

SAI GRACE TRUST

England & Wales · Charity number 1183278

Details

Status Registered

Legal form CIO

Registered 2019-05-07

Register [View on the Charity Commission register](#)

Contact

Address 19 Greenside
Darsham
Saxmundham
Suffolk
IP17 3FB

Phone 01728668404

Email saigraceuk@gmail.com

Activities

Objects: 3.1 THE ADVANCEMENT OF SPIRITUAL, EMOTIONAL AND PSYCHOLOGICAL HEALTH AND WELL-BEING IN PARTICULAR,BUT NOT EXCLUSIVELY, BY:-(A) THE PROVISION OF COUNSELLING, GUIDANCE AND ADVICE TO THOSE IN NEED THEREOF;(B) ADVANCING EDUCATION AND UNDERSTANDING OF THE PRACTICE AND PHILOSOPHY OF YOGA ANDMEDITATION;(C) THE PRACTICE OF NON-DENOMINATIONAL SPIRITUAL AND PASTORAL SERVICES;PARTICULARLY, BUT NOT EXCLUSIVELY, IN ACCORDANCE WITH THE TEACHINGS OF SRI SATHYA SAI BABA,AND TO PROMOTE AWARENESS OF THOSE TEACHINGS TO THE PUBLIC.3.2 TO FURTHER SUCH CHARITABLE PURPOSES AS THE CHARITY TRUSTEES SEE FIT FROM TIME TO TIME, IN PARTICULARBUT NOT EXCLUSIVELY THROUGH THE PROVISION OF GRANTS IN INDIA TOWARDS RELIEF IN NEED AND THEPROVISION OF EDUCATION.

Activities: Sai Grace Trust is a Retreat Centre, where we teach and advance education and understanding of the practice and philosophy of Meditation, Yoga and devotional singing. We also conduct Inter-Faith Services. We minister to people of all faiths and none, providing spiritual counselling and pastoral services. Particularly, but not exclusively in the accordance with the teachings of Sri Sathya Sai Baba.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Other Finance, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** General Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- India
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-05-31	£765	£1,316	-	-
2024-05-31	£1,223	£1,404	-	-
2023-05-31	£1,287	£3,682	-	-
2022-05-31	£3,166	£10,645	-	-
2021-05-31	£2,634	£5,557	-	-
2020-05-31	£8,345	£6,457	-	-

Trustees

Name	Role	Appointed
Rev LEONORA VAWN VAN GILS	Chair	2017-08-20
Toni Newson		2022-12-12

SAI GRACE TRUST

England & Wales - Charity number 1183278

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	June	2024		31	May	2025

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

 Postcode

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Rev LEONORA VAWN VAN GILS	Chair		
2	SUKHJIT AHLUWALIA	Trustee	8 January 2025	
3	TONI NEWSON	Trustee	12 December 2022	

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
Rev LEONORA VAWN VAN GILS	
SUKHJIT AHLUWALIA	8 January 2025
TONI NEWSON	12 December 2022

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
<input type="text"/>	<input type="text"/>	<input type="text"/>

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Governed by a Constitution
How the charity is constituted (eg. trust, association, company)	Constituted as a Charitable Incorporated Organisation (CIO)
Trustee selection methods (eg. appointed by, elected by)	Appointment by existing Board of Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The advancement of spiritual, emotional and psychological health and well-being in particular, but not exclusively, by:-

- (a) The provision of counselling, guidance and advice to those in need thereof;
- (b) Advancing education and understanding of the practice and philosophy of yoga and meditation;
- (c) The practice of non-denominational spiritual and pastoral services; particularly, but not exclusively, in accordance with the teachings of Sri Sathya Sai Baba, and to promote awareness of those teachings to the public.

To further such charitable purposes as the charity trustees see fit from time to time, in particular but not exclusively through the provision of grants in India towards relief in need and the provision of education

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Herewith is the 6th Annual Report of Sai Grace Trust CIO.

Since Sai Grace Trust moved to smaller premises, we are still actively operating in furtherance of our purposes the best we can, to help as many people as possible, who come our way.

Sai Grace Trust CIO, continues to reach out to as many people as possible, for Spiritual upliftment and counselling, in these troubled times we are living in.

Reverend Leonora van Gils is regularly contacted for support, either by phone or visit to Sai Grace Premises. She spends many hours every week on her pastoral care and on spiritual counselling, with special care and attention in supporting people suffering from trauma and in need of support.

