



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 4/4/2021 Period start date To 4/4/2022 Period end date

Charity name: CLEAN ASCENT

Charity registration number: 1183266

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To provide rock climbing, hill walking and mountaineering experiences and tuition to people living in Devon who have need by reason of their history of substance or alcohol abuse of support in their recovery from addiction, with a view to improving and nurturing their physical and mental wellbeing and reducing the likelihood of relapse
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	To provide rock climbing, hill walking and mountaineering experiences and tuition to people living in Devon who have need by reason of their history of substance or alcohol abuse of support in their recovery from addiction, with a view to improving and nurturing their physical and mental wellbeing and reducing the likelihood of relapse
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	We confirm that we are fully cognisant of the Charity commission guidance regarding public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	

Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>We have been able to start our programs for the benefit of clients in recovery from Drug and Alcohol Abuse. We successfully purchased Public liability and Trustee indemnity in early 2022 after a period where no quotes were offered due to covid.</p> <p>We are currently running a program with clients referred from a Drug and Alcohol service in Plymouth and clients are so far giving very positive feedback. Our 2 pilot programs demonstrated an efficacy for long term substance recovery with all the associated benefits to the individual and society of around 70% of participants. We are confident that current and future courses will achieve similar results. We have been able to continue our collaboration with the dept. of Psychology , Exeter University in order to analyse our outcomes. Although outside this report, we have already achieved further funding and will start another full program with a new cohort of clients.</p> <p>Recovered clients also give hope and inspiration to a much larger group of peers and therefore the Clean Ascent programs deliver a very powerful positive influence and benefits to the community.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Now we are able to operate (previously not possible due to COVID), we are meeting our objectives.
Performance of fundraising activities against objectives set	Para 1.41	We have an arrangement with the dept of Psychology of Exeter University to process data on outcomes of the programme. With this data/evidence base we intend to apply for more extensive funding. We have already been successful in

		raising adequate funds to provide programs for 16-20 clients in 2022.
Investment performance against objectives	Para 1.41	N/A
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Minimal spending. Balances included in main return.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	As stated above.
Amount of reserves held	Para 1.22	£2881
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	National Lottery Devon Community Foundation
Investment policy and objectives including any social investment policy adopted	Para 1.46	None
A description of the principal risks facing the charity	Para 1.46	Currently we are having success in fundraising.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution of a Charitable Incorporated Organisation whose only voting members are its charity trustees
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	We aim to recruit Trustees who have an insight into outdoor activities/mental health/education/ finance. No constitutional requirements.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Code of Practice Safeguarding training Risk Assessment Policy Covid Policy Privacy / GDPR policy DBS
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	CLEAN ASCENT
Other name the charity uses	
Registered charity number	1183266
Charity's principal address	The Old Wool Store Bow Lane Moretonhampstead NEWTON ABBOT TQ13 8PD

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	DR DAVID IRONS		2019-CURRENT	BOARD OF TRUSTEES CLEAN ASCENT
2	DR PHILLIP SKINNER		2019-CURRENT	BOARD OF TRUSTEES CLEAN ASCENT
3	MR JOHN SHEEHAN		2019-CURRENT	BOARD OF TRUSTEES CLEAN ASCENT
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Corporate trustees – names of the directors at the date the report was approved

Director name		
N/A		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	NONE
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	DR DAVID IRONS	
Position (eg Secretary, Chair, etc)	Chair, secretary	
Date	07/06/2022	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
CLEAN ASCENT

No (if any)
1183266

Receipts and payments accounts

CC16a

For the period
from

Period start date
05/04/2021

To

Period end date
04/04/2022

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
	8,956	-	-	8,956	8,956
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	8,956	-	-	8,956	8,956
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	8,956	-	-	8,956	8,956
A3 Payments					
	6,075	-	-	6,075	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	6,075	-	-	6,075	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	6,075	-	-	6,075	-
Net of receipts/(payments)	2,881	-	-	2,881	8,956
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	2,881	-	-	2,881	8,956

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		2,881	-	-
		-	-	-
		-	-	-
	Total cash funds	2,881	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	