

STANLEYS COMMUNITY CENTRE CIO
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED
30 APRIL 2022



ACCOUNTS MATTERS LTD
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STANLEYS COMMUNITY CENTRE
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FOR THE YEAR ENDED 30 APRIL 2022

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STANLEYS COMMUNITY CENTRE
ANNUAL REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 APRIL 2022

Reference and Administrative Details

Registered Charity Number	1183140
Principal Address	79 – 83 Stanley Road Morecambe Lancashire LA3 1UT
Bankers	Barclays Bank 38 Market Street Lancaster Lancashire LA1 1HS
Independent Examiner	Christine Harwood Accounts Matters Ltd 7-1-10 Cameron House White Cross Lancaster LA1 4XF
Trustees	Mr O Flitcroft Mrs J Edwards Mrs J Pinington Wright (resigned) Mrs L Stansfield Mr M Brown (resigned)

ANNUAL REPORT FOR THE YEAR ENDED 30 APRIL 2022

The Governing Document

The charity is a charitable incorporated organisation Foundation Model Constitution, with no less than 3 trustees whose only voting members are its charity trustees.

The CIO was established on the first of October 2018 and reached charitable status on the 26th of April 2019.

The registered charity number is 1183140.

Trustee Responsibilities and Objects

The charity trustees shall manage the affairs of the CIO and may for that purpose exercise all the powers of the CIO. It is the duty of each charity trustee:

- a) to exercise his or her powers and to perform his or her functions in his or her capacity as a trustee of the CIO in the way he or she decides in good faith would be most likely to further the purposes of the CIO; and
- b) to exercise, in the performance of those functions, such care and skill as is reasonable in the circumstances having regard in particular to:
 - i. any special knowledge or experience that he or she has or holds himself or herself out as having; and
 - ii. if he or she acts as a charity trustee of the CIO in the course of a business or profession, to any special knowledge or experience that it is reasonable to expect of a person acting in the course of that kind of business or profession.

Accounting records, accounts, annual reports and returns, register maintenance

- (1) The charity trustees must comply with the requirements of the Charities Act 2011 with regard to the keeping of accounting records, to the preparation and scrutiny of statements of account, and to the preparation of annual reports and returns. The statements of account, reports and returns must be sent to the Charity Commission, regardless of the income of the CIO, within 10 months of the financial year end.
- (2) The charity trustees must comply with their obligation to inform the Commission within 28 days of any change in the particulars of the CIO entered on the Central Register of Charities.

Reserves Policy

The level of free reserves (those not tied up in fixed asset and restricted funds) are maintained at a level sufficient to fulfil the Charity's continuing obligations for a minimum of 3 months. The reserves at 30th April 2022 - £42,023 (30th April 2021 - £48,091).

Report of the trustees for the period ending 30th April 2022

Stanleys Community Centre trustees present their financial statements as a charitable incorporated organisation.

This report represents the 3rd for Stanleys Community Centre as an incorporated charitable organisation the charity was registered with the Charity Commission on the 26th of April 2019.

The charity constitutes a public benefit entity as defined by FRS 102. The trustees confirm they have had regard to the Charity Commission guidance on public benefit. The activities undertaken for the public benefit are detailed on pages 6-19.

The trustees wish to acknowledge the receipt of several grants towards the centre's running costs, salaries and the purchase of equipment from the following.

Active Lancashire

Arnold Clark

Awards For All

Bay Medical Group

BBC Children in Need

Cancer care

Child Action North West

Community Foundation

COOP

Egg Cup

Francis C Scott

Great Places

Lancashire City Council

Less/ESFA/LCC

Mitchell & Mitchell

Morrisons Foundation

Walney Extension Fund

We also wish to acknowledge several private donations.

MANAGEMENT

The centre has limited paid members of staff. The day to day running of the centre is managed by Robyn Thomas. The trustees would like to thank all the staff and volunteers who have worked and supported Stanleys through this exceptionally challenging year.

The Trustees have worked to meet the objectives as outlined in their governance document. The trustees report and attached accounts comply with the current statutory requirements of Foundation Model Charitable Incorporated Organisation as outlined by the Charity Commission "accounting and reporting by charities".