Meditation and Yoga have been held under the guidance of a trained teacher, benefitting the participants of the events. The service is available upon request, for anyone wishing to be versed in these disciplines.

Regular Inter-Faith worship services, have been held at Sai Grace premises and have shown to be very beneficial to the participants coming from different backgrounds and cities. This included holy rituals performed on holy celebration days, by Oleksandr Ukraintsev (Saishvararama) a trained Brahmin of Hindu tradition.

Sai Grace Trust CIO, actively supports every month the Charitable Mission called 'A Light for Ukraine' in collaboration with Vsl Sai Prema a charitable Trust from Lithuania. The Mission supports a team of volunteers in Ukraine, working efficiently in Kiev and other cities, in order to alleviate the ongoing suffering of the poor and helpless citizens of Ukraine, especially elders, sick children and orphans of one or both Parents. The charitable initiative is giving regular reliable reports through social media and Newsletters, of the humanitarian services being offered to them.

Reverend Leonora van Gils continues to promote awareness to the teachings of Sri Sathya Sai Baba, as well as the teachings of those Spiritual Masters and Leaders, promoting the emotional and psychological health and well-being of Humanity.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

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Section D

Achievements and performance

Summary of the main achievements of the charity during the year

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Section E

Financial review

Brief statement of the charity's policy on reserves

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Details of any funds materially in deficit

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Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Leonora van Gils</i>	
Full name(s)	Leonora Van Gils	
Position (eg Secretary, Chair, etc)	Chair	
Date	24 November 2025	



Receipts and payments accounts

For the period from	Period start date 01/06/2024	To	Period end date 31/05/2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations - Individual	765	-	-	765	1,223
Sub total (Gross income for AR)	765	-	-	765	1,223
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	765	-	-	765	1,223
A3 Payments					
Direct Expenses	281	-	-	281	162.28
Cleaning	-	-	-	-	-
Accountant fee	-	-	-	-	-
Bank Fee	-	-	-	-	-
Charitable Donations	1,035	-	-	1,035	1,242
Entertainment	-	-	-	-	-
General Expenses	-	-	-	-	-
Photography	-	-	-	-	-
Printing & Stationery	-	-	-	-	-
Repairs and Maintenance	-	-	-	-	-
	1,316	-	-	1,316	1,404
A4 Asset and investment purchases. (see table)					
Lawnmower	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	1,316	-	-	1,316	1,404
Net of receipts/(payments)	551	-	-	551	- 181
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	1,206	-	-	1,206	-
Cash funds this year end	1,114	-	-	-	1,206

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at Bank	1,114	-	-
		-	-	-
		-	-	-
	Total cash funds	1,114	-	-

(agree balances with receipts and payments account(s))

OK

OK

Agreement Error

B2 Other monetary assets

Details	Unrestricted to nearest £	Restricted to nearest £	Endowment to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>Leonora van Gils</i>	LEONORA VAN GILS	24/11/2025

SAI GRACE TRUST

England & Wales - Charity number 1183278

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	June	2023		31	May	2024

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

19 GREENSIDE
DARSHAM, SAXMUNDHAM
Postcode <input type="text" value="IP17 3FB"/>

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Rev LEONORA VAWN VAN GILS	Chair		
2	CAROLE ANN ALDERMAN	Trustee	5 February 2024	
3	TONI NEWSON	Trustee	12 December 2022	

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
Rev LEONORA VAWN VAN GILS	
CAROLE ANN ALDERMAN	5 February 2024
TONI NEWSON	12 December 2022

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Governed by a Constitution
How the charity is constituted (eg. trust, association, company)	Constituted as a Charitable Incorporated Organisation (CIO)
Trustee selection methods (eg. appointed by, elected by)	Appointment by existing Board of Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The advancement of spiritual, emotional and psychological health and well-being in particular, but not exclusively, by:-

- (a) The provision of counselling, guidance and advice to those in need thereof;
- (b) Advancing education and understanding of the practice and philosophy of yoga and meditation;
- (c) The practice of non-denominational spiritual and pastoral services; particularly, but not exclusively, in accordance with the teachings of Sri Sathya Sai Baba, and to promote awareness of those teachings to the public.

To further such charitable purposes as the charity trustees see fit from time to time, in particular but not exclusively through the provision of grants in India towards relief in need and the provision of education

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Herewith is the 5th Annual Report of Sai Grace Trust CIO.

