

Wellspring

England & Wales - Charity number 1183111

Details

Other names	THE MIKVEH PROJECT UK
Status	Registered
Legal form	CIO
Registered	2019-04-25
Register	View on the Charity Commission register

Contact

Address	13 Woodberry Way London N12 0HE
Phone	07966145360
Email	rabbimiriam@wellspringuk.org
Website	www.wellspringuk.org

Activities

Objects: TO ADVANCE THE JEWISH RELIGION BY PROVIDING AND MAINTAINING A MIKVEH (RITUAL BATH) AND ASSOCIATED SERVICES. TO ADVANCE THE JEWISH FAITH IN ACCORDANCE WITH THE STATEMENT OF BELIEF APPEARING IN THE SCHEDULE AND TO FULFIL SUCH OTHER PURPOSES WHICH ARE EXCLUSIVELY CHARITABLE ACCORDING TO THE LAW OF ENGLAND AND WALES AND ARE CONNECTED WITH THE CHARITABLE WORK OF THE CHARITY

Activities: To provide and maintain a mivkeh (ritual bath) and associated services.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** Religious Activities
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin

Geography

- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£31,008	£12,133	-	-
2024-03-31	£2,673	£60	-	-
2023-03-31	£13,672	£8,273	-	-
2022-03-31	£11,111	£9,280	-	-
2021-03-31	£1,887	£11,215	-	-

Trustees

Name	Role	Appointed
Susan Ruth Philip	Chair	2026-01-06
Abigail Bleys		2026-01-06
Cheryl Jeanette BRODIE		2024-02-07
Joseph Gamse		2022-07-19
Joseph Moshe Hyman		2026-01-06
Juliet Simmons		2021-03-03
Rebecca Louise Verlander		2024-02-07
Rev Patrick John Moriarty		2026-01-06
Susan Pearlman		2020-11-10

Wellspring

England & Wales - Charity number 1183111

Accounts

Wellspring

Charity accounts

For the year ending 31st March 2025

Charity Number: 1183111

Wellspring (Charity number: 1183111)

For the year ended 31 March 2025

Reference and administrative information

On 3rd March 2021 the request to change the name of the charity from the Mikveh Project UK to Wellspring was approved by the Charity Commission.

Charity number 1183111 (Charitable Incorporated Organisation)
Country of registration England & Wales

Registered office 13 Woodberry Way,
London, N12 OHE

Trustees

Trustees who served during the year and up to the date of this report were as follows:

Rabbi Miriam Berger Resigned April 2025
Ms Sue Pearlman (Interim Chair)
Mr Joseph Gamse
Rabbi Rose Prevezer
Ms Juliet Simmons
Ms Rebecca Verlander
Ms Cheryl Brodie

Consultant N/A

Bankers CAF Bank
25 Kings Hill Ave, Kings Hill, West Malling ME19 4JQ

The charity has not yet appointed solicitors and is not required to have financial review or audit.

Wellspring (Charity number: 1183111)

For the year ended 31 March 2025

Notes to the Financial Statements

The trustees present their report and the audited financial statements for the year ended 31 March 2025.

Objectives and activities

Our aim is to create a physical space where the wellbeing of all people, across Jewish communities, is prioritised and the powerful ritual of mikveh can be used by all people to mark meaningful moments in their lives.

Wellspring will provide an innovative, purpose-built centre which addresses our mental, physical and spiritual health in one space. It will incorporate therapy rooms and communal spaces built around two mikveh pools - natural waters associated with renewal, transition and healing.

It will be a welcoming, inclusive and non-judgmental Jewish space for people of all genders, from all faiths and people of non-religious beliefs. It will offer a preventative and therapeutic approach to good mental health, promoting resilience building and incorporating Jewish rituals such as immersion into active wellbeing and recovery.

