

THE FOREST FOODBANK

England & Wales · Charity number 1183196

Details

Status Registered

Legal form CIO

Registered 2019-04-30

Register [View on the Charity Commission register](#)

Contact

Address Eastern United Site
Ruspidge Road
Cinderford
Gloucestershire
GL14 3AW

Phone 07151718647

Email debbie@theforest.foodbank.org.uk

Activities

Objects: THE RELIEF OF FINANCIAL HARDSHIP AMONGST PEOPLE IN FOREST OF DEAN IN SUCH WAYS AS THE TRUSTEES FROM TIME-TO-TIME THINK FIT, IN PARTICULAR, BUT NOT EXCLUSIVELY BY:A) PROVIDING EMERGENCY FOOD, ESSENTIAL TOILETRIES, AND HOUSEHOLD ITEMS TO INDIVIDUALS AND FAMILIES IN NEED AND/OR FOR DISTRIBUTION BY CHARITIES OR OTHER ORGANISATIONS WORKING TO PREVENT OR RELIEVE POVERTYB) SUCH OTHER MEANS, INCLUDING (BUT NOT LIMITED TO) THE PROVISION OF SUPPORT OR SIGNPOSTING TO RELEVANT INFORMATION AND OTHER ADVISORY SERVICES

Activities: Foodbank

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** The Prevention Or Relief Of Poverty
- **Who:** The General Public/mankind

Geography

- Gloucestershire

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£137,652	£144,252	-	-
2023-12-31	£134,052	£120,480	-	-
2022-12-31	£139,456	£46,830	-	-
2021-12-31	£27,446	£7,450	-	-
2020-12-31	£0	£0	-	-

Trustees

Name	Role	Appointed
Deborah Jane Beard		2019-05-02
Denis Wise		2024-12-01
Jennette Anderson		2023-04-18
Martin Williams		2024-10-01

THE FOREST FOODBANK

England & Wales - Charity number 1183196

Accounts

THE FOREST FOODBANK

FINANCIAL STATEMENTS

31ST DECEMBER 2024



THE FOREST FOODBANK
REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31ST DECEMBER 2024

INDEX

Pages

2	Administrative Information
3 to 5	Report of the Committee
6	Independent Examiner's Report
7	Balance Sheet
8	Income and Expenditure Account
9	Notes to the Accounts

THE FOREST FOOD BANK

ADMINISTRATIVE INFORMATION

COMMITTEE: Mrs D Beard – Acting Chair
Mrs J Anderson - Treasurer
Mr M Williams
Mr D Wise

**PRINCIPAL
ADDRESS:** Eastern United Site
Ruspidge Road
Cinderford
Gloucestershire
GL14 3AW

**INDEPENDENT
EXAMINER:** Knights
Accountants and Tax Advisors
21 Highnam Business Centre
Highnam
Gloucester
GL2 8DN

THE FOREST FOODBANK

COMMITTEE REPORT

PRINCIPAL OBJECT AND STATUS OF CHARITY

The organisation is registered as a Charitable Incorporated Organisation (CIO) with the Charity Commission, reference number 1183196, is governed by a constitution dated 14th August 2020 and operates from Eastern United Site, Ruspidge Road, Cinderford, Gloucestershire, GL14 3AW.

OBJECTIVES

The objectives of the Charitable Incorporated Organisation (CIO) are:

- To relieve persons throughout The Forest of Dean and outlying areas, and in such ways as the trustees from time to time think fit, in particular, but not exclusively by:
- In furtherance of the first object, to supply goods to beneficiaries, either directly or through agency partners approved by the Trustees. Goods to include (but not limited to) food, including tinned and dried foods, to ensure a healthy, balanced and nutritious diet sufficient for a minimum of three days at a time; essential toiletries, household items, clothing as available, fuel poverty support where provision of such services does not compromise the primary purpose of the (CIO).
- To do any other thing consistent with the primary purpose of the CIO, including (but not limited to) the provision of support or signposting to relevant information and other advisory services.

ACHIEVEMENTS AND PERFORMANCE

The Forest Foodbank is a charity that enables the community in and around the Forest of Dean to meet the emergency food needs of those within the same community who are at crisis point in their lives.

During the period to 31st December 2024, The Forest Foodbank has provided emergency food for approximately 3,400 (including approximately 1,300 children), distributing 34,000kg of food and essential household supplies. This represented a 10% year-on-year increase in the quantity of food supplied versus the year to 31st December 2024.

The 'Foodbank' has returned to the distribution model used prior to COVID-19 restrictions and operated half-day opening distribution centres in 3 locations where demand is greatest, providing coverage for Cinderford, Coleford and Lydney. Clients either travel to the nearest location or delivery is provided for those unable to attend in person.

