrated the birthday of Sri Sathya Sai Baba, with prayers and devotional singing.

Because of the ill health of Rev Leonora earlier in the year, the Trustees agreed it was time to move to smaller premises. Moat Hall is a large place to keep up, as are the gardens and the upkeep for the Trust was

too much, for the small amount of donations coming in after Covid.

On 7 January 2022, Rev Leonora left Moat Hall and moved into a much smaller house, in Darsham village, where she can still hold services, although smaller in numbers, as well as her pastoral care.

March saw the first Service at the new Sai Grace premises where Inter-Faith Services continue every month in person.

Sai Grace Trust donated to the Sri Sathya Sai Sarla Memorial Hospital in India, offering healthcare completely free of cost. Donations were also made to British Humanitarian Aid, a Charity which supports the Ukrainian People with urgent medical supplies.

Reverend Leonora van Gils YouTube channel, offers recorded prayers and meditations for the upliftment of people in need.

This closes the 3rd year of Sai Grace Trust CIO, doing its best to be of service, to as many people as possible from around the world, during these unprecedented times.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D Achievements and performance

Summary of the main achievements of the charity during the year

It feels important to have granted a stable and constant support to people's spiritual, emotional and psychological wellbeing, even during the Coronavirus crisis, providing counselling, guidance and advice in person and over the phone.

Many people have reported an improvement in their wellbeing, as well as their peace of mind, and many others have benefitted from the support given by the Trust to external charities, furthering education, and services to homeless and needy people.

Section E Financial review

Brief statement of the charity's policy on reserves

Sai Grace Trust's policy is to ensure there are sufficient funds to cover its regular activities and to build its reserves for future charitable events in furtherance of the charitable purposes of the Trust.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

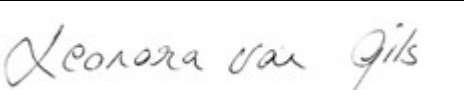
Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Leonora Van Gils	
Position (eg Secretary, Chair, etc)	Chair	
Date	10/10/2022	



Receipts and payments accounts

CC16a

For the period
from

Period start date
01/06/2021

To

Period end date
31/05/2022

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations - Individual	3.166	-	-	3.166	2.634
Sub total (Gross income for AR)	3.166	-	-	3.166	2.634
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	3.166	-	-	3.166	2.634
A3 Payments					
Direct Expenses	1.125	-	-	1.125	844
Cleaning	-	-	-	-	-
Accountant fee	300	-	-	300	300
Bank Fee	25	-	-	25	42
Charitable Donations	3.825	-	-	3.825	1.185
Entertainment	-	-	-	-	-
General Expenses	5.370	-	-	5.370	3.095
Photography	-	-	-	-	-
Printing & Stationery	-	-	-	-	-
Repairs and Maintenance	-	-	-	-	91
	10.645	-	-	10.645	5.557
A4 Asset and investment purchases, (see table)					
Lawnmower	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	10.645	-	-	10.645	5.557
Net of receipts/(payments)	- 7.479	-	-	- 7.479	- 2.923
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	11.044	-	-	11.044	-
Cash funds this year end	3.866	-	-	3.866	11.044

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds				
	Cash at Bank	3.866	-	-
		-	-	-
		-	-	-
	Total cash funds	3.866	-	-
	(agree balances with receipts and payments account(s))	OK	OK	Agreement Error
		Unrestricted	Restricted	Endowment

	Details	to nearest £	to nearest £	to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>Leonora van Gils</i>	LEONORA VAN GILS	12/10/2022