The objectives are:

- To advance the Jewish religion by providing and maintaining a mikveh (ritual bath) and associated services.
- To advance the Jewish faith in accordance with the Statement of Belief appearing in the Schedule and to fulfil such other purposes which are exclusively charitable according to the law of England and Wales and are connected with the charitable work of the charity

It has been a year of 2 halves. Rabbi Miriam Berger, our Founder Director, started concentrating her focus on Wellspring from September 2024, having stepped away from her community pulpit. Therefore, the first half of the year up until September 2024 was very quiet and since then we have moved forward in a substantial way. She began by concentrating on creating a business plan and budget to ensure the charity, when fully built and operational, will be a viable entity. She then created a programming action plan for work that could be done before we have a physical centre to build up an understanding of who we are and start to offer some of our basic programming. She also spent time finding donors who she would later approach to be our seed-funders. That along with speaking with other charities who will become partners in the care wellspring will ultimately provide. All of that made it 6 months of seeing Wellspring start to evolve from an idea into a reality. The trustees have given a great deal of time to support the charity as we evolve into this next chapter and are supporting Rabbi Miriam to search for the perfect site to turn our charity into a thriving centre of wellbeing in the future.

Structure, governance and management

The charity is a Charitable Incorporated Organisation (CIO) governed by a Constitution (registered on 25th April 2019 as the Mikveh Project UK). On 3rd March 2021 the name of the charity was changed to Wellspring.

Apart from the founding trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Wellspring (Charity number: 1183111)

For the year ended 31 March 2025

Notes to the Financial Statements

The charity does not yet have paid staff. Wellspring is governed by a Board of Trustees, with a minimum membership of three. At the end of March 2025 there were 7 trustees. All trustees give their time voluntarily and receive no benefits from the charity. No trustees reclaimed expenses from the charity.

Any person who is willing to act as a trustee, and who would not be disqualified from acting as one, may be appointed to be a trustee by a decision of the Board of Trustees.

In the year to 31st March 2024, the Board met four times. In addition, trustees provided significant ongoing support to the organisation throughout the year.

Public benefit

The trustees confirm that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the public benefit guidance, published by the Commission, in determining the activities undertaken by the charity. The trustees are satisfied that the aims and objectives of the charity, and the activities reported on above to achieve the aims, meet these principles.

Fundraising

Wellspring's fundraising was led by the trustees.

We have ensured we are in line with the GDPR data protection regulations and all other relevant codes of conduct. We do not pressure supporters to make gifts and respect decisions to stop giving. We received no complaints about our fundraising practices.

Risk Management

Key risks in this development stage include securing income and maintaining adequate cashflow. To progress the project into the next stage funds will need to be secured in order to employ professional staff and consultants.

Financial review

In this development stage, Wellspring's reserves policy states that it will aim to ensure that it has between three- and six-months' worth of working capital to cover its operational expenses. This policy will be reviewed annually.

Wellspring started the year with a balance of £12,125. In the period to 31st March 2025, Wellspring received a further £29,412 in donations (all unrestricted), £1,555 in programme-related revenue from workshops, and £41 in interest. Total spending amounted to £12,133, including £9,947 spent on engaging a consultancy, Changing Times Ltd, to produce budgets and projections to inform fundraising. Wellspring had an end of year balance of £31,000.

Breakdown of expenditure is shown in on page 5.

Wellspring (Charity number: 1183111)

For the year ended 31 March 2025

Notes to the Financial Statements

Declaration

The trustees would like to thank the volunteers who generously gave their time during the year, and all the people who have supported the Project.

The trustees' annual report has been approved by the trustees on 18.12.2025 and signed on their behalf by

Signature: *Sue Pearlman*
Sue Pearlman (Dec 31, 2025 11:52:58 GMT)

Email: sue.pearlman@btinternet.com

Ms Sue Pearlman

Interim Chair of the Board of Trustees

Wellspring (Charity number: 1183111)

For the year ended 31 March 2025

Notes to the Financial Statements

Receipts and payments accounts for the period 01/04/2022 to 31/03/2025				CC16a
Section A: Receipts and payments				
	Unrestricted funds (£)		Restricted funds (£)	Total funds (£)
Receipts				
Voluntary Donations	29,412		-	29,412
Programme-Related Revenue	1,555			1,555
Interest	41			41
Total receipts	31,008		-	31,008
Payments				
Professional services	10,513		-	10,513
Event costs	1,620			1,620
Misc costs				
Total payments	12,133		-	12,133
Net of receipts/(payments)	18,875			18,875
Cash funds last year end	12,125			12,125
Cash funds this year end	31,000			31,000
Section B: Statement of assets and liabilities at the end of the period				
		Unrestricted funds (£)	Restricted funds (£)	
B1: Cash funds		31,000	-	
Total cash funds		31,000	-	

