



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 31/12/22 Period start date To 30/12/2023 Period end date

Charity name: CLEAN ASCENT

Charity registration number: 1183266

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To provide rock climbing, hill walking and mountaineering experiences and tuition to people living in Devon who have need by reason of their history of substance or alcohol abuse of support in their recovery from addiction, with a view to improving and nurturing their physical and mental wellbeing and reducing the likelihood of relapse
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	To provide rock climbing, hill walking and mountaineering experiences and tuition to people living in Devon who have need by reason of their history of substance or alcohol abuse of support in their recovery from addiction, with a view to improving and nurturing their physical and mental wellbeing and reducing the likelihood of relapse
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	We confirm that we are fully cognisant of the Charity commission guidance regarding public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
		We have 3 qualified and insured volunteers available for helping with

Contribution made by volunteers	Para 1.38	course safety. However , due to lack of grant funding we have needed them less.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>We are currently running a program with clients referred from a Drug and Alcohol service in Plymouth and clients are so far giving very positive feedback. Our 2 pilot programmes demonstrated an efficacy for long term substance recovery with all the associated benefits to the individual. Long-term follow up at 5 years post programmes was 100% drug cessation, 100+% improvement in health factors and full employment in 3/3 participants. Also there were no further legal or mental health interventions, post programmes.</p> <p>We still have programmes running however our interim results discussed with Professor Hogarth, Clinical Psychologist, Exeter University are as follows.</p> <p>Our figures for drug cessation and reduction for this year are similar but with reduced numbers due to lack of funding.</p> <p>. We are confident that current and future courses will achieve similar results. We have been able to continue our collaboration with the dept. of Psychology , Exeter University in order to analyse our outcomes. Recovered clients also give hope and inspiration to a much larger group of peers and therefore the Clean Ascent programs deliver a very powerful positive influence and benefits to the community.</p> <p>We already , given adequate funding, have the capacity to run many more programmes without needing added administration costs.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	As above , our achievements to date are above and beyond most traditional substance abuse services and lower cost and more self sustaining. However as above
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		funding is becoming harder to achieve.
Performance of fundraising activities against objectives set	Para 1.41	Our 'product/target group' is not particularly attractive to many fund raising ideas and activities . We are planning different approaches to funding such as social prescribing but this is a very complicated process.
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	£2927
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	This balance was held in reserve as it was inadequate for many courses and need for the following years insurance . The few courses possible were delivered voluntarily but the reserve was need mainly for the following year insurance.
Amount of reserves held	Para 1.22	£2927
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Devon Community Fund
Investment policy and objectives including any social investment policy adopted	Para 1.46	None
A description of the principal risks facing the charity	Para 1.46	Lack of funding
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution of a Charitable Incorporated Organisation whose only voting members are its charity trustees
How is the charity constituted? (e.g. unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	We aim to recruit Trustees who have an insight into outdoor activities/mental health/education/ finance. No constitutional requirements.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Code of Practice Safeguarding training/policy (Incl. Safeguarding Lead) Risk Assessment Policy Covid Policy Privacy / GDPR policy DBS
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	CLEAN ASCENT
Other name the charity uses	
Registered charity number	1183266
Charity's principal address	14 Osbourne Grove Taunton Somerset TA1 4RN

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	DR DAVID IRONS		2019-CURRENT	BOARD OF TRUSTEES CLEAN ASCENT
2	DR PHILLIP SKINNER		2019-CURRENT	BOARD OF TRUSTEES CLEAN ASCENT
3	MR JOHN SHEEHAN		2019-CURRENT	BOARD OF TRUSTEES CLEAN ASCENT
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Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	NONE	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	DR DAVID IRONS	
Position (eg Secretary, Chair, etc)	Chair, secretary	
Date	14/11/2024	