It has been an extraordinary year as we have come out of the Covid pandemic which has had a huge impact on the way we live, work, and go about our day-to-day business. No one could have predicted the impact and devastation the pandemic caused in our community, however Stanleys came through this once in a generation occurrence stronger and more connected to our community. Finally, we were able to see people again face to face.

Our reach has grown with many new, but also some very familiar faces accessing the centre and the various projects we run. Including, but not limited to, our youth program, community groups and sessions, and our health and wellbeing program. We did this by offering a wide range of support avenues such as food club, safe spaces for groups to meet, exercise classes, as well as our mindfulness and 121 support.

Moving forward, we have some exciting plans for Stanleys and the projects we are going to deliver. Central to all we do will always be to meet our community's needs and respond to the priorities identified in our community consultations.

Whilst we have some exciting plans going forward, our focus is to build on the relationships we have with our many partners who support us by providing services which enhance our offering to our community. We wish to pay particular thanks to The Tara Centre, Bay Medical Group's Social Prescribing Team.

I would like to record our thanks to our many funders and partners, as without their support, we wouldn't be able to continue to provide the services we do. I also want to pay tribute to Robyn, staff and volunteers who quite frankly are amazing and always go above and beyond. Their dedication and commitment is simply outstanding.

I would like to thank my fellow trustees, for their commitment and hard work, in ensuring that together with our brilliant staff and volunteer team, Stanleys goes from strength to strength.


Finally and most importantly I would like to thank **you**, the local community and the hundreds of people who access our services and support. You are the people that make Stanleys what it is, a vibrant, welcoming space to come together and to develop and share your experiences and ideas.

Ollie Flitcroft

Chair Stanleys Community Centre

This report was approved by the board of trustees on and signed on its behalf by.

Oliver Flitcroft

Signed: 

Date: 24/2/2023

Chair of Trustees

MANAGERS REPORT HIGHLIGHTING
OUR ACHIEVEMENTS OVER THE PAST YEAR



We have managed to make our way out of Covid stronger than ever.

We were concerned that people might not want to come back together in a shared space. We were delighted that when we opened our doors, we were greeted by new community members who had accessed us through various means during lockdown. Very quickly we realised we need to create an additional space in our centre in which people could just be together.

We were very fortunate to receive funding from Morrisons Foundation and with the support of Karen (Morrisons local Community champion). We were able to totally transform a previously unused space. Sadly, Karen passed away very suddenly, we would like to remember Karen who was very passionate about our centre and the work we do. We have also re floored and re painted throughout, making everywhere brighter and more easily cleanable to remain Covid compliant.

Staff, volunteers and partners supported us to adapt our services and timetable to be more accessible with sessions being delivered both face to face and online.

We opened our doors each Monday to Lancaster City Councils lateral flow testing scheme. This free service was open to anyone in the community to come in and get tested. Our own staff and volunteers also took part which gave us some reassurance when working with some of our most vulnerable community members. We also gave out home testing kits each week at our weekly food club.

Food club

Our food club has reduced from 150 families per week to 90 families, unfortunately we were unable to carry on with the option of home delivery as this was not sustainable. (This method did help us at the time to gain new members and make sure people knew who we are and the support we give). We adapted the way we ran the club instead of people sitting and waiting, we created a one-way system in the main hall in which people were able to choose their own food then exit the main hall through the back door.

Funding had allowed us to create screens providing some protection for staff and volunteers and service users which have been used in food club and in all one-to-one sessions.

Job Searches and IT Support

Through Covid we found people were not required to job search or interact with DWP in the same way. In Jan 2022 we found big shift in this and what the DWP was now expecting from its claimants, because of this we went back to offering support with benefits and universal credit claimants. This saw a rise in attendance to these sessions. We also had a significant increase in the number of people wanting tech support, as people have found new ways of communicating with loved ones and accessing things like online doctors consultations.

Coming out of the Covid pandemic the way we use technology has completely changed, the internet is relied on much more heavily now in day to day than ever before. This is not only a problem for those that struggle with IT/TECH but for those at home who don't have any access to the internet.

