STANLEYS COMMUNITY CENTRE

England & Wales · Charity number 1183140

Details

Status	Registered
Legal form	CIO
Registered	2019-04-26
Register	View on the Charity Commission register

Contact

Address	13 Clarendon Road Morecambe LA4 4HR
Phone	07775874413
Email	stanleyscommunitycentre@gmail.com
Website	www.stanleyscommunitycentre.co.uk

Activities

Objects: THE OBJECTS OF THE CIO ARETO FURTHER OR BENEFIT THE RESIDENTS OF MORECAMBE AND THE NEIGHBOURHOOD, WITHOUT DISTINCTION OF SEX, SEXUAL ORIENTATION, RACE OR OF POLITICAL, RELIGIOUS OR OTHER OPINIONS BY ASSOCIATING TOGETHER THE SAID RESIDENTS AND THE LOCAL AUTHORITIES, VOLUNTARY AND OTHER ORGANISATION'S IN A COMMON EFFORT TO ADVANCE EDUCATION AND TO PROVIDE FACILITIES IN THE INTERESTS OF SOCIAL WELFARE FOR RECREATION AND LEISURE TIME OCCUPATION WITH THE OBJECTIVE OF IMPROVING THE CONDITIONS OF LIFE FOR THE RESIDENTS.IN FURTHERANCE OF THESE OBJECTS BUT NOT OTHERWISE, THE TRUSTEES SHALL HAVE POWER:TO ESTABLISH OR SECURE THE ESTABLISHMENT OF A COMMUNITY CENTRE AND TO MAINTAIN OR MANAGE OR CO-OPERATE WITH ANY STATUTORY AUTHORITY IN THE MAINTENANCE AND MANAGEMENT OF SUCH A CENTRE FOR ACTIVITIES PROMOTED BY THE CHARITY IN FURTHERANCE OF THE ABOVE OBJECTS.

Activities: Stanleys Community Centre runs activities and sessions which are designed to improve health and well-being for all its community members. Stanleys promotes partnership working and social prescribing as a way of achieving personal and collective growth. The charity lease a building known as Stanleys in the West End of Morecambe

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Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Economic/community Development/employment, Recreation, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- Lancashire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-30	£458,844	£372,084	-	-
2024-04-30	£312,167	£332,377	-	-
2023-04-30	£351,421	£303,257	-	-
2022-04-30	£249,460	£219,484	-	-
2021-04-30	£167,836	£78,626	-	-

Trustees

Name	Role	Appointed
Cary Matthews	Chair	2023-10-10
Charmaine Rothwell		2023-06-09
Chris Berry		2025-07-24
Harriet Phipps		2023-10-10
Karen Wisbach		2025-07-24

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STANLEYS COMMUNITY CENTRE

England & Wales - Charity number 1183140

Accounts

STANLEYS COMMUNITY CENTRE CIO
ANNUAL REPORT AND FINANCIAL STATEMENTS



FOR THE YEAR ENDED 30 APRIL 2025

ACCOUNTS MATTERS LTD
3-2-1 Storey House
White Cross
Lancaster
Lancashire
LA4 4XQ

STANLEYS COMMUNITY CENTRE
FOR THE YEAR ENDED 30 APRIL 2025

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STANLEYS COMMUNITY CENTRE
ANNUAL REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 APRIL 2025

Reference and Administrative Details

Registered Charity Number
1183140

Principal Address
79 – 83 Stanley Road
Morecambe
Lancashire
LA3 1UT

Bankers
Barclays Bank
38 Market Street
Lancaster
Lancashire
LA1 1HS

Independent Examiner
Christine Harwood
Accounts Matters Ltd
3-2-1 Storey House
White Cross
Lancaster
Lancashire
LA4 4XQ

Trustees
Mr O Flitcroft - Resigned
Mrs L Stansfield - Resigned
Mr S Jeffers - Resigned
Mrs Cary Matthews - Chair
Miss Harriet Phipps - Secretary
Mr M Rumer - Resigned
Ms Charmaine Rothwell
Mr Chris Berry - Appointed July 25
Mrs Karen Wisbach - Appointed July 25

The Governing Document

The charity is a charitable incorporated organisation Foundation Model Constitution, with no less than 3.
Trustees whose only voting members are its charity trustees.
The CIO was established on the first of October 2018 and reached charitable status on the 26th of April 2019.
The registered charity number is 1183140.
The purpose of the charity is to run a community centre, and the activities undertaken to achieve this are detailed in the report below.

Trustee Responsibilities and Objects

Trustees are recruited following appropriate advertising and selection process.
Each new trustee oversees an area of Stanleys work according to their experience and skills.
The charity trustees shall manage the affairs of the CIO and may for that purpose exercise all the powers of the
CIO. It is the duty of each charity trustee:
a) to exercise his or her powers and to perform his or her functions in his or her capacity as a trustee
of the CIO in the way he or she decides in good faith would be most likely to further the purposes of the CIO;
and
b) to exercise, in the performance of those functions, such care and skill as is reasonable in the
circumstances having regard in particular to:
i. any special knowledge or experience that he or she has or holds himself or herself out as having;
and
ii. if he or she acts as a charity trustee of the CIO in the course of a business or profession, to any
special knowledge or experience that it is reasonable to expect of a person acting in the
course of that kind of business or profession.

Accounting records, accounts, annual reports and returns, register maintenance

(1) The charity trustees must comply with the requirements of the Charities Act 2011 with regard to the keeping of accounting records, to the preparation and scrutiny of statements of account, and to the preparation of annual reports and returns. The statements of account, reports and returns must be sent to the Charity Commission, regardless of the income of the CIO, within 10 months of the financial year end.

(2) The charity trustees must comply with their obligation to inform the Commission within 28 days of any change in the particulars of the CIO entered on the Central Register of Charities.

Financial review

Reserves Policy

The level of free reserves (those not tied up in fixed asset and restricted funds) are maintained at a level sufficient to fulfil the Charity's continuing obligations for a minimum of 3 months. The reserves at 30th April 2025 were £95,966 (30th April 2024 £37,860).

Report of the trustees for the period ending 30th April 2025

Stanleys Community Centre trustees present their financial statements as a charitable incorporated organisation.

This report represents the 4th for Stanleys Community Centre as an incorporated charitable organisation the charity was registered with the Charity Commission on the 26th of April 2019. The charity constitutes a public benefit entity as defined by FRS 102. The trustees confirm they have had regard to the Charity Commission guidance on public benefit.
The activities undertaken for the public benefit are detailed on pages 7-12.

The trustees wish to acknowledge the receipt of several grants towards the centre's running costs, salaries and the purchase of equipment from the following.

Awards For All
Bay Medical Group
Boots Foundation
Community Foundation
DCMS administered by Groundworks
FCMS North West Ltd
Francis C Scott
Garfield Weston
Grantscape
Henry Smith
Lancashire City Council
Lancaster District CVS
Morecambe Town Council
National Lottery Reaching Communities
NHS
Spring North
UK Youth
Westminster Foundation

We also wish to acknowledge several private donations.

Chair's Report

2024/25 has been significant year for Stanleys. We have continued to develop and grow the range of services we are able to provide and are ever grateful to all our funders and volunteers that have enabled the provision of our valuable community work detailed in this report. At the same time the Trustees and Management have been working hard to improve our governance and combined roles to build a more coherent, working relationship on all levels of responsibility at Stanleys. We continue to work hard on resilience through building capacity and structure to our managerial and governance. This work has provided a strong foundation to continue building on, in 2025/26.

The most visible change this year however has been to the Community Centre building itself. With the support of UKSPF, West End Millions and Lancaster CVS our building is now owned by CVS and a programme of improvement works have been completed. Maintaining continuity of service delivery was exceptionally challenging during this period which was only achieved by the hard work and determination of our staff and volunteers, coupled with the generosity of The Kings Arms, who made space available to us.

This report provides the opportunity to reflect on the achievements at Stanleys over the last 12 months. As Chair along with my fellow Trustees we can look back with pride for the achievements this year but also with expectation and hope for the coming years.

I commend it to you,



Cary Mathews – Chair of Trustees 20/02/2026



Stanleys Community Centre: Annual Report 2024–2025

Activities, Achievements, Partnerships, and Impact (1 May 2024 – 30 April 2025)

1. Executive Summary

This report provides a comprehensive overview of Stanleys Community Centre's activities, services, and achievements from 1 May 2024 to 30 April 2025. A key milestone was reached in September 2024, when, with invaluable support from West End Million Big Local, the Centre's building was brought into community ownership and is now held by Lancaster District CVS. Securing the building enabled Stanleys to pursue funding for essential renovations, an opportunity previously unavailable without a 25-year lease. By December 2024, renovation funding was secured via Lancaster District CVS from the UK Shared Prosperity Fund, making possible the replacement of windows and a full rewiring of the premises. Additionally, a significant grant from the Department for Digital, Culture, Media & Sport, administered by Groundworks, allowed for the installation of an Air to Air Heat Pump system, further improving the facility's sustainability. During the period of renovation, Stanleys demonstrated resilience and adaptability, with The Kings Arms Morecambe generously providing a temporary home for the Centre's programmes and activities. This flexibility ensured continued engagement and support for the local community. The following sections detail our expanded facilities, programme delivery, partnership working, youth work development,

and the measurable impact on our beneficiaries. The report concludes with a summary of outcomes, reflections on challenges, and priorities for the coming year.

2. Facility Expansion and Partnership Development

In response to increasing demand and the need for dedicated spaces, Stanleys secured an additional premises, The Veranda on West Street, providing a quieter environment for one-to-one and small group sessions. This expansion facilitated the establishment of **The Link**, a collaborative community hub developed in partnership with Morecambe Bay Poverty Truth Commission, Lancaster & Morecambe College, and Lancaster District CVS. The Link has become an essential resource, enabling the continuation of services during major renovations at Stanleys, and offering a central base for local organisations to support residents.

The support and flexibility of community partners, notably The Kings Arms, ensured service continuity during renovation works. Their willingness to host activities and accommodate extended timelines was vital in maintaining engagement and programme delivery.

3. Activities and Services Provided

3.1 Programme Overview

Throughout the year, Stanleys maintained a diverse and well-attended timetable, initially offering 27 regular activities. Sessions were adapted as needed in response to community feedback and facility availability.

3.2 Physical Activities

- **Arm Chair Fitness:** Two weekly sessions, average attendance 18. Provided accessible exercise, improved mobility, and supported social connection.
- **Boccia:** Inclusive sport with average attendance of 15, rising to 23 during school holidays. Fostered integration across age groups and abilities.
- **Tai Chi Qigong:** Mind-body practice, average attendance 12. Offered both indoor and outdoor sessions, promoting balance, relaxation, and participation across age groups.
- **Circuit Training:** Adaptable, equipment-light sessions for all abilities, average weekly attendance 16. Supported those unable to access conventional gyms.
- **Exercise at Your Own Pace:** Individualised support, average 9 attendees. Utilised equipment and coaching to provide a welcoming alternative to gym environments.
- **Line Dancing:** Weekly sessions led by in-house tutor, average attendance 12. Promoted physical and mental wellbeing, with strong roots in local tradition.
- **Darts:** Intergenerational sessions, average attendance 10. Encouraged confidence, teamwork, and social interaction.
- **Walk and Talk at Regent Park:** Well-attended, average 12 per session. Combined gentle exercise with health coaching and peer support.

Additionally, a partnership with local gym **Body Evolution** provided free weekly access, further expanding opportunities for physical activity with professional support.

3.3 Early Years and Family Activities

- **Baby Massage:** Supported new mothers in bonding and shared experience, connecting them to wider centre activities.
- **Mini Movers:** Popular pre-school session, regularly attended by childminders and families, fostering intergenerational interaction.

3.4 Creative and Social Groups

- **Art, Singing for Fun, Arts & Crafts:** Regular sessions provided accessible creative outlets, enhanced confidence, and built a sense of belonging.

3.5 Support and Guidance Services

- **Women's Health Coaching:** Led by Clair Scrimshaw, offering group and individual support, including a monthly Saturday menopause group, empowering women to prioritise wellbeing.
- **Holistic Drop-In Support:** Collaboration with CAB and Green Rose, providing weekly appointments for form-filling, job seeking, and life skills support. Stanleys' unique approach ensured accessibility for all ages.

4. Community Events and Wider Engagement

4.1 Monthly Community Meals

The monthly community meal at The Kings Arms became a cornerstone event, fostering intergenerational connections, reducing loneliness, and encouraging social inclusion. Attendance consistently included a broad age range, and feedback highlighted the positive impact on wellbeing and community cohesion.

4.2 Rebuild With Hope Partnership

Stanleys' partnership with Rebuild With Hope delivered six weekly sales of affordable homeware and clothing, directly supporting individuals leaving Kirkham Prison and local residents experiencing financial hardship. These events provided practical assistance and promoted community dialogue on rehabilitation and second chances.

4.3 Coach Trips and Shared Experiences

Several coach trips, including visits to Bury Market, Liverpool Christmas Markets, and the Trafford Centre, offered opportunities for social interaction and new experiences. Joint youth and community trips, such as outings to Blackpool and Williamson Park, were particularly well received and often oversubscribed.

4.4 Seasonal Fairs and Community Celebrations

Stanleys delivered highly successful Easter, Summer, and Christmas fairs, which combined fundraising with accessible activities for all ages. The Christmas Fair reached a wide audience, with notable engagement on social media and strong attendance, further strengthening community spirit.
Participation in external events, such as Barefest, enhanced Stanleys' visibility and extended its reach across the district.

5. Youth Work: Growth, Impact, and Outcomes

5.1 Professional Development and Delivery

The youth work team undertook significant professional development, with three workers in the second year of a Level 6 Youth Work Apprenticeship Degree. The Youth Social Prescriber provided 18.5 hours per week of targeted support for young people facing complex needs. Expanded partnerships with schools, colleges, and the university enabled structured work placements and supported transitions into education, employment, and training—particularly for home-schooled and NEET young people.

5.2 Programme Achievements

- Consistently strong attendance, especially among 11–16 year olds facing social and economic challenges.
- Open-access sessions combining food, creative activities, games, and informal mentoring.
- Noticeable improvements in emotional regulation, peer relationships, and self-confidence among regular participants.
- Youth voice embedded in programme design, with young people shaping session themes, activities, and summer programming.

5.3 Safeguarding, Wellbeing, and Inclusion

A trauma-informed approach underpinned all youth work. Safeguarding processes were strengthened, risk assessments updated, and staff training enhanced. Wellbeing-focused activities, including mindfulness and creative arts, supported resilience and coping strategies. Increased disclosures of anxiety and family stress were met with appropriate signposting and support.

5.4 Partnerships and Community Impact

Collaboration with local schools, community organisations, and health partners enabled targeted support and extended Stanleys' reach. Feedback from parents and carers indicated positive results, including improved behaviour and communication at home, and increased motivation among young people. Many youth participants reported a greater sense of belonging and confidence in their neighbourhood.

6. Food Support at Stanleys

Food remains at the heart of Stanleys' commitment to dignity, wellbeing, and community connection. Throughout the year, we have continued to provide free breakfast and lunch to everyone attending our daytime activities and sessions, as well as evening meals for the young people who join our youth provision. This consistent access to nutritious food ensures that no one who walks through our doors goes hungry, and that every activity is underpinned by warmth, welcome, and care.

6.1 Food Club and Community Partnerships

Our weekly Food Club continues to be a vital resource for local households. Membership has grown to 147 members, with an average weekly attendance of 73, demonstrating both the scale of need and the trust our community places in us.
We are grateful for our ongoing partnership with Country Style Meats in Lancaster, who have supplied us with meat throughout the year. Their support has strengthened our ability to offer high quality, nutritious meals to families and individuals facing food insecurity.
None of this would be possible without our dedicated volunteers, who carry out all food collections and run the Food Club with commitment and compassion. Their contribution is central to the smooth running of our food support offer.

6.2 Allotment Project

Our Allotment Project has continued to flourish, both literally and in its impact. The addition of a large polytunnel has expanded our growing capacity, and the team has worked hard to plan how to maximise the space. Their efforts mean we can grow more fresh produce to support both our chef educator in preparing daily meals and the Food Club in offering healthy, locally grown options. The allotment is becoming a sustainable, community powered asset that strengthens our food system year on year.

6.3 Meals Provided

Despite our kitchen being closed for four months during our renovation, we still delivered an impressive 3,451 meals this year. During the closure, we continued to facilitate cooking skills, budgeting sessions, and additional staff and volunteer training—ensuring that learning, confidence, and community connection were not disrupted.

6.4 Environmental and Social Impact

Using the standard measure that 1 kg of food equals 2.38 meals and 2.03 kg of CO_2 savings, our partnerships have generated significant environmental benefits alongside essential food support.

- **ALDI – Twice Weekly for a Year:**
- 4,354 kg of food
- 10,362 meals
- 8,838 kg CO_2 savings
- **FareShare – Once Weekly for 52 Weeks:**
- 16,232 kg of food
- 38,632 meals
- 32,950 kg CO_2 savings
- **Greggs – Six Times a Week for 51 Weeks:**
- 3,307 kg of food
- 7,870 meals
- 6,713 kg CO_2 savings

7. Outcomes and Evidence of Impact

- Maintained and expanded a varied activity timetable, reaching a broad cross-section of the community.
- Demonstrable improvements in social inclusion, physical and mental wellbeing, and community resilience.
- Strengthened partnerships maximised resources, provided continuity during facility changes, and enhanced programme delivery.
- Sustained high levels of engagement in both adult and youth services, with evidence of progression into education, employment, and wider community participation.
- Effective response to community needs during periods of disruption, maintaining access to essential services and support.

8. Challenges and Lessons Learned

The major renovation of Stanleys presented logistical and operational challenges, mitigated through proactive partnership working and flexible use of alternative venues. Demand for support services and activities remains high, necessitating continued investment in staff development and cross-sector collaboration to sustain and grow provision.

9. Future Priorities (2025–2026)

- Expand youth leadership and participation opportunities, embedding youth voice at all levels.
- Strengthen wellbeing and safeguarding support for both young people and adults.
- Secure sustainable funding to protect and develop core activities and services.
- Continue to build on partnership working to address emerging needs and reduce barriers to inclusion.
- Enhance monitoring and evaluation processes to evidence impact for funders and stakeholders.

9. Acknowledgements

Stanleys expresses sincere gratitude to all staff, volunteers, partners, and community members whose resilience, adaptability, and support have made this year's achievements possible. Special thanks to our partners at The Kings Arms, The Link collaborators, Body Evolution, CAB, Green Rose, and all those who contributed to our shared success.

This report is submitted to the Charity Commission and funders as an accurate record of Stanleys' activities, outcomes, and impact for the year 2024–2025. We remain committed to our mission of building a more inclusive, resilient, and connected community in Morecambe's West End.

