

Trustee's Annual Report

Charity Name	Isla's Journey
Charity Registration Number	1183156
Administrative Details & Principal Address	94 Charleston Avenue, Basildon, Essex SS13 1JH

Objectives and Activities

Objectives		Activities
Promoting education around pre-term and early labour, conditions resulting in Neonatal admissions, working with obstetric and midwifery staff to raise awareness of, and the actions required when preterm labour is threatened.	Objective (a)	<p>Through the use of social media, awareness has been raised to over 2000 followers regarding pre term and early labour and conditions that can arise resulting in neonatal admissions. There has been a great deal of information provided surrounding PTSD and this has resulted in Isla's Journey being contacted by people that had recognised the symptoms in themselves following reading the information provided. In turn this then led to them getting the correct support.</p> <p>The founder, Ashley Simons continues to raise awareness through the charity website and social media pages. Follow ups from previous meetings held regarding training to current NICU staff and junior doctors were put on hold due to the Covid-19 pandemic.</p>
Promote good mental health by providing a support network that parents can access at a time that suits them	Objective (c)	<p>Isla's Journey continues to be active with the 'Neomates' group, albeit in a virtual capacity. Royal London Hospital are now fully set up with their own online group which has been beneficial to both present and ex NICU families.</p> <p>Parent sessions will continue face to face when restrictions are lifted and we plan to hold more events in hospital to promote positive mental health and wellbeing in conjunction with Neonatal Mental Health Awareness Week.</p>
Seek to fund dedicated antenatal, neonatal care and community services following discharge to compliment and support those services provided by the NHS	Objective (D)	<p>Further research was needed for the introduction of a text support service for parents. The original company used unfortunately did not provide the level of service we expected. We hope to have this in place within the next 12 months.</p>
Provide care packages of essential items that NHS services do not provide when a hospital stay is required.	Objective (E)	<p>Care packages have now been provided to 68 hospitals across the UK, with many requesting a rolling stock. We currently still have 6 transfer teams in England and an additional hospital in Scotland. These are also supplied on a regular basis and are requested by the the service when supplies run low. Care packs are either delivered personally or sent via couriers.</p>

Achievements and Performance

<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to beneficiaries and any wider benefits to society as a whole.</p>	<p>The charity is now supplying 68 hospitals and 6 transfer teams across England and into Scotland. Feedback continues to be positive and suggestions for improvements are taken on board where possible.</p> <p>Following radio exposure, we were contacted by more units to ask for details on how to support us and to utilise our services.</p> <p>Hospitals have now been re-contacted to offer them packs and build an up to date contact list.</p> <p>The benefits of the Neomates community expansion has also been essential for the mental health and family support following discharge from NICU.</p> <p>During this financial year, the charity raised £ which was all used to fund care packs, support for parents and staff and raising awareness.</p>
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Financial Review

<p>Review of the charity's financial position at the end of the period</p>		<p>The impact of the Covid-19 pandemic has affected fundraising and as such we have had to use reserves and personal funds to cover some expenses. We do expect this to improve over the next period.</p> <p>Charitable objectives are able to be met in full at the end of the period moving forward into the next.</p>
<p>Statement explaining the policy for holding the reserves stating why they are held</p>		<p>n/a</p>
<p>Amount of reserves held</p>		<p>0</p>
<p>Reasons for holding zero reserves</p>		<p>Stock all replaced after hospitals supplied to accommodate care packs needed for the following month and further donations and grants due before supplies are required.</p>

Additional Information

<p>The charity's principal sources of funds</p>		<p>Donations through social media, online fundraising events e.g. raffles, local school non-uniform/bring a care pack supply days.</p> <p>£7000 grant, £2303 and £1880.82 local connect fund</p> <p>£3000 bounce back loan support for marketing and media</p>
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Investment policy & Objectives including social investment policy adapted		n/a
A description of the risks facing the charity		n/a
Other		n/a

Structure, Governance and Management

Description of Charity's trusts		
Type of governing document		Constitution
How is the charity constituted		CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees		Appointed by founder Ashley Simons.

Names of the charity trustees who manage the charity

Name	Office (if any)	Date acted - if not for whole year	Name of person entitled to appoint trustee
Mrs Hazel May Bennett		Whole period	
Mrs Elizabeth Wiseman		Whole period	
Mrs Claire Harland		Whole period	
Mrs Ashley Simons		Whole period	

Declarations

The trustees declare that they have approved the trustee's report above.

On behalf of the trustees: *H M Bennett*

Full name: Hazel May Bennett

Position – Trustee

Date – 3/3/2022