

Charity Registration Number: 1183245



**FORGET-ME-NOT BUDDIES
(TAMESIDE)**

A Charitable Incorporated Organisation (CIO)

**TRUSTEES' ANNUAL REPORT AND
FINANCIAL STATEMENTS**

**For The Year Ended
31 March 2023**

FORGET-ME-NOT BUDDIES (TAMESIDE)

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FORGET-ME-NOT BUDDIES (TAMESIDE)

MEMBERS OF THE BOARD AND PROFESSIONAL ADVISORS

Organisation Name	Forget-Me-Not Buddies (Tameside)
Charity Number	1183245
Address	61D Leicester Road Failsworth Manchester M35 0GW
Trustees	Roy William Bate BEM Vivian Anne Shilton Carrol Ashton Beryl Walker
Accountants	Community Accounting Lancashire C.I.C. Foxfields 9 Norley Close Chadderton Oldham OL1 2RA
Bankers	Santander Bootle Merseyside L30 4GB



Trustees Annual Report

01.04.22 to 31.03.23

Charity No. 1183245



Trustees

Roy William Bate BEM - Life President/Treasurer

Vivian Anne Shilton - Chair

Carrol Ashton - Secretary

Beryl Walker - Liaison Officer

Charitable Incorporated Organisation with Foundation Constitution Governing Document

Principal Address - 61d Leicester Road, Failsworth, Manchester M35 0GW

The objects of the CIO are:

TO RELIEVE THE NEEDS OF PERSONS LIVING WITH DEMENTIA TOGETHER WITH THEIR CARERS LIVING IN TAMESIDE AND THE SURROUNDING AREA BY PROVIDING EDUCATION, TRAINING, INFORMATION AND ADVICE, SOCIAL EVENTS AND OUTINGS AT REGULAR SESSIONS, AND TO HAVE A RESOURCE OF ACTIVITIES WHICH PROVIDE STIMULATION FOR THOSE LIVING WITH DEMENTIA TO HELP IMPROVE QUALITY OF LIFE FOR THEM AND THEIR CARERS

Forget-Me-Not Buddies (Tameside) is a Tameside based group set up in 2013 by Carers of people living with a diagnosis of Dementia within the Borough and surrounding areas. It has grown from strength to strength and was granted CIO status on 3rd May 2019.

The Trustees have regard to the guidance issued by the Charity Commission on public benefit and take this guidance into account when making any relevant decisions regarding the operation of the Group.

We continue to attract new attendees on an almost weekly basis proving the need for our type of support for Carers and Cared For. The group is named and has contact details within the Advice Pack issued by the Memory Team to all newly diagnosed patients within the area. Buddies has a highly active social media platform and Trustees will continue to utilise every opportunity to promote the group facilities by attending open days and Health and Social Events where leaflets are distributed inviting eligible diagnosed persons and Carers to attend the weekly meet and other organised trips/events.

Forget-Me-Not Buddies specifically offers subsidised social activities and interaction for persons living with Dementia and their Carers - it offers support from people who have 'walked the full path' of the Dementia journey, from diagnosis to beyond demise of the diagnosed. Carers are welcome to continue attending Buddies even when the diagnosed can no longer do so, in fact some of our volunteers began as Carers attending

with their loved ones. Attendees see Buddies as a 'close family' who share the highs and the lows whilst continuing to enjoy life as much as possible whilst on their journey. Buddies does not have 'talks' from organisations or have any link whatsoever with any of the National Charities, it is totally independent and promotes itself as a social club for Carers and their Cared For. Attendees know when they attend Buddies that they are there for a good time with people in a similar situation, in a safe environment where Carers and Cared For can interact without the need to explain the behaviours present with Dementia. A few hours of release from the daily pressure this illness brings to Carers and diagnosed.

Forget-Me-Not Buddies (Tameside) does not make grants to any other individual, organisation or charity. It holds no investments and holds the funds it has as reserves in a cash account. Forget-Me-Not Buddies (Tameside) keeps these funds in reserve as a contingency fund to allow it to continue to operate in the event that income stops or support we receive from funding and donations ceases. These funds could then be used to cover the cost of replacing this support for a period of time.

Forget-Me-Not Buddies is totally reliant on our Volunteers, without them the group would not exist. We have no employees and all aspects of running the Charity are covered by volunteers. No volunteer/Trustee receives payment for any of their time.

