



**FORGET-ME-NOT BUDDIES
(TAMESIDE)**

A Charitable Incorporated Organisation (CIO)

**TRUSTEES' ANNUAL REPORT AND
FINANCIAL STATEMENTS**

**For The Year Ended
31 March 2024**

FORGET-ME-NOT BUDDIES (TAMESIDE)

CONTENTS

	Page
Members of the Board and professional advisers	2
Trustees Annual Report	Insert
Independent Examiners Report	3
Receipts and Payments Accounts	4
Statement of Assets and Liabilities	5
Notes to the financial statements	6

FORGET-ME-NOT BUDDIES (TAMESIDE)

MEMBERS OF THE BOARD AND PROFESSIONAL ADVISORS

Organisation Name	Forget-Me-Not Buddies (Tameside)
Charity Number	1183245
Address	61D Leicester Road Failsworth Manchester M35 0GW
Trustees	Roy William Bate BEM Vivian Anne Shilton Carrol Ashton Beryl Walker Joanne McDonald (appointed on 05/04/2024)
Accountants	Community Accounting Lancashire C.I.C. Foxfields 9 Norley Close Chadderton Oldham OL1 2RA
Bankers	Santander Bootle Merseyside L30 4GB



Trustees Annual Report

01.04.23 to 31.03.24

Charity No. 1183245

Roy William Bate BEM – Life President

Vivian Anne Shilton – Chair

Carrol Ashton – Secretary/Treasurer

Joanne McDonald – Asst Secretary/Treasurer

Beryl Walker – Liaison Officer

Charitable Incorporated Organisation with Foundation Constitution Governing Document

Principal Address - 61d Leicester Road, Failsworth, Manchester M35 0GW

The objects of the CIO are:

TO RELIEVE THE NEEDS OF PERSONS LIVING WITH DEMENTIA TOGETHER WITH THEIR CARERS LIVING IN TAMESIDE AND THE SURROUNDING AREA BY PROVIDING EDUCATION, TRAINING, INFORMATION AND ADVICE, SOCIAL EVENTS AND OUTINGS AT REGULAR SESSIONS, AND TO HAVE A RESOURCE OF ACTIVITIES WHICH PROVIDE STIMULATION FOR THOSE LIVING WITH DEMENTIA TO HELP IMPROVE QUALITY OF LIFE FOR THEM AND THEIR CARERS

Forget-Me-Not Buddies (Tameside) (*affectionately known as Buddies*) is a Tameside based group set up in 2013 by Carers of people living with a diagnosis of Dementia within the Borough and surrounding areas. It has grown from strength to strength and was granted CIO status on 3rd May 2019.

The Trustees have regard to the guidance issued by the Charity Commission on public benefit and take this guidance into account when making any relevant decisions about the operation of the Group.

We continue to attract new attendees on a regular basis proving the need for our type of support for Carers and Cared For. The group is named and has contact details within the Advice Pack issued by the Memory Team to all newly diagnosed patients within the area. Trustees will continue to utilise every opportunity to promote the group facilities by attending open days and Health and Social Events where leaflets are distributed inviting eligible diagnosed persons and Carers to attend the weekly social club and other organised trips/events.

Forget-Me-Not Buddies continues to achieve its goal, its main emphasis being the social aspect of living with Dementia. Providing subsidised social activities and interaction for persons living with Dementia and their Carers – it offers support from people who have ‘walked the full path’ of the Dementia journey, from diagnosis to beyond demise of the diagnosed. Carers are welcome to continue attending Buddies even when the diagnosed can no longer do so, in fact some of our volunteers began as Carers attending with their loved ones. One of whom we have recently welcomed onto the Committee of Trustees.

Attendees see Buddies as a ‘close family’ who share the highs and the lows whilst continuing to enjoy life as much as possible whilst on their journey. Buddies does not have ‘talks’ from organisations or have any link whatsoever with any of the National Charities, it is totally independent and promotes itself as a social club for Carers and their Cared For. Attendees know when they attend Buddies that they are there for a good time with people in a similar situation, in a safe environment where Carers and Cared For can interact without the need to explain the behaviours present with Dementia. A few hours of release from the daily pressure this illness brings to Carers and diagnosed.