THE FOREST FOODBANK

REPORT OF THE COMMITTEE

FINANCIAL REVIEW

General donations continued as a similar monthly rate to the previous year, providing sufficient funding to support the activities of the charity without having to utilise cash reserves

Premises costs were impacted by a one-off refit of the warehouse which was required to increase storage capacity and improve safety by providing suitably rated equipment for the weight of goods being handled which will provide a fit-for-purpose facility for the foreseeable future.

The organisation has cash reserves of £243,037 as at 31st December 2024 (2023 - £247,482), which is held in Lloyds Bank current and deposit accounts.

The Trustees are satisfied that they have sufficient reserves at the Balance Sheet date, together with the ongoing income anticipated, to enable the organisation to function effectively and deliver strategic plans for the coming year.

THE FOREST FOOD BANK

REPORT OF THE COMMITTEE

STATEMENT OF TRUSTEES RESPONSIBILITIES

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with the applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the income resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply the consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgement and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is appropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the CIO and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Financial Statements and Reports) Regulations and the provision of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees and signed on their behalf by:

D Beard
Trustee

Date: 21st October 2025

INDEPENDENT EXAMINER'S REPORT TO

THE FOREST FOODBANK

We report on the accounts of The Forest Foodbank for the period ended 31st December 2024.

BASIS OF INDEPENDENT EXAMINER'S REPORT

Our examination was carried out in accordance with the General directions given by the Charity Commissioners, section 145 of the 2011 Act and in carrying out our examination we have followed all the applicable directions given by the Charity Commission under section 145 (5)(b) of the Act.

An independent examination includes a review of the accounting records kept by the association and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as the committee concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, we do not express an audit opinion on the view given by the accounts.

INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to our attention:

- (1) which gives us reasonable cause to believe that, in any material aspect, the requirements:

to keep accounting records in accordance with section 130 of the Charities Act 2011: and to prepare accounts which accord with the accounting records and to comply with the accounting requirement of the Charities Act 2011.

have not been met; or

- (2) to which, in our opinion, attention should be drawn in order to enable proper understanding of the accounts to be reached.

Knights
Accountants and Tax Advisors
21 Highnam Business Centre
Highnam
GLOUCESTER.
GL2 8DN

Date: 27th October 2025

THE FOREST FOODBANK

BALANCE SHEET

AS AT 31ST DECEMBER 2024

	2024		2023	
	£	£	£	£
FIXED ASSETS				
Plant and machinery	485		571	
Fixtures and fittings	7,974		9,381	
Computer Equipment	<u>419</u>		<u>1,011</u>	
		8,878		10,963
CURRENT ASSETS				
Prepayments	284		336	
Bank Accounts – Lloyds Bank Current Account	15,941		37,952	
Lloyds Bank Deposit Account	<u>227,096</u>		<u>209,530</u>	
	243,321		247,818	
CURRENT LIABILITIES				
Creditors – amounts falling due within 1 year (Note 2)	<u>402</u>		<u>384</u>	
NET CURRENT ASSETS		242,919		247,434
NET ASSETS		<u>251,797</u>		<u>258,397</u>

REPRESENTED BY:

GENERAL FUND

Balance Brought Forward	258,397	244,825
(Deficit)/Surplus of income over expenditure	<u>(6,600)</u>	<u>13,572</u>
Balance Carried Forward	<u>251,797</u>	<u>258,397</u>

Approved by the Committees on 21st October 2025 and signed on its behalf by:

MRS D BEARD – ACTING CHAIR

THE FOREST FOODBANK

INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31ST DECEMBER 2024

	2024		2023	
	£	£	£	£
INCOME				
Donations	51,347		58,456	
Grant Income	83,739		73,659	
Sundry Receipts	-		-	
Deposit Account Interest	<u>2,566</u>		<u>1,937</u>	
		137,652		134,052
EXPENDITURE				
Purchases and consumables	51,244		46,921	
Wages	25,629		28,051	
Pensions	2,169		2,043	
Rent	5,753		5,940	
Insurance	718		643	
Light and heat	1,200		202	
Telephone	2,339		1,612	
Post and stationery	219		91	
Advertising	-		939	
Travel expenses	4,403		3,476	
Repairs and renewals	2,238		190	
Computer & I.T. costs	1,619		254	
Miscellaneous expenses	1,436		1,221	
Volunteers entertaining	-		503	
Accountancy	420		468	
Professional fees	42,780		25,489	
Bank charges	-		-	
Other penalties and interest	-		100	
Depreciation – Plant & Machinery	86		90	
Depreciation- Fixture & Fittings	1,407		1,655	
Depreciation- Comp Equipment	<u>592</u>		<u>592</u>	
		<u>144,252</u>		<u>120,480</u>
(DEFICIT)/SURPLUS OF INCOME OVER EXPENDITURE FOR THE YEAR		<u>(6,600)</u>		<u>13,572</u>

THE FOREST FOODBANK

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31ST DECEMBER 2024

1. ACCOUNTING POLICIES

(a) Accounting Convention

The accounts are prepared under the historical cost convention on an accruals basis.