Stanleys Community Centre

Independent Examiner's Report to the Trustees of Stanleys Community Centre

Year Ended 30 April 2025

I report to the charity trustees on my examination of the accounts of the charity for the year ended 30 April 2025 which are set out on pages 14-24

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').
I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Dated 24/02/2026

Christine Harwood ACMA
Chartered Institute of Management Accountants

Accounts Matters Ltd
3-2-1 Storey House
White Cross
South Road
Lancaster
LA1 4XQ

Statement of Financial Activities
(Incorporating Income and Expenditure account)

Stanley's Community Centre
For the year ended 30 April 2025

	Note	Unrestricted	Restricted	Total 2025	Total Funds 2024
		£	£	£	£
Income and endowments					
Donations and legacies	2	3,425	-	3,425	3,647
Fundraising activities		19,049	-	19,049	17,314
Grant funding		244,070	191,134	435,204	291,091
Other Revenue		1,166	-	1,166	2
Room hire		-	-	-	113
Total Income and endowments		**267,710**	**191,134**	**458,844**	**312,167**
Expenditure on:					
Charitable Activities	3	**209,564**	**162,520**	**372,084**	**332,377**
Net income/(expenditure)	5	**58,146**	**28,614**	**86,760**	**(20,210)**
Transfers between funds		(40)	40	-	-
Net movement in funds		**58,106**	**28,654**	**86,760**	**(20,210)**
Total Funds brought forward		37,860	91,361	129,221	149,431
Total Funds carried forward		**95,966**	**120,015**	**215,981**	**129,221**

Balance Sheet

Stanley's Community Centre
As at 30 April 2025

	Note	Unrestricted Funds	Restricted Funds	Total 2025	Total 2024
		£	£	£	£
Fixed Assets					
Tangible Assets					
Leasehold Improvements		-	45,149	45,149	-
Centre Equipment		2,649	8,365	11,014	21,263
Motor Vehicles		-	5,975	5,975	8,963
Total Tangible Assets	**8**	**2,649**	**59,489**	**62,138**	**30,226**
Total Fixed Assets		**2,649**	**59,489**	**62,138**	**30,226**
Current Assets					
Cash at bank and in hand					
Current account		90,766	59,986	150,752	89,749
Cash		-	-	-	311
Total Cash at bank and in hand		**90,766**	**59,986**	**150,752**	**90,060**
Other debtors	**9**	8,402	540	8,942	16,458
Total Current Assets		**99,168**	**60,526**	**159,694**	**106,517**
Creditors: amounts falling due within one year					
Total Creditors: amounts falling due within one year	**10**	**5,851**	-	**5,851**	**7,522**
Net Current Assets (Liabilities)		**95,966**	**120,015**	**215,981**	**129,221**
Total Assets less Current Liabilities		**95,966**	**120,015**	**215,981**	**129,221**
Net Assets		**95,966**	**120,015**	**215,981**	**129,221**
Capital and Reserves	**11**				
Current Year Earnings		58,106	28,654	86,760	(20,210)
Retained Earnings		37,860	91,361	129,221	149,431
Total Funds	**12**	**95,966**	**120,015**	**215,981**	**129,221**

The financial statements were approved and authorised for issue by the Board on 20/06/26

Signed on behalf of the board of trustees

Cary Mathews.

Cary Mathews on behalf of the trustees

Date: 20/02/26

The notes on pages 16 to 24 form part of these financial statements

1 Summary of significant accounting policies

(a) General information and basis of preparation

Stanley's Community Centre is a charitable incorporated organisation in registered England. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities is the operation of a community centre.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Accounting Practice and comply with the SORP provisions currently in effect.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The charity has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':
• the requirements of Section 7 Statement of Cash Flows.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

(b) Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

(c) Income recognition

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

Donated facilities and donated professional services are recognised in income at their fair value when their economic benefit is probable, it can be measured reliably and the charity has control over the item. Fair value is determined on the basis of the value of the gift to the charity. For example, the amount the charity would be willing to pay in the open market for such facilities and services. A corresponding amount is recognised in expenditure.

No amount is included in the financial statements for volunteer time in line with the SORP. Further detail is given in the Trustees' Annual Report.

Income from trading activities includes income earned from fundraising events and trading activities to raise funds for the charity. Income is received in exchange for supplying goods and services in order to raise funds and is recognised when entitlement has occurred.

Income from government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred

Investment income is interest only.

(d) Expenditure recognition

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as an expense against the activity for which expenditure arose.

Grants payable to third parties are within the charitable objectives. Where unconditional grants are offered, this is accrued as soon as the recipient is notified of the grant, as this gives rise to a reasonable expectation that the recipient will receive the grants. Where grants are conditional relating to performance then the grant is only accrued when any unfulfilled conditions are outside of the control of the charity.

(f) Tangible fixed assets

Tangible fixed assets are stated at cost (or deemed cost) or valuation less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

(g) Debtors and creditors receivable / payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

(h) Loans and borrowings

Loans and borrowings are initially recognised at the transaction price including transaction costs. Subsequently, they are measured at amortised cost using the effective interest rate method, less impairment. If an arrangement constitutes a finance transaction it is measured at present value.

(i) Leases

Assets acquired under finance leases are capitalised and depreciated over the shorter of the lease term and the expected useful life of the asset. Obligations under such agreements are included in creditors. The difference between the capitalised cost and the total obligation under the lease represents the finance charges. Finance charges are written-off to the SOFA over the period of the lease so as to produce a constant periodic rate of charge.

(j) Employee benefits

When employees have rendered service to the charity, short-term employee benefits to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity operates a defined contribution plan for the benefit of its employees. Contributions are expensed as they become payable.

(k) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

2 Income from donations

	2025 £	2024 £
Donations from individuals	3,425	3,647
	3,425	3,647

Income from donations was all attributable to unrestricted funds.

3 Analysis of expenditure on charitable activities

See detailed SOFA at note 15.

4 Governance costs

	2025 £	2024 £
Independent examiners remuneration (including expenses and benefits in kind)	1,900	1,800
	1,900	1,800

5 Net income / (expenditure) for the year

Net income / (expenditure) is stated after charging / (crediting):

	2025 £	2024 £
Depreciation of tangible fixed assets	20,598	14,996

6 Independent examiners remuneration

The independent examiners remuneration amounts to an independent examination fee of £1,900 (2024 - £1,900).

7 Staff costs and employee benefits

The average monthly number of employees and full time equivalent (FTE) during the year was as follows:

	2025 Number	2025 FTE	2024 Number	2024 FTE
Charitable activities	9	9	8	8

The total staff costs and employee benefits were as follows:

	2025 £	2024 £
Wages and salaries employer taxes and pension	225,005	200,137
	225,055	200,137

No employees received total employee benefits (excluding employer pension costs) of more than £60,000.

The trustees did not have any expenses reimbursed during the year (2024 - £nil) and were not paid any wages or other benefits for the current or preceding year.

8 Tangible fixed assets

	Tenant's Improvements £	Motor Vehicles £	Centre Equipment £	Total £
Cost or valuation:				
At 1 April 2024	-	11,950	48,033	59,983
Additions	50,166	-	2,344	52,510
At 30 April 2025	50,166	11,950	50,377	112,493
Depreciation:				
At 1 April 2024	-	2,987	26,769	29,756
Charge for the year	5,017	2,988	12,594	20,599
At 30 April 2025	5,017	5,975	39,363	50,355
Net book value:				
At 30 April 2025	45,149	5,975	11,014	62,138
At 30 April 2024	-	8,963	21,264	30,226

9 Debtors

	2025 £	2024 £
Bike 2 Work Scheme	870	1,090
Prepayments	8,072	15,368
	8,942	16,458

10 Creditors: amounts falling due within one year

	2025 £	2024 £
Trade creditors	424	277
Credit card	-	1,759
Accruals	2,348	2,593
Social security and other taxes	1,919	2,047
Pension	1,160	847
	5,851	7,522

11 Fund reconciliation

Unrestricted funds

	Balance at 1 April 2024	Income	Expenditure	Transfers	Gains / (losses)	Balance at 31 April 2025
	£	£	£	£	£	£
General reserve	37,860	267,710	(209,564)	(40)	-	95,966
	37,860	267,710	(209,564)	(40)	-	95,966

Restricted funds

	Balance at 1 April 2024	Income	Expenditure	Transfers	Gains / (losses)	Balance at 30 April 2025
Awards for All	16,371	-	(10,019)	-	-	6,352
Children in Need	2,784	-	(2,784)	-	-	-
Big Lottery - DCMS	29,124	-	(17,288)	-	-	11,836
Step Up BLMT	-	4,500	(2,406)	-	-	2,094
Boots	-	9,200	(9,230)	30	-	-
Building work LCC	-	-	(1,902)	-	-	(1,902)
CVS allotment	-	1,000	(210)	-	-	790
Francis C Scott	8,500	17,000	(17,000)	-	-	8,500
Grantscape Walney		20,000	(18,333)	-	-	1,667
Groundworks		50,166	(5,017)	-	-	45,149
LCC Young Health	10,895	-	-	-	-	10,895
Morecambe Town Council	978	-	(978)	-	-	-
Morrisons Foundation	2,404	-	(2,404)	-	-	-
Penhale	-	4,800	(4,810)	10	-	-
Big Lottery – Reaching Communities	20,304	70,468	(68,671)	-	-	22,101
WEM Mind Kits	-	4,000	(634)	-	-	3,366
Westminster Foundation	-	10,000	(833)	-	-	9,167
	91,361	191,134	(162,520)	40	-	120,015

12 Analysis of net assets between funds

	Unrestricted funds 2025 £	Designated funds 2025 £	Restricted funds 2025 £	Total 2025 £
Fixed assets	2,649	-	59,489	62,138
Cash and current investments	90,766	-	59,986	150,752
Other current assets / liabilities	2,551	-	540	3,091
Total	95,966	-	120,015	215,981

	Unrestricted funds 2024 £	Designated funds 2024 £	Restricted funds 2024 £	Total 2024 £
Fixed assets	2,951	-	27,276	30,227
Cash and current investments	40,954	-	49,106	90,060
Other current assets / liabilities	(6,044)	-	14,980	8,934
Total	37,860	-	91,361	129,221

13 Related party transactions

The Charity has no disclosable related party transactions in this or the previous year.

14 Other Commitments

The charity entered into a rental agreement that results in commitments under a lease as set out below:

	2025 £	2024 £
Not later than one year	-	-
Later than one year and not later than five years	48,000	-
	48,000	-

15 Statement of Financial Activities

Stanleys Community Centre
For the year ended 30 April 2025

	Unrestricted	Restricted	Total 2025	Total Funds 2024
Income and Endowments				
Donations and legacies	3,425	-	3,425	3,647
Fundraising activities	19,049	-	19,049	17,314
Grant funding	244,070	191,134	435,204	291,091
Interest Income	29	-	29	2
Other Revenue	1,137	-	1,137	-
Room hire	-	-	-	113
Total Income and Endowments	**267,710**	**191,134**	**458,844**	**312,167**
Expenditure on:				
Community activities	21,543	15,707	37,249	32,538
Cost of Goods Sold	-	-	-	3,925
Refreshments	11	-	11	258
Youth	14,246	3,130	17,377	10,639
Advertising & Marketing	-	607	607	237
Audit & Accountancy fees	874	2,335	3,209	5,440
Bank Fees	176	-	176	160
Cleaning	97	4,188	4,285	3,105
Consulting	11,520	-	11,520	11,245
Depreciation Expense	2,156	18,442	20,598	14,996
Employers National Insurance	7,744	-	7,744	8,322
Equipment	-	2,252	2,252	227
General Expenses	448	21	468	730
Insurance	167	2,051	2,218	861
IT Software and Consumables	-	2,186	2,186	1,661
Legal Expenses	90	1,574	1,664	40
Motor Vehicle Expenses	1,871	-	1,871	978
Office expenses	782	93	876	-
Pensions Costs	8,942	-	8,942	6,447
Printing & Stationery	38	25	63	210
Rent	-	14,640	14,640	12,260
Repairs & Maintenance	742	2,934	3,676	8,338
Salaries	135,000	73,318	208,319	185,368
Staff Training	(16)	1,574	1,558	1,355
Subcontractors	426	3,180	3,606	12,899
Subscriptions	370	2,786	3,156	683
Telephone & Internet	-	1,635	1,635	1,932
Travel - National	2,145	-	2,145	340
Utilities	(110)	8,002	7,892	6,297
Volunteer expenses	300	1,840	2,139	885
Charitable Activities	209,564	162,520	372,084	332,377
Net income/(expenditure)	**58,146**	**28,614**	**86,760**	**(20,209)**
Transfers between funds	(40)	40	-	-
Net movement in funds	**58,106**	**28,654**	**86,760**	**(20,209)**
Total funds brought forward	37,860	91,361	129,221	149,431
Funds carried forward	**95,966**	**120,015**	**215,981**	**129,222**

STANLEYS COMMUNITY CENTRE

England & Wales - Charity number 1183140

Accounts

STANLEYS COMMUNITY CENTRE CIO
ANNUAL REPORT AND FINANCIAL STATEMENTS



FOR THE YEAR ENDED 30 APRIL 2024

ACCOUNTS MATTERS LTD
3-2-1 Storey House
White Cross
Lancaster
Lancashire
LA4 4XQ

STANLEYS COMMUNITY CENTRE
FOR THE YEAR ENDED 30 APRIL 2024

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STANLEYS COMMUNITY CENTRE
ANNUAL REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 APRIL 2024

Reference and Administrative Details

Registered Charity Number
1183140

Principal Address
79 – 83 Stanley Road
Morecambe
Lancashire
LA3 1UT

Bankers
Barclays Bank
38 Market Street
Lancaster
Lancashire
LA1 1HS

Independent Examiner
Christine Harwood
Accounts Matters Ltd
3-2-1 Storey House
White Cross
Lancaster
Lancashire
LA4 4XQ

Trustees
Mr O Flitcroft
Mrs L Stansfield – Resigned
Mr S Jeffers
Mrs Cary Mathews
Miss Harriet Phipps
Mr M Rumer - Resigned
Ms C Rothwell

The Governing Document

The charity is a charitable incorporated organisation Foundation Model Constitution, with no less than 3.
Trustees whose only voting members are its charity trustees.
The CIO was established on the first of October 2018 and reached charitable status on the 26th of April 2019.
The registered charity number is 1183140.

Trustee Responsibilities and Objects

Trustees are recruited following appropriate advertising and selection process.
Each new trustee oversees an area of Stanleys work according to their experience and skills.
The charity trustees shall manage the affairs of the CIO and may for that purpose exercise all the powers of the
CIO. It is the duty of each charity trustee:
a) to exercise his or her powers and to perform his or her functions in his or her capacity as a trustee
of the CIO in the way he or she decides in good faith would be most likely to further the purposes of the CIO;
and
b) to exercise, in the performance of those functions, such care and skill as is reasonable in the
circumstances having regard in particular to:
i. any special knowledge or experience that he or she has or holds himself or herself out as having;
and
ii. if he or she acts as a charity trustee of the CIO in the course of a business or profession, to any
special knowledge or experience that it is reasonable to expect of a person acting in the
course of that kind of business or profession.

Accounting records, accounts, annual reports and returns, register maintenance

(1) The charity trustees must comply with the requirements of the Charities Act 2011 with regard to the keeping of accounting records, to the preparation and scrutiny of statements of account, and to the preparation of annual reports and returns. The statements of account, reports and returns must be sent to the Charity Commission, regardless of the income of the CIO, within 10 months of the financial year end.

(2) The charity trustees must comply with their obligation to inform the Commission within 28 days of any change in the particulars of the CIO entered on the Central Register of Charities.

Reserves Policy

The level of free reserves (those not tied up in fixed asset and restricted funds) are maintained at a level sufficient to fulfil the Charity's continuing obligations for a minimum of 3 months. The reserves at 30th April 2024 - £37,860 (30th April 2023 £46,686).

Report of the trustees for the period ending 30th April 2024

Stanleys Community Centre trustees present their financial statements as a charitable incorporated organisation.

This report represents the 4th for Stanleys Community Centre as an incorporated charitable organisation the charity was registered with the Charity Commission on the 26th of April 2019. The charity constitutes a public benefit entity as defined by FRS 102. The trustees confirm they have had regard to the Charity Commission guidance on public benefit.
The activities undertaken for the public benefit are detailed on pages 7-18.

The trustees wish to acknowledge the receipt of several grants towards the centre's running costs, salaries and the purchase of equipment from the following.

Albert Hunt
Awards For All
Bay Medical Group
Boots Foundation
Community Foundation
DCMS
FCMS North West Ltd
Francis C Scott
Garfield Weston
Grantscape
Henry Smith
Lancashire City Council
Lancaster District CVS
Morecambe Town Council
National Lottery Reaching Communities
NHS
Poverty Truth Commission
UK Youth
Westminster Foundation

We also wish to acknowledge several private donations.

Chairs Report

I would like to open this report with appreciation and thanks to Louise Stansfield for all her hard work and support while she has been Chair of the board of Trustees for Stanleys. We all wish you the very best and know you will continue to support and be an advocate for all we do.

Stanleys Community Centre is proud to present this End of Year Report for 2023/2024. It highlights our achievements, challenges, and the impact we have had in our community over the past year.

As a charity dedicated to fostering community well-being, we have provided a range of free sessions and support services, helping individuals improve their physical health, mental well-being, and social connections. We have continued to explore innovative ways of achieving positive outcomes for all our service users. We serve a diverse community and are constantly looking to improve on our offering.

To this end we have introduced and secured funding for new initiatives in art, outside space work at our local allotments, food preparation and hygiene with Becky, along with new and creative ways of youth engagement.

Although we celebrate Stanleys continued success it has brought a growing concern and realisation that the genuine need for help has increased greatly. But our determination to foster community has not diminished as we continue to openly offer support, warmth, comfort and most importantly food and drinks.

I extend my heartfelt gratitude to our dedicated volunteers, staff, funders, trustees, and community members, all of whom go 'above and beyond' to make Stanleys what it is today. The passion and belief you all have in what we are achieving is evident in your work ethic and genuine concern for our community. I cannot praise you enough. Without your unwavering support Stanleys Community Centre would not be the thriving and inclusive place that it is.

I also feel that I cannot leave this report without acknowledgment to our Founder and Director Robyn. Recently one of our members of the Trustee board wrote this statement and I feel it is an appropriate way to sum up this extraordinary lady:

"Robyn has spearheaded Stanleys Community Centre's remarkable growth, selflessly dedicating time to its development and embedding care into its services. Her compassion and ability to listen and adapt to service users' needs has allowed Stanleys to blossom into a thriving and resilient hub of support and community."