Since Sai Grace Trust moved to smaller premises, we are still actively operating in furtherance of our purposes the best we can, to help as many people as possible, who come our way.

We started off the year, collaborating with Yoga Teacher Oleksandr Ukraintsv, teaching local residents the ancient art of Yoga and meditation.

Throughout the winter, at Sai Grace's premises, Oleksandr Ukraintsv held several prayer-rituals of Hindu tradition that he specializes in, along with Reverend Leonora van Gils conducting Inter-Faith prayers and offering counselling for the spiritual, emotional and psychological health and well-being of several individuals and families requesting it, whilst they were going through personal and family crisis.

As reported by the beneficiaries of the above-mentioned activities, prayers and rituals, the results are felt as encouraging and very helpful. Monthly Inter-Faith Services are held regularly.

Through regular donations, Sai Grace Trust continues to support the charitable initiative called "A Light for Ukraine" in collaboration with the VSI Sai Prema Foundation from Lithuania, helping the suffering Ukrainian Population, with a team of volunteers in Ukraine, giving detailed and

reliable reports of the humanitarian services offered in Ukraine. Reverend Leonora van Gils continues with her pastoral care, dedicating many hours per week, helping people either in person or over the phone. Reverend Leonora van Gils continues to promote awareness to the teachings of Sri Sathya Sai Baba, as well as the teachings of those Spiritual Masters and Leaders, promoting the emotional and psychological health and well-being of Humanity.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

It feels important to have granted a stable and constant support to people's spiritual, emotional and psychological wellbeing providing counselling, guidance and advice in person, with constant appointments at Sai Grace New Premises and over the phone. Many people have reported an improvement in their wellbeing, as well as their peace of mind, and many others have benefitted from the support given by the Trust to external charities, furthering education, as well as services to homeless and needy people.

Section D Achievements and performance

Summary of the main achievements of the charity during the year

Section E Financial review

Brief statement of the charity's policy on reserves

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Leonora van Gils</i>	
Full name(s)	Leonora Van Gils	
Position (eg Secretary, Chair, etc)	Chair	
Date	20 October 2024	



Receipts and payments accounts

For the period from	Period start date 01/06/2023	To	Period end date 31/05/2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations - Individual	1,223	-	-	1,223	1,287
Sub total (Gross income for AR)	1,223	-	-	1,223	1,287
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	1,223	-	-	1,223	1,287
A3 Payments					
Direct Expenses	162	-	-	162	1,461
Cleaning	-	-	-	-	-
Accountant fee	-	-	-	-	300
Bank Fee	-	-	-	-	-
Charitable Donations	1,242	-	-	1,242	1,921
Entertainment	-	-	-	-	-
General Expenses	-	-	-	-	-
Photography	-	-	-	-	-
Printing & Stationery	-	-	-	-	-
Repairs and Maintenance	-	-	-	-	-
	1,404	-	-	1,404	3,682
A4 Asset and investment purchases. (see table)					
Lawnmower	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	1,404	-	-	1,404	3,682
Net of receipts/(payments)	181	-	-	181	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	1,770	-	-	1,770	-
Cash funds this year end	1,589	-	-	1,589	1,770

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at Bank	1,589	-	-
		-	-	-
		-	-	-
	Total cash funds	1,589	-	-

(agree balances with receipts and payments account(s))

OK OK Agreement Error

B2 Other monetary assets

Details	Unrestricted to nearest £	Restricted to nearest £	Endowment to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>Leonora van Gils</i>	LEONORA VAN GILS	20/10/2024

SAI GRACE TRUST

England & Wales - Charity number 1183278

Accounts



Trustees' Annual Report for the period

	Period start date				Period end date		
From	01	June	2022	To	31	May	2023

Section A Reference and administration details

Charity name

Sai Grace Trust CIO

Other names charity is known by

Registered charity number (if any)

1183278

Charity's principal address

19 GREENSIDE
 DARSHAM, SAXMUNDHAM
 Postcode IP17 3FB

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Rev LEONORA VAWN VAN GILS	Chair		
2	ANGELA DIANNE KING	Trustee	12 December 2022	
3	TONNI NEWSON	Trustee	12 December 2022	

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
Rev LEONORA VAWN VAN GILS	
ANGELA DIANNE KING	12 December 2022
TONNI NEWSON	12 December 2022