(b) Accounting by Charities

The recommendations of SORP2 (Accounting by Charities) have been followed in the preparation of these accounts.

(c) Fund Accounting

The Charity's general fund consists of funds which the Association may use for its purpose at its discretion.

2. CREDITORS

	£
Accrued expenses	<u>402</u>

THE FOREST FOODBANK

England & Wales - Charity number 1183196

Accounts

THE FOREST FOODBANK

FINANCIAL STATEMENTS

31ST DECEMBER 2023



THE FOREST FOODBANK
REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31ST DECEMBER 2023

INDEX

<u>Pages</u>	
2	Administrative Information
3 to 5	Report of the Committee
6	Independent Examiner's Report
7	Balance Sheet
8	Income and Expenditure Account
9	Notes to the Accounts

THE FOREST FOOD BANK

ADMINISTRATIVE INFORMATION

COMMITTEE: Mr A. Garbutt - Chair and Treasurer
Mrs. Y. Wood
Mrs D. Beard
Mrs L. Smallpage- Mitchell

PRINCIPAL ADDRESS: Eastern United Site
Ruspidge Road
Cinderford
Gloucestershire
GL14 3AW

INDEPENDENT EXAMINER: Knights
Accountants and Tax Advisors
21 Highnam Business Centre
Highnam
Gloucester
GL2 8DN

THE FOREST FOODBANK

COMMITTEE REPORT

PRINCIPAL OBJECT AND STATUS OF CHARITY

The organisation is registered as a Charitable Incorporated Organisation (CIO) with the Charity Commission, reference number 1183196, is governed by a constitution dated 14th August 2020 and operates from Eastern United Site, Ruspidge Road, Cinderford, Gloucestershire, GL14 3AW.

OBJECTIVES

The objectives of the Charitable Incorporated Organisation (CIO) are:

- To relieve persons throughout The Forest of Dean and outlying areas, and in such ways as the trustees from time to time think fit, in particular, but not exclusively by:
- In furtherance of the first object, to supply goods to beneficiaries, either directly or through agency partners approved by the Trustees. Goods to include (but not limited to) food, including tinned and dried foods, to ensure a healthy, balanced and nutritious diet sufficient for a minimum of three days at a time; essential toiletries, household items, clothing as available, fuel poverty support where provision of such services does not compromise the primary purpose of the (CIO).
- To do any other thing consistent with the primary purpose of the CIO, including (but not limited to) the provision of support or signposting to relevant information and other advisory services.

ACHIEVEMENTS AND PERFORMANCE

The Forest Foodbank is a charity that enables the community in and around the Forest of Dean to meet the emergency food needs of those within the same community who are at crisis point in their lives.

During the period to 31st December 2023, The Forest Foodbank has provided emergency food for approximately 3,400 (including approximately 1,300 children), distributing 34,000kg of food and essential household supplies. This represented a 10% year-on-year increase in the quantity of food supplied versus the year to 31st December 2022.

The 'Foodbank' has returned to the distribution model used prior to COVID-19 restrictions and operated half-day opening distribution centres in 3 locations where demand is greatest, providing coverage for Cinderford, Coleford and Lydney. Clients either travel to the nearest location or delivery is provided for those unable to attend in person.

THE FOREST FOODBANK

REPORT OF THE COMMITTEE

FINANCIAL REVIEW

The reporting period saw the first full year of the newly established Forest Foodbank CIO following separation from Coleford Baptist Church.

General donations continued as a similar monthly rate to the previous year, providing sufficient funding to support the activities of the charity without having to utilise cash reserves. Grant funding was received during the period to contribute to the employment of key staff, for the provision of food and warm clothing for clients over the winter period and the first instalment of a financial inclusion grant was received to provide additional advice services to client starting in 2023.

The introduction of paid staff has significantly increased payments, however this is mostly offset by grant funding secured for this purpose from the Trussell Trust. Premises costs were also impacted by a one-off refit of the warehouse which was required to increase storage capacity and improve safety by providing suitably rated equipment for the weight of goods being handled which will provide a fit-for-purpose facility for the foreseeable future.

The organisation has cash reserves of £247,482 as at 31st December 2023 (2022 - £232,196), which is held in Lloyds Bank current and deposit accounts.

The Trustees are satisfied that they have sufficient reserves at the Balance Sheet date, together with the ongoing income anticipated, to enable the organisation to function effectively and deliver strategic plans for the coming year.