Together, we look forward to another successful year of empowering our community!



Cary Mathews – Chair of Trustees 20/02/2025



Managers Report

This year has been the year of growth from the numerous projects we have run, to the community we have grown. We are very grateful for the organisations that have supported us and the difference they have helped us make.

This year we want to thank the volunteers who support every aspect of our organisation. Without them Stanleys would not be the community it is.

Our work with adults and older people at our community centre has made a significant difference in the lives of many individuals. Through our various services and activities, we have helped to improve social connections, mental and physical well-being, skills and knowledge, and community engagement. We are proud of the positive impact we have had and remain dedicated to continuing our mission of supporting those in need.

I would like to pay special thanks to Martin Bell who we very sadly lost, on the 30th of December. Martin had been a volunteer for many years and was often the first person we spoke to each morning. He greeted everyone with a smile and loved the structure that Stanleys brought to his life. He often said Stanleys gave him more than he could ever give back.



Activities and services provided from 1st May 2023 to 30th April 2024

We provide a range of services and activities aimed at improving the well-being and quality of life of those we serve. Our timetable is changed at least twice per year.



PROJECT IMPACT

Health and Wellbeing sessions.

During this year we have very much built upon our existing programme to include. Abstract Art Sessions with Jess Levine. Abstract Art – Encouraged creativity and self-expression, with participants showcasing their work in a local exhibition.
Jess provided a relaxed and encouraging space to explore abstract art, using acrylic painting, geli plate printing, mixed media and more.
Attendees have said they never thought they had an artistic bone in their body but Jess has helped unlock their potential. These sessions have been very well attended and we gained funding to continue offering a total of 6 x 6 week courses.
Jess said

"I'm not normally one for work culture out of work but my involvement teaching abstract art at Stanleys community centre Morecambe is one of the best and happiest work moves I've made. It's a special place for lots of different reasons, I've made friends in the other staff and volunteers and the clients always blow my mind with their brilliance. There's no sense of hierarchy it's a very hands-on place and it makes me smile being there, it's a culture that's open to change we grow together. People gain self-worth and it's the most personalised service where the care is subtle, respectful and unobtrusive and people I hope, feel the benefit of that in other parts of their lives. I feel touched to be part of this excellent place the ripples of laughter just being humans together I feel very lucky that what I can offer in my fluffy chaotic way is seen by others as an asset it has a special place in my heart seemingly these creative connections may grow and expand into other groups and areas of creative provision and I feel energised about that sometimes one chunk of light in mental anguish can give people the inner strength to find greater illuminated paths feeling happy and emotional difficulties"









Women's Health and wellbeing support

This has been delivered by Clair Scrimshaw who is a menopause and female health expert. Clair provided a safe space for women to share experiences, access resources, and build confidence sessions have been held on a one to one and a group setting.

Clair sessions ran through the week with an additional monthly meeting on a Saturday which allowed women who work to attend. Clair has helped many women who have struggled to cope.





Meditation

Ran by Julie Meyfroidt Chapman has supported mindfulness and stress reduction, attended by 86 individuals regularly.

Julie uses both her voice and other instruments creating a safe relaxed session. These sessions have been very well attended.

Somatic Movement sessions were delivered in partnership with Active Lancashire.

These sessions included movement and nutrition advice.

Tai Chi & Qigong

Has helped 77 participants improve flexibility, balance, and stress management. This took Place each Monday afternoon and later in the year we received funding which enabled us to offer a Thursday evening session. These sessions were delivered by Carol Lee, who we supported to become a fully qualified instructor.

Physical Activities

Throughout the year we have delivered a wide range of sessions accessible for all abilities. These have included Chair based Exercise, Boccia, Walk and talk weekly sessions which were held at Regent Park and on Morecambe promenade.

Boccia has proved popular as it is an adaptive sport promoting teamwork and coordination, attended by up to 20 individuals weekly, particularly benefiting those with limited mobility.

More physical activities have included circuit training and At Your Own Pace which is a supportive session allowing service users to use our equipment and gain the support they need to reach their own goals. The youngest members of our community have accessed sessions including baby massage, NRG Mini Movers, and Music Movement and me.







We have held Information and Advice Support sessions weekly in partnership with CAB

Through these initiatives, we have supported hundreds of community members, fostering inclusivity, engagement, and resilience. Through need identified in these sessions we have increased our form filling service and have taken on two dedicated volunteers, who on average are supporting 8 people per week.

We have also worked with Green Rose who in partnership with Leap have supported many of our service users providing energy efficiency advice through home visits where they have carried out hundreds of surveys saving thousands of pounds. We are very grateful to both and will continue the service for as long as possible.



Food support throughout the year

We have provided free breakfast and lunch for people attending sessions.
We have provided **7034** meals across breakfast and lunch and **2061** meals for young people.
We have **143** Food club members with an average weekly attendance of **73** families per week.
Volunteers have collected surplus food **6** nights per week from Greggs in Carnforth and we are very grateful for the donations.
We have collected tonnes of surplus food from Aldi in both Scale Hall and Tesco this has been collected each Monday and Tuesday throughout the year.
We have collected just over **21** tonnes of food from Fareshare.
Food collection and delivery take a total **951** volunteer hours.
In December 2023 we were successful in a grant with DCMS. Through this funding we were able to purchase **1360kg** of meat. The other significant purchase we made was a Minibus. We have stripped the seats out and use this to make the surplus food collections.

Funding from West End Morecambe paid for food club members for two weeks before Christmas.



ALLOTMENT

Through the determination of one volunteer, we found ourselves taking on a huge allotment plot at the back of Bay Leadership Academy. Through the volunteers vision a lot of hard work has resulted in this space being transformed. Food is now grown and then brought back to Stanleys and used in our kitchen.

The Well community have helped with all the heavy lifting and have been able to enjoy the fruits or carrots of their hard labour.

Due to the number of volunteers attending the allotment Stanleys supported the allotment association by contributing half the cost of a new toilet which is used by all who access this space.







Hygiene Bank

We are very grateful to the hygiene bank as we have accepted 534kg of donations. This has included sanitary products, cleaning products, and bath products. Everything we receive is dispersed through our food club.

Community Events

Throughout the year, our staff and young people have organised various community events with the goal of bringing different members and generations of the community together. These events have included an Easter Fair and Themed Quizzes such as our Halloween event, all of which have been a great success with active participation from everyone. We are always amazed by the creativity and effort people put into their costumes.







Our Christmas programme was incredibly successful, thanks to the dedication of our staff and volunteers who went above and beyond to ensure the community felt the magic of Christmas. We reached out to the community for donations of selection boxes, and the response was overwhelming, allowing Father Christmas to give a gift to every young person he encountered. This year, Father Christmas was joined by his wife for a special evening dedicated to young people with special educational needs and disabilities. The atmosphere was calm and peaceful, and each young person had a special 15-minute visit with Father Christmas. The following day, we hosted a Christmas Fair where 124 young people got to meet Father Christmas, all free of charge as we believe everyone should have the opportunity to experience the magic of Christmas.







For the second year in a row, we opened our doors on Christmas day and served a Christmas meal to 50 people. We were grateful for the support of the community and volunteers from CAB, Morecambe Food Bank, and Bay Medical who all expressed a desire to make this an annual event. This was made possible with a grant from Morecambe Bay Food Bank and the dedication of our Operations Manager, Mark, who volunteered his time to make Christmas Day special for all attendees. An additional 60 people came in to collect surplus food.

On Valentine's Day, we celebrated love for our community by giving each attendee a gift of a rose. This gesture was well-received, with some community members expressing gratitude and tears as they had never received flowers before. We are proud to have built a cohesive and growing community that we hold dear.







YOUTH REPORT

We unveiled our three-year Youth Work Strategy at our AGM on June 9, 2023, with a focus on the specific areas we have identified through our work and with input from young people.



These make up seven areas where we will focus our support

MENTAL HEALTH AND WELLBEING

- Enhance the mental health and well-being of young individuals participating in our services on both a one to one and group basis.
- Provide opportunities for young people to engage in activities and sessions focused on reducing anxiety and stress, as well as promoting peer support.
- Educate young individuals on resources available for mental health support and guidance on how to assist others in need.

SOCIAL ACTION

- Empower young individuals to advocate for themselves and have a voice in their community.
- Facilitate meetings between young people and community leaders to discuss issues that impact them.
- Encourage participation in community groups like The Morecambe Bay Poverty Truth Commission.
- Involving young people in social action projects within the community.
- Encouraging participation in community events such as volunteering at food clubs or family meals.
- Encourage intergenerational connection through skill sharing and social events

SKILLS AND TRAINING

- Creating opportunities to develop skills and try new things.
- Offering young people, the chance to get involved in training opportunities.
- Supporting young people to gain volunteering hours through, work experience and Duke of Edinburgh Awards
- Young leader/ ambassadors programme help young people gain new knowledge and build confidence while supporting their peers.
- Offer young people the chance to gain health champion training.

- Educate young people in their rights as a young person.

PROVIDE ENRICHING ACTIVITIES

- Continuing to work closely with our partners and funders to offer different experiences such as projects with Lancaster Youth Challenge, Bee Adventures who help enhance our offer through outdoor activities.
- HAF continue to work with the council to provide holiday activities for 6 weeks per year.
- Seek new funding for other activities. (Residentials, Team building days, Outdoor activity days) etc.
- Encouraging participation in community events such as volunteering at food clubs or family meals.
- Encourage intergenerational connection through skill sharing and social events like quizzes, day trips and seasonal fairs.

PROVIDE A SAFE SPACE

- Create a safe space to discuss difficult topics and issues in a group setting.
- Work with young people to ensure they feel safe in our building and making sure we appeal to young people.
- Ensure all young people that join our groups and sessions stick to a group/user code of conduct decided by our young leaders and staff.
- Address issues and topics in small focus group settings such as healthy relationships and boundaries, drugs and alcohol, loss and bereavement and online safety.

EMPOWER YOUNG PEOPLE TO TAKE RESPONSIBILIY OF THEIR OWN HEALTH AND ADVOCATE FOR OTHERS

- Continue to work with our local GP Practice Bay Medical Group
- Offer young people advocacy training to empower them to help themselves and others.
- Youth Health Matters programme.

ADDRESS SCHOOL ISSUES

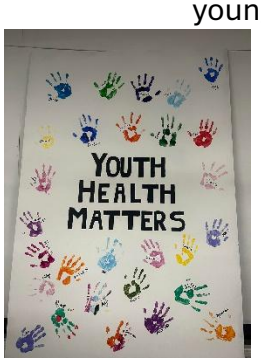
- Work with young people to raise awareness allowing them to open up conversations around bullying and look at different schools' bullying policies.
- Hold a safe space for young people to openly talk about their experiences of other issues within a school setting.
- Work towards ways in which our community can help with bullying.

The need we discovered.

Since the onset of the COVID-19 pandemic, many young people have struggled to readjust to the school routine, leading some parents to make the difficult decision to homeschool their children. Issues such as bullying, exam stress, and the need for additional support for those with special needs have become more prevalent in our local schools.
The presence of a metal detector at the entrance of the nearest secondary school is a stark reminder of the challenges faced by young people today.

Food poverty is a significant concern in our community, with many young people relying on our hot meals programme for nourishment. We often provide second portions and take-home boxes for those with dietary restrictions or limited food at home due to financial constraints. Our Holiday Activities and Food (HAF) programme offers free memberships to families in need, and we also distribute breakfast packs thanks to funding from The Westminster Foundation.

This year, we witnessed families forced to move into temporary accommodation in local hotels, with cramped living conditions and limited cooking facilities. The impact on the young people and their families has been profound, highlighting the urgent need for support in our community.





THE PROJECTS WE RAN

Youth Health Matters

After participating in various youth conversations organised by our local council, our focus group decided to organise their own consultation event to address the real issues faced by young people on a daily basis in school. Collaborating with youth staff, young people developed 6 case studies highlighting issues such as mental health, bullying, life skills support, and teacher mental health.
In a world café style event, young people welcomed professionals from our local GP practice, former teachers, parents, and other community members to discuss the case studies and ask questions. With the support of Phil Sykes, the event was filmed, and a short film was created to capture the important conversations that took place. In addition to organising and hosting the event, young people prepared and served a school dinner-style meal with dessert for all attendees.
Despite inviting several current schoolteachers and local school staff, none were able to attend. We shared our short film with those who couldn't make it to give them a glimpse of the event and hopefully encourage their participation in future events. We commend all the young people involved and express our gratitude to those who did attend.
https://drive.google.com/file/d/1FDwllzhMJsfraRtoMOA95tJBAA8bmudP/view?usp=drive_web

HOLIDAY ACTIVITIES

This year, we offered 6 weeks of HAF provisions during the school holidays. In the Summer, we provided 45 spaces per day for 20 days. During Easter and Christmas holidays, we offered 35 spaces each day for 4 days. Young people aged 10-17 were able to participate in various activities and trips such as canoeing, gill scrambling, local park visits, and trips to Blackpool Pleasure Beach. We are grateful to our local HAF team for their assistance in delivering these provisions.

We will continue to work with the HAF team to seek an increase in the funding we receive as we were restricted by our budget on what we could offer. For the first time we did see an impact on the number of attendees. We struggled to find any trips further afield which would have enhanced our offer. The young people who did attend our sessions were all very grateful for what we provided but even they recognised the issues we faced.

POVERTY TRUTH COMMISSION

We continue to work closely with Morecambe Bay poverty Truth Commission who listened to the stories of young people around how poverty effects young people in the area. The young people also made a film about the Eden project and the awaited Eden North. Through this it became very apparent that young people had very little understanding of how the Eden Project could benefit them.

VISION

Bay Medical Practice supported our work educating young people around navigating health care support. They also investigated the rights of young people and explained when or not parental consent would be needed when accessing NHS services including use of the NHS App.

THE LINK WEST STREET

In early 2024 Stanleys entered a partnership with Lancaster and Morecambe College, Morecambe Bay Poverty Truth Commission and Lancaster District CVS. Together we have taken over 11-13 West Street. We have named this space The Link, the benefit of this additional space for us is this is much smaller and better suited to small group work and there is a one-to-one room which the youth team and the Youth Social Prescriber can make use of. We received two years funding through Awards for All to support this. We look forward to reporting our achievements in next year's report.

The Impact of Our work

This year we worked with **361** young people

Provided **1080** holiday activity food spaces

We made **2061** meals young people.

We trained **17** young people

We provided **40** work placements

We worked with young people from **9** schools

We provided **208** sessions throughout the year

YOUTH SOCIAL PRESCRIBING

Youth Social Prescribing started In April 2022 in Partnership with Bay Medical and More Music. Both organisations employed a Youth Social Prescriber (This was a full-time post-split equally between us and More Music)
We were able to employ someone on a 18.5 hour contract.
Lukas Brown works alongside Maxine from More Music to deliver Social Prescribed activities to young people between the age of 11 and 19.
During the second year the prescribers worked with a total of 160 young people across our area.
Some of the top reasons for referrals this year were low moods, Community connections and anxiety.
Stanleys took on an additional 50 onward referrals to our sessions like,
My Future Self and our Focus group sessions.
We also saw a number of young people attending some of our community sessions and events following the support from Lukas.

Future plans & Goals for 2024-2025

- Expand Our Reach – Increase awareness and participation through targeted outreach.
- Secure Additional Funding – Explore grants, sponsorships, and fundraising initiatives.
- Enhance Programmes – Introduce new activities based on community feedback.
- Strengthen Partnerships – Collaborate with local organisations to enhance service delivery.

Stanleys Community Centre

Independent Examiner's Report to the Trustees of Stanleys Community Centre

Year Ended 30 April 2024

I report to the charity trustees on my examination of the accounts of the charity for the year ended 30 April 2024 which are set out on pages 20-30

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').
I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Dated 2402/2025

Christine Harwood ACMA
Chartered Institute of Management Accountants

Accounts Matters Ltd
3-2-1 Storey House
White Cross
South Road
Lancaster
LA1 4XQ

Statement of Financial Activities

Stanley's Community Centre

For the year ended 30 April 2024

	Note	Unrestricted	Restricted	Total 2024	Total Funds 2023
		£	£	£	£
Income and endowments					
Donations and legacies	**2**	3,647	-	3,647	5,191
Fundraising activities		17,314	-	17,314	18,924
Grant funding		171,833	119,257	291,091	327,306
Other Revenue		2	-	2	-
Room hire		113	-	113	-
Total Income and endowments		**192,910**	**119,257**	**312,167**	**351,421**
Expenditure on:					
Charitable Activities	**3**	**201,719**	**130,658**	**332,377**	**303,257**
Net income/(expenditure)	**5**	**(8,809)**	**(11,401)**	**(20,210)**	**48,164**
Transfers between funds		(17)	17	-	-
Net movement in funds		**(8,826)**	**(11,384)**	**(20,210)**	**48,164**
Total Funds brought forward		46,686	102,745	149,431	101,268
Total Funds carried forward		**37,860**	**91,361**	**129,221**	**149,432**

Balance Sheet

Stanley's Community Centre
As at 30 April 2024

	Note	Unrestricted Funds	Restricted Funds	Total 2024	Total 2023
		£	£	£	£
Fixed Assets					
Tangible Assets					
Centre Equipment		2,951	18,313	21,264	15,361
Motor Vehicles		-	8,963	8,963	-
Total Tangible Assets	**8**	**2,951**	**27,276**	**30,226**	**15,361**
Total Fixed Assets		**2,951**	**27,276**	**30,226**	**15,361**
Current Assets					
Cash at bank and in hand					
Current account		40,643	49,106	89,749	138,933
Cash		311	-	311	-
Total Cash at bank and in hand		**40,954**	**49,106**	**90,060**	**138,933**
Other debtors	**9**	1,478	14,980	16,458	**-**
Total Current Assets		**42,432**	**64,086**	**106,517**	**138,933**
Creditors: amounts falling due within one year					
Total Creditors: amounts falling due within one year	**10**	**7,522**		**7,522**	**4,863**
Net Current Assets (Liabilities)		**37,860**	**91,361**	**129,221**	**149,431**
Total Assets less Current Liabilities		**37,860**	**91,361**	**129,221**	**149,431**
Net Assets		**37,860**	**91,361**	**129,221**	**149,431**
Capital and Reserves	**11**				
Current Year Earnings		(8,826)	(11,384)	(20,210)	48,163
Retained Earnings		46,686	102,745	149,431	101,268
Total Funds	**12**	**37,860**	**91,361**	**129,221**	**149,431**

The financial statements were approved and authorised for issue by the Board on _____.

Signed on behalf of the board of trustees



Cary Mathews on behalf of the trustees

20/02/2025

The notes on pages 22 to 30 form part of these financial statements.