This was our initial timetable from May 2021 (this only reflects our open youth sessions but does not reflect closed focus groups)

WELCOME TO OUR COMMUNITY TIMETABLE

We are so excited to be able to welcome you back to Stanleys from
17th May! We have lots going on and can't wait to see you all!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lateral flow test drop in 9am-12pm (8 years+)	Information & Support 1:1 by Appointment 10am-12pm	Relaxation & Meditation with Janette 11am-12pm	Parent & Child Dance Session 9.30am-10.30am	Chair Based Exercise 10.30am-11am
Information & Support drop in 1pm-4pm	Health & Wellbeing coaching 1:1 by Appointment 10am-12pm	Coffee & Catch Up 12pm-1.30pm	Parent Support Group 11am-12pm	Gentle Exercise 11am-11.30am
Use of I.T 1pm-4pm		Weighted Hoops Hooping 1.30pm-2.30pm		
Coffee & Catch Up 2pm-3pm	Food Club 2pm-6pm	Craft & Chat 1.30pm-3.30pm	Young Peoples Focus Group 4pm-6pm	Support Groups 1-3 *See below for group information
1:1 Support Session Health & Wellbeing 4pm-8pm		Young People Get Together 5pm-7pm	1:1 Support Session 6pm-8pm	
		1:1 Support Session 4pm-6pm & 7pm-8pm		

All sessions will be face to face at Stanleys but all sessions will also be available via zoom. Please contact us for the zoom links.

HEALTH AND WELLBEING OVERVIEW

The demand for our health and wellbeing support grew to the point it was not always appropriate to offer one to one session's.

We adapted and created groups that individuals could attend with like-minded peers, whilst gaining the support they needed.

Our Health and Wellbeing coach has been able to deliver several courses in how to Manage long-term health conditions and a new course in which people are prepared to go into hospital for a procedure.

We have worked with Bay Medicals Social Prescriber Erik Worsley who has built up a relationship with some of our service users, by delivering a drop in which runs at the same time as our weekly food group. Erik works by engaging with patients and getting them to a point they can access support services.

Walk In The Park

This session was started to help promote an increase in physical activity. People were asked to attend and to do as little or as much as they felt possible. This session started with a couple of people and grew rapidly with people just wanting to become less isolated and afraid of being back with people again. The average attendance for this session grew to 27 people a week, this led us to needing to put in additional staff to this group. This group is run through funding from Bay Medical Group we have met several new service users whilst walking and talking and new friendships have been built within the group.

We would like to thank **Regent Park Cafe** who have been very hospitable with our group who now regularly stop behind for a coffee and a catch up.

The following photo was taken on one of our sunniest walks. We have also held Mindfulness and Meditation sessions within the wonderful space.



The Tara Centre have continued to support us by delivering weekly Meditation relaxation sessions. The attendee numbers have continued to grow throughout the year. We are very grateful for this partnership as this session attracts a different cohort many of which now stay in the building for a brew and chat and more.

Craft Group meet every week, the aim of this group is to teach new skills and bring people together to share their knowledge, with others with an aim to run regular craft fairs.

At the beginning of the year Louise one of our trustees ran a weekly crochet lesson which was available both in person and online.

Chair Based Exercise has proved popular with all ages. Run by Lukas who offered a lifeline to many people through lockdown with his varied sessions for all ages and abilities, for those who were unable to exercise outside. Each week he ran a different musical theme and even managed to persuade several people to dress up in fancy dress and exercise.



SEND IT FOOTBALL

In September we started a new Partnership with Lancaster and Morecambe College on a new project called SEND IT Football. This session ran every Monday evening between 4pm and 5pm at Lancaster Morecambe College Sport Hall. This Session is suitable for anyone over the age of 16 suitable for any physical or mental disabilities, anxiety, social or mental health issues or for anyone lacking in confidence to join a mainstream football team.



YOUTH WORK

We maintained contact with young people throughout Covid and they couldn't wait to meet up with us again.

We have found ourselves busier than ever working with over 200 individuals across the year. We were very grateful to have received funding from Francis C Scott towards the cost of our 2 existing staff members but realised we would need to increase our team quickly as there was a sudden increase in attendance across all sessions.