Forget-Me-Not Buddies Trustees work hard to ensure a varied and full agenda of events and activities for Attendees to look forward to and enjoy, including a weekly 'Club' with refreshments and live entertainment, regular Ten Pin Bowling, various day trips (which usually include food and entertainment/shopping).

The entertainment and event calendar for April 2022 to March 2023 was as follows-

April 4 th	Monday Club - Paul Waldron (singer), dancing. bingo, quiz & refreshments
April 11 th	Monday Club - Steve Moyers (singer), dancing. bingo, quiz & refreshments
April 18 th	CLOSED - BANK HOLIDAY
April 25 th	Monday Club - Guy Manrin (singer), dancing. bingo, quiz & refreshments

April 28th	Cake & Camera Special - Afternoon Tea & portrait photo by professional photographer - Denton Golf Club
May 2nd	CLOSED - BANK HOLIDAY
May 9th	Monday Club - Mike Nield (singer), dancing. bingo, quiz & refreshments
May 16th	Monday Club - Paul Waldron (singer), dancing. bingo, quiz & refreshments
May 20th	Ten Pin Bowling - Denton Wellness Centre
May 22nd	Roy Bate BEM Celebration Party, Denton West End Social Club
May 23rd	Monday Club - LeeAnn James (singer), dancing. bingo, quiz & refreshments
May 30th	Monday Club - Colin Salty Chorlton (singer), dancing. bingo, quiz & refreshments
June 6th	Monday Club - Guy Manrin (singer), dancing. bingo, quiz & refreshments
June 13th	Monday Club - Mike Nield (singer), dancing. bingo, quiz & refreshments
June 14th	Anderton Boat Lift Trip + Meal
June 17th	Ten Pin Bowling - Denton Wellness Centre
June 20th	Monday Club - Graham Leggott (singer), dancing. bingo, quiz & refreshments
June 27th	Monday Club - Lisa & Adam (singer), dancing. bingo, quiz & refreshments
July 4th	Monday Club - Guy Manrin (singer), dancing. bingo, quiz & refreshments
July 7th	Oswaldtwistle Mill Trip - shopping, meal and entertainment, dancing
July 11th	Monday Club - Pete Williams (singer), dancing. bingo, quiz & refreshments
July 15th	Ten Pin Bowling - Denton Wellness Centre
July 18th	Monday Club - Steve Dean (singer), dancing. bingo, quiz & refreshments
July 25th	Monday Club - LeeAnn James (singer), dancing. bingo, quiz & refreshments
Aug 1st	Monday Club - Colin Salty Chorlton (singer), dancing. bingo, quiz & refreshments
Aug 8th	Monday Club - Pete Williams (singer), dancing. bingo, quiz & refreshments
Aug 10th	Skipton Trip - shopping and Afternoon Tea on Steam Train
Aug 15th	Monday Club - Mike Nield (singer), dancing. bingo, quiz & refreshments
Aug 19th	Ten Pin Bowling - Denton Wellness Centre
Aug 22nd	Monday Club - Paul Waldron (singer), dancing. bingo, quiz & refreshments
Aug 29th	CLOSED - BANK HOLIDAY
Sept 5th	Monday Club - Steve Moyers (singer), dancing. bingo, quiz & refreshments
Sept 12th	Monday Club - Pete Williams (singer), dancing. bingo, quiz & refreshments
Sept 16th	Ten Pin Bowling - Denton Wellness Centre
Sept 19th	Monday Club - LeeAnn James (singer), dancing. bingo, quiz & refreshments
Sept 21st	Briars Hall Trip - Meal, dancing & entertainment

