

STANLEYS COMMUNITY CENTRE CIO
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED
30 APRIL 2021



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STANLEYS COMMUNITY CENTRE
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FOR THE YEAR ENDED 30 APRIL 2021

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STANLEYS COMMUNITY CENTRE
ANNUAL REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 APRIL 2021

Reference and Administrative Details

Registered Charity Number 1183140

Principal Address 79 – 83 Stanley Road
Morecambe
Lancashire
LA3 1UT

Bankers Barclays Bank
38 Market Street
Lancaster
Lancashire
LA1 1HS

Independent Examiner Christine Harwood
Accounts Matters Ltd
7-1-10 Cameron House
White Cross
Lancaster
LA1 4XF

Trustees Mr A Lewis (resigned 30th September 2021)
Mrs P Williamson (resigned 25th February 2021)
Mrs L Stansfield
Mr O Flitcroft (appointed 16th June 2021)
Mrs J Edwards (appointed 16th June 2021)
Mrs J Pinington Wright (appointed 26th January 2021)
Mr M Brown (appointed 1st October 2021)

ANNUAL REPORT FOR THE YEAR ENDED 30 APRIL 2021

The Governing Document

The charity is a charitable incorporated organisation Foundation Model Constitution, with no less than 3 trustees whose only voting members are its charity trustees.

The CIO was established on the first of October 2018 and reached charitable status on the 26th of April 2019.

The registered charity number is 1183140.

Trustee Responsibilities and Objects

The charity trustees shall manage the affairs of the CIO and may for that purpose exercise all the powers of the CIO. It is the duty of each charity trustee:

- a) to exercise his or her powers and to perform his or her functions in his or her capacity as a trustee of the CIO in the way he or she decides in good faith would be most likely to further the purposes of the CIO; and
- b) to exercise, in the performance of those functions, such care and skill as is reasonable in the circumstances having regard in particular to:
 - i. any special knowledge or experience that he or she has or holds himself or herself out as having; and
 - ii. if he or she acts as a charity trustee of the CIO in the course of a business or profession, to any special knowledge or experience that it is reasonable to expect of a person acting in the course of that kind of business or profession.

Accounting records, accounts, annual reports and returns, register maintenance

- (1) The charity trustees must comply with the requirements of the Charities Act 2011 with regard to the keeping of accounting records, to the preparation and scrutiny of statements of account, and to the preparation of annual reports and returns. The statements of account, reports and returns must be sent to the Charity Commission, regardless of the income of the CIO, within 10 months of the financial year end.
- (2) The charity trustees must comply with their obligation to inform the Commission within 28 days of any change in the particulars of the CIO entered on the Central Register of Charities.

Reserves Policy

The level of free reserves (those not tied up in fixed asset and restricted funds) are maintained at a level sufficient to fulfil the Charity's continuing obligations for a minimum of 3 months. The reserves at 30th April 2021 - £48,091 (30th April 2020 - £22,949).

Report of the trustees for the period ending 30th April 2021

Stanleys Community Centre trustees present their financial statements as a charitable incorporated organisation.

This report represents the 2nd for Stanleys Community Centre as an incorporated charitable organisation the charity was registered with the Charity Commission on the 26th of April 2019.

The charity constitutes a public benefit entity as defined by FRS 102. The trustees confirm they have had regard to the Charity Commission guidance on public benefit. The activities undertaken for the public benefit are detailed on pages 6-13.

The trustees wish to acknowledge the receipt of a number of grants towards the centres running costs, salaries and the purchase of equipment from the following.

Active Lancashire

Bay ICC

Community Foundation

Francis C Scott

Lancashire County Council

Lancaster District Emergency Fund

Lancaster District Poverty Truth Commission

Lottery Covid 19 Emergency Fund

Morecambe Bay CCG

Morecambe Town Council

National Big Lottery

NHS Population Health

Vera Wolston Croft

Walney Extension Fund

We also wish to acknowledge a number of private donations.

MANAGEMENT

The centre has limited paid members of staff. The day to day running of the centre is managed by Robyn Thomas. The trustees would like to thank all the staff and volunteers who have worked and supported Stanleys through this exceptionally challenging year.

