



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From 31/12/23 Period start date To 30/12/2024 Period end date

Charity name: CLEAN ASCENT

Charity registration number: 1183266

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<b>To provide rock climbing, hill walking and mountaineering experiences and tuition to people living in Devon who have need by reason of their history of substance or alcohol abuse of support in their recovery from addiction, with a view to improving and nurturing their physical and mental wellbeing and reducing the likelihood of relapse</b>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<b>To provide rock climbing, hill walking and mountaineering experiences and tuition to people living in Devon who have need by reason of their history of substance or alcohol abuse of support in their recovery from addiction, with a view to improving and nurturing their physical and mental wellbeing and reducing the likelihood of relapse</b>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<b>We confirm that we are fully cognisant of the Charity commission guidance regarding public benefit.</b>

## Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	<b>N/A</b>
Policy on social investment including program related investment	Para 1.38	<b>N/A</b>
		<b>We have no volunteers.</b>

Contribution made by volunteers	Para 1.38	
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>We are currently running a program with clients referred from a Drug and Alcohol service in Plymouth and clients are so far giving very positive feedback. Our 2 pilot programmes demonstrated an efficacy for long term substance recovery with all the associated benefits to the individual. Long-term follow up at 5 years post programmes was 100% drug cessation, 100+% improvement in health factors and full employment in 3/3 participants. Also there were no further legal or mental health interventions, post programmes.</p> <p>We still have programmes running however our interim results discussed with Professor Hogarth, Clinical Psychologist, Exeter University are as follows.</p> <p><b>Our figures for drug cessation and reduction for this year are similar but with reduced numbers due to lack of funding.</b></p> <p>We are confident that current and future courses will achieve similar results. We have been able to continue our collaboration with the dept. of Psychology , Exeter University in order to analyse our outcomes. Recovered clients also give hope and inspiration to a much larger group of peers and therefore the Clean Ascent programs deliver a very powerful positive influence and benefits to the community.</p> <p>We already , given adequate funding, have the capacity to run many more programmes without needing added administration costs.</p>

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	As above , our achievements to date are above and beyond most traditional substance abuse services and lower cost and more self sustaining. However as above
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		funding is becoming harder to achieve.
Performance of fundraising activities against objectives set	Para 1.41	Our 'product/target group' is not particularly attractive to many fund raising ideas and activities . We are planning different approaches to funding such as social prescribing but this is a very complicated process.
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<b>£3669.90</b>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<b>This balance was held in reserve as it was inadequate for any course delivery and needed for the following years insurance .</b>
Amount of reserves held	Para 1.22	<b>£3669.90</b>
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<b>Devon Community Fund</b>
Investment policy and objectives including any social investment policy adopted	Para 1.46	<b>None</b>
A description of the principal risks facing the charity	Para 1.46	<b>Lack of funding</b>
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	<b>Constitution of a Charitable Incorporated Organisation whose only voting members are its charity trustees</b>
How is the charity constituted? (e.g. unincorporated association, CIO)	Para 1.25	<b>CIO</b>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<b>We aim to recruit Trustees who have an insight into outdoor activities/mental health/education/ finance. No constitutional requirements.</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	<b>Code of Practice Safeguarding training/policy (Incl. Safeguarding Lead) Risk Assessment Policy Covid Policy Privacy / GDPR policy DBS</b>
The charity's organisational structure and any wider network with which the charity works	Para 1.51	<b>N/a</b>
Relationship with any related parties	Para 1.51	<b>N/a</b>
Other		

### Reference and Administrative details

Charity name	CLEAN ASCENT
Other name the charity uses	
Registered charity number	1183266
Charity's principal address	14 Osbourne Grove Taunton Somerset TA1 4RN



### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	DR DAVID IRONS		2019-CURRENT	BOARD OF TRUSTEES CLEAN ASCENT
2	DR PHILLIP SKINNER		2019-CURRENT	BOARD OF TRUSTEES CLEAN ASCENT
3	MR JOHN SHEEHAN		2019-CURRENT	BOARD OF TRUSTEES CLEAN ASCENT
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Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	NONE	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	DR DAVID IRONS	
Position (eg Secretary, Chair, etc)	Chair, secretary	
Date	19/10/25	

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BRANCH : BUSINESS DIRECTPLUS                      0892996587790600                      PAGE 15

BIC : CPBKGB22                      IBAN : GB78CPBK08929965877906

TYPE : COMMUNITY DIR CLEAN ASCENT                      27 FEB 24

Date	Description	Withdrawals	Deposits	Balance
10 MAY 23	BROUGHT FORWARD			2,926.62
11 JAN 24	DEVON COMMUNITY FO OPCC COMMUNITY GRA		10,000.00	12,926.62
14 FEB 24	Roped Access Servi Renew website	40.78		12,885.84

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BRANCH : BUSINESS DIRECTPLUS                      0892996587790600                      PAGE 16

BIC : CPBKGB22                      IBAN : GB78CPBK08929965877906

TYPE : COMMUNITY DIR CLEAN ASCENT                      27 MAR 24

Date	Description	Withdrawals	Deposits	Balance
27 FEB 24	BROUGHT FORWARD			12,885.84
19 MAR 24	Endesleigh Insuran 129300224 CleanAsc	1,379.96		11,505.88

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BRANCH : BUSINESS DIRECTPLUS                      0892996587790600                      PAGE 17

BIC : CPBKGB22                      IBAN : GB78CPBK08929965877906

TYPE : COMMUNITY DIR CLEAN ASCENT                      24 MAY 24

Date	Description	Withdrawals	Deposits	Balance
27 MAR 24	BROUGHT FORWARD			11,505.88
02 MAY 24	Roped Access Servi web reimburse	35.98		11,469.90

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BRANCH : BUSINESS DIRECTPLUS                      0892996587790600                      PAGE 18

BIC : CPBKGB22                      IBAN : GB78CPBK08929965877906

TYPE : COMMUNITY DIR CLEAN ASCENT                      29 JUL 24

Date	Description	Withdrawals	Deposits	Balance
24 MAY 24	BROUGHT FORWARD			11,469.90

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BRANCH : BUSINESS DIRECTPLUS                      0892996587790600                      PAGE 19

BIC : CPBKGB22                      IBAN : GB78CPBK08929965877906

TYPE : COMMUNITY DIR CLEAN ASCENT                      27 AUG 24

Date	Description	Withdrawals	Deposits	Balance
29 JUL 24	BROUGHT FORWARD			11,469.90
19 AUG 24	Roped Access Servi CA5	7,800.00		3,669.90