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Governed by a Constitution
How the charity is constituted (eg. trust, association, company)	Constituted as a Charitable Incorporated Organisation (CIO)
Trustee selection methods (eg. appointed by, elected by)	Appointment by existing Board of Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

The advancement of spiritual, emotional and psychological health and well-being in particular, but not exclusively, by:-

- (a) The provision of counselling, guidance and advice to those in need thereof;
- (b) Advancing education and understanding of the practice and philosophy of yoga and meditation;
- (c) The practice of non-denominational spiritual and pastoral services; particularly, but not exclusively, in accordance with the teachings of Sri Sathya Sai Baba, and to promote awareness of those teachings to the public.

To further such charitable purposes as the charity trustees see fit from time to time, in particular but not exclusively through the provision of grants in India towards relief in need and the provision of education

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Herewith is the 4th Annual Report of Sai Grace Trust CIO.

Since moving to smaller premises in January 2022, Reverend Leonora van Gils continues to run Sai Grace Trust CIO to the best of her abilities. Services continue to be held, although with a smaller amount of people attending. Counselling and pastoral care is the main focus of Rev van Gils, as there are many people struggling with health and uncertainty for their future.

On 27/28 August 2022, a Spiritual Retreat was held in Darsham Village Hall for 60 participants. Rev Van Gils conducted several talks, as well as guided meditations each morning. Prayers for World Peace were recited every evening. Devotional singing and prayers for Peace were also held by well-known musicians and guest speakers.

Donations were made to British Humanitarian Aid, in aid of helping the plight of the Ukrainian people. Donations were also made to Seva Street CIO, to support the homeless in London.

23 November 2022 saw a Service at Sai Grace new premises, for celebrations on the occasion of Sri Sathya Sai Baba's birthday.

For Christmas, it was decided to support the Sai Prema Foundation (Vsl Sai Prema) from Lithuania, who are destining the funds, for the humanitarian service project, called 'A Light for Ukraine' delivering

urgent medical supplies, and humanitarian aid to stranded Ukrainian people, who are greatly suffering in their war torn country. A donation continues to be sent every month.

Sai Grace premises were decorated with Christmas decorations and a small service was held in the traditional Christian tradition on holy Christmas 2022.

Sadly, the two Trustees Ann and Geoffrey Steinberg, retired on 12 December, after 3 full years of splendid service to Sai Grace Trust.

The two new Trustees are, Mrs Angela Dianne King and Ms Tonni Newson.

New Year 2023 was celebrated with an Inter-Faith Service, at Sai Grace premises.

During the winter months, Rev van Gils managed to finish her Autobiography, chronicling the years she spent in India with Sri Sathya Sai Baba, as well as writing about her challenges in life. Since publication on 24 April 2023, many people who have read her book, have called with urgent request for help with personal issues. Therefore, Reverend van Gils counselling has doubled in volume.

Recently, which is a great honour, the book was selected by the British Library/Legal Deposit Books and 6 copies of it will be securely preserved, while also being made accessible in the reading rooms of the Legal Deposit Libraries which are: The British Library, National Library of Scotland, The Bodleian Library Oxford University, National Library of Wales, Cambridge University Library, The Library of Trinity College Dublin.

Herewith closes the 4th Annual Report of Sai Grace Trust, who is trying to stay afloat with donations having dropped dramatically.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

It feels important to have granted a stable and constant support to people's spiritual, emotional and psychological wellbeing providing counselling, guidance and advice in person, like during the Summer Retreat and with constant appointments at Sai Grace New Premises and over the phone.

Many people have reported an improvement in their wellbeing, as well as their peace of mind, and many others have benefitted from the support given by the Trust to external charities, furthering education, as well as services to homeless and needy people.