1 Summary of significant accounting policies

(a) General information and basis of preparation

Stanley's Community Centre is a charitable incorporated organisation in registered England. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities is the operation of a community centre.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Accounting Practice and comply with the SORP provisions currently in effect.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The charity has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':
• the requirements of Section 7 Statement of Cash Flows.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

(b) Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

(c) Income recognition

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

Donated facilities and donated professional services are recognised in income at their fair value when their economic benefit is probable, it can be measured reliably and the charity has control over the item. Fair value is determined on the basis of the value of the gift to the charity. For example, the amount the charity would be willing to pay in the open market for such facilities and services. A corresponding amount is recognised in expenditure.

No amount is included in the financial statements for volunteer time in line with the SORP. Further detail is given in the Trustees' Annual Report.

Income from trading activities includes income earned from fundraising events and trading activities to raise funds for the charity. Income is received in exchange for supplying goods and services in order to raise funds and is recognised when entitlement has occurred.

Income from government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred

Investment income is interest only.

(d) Expenditure recognition

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as an expense against the activity for which expenditure arose.

Grants payable to third parties are within the charitable objectives. Where unconditional grants are offered, this is accrued as soon as the recipient is notified of the grant, as this gives rise to a reasonable expectation that the recipient will receive the grants. Where grants are conditional relating to performance then the grant is only accrued when any unfulfilled conditions are outside of the control of the charity.

(f) Tangible fixed assets

Tangible fixed assets are stated at cost (or deemed cost) or valuation less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

(g) Debtors and creditors receivable / payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

(h) Loans and borrowings

Loans and borrowings are initially recognised at the transaction price including transaction costs. Subsequently, they are measured at amortised cost using the effective interest rate method, less impairment. If an arrangement constitutes a finance transaction it is measured at present value.

(i) Leases

Assets acquired under finance leases are capitalised and depreciated over the shorter of the lease term and the expected useful life of the asset. Obligations under such agreements are included in creditors. The difference between the capitalised cost and the total obligation under the lease represents the finance charges. Finance charges are written-off to the SOFA over the period of the lease so as to produce a constant periodic rate of charge.

(j) Employee benefits

When employees have rendered service to the charity, short-term employee benefits to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity operates a defined contribution plan for the benefit of its employees. Contributions are expensed as they become payable.

(k) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

2 Income from donations

	2024 £	2023 £
Donations from individuals	3,647	5,191
	3,647	5,191

Income from donations was all attributable to unrestricted funds.

3 Analysis of expenditure on charitable activities

See detailed SOFA at note 14.

4 Governance costs

	2024 £	2023 £
Independent examiners remuneration (including expenses and benefits in kind)	1,800	1,800
	1,800	1,800

5 Net income / (expenditure) for the year

Net income / (expenditure) is stated after charging / (crediting):

	2024 £	2023 £
Depreciation of tangible fixed assets	14,996	7,530

6 Independent examiners remuneration

The independent examiners remuneration amounts to an independent examination fee of £1,800 (2023 - £1,800).

7 Staff costs and employee benefits

The average monthly number of employees and full time equivalent (FTE) during the year was as follows:

	2024 Number	2024 FTE	2023 Number	2023 FTE
Charitable activities	8	8	4	4

The total staff costs and employee benefits were as follows:

	2024 £	2023 £
Wages and salaries and employer taxes	200,137	172,699
	200,137	172,699

No employees received total employee benefits (excluding employer pension costs) of more than £60,000.

The trustees did not have any expenses reimbursed during the year (2023 - £nil) and were not paid any wages or other benefits for the current or preceding year.

8 Tangible fixed assets

	Motor Vehicles £	Centre Equipment £	Total £
Cost or valuation:			
At 1 April 2023	-	30,121	30,121
Additions	11,950	17,911	29,861
At 30 April 2024	11,950	48,033	59,983
Depreciation:			
At 1 April 2023	-	14,760	14,760
Charge for the year	2,987	12,008	14,996
At 30 April 2024	2,987	26,767	29,756
Net book value:			
At 30 April 2024	8,963	21,264	30,226
At 30 April 2023	-	15,361	15,361

9 Debtors

	2024 £	2023 £
Bike 2 Work Scheme	1,090	-
Prepayments	15,368	-
	16,458	-

10 Creditors: amounts falling due within one year

	2024 £	2023 £
Trade creditors	277	-
Credit card	1,759	-
Accruals	2,593	2,329
Social security and other taxes	2,047	1,843
Pension	847	692
	7,522	4,863

11 Fund reconciliation

Unrestricted funds

	Balance at 1 April 2024	Income	Expenditure	Transfers	Gains / (losses)	Balance at 31 April 2024
	£	£	£	£	£	£
General reserve	46,686	192,910	(201,719)	(17)	-	37,860
	41,815	204,810	(199,901)	(38)	-	46,686

Restricted funds

	Balance at 1 April 2024	Income	Expenditure	Transfers	Gains / (losses)	Balance at 31 April 2024
Awards for All	900	17,840	(2,369)	-	-	16,371
Children in Need	5,569	-	(2,785)	-	-	2,784
Big Lottery - DCMS	-	44,820	(15,701)	5	-	29,124
Francis C Scott	8,500	17,000	(17,000)	-	-	8,500
Lanc District	4,000	-	(4,000)	-	-	-
LCC Young Health	24,806	-	(13,911)	-	-	10,895
LESS/ESFA	3,564	-	(3,564)	-	-	-
Morecambe Town Council	1,957	-	(978)	-	-	978
Morrisons Foundation	4,809	-	(2,404)	-	-	2,404
PHIF Food	7,800	-	(7,812)	12	-	-
PHF LDFFJP	40,842	(29,050)	(11,792)	-	-	-
Big Lottery – Reaching Communities	-	68,647	(48,343)	-	-	20,304
	102,746	119,257	(130,659)	17	-	91,361

12 Analysis of net assets between funds

	Unrestricted funds 2024 £	Designated funds 2024 £	Restricted funds 2024 £	Total 2024 £
Fixed assets	2,951	-	27,276	30,227
Cash and current investments	40,954	-	49,106	90,060
Other current assets / liabilities	(6,044)	-	14,980	8,934
Total	37,860	-	91,361	129,221

	Unrestricted funds 2023 £	Designated funds 2023 £	Restricted funds 2023 £	Total 2023 £
Fixed assets	2,127	-	13,234	15,361
Cash and current investments	48,314	-	90,619	138,933
Other current assets / liabilities	(4,863)	-	-	(4,863)
Total	45,578	-	103,853	149,431

13 Related party transactions

The Charity has no disclosable related party transactions in this or the previous year.

14 Statement of Financial Activities

Stanley's Community Centre
For the year ended 30 April 2024

	Note	Unrestricted	Restricted	Total 2024	Total Funds 2023
		£	£	£	£
Income and endowments					
Donations and legacies		3,647	-	3,647	5,191
Fundraising activities		17,314	-	17,314	18,924
Grant funding		171,833	119,257	291,091	327,306
Other Revenue		2	-	2	-
Room hire		113	-	113	-
Total Income and endowments		**192,910**	**119,257**	**312,167**	**351,421**
Expenditure on:					
Community activities		15,448	13,411	28,859	22,220
Cost of Goods Sold		752	3,174	3,925	-
Meals		49	3,631	3,679	3,023
Refreshments		258	-	258	118
Youth		10,408	231	10,639	27,243
Advertising & Marketing		201	36	237	432
Audit & Accountancy fees		472	4,968	5,440	2,497
Bank Fees		160	-	160	26
Cleaning		1,174	1,930	3,105	203
Consulting		11,020	225	11,245	10,275
Depreciation		1,692	13,303	14,996	7,530
Employers National Insurance		8,322	-	8,322	6,425
Entertainment		-	-	-	452
Equipment		47	180	227	470
General Expenses		648	82	730	978
Insurance		134	726	861	437
Interest Paid		-	-	-	2
IT Software and Consumables		235	1,426	1,661	640
Legal Expenses		40	-	40	-
Motor Vehicle Expenses		699	279	978	-
Office expenses		-	-	-	319
Pensions Costs		6,447	-	6,447	4,384
Printing & Stationery		65	145	210	440
Rent		-	12,260	12,260	12,000
Repairs & Maintenance		1,987	6,352	8,338	2,275
Salaries		128,231	57,137	185,368	161,890
Staff Training		1,330	25	1,355	3,240
Subcontractors		9,979	2,920	12,899	17,586
Subscriptions		522	161	683	298
Telephone & Internet		343	1,589	1,932	1,030
Travel - National		340	-	340	1,145
Utilities		527	5,770	6,297	15,679
Volunteer expenses		188	697	885	
Charitable Activities		**201,719**	**130,658**	**332,377**	**303,257**
Net income/(expenditure)		**- 8,809**	**- 11,401**	**- 20,210**	**48,163**
Transfers between funds		(17)	17	-	-
Net movement in funds		**- 8,826**	**- 11,384**	**- 20,210**	**48,163**
Total Funds brought forward		46,686	102,745	149,431	101,268
Total Funds carried forward		**37,860**	**91,361**	**129,221**	**149,431**

STANLEYS COMMUNITY CENTRE

England & Wales - Charity number 1183140

Accounts

Registered Charity Number 1183140

STANLEYS COMMUNITY CENTRE CIO
ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED
30 APRIL 2023

ACCOUNTS MATTERS LTD
7 – 1 -10 Cameron House
White Cross
Lancaster
Lancashire
LA1 4XF

STANLEYS COMMUNITY CENTRE

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Reference and Administrative Details

Registered Charity Number

1183140

Principal Address

79 – 83 Stanley Road
Morecambe
Lancashire
LA3 1UT

Bankers

Barclays Bank
38 Market Street
Lancaster
Lancashire
LA1 1HS

Independent Examiner

Christine Harwood
Accounts Matters Ltd
7-1-10 Cameron House
White Cross
Lancaster
LA1 4XF

Trustees

Mr O Flitcroft
Mrs J Edwards (resigned)
Mrs L Stansfield
Mr S Jeffers
Mrs Cary Mathews
Miss Harriet Phipps
Mr M Rumer
Ms C Rothwell

ANNUAL REPORT FOR THE YEAR ENDED 30 APRIL 2023 The Governing Document

The charity is a charitable incorporated organisation Foundation Model Constitution, with no less than 3 trustees whose only voting members are its charity trustees.

The CIO was established on the first of October 2018 and reached charitable status on the 26th of April 2019.

The registered charity number is 1183140.

Trustee Responsibilities and Objects

Trustees are recruited following appropriate advertising and selection process.
Each new trustee oversees an area of Stanleys work according to their experience and skills.

The charity trustees shall manage the affairs of the CIO and may for that purpose exercise all the powers of the CIO. It is the duty of each charity trustee:

a) to exercise his or her powers and to perform his or her functions in his or her capacity as a trustee of the CIO in the way he or she decides in good faith would be most likely to further the purposes of the CIO; and

b) to exercise, in the performance of those functions, such care and skill as is reasonable in the circumstances having regard in particular to:

i. any special knowledge or experience that he or she has or holds himself or herself out as having; and

ii. if he or she acts as a charity trustee of the CIO in the course of a business or profession, to any special knowledge or experience that it is reasonable to expect of a person acting in the course of that kind of business or profession.

Accounting records, accounts, annual reports and returns, register maintenance

(1) The charity trustees must comply with the requirements of the Charities Act 2011 with regard to the keeping of accounting records, to the preparation and scrutiny of statements of account, and to the preparation of annual reports and returns. The statements of account, reports and returns must be sent to the Charity Commission, regardless of the income of the CIO, within 10 months of the financial year end.

(2) The charity trustees must comply with their obligation to inform the Commission within 28 days of any change in the particulars of the CIO entered on the Central Register of Charities.

Reserves Policy

The level of free reserves (those not tied up in fixed asset and restricted funds) are maintained at a level sufficient to fulfil the Charity's continuing obligations for a minimum of 3 months. The reserves at 30th April 2023 £46,686 and in 2022 £41,815

Report of the trustees for the period ending 30th April 2023

Stanleys Community Centre trustees present their financial statements as a charitable incorporated organisation.

This report represents the 4th for Stanleys Community Centre as an incorporated charitable organisation the charity was registered with the Charity Commission on the 26th of April 2019.

The charity constitutes a public benefit entity as defined by FRS 102. The trustees confirm they have had regard to the Charity Commission guidance on public benefit. The activities undertaken for the public benefit are detailed on pages 7-21

The trustees wish to acknowledge the receipt of several grants towards the centre's running costs, salaries and the purchase of equipment from the following.

Active Lancashire
Awards For All
Bay Medical Group
Community Foundation
COOP
Francis C Scott
Garfield Weston
Grantscape
Lancashire City Council
Lancaster District CVS
Less
NHS
Poverty Truth Commission
UK Youth
Westminster Foundation

We also wish to acknowledge several private donations.

MANAGEMENT

The centre has limited paid members of staff. The day to day running of the centre is managed by Robyn Thomas. The trustees would like to thank all the staff and volunteers who have worked and supported Stanleys through this exceptionally challenging year.

The Trustees have worked to meet the objectives as outlined in their governance document. The trustees report and attached accounts comply with the current statutory requirements of Foundation Model Charitable Incorporated Organisation as outlined by the Charity Commission “accounting and reporting by charities”.

This past year has been an amazing year for Stanleys we continued to work tirelessly to help keep Stanleys operating so that people in the West End of Morecambe and its surrounding areas can benefit from access to everything we have to offer. This impact is clear in the increase of footfall to 285 per week.

Whilst it has been an amazing year in terms of growth it’s evident that the number of people reaching out to Stanleys in need of support has increased greatly, because of the cost-of-living crisis. We continue to offer help, warmth, comfort and most importantly food and drinks. We have fed our service users breakfast and light lunch for free throughout the year.

We are so proud of our team of volunteers who have given up their free time to support Stanleys. I would especially like to thank all the service users young and old who raised money for Stanleys throughout the past year including Rebecca Watson who did the Great North Run and Lukas Brown who skydived from 15,000 feet.

Due to the complexities of the issues our staff have dealt with, by December they were beginning to feel burnt out. The trustees made the unprecedented decision to shut Stanleys completely for one week, allowing staff to just rest. Although this decision was bold it was very well supported by funders and our community.

Following this week, staff bounced back pulling off a very well attended Christmas fair and providing the magic of Christmas with free visits to Santa in his grotto.

I would like to say a massive thankyou to all our wonderful staff who show dedication by the bucket full, giving up their valuable free time on top of their working hours to keep Stanleys the much-loved home from home it’s become for all service users young and old.

As our charity grows the board recognises the need for its own growth. Trustees participated in and asset based skills review and have increased the board to ensure we have, as wide a representation as possible with skills needed to take us forward in the years ahead.

Lastly, I would like to say an extra special thank you to Robyn Thomas our charity founder who continues to dedicate time and effort into developing Stanleys.

Louise Stansfield

Signed: L. Stansfield Date 20/02/2024

Chair of Trustees

MANAGERS REPORT HIGHLIGHTING OUR ACHIEVEMENTS OVER THE PAST YEAR



Over the past year Stanleys has become the Community Hub of the West End supporting everyone from birth up. This would not have been possible if it wasn't for the fantastic team of staff, volunteers and the community support we gained through the many activities we have ran.

When looking back over this year we are amazed by what we have achieved and what we have packed into the 12 months that this report reflects.

We wish to pay special thanks this year to the partners that have supported us and helped us achieve our aims.

Phil Sykes and Morecambe Bays Poverty Truth Commission who throughout the year has worked closely with our young people. Listening to them, understanding them, and then producing some great films highlighting young people's experiences of living in poverty.

Guy Christianson and the team at Lancashire Youth Challenge who we partnered with, to deliver Morecambe Bays 1st Youth Triathlon. This partnership was particularly successful and Guy and I created a short film about partnership working which has been used across county as an example of best practice.

Due to an increase in numbers attending Stanleys we have put staff through additional training to support staff dealing with complex issues.

All staff are now Mental Health First Aid and Suicide Awareness Trained.

Several staff are now Health Coaches and senior staff have completed Making Every Contact Count, and Trauma informed training.

Below is a weekly timetable typically this was changed 3 times within a year.



This timetable was overseen by our Health and Wellbeing Coach. The timetable included many different activities to engage the community whilst promoting positive mental and physical wellbeing, whilst reducing isolation and loneliness. Sessions were held on a one to one basis and a group setting.

Women's Health Programme was delivered by Clair Scrimshaw who held sessions both on a weekday morning as well as once a month each Saturday. The session was aimed at females wanting information and support around all women's health issues, with specific support around perimenopause and menopause where an increase in poor mental health was often identified.

Hypnotherapy during this year we worked with a hypnotherapist who worked on both a one to one and a group basis providing support for 23 individuals. They supported people with issues like weight loss, phobias, addiction and anxiety and trauma. Although we saw some success with this project, we were unable to support this long term due to lack of funding and the cost to ourselves of offering this service.

5 ways to Wellbeing delivered in partnership with Red Rose Recovery
These sessions helped people to goal set and to reflect on what they had achieved and how they could make changes going forward.

Tai Chi Qigong was delivered by Carol Lee, these sessions have been weekly and have been held in Stanleys and weather permitting at the beach. These sessions were attended on average by 12 people, and were supported by funding obtained through The population Health Investment Fund.
Attendees reported an increase in wellbeing and felt that they felt more grounded.





Meditation was delivered by Julie Meyfroidt Chapman in partnership with the Tara Centre, supported by Active Lancashire.
It was fantastic to be able to deliver this session in person after being online due to covid. The average attendance on a weekly basis was 17.

Craft group created a safe space for people to come together to both share and learn new crafting skills. Some of the crafts made were then sold at various fairs we held throughout the year.

“at the end of the day Stanleys is a lifeline. There’s nothing else for people in the town who are struggling. Stanleys is a proper community centre everything we need as a community is here and there are so many groups on offer you can’t count them.

Quote from service user

Hygiene Bank Support

As the Cost-of-Living Crisis started to impact our community we started a partnership with Lancaster Hygiene Bank as we had identified that these everyday essentials items were things that weren't prioritised on peoples weekly shops due to increased costs. During the year we took donations of female hygiene products, shampoo, conditioner, shower gels, anti bac gels, household cleaning products and much more.

Donations were collected as follows.

30/07	61.8kg
25/10	154.50kg
18/01.	303.00kg
05/03	94.97kg
29/03.	77.10kg

We wish to thank the Lancaster Hygiene Bank and their team of fantastic volunteers who have supported us throughout the year.

In October a group of businessmen from Lancaster rang to see if we had any DIY projects they could get involved with. This was an excellent opportunity to get the main hall painted all white which gave us a blank canvas. We are very grateful to Paul Corcoran and his team he came in and got the job done in just a day.