The financial statement was approved and authorised for issues by the Board of Trustees on 18.12.2025 and signed on its behalf by:

Signature: Sue Pearlman
Sue Pearlman (Dec 31, 2025 11:52:58 GMT)

Email: sue.pearlman@btinternet.com

Ms Sue Pearlman

Interim Chair of the Board of Trustees

Signature: Joseph Gamse
Joseph Gamse (Dec 18, 2025 19:12:24 GMT)

Email: joe.gamse@gmail.com

Joseph Gamse

Trustee









FINAL FY 24-25 Accounts Wellspring for signature

Final Audit Report

2025-12-31

Created:	2025-12-18
By:	Joe Gamse (joe@jct.org)
Status:	Signed
Transaction ID:	CBJCHBCAABAAnbk2mCT016hfL4BvqL4p0wX-dSXeRAca

"FINAL FY 24-25 Accounts Wellspring for signature" History

-  Document created by Joe Gamse (joe@jct.org)
2025-12-18 - 7:10:58 PM GMT
-  Document emailed to Joseph Gamse (joe.gamse@gmail.com) for signature
2025-12-18 - 7:11:02 PM GMT
-  Email viewed by Joseph Gamse (joe.gamse@gmail.com)
2025-12-18 - 7:11:57 PM GMT
-  Document e-signed by Joseph Gamse (joe.gamse@gmail.com)
Signature Date: 2025-12-18 - 7:12:24 PM GMT - Time Source: server
-  Document emailed to Sue Pearlman (sue.pearlman@btinternet.com) for signature
2025-12-18 - 7:12:26 PM GMT
-  Email viewed by Sue Pearlman (sue.pearlman@btinternet.com)
2025-12-31 - 11:51:50 AM GMT
-  Document e-signed by Sue Pearlman (sue.pearlman@btinternet.com)
Signature Date: 2025-12-31 - 11:52:58 AM GMT - Time Source: server
-  Agreement completed.
2025-12-31 - 11:52:58 AM GMT

Wellspring

England & Wales - Charity number 1183111

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Wellspring

Charity accounts

For the year ending 31st March 2024

Charity Number: 1183111

Wellspring (Charity number: 1183111)

For the year ended 31 March 2024

Reference and administrative information

On 3rd March 2021 the request to change the name of the charity from the Mikveh Project UK to Wellspring was approved by the Charity Commission.

Charity number 1183111 (Charitable Incorporated Organisation)
Country of registration England & Wales

Registered office 13 Woodberry Way,
London, N12 OHE

Trustees

Trustees who served during the year and up to the date of this report were as follows:

Rabbi Miriam Berger
Ms Sue Pearlman (Interim Chair)
Mrs Sam Clifford Resigned 18 October 2023
Mr Joe Gamse
Ms Ruth Green Resigned 18 October 2023
Rabbi Rose Prevezer
Ms Juliet Simmons
Ms Rebecca Verlander Appointed 7 February 2024
Ms Cheryl Brodie Appointed 7 February 2024

Consultant N/A

Bankers CAF Bank
25 Kings Hill Ave, Kings Hill, West Malling ME19 4JQ

The charity has not yet appointed solicitors and is not required to have financial review or audit.

Wellspring (Charity number: 1183111)

For the year ended 31 March 2024

Notes to the Financial Statements

The trustees present their report and the audited financial statements for the year ended 31 March 2024.

Objectives and activities

Our aim is to create a physical space where the wellbeing of all people, across Jewish communities, is prioritised and the powerful ritual of mikveh can be used by all people to mark meaningful moments in their lives.

Wellspring will provide an innovative, purpose-built centre which addresses our mental, physical and spiritual health in one space. It will incorporate therapy rooms and communal spaces built around two mikveh pools - natural waters associated with renewal, transition and healing.

It will be a welcoming, inclusive and non-judgmental Jewish space for people of all genders, from all faiths and people of non-religious beliefs. It will offer a preventative and therapeutic approach to good mental health, promoting resilience building and incorporating Jewish rituals such as immersion into active wellbeing and recovery.

