

## Trustee's Annual Report

<b>Charity Name</b>	<b>Isla's Journey</b>
<b>Charity Registration Number</b>	<b>1183156</b>
<b>Administrative Details &amp; Principal Address</b>	<b>94 Charleston Avenue, Basildon, Essex SS13 1JH</b>

### Objectives and Activities

<b>Objectives</b>		<b>Activities</b>
<b>Promoting education around pre-term and early labour, conditions resulting in Neonatal admissions, working with obstetric and midwifery staff to raise awareness of, and the actions required when preterm labour is threatened.</b>	Objective (a)	<p>Through the use of social media, awareness has continued to be raised to over 2000 followers regarding pre term and early labour and conditions that can arise resulting in neonatal admissions.</p> <p>Isla's Journey is still contacted to those that have recognized the symptoms and triggers of PTSD as we continue to provide research and information as such. We have been able to signpost these families to engage in the correct level of support. The founder continues to raise awareness through the charity website and social media pages. Follow ups from previous meetings held regarding training to current NICU staff and junior doctors have started to occur again but not as regular as we had hoped.</p>
<b>Promote good mental health by providing a support network that parents can access at a time that suits them</b>	Objective (c)	<p>Isla's Journey continues to be active with the 'Neomates' online groups. We have yet to arrange a face to face meeting followed the covid restrictions being lifted. Both Basildon and Royal London social media groups are becoming popular and engaging with support and information for parents and families. We have parents both past and present sharing their stories which provides a real boost for those struggling as shows they are not alone.</p> <p>Parent sessions are due to start in September where we will be visiting the Royal London and other hospitals to offer 'wellbeing' days.</p>
<b>Seek to fund dedicated antenatal, neonatal care and community services following discharge to compliment and support those services provided by the NHS</b>	Objective (D)	<p>Upon further research it was not financially viable to continue with a text support service at this time. Time will be put into finding a space to hold community events, support groups and social events. We also hope to use this space for training and education for parents and families.</p>
<b>Provide care packages of essential items that NHS services do not provide when a hospital stay is required.</b>	Objective (E)	<p>Care packages have now been provided to over 80 hospitals across the UK, with many requesting a rolling stock. We currently have 6 transfer teams in England aware of our packs with 2 units having them available on their transport regularly. The other teams are not as busy and still have stock available. Care packs are either delivered personally or sent via couriers.</p>

## Achievements and Performance

<p><b>Summary of the main achievements of the charity, identifying the difference the charity's work has made to beneficiaries and any wider benefits to society as a whole.</b></p>	<p>The charity is now supplying over 80 hospitals and 2 transfer teams regularly with 4 others aware of our services. We continue to cover England, Wales and Scotland. Feedback continues to be positive and suggestions for improvements are taken on board where possible. We are currently developing an electronic feedback form to incorporate onto our care pack literature to save paper and postage.</p> <p>We have recontacted hospitals offer them packs and update our contacts. We will also be creating an online order form where hospitals can directly request packs when they are running low. The benefits of the Neomates community expansion has also been essential for the mental health and family support following discharge from NICU.</p> <p>During this financial year, the charity raised £15398.29 which was used to fund care packs, support for parents and staff and raising awareness. The funds were also used for subscriptions and services to spread awareness of what the charity does.</p>
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## Financial Review

<p><b>Review of the charity's financial position at the end of the period</b></p>		<p>The impact of the Covid-19 pandemic has continued to affect fundraising and as such we have continued to use reserves and personal funds to cover some expenses. We, again, expected this to improve over this period, which we sadly haven't quite done. Charitable objectives have been met in full this period.</p>
<p><b>Statement explaining the policy for holding the reserves stating why they are held</b></p>		<p>n/a</p>
<p><b>Amount of reserves held</b></p>		<p>0</p>
<p><b>Reasons for holding zero reserves</b></p>		<p>Stock all replaced after hospitals have been supplied with care packs. We accommodate care packs needed for the following month and further donations and grants due before supplies are required.</p>

**Additional Information**

<b>The charity's principal sources of funds</b>		Donations through social media, online fundraising events e.g. raffles, local school non-uniform/bring a care pack supply days.
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<b>Investment policy &amp; Objectives including social investment policy adapted</b>		n/a
<b>A description of the risks facing the charity</b>		n/a
<b>Other</b>		n/a

**Structure, Governance and Management**

<b>Description of Charity's trusts</b>		
<b>Type of governing document</b>		Constitution
<b>How is the charity constituted</b>		CIO
<b>Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees</b>		Appointed by founder.