Food Support

Our food club has remained constantly busy, with an average 87 members attending our weekly food club and 127 families on our register.

We increased our food support offering Free Breakfast and Free Light Lunches. Stanleys became a winter Warm Hub and received £500 support from the Council with donations of Hot Chocolate and Tea and Coffee.

This service was exceptionally well used and with additional funding, we were able to continue this support.

Volunteers have worked alongside us throughout the year have helped us to collect surplus food from Fareshare, Greggs in Carnforth and KFC Morecambe.

At Christmas we were assigned surplus food on Christmas Eve from Lidl Morecambe. This was something we hadn't done previously, so turned up at 6pm on Christmas Eve with just a cool box and 1 large bag. This was a huge mistake,

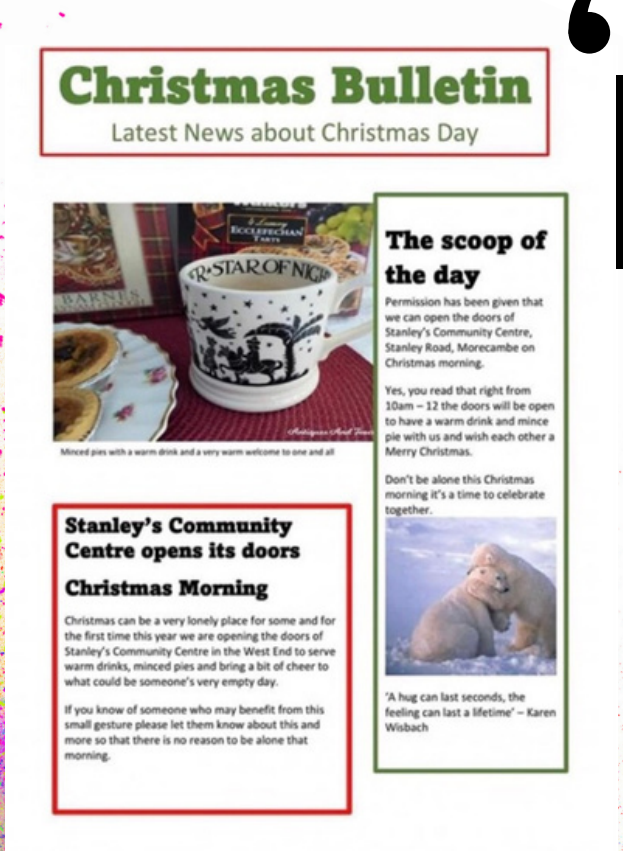
We put a call out and the community responded within 1 hour we had managed to move all the surplus food from Lidl to Stanleys.





Christmas Day

For the first time on Christmas day we opened up to support some of the most isolated members of our community. This day was completely volunteer led and saw just under 300 people who came in stopped for a chat or a coffee or simply just to take some of the surplus food.



Christmas Bulletin

Latest News about Christmas Day

Minced pies with a warm drink and a very warm welcome to one and all

The scoop of the day

Permission has been given that we can open the doors of Stanley's Community Centre, Stanley Road, Morecambe on Christmas morning.

Yes, you read that right from 10am – 12 the doors will be open to have a warm drink and mince pie with us and wish each other a Merry Christmas.

Don't be alone this Christmas morning it's a time to celebrate together.

'A hug can last seconds, the feeling can last a lifetime' – Karen Wisbach

Stanley's Community Centre opens its doors

Christmas Morning

Christmas can be a very lonely place for some and for the first time this year we are opening the doors of Stanley's Community Centre in the West End to serve warm drinks, minced pies and bring a bit of cheer to what could be someone's very empty day.

If you know of someone who may benefit from this small gesture please let them know about this and more so that there is no reason to be alone that morning.

"Stanleys Community Centre the major hub of Morecambe's West End, run for the community, By the Community. Through the deep connections Stanleys have with their community members, we are able to hear and understand what our local residents are saying in ways that would never be possible without them. They keep us grounded and focused on the real needs of the real people"-Lancaster District Food Justice Partnership.

Community Events

At key times within the year we held open community events such as Quizzes, Bingo, Fairs etc. We realised that many families might have to forgo treats like visits to Santa etc so we decided to create a Christmas Grotto within Stanleys. We then held special SEN closed sessions in which families with young people could visit Santa in a calm quiet environment. These sessions were pre booked and gave up to 15 minutes with Santa, no queuing and most importantly no expectation to pay, as it was donations only so was accessible to all. Following the SEN visit Santa attended our Christmas Fair and in total saw 167 children who each took away a selection box from their visit.





Youth Social Prescribing

In April 2022 in Partnership with Bay Medical and More Music we employed a Youth Social Prescriber this was a full-time post-split equally with ourselves and More Music we were able to employ someone on a 18.5 hour contract. Lukas Brown our Activity Coach took on this role and has worked alongside Maxine from More Music to deliver Social Prescribed activities to young people between the age of 11 and 19.

<u>The following has been taken from the 2022-2023 Report written in partnership with More Music</u>

In 2022 Bay Medical Group, through the PCN sought a new way to provide mental health support to children and young people at a time when CAMHS and other services were overwhelmed. Rather than appoint within BMG it was decided the new roles of young person's social prescribers were best placed within two West End based organisations already working closely with large numbers of young people. The service was developed to tackle the wider determinants of poor mental health and to reduce the number of young people referred to secondary care by supporting them within primary care. The legacy of the pandemic has created profound challenges for young people over the past year – with education, work, relationships, and social time all affected.

We also know about the wider societal issues, which pile pressure on teens e.g. to make it to college as the way to a better job in the future, and the social trends which might undermine their security as they transition from child to adult. Combined with significant changes in how young people live and socialise currently – such as a huge increase in the use of social media – it is perhaps unsurprising that we've seen trends of increasing levels of depression, self -harm, anxiety, eating disorders and other mental health issues.

The Young Person's Social Prescribing service was established in May 2022 and is delivered in a partnership between Stanleys Community Centre and More Music. The Young Persons Social Prescribers can accept referrals for people aged from 11 years to 19 years, who are registered with Bay Medical Group.

Social prescribing seeks to address people's needs in a holistic way. It also aims to support individuals to take greater control of their own health. Social prescribing can help support people to: make lifestyle changes, connect with groups and activities in the community and includes supportive personalised conversations to help improve health and wellbeing. The referrals generally, but not exclusively, come from professionals working in primary care settings, for example, GPs or practice nurses.

Facilitating access to meaningful activities can support young people's physical and mental heath and wellbeing, and engaging in a group or activity can help to develop young people's confidence in a range of ways, helping them to meet other young people, sparking motivation through a new interest, being more active, feeling more connected, less isolated.

Outcomes from this year:

There has been a significant difference in the number of referrals made by doctors to each organisation. Maxine has taken a higher percentage of GP referrals compared to Lukas whose percentage of external referrals has been greater. The most frequent and most significant reasons for referrals across the board are anxiety, anger, self-harming and low mood. Almost every young person we have met has some kind of school related issue, resulting in poor attendance, in many cases leading to an escalation of problems. And, although school hasn't always been the principal reason for referral, it has frequently been a significant contributing factor. We discovered that in trying to signpost children and young people to meaningful activity that there are in fact very limited options; with few thriving clubs or out of school activity available for physically or mentally challenged young people. Affordable opportunities for young people to meet informally outside school are seriously limited. Organisations, such as Prop Up Project struggle to cater for the increase in numbers of young people who need support. Initially established as a bespoke service, the increased demand is challenging the charity to stay true to its original aims. It quickly became apparent how the young person social prescribing role differs to that of the Adult Social Prescribers and how the action required seems to be more complicated and resolution longer to achieve. Very few young people we meet are ready to engage with any kind of intervention or participate in an activity immediately following initial referral, and it can take weeks to build trust before getting to grips with the issues they face. Inevitably, some cases are more complex than others and the system of support is unbalanced, i.e. there is no middle ground for support, options are either low level intervention for anxiety, anger, low mood, such as TAPP for example, or high-level involvement from CAMHS. Where young people meet criteria for identified services there are long waiting lists. We have identified that many young people referred are becoming lost in the system with limited or no support. However, young people referred to social prescribers can access an initial appointment with Maxine or Lukas within 2 weeks, which is significantly different to waiting times for other services, which can be months or even years long. In response to this work and as a result of our findings, Stanleys has set up a CAT session (Combat Anxiety together), which is a peer led support group providing a safe space specifically for people struggling with anxiety. In total throughout the year the social prescribers worked with 82 young people.

During this year we also introduced several sessions aimed at the youngest members of our community from birth up this has included Baby Massage, Mini NRG Movers for 2-4 year olds and Music Movement and Me for 2 years and under this was delivered by NRG Dance. Special thanks To Miss Elly for all her hard work, energy and support.

Youth Work:

The youth team hit the ground running at the beginning of the year. On the 4thof May, several of the young people we work with, spoke to a room of a 100 people at the Opening event of the Morecambe Bay Poverty Truth Commission 3rd round. They spoke openly and bravely about their experiences of living in poverty in Morecambe.





This successful event was just the start of our work with the Poverty Truth Commission who we have worked with closely to produce both films and events. The young people invited the commissioners to Stanleys for an event in which they cooked a meal from Jack Monroe's Tin Can Cookbook and then talked about the meals they had whilst at school and the issues of food poverty in our area.
https://youtu.be/4Jyz_Cvz8bw?si=v7xyNjpCrgC1G2Qf

They also looked at the different types of poverty
https://youtu.be/2KVorRhJpqg?si=C5thZjkl1YJ7gB1K

Then they researched the pay for various jobs and decided to rank the jobs in order of what they felt was more fair for each role to be paid.

https://youtu.be/htJsdBmp_6I?si=El1462WBbakU14kV

Send It football sadly finished this year due to lack of funding, we did however run another football project in partnership with Lancaster boys and girls club and...

Our largest youth project by far this year was the Morecambe Bay Triathlon in partnership with Lancaster Youth Challenge and Bay Leadership Academy. Where 30 young people walked, cycled and swan to success. The young people and staff trained for several months from April to July in the gym, pool, and on the bikes. This project was a response from us and LYC, to the fact that post covid young people had no aspirations. The project was supported by Go Velo who trained the young people in road biking and provided the insurance cover for this project. There were many outcomes from this project including one of our staff members teaching a young person to swim. On the very first day of this challenge, we were uncertain whether this was going to be possible.

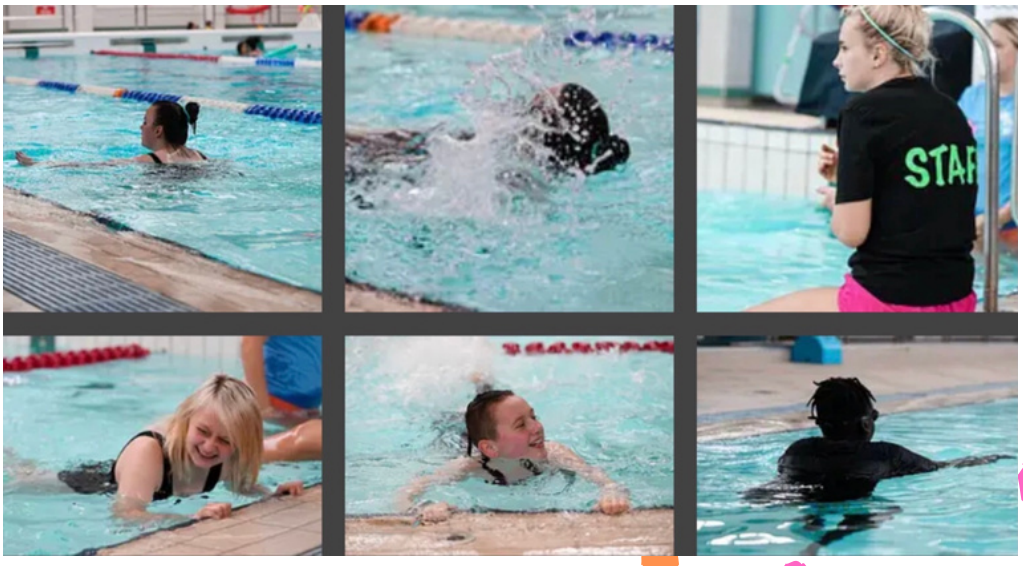


On the 9th of July the challenge started with a 70 mile bike ride from Walney Island to Morecambe. They then completed a virtual swim of Morecambe Bay by swimming 8 miles in relay in Salt Ayre Leisure Centre. The triathlon concluded on the 6th of August with a walk across Morecambe Bay to raise money for Cancer Care.

https://youtu.be/_kRcghS8xMc?si=x9AzQJEUhrrur0QT







We held a celebration at the end of September at Stanleys to recognise the huge achievements of all involved in this project.

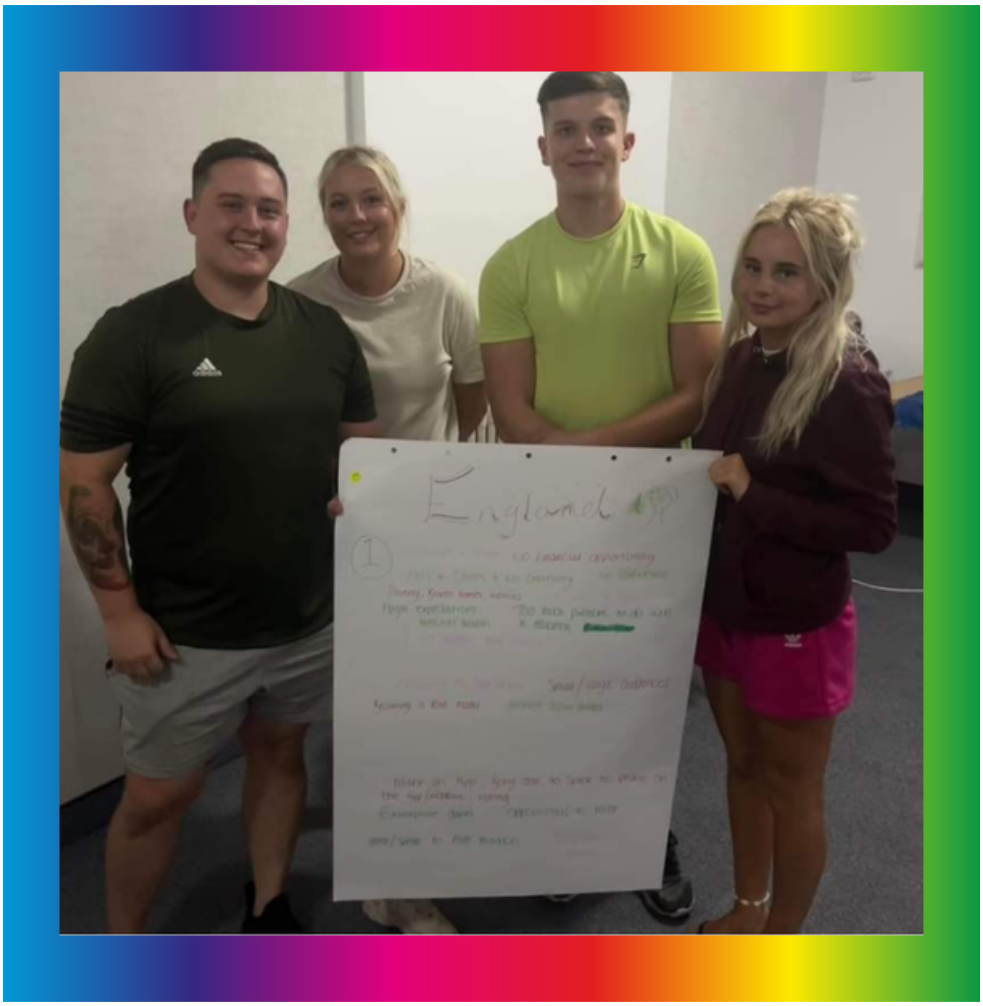


Training and other opportunities.

Throughout the year Stanleys has supported young people from various schools and Lancaster and Morecambe College, by offering work placements. The young people were able to gain experience as part of our community volunteer team. They helped run our daily community time tabled sessions and did various jobs such as monitoring and admin, setting up for sessions and helping with our weekly food club.

In September 4 of our youth team who had been studying at Lancaster and Morecambe College were invited to take part in 5 day training project in Bucharest Romania. The project was called Social Innovation for Europe and was part funded by the European Commission overseen by the British Council. The projects aim was looking at approaches in youth work and social innovation with intercultural activities with young participants from Turkey, Romania , Slovakia, Italy and Spain.

This was one of the last opportunities for youth workers to be involved in a project like this due to Brexit. Our 4 workers were the only people from the UK.



“We refer some of our most complex and vulnerable young people to Stanleys, and know that they will be treated with the utmost care and respect. There is a real gap in services regarding young people who are struggling with their mental health, especially those with poor attendance or who are not in school at all so are unable to access other provisions.” - Sally Senior | Senior Family Support Worker | Children & Family Wellbeing Service”

Whilst completing some of our larger projects we still managed to deliver our full youth programme which included drop in sessions in which young people could come in have some food, gain support with homework and be together with their peers just having fun.

Our Focus group covered many topics including, County Lines, Drug and Alcohol services, Mental Health support, Sexual Health, The Morecambe Bay Curriculum and Poverty issues. These sessions were delivered to a maximum of 18 young people at one time.

Our Holiday activity Food programme saw us work with 174 young people across Summer, Christmasand Easter. We were able to offer activities based in our local area including, local parks and visits to thecinema, bowling and other venues. We delivered arts and crafts, dance, music, games and sports activities. The funding for this project allowed us to take young people further afield to venues such as Blackpool Pleasure Beach. We also ran challenge days in which we ran Ready Steady Cook style competitions, these proved very popular. We offered 30 different days activities and supported families with children by giving them free access to our food club which gave the at least £20 worth of food for the 6 weeks the HAF programme ran.

Thriving Minds Funding from UK Youth allowed us to offer One to one support for young people suffering from poor mental health. We listened to young people who have been questioning why adults get to make decisions about young people without them. In partnership with Lancaster City Council, they held conversations about topics that are important to them. This included, Environment, Mental Health, War in Ukraine, The Education System and Food Poverty. Following the initial conversation, we have gone on to have further conversations led by young people. The young people’s mental health and wellbeing has improved significantly, and we have seen all attendance grow as young people signpost their peers to our support. In January 2023, our Director and Youth Manager went to Warwick as part of UK Youths Conference. This was an excellent opportunity to network and to share and discuss the issues within youth work. We were also able to highlight the brilliant work our youth team have delivered this year.

Many thanks go to Francis Scott Trust, UK Youth, Lancaster City Council, The Westminster Foundation and Lancaster District CVS who have supported our youth work this year.