Section D Achievements and performance

Summary of the main achievements of the charity during the year

Section E Financial review

Brief statement of the charity's policy on reserves

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Details of any funds materially in deficit

--

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

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Section F Other optional information

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Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Leonora van Gils</i>	
Full name(s)	Leonora Van Gils	
Position (eg Secretary, Chair, etc)	Chair	

Date *12 October 2023*



Receipts and payments accounts

CC16a

For the period from	Period start date 01/06/2022	To	Period end date 31/05/2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations - Individual	1.287	-	-	1.287	3.166
Sub total (Gross income for AR)	1.287	-	-	1.287	3.166
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	1.287	-	-	1.287	3.166
A3 Payments					
Direct Expenses	1.461	-	-	1.461	1.125
Cleaning	-	-	-	-	-
Accountant fee	300	-	-	300	300
Bank Fee	-	-	-	-	25
Charitable Donations	1.921	-	-	1.921	3.825
Entertainment	-	-	-	-	-
General Expenses	-	-	-	-	5.370
Photography	-	-	-	-	-
Printing & Stationery	-	-	-	-	-
Repairs and Maintenance	-	-	-	-	-
	3.682	-	-	3.682	10.645
A4 Asset and investment purchases, (see table)					
Lawnmower	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	3.682	-	-	3.682	10.645
Net of receipts/(payments)	- 2.395	-	-	- 2.395	- 7.479
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	3.866	-	-	3.866	11.044
Cash funds this year end	1.770	-	-	3.866	3.866

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at Bank	1.770	-	-
		-	-	-
		-	-	-
	Total cash funds	1.770	-	-
	(agree balances with receipts and payments account(s))	OK	OK	Agreement Error
		Unrestricted	Restricted	Endowment

	Details	to nearest £	to nearest £	to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>Leonora van Gils</i>	LEONORA VAN GILS	20/10/2023

SAI GRACE TRUST

England & Wales - Charity number 1183278

Accounts



Trustees' Annual Report for the period

	Period start date				Period end date		
From	01	June	2021	To	31	May	2022

Section A Reference and administration details

Charity name

Sai Grace Trust CIO

Other names charity is known by

Registered charity number (if any)

1183278

Charity's principal address

19 GREENSIDE
 DARSHAM, SAXMUNDHAM
 Postcode IP17 3FB

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Rev LEONORA VAWN VAN GILS	Chair		
2	Geoffrey Steinberg	Trustee	12 December 2019	
3	Ann Jacqueline Steinberg	Trustee	12 December 2019	

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
Rev LEONORA VAWN VAN GILS	
Geoffrey Steinberg	12 December 2019
Ann Jacqueline Steinberg	12 December 2019

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Governed by a Constitution
How the charity is constituted (eg. trust, association, company)	Constituted as a Charitable Incorporated Organisation (CIO)
Trustee selection methods (eg. appointed by, elected by)	Appointment by existing Board of Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

The advancement of spiritual, emotional and psychological health and well-being in particular, but not exclusively, by:-

- (a) The provision of counselling, guidance and advice to those in need thereof;
- (b) Advancing education and understanding of the practice and philosophy of yoga and meditation;
- (c) The practice of non-denominational spiritual and pastoral services; particularly, but not exclusively, in accordance with the teachings of Sri Sathya Sai Baba, and to promote awareness of those teachings to the public.

To further such charitable purposes as the charity trustees see fit from time to time, in particular but not exclusively through the provision of grants in India towards relief in need and the provision of education

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Herewith the third Annual Report on the life of Sai Grace Trust CIO.

The Chair Reverend Leonora van Gils has counselled many people over the phone, specially during the lockdown times and keeps doing it till date.

In July 2021 we slowly emerged out of lockdown and had our first Inter-Faith Service in person at Sai Grace, Moat Hall, Darsham. After Reverend Leonora had struggled with double pneumonia for two months, it was a joy to see everyone again, after being starved of social contact in a sacred environment.

During August 2021, SGT held a mini spiritual Retreat in the garden, in order to keep everyone safe. As part of the Retreat, we had an Inter-Faith Service (which includes prayers and meditation) and devotional singing. In November, we celebrated the birthday of Sri Sathya Sai Baba, with prayers and devotional singing.

Because of the ill health of Rev Leonora earlier in the year, the Trustees agreed it was time to move to smaller premises. Moat Hall is a large place to keep up, as are the gardens and the upkeep for the Trust was

too much, for the small amount of donations coming in after Covid.

On 7 January 2022, Rev Leonora left Moat Hall and moved into a much smaller house, in Darsham village, where she can still hold services, although smaller in numbers, as well as her pastoral care.

March saw the first Service at the new Sai Grace premises where Inter-Faith Services continue every month in person.

Sai Grace Trust donated to the Sri Sathya Sai Sarla Memorial Hospital in India, offering healthcare completely free of cost. Donations were also made to British Humanitarian Aid, a Charity which supports the Ukrainian People with urgent medical supplies.