The objectives are:

- To advance the Jewish religion by providing and maintaining a mikveh (ritual bath) and associated services.
- To advance the Jewish faith in accordance with the Statement of Belief appearing in the Schedule and to fulfil such other purposes which are exclusively charitable according to the law of England and Wales and are connected with the charitable work of the charity

In July 2023 Rabbi Miriam Berger gave a year's notice to her employer with the intention of making Wellspring her fulltime work priority from September 2024, without initially looking for payment from Wellspring. For Wellspring that meant that the year was a quiet one with our leadership knowing they no longer needed to try and squeeze wellspring work into their "free time" but rather could wait for September 2024 when time and capacity would be given by Miriam to the work of the charity. As means of preparation for this new beginning we brought two new trustees onto the board with different skill sets which we would need. Rebecca Verlander's work at NHS England brings important wisdom should we later look for NHS funding for the maintenance of the project and Cheryl Brodie brings good project management skills. We have had some small donations over this time in respect of tokens of appreciation by various people knowing the charity is important to its trustees and this money will be used in the charity's work from September 2024. The trustees have used this time simply to ensure the somewhat dormant charity ticked over fulfilling all its legal obligations whilst waiting to be able to bring the charity to life, and work hard from September 2024.

Structure, governance and management

The charity is a Charitable Incorporated Organisation (CIO) governed by a Constitution (registered on 25th April 2019 as the Mikveh Project UK). On 3rd March 2021 the name of the charity was changed to Wellspring.

Apart from the founding trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Wellspring (Charity number: 1183111)

For the year ended 31 March 2024

Notes to the Financial Statements

The charity does not yet have paid staff. Wellspring is governed by a Board of Trustees, with a minimum membership of three. At the end of March 2024 there were seven trustees. All trustees give their time voluntarily and receive no benefits from the charity. No trustees reclaimed expenses from the charity.

Any person who is willing to act as a trustee, and who would not be disqualified from acting as one, may be appointed to be a trustee by a decision of the Board of Trustees.

In the year to 31st March 2024, the Board met four times. In addition, trustees provided significant ongoing support to the organisation throughout the year.

Public benefit

The trustees confirm that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the public benefit guidance, published by the Commission, in determining the activities undertaken by the charity. The trustees are satisfied that the aims and objectives of the charity, and the activities reported on above to achieve the aims, meet these principles.

Fundraising

Wellspring's fundraising was led by the trustees.

We have ensured we are in line with the GDPR data protection regulations and all other relevant codes of conduct. We do not pressure supporters to make gifts and respect decisions to stop giving. We received no complaints about our fundraising practices.

Risk Management

Key risks in this development stage include securing income and maintaining adequate cashflow. To progress the project into the next stage funds will need to be secured in order to employ professional staff and consultants.

Financial review

In this development stage, Wellspring's reserves policy states that it will aim to ensure that it has between three- and six-months' worth of working capital to cover its operational expenses. This policy will be reviewed annually.

Wellspring started the year with a balance of £9,512. In the period to 31st March 2024, Wellspring received a further £2,650 in donations (all unrestricted), and £23 in interest. Total spending amounted to £60. Wellspring had an end of year balance of £12,125.

Breakdown of expenditure is shown in on page 5.

Wellspring (Charity number: 1183111)

For the year ended 31 March 2024

Notes to the Financial Statements

Declaration

The trustees would like to thank the volunteers who generously gave their time during the year, and all the people who have supported the Project.

The trustees' annual report has been approved by the trustees on 03/12/2024 and signed on their behalf by

A handwritten signature in black ink that reads "Sue Pearlman". The script is cursive and fluid.

Ms Sue Pearlman

Interim Chair of the Board of Trustees

Wellspring (Charity number: 1183111)

For the year ended 31 March 2024

Notes to the Financial Statements

Receipts and payments accounts for the period 01/04/2022 to 31/03/2023				CC16a
Section A: Receipts and payments				
	Unrestricted funds (£)		Restricted funds (£)	Total funds (£)
Receipts				
Voluntary Donations	2,650		-	2,650
Interest	23			23
Total receipts	2,673		-	2,673
Payments				
Professional services	60		-	60
Event costs				
Misc costs				
Total payments	60		-	60
Net of receipts/(payments)	2,613			2,613
Cash funds last year end	9,512			9,512
Cash funds this year end	12,125			12,125
Section B: Statement of assets and liabilities at the end of the period				
	Unrestricted funds (£)		Restricted funds (£)	
B1: Cash funds	12,125		-	
Total cash funds	12,125		-	