**Names of the charity trustees who manage the charity**

<b>Name</b>	<b>Office (if any)</b>	<b>Date acted - if not for whole year</b>	<b>Name of person entitled to appoint trustee</b>
Mrs Hazel May Bennett		Whole period	
Mrs Elizabeth Wiseman		Whole period	
Mrs Claire Harland		Whole period	
Mrs Ashley Simons		Whole period	

## Declarations

The trustees declare that they have approved the trustee's report above.

On behalf of the trustees: *H M Bennett*

Full name: Hazel May Bennett

Position – Trustee

Date – 2/4/2024

Accounts

Date	Type	Value	Balance
05-Jun-23	DPC	-7.16	-0.37
05-Jun-23	DPC	-19	6.79
02-Jun-23	BAC	19	25.79
02-Jun-23	C/R	6.37	6.79
30-May-23	POS	-5.99	0.42
26-May-23	POS	-22.49	6.41
25-May-23	POS	-8.99	28.9
24-May-23	BAC	20	37.89
23-May-23	POS	-14.99	17.89
23-May-23	BAC	5	32.88
19-May-23	BAC	27.88	27.88
15-May-23	DPC	-12	0
15-May-23	DPC	-8	12
15-May-23	DPC	-20	20
15-May-23	DPC	-12.36	40
15-May-23	DPC	-25	52.36
15-May-23	BAC	10	77.36
15-May-23	BAC	20	67.36
12-May-23	POS	-29.62	47.36
12-May-23	DPC	-20	76.98
12-May-23	DPC	-30	96.98
10-May-23	DPC	-20	126.98
10-May-23	DPC	-10	146.98
09-May-23	DPC	-100	156.98
09-May-23	DPC	-100	256.98
03-May-23	DPC	20	356.98
03-May-23	BAC	20	336.98
03-May-23	BAC	20	316.98
03-May-23	BAC	22	296.98
03-May-23	BAC	20	274.98
03-May-23	BAC	20	254.98
03-May-23	BAC	2	234.98
02-May-23	POS	-5.99	232.98
02-May-23	POS	-21.6	238.97
02-May-23	DPC	2	260.57
02-May-23	DPC	2	258.57
02-May-23	DPC	20	256.57
02-May-23	BAC	2	236.57
02-May-23	BAC	2	234.57
02-May-23	BAC	2	232.57
02-May-23	BAC	22	230.57
02-May-23	BAC	2	208.57
28-Apr-23	DPC	20	206.57
28-Apr-23	BAC	20	186.57