Sept 26 th	Monday Club - Guy Manrin (singer), dancing. bingo, quiz & refreshments
Oct 3 rd	Monday Club - Pete Williams (singer), dancing. bingo, quiz & refreshments
Oct 10 th	Monday Club - Colin Salty Chorlton (singer), dancing. bingo, quiz & refreshments
Oct 17 th	Monday Club - Graham Leggott (singer), dancing. bingo, quiz & refreshments
Oct 20 th	Knowsley Safari Park and Lake View Hotel Meal
Oct 21st	Annual Charity Night - Elvis is in the Building - Denton Golf Club
Oct 24 th	Monday Club - Mike Nield (singer), dancing. bingo, quiz & refreshments
Oct 31 st	Monday Club Halloween Party - LeeAnn James (singer), dancing. bingo, quiz & refreshments
Nov 7 th	Monday Club Armistice Day Party - Ain't Miss Behavin (singer), dancing. bingo, quiz & refreshments
Nov 14 th	Monday Club - Paul Waldron (singer), dancing. bingo, quiz & refreshments
Nov 21 st	Monday Club - Steve Moyers (singer), dancing. bingo, quiz & refreshments
Nov 23 rd	Bedford Hotel Blackpool, meal & entertainment, dancing
Nov 28-Dec 2	5-day trip to Elgin Hotel at Blackpool - Turkey & Tinsel
Dec 5 th	Monday Club - Colin Salty Chorlton (singer), dancing. bingo, quiz & refreshments
Dec 12 th	Monday Club - Pete Williams (singer), dancing. bingo, quiz & refreshments
Dec 19 th	Monday Club Christmas Party - LeeAnn James (singer), dancing. bingo, quiz & refreshments
Dec 26 th	CLOSED - BANK HOLIDAY
Jan 2 nd	CLOSED - BANK HOLIDAY
Jan 9 th	Monday Club - Colin Salty Chorlton (singer), dancing. bingo, quiz & refreshments
Jan 16 th	Monday Club - Steve Moyers (singer), dancing. bingo, quiz & refreshments
Jan 20th	Ten Pin Bowling - Denton Wellness Centre
Jan 23 rd	Monday Club - Lisa & Adam (singer), dancing. bingo, quiz & refreshments
Jan 30 th	Monday Club - Mike Nield (singer), dancing. bingo, quiz & refreshments
Feb 6 th	Monday Club - Guy Manrin (singer), dancing. bingo, quiz & refreshments
Feb 13 th	Monday Club Valentines Party - LeeAnn James (singer), dancing. bingo, quiz & refreshments
Feb 15th	Cadbury World Trip
Feb 17 th	Ten Pin Bowling - Denton Wellness Centre
Feb 20 th	Monday Club - Rick Ashcroft (singer), dancing. bingo, quiz & refreshments
Feb 27 th	Monday Club - Laura Mac (singer), dancing. bingo, quiz & refreshments
Mar 6 th	Monday Club - Pete Williams (singer), dancing. bingo, quiz & refreshments

Mar 13 th	Monday Club - Colin Salty Chorlton (singer), dancing, bingo, quiz & refreshments
Mar 16 th	Bedford Hotel Blackpool, meal & entertainment, dancing
Mar 17 th	Ten Pin Bowling - Denton Wellness Centre
Mar 20 th	Monday Club - Graham Leggott (singer), dancing, bingo, quiz & refreshments
Mar 27 th	Monday Club - Laura Mac (singer), dancing, bingo, quiz & refreshments

Another important aspect for the Trustees is fundraising and grant applications to enable all events, refreshments, trips and travel costs to be subsidised as much as possible and continue to be so in the future.

We as Trustees try our very best to keep the 'family' feeling alive within the group - our WhatsApp Groups set up during the pandemic continue to be very active on a daily basis, this along with our Facebook Group and Page serves to keep us all 'chatting' to each other; For those not computer or smartphone savvy we keep in touch via our Liaison Officer (Beryl) telephoning members regularly.

We continue to receive regular enquiries from people looking for support having been recently diagnosed or hearing about Buddies and caring for a loved one with a diagnosis. More people are starting the journey who will hopefully become part of the Buddies Family.

We hope you have enjoyed reading our Annual Trustees Report.

Roy, Viv, Beryl & Carol

Trustees
23.06.23

FORGET-ME-NOT BUDDIES (TAMESIDE)
REPORT TO THE MEMBERS ON THE UNAUDITED FINANCIAL STATEMENTS OF
FORGET-ME-NOT BUDDIES (TAMESIDE)
FOR THE YEAR ENDED 31 MARCH 2023

I report on the accounts for the year ended 31 March 2023 as set out on pages 4 to 6.

Respective Responsibilities of Trustees and Examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

The charity's trustees consider an audit is not required for this year under section 144 of the 2011 Act, and that an independent examination is needed.

It is my responsibility as independent examiner to:

- ~ examine the accounts under section 145 of the 2011 Act
- ~ follow the applicable Directions given by the Charity Commissioners under section 145(5)(b) of the 2011 Act, and
- ~ to state whether particular matters have come to my attention

Basis of Independent Examiners Report

My examination was carried out in accordance with the Directions given by the Charity commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items of disclosures in the accounts, and seeking explanations from the trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

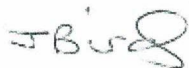
Independent Examiners Statement

I have completed my examination for the year ended 31 March 2023.