VOLUNTEERS

We wish to pay specific recognition and thanks to four young people Callum Leamy, Micky Balshaw, Olivia Thomas and Ellie Thomas who, prior to the National lockdown made the decision to create a bubble and isolate together in order to ensure our food distribution wasn't interrupted. The outcome being, not only where we able to continue supporting 90 families but we increased to 150 families per week. Without this contribution we may not have been able to continue at all.

We also recruited several additional volunteers who delivered the food to 150 families with a reach of 547 individuals. Our thanks go to those, who volunteered whilst on furlough from their main employment.

The Trustees have worked to meet their objectives as outlined in their governance document. The trustees report and the attached accounts comply with current statutory requirements of Foundation Model Charitable Incorporated Organisation as outlined by The Charity Commission "accounting and reporting by charities".

This report was approved by the board of trustees on and signed on its behalf by.

Louise Stansfield



24/02/22

Trustee

OUR ACHIEVEMENTS OVER THE PAST YEAR



Covid started this financial year with lockdowns and uncertainty.

We worked with several organisations and used our connections with local networks to deliver a Morecambe wide approach of support.

This meant we have supported anyone in need across Morecambe and Heysham whilst ensuring the needs of our community in the West End of Morecambe were our priority.

We worked closely with Lancaster District Poverty Food Alliance and in particular Egg Cup, we were successful in obtaining funding to buy and then distribute waste food. Much of the food available was due to the hospitality industry being shut down so quickly.

We also received kind donations from Howdens who gifted us cupboard units, work surface and some kitchen appliances. This enabled us to cook and then re distribute some of the food which included chicken from Nandos.

TKMAXX donated all the perishable foods from their Lancaster branch which was redistributed to our food club members and our competition winners.

The food club was ran by the 4 young people who isolated together, they sorted counted and packed the food into Carrier bags donated weekly by our local Tesco. The club ran each Tuesday and Thursday on a Tuesday 180 bags of food were packed and delivered, on a Thursday, there were a 120 bags packed.

This food was delivered to 150 households reaching 547 individuals. Food was delivered by volunteers in 13 areas covering West End, Heysham, Bare, Westgate and Central Morecambe.

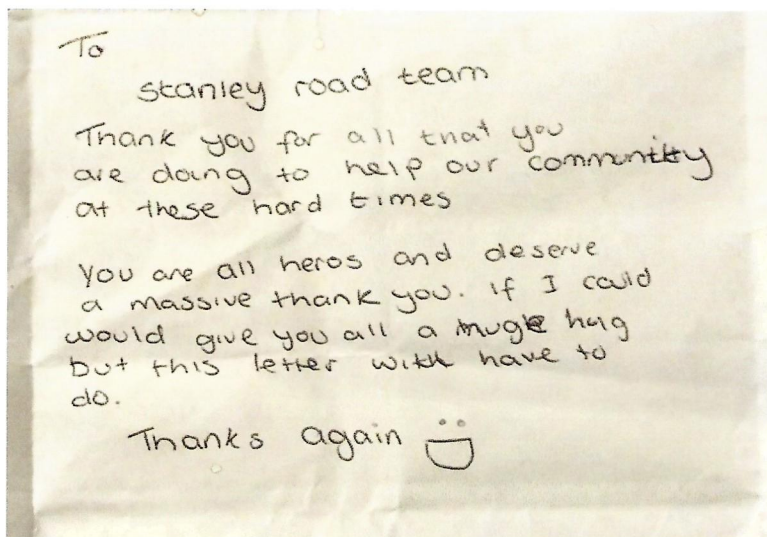
Those delivering were welcomed by people isolating in their homes. They looked forward to the deliveries coming. Through these connections we did consultations and gathered feedback from the recipients.

We were able to provide additional support to several people in their homes. This included urgent home repairs, health care, and mental health support.

The volunteers that made the deliveries fed back that people were becoming less mobile. Many of our most vulnerable service users were literally home bound. We decided to start Chair based Exercise classes online.