Young people faced many complex issues with an increase in poor mental health being reported these issues included the following;

- Peer Pressure
- Pecking Order
- Social Isolation
- Family Isolation
- Bubble Isolation

Domestic Abuse
Drug And Alcohol Issues
County Line's
Gender and Sexual Identity
Inappropriate Sexual Behaviour
Suicide Ideation
Self-Harm
Poverty
Lack of Physical Exercise available to young people
Bullying at School
Attachment Issues
Weapons.

Due to these issues being so complex we made a decision to continue working solely with young people aged 12-17 years old.

Young people had lost their way and forgotten what we do.

We spent lots of time connecting with young people by doing some outreach in parks and other places young people hung out. By being visible it caused enough curiosity, and we soon attracted a crowd. We spoke to them about their concerns and worked with them to alleviate some of the pressures they were under.



DIFFICULT CONVERSATIONS

We received funding to hold a series of 5 important conversations these were 5 main topics identified by young people.

- Anxiety and Depression
- Living with a diagnosis ADHD, Autism
- Self-harm, suicide ideation
- Healthy Relationships, boundaries, and online safety
- Healthy Eating, Healthy Living

These sessions were very well attended and young people have said they wish to have further conversations in the future and as a group we have identified other topics and issues we would like to concentrate on.

HOMEWORK SUPPORT

Young people were thrown back into school with no transition period. Many found this very hard, we found that young people during the lockdowns all received different levels of support at home with learning. Some being left to their own devices and falling very behind. Once back school they were expected to produce large amounts of written work so teachers could give them predicted grades and as the work piled up so did the pressure.

This contributed towards increased anxiety levels in several young people, and for this reason we set up a homework club supported by one of our sessional workers who is a teacher in a local school.

This was unexpectedly popular, and we were able to work with several young people who were not in any form of education and had not been for up to 2 years.

SOCIAL ACTION

Young people said that “no one listens or understands them”. They questioned why people got to make decisions about them without them being part of that process?

So we set out to getting them in a room with decision makers. This led them to holding conversations with people from the NHS, The Council and got them talking to The Morecambe Bay Poverty Truth Commission, where they shared their experiences of living in poverty.

We could not be prouder of the way they have got involved. It also made us acutely aware of the fact we needed to feed young people each day before they joined in any of our sessions.

We now do this and will continue to do this in every session.



HOLIDAY ACTIVITY FOOD PROGRAMME SUMMER

This was a government funded programme which we ran for 4 weeks.

Through the 6 weeks Summer Holiday.

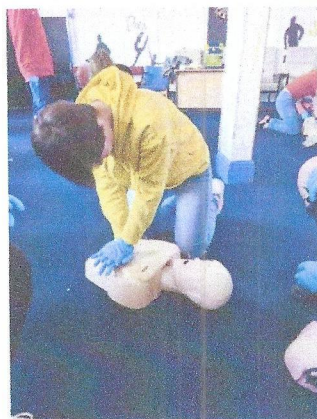
We were funded to offer out 50 places to young people who were in receipt of free school meals and young people deemed vulnerable. The West End of Morecambe in which Stanleys is based is one of the 10% most deprived areas in the UK (IMD 2021).

We ran Art and Craft Projects both inside and out each young person created a Tye Dye T-shirt which they all wore out on trips out to other venues.

We got involved in other local Art Projects in which each young person received a pack to take home



We also taught important life skills like first Aid which was asked for by the young people themselves. This training was delivered by one of the young people's dads who is a fully qualified First Aid trainer. Young people could not receive a certification for this as the minimum age is 16. All young people involved thought that this was an important skill to have.



We visited other local venues including More Music where young people took part in a music or dance session. We went to Blackpool Pleasure Beach and Stanley Park where young people tackled the High Rope Low Rope Challenge and the leap of Faith. We also ate out at Mr Basrais all you can eat Chinese buffet and locally we went to a local diner.