Buddies does not make grants to any other individual, organisation or charity. It has no investments and holds all the funds it has as ongoing operating costs and back-up reserves in a cash account. Forget-Me-Not Buddies (Tameside) currently aims to keep a minimum of £15,000 in reserve as a contingency fund to allow it to continue to run in the event that income stops or support we receive from funding and donations ceases. These funds could then be used to cover the cost of replacing this support for a period of time. Current operating costs average £32,000 per year.

The group is reliant on our Volunteers, without them the group would not exist. We have no employees and all aspects of running the Charity are covered by volunteers. No volunteer/Trustee receives payment for any of their time. The group currently has 5 Trustees and 11 Volunteers.

Buddies Trustees work hard to ensure a varied and full agenda of events and activities for Attendees to look forward to and enjoy, including a weekly 'Club' with refreshments and live entertainment, regular Ten Pin Bowling, various day trips (which usually include food and entertainment/shopping). The entertainment and event calendar for April 2023 to March 2024 was as follows-

Monday Club – Live Entertainment (singer), dancing. bingo, quiz & refreshments		
03.04.23 LeeAnn James Easter Bonnet Parade & Eggs	10.04.23 CLOSED BANK HOL	17.04.23 Mike Nield
24.04.23 Steve Moyers	01.05.23 CLOSED BANK HOL	08.05.23 CLOSED BANK HOL
15.05.23 Paul Waldron	22.05.23 Guy Manrin	29.05.23 CLOSED BANK HOL
05.06.23 Steve Moyers	12.06.23 Colin Salty Chorlton	19.06.23 Graham Leggett
26.06.23 Laura Mac	03.07.23 Gina Kay	10.07.23 Paul Waldron
17.07.23 Steve Moyers	24.07.23 Guy Manrin	31.07.23 Pete Williams
07.08.23 Colin Salty Chorlton	14.08.23 Rick Ashcroft	21.08.23 Laura Mac
28.08.23 CLOSED BANK HOL	04.09.23 Mike Nield	11.09.23 Paul Waldron
18.09.23 Steve Moyers	25.09.23 Guy Manrin	02.10.23 Pete Williams
09.10.23 Colin Salty Chorlton	16.10.23 Graham Leggett	23.10.23 Rick Ashcroft
30.10.23 LeeAnn James Halloween Party & Buffet	06.11.23 Guy Manrin	13.11.23 Natalie Armistice Party & Buffet
20.11.23 Colin Salty Chorlton	CLOSED	04.12.23 Jo Farrow
11.12.23 Pete Williams	18.12.23 Steve Moyers Christmas Party & Buffet	25.12.23 CLOSED BANK HOL
01.01.24 CLOSED BANK HOL	08.01.24 Paul Crewe	15.01.24 Steve Moyers
22.01.24 Laura Mac	29.01.24 Colin Salty Chorlton	05.02.24 Paul Waldron
12.02.24 Gina Kay	19.02.24 Steve Moyers	26.02.24 Daniel Winters
04.03.24 Jo Farrow	11.03.24 Graham Leggett	18.03.24 Peter Williams
25.03.24 Daniel Winters	44 Monday Club Events	

Coach Trips & Events	
20.04.23	Lake District – Train ride and Boat sail with time for shopping
21.04.23	Ten Pin Bowling, Denton Wellness Centre
19.05.23	Ten Pin Bowling, Denton Wellness Centre
25.05.23	Ena Mill Shopping & Olympus Chippy for meal and Entertainment
16.06.23	Ten Pin Bowling, Denton Wellness Centre
23.06.23	Upper Peak Forest Canal Boat Cruise with Lunch then Shopping time in Buxton
12.07.23	Briars Hall – Meal & Entertainment
21.07.23	Ten Pin Bowling, Denton Wellness Centre
18.08.23	Ten Pin Bowling, Denton Wellness Centre
23.08.23	Chester River Cruise with Lunch and Shopping time
15.09.23	Ten Pin Bowling, Denton Wellness Centre
21.09.23	Elgin Hotel Blackpool – Meal and Entertainment
11.10.23	Oswaldtwistle Mill – Shopping, Meal and Entertainment
20.10.23	Ten Pin Bowling, Denton Wellness Centre
16.11.23	Bedford Hotel, Lytham St Annes - Meal and Entertainment
17.11.23	Ten Pin Bowling, Denton Wellness Centre
02.12.23	Pantomime – Beauty & The Beast, Hyde Festival Theatre
13.12.23	Denton Golf Club - Buddies Christmas Party – Meal and Entertainment
19.01.24	Ten Pin Bowling, Denton Wellness Centre
16.02.24	Ten Pin Bowling, Denton Wellness Centre
22.02.24	Elgin Hotel Blackpool – Meal and Entertainment
15.03.24	Ten Pin Bowling, Denton Wellness Centre
26.03.24	Olympus Chippy – Meal and Entertainment
23 Coach Trips or Events	