The financial statement was approved and authorised for issues by the Board of Trustees on 03/12/2024 and signed on its behalf by:

Sue Pearlman

Ms Sue Pearlman

Interim Chair of the Board of Trustees

M. Berger

[Rabbi Miriam Berger \(Dec 21, 2024 08:59 GMT+7\)](#)

Rabbi Miriam Berger

Founding Trustee

Wellspring

England & Wales - Charity number 1183111

Accounts

Wellspring

Charity accounts

For the year ending 31st March 2023

Charity Number: 1183111

Wellspring (Charity number: 1183111)

For the year ended 31 March 2022

Reference and administrative information

On 3rd March 2021 the request to change the name of the charity from the Mikveh Project UK to Wellspring was approved by the Charity Commission.

Charity number 1183111 (Charitable Incorporated Organisation)
Country of registration England & Wales

Registered office 13 Woodberry Way,
London, N12 OHE

Trustees

Trustees who served during the year and up to the date of this report were as follows:

Rabbi Miriam Berger	
Ms Sue Pearlman (Interim Chair)	
Mrs Sam Clifford	
Mr Joe Gamse	Appointed 19 th July 2022
Ms Ruth Green	Appointed 5 th May 2022
Rabbi Rose Prevezer	Appointed 26 th January 2022
Dr Georgina Sanders	Resigned 23 rd March 2022
Ms Juliet Simmons	
Mr Jonathan Synett	Resigned 12 th July 2022
Ms Danielle Trainis	Resigned 2 nd September 2022

Consultant Ms Rachel Heilbron

Bankers CAF Bank
25 Kings Hill Ave, Kings Hill, West Malling ME19 4JQ

The charity has not yet appointed solicitors and is not required to have financial review or audit.

Wellspring (Charity number: 1183111)

For the year ended 31 March 2022

Notes to the Financial Statements

The trustees present their report and the audited financial statements for the year ended 31 March 2023.

Objectives and activities

Our aim is to create a physical space where the wellbeing of all people, across Jewish communities, is prioritised and the powerful ritual of mikveh can be used by all people to mark meaningful moments in their lives.

Wellspring will provide an innovative, purpose-built centre which addresses our mental, physical and spiritual health in one space. It will incorporate therapy rooms and communal spaces built around two mikveh pools - natural waters associated with renewal, transition and healing.

It will be a welcoming, inclusive and non-judgmental Jewish space for people of all genders, from all faiths and people of non-religious beliefs. It will offer a preventative and therapeutic approach to good mental health, promoting resilience building and incorporating Jewish rituals such as immersion into active wellbeing and recovery.

The objects of the CIO are:

- To advance the Jewish religion by providing and maintaining a mikveh (ritual bath) and associated services.
- To advance the Jewish faith in accordance with the Statement of Belief appearing in the Schedule and to fulfil such other purposes which are exclusively charitable according to the law of England and Wales and are connected with the charitable work of the charity

The charity has been very quiet in most respects during this period. However, behind the scenes our founder Miriam Berger has been building important relationships with people who will help our next phase of development. She has been scoping out potential funding which would enable to leave her current role and take on the work for Wellspring full time and partners to work with. The most significant alliance is with Consultant Psychiatrist Mark Berelowitz who has agreed to also prioritise the work of Wellspring in his retirement in order to hold the important mental health aspect of the organisation.

Structure, governance and management

The charity is a Charitable Incorporated Organisation (CIO) governed by a Constitution (registered on 25th April 2019 as the Mikveh Project UK). On 3rd March 2021 the name of the charity was changed to Wellspring.

Apart from the founding trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

The charity does not yet have paid staff; it uses the services of a consultant. Wellspring is governed by a Board of Trustees, with a minimum membership of three. At the end of March 2022 there were seven trustees. All trustees give their time voluntarily and receive no benefits from the charity. No trustees reclaimed expenses from the charity.

Any person who is willing to act as a trustee, and who would not be disqualified from acting as one, may be appointed to be a trustee by a decision of the Board of Trustees.