THE FOREST FOOD BANK

REPORT OF THE COMMITTEE

STATEMENT OF TRUSTEES RESPONSIBILITIES

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with the applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the income resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply the consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgement and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is appropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the CIO and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Financial Statements and Reports) Regulations and the provision of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees and signed on their behalf by:



Louisa Smallpage-Mitchell

.....
Trustee

29/10/2024

.....
Date

INDEPENDENT EXAMINER'S REPORT TO
THE FOREST FOODBANK

We report on the accounts of The Forest Foodbank for the period ended 31st December 2023.

BASIS OF INDEPENDENT EXAMINER'S REPORT

Our examination was carried out in accordance with the General directions given by the Charity Commissioners, section 145 of the 2011 Act and in carrying out our examination we have followed all the applicable directions given by the Charity Commission under section 145 (5)(b) of the Act.

An independent examination includes a review of the accounting records kept by the association and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as the committee concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, we do not express an audit opinion on the view given by the accounts.

INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to our attention:

- (1) which gives us reasonable cause to believe that, in any material aspect, the requirements:

to keep accounting records in accordance with section 130 of the Charities Act 2011:

and to prepare accounts which accord with the accounting records and to comply with the accounting requirement of the Charities Act 2011.

have not been met; or

- (2) to which, in our opinion, attention should be drawn in order to enable proper understanding of the accounts to be reached.

Knights
Accountants and Tax Advisors
21 Highnam Business Centre
Highnam
GLOUCESTER.
GL2 8DN

Date: 31 October 2024

THE FOREST FOODBANK

BALANCE SHEET

AS AT 31ST DECEMBER 2023

	2023		2022	
	£	£	£	£
FIXED ASSETS				
Plant and machinery	571		NIL	
Fixtures and fittings	9,381		<u>11,037</u>	
Computer Equipment	<u>1,011</u>		<u>1,602</u>	
		10,963		12,639
CURRENT ASSETS				
Prepayments	336		379	
Bank Accounts – Lloyds Bank Current Account	37,952		32,013	
Lloyds Bank Deposit Account	209,530		<u>200,093</u>	
	<u>247,818</u>		<u>232,485</u>	
CURRENT LIABILITIES				
Creditors – amounts falling due within 1 year (Note 2)	<u>384</u>		<u>384</u>	
NET CURRENT ASSETS		<u>247,434</u>		<u>232,101</u>
NET ASSETS		<u>258,397</u>		<u>244,740</u>

REPRESENTED BY:

GENERAL FUND

Balance Brought Forward	244,740		152,114	
(Deficit)/Surplus of income over expenditure	<u>13,572</u>		<u>92,626</u>	
Balance Carried Forward		<u>258,312</u>		<u>244,740</u>

Approved by the Committees on 29 October 2024 and signed on its behalf by:

A handwritten signature in black ink, appearing to be 'LSM', enclosed within a light grey rectangular box.

Louisa Smallpage-Mitchell-vice chair

THE FOREST FOODBANK

INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31ST DECEMBER 2023

	2023		2022	
	<u>£</u>	<u>£</u>	<u>£</u>	<u>£</u>
INCOME				
Donations	58,456		54,692	
Grant Income	73,659		84,678	
Sundry Receipts	-		-	
Deposit Account Interest	<u>1,937</u>		<u>86</u>	
		134,052		139,456
 EXPENDITURE				
Purchases and consumables	46,921		14,789	
Wages	28,051		17,230	
Pensions	2,043		1,402	
Rent	5,940		5,580	
Insurance	643		570	
Light and heat	202		176	
Telephone	1,612		824	
Post and stationery	91		49	
Advertising	939		-	
Travel expenses	3,476		3,444	
Repairs and renewals	190		390	
Computer & I.T. costs	254		17	
Miscellaneous expenses	1,221		39	
Volunteers entertaining	503		576	
Accountancy	468		384	
Professional fees	25,489		344	
Bank charges	-		64	
Other penalties and interest	100		-	
Depreciation – Plant & Machinery	90		-	
Depreciation- Fixture & Fittings	1,655		761	
Depreciation- Comp Equipment	<u>592</u>		<u>190</u>	
		<u>120,480</u>		<u>46,830</u>
 (DEFICIT)/SURPLUS OF INCOME OVER EXPENDITURE FOR THE YEAR		 <u>13,572</u>		 <u>92,626</u>

THE FOREST FOODBANK

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31ST DECEMBER 2023

1. ACCOUNTING POLICIES

(a) Accounting Convention

The accounts are prepared under the historical cost convention on an accruals basis.

(b) Accounting by Charities

The recommendations of SORP2 (Accounting by Charities) have been followed in the preparation of these accounts.