We helped increase community spirit and neighbours started to look out for each other.

We received several hand written notes of appreciation from our food club members.



This service was maintained up to the 18th of January 2021 at which time in partnership with Egg Cup we moved some of our food club members over to a shop style membership. This enabled us to support an even larger proportion of our community whilst reducing food waste.

As a Food Poverty Alliance core group member we have been able to go for joint funding, which has given us more buying power enabling us to re distribute large quantities of food through community hubs.

We continued all meetings online, including VCFSE Leadership Forum This forum allowed us to provide peer support for each other a number of small organisations weren't able to continue delivery of services throughout covid.

Bay ICC (Intergrated Care Community) which runs monthly and helps map organisations providing support throughout Morecambe. These meetings are open to statutory and non-statutory organisations and are led by Bay Medicals Dr Foster and their ICC lead.

CYPMAF (Children Young People Multi Agency Forum) quarterly meetings which provide a great space for information sharing led by CVS. Funding was provided to CYPMAF members to deliver a programme of events through 4 weeks of the summer holidays for young people from the age of 12-17 years.

We also worked closely with CAMHS, LDCVS, Cancer Care, Active Lancashire, Tara Centre, CSI.

Lockdown was a really difficult time but it gave us the opportunity to reflect on the projects we had been delivering and we used this time to reset our future development. We found 3 key areas in need of our focus.

MENTAL HEALTH AND WELLBEING SUPPORT

We knew early on that the loss of connection with others caused by the lockdowns would take its toll (this had been fed back through our surveys that were given in our food parcels). We made regular welfare calls to the people we felt were most vulnerable and sent out regular communication to everyone signposting them to our additional levels of support.

In partnership with Bay Medicals social prescriber Erik we set up a Walk and Talk in the Park. This ran on a weekly basis and gave anyone the opportunity to safely meet up and chat, the importance of human connection became very clear, as this group grew week on week.

We also discovered there was a decrease in the mobility for many of our service users. This is because many of our service users were unable to go to the groups that they usually attended. We responded to this need by providing access to Chair based exercise, initially online and then face to face. The attendance of these sessions increased so we introduced a second session. On Mondays we worked on tone and strength and on Fridays the sessions were designed for fun and cardio improvement.

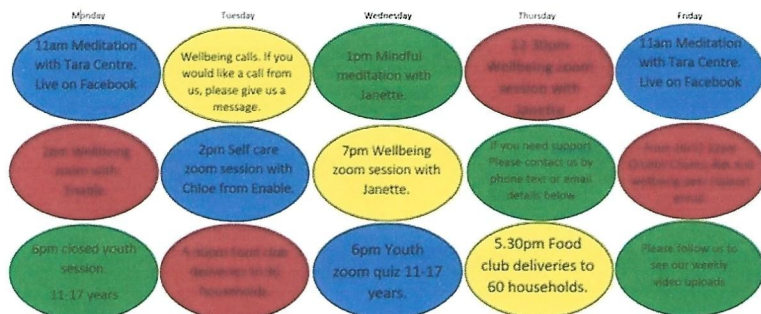
In partnership with the Tara Centre we moved our weekly meditation and sound bath sessions online. These were delivered free of charge and benefited a wide range of attendees.

We also ran laughter therapy with Janette and our youth team.

Natasha Butler ran a weekly exercise and fun session for families with young children. Young children would have usually been going to groups and gaining skills through play and interaction with others. All this stopped and we had a number of mums contacting us for additional support with their mental health. They felt anxious and alone and trapped.

The extra support we offered was on a one to one session with Janette Edwards a qualified Health Wellbeing and Life Coach if she felt additional support was needed she signposted to other external agencies.

Special thanks to the other contributors of our online programme which included the Tara Centre who ran our meditation slot and Natasha who ran a family fun session.



For further information on how to access any zoom group, please email, message, or call. For Community Support Call- 07775874413 For Youth Support Call- 07824667163 stanleyscommunitycentre@gmail.com

For Wellbeing Support Call-07753194002 Please also follow Tara Centre

YOUTH WORK

Our youth team has worked harder than ever to engage young people in a variety of ways. We have delivered one to one support and group sessions which enabled young people to come together online and face to face (when we were able). Each young person was eager for us to get back to some normality as they were Zoom and Teams Exhausted.