I can confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- ~ accounting records were not kept in accordance with section 130 of the 2011 Act or
- ~ the accounts do not accord with the accounting records to comply with the accounting requirements of the 2011 Act

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



24th June 2023

Miss Jacqueline Bird F.M.A.A.T.
Community Accounting Lancashire C.I.C.
Foxfields
9 Norley Close
Chadderton
Oldham
OL1 2RA

FORGET-ME-NOT BUDDIES (TAMESIDE)

RECEIPTS AND PAYMENTS ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

		Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
	Notes				
RECEIPTS					
Grants	2	-	10,000	10,000	-
Donations		4,063	-	4,063	7,829
Attendee Trip Contributions		12,563	-	12,563	6,112
Fundraising		4,334	-	4,334	1,231
Ten Pin Bowling		73	-	73	-
Refunds		39	-	39	1,913
Other Income		-	-	-	-
Monday Club					
Entrance Fees		9,895	-	9,895	4,865
Donations		1,157	-	1,157	258
Fundraising		400	-	400	1,533
TOTAL RECEIPTS		32,524	10,000	42,524	23,741
PAYMENTS					
Trips & Events		12,755	-	12,755	6,768
Coach Hire		-	4,195	4,195	3,489
Attendee Gifts & Deliveries		681	-	681	729
Refreshments (including Parties)		2,181	-	2,181	1,615
Equipment		322	-	322	932
Fundraising (Raffles & Cards)		1,126	-	1,126	4
Ten Pin Bowling		149	-	149	-
Bingo Tickets & Prizes		110	-	110	-
Photographs		517	-	517	-
Room Hire		-	2,280	2,280	810
Postage, Printing & Stationery		723	-	723	497
Insurance		255	-	255	229
Subscriptions & Licences		80	-	80	-
Accountancy Fees		280	-	280	160
Sundries		30	-	30	17
Monday Club					
Entertainment (Artists)		3,840	-	3,840	1,920
Room Hire		-	850	850	530
Refunds		22	-	22	66
Prizes		150	-	150	535
Resources		46	-	46	-
Gifts		-	-	-	41
TOTAL PAYMENTS		23,267	7,325	30,592	18,342
Net of receipts/(payments)		9,257	2,675	11,932	5,399
Cash funds as at 31 March 2022	3	27,696	2,264	29,960	24,561
Cash funds as at 31 March 2023	3	<u>36,953</u>	<u>4,939</u>	<u>41,892</u>	<u>29,960</u>

FORGET-ME-NOT BUDDIES (TAMESIDE)
STATEMENT OF ASSETS AND LIABILITIES
FOR THE YEAR ENDED 31 MARCH 2023

	Unrestricted Funds As at 31/03/23 £	Restricted Funds As at 31/03/23 £	Total Funds As at 31/03/23 £	Total Funds As at 31/03/22 £
CASH FUNDS				
Bank	36,933	4,939	41,872	29,850
Petty Cash	<u>20</u>	<u>-</u>	<u>20</u>	<u>110</u>
	<u>36,953</u>	<u>4,939</u>	<u>41,892</u>	<u>29,960</u>

LIABILITIES – fee for Independent Examination

£
495

The financial statements were approved by the Board of Trustees on the 23rd of June 2023 and signed on their behalf:

Vivian Anne Shilton

Vivian Anne Shilton
Chair

Carrol Ashton

Carrol Ashton
Secretary

FORGET-ME-NOT BUDDIES (TAMESIDE)

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

1. Receipts and payments accounts

Receipts and payments accounts are statements that summarise the movement of cash into and out of the organisation during the financial year. In this context "cash" includes cash equivalents, for example, bank accounts where cash can be readily withdrawn to pay for debts as they become due.

2. Grants Received

	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
National Lottery Community Fund	-	10,000	10,000	-
	<u>-</u>	<u>10,000</u>	<u>10,000</u>	<u>-</u>

3. Fund Analysis

Fund Name	Balance as at 1 April 2022 £	Receipts £	Payments £	Transfers £	Balance as at 31 March 2023 £
Unrestricted Funds	27,696	32,524	(23,267)	-	36,953
Restricted Funds:					
National Lottery Community Fund	-	10,000	(5,061)	-	4,939
Tameside Community Fund	2,264	-	(2,264)	-	-
	<u>2,264</u>	<u>10,000</u>	<u>(7,325)</u>	<u>-</u>	<u>4,939</u>
TOTAL FUNDS	<u>29,960</u>	<u>42,524</u>	<u>(30,592)</u>	<u>-</u>	<u>41,892</u>