(c) Fund Accounting

The Charity's general fund consists of funds which the Association may use for its purpose at its discretion.

2. CREDITORS

	£
Accrued expenses	<u>384</u>

THE FOREST FOODBANK

England & Wales - Charity number 1183196

Accounts

THE FOREST FOODBANK

FINANCIAL STATEMENTS

31ST DECEMBER 2022



THE FOREST FOODBANK
REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31ST DECEMBER 2022

INDEX

Pages

2	Administrative Information
3 to 5	Report of the Committee
6	Independent Examiner's Report
7	Balance Sheet
8	Income and Expenditure Account
9	Notes to the Accounts

THE FOREST FOOD BANK

ADMINISTRATIVE INFORMATION

COMMITTEE: Mr A. Garbutt - Chair and Treasurer
Mrs. Y. Wood
Mrs D. Beard
Mrs L. Smallpage- Mitchell

**PRINCIPAL
ADDRESS:** Eastern United Site
Ruspidge Road
Cinderford
Gloucestershire
GL14 3AW

**INDEPENDENT
EXAMINER:** Knights
Accountants and Tax Advisors
21 Highnam Business Centre
Highnam
Gloucester
GL2 8DN

THE FOREST FOODBANK

COMMITTEE REPORT

PRINCIPAL OBJECT AND STATUS OF CHARITY

The organisation is registered as a Charitable Incorporated Organisation (CIO) with the Charity Commission, reference number 1183196, is governed by a constitution dated 14th August 2020 and operates from Eastern United Site, Ruspidge Road, Cinderford, Gloucestershire, GL14 3AW.

OBJECTIVES

The objectives of the Charitable Incorporated Organisation (CIO) are:

- To relieve persons throughout The Forest of Dean and outlying areas, and in such ways as the trustees from time to time think fit, in particular, but not exclusively by:
- In furtherance of the first object, to supply goods to beneficiaries, either directly or through agency partners approved by the Trustees. Goods to include (but not limited to) food, including tinned and dried foods, to ensure a healthy, balanced and nutritious diet sufficient for a minimum of three days at a time; essential toiletries, household items, clothing as available, fuel poverty support where provision of such services does not compromise the primary purpose of the (CIO).
- To do any other thing consistent with the primary purpose of the CIO, including (but not limited to) the provision of support or signposting to relevant information and other advisory services.

ACHIEVEMENTS AND PERFORMANCE

The Forest Foodbank is a charity that enables the community in and around the Forest of Dean to meet the emergency food needs of those within the same community who are at crisis point in their lives.

During the period to 31st December 2022, The Forest Foodbank has provided emergency food for approximately 3,400 (including approximately 1,300 children), distributing 34,000kg of food and essential household supplies. This represented a 10% year-on-year increase in the quantity of food supplied versus the year to 31st December 2021.

The 'Foodbank' has returned to the distribution model used prior to COVID-19 restrictions and operated half-day opening distribution centres in 3 locations where demand is greatest, providing coverage for Cinderford, Coleford and Lydney. Clients either travel to the nearest location or delivery is provided for those unable to attend in person.

2022 saw the introduction of paid staff to manage the 'Foodbank' operations and warehouse.

THE FOREST FOODBANK
REPORT OF THE COMMITTEE

FINANCIAL REVIEW

The reporting period saw the first full year of the newly established Forest Foodbank CIO following separation from Coleford Baptist Church.

General donations continued as a similar monthly rate to the previous year, providing sufficient funding to support the activities of the charity without having to utilise cash reserves. Grant funding was received during the period to contribute to the employment of key staff, for the provision of food and warm clothing for clients over the winter period and the first instalment of a financial inclusion grant was received to provide additional advice services to client starting in 2023.

The introduction of paid staff has significantly increased payments, however this is mostly offset by grant funding secured for this purpose from the Trussell Trust. Premises costs were also impacted by a one-off refit of the warehouse which was required to increase storage capacity and improve safety by providing suitably rated equipment for the weight of goods being handled which will provide a fit-for-purpose facility for the foreseeable future.

The organisation has cash reserves of £232,196 as at 31st December 2022, which is held in Lloyds Bank current and deposit accounts.

The Trustees are satisfied that they have sufficient reserves at the Balance Sheet date, together with the ongoing income anticipated, to enable the organisation to function effectively and deliver strategic plans for the coming year.

THE FOREST FOOD BANK

REPORT OF THE COMMITTEE

STATEMENT OF TRUSTEES RESPONSIBILITIES

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with the applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the income resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is appropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the CIO and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Financial Statements and Reports) Regulations and the provision of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees and signed on their behalf by:

A. Garbutt

.....

Trustee

27th October 2023

.....