Reverend Leonora van Gils YouTube channel, offers recorded prayers and meditations for the upliftment of people in need.

This closes the 3rd year of Sai Grace Trust CIO, doing its best to be of service, to as many people as possible from around the world, during these unprecedented times.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

It feels important to have granted a stable and constant support to people's spiritual, emotional and psychological wellbeing, even during the Coronavirus crisis, providing counselling, guidance and advice in person and over the phone.

Many people have reported an improvement in their wellbeing, as well as their peace of mind, and many others have benefitted from the support given by the Trust to external charities, furthering education, and services to homeless and needy people.

Section E

Financial review

Brief statement of the charity's policy on reserves

Sai Grace Trust's policy is to ensure there are sufficient funds to cover its regular activities and to build its reserves for future charitable events in furtherance of the charitable purposes of the Trust.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

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Section F Other optional information

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Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Leonora van Gils</i>	
Full name(s)	Leonora Van Gils	
Position (eg Secretary, Chair, etc)	Chair	
Date	10/10/2022	



Receipts and payments accounts

CC16a

For the period from	Period start date 01/06/2021	To	Period end date 31/05/2022
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations - Individual	3,166	-	-	3,166	2,634
Sub total (Gross income for AR)	3,166	-	-	3,166	2,634
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	3,166	-	-	3,166	2,634
A3 Payments					
Direct Expenses	1,125	-	-	1,125	844
Cleaning	-	-	-	-	-
Accountant fee	300	-	-	300	300
Bank Fee	25	-	-	25	42
Charitable Donations	3,825	-	-	3,825	1,185
Entertainment	-	-	-	-	-
General Expenses	5,370	-	-	5,370	3,095
Photography	-	-	-	-	-
Printing & Stationery	-	-	-	-	-
Repairs and Maintenance	-	-	-	-	91
	10,645	-	-	10,645	5,557
A4 Asset and investment purchases, (see table)					
Lawnmower	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	10,645	-	-	10,645	5,557
Net of receipts/(payments)	- 7,479	-	-	- 7,479	- 2,923
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	11,044	-	-	11,044	-
Cash funds this year end	3,866	-	-	3,866	11,044

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at Bank	3,866	-	-
		-	-	-
		-	-	-
	Total cash funds	3,866	-	-
	(agree balances with receipts and payments account(s))	OK	OK	Agreement Error
		Unrestricted	Restricted	Endowment

	Details	to nearest £	to nearest £	to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>Leonora van Gils</i>	LEONORA VAN GILS	12/10/2022

SAI GRACE TRUST

England & Wales - Charity number 1183278

Accounts



Trustees' Annual Report for the period						
		Period start date			Period end date	
From	01	June	2020	To	31	May 2021

Section A Reference and administration details

Charity name Sai Grace Trust

Other names charity is known by

Registered charity number (if any) 1183278

Charity's principal address

MOATE HALL, MAIN ROAD
 DARSHAM, SAXMUNDHAM

Postcode IP17 3PP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Rev LEONORA VAWN VAN GILS	Chair		
2	Geoffrey Steinberg	Trustee	12 December 2019	
3	Ann Jacqueline Steinberg	Trustee	12 December 2019	

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
Rev LEONORA VAWN VAN GILS	
Geoffrey Steinberg	12 December 2019
Ann Jacqueline Steinberg	12 December 2019

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Governed by a Constitution
How the charity is constituted (eg. trust, association, company)	Constituted as a Charitable Incorporated Organisation (CIO)
Trustee selection methods (eg. appointed by, elected by)	Appointment by existing Board of Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

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- (a) The provision of counselling, guidance and advice to those in need thereof;
- (b) Advancing education and understanding of the practice and philosophy of yoga and meditation;
- (c) The practice of non-denominational spiritual and pastoral services; particularly, but not exclusively, in accordance with the teachings of Sri Sathya Sai Baba, and to promote awareness of those teachings to the public.

To further such charitable purposes as the charity trustees see fit from time to time, in particular but not exclusively through the provision of grants in India towards relief in need and the provision of education

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Herewith the second Annual Report on the life of Sai Grace Trust CIO.

Even though we have been going through unprecedented times since the outbreak of Covid 19 in early 2020, Sai Grace Trust CIO has managed to stay afloat and has helped hundreds of people on many levels. Firstly, the Chair Reverend Leonora van Gils has counselled many people over the phone, during the months preceding the lockdown in UK and after.