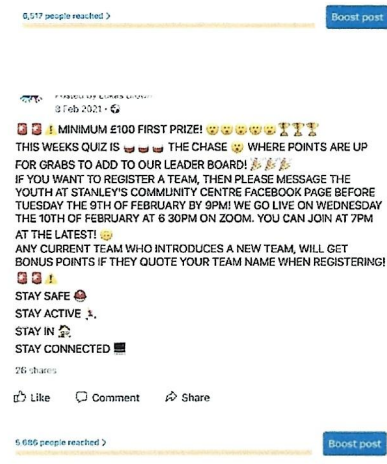
The level of support our young people received during lockdown from schools varied greatly and we saw an increased number of young people burdened with the stress and anxiety of their other family members. They worried about the schooling they had missed and any issues in the households were exacerbated by lockdown. We provided one to one schooling support to a couple of young people whose parents were illiterate.

We also realised we had to provide entertainment for young people and their families.

We set up family quiz nights in which families registered their team names and joined in live on Facebook the more of these we did the more we realised there was a real need for this sort of interaction. These quizzes became a focus, something to look forward to and something that got people sat in the same room.

As the series of quizzes went on, our ability to deliver them in a more interactive way grew. The attendees of these quizzes ranged from 2 to 6 players in a team and from 3 up to 85 years of age. We never ceased to be amazed by the level of commitment and interaction by the teams. One family who had moved to the area two weeks prior to lockdown said that they would not have spoken to any one or built the friendships they had if it wasn't for us.

Below is an examples of the reach we had with our Facebook posts.



Below is feedback given from one of the teams

Wow, without a shadow of a doubt tonight's quiz "Who wants to be a millionaire" was the most entertaining of the series. Full family involvement with phone a friend options built in made it feel like the real thing. The effort by the Stanley's team and specifically the hosts Lukas and Olivia make Wednesday night's a look forward to event. This season is coming to an end but it feels like the next instalment will be even bigger, the quality of the quizzes demonstrate that. Post lockdown is bringing the prospect of getting together in a live venue setting and meeting the current zoom teams will be interesting. I've said enough, just join the quiz club and have a go, you have nothing to lose and lots to gain.

With very little time to plan and with limited funding and many restrictions still in place we were able to put on a 4 week programme over the summer holidays for young people. We became creative with our use of outdoor spaces, meeting in parks and on the beach. Providing art and craft and sport activities.

We also made use of the Eat Out to Help Out Scheme and took 25 young people out to Eat in venues they had never had the opportunity to attend.



From September to December we met with young people in Stanleys and started to deliver 1:1 Support for young people. There were several significant themes around anxiety and young people worried about catching Covid and then passing it on to other family members.

Just before Christmas we managed to take 25 young people to go to bowling and the cinema as a Christmas treat. We knew young people were bored with online meetings so we did focus sessions in which all attendees received a Pizza and a drink delivered by a local Take Away restaurant. Many thanks goes to Pizza Time who took our orders and made sure our young people were fed.

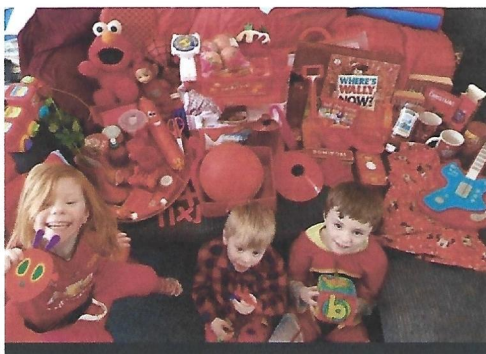
COMMUNITY ENGAGEMENT

At Easter alongside all the quizzes we also started a series of Family Challenges. We were blown away by the level of involvement.