28-Apr-23	BAC	20	166.57
28-Apr-23	BAC	20	146.57
28-Apr-23	BAC	20	126.57
28-Apr-23	BAC	40	106.57
28-Apr-23	BAC	20	66.57
28-Apr-23	BAC	20	46.57
28-Apr-23	BAC	20	26.57
24-Apr-23	BAC	5.26	6.57
21-Apr-23	BAC	60	1.31
17-Apr-23	INT	-6.45	-58.69
04-Apr-23	POS	-21.6	-52.24
31-Mar-23	CHG	-36	-30.64
31-Mar-23	CHG	-20	5.36
29-Mar-23	BAC	50	25.36
13-Mar-23	POS	-21.6	-24.64
13-Mar-23	POS	-21.6	-3.04
13-Mar-23	DPC	-10	18.56
13-Mar-23	DPC	-30	28.56
10-Mar-23	DPC	-90	58.56
10-Mar-23	BAC	40	148.56
09-Mar-23	CHP	40	108.56
06-Mar-23	DPC	-120	68.56
06-Mar-23	DPC	-15.45	188.56
06-Mar-23	BAC	200	204.01
27-Feb-23	POS	-8.99	4.01
24-Feb-23	BAC	33	13
20-Feb-23	POS	-20	-20
17-Feb-23	POS	-21.6	0
15-Feb-23	DPC	-8.83	21.6
13-Feb-23	DPC	-100	30.43
13-Feb-23	DPC	130	130.43
10-Feb-23	DPC	-13	0.43
31-Jan-23	BAC	12.56	13.43
23-Jan-23	POS	-1.79	0.87
16-Jan-23	DPC	-50	2.66
16-Jan-23	BAC	70	52.66
05-Jan-23	POS	13.98	-17.34
30-Dec-22	CHG	-12	-31.32
30-Dec-22	CHG	-20	-19.32
22-Dec-22	DPC	45	0.68
14-Dec-22	POS	-70.98	-44.32
13-Dec-22	POS	-17.99	26.66
13-Dec-22	POS	-13.98	44.65
13-Dec-22	DPC	-2	58.63
13-Dec-22	DPC	2	60.63
12-Dec-22	POS	-7.96	58.63
12-Dec-22	POS	-29.03	66.59

12-Dec-22	POS	-50.09	95.62
12-Dec-22	POS	-45.48	145.71
12-Dec-22	POS	-4.2	191.19
12-Dec-22	POS	-10.23	195.39
12-Dec-22	DPC	12	205.62
12-Dec-22	DPC	20	193.62
09-Dec-22	POS	-20	173.62
09-Dec-22	POS	-2.35	193.62
08-Dec-22	POS	-24.96	195.97
08-Dec-22	POS	-36.8	220.93
08-Dec-22	POS	27.99	257.73
07-Dec-22	POS	-39.99	229.74
07-Dec-22	POS	-41.99	269.73
07-Dec-22	DPC	-10	311.72
06-Dec-22	POS	-12.99	321.72
06-Dec-22	POS	-14.14	334.71
06-Dec-22	POS	-30	348.85
06-Dec-22	DPC	-20	378.85
05-Dec-22	POS	-27.99	398.85
05-Dec-22	DPC	-400	426.84
02-Dec-22	POS	-21.6	826.84
02-Dec-22	DPC	-3.65	848.44
02-Dec-22	BAC	34	852.09
01-Dec-22	C/L	-50	818.09
01-Dec-22	POS	-31.61	868.09
01-Dec-22	DPC	-400	899.7
01-Dec-22	BAC	500	1299.7
30-Nov-22	DPC	-900	799.7
28-Nov-22	POS	-5.99	1699.7
28-Nov-22	POS	-12	1705.69
25-Nov-22	POS	-8.99	1717.69
24-Nov-22	POS	-273.32	1726.68
23-Nov-22	BAC	2000	2000
21-Nov-22	DPC	-6.41	0
21-Nov-22	DPC	5.49	6.41
18-Nov-22	BAC	1	0.92
17-Nov-22	POS	-2.26	-0.08
16-Nov-22	DPC	-17	2.18
15-Nov-22	BAC	18.1	19.18
11-Nov-22	POS	-1.99	1.08
24-Oct-22	C/L	-40	3.07
24-Oct-22	BAC	40	43.07
21-Oct-22	DPC	-20	3.07
21-Oct-22	BAC	60	23.07
30-Sep-22	CHG	-40	-36.93
29-Sep-22	DPC	-20	3.07
29-Sep-22	DPC	20	23.07