Wellspring (Charity number: 1183111)

For the year ended 31 March 2022

Notes to the Financial Statements

In the year to 31st March 2023, the Board met four times. In addition, trustees provided significant ongoing support to the organisation throughout the year.

Public benefit

The trustees confirm that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the public benefit guidance, published by the Commission, in determining the activities undertaken by the charity. The trustees are satisfied that the aims and objectives of the charity, and the activities reported on above to achieve the aims, meet these principles.

Fundraising

Wellspring's fundraising was led by the trustees.

We have ensured we are in line with the GDPR data protection regulations and all other relevant codes of conduct. We do not pressure supporters to make gifts and respect decisions to stop giving. We received no complaints about our fundraising practices.

Risk Management

Key risks in this development stage include securing income and maintaining adequate cashflow. To progress the project into the next stage funds will need to be secured in order to employ professional staff and consultants.

Financial review

In this development stage, Wellspring's reserves policy states that it will aim to ensure that it has between three- and six-months' worth of working capital to cover its operational expenses. This policy will be reviewed annually.

Wellspring started the year with a balance of £4,113. In the period to 31st March 2022, Wellspring received a further £13,657 (all unrestricted). Total spending amounted to £8,723. Wellspring had an end of year balance of £5,399.

Breakdown of expenditure is shown in on page 5.

Declaration

The trustees would like to thank the volunteers who generously gave their time during the year, and all the people who have supported the Project.

The trustees' annual report has been approved by the trustees on 07/02/2024 and signed on their behalf by

Ms Sue Pearlman

Interim Chair of the Board of Trustees

Wellspring (Charity number: 1183111)

For the year ended 31 March 2022

Notes to the Financial Statements

Receipts and payments accounts for the period 01/04/2022 to 31/03/2023				CC16a
Section A: Receipts and payments				
	Unrestricted funds (£)		Restricted funds (£)	Total funds (£)
Receipts				
Voluntary Donations	13,657		-	13,657
Interest	15			15
Total receipts	13,672		-	13,672
Payments				
Professional services	6,826		-	6,826
Event costs	1,000			1,000
Misc costs	447		-	447
Total payments	8,273		-	8,273
Net of receipts/(payments)	5,399			5,399
Cash funds last year end	4,113			4,113
Cash funds this year end	9,512			9,512
Section B: Statement of assets and liabilities at the end of the period				
		Unrestricted funds (£)		Restricted funds (£)
B1: Cash funds		5,399		-
Total cash funds		5,399		-

The financial statement was approved and authorised for issues by the Board of Trustees on 07/02/2024 and signed on its behalf by:

Ms Sue Pearlman

Rabbi Miriam Berger

Interim Chair of the Board of Trustees

Founding Trustee

Wellspring

England & Wales - Charity number 1183111

Accounts

Wellspring

Charity accounts

For the year ending 31st March 2022

Charity Number: 1183111

Wellspring (Charity number: 1183111)

For the year ended 31 March 2022

Reference and administrative information

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Charity number 1183111 (Charitable Incorporated Organisation)
Country of registration England & Wales

Registered office 13 Woodberry Way,
London, N12 OHE

Trustees

Trustees who served during the year and up to the date of this report were as follows:

Rabbi Miriam Berger	
Ms Lynette Chazen	Resigned 1 st September 2021
Mrs Sam Clifford (Chair)	
Ms Antoinette Fox	Resigned 4 th November 2021
Mr Joe Gamse	Appointed 19 th July 2022
Ms Ruth Green	Appointed 5 th May 2022
Ms Sue Pearlman	Appointed 10 th November 2020
Rabbi Rose Prevezer	Appointed 26 th January 2022
Dr Georgina Sanders	Appointed 1 st December 2021, resigned 23 rd March 2022
Ms Juliet Simmons	
Mr Jonathan Synett	Resigned 12 th July 2022
Ms Danielle Trainis	Resigned 2 nd September 2022

Consultant Ms Rachel Heilbron

Bankers CAF Bank
25 Kings Hill Ave, Kings Hill, West Malling ME19 4JQ

The charity has not yet appointed solicitors and is not required to have financial review or audit.