Stanley's Community Centre

Independent Examiner's Report to the Trustees of Stanley's Community Centre Year Ended 30 April 2023

I report to the charity trustees on my examination of the accounts of the charity for the year ended 30 April 2023 which are set out on pages 20-33

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: Received 22.02.24

Christine Harwood ACMA
Chartered Institute of Management Accountants
Accounts Matters Ltd 7-1-10 Cameron House White Cross
South Road
Lancaster LA1 4XF

Statement of Financial Activities

Stanley's Community Centre

For the year ended 30 April 2023

	Note	Unrestricted	Restricted	Total 2023	As Restated Total Funds 2022
		£	£	£	£
Income and endowments					
Donations and legacies	2	5,191	-	5,191	15,190
Fundraising activities		18,924	-	18,924	14,646
Grant funding		180,695	146,611	327,306	219,502
Other Revenue		-	-	-	150
Room hire		-	-	-	1,050
Total Income and endowments		**204,810**	**146,611**	**351,421**	**250,538**
Expenditure on:					
Charitable Activities	**3**	**199,901**	**103,356**	**303,257**	**227,499**
Net income/(expenditure)		**4,908**	**43,255**	**48,163**	**23,039**
Transfers between funds		(38)	38	-	-
Net movement in funds		**4,870**	**43,293**	**48,163**	**23,039**
Total Funds brought forward		41,815	59,452	101,268	78,229
Total Funds carried forward		**46,686**	**102,745**	**149,431**	**101,268**

Balance Sheet

Stanley's Community Centre
As at 30 April 2023

	Note	Unrestricted Funds	Restricted Funds	Total 2023	As Restated Total 2022
		£	£	£	£
Fixed Assets					
Tangible Assets					
Centre Equipment	8	2,127	13,234	15,361	21,691
Total Centre Equipment		**2,127**	**13,234**	**15,361**	**21,691**
Total Fixed Assets		**2,127**	**13,234**	**15,361**	**21,691**
Current Assets					
Cash at bank and in hand					
Current account		48,314	90,619	138,933	83,621
Total Cash at bank and in hand		**48,314**	**90,619**	**138,933**	**83,621**
Total Current Assets		**48,314**	**90,619**	**138,933**	**83,621**
Creditors: amounts falling due within one year					
Total Creditors: amounts falling due within	9	**4,863**	-	**4,863**	**4,045**
Net Current Assets (Liabilities)		**45,578**	**103,853**	**149,431**	**101,268**
Total Assets less Current Liabilities		**45,578**	**103,853**	**149,431**	**101,268**
Net Assets		**45,578**	**103,853**	**149,431**	**101,268**
Capital and Reserves	10				
Current Year Earnings		4,870	43,293	48,163	23,039
Retained Earnings		41,815	59,452	101,268	78,229
Total Funds	11	**46,686**	**102,745**	**149,431**	**101,268**

The financial statements were approved and authorised for issue by the Board on L. Stansfield.

Signed on behalf of the board of trustees

Louise Stansfield

20/2/24

13 Statement of Financial Activities

Stanley's Community Centre
For the year ended 30 April 2023

	Note	Unrestricted	Restricted	Total 2023	As Restated Total Funds 2022
		£	£	£	£
Income and endowments					
Donations and legacies		5,191	-	5,191	15,190
Fundraising activities		18,924	-	18,924	14,646
Grant funding		180,695	146,611	327,306	219,502
Other Revenue		-	-	-	150
Room hire		-	-	-	1,050
Total Income and endowments		**204,810**	**146,611**	**351,421**	**250,538**
Expenditure on:					
Community activities		15,180	7,040	22,220	67,495
Meals and entertainment		1,545	1,478	3,023	217
Refreshments		108	11	118	246
Youth		26,125	1,118	27,243	27,600
Advertising & Marketing		252	180	432	72
Audit & Accountancy fees		2,497	-	2,497	1,800
Bank Fees		26	-	26	-
Cleaning		181	22	203	-
Consulting		10,275	-	10,275	-
Depreciation		1,063	6,467	7,530	7,230
Employers National Insurance		6,425	-	6,425	-
Entertainment		452	-	452	-
Equipment		235	235	470	3,928
General Expenses		830	148	978	552
Insurance		311	126	437	252
Interest Paid		2	-	2	-
IT Software and Consumables		240	400	640	725
Office expenses		199	120	319	430
Pensions Costs		4,384	-	4,384	-
Printing & Stationery		313	127	440	345
Rent		7,000	5,000	12,000	12,000
Repairs & Maintenance		1,353	922	2,275	5,783
Salaries		102,902	58,989	161,890	86,803
Staff Training		3,000	240	3,240	24
Subcontractors		2,500	15,086	17,586	-
Subscriptions		298	-	298	-
Telephone & Internet		801	229	1,030	866
Travel - National		586	559	1,145	-
Utilities		10,818	4,860	15,679	11,132
Charitable Activities		**199,901**	**103,356**	**303,257**	**227,499**
Net income/(expenditure)		**4,908**	**43,255**	**48,163**	**23,039**
Transfers between funds		(38)	38	0	-
Net movement in funds		**4,870**	**43,293**	**48,164**	**23,039**
Total Funds brought forward		41,815	59,452	101,268	78,229
Total Funds carried forward		**46,686**	**102,745**	**149,431**	**101,268**

1 Summary of significant accounting policies

(a) General information and basis of preparation

Stanley's Community Centre is a charitable incorporated organisation in registered England. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities is the operation of a community centre.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Accounting Practice.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The charity has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':
• the requirements of Section 7 Statement of Cash Flows.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

(b) Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

(c) Income recognition

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

Donated facilities and donated professional services are recognised in income at their fair value when their economic benefit is probable, it can be measured reliably and the charity has control over the item. Fair value is determined on the basis of the value of the gift to the charity. For example, the amount the charity would be willing to pay in the open market for such facilities and services. A corresponding amount is recognised in expenditure.

No amount is included in the financial statements for volunteer time in line with the SORP. Further detail is given in the Trustees' Annual Report.

Income from trading activities includes income earned from fundraising events and trading activities to raise funds for the charity. Income is received in exchange for supplying goods and services in order to raise funds and is recognised when entitlement has occurred.

Income from government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred

Investment income is interest only.

(d) Expenditure recognition

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as an expense against the activity for which expenditure arose.

Grants payable to third parties are within the charitable objectives. Where unconditional grants are offered, this is accrued as soon as the recipient is notified of the grant, as this gives rise to a reasonable expectation that the recipient will receive the grants. Where grants are conditional relating to performance then the grant is only accrued when any unfulfilled conditions are outside of the control of the charity.

(f) Tangible fixed assets

Tangible fixed assets are stated at cost (or deemed cost) or valuation less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

(g) Debtors and creditors receivable / payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

(h) Loans and borrowings

Loans and borrowings are initially recognised at the transaction price including transaction costs. Subsequently, they are measured at amortised cost using the effective interest rate method, less impairment. If an arrangement constitutes a finance transaction it is measured at present value.

(i) Leases

Assets acquired under finance leases are capitalised and depreciated over the shorter of the lease term and the expected useful life of the asset. Obligations under such agreements are included in creditors. The difference between the capitalised cost and the total obligation under the lease represents the finance charges. Finance charges are written-off to the SOFA over the period of the lease so as to produce a constant periodic rate of charge.

(j) Employee benefits

When employees have rendered service to the charity, short-term employee benefits to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity operates a defined contribution plan for the benefit of its employees. Contributions are expensed as they become payable.

(k) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

Stanley's Community Centre

Notes to the Financial Statements

Year Ended 30 April 2023

1.1 Reconciliation with Previous Generally Accepted Accounting Practice

Reconciliation of funds per previous GAAP (Receipts and Payments Accounts) to funds determined under FRS 102:

	01/05/2021	30/04/2022
	£	£
Unrestricted fund balances as previously stated	48,091	42,023
Adjustments:		
Creditors	(3,691)	(4,045)
Assets		3,190
Transfer to income		647
Fund balance as restated	**44,400**	**41,815**

	01/05/2021	30/04/2022
	£	£
Restricted fund balances as previously stated	25,663	40,951
Adjustments:		
Assets		18,501
Fund balance as restated	**25,663**	**59,452**

Reconciliation of net income/(net expenditure) per previous GAAP to net income/(net expenditure) under FRS 102

	End of period 30/04/2022
	£
Net income/(expenditure) as previously stated	9,220
Adjustments:	
Creditors	(353)
Deprecation	(7,503)
Reallocate assets	21,676
Previous period net income/(expenditure) as restated	**23,039**

2 Income from donations

	2023 £	2022 £
Donations from individuals	5,191	15,910
	5,191	15,910

Income from donations was all attributable to unrestricted funds.

3 Analysis of expenditure on charitable activities

See detailed SOFA on page 30.

4 Governance costs

	2023 £	2022 £
Independent examiners remuneration (including expenses and benefits in kind)	1,800	1,800
	1,800	1,800

5 Net income / (expenditure) for the year

Net income / (expenditure) is stated after charging / (crediting):

	2023 £	2022 £
Depreciation of tangible fixed assets	7,530	7,230

6 Independent examiners remuneration

The independent examiners remuneration amounts to an independent examination fee of £1,800 (2022 - £1,800).

7 Staff costs and employee benefits

The average monthly number of employees and full time equivalent (FTE) during the year was as follows:

	2023 Number	2023 FTE	2022 Number	2022 FTE
Charitable activities	4	4	5	3

The total staff costs and employee benefits were as follows:

	2023 £	2022 £
Wages and salaries and employer taxes	168,315	86,803
	168,315	86,803

No employees received total employee benefits (excluding employer pension costs) of more than £60,000.

The trustees did not have any expenses reimbursed during the year (2022 - £nil) and were not paid any wages or other benefits for the current or preceding year.

8 Tangible fixed assets

	Centre Equipment £	Total £
Cost or valuation:		
At 1 April 2022	28,921	28,921
Additions	1,200	1,200
At 30 April 2023	30,121	30,121
Depreciation:		
At 1 April 2022	7,230	7,230
Charge for the year	7,530	7,530
At 30 April 2023	14,760	14,760
Net book value:		
At 30 April 2023	15,361	15,361
At 30 April 2022	21,691	15,361

9 Creditors: amounts falling due within one year

	2023 £	2022 £
Accruals	2,329	2,076
Social security and other taxes	1,843	1,501
Pension	692	468
	4,863	4,045

Stanley's Community Centre

Notes to the Financial Statements

Year Ended 30 April 2023

10 Fund reconciliation

Unrestricted funds

	Balance at 1 April 2022	Income	Expenditure	Transfers	Gains / (losses)	Balance at 31 April 2023
	£	£	£	£	£	£
General reserve	41,815	204,810	(199,901)	(38)	-	46,686
	41,815	204,810	(199,901)	(38)	-	46,686

Restricted funds

Winter Wellness	101	-	-	(101)	-	-
Community Foundation	79	-	-	(79)	-	-
Active Lancashire	3,567	3,118	(5,578)	(1,107)	-	-
Awards for All	7,457	-	(7,882)	1,325		900
Children in Need	8,354	-	(2,785)	-	-	5,569
County Council		2,990	(2,990)	-	-	-
Francis C Scott	7,324	17,000	(15,824)	-	-	8,500
Grantscape, Walney	-	24,572	(24,572)	-	-	-
Lanc District	-	4,000	-	-	-	4,000
LCC Young Health	-	24,806	-	-	-	24,806
LESS/ESFA	-	4,775	(1,211)	-	-	3,564
Morecambe Town Council	2,935	-	(978)	-	-	1,957
Morrisons Foundation	7,213	-	(2,404)	-	-	4,809
NHS	-	15,000	(15,000)	-	-	-
PHIF Food	-	7,800	-	-	-	7,800
PHF LDFFJP	22,424	42,550	(24,132)	-	-	40,842
	59,454	146,611	(103,356)	38		102,745

11 Analysis of net assets between funds

	Unrestricted funds 2023 £	Designated funds 2023 £	Restricted funds 2023 £	Total 2023 £
Fixed assets	2,127	-	13,234	15,361
Cash and current investments	48,314	-	90,619	138,933
Other current assets / liabilities	(4,863)			(4,863)
Total	45,578	-	103,853	149,431

	Unrestricted funds 2022 £	Designated funds 2022 £	Restricted funds 2022 £	Total 2022 £
Fixed assets	3,190	-	18,501	21,691
Cash and current investments	42,670	-	40,951	83,621
Other current assets / liabilities	(4,045)	-	-	(4,045)
Total	41,815	-	59,452	101,268

12 Related party transactions

The Charity has no disclosable related party transactions in this or the previous year.

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STANLEYS COMMUNITY CENTRE

England & Wales - Charity number 1183140

Accounts

Registered Charity Number 1183140

STANLEYS COMMUNITY CENTRE CIO

ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED

30 APRIL 2022

ACCOUNTS MATTERS LTD
7 – 1 -10 Cameron House
White Cross
Lancaster
Lancashire
LA1 4XF

STANLEYS COMMUNITY CENTRE

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FOR THE YEAR ENDED 30 APRIL 2022

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20 Independent Examiner's Report

21 Receipts and Payments Accounts

22 Statement of Assets and Liabilities

STANLEYS COMMUNITY CENTRE

ANNUAL REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 30 APRIL 2022

Reference and Administrative Details

Registered Charity Number	1183140
Principal Address	79 – 83 Stanley Road Morecambe Lancashire LA3 1UT
Bankers	Barclays Bank 38 Market Street Lancaster Lancashire LA1 1HS
Independent Examiner	Christine Harwood Accounts Matters Ltd 7-1-10 Cameron House White Cross Lancaster LA1 4XF
Trustees	Mr O Flitcroft Mrs J Edwards Mrs J Pinington Wright (resigned) Mrs L Stansfield Mr M Brown (resigned)

ANNUAL REPORT FOR THE YEAR ENDED 30 APRIL 2022

The Governing Document

The charity is a charitable incorporated organisation Foundation Model Constitution, with no less than 3 trustees whose only voting members are its charity trustees.

The CIO was established on the first of October 2018 and reached charitable status on the 26th of April 2019.

The registered charity number is 1183140.

Trustee Responsibilities and Objects

The charity trustees shall manage the affairs of the CIO and may for that purpose exercise all the powers of the CIO. It is the duty of each charity trustee:

a) to exercise his or her powers and to perform his or her functions in his or her capacity as a trustee of the CIO in the way he or she decides in good faith would be most likely to further the purposes of the CIO; and

b) to exercise, in the performance of those functions, such care and skill as is reasonable in the circumstances having regard in particular to:

i. any special knowledge or experience that he or she has or holds himself or herself out as having; and
ii. if he or she acts as a charity trustee of the CIO in the course of a business or profession, to any special knowledge or experience that it is reasonable to expect of a person acting in the course of that kind of business or profession.

Accounting records, accounts, annual reports and returns, register maintenance

(1) The charity trustees must comply with the requirements of the Charities Act 2011 with regard to the keeping of accounting records, to the preparation and scrutiny of statements of account, and to the preparation of annual reports and returns. The statements of account, reports and returns must be sent to the Charity Commission, regardless of the income of the CIO, within 10 months of the financial year end.

(2) The charity trustees must comply with their obligation to inform the Commission within 28 days of any change in the particulars of the CIO entered on the Central Register of Charities.

Reserves Policy

The level of free reserves (those not tied up in fixed asset and restricted funds) are maintained at a level sufficient to fulfil the Charity's continuing obligations for a minimum of 3 months. The reserves at 30th April 2022 - £42,023 (30th April 2021 - £48,091).

Report of the trustees for the period ending 30th April 2022

Stanleys Community Centre trustees present their financial statements as a charitable incorporated organisation.

This report represents the 3rd for Stanleys Community Centre as an incorporated charitable organisation the charity was registered with the Charity Commission on the 26th of April 2019.

The charity constitutes a public benefit entity as defined by FRS 102. The trustees confirm they have had regard to the Charity Commission guidance on public benefit. The activities undertaken for the public benefit are detailed on pages 6-19.

The trustees wish to acknowledge the receipt of several grants towards the centre's running costs, salaries and the purchase of equipment from the following.

Active Lancashire

Arnold Clark

Awards For All

Bay Medical Group

BBC Children in Need

Cancer care

Child Action North West

Community Foundation

COOP

Egg Cup

Francis C Scott

Great Places

Lancashire City Council

Less/ESFA/LCC

Mitchell & Mitchell

Morrisons Foundation

Walney Extension Fund

We also wish to acknowledge several private donations.

MANAGEMENT

The centre has limited paid members of staff. The day to day running of the centre is managed by Robyn Thomas. The trustees would like to thank all the staff and volunteers who have worked and supported Stanleys through this exceptionally challenging year.

The Trustees have worked to meet the objectives as outlined in their governance document. The trustees report and attached accounts comply with the current statutory requirements of Foundation Model Charitable Incorporated Organisation as outlined by the Charity Commission "accounting and reporting by charities''.

It has been an extraordinary year as we have come out of the Covid pandemic which has had a huge impact on the way we live, work, and go about our day-to-day business. No one could have predicted the impact and devastation the pandemic caused in our community, however Stanleys came through this once in a generation occurrence stronger and more connected to our community. Finally, we were able to see people again face to face.

Our reach has grown with many new, but also some very familiar faces accessing the centre and the various projects we run. Including, but not limited to, our youth program, community groups and sessions, and our health and wellbeing program. We did this by offering a wide range of support avenues such as food club, safe spaces for groups to meet, exercise classes, as well as our mindfulness and 121 support.

Moving forward, we have some exciting plans for Stanleys and the projects we are going to deliver. Central to all we do will always be to meet our community's needs and respond to the priorities identified in our community consultations.

Whilst we have some exciting plans going forward, our focus is to build on the relationships we have with our many partners who support us by providing services which enhance our offering to our community. We wish to pay particular thanks to The Tara Centre, Bay Medical Group's Social Prescribing Team.

I would like to record our thanks to our many funders and partners, as without their support, we wouldn't be able to continue to provide the services we do. I also want to pay tribute to Robyn, staff and volunteers who quite frankly are amazing and always go above and beyond. Their dedication and commitment is simply outstanding.

I would like to thank my fellow trustees, for their commitment and hard work, in ensuring that together with our brilliant staff and volunteer team, Stanleys goes from strength to strength.

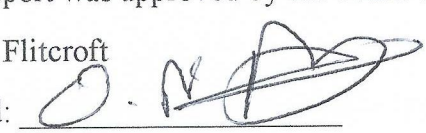
Finally and most importantly I would like to thank **you**, the local community and the hundreds of people who access our services and support. You are the people that make Stanleys what it is, a vibrant, welcoming space to come together and to develop and share your experiences and ideas.

Ollie Flitcroft

Chair Stanleys Community Centre

This report was approved by the board of trustees on and signed on its behalf by.