26-Sep-22	DPC	-20	3.07
26-Sep-22	BAC	20	23.07
23-Sep-22	BAC	50	3.07
12-Sep-22	C/L	-60	-46.93
12-Sep-22	POS	-50.01	13.07
09-Sep-22	C/L	-20	63.08
09-Sep-22	BAC	60	83.08
09-Sep-22	BAC	20	23.08
08-Sep-22	POS	-23.65	3.08
07-Sep-22	BAC	10	26.73
06-Sep-22	POS	-17.89	16.73
05-Sep-22	C/L	-20	34.62
05-Sep-22	POS	-6.5	54.62
05-Sep-22	POS	-10	61.12
05-Sep-22	POS	-20.02	71.12
05-Sep-22	POS	-24.79	91.14
05-Sep-22	POS	-19.88	115.93
02-Sep-22	POS	-6.99	135.81
01-Sep-22	POS	-25.2	142.8
31-Aug-22	POS	-12.18	168
31-Aug-22	DPC	-300	180.18
30-Aug-22	POS	-9.89	480.18
30-Aug-22	POS	-22.91	490.07
30-Aug-22	POS	-25.1	512.98
30-Aug-22	POS	-78.45	538.08
30-Aug-22	POS	-2.25	616.53
30-Aug-22	POS	-5.49	618.78
30-Aug-22	POS	26	624.27
26-Aug-22	POS	-15.99	598.27
26-Aug-22	POS	-9.58	614.26
26-Aug-22	POS	-5.88	623.84
26-Aug-22	POS	-3.99	629.72
26-Aug-22	DPC	20	633.71
25-Aug-22	POS	-7.99	613.71
25-Aug-22	DPC	-500	621.7
24-Aug-22	C/L	-20	1121.7
24-Aug-22	C/L	-40	1141.7
24-Aug-22	POS	-19.2	1181.7
23-Aug-22	C/L	-30	1200.9
23-Aug-22	POS	-4.95	1230.9
23-Aug-22	POS	-24.95	1235.85
23-Aug-22	POS	-20.02	1260.8
23-Aug-22	POS	-4.88	1280.82
23-Aug-22	POS	-8.02	1285.7
23-Aug-22	POS	-45	1293.72
23-Aug-22	POS	-30.68	1338.72
22-Aug-22	POS	-10	1369.4

22-Aug-22	POS	-15.99	1379.4
22-Aug-22	POS	-41.02	1395.39
22-Aug-22	POS	-14.5	1436.41
22-Aug-22	POS	-53.83	1450.91
22-Aug-22	POS	-19	1504.74
22-Aug-22	POS	-6.39	1523.74
22-Aug-22	POS	-12.72	1530.13
22-Aug-22	DPC	-10	1542.85
19-Aug-22	POS	-30.78	1552.85
19-Aug-22	POS	-5.4	1583.63
19-Aug-22	POS	-9.98	1589.03
19-Aug-22	DPC	-100	1599.01
18-Aug-22	C/L	-40	1699.01
18-Aug-22	C/L	-20	1739.01
18-Aug-22	POS	-33.82	1759.01
18-Aug-22	POS	-63.67	1792.83
18-Aug-22	DPC	-9	1856.5
16-Aug-22	C/L	-30	1865.5
16-Aug-22	C/L	-30	1895.5
16-Aug-22	POS	-14.49	1925.5
16-Aug-22	BAC	10.09	1939.99
15-Aug-22	C/L	-30	1929.9
15-Aug-22	C/L	-20	1959.9
15-Aug-22	C/L	-50	1979.9
15-Aug-22	DPC	-100	2029.9
15-Aug-22	DPC	-40	2129.9
15-Aug-22	POS	13.49	2169.9
15-Aug-22	DPC	40	2156.41
12-Aug-22	POS	-50	2116.41
12-Aug-22	DPC	-40	2166.41
11-Aug-22	C/L	-30	2206.41
11-Aug-22	DPC	-80	2236.41
10-Aug-22	POS	-50.01	2316.41
10-Aug-22	POS	-13.95	2366.42
10-Aug-22	POS	-30.75	2380.37
10-Aug-22	POS	-13.49	2411.12
10-Aug-22	POS	-55.69	2424.61
09-Aug-22	C/L	-50	2480.3
09-Aug-22	C/L	-30	2530.3
09-Aug-22	POS	-13.95	2560.3
09-Aug-22	POS	-50.98	2574.25
09-Aug-22	BAC	0.5	2625.23
08-Aug-22	C/L	-20	2624.73
08-Aug-22	C/L	-30	2644.73
08-Aug-22	C/L	-50	2674.73
08-Aug-22	POS	-87.97	2724.73
08-Aug-22	POS	-20.49	2812.7