An extremely important aspect for the Trustees is ensuring that we have sufficient funds to keep the club active and enable all events, refreshments, trips and travel costs to be subsidised as much as possible. Sadly, a chunk of our donations comes from Bereavement Donations when one of our Buddies or Carers passes away; but the club means so much to our attendees that we are their chosen charity for donations instead of flowers. Every single one of those

donations is special to us, as being remembered at that sad time means we have made a significant difference to their lives whilst battling a Dementia diagnosis.

We currently find ourselves as a Group in a fortunate position, all grant monies (£10,000) received from the National Lottery Community Fund in 2022 has been used for its restricted usage in this financial year. This assistance along with the fact that the club has been/is so well attended and our donations have come in steadily means we are now totally self-funding and do not intend to make any applications for grants or assistance in the foreseeable future. We feel that if we can continue in the vein we currently operate this not only ensures the continuance of Buddies but leaves the funding and grants available for Charities who may desperately need funding to continue, hence our stance on our ongoing operating costs and reserves position.

We as Trustees try our very best to keep the 'family' feeling alive within the group – our WhatsApp Groups continue to be active on a daily basis, this along with our Facebook Group and Page serves to keep us all 'chatting' to each other; For those not computer or smartphone savvy we keep in touch via our Liaison Officer (Beryl) telephoning members regularly.

We continue to advertise our existence at every opportunity and receive regular enquiries from people looking for support having been recently diagnosed or hearing about Buddies and caring for a loved one with a diagnosis. As more people start their Dementia journey they will be welcomed to become part of the Buddies Family.

We hope you have enjoyed reading our Trustees Annual Report.

Roy, Viv, Beryl, Carrol & Joanne
Trustees
13.04.24

FORGET-ME-NOT BUDDIES (TAMESIDE)

REPORT TO THE MEMBERS ON THE UNAUDITED FINANCIAL STATEMENTS OF FORGET-ME-NOT BUDDIES (TAMESIDE)

FOR THE YEAR ENDED 31 MARCH 2024

I report on the accounts for the year ended 31 March 2024 as set out on pages 4 to 6.

Respective Responsibilities of Trustees and Examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

The charity's trustees consider an audit is not required for this year under section 144 of the 2011 Act, and that an independent examination is needed.

It is my responsibility as independent examiner to:

- ~ examine the accounts under section 145 of the 2011 Act
- ~ follow the applicable Directions given by the Charity Commissioners under section 145(5)(b) of the 2011 Act, and
- ~ to state whether particular matters have come to my attention

Basis of Independent Examiners Report

My examination was carried out in accordance with the Directions given by the Charity commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items of disclosures in the accounts, and seeking explanations from the trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

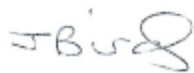
Independent Examiners Statement

I have completed my examination for the year ended 31 March 2024.