MORE MUSIC



AFTERS DINER

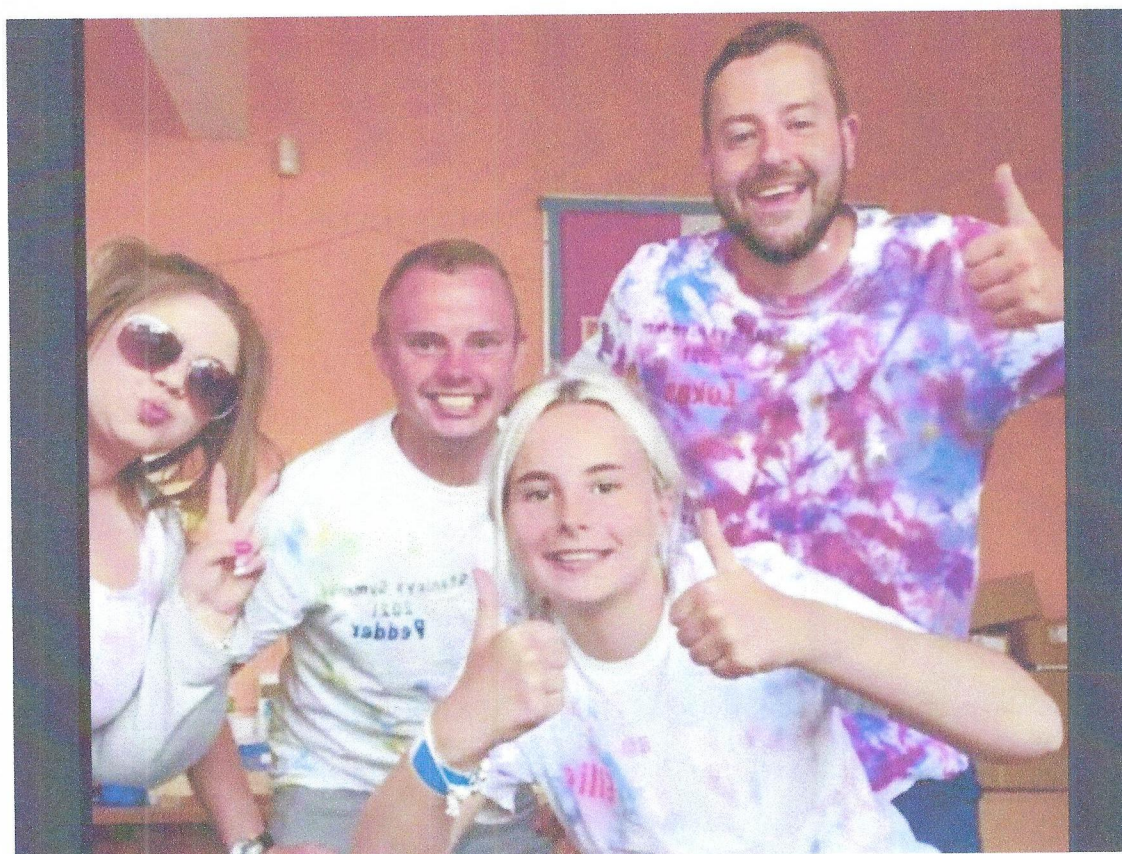


SANDCASTLES BLACKPOOL

Blackpool Pleasure Beach Final Trip of Summer 2021



Our Youth Team worked incredibly hard and all the young people had an absolute ball. This is the final picture



Following the success of Our Summer Scheme we were given additional funding to deliver a Christmas Scheme. This ran from the 20th to the 24th of December. With a further outbreak of Covid the staff made the decision to go ahead with the scheme with precautions put in place. Each day the young people were required to take a lateral flow test and show proof before they could attend.

When designing the timetable, we had to take into consideration the fact that because of the time of year we would not be able to utilise outside spaces like we had in the Summer Scheme.

We were told by the Council that this needed to be a Christmas to remember, and the budget given for this project for one week allowed us to go to places that young people or their families would not have the opportunity to attend.

We visited I'm a Celebrity Challenge in Salford and ate at Nando's

We went for a carvery meal and then to The Winter Gardens Theatre in Blackpool to watch Hairspray. We went Bowling and had a buffet then to Jump Rush and then to the Cinema. We also went back to Sandcastles and Mr Basrais.

On top of all this staff put an amazing Christmas Eve party in which all 50 young people received a Christmas sack which was filled with,

Pyjamas,

Fluffy Socks

Hot Chocolate

Named Mug

Colouring and distraction Toys

Selection Box

Gifts etc

Staff also had a local takeaway bring in food and they all watched a Christmas Movie before going home.