Wellspring (Charity number: 1183111)

For the year ended 31 March 2021

Notes to the Financial Statements

The trustees present their report and the audited financial statements for the year ended 31 March 2022.

Objectives and activities

Our aim is to create a physical space where the wellbeing of all people, across Jewish communities, is prioritised and the powerful ritual of mikveh can be used by all people to mark meaningful moments in their lives.

Wellspring will provide an innovative, purpose-built centre which addresses our mental, physical and spiritual health in one space. It will incorporate therapy rooms and communal spaces built around two mikveh pools - natural waters associated with renewal, transition and healing.

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The objects of the CIO are:

- To advance the Jewish religion by providing and maintaining a mikveh (ritual bath) and associated services.
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The focus for the third year of operations was building the relationships required to ensure the success of the project. This included establishing a clergy advisory group and engaging with Jewish communal organisations.

We continued to lead educational sessions for a variety of Jewish communities and communal organisations, ran online events and hosted a sold-out event at the Jewish museum (and online) with BBC journalist Emma Barnett.

We developed a sustainable business model and started to engage with therapists in order to start assessing the feasibility of the project.

Structure, governance and management

The charity is a Charitable Incorporated Organisation (CIO) governed by a Constitution (registered on 25th April 2019 as the Mikveh Project UK). On 3rd March 2021 the name of the charity was changed to Wellspring.

Apart from the founding trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

The charity does not yet have paid staff; it uses the services of a consultant. Wellspring is governed by a Board of Trustees, with a minimum membership of three. At the end of March 2022 there were seven trustees. All trustees give their time voluntarily and receive no benefits from the charity. No trustees reclaimed expenses from the charity.

Wellspring (Charity number: 1183111)

For the year ended 31 March 2021

Notes to the Financial Statements

Any person who is willing to act as a trustee, and who would not be disqualified from acting as one, may be appointed to be a trustee by a decision of the Board of Trustees.

In the year to 31st March 2022, the Board met four times. In addition, trustees provided significant ongoing support to the organisation throughout the year.

Public benefit

The trustees confirm that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the public benefit guidance, published by the Commission, in determining the activities undertaken by the charity. The trustees are satisfied that the aims and objectives of the charity, and the activities reported on above to achieve the aims, meet these principles.

Fundraising

Wellspring's fundraising was led by the trustees. There was £2,188 expenditure incurred to raise income.

We have ensured we are in line with the GDPR data protection regulations and all other relevant codes of conduct. We do not pressure supporters to make gifts and respect decisions to stop giving. We received no complaints about our fundraising practices.

Risk Management

Key risks in this development stage include securing income and maintaining adequate cashflow. To progress the project into the next stage funds will need to be secured in order to employ professional staff and consultants.

Financial review

In this development stage, Wellspring's reserves policy states that it will aim to ensure that it has between three- and six-months' worth of working capital to cover its operational expenses. This policy will be reviewed annually.

Wellspring started the year with a balance of £2,282. In the period to 31st March 2022, Wellspring received a further £11,111 (all unrestricted). Total spending amounted to £9,281. Wellspring had an end of year balance of £4,113.

Breakdown of expenditure is shown in on page 5.

Declaration

The trustees would like to thank the volunteers who generously gave their time during the year, and all the people who have supported the Project.

The trustees' annual report has been approved by the trustees on 7th September 2022 and signed on their behalf by

Ms Sam Clifford

Chair of the Board of Trustees

Wellspring (Charity number: 1183111)

For the year ended 31 March 2021

Notes to the Financial Statements

Receipts and payments accounts for the period 1/4/2021 to 31/3/2022				CC16a
Section A: Receipts and payments				
	Unrestricted funds (£)		Restricted funds (£)	Total funds (£)
Receipts				
Voluntary Donations	11,111		-	11,111
Total receipts	11,111		-	11,111
Payments				
Professional services	6,320		-	6,320
Fundraising support	2,188		-	2,188
Event costs	495			495
Misc costs	277		-	277
Total payments	9,280		-	9,280
Net of receipts/(payments)	1,831			1,831
Cash funds last year end	2,282			2,282
Cash funds this year end	4,113			4,113
Section B: Statement of assets and liabilities at the end of the period				
	Unrestricted funds (£)		Restricted funds (£)	
B1: Cash funds	4,113		-	
Total cash funds	4,113		-	