I can confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- ~ accounting records were not kept in accordance with section 130 of the 2011 Act or
- ~ the accounts do not accord with the accounting records to comply with the accounting requirements of the 2011 Act

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



15th May 2024

Miss Jacqueline Bird F.M.A.A.T.
Community Accounting Lancashire C.I.C.
Foxfields
9 Norley Close
Chadderton
Oldham
OL1 2RA

FORGET-ME-NOT BUDDIES (TAMESIDE)

RECEIPTS AND PAYMENTS ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

		Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
	Notes				
RECEIPTS					
Grants	2	-	-	-	10,000
Donations		8,803	-	8,803	4,063
Attendee Trip Contributions		12,644	-	12,644	12,563
Fundraising		5,273	-	5,273	4,334
Ten Pin Bowling		42	-	42	73
Refunds		77	-	77	39
Other Income		-	-	-	-
Monday Club					
Entrance Fees		8,958	-	8,958	9,895
Donations		1,343	-	1,343	1,157
Fundraising		-	-	-	400
TOTAL RECEIPTS		37,140	-	37,140	42,524
PAYMENTS					
Trips & Events		12,998	-	12,998	12,755
Coach Hire		1,106	4,939	6,045	4,195
Attendee Gifts & Deliveries		840	-	840	681
Refreshments (including Parties)		2,180	-	2,180	2,181
Equipment		310	-	310	322
Fundraising (Raffles & Cards)		1,723	-	1,723	1,126
Ten Pin Bowling		199	-	199	149
Bingo Tickets & Prizes		129	-	129	110
Photographs		-	-	-	517
Room Hire		-	-	-	2,280
Entertainment		265	-	265	-
Postage, Printing & Stationery		941	-	941	723
Insurance		270	-	270	255
Subscriptions & Licences		80	-	80	80
Accountancy Fees		495	-	495	280
Sundries		17	-	17	30
Monday Club					
Entertainment (Artists)		4,400	-	4,400	3,840
Room Hire		1,430	-	1,430	850
Refunds		81	-	81	22
Prizes		-	-	-	150
Resources		-	-	-	46
Gifts		-	-	-	-
TOTAL PAYMENTS		27,464	4,939	32,403	30,592
Net of receipts/(payments)		9,676	(4,939)	4,737	11,932
Cash funds as at 31 March 2023	3	36,953	4,939	41,892	29,960
Cash funds as at 31 March 2024	3	<u>46,629</u>	<u>-</u>	<u>46,629</u>	<u>41,892</u>

FORGET-ME-NOT BUDDIES (TAMESIDE)
STATEMENT OF ASSETS AND LIABILITIES
FOR THE YEAR ENDED 31 MARCH 2024

	Unrestricted Funds As at 31/03/24 £	Restricted Funds As at 31/03/24 £	Total Funds As at 31/03/24 £	Total Funds As at 31/03/23 £
CASH FUNDS				
Bank	46,609	-	46,609	41,872
Petty Cash	<u>20</u>	<u>-</u>	<u>20</u>	<u>20</u>
	<u>46,629</u>	<u>-</u>	<u>46,629</u>	<u>41,892</u>

LIABILITIES – fee for Independent Examination	£ <u>495</u>
--	------------------------

The financial statements were approved by the Board of Trustees on the 15th of May 2024 and signed on their behalf:

V. A. Shilton

Vivian Anne Shilton
Chair

C. Ashton

Carrol Ashton
Secretary/Treasurer

FORGET-ME-NOT BUDDIES (TAMESIDE)

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

1. Receipts and payments accounts

Receipts and payments accounts are statements that summarise the movement of cash into and out of the organisation during the financial year. In this context "cash" includes cash equivalents, for example, bank accounts where cash can be readily withdrawn to pay for debts as they become due.

2. Grants Received

	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
National Lottery Community Fund	-	-	-	10,000
	<u>-</u>	<u>-</u>	<u>-</u>	<u>10,000</u>

3. Fund Analysis

Fund Name	Balance as at 1 April 2023 £	Receipts £	Payments £	Transfers £	Balance as at 31 March 2024 £
Unrestricted Funds	36,953	37,140	(27,464)	-	46,629
Restricted Funds:					
National Lottery Community Fund	4,939	-	(4,939)	-	-
	<u>4,939</u>	<u>-</u>	<u>(4,939)</u>	<u>-</u>	<u>-</u>
TOTAL FUNDS	<u>41,892</u>	<u>37,140</u>	<u>(32,403)</u>	<u>-</u>	<u>46,629</u>