Date

INDEPENDENT EXAMINER'S REPORT TO

THE FOREST FOODBANK

We report on the accounts of The Forest Foodbank for the period ended 31st December 2022.

BASIS OF INDEPENDENT EXAMINER'S REPORT

Our examination was carried out in accordance with the General directions given by the Charity Commissioners, section 145 of the 2011 Act and in carrying out our examination we have followed all the applicable directions given by the Charity Commission under section 145 (5)(b) of the Act.

An independent examination includes a review of the accounting records kept by the association and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as the committee concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, we do not express an audit opinion on the view given by the accounts.

INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to our attention:

- (1) which gives us reasonable cause to believe that, in any material aspect, the requirements:

to keep accounting records in accordance with section 130 of the Charities Act 2011:

and to prepare accounts which accord with the accounting records and to comply with the accounting requirement of the Charities Act 2011.

have not been met; or

- (2) to which, in our opinion, attention should be drawn in order to enable proper understanding of the accounts to be reached.

Knights
Accountants and Tax Advisors
21 Highnam Business Centre
Highnam
GLOUCESTER.
GL2 8DN

27th October 2023

Date:

THE FOREST FOODBANK

BALANCE SHEET

AS AT 31ST DECEMBER 2022

	2022		2021	
	£	£	£	£
FIXED ASSETS				
Fixtures and Fittings	11,037			
Computer Equipment	<u>1,602</u>			
		<u>12,639</u>		
CURRENT ASSETS				
Prepayments	379		301	
Bank Accounts – Lloyds Bank Current Account	32,103		7,10	
Lloyds Bank Deposit Account	<u>200,093</u>		7	
			<u>145,006</u>	
	<u>232,485</u>		<u>152,414</u>	
CURRENT LIABILITIES				
Creditors – amounts falling due within 1 year (Note 2)	<u>384</u>		<u>30</u> <u>0</u>	
NET CURRENT ASSETS		<u>232,101</u>		<u>152,114</u>
NET ASSETS		<u>244,740</u>		<u>152,114</u>

REPRESENTED BY:

GENERAL FUND

<i>Balance Brought Forward</i>	152,114		-	
<i>Transferred from Coleford Baptist Church</i>	-		132,119	
<i>(Deficit)/Surplus of income over expenditure</i>	<u>92,626</u>		<u>19,995</u>	
<i>Balance Carried Forward</i>		<u>244,740</u>		<u>152,114</u>

Approved by the Committees on and signed on its behalf by:

MR. A. GARBUTT – CHAIR

THE FOREST FOODBANK

INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31ST DECEMBER 2022

	2022		2021	
	<u>£</u>	<u>£</u>	<u>£</u>	<u>£</u>
INCOME				
Donations	54,692		21,505	
Grant Income	84,678		5,894	
Sundry Receipts	-		42	
Deposit Account Interest	<u>86</u>		<u>5</u>	
		139,456		27,446
EXPENDITURE				
Purchases and consumables	14,789		1,337	
Wages	17,230		-	
Pensions	1,402		-	
Rent	5,580		2,250	
Insurance	570		328	
Light and heat	176		38	
Telephone	824		137	
Post and stationery	49		161	
Advertising	-		56	
Travel expenses	3,444		1,335	
Repairs and renewals	390		-	
Computer & I.T. costs	17		80	
Miscellaneous expenses	39		15	
Volunteers entertaining	576		989	
Accountancy	384		300	
Professional fees	344		360	
Bank charges	64		64	
Depreciation- Fixture & Fittings	761		-	
Depreciation- Comp Equipment	<u>190</u>		<u>-</u>	
		<u>46,830</u>		<u>7,451</u>
(DEFICIT)/SURPLUS OF INCOME OVER EXPENDITURE FOR THE YEAR		<u>92,626</u>		<u>19,995</u>

THE FOREST FOODBANK

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31ST DECEMBER 2022

1. ACCOUNTING POLICIES

(a) Accounting Convention

The accounts are prepared under the historical cost convention on an accruals basis.

(b) Accounting by Charities

The recommendations of SORP2 (Accounting by Charities) have been followed in the preparation of these accounts.

(c) Fund Accounting

The Charity's general fund consists of funds which the Association may use for its purpose at its discretion.