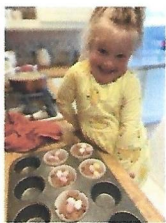


Quote From family

"The Easter Art pack was so carefully put together it gave loads of different arts and crafts and was really good for young people with sensory issue"



Each family that entered this particular challenge was given a colour and they were asked to send us a photo including anything they had in that colour.



Going forward will continue to support and provide access for everyone to improve their mental health and wellbeing whilst creating opportunities for personal and community growth.

Our commitment and hard work has helped elevate our standing in our community and amongst our peers. We hope to build on this in the years ahead.

STANLEYS COMMUNITY CENTRE
FOR THE YEAR ENDED 30 APRIL 2021

**INDEPENDENT EXAMINERS' REPORT TO THE TRUSTEES OF STANLEYS
COMMUNITY CENTRE**

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30 April 2021 set out on page 15 to 16.

Responsibilities and basis of report

As the charities trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5) (b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Christine Harwood ACMA
Accounts Matters Ltd
7-1-10 Cameron House
White Cross
Lancaster
LA1 4XF

25 February 2022

Stanleys Community Centre

Charity No: 1183140

Receipts and payments accounts

For the period
from

01/05/2020

To

30/04/2021

Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
Receipts					
Donations, legacies & grants	57,086	92,866	-	149,952	77,599
Fundraising activities	17,884	-	-	17,884	32,672
Furlough grant received	-	-	-	-	2,139
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	74,970	92,866	-	167,836	112,410
Asset and investment sales					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	74,970	92,866	-	167,836	112,410

Payments					
Community activities	17,176	13,872	-	31,048	17,092
Consumables	530	31	-	561	487
Small equipment	204	3,720	-	3,924	1,771
Heat & light	8,085	-	-	8,085	8,808
Accountancy fees	1,536	-	-	1,536	-
Insurance	181	-	-	181	332
Office expenses	896	358	-	1,254	947
Marketing	36	-	-	36	-
Rent	11,000	1,000	-	12,000	18,000
Repairs & maintenance	2,137	-	-	2,137	1,953
Telephone & internet	556	840	-	1,396	746
Training	214	-	-	214	700
Wages	7,043	58,805	-	65,848	20,703
Sundries	150	-	-	150	-
Sub total	49,744	78,626	-	128,370	71,539

Asset and investment purchases					
Computers & equipment	-	-	-	-	5,989
Furniture, fixtures & fittings	-	-	-	-	2,177
Sub total	-	-	-	-	8,166
Total payments	49,744	78,626	-	128,370	79,705

Net of receipts/(payments)	25,226	14,240	-	39,466	32,705
Transfers between funds	- 84	84	-	-	-
Cash funds last year end	22,949	11,339	-	34,288	1,152
Cash funds this year end	48,091	25,663	-	73,754	33,857

Statement of assets and liabilities at the end of the period

		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
Cash funds	Barclays bank	47,942	25,663	-
	Cash in hand	149	-	-
		-	-	-
	Total cash funds	48,091	25,663	-

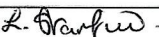
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
Other monetary assets		-	-	-
		-	-	-
		-	-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
Assets retained for the charity's own use	Computers and equipment	Unrestricted	2,076	-
	Computers and equipment	Restricted	3,913	-
	Furniture, fixtures and fittings	Unrestricted	2,177	-
			-	-
			-	-

		Fund to which liability relates	Amount due (optional)	When due (optional)
Liabilities	Business expenses to be reimbursed	Unrestricted	431	
			-	
			-	
			-	

Signed by Louise Stansfield on behalf
of all the trustees

Signature	Print Name	Date of approval
	Louise Stansfield	24/02/22

Notes to the accounts

1. The accounts have been prepared on a Receipts and Payments basis as permitted by section 133 of the Charities Act 2011, as permitted as the income is not over £250,000 and the Charity Commission guideline CC16 for receipts and payments accounting has

2. The principal accounting policies are:-

Income is recognised upon receipt of cash or cash equivalents to which the charity has full entitlements

Expenditure, inclusive of irrecoverable VAT is recognised upon payment of an invoice or claim for which the charity has an obligation to