In July of 2020, Sai Grace Trust opened its doors once again in the Temple at Moat Hall, with just a few people attending for the safety of all.

In August, Sai Grace Trust was able to hold a mini retreat in the garden, which was attended by a few people, singing and chanting for global healing, as well as doing yoga and meditation.

In September, we had a couple of Memorial Services in Sai Grace Temple, for members of families passed away.

In October, Reverend Leonora van Gils set up a YouTube channel, recording prayers and meditations for the upliftment of people in need.

November 23, we celebrated the Birthday of Sri Sathya Sai Baba, with a few people attending to keep safe distancing.

December 20, we managed to have a Christmas Party at Moat Hall and donated gifts to charity. During this month, we continued to donate for educational needs to poor children in India, as well as donating to homeless people in UK.

On 1 January 2021, Sai Grace Trust held its first Zoom meeting and many artist from around the world, joined us in singing and praying for a healthy and prosperous 2021.

February 14, we had our 2nd Zoom Service at Sai Grace Temple, with a "Love Story" sung and told in prayer. This Satsang was well attended around the world and made many people happy.

March 11, Sai Grace Trust held its's 3rd Zoom Service for Maha Shivaratri Satsang. We had a team of International singers and musicians singing and playing for us, as well as reciting many holy mantras.

April 4, Sai Grace Trust held an Easter Service via Zoom. Again we were blessed with many International singers joining us, in-between each chapter of an unusual story that Reverend Leonora told about the life of Jesus. We had a huge response with over 1000 viewings and had a generous feedback of joy from many people.

On April 24, 2021 Sai Grace Trust held a Humble offering via Zoom for the 10th Anniversary of the Mahasamadhi of Sri Sathya Sai Baba. Many people from around the world joined in, to offer prayers and devotional songs. Again we had over 1000 views and wonderful words of appreciation from young and old alike.

This closed the 2nd year of Sai Grace Trust CIO, doing its best to be of service, to as many people as possible from around the world, during these unprecedented times.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Section D Achievements and performance

Summary of the main achievements of the charity during the year

It feels important to have granted a stable and constant support to people's spiritual, emotional and psychological wellbeing, even during the Coronavirus crisis, providing counselling, guidance and advice in person and over the phone.
Many people have reported an improvement in their wellbeing, as well as their peace of mind, and many others have benefitted from the support given by the Trust to external charities, furthering education, and services to homeless and needy people.

Section E Financial review

Brief statement of the charity's policy on reserves

Sai Grace Trust's policy is to ensure there are sufficient funds to cover its regular activities and to build its reserves for future charitable events in furtherance of the charitable purposes of the Trust.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Leonora van Gils</i>	
Full name(s)	Leonora Van Gils	
Position (eg Secretary, Chair, etc)	Chair	
Date	25/10/2021	



Receipts and payments accounts

CC16a

For the period from	Period start date 01/06/2020	To	Period end date 31/05/2021
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations - Individual	2.634	-	-	2.634	8.345
Sub total (Gross income for AR)	2.634	-	-	2.634	8.345
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	2.634	-	-	2.634	8.345
A3 Payments					
Direct Expenses	844	-	-	844	329
Cleaning	-	-	-	-	45
Accountant fee	300	-	-	300	-
Bank Fee	42	-	-	42	-
Charitable Donations	1.185	-	-	1.185	1.769
Entertainment	-	-	-	-	116
General Expenses	3.095	-	-	3.095	3.219
Photography	-	-	-	-	30
Printing & Stationery	-	-	-	-	64
Repairs and Maintenance	91	-	-	91	295
	5.557	-	-	5.557	5.867
A4 Asset and investment purchases, (see table)					
Lawnmower	-	-	-	-	590
	-	-	-	-	-
Sub total	-	-	-	-	590
Total payments	5.557	-	-	5.557	6.457
Net of receipts/(payments)	- 2.923	-	-	- 2.923	1.888
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	13.967	-	-	13.967	-
Cash funds this year end	11.044	-	-	11.044	13.967

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at Bank	11.044	-	13.967
		-	-	-
		-	-	-
	Total cash funds	11.044	-	13.967
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted	Restricted	Endowment

	Details	to nearest £	to nearest £	to nearest £
B2 Other monetary assets	Plant and Machinery	590	-	590
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>Leonora van Gils</i>	LEONORA VAN GILS	25/10/2021