2. CREDITORS

	£
Accrued expenses	<u>384</u>

THE FOREST FOODBANK

England & Wales - Charity number 1183196

Accounts

THE FOREST FOODBANK
REPORT AND ACCOUNTS
FOR THE PERIOD ENDED 31ST DECEMBER 2021

INDEX

Pages

2	Administrative Information
3 to 5	Report of the Committee
6	Independent Examiner's Report
7	Balance Sheet
8	Income and Expenditure Account
9	Notes to the Accounts

THE FOREST FOOD BANK

ADMINISTRATIVE INFORMATION

COMMITTEE: Mr A. Garbutt - Chair and Treasurer
Mrs. Y. Wood
Mrs D. Beard
Mrs L. Smallpage- Mitchell

**PRINCIPAL
ADDRESS:** Eastern United Site
Ruspidge Road
Cinderford
Gloucestershire
GL14 3AW

**INDEPENDENT
EXAMINER:** Knights
Accountants and Tax Advisors
21 Highnam Business Centre
Highnam
Gloucester
GL2 8DN

THE FOREST FOODBANK

COMMITTEE REPORT

PRINCIPAL OBJECT AND STATUS OF CHARITY

The organisation is registered as a Charitable Incorporated Organisation (CIO) with the Charity Commission, reference number 1183196, is governed by a constitution dated 14th August 2020 and operates from Eastern United Site, Ruspidge Road, Cinderford, Gloucestershire, GL14 3AW.

OBJECTIVES

The objectives of the Charitable Incorporated Organisation (CIO) are:

- To relieve persons throughout The Forest of Dean and outlying areas, and in such ways as the trustees from time to time think fit, in particular, but not exclusively by:
- In furtherance of the first object, to supply goods to beneficiaries, either directly or through agency partners approved by the Trustees. Goods to include (but not limited to) food, including tinned and dried foods, to ensure a healthy, balanced and nutritious diet sufficient for a minimum of three days at a time; essential toiletries, household items, clothing as available, fuel poverty support where provision of such services does not compromise the primary purpose of the (CIO).
- To do any other thing consistent with the primary purpose of the CIO, including (but not limited to) the provision of support or signposting to relevant information and other advisory services.

ACHIEVEMENTS AND PERFORMANCE

The Forest Foodbank is a charity that enables the community in and around the Forest of Dean to meet the emergency food needs of those within the same community who are at crisis point in their lives.

During the period to 31st December 2021, The Forest Foodbank has provided emergency food for approximately 2,900 people, 39% proportion of whom were children. In total 30,850 kg of food was distributed.

The impact of COVID-19 has resulted in an increased number of people in need of emergency food, whilst limiting our ability to engage with underlying causes of food poverty. Our work to support people in moving away from dependence on food support has reduced as we have had to minimise our contact and engagement with our clients for their own protection and for the protection of our volunteers.

In order to respond to the increasing client numbers and the requirements of social distancing, the foodbank changed its operating model during the reporting period to a delivery-based service rather than operating distribution centres.

THE FOREST FOODBANK

REPORT OF THE COMMITTEE

FINANCIAL REVIEW

The reporting period saw the establishment of financial arrangements for the newly established Forest Foodbank CIO and the separation from Coleford Baptist Church, charity reference number 234789. This action saw the transfer of funds into The Forest Foodbank and the commencement of financial activity from June 2021. Total funds transferred £132,119.

The pandemic has driven a significant increase in gifts and grants, both from individuals and organisations, resulting in healthy cash reserves which will enable the organisation to move forward with strategic plans. The foodbank also received an unrestricted grant from the Forest of Dean District Council.

The financial statements for the period ended 31st December 2021 have been prepared on an accruals basis and give a reflection of the trading year.

The organisation has cash reserves of £152,114 as at 31st December 2021, which is held in Lloyds Bank current and deposit accounts.

The Trustees are satisfied that they have sufficient reserves at the Balance Sheet date, together with the ongoing income anticipated, to enable the organisation to function effectively and deliver strategic plans for the coming year.

THE FOREST FOOD BANK

REPORT OF THE COMMITTEE

STATEMENT OF TRUSTEES RESPONSIBILITIES

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with the applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the income resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is appropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the CIO and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Financial Statements and Reports) Regulations and the provision of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees and signed on their behalf by:

ADAM GARBUTT

.....
Trustee

22 SEPTEMBER 2022

.....

INDEPENDENT EXAMINER'S REPORT TO
THE FOREST FOODBANK

We report on the accounts of The Forest Foodbank for the period ended 31st December 2021.

BASIS OF INDEPENDENT EXAMINER'S REPORT

Our examination was carried out in accordance with the General directions given by the Charity Commissioners, section 145 of the 2011 Act and in carrying out our examination we have followed all the applicable directions given by the Charity Commission under section 145 (5)(b) of the Act.

An independent examination includes a review of the accounting records kept by the association and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as the committee concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, we do not express an audit opinion on the view given by the accounts.

INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to our attention:

- (1) which gives us reasonable cause to believe that, in any material aspect, the requirements:

to keep accounting records in accordance with section 130 of the Charities Act 2011:
and to prepare accounts which accord with the accounting records and to comply with the accounting requirement of the Charities Act 2011.

have not been met; or

- (2) to which, in our opinion, attention should be drawn in order to enable proper understanding of the accounts to be reached.