Oliver Flitcroft

Signed:  Date: 24/2/2023.

Chair of Trustees

MANAGERS REPORT HIGHLIGHTING

OUR ACHIEVEMENTS OVER THE PAST YEAR



We have managed to make our way out of Covid stronger than ever.

We were concerned that people might not want to come back together in a shared space. We were delighted that when we opened our doors, we were greeted by new community members who had accessed us through various means during lockdown. Very quickly we realised we need to create an additional space in our centre in which people could just be together.

We were very fortunate to receive funding from Morrisons Foundation and with the support of Karen (Morrisons local Community champion). We were able to totally transform a previously unused space. Sadly, Karen passed away very suddenly, we would like to remember Karen who was very passionate about our centre and the work we do. We have also re floored and re painted throughout, making everywhere brighter and more easily cleanable to remain Covid compliant.

Staff, volunteers and partners supported us to adapt our services and timetable to be more accessible with sessions being delivered both face to face and online.

We opened our doors each Monday to Lancaster City Councils lateral flow testing scheme. This free service was open to anyone in the community to come in and get tested. Our own staff and volunteers also took part which gave us some reassurance when working with some of our most vulnerable community members. We also gave out home testing kits each week at our weekly food club.

Food club

Our food club has reduced from 150 families per week to 90 families, unfortunately we were unable to carry on with the option of home delivery as this was not sustainable. (This method did help us at the time to gain new members and make sure people knew who we are and the support we give). We adapted the way we ran the club instead of people sitting and waiting, we created a one-way system in the main hall in which people were able to choose their own food then exit the main hall through the back door.

Funding had allowed us to create screens providing some protection for staff and volunteers and service users which have been used in food club and in all one-to-one sessions.

Job Searches and IT Support

Through Covid we found people were not required to job search or interact with DWP in the same way. In Jan 2022 we found big shift in this and what the DWP was now expecting from its claimants, because of this we went back to offering support with benefits and universal credit claimants. This saw a rise in attendance to these sessions. We also had a significant increase in the number of people wanting tech support, as people have found new ways of communicating with loved ones and accessing things like online doctors consultations.

Coming out of the Covid pandemic the way we use technology has completely changed, the internet is relied on much more heavily now in day to day than ever before. This is not only a problem for those that struggle with IT/TECH but for those at home who don't have any access to the internet.

This was our initial timetable from May 2021 (this only reflects our open youth sessions but does not reflect closed focus groups)



HEALTH AND WELLBEING OVERVIEW

The demand for our health and wellbeing support grew to the point it was not always appropriate to offer one to one session's.

We adapted and created groups that individuals could attend with like-minded peers, whilst gaining the support they needed.

Our Health and Wellbeing coach has been able to deliver several courses in how to Manage long-term health conditions and a new course in which people are prepared to go into hospital for a procedure.

We have worked with Bay Medicals Social Prescriber Erik Worsley who has built up a relationship with some of our service users, by delivering a drop in which runs at the same time as our weekly food group. Erik works by engaging with patients and getting them to a point they can access support services.

Walk In The Park

This session was started to help promote an increase in physical activity. People were asked to attend and to do as little or as much as they felt possible. This session started with a couple of people and grew rapidly with people just wanting to become less isolated and afraid of being back with people again. The average attendance for this session grew to 27 people a week, this led us to needing to put in additional staff to this group. This group is run through funding from Bay Medical Group we have met several new service users whilst walking and talking and new friendships have been built within the group.

We would like to thank **Regent Park Cafe** who have been very hospitable with our group who now regularly stop behind for a coffee and a catch up.

The following photo was taken on one of our sunniest walks. We have also held Mindfulness and Meditation sessions within the wonderful space.



The Tara Centre have continued to support us by delivering weekly Meditation relaxation sessions. The attendee numbers have continued to grow throughout the year. We are very grateful for this partnership as this session attracts a different cohort many of which now stay in the building for a brew and chat and more.

Craft Group meet every week, the aim of this group is to teach new skills and bring people together to share their knowledge, with others with an aim to run regular craft fairs.

At the beginning of the year Louise one of our trustees ran a weekly crochet lesson which was available both in person and online.

Chair Based Exercise has proved popular with all ages. Run by Lukas who offered a lifeline to many people through lockdown with his varied sessions for all ages and abilities, for those who were unable to exercise outside. Each week he ran a different musical theme and even managed to persuade several people to dress up in fancy dress and exercise.



SEND IT FOOTBALL

In September we started a new Partnership with Lancaster and Morecambe College on a new project called SEND IT Football. This session ran every Monday evening between 4pm and 5pm at Lancaster Morecambe College Sport Hall. This Session is suitable for anyone over the age of 16 suitable for any physical or mental disabilities, anxiety, social or mental health issues or for anyone lacking in confidence to join a mainstream football team.



YOUTH WORK

We maintained contact with young people throughout Covid and they couldn't wait to meet up with us again.

We have found ourselves busy than ever working with over 200 individuals across the year. We were very grateful to have received funding from Francis C Scott towards the cost of our 2 existing staff members but realised we would need to increase our team quickly as there was a sudden increase in attendance across all sessions.

Young people faced many complex issues with an increase in poor mental health being reported these issues included the following;

Peer Pressure
Pecking Order
Social Isolation
Family Isolation
Bubble Isolation

Domestic Abuse
Drug And Alcohol Issues
County Line's
Gender and Sexual Identity
Inappropriate Sexual Behaviour
Suicide Idolisation
Self-Harm
Poverty
Lack of Physical Exercise available to young people
Bullying at School
Attachment Issues
Weapons.

Due to these issues being so complex we made a decision to continue working solely with young people aged 12-17 years old.

Young people had lost their way and forgotten what we do.
We spent lots of time connecting with young people by doing some outreach in parks and other places young people hung out. By being visible it caused enough curiosity, and we soon attracted a crowd. We spoke to them about their concerns and worked with them to alleviate some of the pressures they were under.



DIFFICULT CONVERSATIONS

We received funding to hold a series of 5 important conversations these were 5 main topics identified by young people.

- Anxiety and Depression
- Living with a diagnosis ADHD, Autism
- Self-harm, suicide ideation
- Healthy Relationships, boundaries, and online safety
- Healthy Eating, Healthy Living

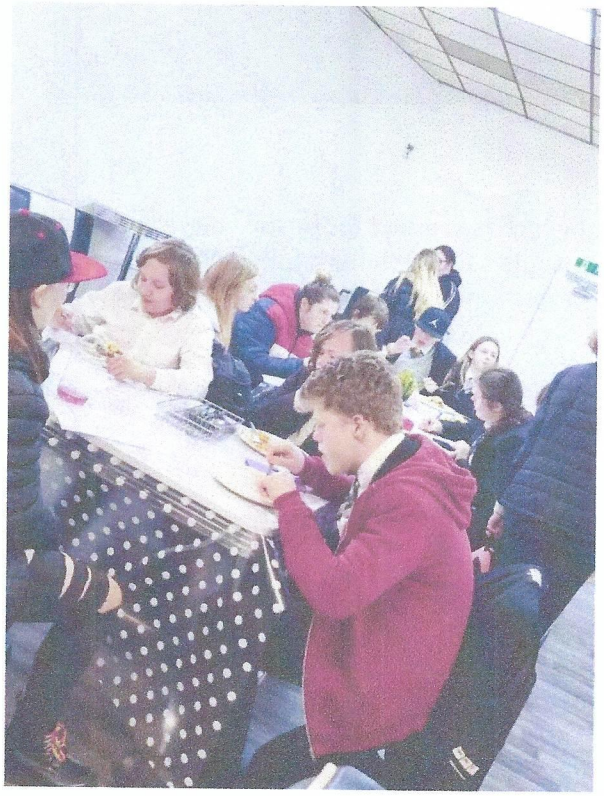
These sessions were very well attended and young people have said they wish to have further conversations in the future and as a group we have identified other topics and issues we would like to concentrate on.

HOMEWORK SUPPORT

Young people were thrown back into school with no transition period. Many found this very hard, we found that young people during the lockdowns all received different levels of support at home with learning. Some being left to their own devices and falling very behind. Once back school they were expected to produce large amounts of written work so teachers could give them predicted grades and as the work piled up so did the pressure.
This contributed towards increased anxiety levels in several young people, and for this reason we set up a homework club supported by one of our sessional workers who is a teacher in a local school.
This was unexpectedly popular, and we were able to work with several young people who were not in any form of education and had not been for up to 2 years.

SOCIAL ACTION

Young people said that "no one listens or understands them". They questioned why people got to make decisions about them without them being part of that process?
So we set out to getting them in a room with decision makers. This led them to holding conversations with people from the NHS, The Council and got them talking to The Morecambe Bay Poverty Truth Commission, where they shared their experiences of living in poverty.
We could not be prouder of the way they have got involved. It also made us acutely aware of the fact we needed to feed young people each day before they joined in any of our sessions.
We now do this and will continue to do this in every session.



HOLIDAY ACTIVITY FOOD PROGRAMME SUMMER

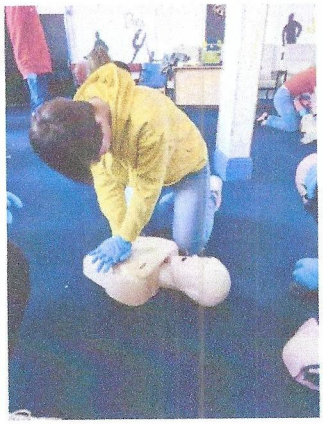
This was a government funded programme which we ran for 4 weeks.
Through the 6 weeks Summer Holiday.
We were funded to offer out 50 places to young people who were in receipt of free school meals and young people deemed vulnerable. The West End of Morecambe in which Stanleys is based is one of the 10% most deprived areas in the UK (IMD 2021).

We ran Art and Craft Projects both inside and out each young person created a Tye Dye T-shirt which they all wore out on trips out to other venues.
We got involved in other local Art Projects in which each young person received a pack to take home





We also taught important life skills like first Aid which was asked for by the young people themselves. This training was delivered by one of the young people's dads who is a fully qualified First Aid trainer. Young people could not receive a certification for this as the minimum age is 16. All young people involved thought that this was an important skill to have.



We visited other local venues including More Music where young people took part in a music or dance session. We went to Blackpool Pleasure Beach and Stanley Park where young people tackled the High Rope Low Rope Challenge and the leap of Faith. We also ate out at Mr Basrais all you can eat Chinese buffet and locally we went to a local diner.



MORE MUSIC



AFTERS DINER

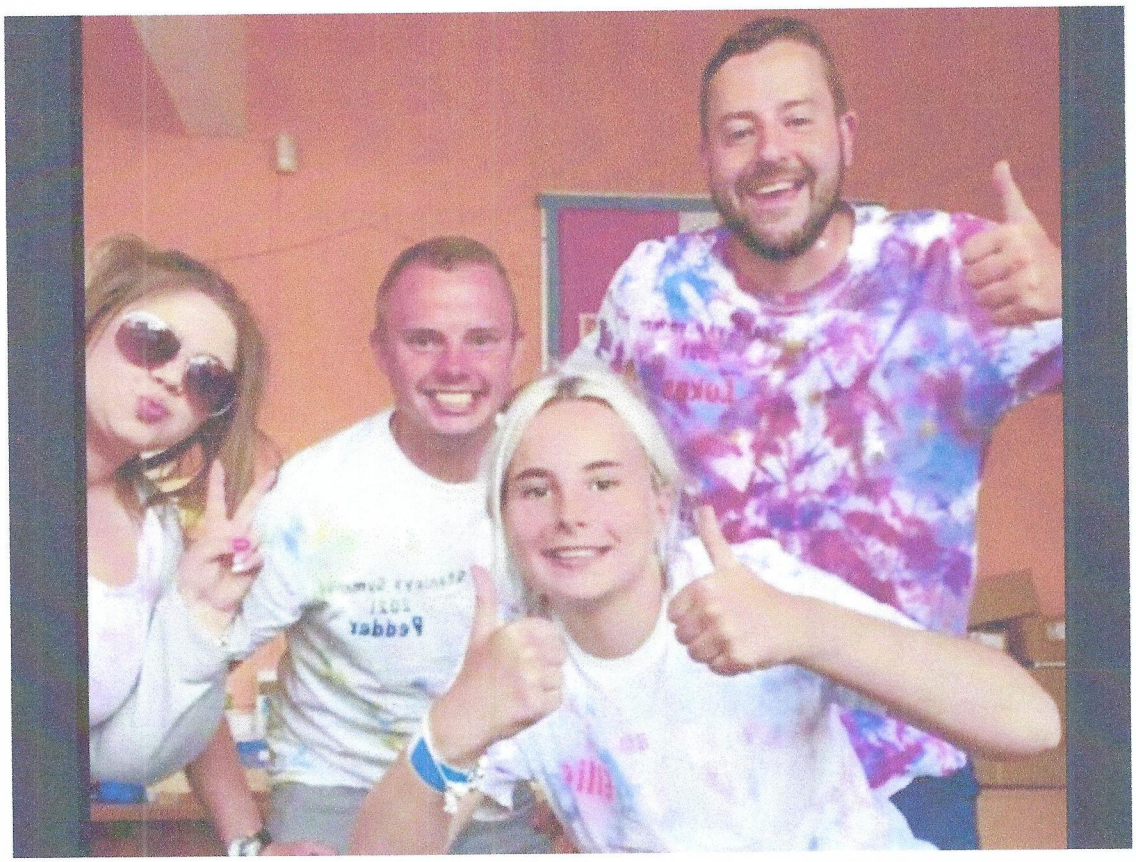


SANDCASTLES BLACKPOOL

Blackpool Pleasure Beach Final Trip of Summer 2021



Our Youth Team worked incredibly hard and all the young people had an absolute ball. This is the final picture



Following the success of Our Summer Scheme we were given additional funding to deliver a Christmas Scheme. This ran from the 20th to the 24th of December.
With a further outbreak of Covid the staff made the decision to go ahead with the scheme with precautions put in place. Each day the young people were required to take a lateral flow test and show proof before they could attend.

When designing the timetable, we had to take into consideration the fact that because of the time of year we would not be able to utilise outside spaces like we had in the Summer Scheme.
We were told by the Council that this needed to be a Christmas to remember, and the budget given for this project for one week allowed us to go to places that young people or their families would not have the opportunity to attend.
We visited I'm a Celebrity Challenge in Salford and ate at Nando's
We went for a carvery meal and then to The Winter Gardens Theatre in Blackpool to watch Hairspray. We went Bowling and had a buffet then to Jump Rush and then to the Cinema. We also went back to Sandcastles and Mr Basrais.

On top of all this staff put an amazing Christmas Eve party in which all 50 young people received a Christmas sack which was filled with,
Pyjamas,
Fluffy Socks
Hot Chocolate
Named Mug
Colouring and distraction Toys
Selection Box
Gifts etc
Staff also had a local takeaway bring in food and they all watched a Christmas Movie before going home.





At the very end of the year in April 2022 we received funding from the NHS to employ someone in a Youth Social prescriber role. This is a brand new role and there are only 2 within the Morecambe footprint We also received funding from City Council to run the Holiday Activity Food Programme for Easter Summer and Christmas 2022.

STANLEYS COMMUNITY CENTRE

FOR THE YEAR ENDED 30 APRIL 2022

INDEPENDENT EXAMINERS' REPORT TO THE TRUSTEES OF STANLEYS COMMUNITY CENTRE

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30 April 2022 set out on page 21 to 22.

Responsibilities and basis of report

As the charities trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5) (b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Christine Harwood ACMA
Accounts Matters Ltd
7-1-10 Cameron House
White Cross
Lancaster
LA1 4XF

27 February 2023

Stanleys Community Centre

Charity No: 1183140

Receipts and payments accounts

For the period from 01/05/2021 To 30/04/2022

Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
Receipts					
Donations, legacies & grants	108,890	125,802	-	234,692	149,952
Fundraising activities	13,568	-	-	13,568	17,884
Room hire	1,050	-	-	1,050	-
Bank compensation	150	-	-	150	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	123,658	125,802	-	249,460	167,836
Asset and investment sales					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	123,658	125,802	-	249,460	167,836
Payments					
Community activities	60,469	35,089	-	95,558	31,048
Consumables	-	-	-	-	561
Small equipment	2,086	1,841	-	3,927	3,924
Utilities	8,331	2,525	-	10,856	8,085
Accountancy fees	1,680	-		1,680	1,536
Insurance	252	-	-	252	181
Office expenses	1,410	90	-	1,500	1,254
Marketing	72	-		72	36
Rent	11,000	1,000	-	12,000	12,000
Repairs & maintenance	57	5,726	-	5,783	2,137
Telephone & internet	674	192	-	866	1,396
Training	24	-	-	24	214
Wages	41,537	44,877	-	86,414	65,848
Sundries	552	-	-	552	150
Sub total	128,144	91,340	-	219,484	128,370
Asset and investment purchases					
Computers & equipment	-	20,756	-	20,756	-
Furniture, fixtures & fittings					-
	-	-	-	-	-
Sub total	-	20,756	-	20,756	-
Total payments	128,144	112,096	-	240,240	128,370
Net of receipts/(payments)	- 4,486	13,706	-	9,220	39,466
Transfers between funds	- 1,582	1,582	-	-	-
Cash funds last year end	48,091	25,663	-	73,764	34,288
Cash funds this year end	42,023	40,961	-	82,974	73,754

Statement of assets and liabilities at the end of the period

Cash funds

	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
Barclays bank	42,023	40,951	-
Cash in hand	-	-	-
	-	-	-
Total cash funds	42,023	40,951	-

Other monetary assets

	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-

Investment assets

	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

Assets retained for the charity's own use

	Fund to which asset belongs	Cost (optional)	Current value (optional)
Computers and equipment b/f	Unrestricted	2,076	-
Computers and equipment b/f	Restricted	3,913	-
Furniture, fixtures and fittings b/f	Unrestricted	2,177	-
Kitchen/cafe upgrades	Restricted - Morrisons	9,617	-
Exercise equipment	Restricted - CIN	3,414	-
Computer equipment	Restricted - CIN	7,725	-
		-	-

Liabilities

	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	

Signed by Oliver Flitcroft on behalf of all the trustees	Signature	Print Name	Date of approval
	O. N.	OLIVER N FLITCROFT	23.2.2023

Notes to the accounts

1. The accounts have been prepared on a Receipts and Payments basis as permitted by section 133 of the Charities Act 2011. as permitted as the income is not over £250,000 and the Charity Commission guideline CC16 for receipts and payments accounting has

2. The principal accounting policies are:-

Income is recognised upon receipt of cash or cash equivalents to which the charity has full entitlements
Expenditure, inclusive of irrecoverable VAT is recognised upon payment of an invoice or claim for which the charity has an obligation to settle.