08-Aug-22	POS	-29.3	2833.19
08-Aug-22	DPC	-200	2862.49
04-Aug-22	DPC	-400	3062.49
03-Aug-22	C/L	-20	3462.49
03-Aug-22	POS	-40.01	3482.49
02-Aug-22	C/L	-50	3522.5
02-Aug-22	POS	-6.97	3572.5
02-Aug-22	POS	-49.49	3579.47
02-Aug-22	POS	-189.99	3628.96
01-Aug-22	C/L	-60	3818.95
01-Aug-22	POS	-244.24	3878.95
01-Aug-22	POS	-8.6	4123.19
01-Aug-22	POS	-54.38	4131.79
01-Aug-22	POS	-9.49	4186.17
01-Aug-22	POS	-48.47	4195.66
01-Aug-22	POS	-46.5	4244.13
29-Jul-22	POS	-4.5	4290.63
29-Jul-22	POS	-1.45	4295.13
28-Jul-22	POS	-37.97	4296.58
28-Jul-22	POS	-55.03	4334.55
28-Jul-22	POS	-164.98	4389.58
27-Jul-22	POS	-19.99	4554.56
26-Jul-22	POS	-10.87	4574.55
26-Jul-22	POS	-3.99	4585.42
26-Jul-22	POS	43.08	4589.41
25-Jul-22	POS	-7.99	4546.33
25-Jul-22	POS	-10.99	4554.32
25-Jul-22	POS	-346.56	4565.31
25-Jul-22	POS	-9.95	4911.87
25-Jul-22	POS	-7.99	4921.82
25-Jul-22	POS	-19.2	4929.81
25-Jul-22	BAC	15	4949.01
25-Jul-22	BAC	63.16	4934.01
22-Jul-22	C/L	-40	4870.85
22-Jul-22	DPC	-10	4910.85
22-Jul-22	DPC	20	4920.85
21-Jul-22	BAC	25	4900.85
20-Jul-22	C/L	-60	4875.85
20-Jul-22	DPC	-25	4935.85
19-Jul-22	C/L	-60	4960.85
19-Jul-22	C/L	-20	5020.85
19-Jul-22	POS	-30.98	5040.85
19-Jul-22	POS	-5.02	5071.83
19-Jul-22	POS	-88.4	5076.85
19-Jul-22	POS	-13.15	5165.25
19-Jul-22	POS	-5.4	5178.4
19-Jul-22	POS	-9.98	5183.8
19-Jul-22	DPC	50	5193.78
18-Jul-22	C/L	-30	5143.78
18-Jul-22	C/L	-50	5173.78
18-Jul-22	POS	-33.15	5223.78
18-Jul-22	POS	-99.36	5256.93
18-Jul-22	DPC	-1000	5356.29
15-Jul-22	C/L	-30	6356.29
15-Jul-22	POS	-26.09	6386.29
14-Jul-22	DPC	-50	6412.38
14-Jul-22	DPC	-100	6462.38
14-Jul-22	DPC	-50	6562.38
13-Jul-22	C/L	-60	6612.38
13-Jul-22	POS	-30.02	6672.38
13-Jul-22	DPC	-100	6702.4
13-Jul-22	DPC	-250	6802.4
12-Jul-22	C/L	-20	7052.4
12-Jul-22	POS	-59.94	7072.4
12-Jul-22	DPC	-50	7132.34
12-Jul-22	BAC	172.95	7182.34
11-Jul-22	C/L	-20	7009.39
11-Jul-22	C/L	-40	7029.39
11-Jul-22	C/L	-20	7069.39
11-Jul-22	POS	-99	7089.39