Knights
Accountants and Tax Advisors
21 Highnam Business Centre
Highnam
GLOUCESTER.
GL2 8DN

29 SEPTEMBER 2022

Date:

THE FOREST FOODBANK

BALANCE SHEET

AS AT 31ST DECEMBER 2021

CURRENT ASSETS

	£
Bank Accounts – Lloyds Bank Current Account	7,107
Lloyds Bank Deposit Account	<u>145,006</u>
	152,113
Prepayments	<u>301</u>
	152,414

CURRENT LIABILITIES

Creditors – amounts falling due within 1 year (Note 2)	<u>300</u>
--	------------

NET CURRENT ASSETS 152,114

NET ASSETS 37,490

REPRESENTED BY:

GENERAL FUND

Balance at 1 st June 2021	NIL
Transferred from Coleford Baptist Church	132,119
(Deficit)/Surplus of income over expenditure	19,995
Balance at 31st December 2021	<u>152,114</u>

Approved by the Committees on 27th October 2022 and signed on its behalf by:

MR. A. GARBUTT – CHAIR

THE FOREST FOODBANK

INCOME AND EXPENDITURE ACCOUNT

FOR THE PERIOD ENDED 31ST DECEMBER 2021

	<u>2021</u>
	<u>£</u>
INCOME	
Donations	21,505
Grant Income	5,894
Sundry Receipts	42
Deposit Account Interest	<u>5</u>
	27,446
EXPENDITURE	
Purchases and consumables	1,337
Rent	2,250
Insurance	328
Light and heat	38
Telephone	137
Post and stationery	161
Advertising	56
Travel expenses	1,335
Computer & I.T. costs	80
Miscellaneous expenses	15
Volunteers entertaining	989
Accountancy	300
Professional fees	360
Bank charges	<u>64</u>
	7,450
(DEFICIT)/SURPLUS OF INCOME OVER EXPENDITURE FOR THE YEAR	<u>19,995</u>

THE FOREST FOODBANK

NOTES TO THE ACCOUNTS

FOR THE PERIOD ENDED 31ST DECEMBER 2021

1. ACCOUNTING POLICIES

(a) Accounting Convention

The accounts are prepared under the historical cost convention on an accruals basis.

(b) Accounting by Charities

The recommendations of SORP2 (Accounting by Charities) have been followed in the preparation of these accounts.

(c) Fund Accounting

The Charity's general fund consists of funds which the Association may use for its purpose at its discretion.

2. CREDITORS

	£
Accrued expenses	<u>300</u>

THE FOREST FOODBANK

England & Wales - Charity number 1183196

Accounts

The Forest Foodbank

Registered Charity: 1183196

Report and Financial Statements
for the year ended
31st December 2020

The Forest Foodbank

Report of the Trustees for the year ended 31st December 2020

Charitable Status: The Forest Foodbank is a Charitable Incorporated Organisation (CIO) registration number 1183196

The Charities Address is: Eastern United Site, Ruspidge Road, CINDERFORD, Gloucestershire, GL14 3AW

Organisation: Trustees are appointed by the Charity Trustees.

Trustees in the Period:

Deborah Beard (appointed May 2019)

Yvonne Wood (appointed May 2019)

Maria Smith (appointed Sep 2020)

Activities and Objectives:

The Charities objective is the relief of financial hardship amongst people in the Forest of Dean and outlying areas. It was established to take over the activity of The Forest Foodbank which at the date of these accounts was operated by Coleford Baptist Church under licence from the Trussell Trust. The transfer of these activities took place on the 1st June 2021 with the Charity remaining dormant during the reporting period.

Public Benefit: The Trustees have complied with their duty under section 17 of the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission.

Financial Review: The financial statements are set out on page 3. The Charities income for the period was £nil and the Charity holds £nil funds at the 31st December 2020. The Charity holds zero reserves as it had not commenced activities at the reporting date.

Shared with the Trustees and signed on their behalf by



Yvonne Wood, Trustee

The Forest Foodbank

Receipts and Payments Account for the year ended 31st December 2020.

General Fund (unrestricted)	£
Receipts	-
Payments	-
Net Receipts / Payments	-
Balance Carried Forward 31st December 2020	-

Statement of Assets and Liabilities at 31st December 2020

General Fund (unrestricted)	£
Cash at Bank & In Hand	-
General Fund	-

These accounts have been approved by the board of Trustees on 18th August 2021 and signed on their behalf by:


Yvonne Wood

Trustee

Notes to the financial statements

1. Accounting Policies

The financial statements have been prepared on a Receipts and Payments basis.