STANLEYS COMMUNITY CENTRE

England & Wales - Charity number 1183140

Accounts

Registered Charity Number 1183140

STANLEYS COMMUNITY CENTRE CIO

ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED

30 APRIL 2021

ACCOUNTS MATTERS LTD
7 – 1 -10 Cameron House
White Cross
Lancaster
Lancashire
LA1 4XF

STANLEYS COMMUNITY CENTRE

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FOR THE YEAR ENDED 30 APRIL 2021

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STANLEYS COMMUNITY CENTRE

ANNUAL REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 30 APRIL 2021

Reference and Administrative Details

Registered Charity Number	1183140
Principal Address	79 – 83 Stanley Road Morecambe Lancashire LA3 1UT
Bankers	Barclays Bank 38 Market Street Lancaster Lancashire LA1 1HS
Independent Examiner	Christine Harwood Accounts Matters Ltd 7-1-10 Cameron House White Cross Lancaster LA1 4XF
Trustees	Mr A Lewis (resigned 30th September 2021) Mrs P Williamson (resigned 25th February 2021) Mrs L Stansfield Mr O Flitcroft (appointed 16th June 2021) Mrs J Edwards (appointed 16th June 2021) Mrs J Pinington Wright (appointed 26th January 2021) Mr M Brown (appointed 1st October 2021)

ANNUAL REPORT FOR THE YEAR ENDED 30 APRIL 2021

The Governing Document

The charity is a charitable incorporated organisation Foundation Model Constitution, with no less than 3 trustees whose only voting members are its charity trustees.

The CIO was established on the first of October 2018 and reached charitable status on the 26th of April 2019.

The registered charity number is 1183140.

Trustee Responsibilities and Objects

The charity trustees shall manage the affairs of the CIO and may for that purpose exercise all the powers of the CIO. It is the duty of each charity trustee:

a) to exercise his or her powers and to perform his or her functions in his or her capacity as a trustee of the CIO in the way he or she decides in good faith would be most likely to further the purposes of the CIO; and

b) to exercise, in the performance of those functions, such care and skill as is reasonable in the circumstances having regard in particular to:

i. any special knowledge or experience that he or she has or holds himself or herself out as having; and
ii. if he or she acts as a charity trustee of the CIO in the course of a business or profession, to any special knowledge or experience that it is reasonable to expect of a person acting in the course of that kind of business or profession.

Accounting records, accounts, annual reports and returns, register maintenance

(1) The charity trustees must comply with the requirements of the Charities Act 2011 with regard to the keeping of accounting records, to the preparation and scrutiny of statements of account, and to the preparation of annual reports and returns. The statements of account, reports and returns must be sent to the Charity Commission, regardless of the income of the CIO, within 10 months of the financial year end.

(2) The charity trustees must comply with their obligation to inform the Commission within 28 days of any change in the particulars of the CIO entered on the Central Register of Charities.

Reserves Policy

The level of free reserves (those not tied up in fixed asset and restricted funds) are maintained at a level sufficient to fulfil the Charity's continuing obligations for a minimum of 3 months. The reserves at 30th April 2021 - £48,091 (30th April 2020 - £22,949).

Report of the trustees for the period ending 30th April 2021

Stanleys Community Centre trustees present their financial statements as a charitable incorporated organisation.

This report represents the 2nd for Stanleys Community Centre as an incorporated charitable organisation the charity was registered with the Charity Commission on the 26th of April 2019.

The charity constitutes a public benefit entity as defined by FRS 102. The trustees confirm they have had regard to the Charity Commission guidance on public benefit. The activities undertaken for the public benefit are detailed on pages 6-13.

The trustees wish to acknowledge the receipt of a number of grants towards the centres running costs, salaries and the purchase of equipment from the following.

Active Lancashire

Bay ICC

Community Foundation

Francis C Scott

Lancashire County Council

Lancaster District Emergency Fund

Lancaster District Poverty Truth Commission

Lottery Covid 19 Emergency Fund

Morecambe Bay CCG

Morecambe Town Council

National Big Lottery

NHS Population Health

Vera Wolston Croft

Walney Extension Fund

We also wish to acknowledge a number of private donations.

MANAGEMENT

The centre has limited paid members of staff. The day to day running of the centre is managed by Robyn Thomas. The trustees would like to thank all the staff and volunteers who have worked and supported Stanleys through this exceptionally challenging year.

VOLUNTEERS

We wish to pay specific recognition and thanks to four young people Callum Leamy, Micky Balshaw, Olivia Thomas and Ellie Thomas who, prior to the National lockdown made the decision to create a bubble and isolate together in order to ensure our food distribution wasn't interrupted. The outcome being, not only where we able to continue supporting 90 families but we increased to 150 families per week. Without this contribution we may not have been able to continue at all.

We also recruited several additional volunteers who delivered the food to 150 families with a reach of 547 individuals. Our thanks go to those, who volunteered whilst on furlough from their main employment.

The Trustees have worked to meet their objectives as outlined in their governance document. The trustees report and the attached accounts comply with current statutory requirements of Foundation Model Charitable Incorporated Organisation as outlined by The Charity Commission "accounting and reporting by charities".

This report was approved by the board of trustees on and signed on its behalf by.

Louise Stansfield

L. Stansfield 24/02/22

Trustee

OUR ACHIEVEMENTS OVER THE PAST YEAR



Covid started this financial year with lockdowns and uncertainty.

We worked with several organisations and used our connections with local networks to deliver a Morecambe wide approach of support.

This meant we have supported anyone in need across Morecambe and Heysham whilst ensuring the needs of our community in the West End of Morecambe were our priority.

We worked closely with Lancaster District Poverty Food Alliance and in particular Egg Cup, we were successful in obtaining funding to buy and then distribute waste food. Much of the food available was due to the hospitality industry being shut down so quickly.

We also received kind donations from Howdens who gifted us cupboard units, work surface and some kitchen appliances. This enabled us to cook and then re distribute some of the food which included chicken from Nandos.

TKMAXX donated all the perishable foods from their Lancaster branch which was redistributed to our food club members and our competition winners.

The food club was ran by the 4 young people who isolated together, they sorted counted and packed the food into Carrier bags donated weekly by our local Tesco. The club ran each Tuesday and Thursday on a Tuesday 180 bags of food were packed and delivered, on a Thursday, there were a 120 bags packed.

This food was delivered to 150 households reaching 547 individuals. Food was delivered by volunteers in 13 areas covering West End, Heysham, Bare, Westgate and Central Morecambe.

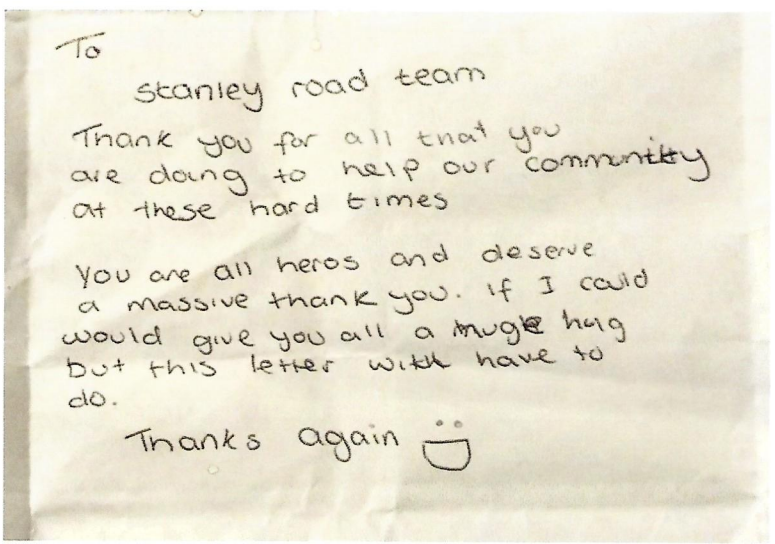
Those delivering were welcomed by people isolating in their homes. They looked forward to the deliveries coming. Through these connections we did consultations and gathered feedback from the recipients.

We were able to provide additional support to several people in their homes. This included urgent home repairs, health care, and mental health support.

The volunteers that made the deliveries fed back that people were becoming less mobile. Many of our most vulnerable service users were literally home bound. We decided to start Chair based Exercise classes online.

We helped increase community spirit and neighbours started to look out for each other.

We received several hand written notes of appreciation from our food club members.



To

stanley road team

Thank you for all that you are doing to help our community at these hard times

You are all heros and deserve a massive thank you. If I could would give you all a mugle hug but this letter with have to do.

Thanks again

This service was maintained up to the 18th of January 2021 at which time in partnership with Egg Cup we moved some of our food club members over to a shop style membership. This enabled us to support an even larger proportion of our community whilst reducing food waste.

As a Food Poverty Alliance core group member we have been able to go for joint funding, which has given us more buying power enabling us to re distribute large quantities of food through community hubs.

We continued all meetings online, including VCFSE Leadership Forum This forum allowed us to provide peer support for each other a number of small organisations weren't able to continue delivery of services throughout covid.

Bay ICC (Intergrated Care Community) which runs monthly and helps map organisations providing support throughout Morecambe. These meetings are open to statutory and non-statutory organisations and are led by Bay Medicals Dr Foster and their ICC lead.

CYPMAF (Children Young People Multi Agency Forum) quarterly meetings which provide a great space for information sharing led by CVS. Funding was provided to CYPMAF members to deliver a programme of events through 4 weeks of the summer holidays for young people from the age of 12-17 years.

We also worked closely with CAMHS, LDCVS, Cancer Care, Active Lancashire, Tara Centre, CSI.

Lockdown was a really difficult time but it gave us the opportunity to reflect on the projects we had been delivering and we used this time to reset our future development. We found 3 key areas in need of our focus.

MENTAL HEALTH AND WELLBEING SUPPORT

We knew early on that the loss of connection with others caused by the lockdowns would take its toll (this had been fed back through our surveys that were given in our food parcels). We made regular welfare calls to the people we felt were most vulnerable and sent out regular communication to everyone signposting them to our additional levels of support.

In partnership with Bay Medicals social prescriber Erik we set up a Walk and Talk in the Park. This ran on a weekly basis and gave anyone the opportunity to safely meet up and chat, the importance of human connection became very clear, as this group grew week on week.

We also discovered there was a decrease in the mobility for many our service users. This is because many of our service users were unable to go to the groups that they usually attended. We responded to this need by providing access to Chair based exercise, initially online and then face to face. The attendance of these sessions increased so we introduced a second session. On Mondays we worked on tone and strength and on Fridays the sessions were designed for fun and cardio improvement.

In partnership with the Tara Centre we moved our weekly meditation and sound bath sessions online. These were delivered free of charge and benefited a wide range of attendees.

We also ran laughter therapy with Janette and our youth team.

Natasha Butler ran a weekly exercise and fun session for families with young children. Young children would have usually been going to groups and gaining skills through play and interaction with others. All this stopped and we had a number of mums contacting us for additional support with their mental health. They felt anxious and alone and trapped.

The extra support we offered was on a one to one session with Janette Edwards a qualified Health Wellbeing and Life Coach if she felt additional support was needed she signposted to other external agencies.

Special thanks to the other contributors of our online programme which included the Tara Centre who ran our meditation slot and Natasha who ran a family fun session.



For further information on how to access any zoom group, please email, message, or call. For Community Support Call- 07775874413 For Youth Support Call- 07824667163 stanleyscommunitycentre@gmail.com

For Wellbeing Support Call-07753194002 Please also follow Tara Centre

YOUTH WORK

Our youth team has worked harder than ever to engage young people in a variety of ways. We have delivered one to one support and group sessions which enabled young people to come together online and face to face (when we were able). Each young person was eager for us to get back to some normality as they were Zoom and Teams Exhausted.

The level of support our young people received during lockdown from schools varied greatly and we saw an increased number of young people burdened with the stress and anxiety of their other family members. They worried about the schooling they had missed and any issues in the households were exacerbated by lockdown. We provided one to one schooling support to a couple of young people whose parents were illiterate.

We also realised we had to provide entertainment for young people and their families.

We set up family quiz nights in which families registered their team names and joined in live on Facebook the more of these we did the more we realised there was a real need for this sort of interaction. These quizzes became a focus, something to look forward to and something that got people sat in the same room.

As the series of quizzes went on, our ability to deliver them in a more interactive way grew. The attendees of these quizzes ranged from 2 to 6 players in a team and from 3 up to 85 years of age. We never ceased to be amazed by the level of commitment and interaction by the teams. One family who had moved to the area two weeks prior to lockdown said that they would not have spoken to any one or built the friendships they had if it wasn't for us.

Below is an examples of the reach we had with our Facebook posts.



Below is feedback given from one of the teams

> Wow, without a shadow of a doubt tonight's quiz "Who wants to be a millionaire" was the most entertaining of the series. Full family involvement with phone a friend options built in made it feel like the real thing. The effort by the Stanley's team and specifically the hosts Lukas and Olivia make Wednesday night's a look forward to event. This season is coming to an end but it feels like the next instalment will be even bigger, the quality of the quizzes demonstrate that. Post lockdown is bringing the prospect of getting together in a live venue setting and meeting the current zoom teams will be interesting. I've said enough, just join the quiz club and have a go, you have nothing to lose and lots to gain.

With very little time to plan and with limited funding and many restrictions still in place we were able to put on a 4 week programme over the summer holidays for young people. We became creative with our use of outdoor spaces, meeting in parks and on the beach. Providing art and craft and sport activities.

We also made use of the Eat Out to Help Out Scheme and took 25 young people out to Eat in venues they had never had the opportunity to attend.





From September to December we met with young people in Stanleys and started to deliver 1:1 Support for young people. There were several significant themes around anxiety and young people worried about catching Covid and then passing it on to other family members.

Just before Christmas we managed to take 25 young people to go to bowling and the cinema as a Christmas treat. We knew young people were bored with online meetings so we did focus sessions in which all attendees received a Pizza and a drink delivered by a local Take Away restaurant. Many thanks goes to Pizza Time who took our orders and made sure our young people were fed.

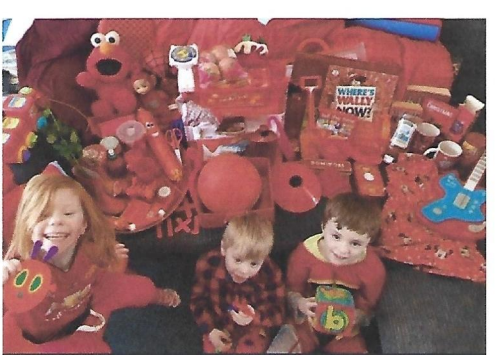
COMMUNITY ENGAGEMENT

At Easter alongside all the quizzes we also started a series of Family Challenges. We were blown away by the level of involvement.



Quote From family

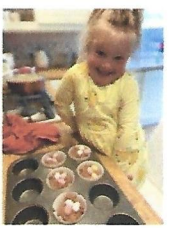
"The Easter Art pack was so carefully put together it gave loads of different arts and crafts and was really good for young people with sensory issue"



Each family that entered this particular challenge was given a colour and they were asked to send us a photo including anything they had in that colour.







Going forward will continue to support and provide access for everyone to improve their mental health and wellbeing whilst creating opportunities for personal and community growth.

Our commitment and hard work has helped elevate our standing in our community and amongst our peers. We hope to build on this in the years ahead.

STANLEYS COMMUNITY CENTRE

FOR THE YEAR ENDED 30 APRIL 2021

INDEPENDENT EXAMINERS' REPORT TO THE TRUSTEES OF STANLEYS COMMUNITY CENTRE

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30 April 2021 set out on page 15 to 16.

Responsibilities and basis of report

As the charities trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5) (b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Christine Harwood ACMA
Accounts Matters Ltd
7-1-10 Cameron House
White Cross
Lancaster
LA1 4XF

25 February 2022

Stanleys Community Centre

Charity No: 1183140

Receipts and payments accounts

For the period from 01/05/2020 To 30/04/2021

Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
Receipts					
Donatinons, legacies & grants	57,086	92,866	-	149,952	77,599
Fundraising activities	17,884	-	-	17,884	32,672
Furlough grant received	-	-	-	-	2,139
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	74,970	92,866	-	167,836	112,410
Asset and investment sales					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	74,970	92,866	-	167,836	112,410
Payments					
Community activities	17,176	13,872	-	31,048	17,092
Consumables	530	31	-	561	487
Small equipment	204	3,720	-	3,924	1,771
Heat & light	8,085	-	-	8,085	8,808
Accountancy fees	1,536	-		1,536	-
Insurance	181	-	-	181	332
Office expenses	896	358	-	1,254	947
Marketing	36	-		36	-
Rent	11,000	1,000	-	12,000	18,000
Repairs & maintenance	2,137	-	-	2,137	1,953
Telephone & internet	556	840	-	1,396	746
Training	214	-	-	214	700
Wages	7,043	58,805	-	65,848	20,703
Sundries	150	-	-	150	-
Sub total	49,744	78,626	-	128,370	71,539
Asset and investment purchases					
Computers & equipment	-	-	-	-	5,989
Furniture, fixtures & fittings					2,177
	-	-	-	-	
Sub total	-	-	-	-	8,166
Total payments	49,744	78,626	-	128,370	79,705
Net of receipts/(payments)	25,226	14,240	-	39,466	32,705
Transfers between funds	- 84	84	-	-	-
Cash funds last year end	22,949	11,339	-	34,288	1,152
Cash funds this year end	48,091	25,663	-	73,754	33,857

Statement of assets and liabilities at the end of the period

Cash funds

	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
Barclays bank	47,942	25,663	-
Cash in hand	149	-	-
	-	-	-
Total cash funds	48,091	25,663	-

Other monetary assets

	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-

Investment assets

	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

Assets retained for the charity's own use

	Fund to which asset belongs	Cost (optional)	Current value (optional)
Computers and equipment	Unrestricted	2,076	-
Computers and equipment	Restricted	3,913	-
Furniture, fixtures and fittings	Unrestricted	2,177	-
		-	-
		-	-

Liabilities

	Fund to which liability relates	Amount due (optional)	When due (optional)
Business expenses to be reimbursed	Unrestricted	431	
		-	
		-	
		-	

Signed by Louise Stansfield on behalf of all the trustees

Signature	Print Name	Date of approval
L. Stansfield	Louise Stansfield	24/02/22

Notes to the accounts

1. The accounts have been prepared on a Receipts and Payments basis as permitted by section 133 of the Charities Act 2011. as permitted as the income is not over £250,000 and the Charity Commission guideline CC16 for receipts and payments accounting has

2. The principal accounting policies are:-

Income is recognised upon receipt of cash or cash equivalents to which the charity has full entitlements
Expenditure, inclusive of irrecoverable VAT is recognised upon payment of an invoice or claim for which the charity has an obligation to