08-Jul-22	DPC	-500	7188.39
08-Jul-22	DPC	-2	7688.39
07-Jul-22	C/L	-20	7690.39
07-Jul-22	POS	-16.99	7710.39
07-Jul-22	DPC	-50	7727.38
07-Jul-22	DPC	-10	7777.38
05-Jul-22	POS	-29.99	7787.38
05-Jul-22	DPC	-50	7817.37
05-Jul-22	BAC	273.08	7867.37
04-Jul-22	POS	-35.96	7594.29
04-Jul-22	POS	-22.41	7630.25
04-Jul-22	POS	-108.93	7652.66
04-Jul-22	POS	-20.55	7761.59
04-Jul-22	POS	-23.59	7782.14
04-Jul-22	POS	-10.44	7805.73
04-Jul-22	POS	-19.2	7816.17
04-Jul-22	POS	-19.2	7835.37
04-Jul-22	DPC	-120	7854.57
04-Jul-22	DPC	-24.5	7974.57
04-Jul-22	DPC	-100	7999.07
01-Jul-22	POS	-99	8099.07
01-Jul-22	DPC	-500	8198.07
30-Jun-22	POS	-7.95	8698.07
30-Jun-22	POS	-16.99	8706.02
30-Jun-22	POS	-179	8723.01
30-Jun-22	POS	-13.99	8902.01
30-Jun-22	DPC	-1000	8916
30-Jun-22	CHG	-24	9916
30-Jun-22	CHG	-60	9940
28-Jun-22	C/L	-20	10000
28-Jun-22	BAC	20	10020
28-Jun-22	BAC	10000	10000
27-Jun-22	C/L	-40	0
27-Jun-22	BAC	40	40
24-Jun-22	C/L	-30	0
23-Jun-22	C/L	-50	30
23-Jun-22	POS	-9.98	80
23-Jun-22	DPC	-5	89.98
22-Jun-22	C/L	-20	94.98
22-Jun-22	POS	-20	114.98
22-Jun-22	POS	-4.94	134.98
22-Jun-22	POS	-5.09	139.92
22-Jun-22	DPC	-30	145.01
22-Jun-22	CHP	105	175.01
21-Jun-22	C/L	-20	70.01
21-Jun-22	POS	-5.4	90.01
21-Jun-22	DPC	-16.9	95.41
20-Jun-22	POS	-29.78	112.31
20-Jun-22	POS	-3.35	142.09
20-Jun-22	POS	-5.09	145.44
20-Jun-22	POS	-4.13	150.53
20-Jun-22	DPC	-6.25	154.66
20-Jun-22	DPC	-15	160.91
20-Jun-22	BAC	106.91	175.91
17-Jun-22	BAC	50	69
16-Jun-22	BAC	48	19

14-Jun-22	C/L	-10	-29
14-Jun-22	DPC	-20	-19
14-Jun-22	BAC	10	1
14-Jun-22	BAC	20	-9
13-Jun-22	C/L	-20	-29
13-Jun-22	C/L	-40	-9
13-Jun-22	POS	-30	31
13-Jun-22	DPC	-6.85	61
10-Jun-22	DPC	55	67.85
09-Jun-22	POS	-4.99	12.85
09-Jun-22	BAC	10	17.84
08-Jun-22	POS	-28.9	7.84
08-Jun-22	POS	-4.99	36.74
07-Jun-22	POS	-6.99	41.73
07-Jun-22	BAC	5	48.72
07-Jun-22	BAC	2.5	43.72
06-Jun-22	POS	-35.01	41.22
06-Jun-22	POS	-4.9	76.23
06-Jun-22	DPC	-30	81.13
06-Jun-22	CHP	105	111.13
06-Jun-22	BAC	1	6.13
	Total In	15437.39	
	Total Out	-	
		15146.8	