At the very end of the year in April 2022 we received funding from the NHS to employ someone in a Youth Social prescriber role. This is a brand new role and there are only 2 within the Morecambe footprint We also received funding from City Council to run the Holiday Activity Food Programme for Easter Summer and Christmas 2022.

STANLEYS COMMUNITY CENTRE
FOR THE YEAR ENDED 30 APRIL 2022

**INDEPENDENT EXAMINERS' REPORT TO THE TRUSTEES OF STANLEYS
COMMUNITY CENTRE**

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30 April 2022 set out on page 21 to 22.

Responsibilities and basis of report

As the charities trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5) (b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Christine Harwood ACMA
Accounts Matters Ltd
7-1-10 Cameron House
White Cross
Lancaster
LA1 4XF

27 February 2023

Stanleys Community Centre

Charity No: 1183140

Receipts and payments accounts

For the period
from

01/05/2021

To

30/04/2022

Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
Receipts					
Donations, legacies & grants	108,890	125,802	-	234,692	149,952
Fundraising activities	13,568	-	-	13,568	17,884
Room hire	1,050	-	-	1,050	-
Bank compensation	150	-	-	150	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	123,658	125,802	-	249,460	167,836
Asset and investment sales					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	123,658	125,802	-	249,460	167,836
Payments					
Community activities	60,469	35,089	-	95,558	31,048
Consumables	-	-	-	-	561
Small equipment	2,086	1,841	-	3,927	3,924
Utilities	8,331	2,525	-	10,856	8,085
Accountancy fees	1,680	-	-	1,680	1,536
Insurance	252	-	-	252	181
Office expenses	1,410	90	-	1,500	1,254
Marketing	72	-	-	72	36
Rent	11,000	1,000	-	12,000	12,000
Repairs & maintenance	57	5,726	-	5,783	2,137
Telephone & internet	674	192	-	866	1,396
Training	24	-	-	24	214
Wages	41,537	44,877	-	86,414	65,848
Sundries	552	-	-	552	150
Sub total	128,144	91,340	-	219,484	128,370
Asset and investment purchases					
Computers & equipment	-	20,756	-	20,756	-
Furniture, fixtures & fittings	-	-	-	-	-
	-	-	-	-	-
Sub total	-	20,756	-	20,756	-
Total payments	128,144	112,096	-	240,240	128,370
Net of receipts/(payments)	- 4,486	13,706	-	9,220	39,466
Transfers between funds	- 1,582	1,582	-	-	-
Cash funds last year end	48,091	26,663	-	73,754	34,288
Cash funds this year end	42,023	40,951	-	82,974	73,754

Statement of assets and liabilities at the end of the period

		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
Cash funds	Barclays bank	42,023	40,951	-
	Cash in hand	-	-	-
		-	-	-
	Total cash funds	42,023	40,951	-

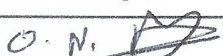
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
Other monetary assets		-	-	-
		-	-	-
		-	-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
Assets retained for the charity's own use	Computers and equipment b/f	Unrestricted	2,076	-
	Computers and equipment b/f	Restricted	3,913	-
	Furniture, fixtures and fittings b/f	Unrestricted	2,177	-
	Kitchen/cafe upgrades	Restricted - Morrisons	9,617	-
	Exercise equipment	Restricted - CIN	3,414	-
	Computer equipment	Restricted - CIN	7,725	-
			-	-

		Fund to which liability relates	Amount due (optional)	When due (optional)
Liabilities			-	
			-	
			-	
			-	

Signed by Oliver Flitcroft on behalf of all the trustees

Signature	Print Name	Date of approval
O. N. 	OLIVER N FLITCROFT	23.2.2023

Notes to the accounts

1. The accounts have been prepared on a Receipts and Payments basis as permitted by section 133 of the Charities Act 2011. as permitted as the income is not over £250,000 and the Charity Commission guideline CC16 for receipts and payments accounting has

2. The principal accounting policies are:-

Income is recognised upon receipt of cash or cash equivalents to which the charity has full entitlements
Expenditure, inclusive of irrecoverable VAT is recognised upon payment of an invoice or claim for which the charity has an obligation to settle.