The financial statement was approved and authorised for issues by the Board of Trustees on 7th September 2022 and signed on its behalf by:

Ms Sam Clifford

Rabbi Miriam Berger

Chair of the Board of Trustees

Founding Trustee

Wellspring

England & Wales - Charity number 1183111

Accounts

Wellspring (formerly Mikveh Project UK)

Charity accounts

For the year ending 31st March 2021

Charity Number: 1183111

The Wellspring (Charity number: 1183111)

For the year ended 31 March 2021

Reference and administrative information

On 3rd March 2021 the request to change the name of the charity from the Mikveh Project UK to Wellspring was approved by the charity commission.

Charity number 1183111 (Charitable Incorporated Organisation)
Country of registration England & Wales

Registered office 13 Woodberry Way,
London, N12 OHE

Trustees

Trustees who served during the year and up to the date of this report were as follows:

Rabbi Miriam Berger
Ms Lynette Chazen
Mrs Sam Clifford (Chair)
Ms Antoinette Fox Appointed 3rd March 2021
Ms Sue Pearlman Appointed 10th November 2020
Ms Juliet Simmons Appointed 3rd March 2021
Mr Jonathan Synett
Ms Danielle Trainis Appointed 3rd March 2021

Consultant Ms Rachel Heilbron

Bankers CAF Bank
25 Kings Hill Ave, Kings Hill, West Malling ME19 4JQ

The charity has not yet appointed solicitors and is not required to have financial review or audit.

The trustees present their report and the audited financial statements for the year ended 31 March 2021.

Objectives and activities

Our aim is to create a physical space where the wellbeing of all people, across Jewish communities, is prioritised and the powerful ritual of mikveh can be used by all people to mark meaningful moments in their lives.

Wellspring will provide an innovative, purpose-built centre which addresses our mental, physical and spiritual health in one space. It will incorporate therapy rooms and communal spaces built around two mikveh pools - natural waters associated with renewal, transition and healing.

It will be a welcoming, inclusive and non-judgmental Jewish space for people of all genders, from all faiths and people of non-religious beliefs. It will offer a preventative and therapeutic approach to good mental health, promoting resilience building and incorporating Jewish rituals such as immersion into active wellbeing and recovery.

The objects of the CIO are:

- To advance the Jewish religion by providing and maintaining a mikveh (ritual bath) and associated services.
- To advance the Jewish faith in accordance with the Statement of Belief appearing in the Schedule and to fulfil such other purposes which are exclusively charitable according to the law of England and Wales and are connected with the charitable work of the charity

The Covid-19 Pandemic declared in Spring 2020 slowed down our activities as most of our trustees and volunteers were involved with frontline community or medical services. However, the team continued to work on creating educational resources and building relationships. Activities resumed in autumn 2020 with a focus on the new brand/name, developing the business model and creating a plan for the required feasibility study. All planned events moved online, which had benefits that we were able to have speakers and attendees from outside of London and worldwide.

Since the onset of the pandemic people have experienced exceptional levels of stress and anxiety, and the pandemic will leave a deep and lasting scare on the mental health of millions in the UK. Therefore, our work feels even more important and urgent. One of the after effects has been to normalise discourse about mental health and wellbeing.

In this second year of operations we:

- Rebranded as the Wellspring Project with a launch event attended by more than 250 people worldwide with speakers Anita Diamant, Jonny Benjamin MBE and Rabba Dina Brawer
- Ran virtual events with the Director of Adas Israel in Washington, Rabbis Neil Janes, Eryn London, Debbie Young-Somers and Consultant Psychologist Stuart Linke
- Delivered educational sessions for the Rising Tide network, Menstrual Hygiene day, professional networks, Limmud, the Board of Deputies, Synagogues, JW3

Structure, governance and management

The charity is a Charitable Incorporated Organisation (CIO) governed by a Constitution (registered on 25th April 2019 as the Mikveh Project UK). On 3rd March 2021 the name of the charity was changed to Wellspring. It is mostly known as the Wellspring Project.

Apart from the founding trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

The charity does not yet have paid staff; it uses the services of a consultant.

Wellspring is governed by a Board of Trustees, with a minimum membership of three. At the end of March 2021 there were eight trustees. All trustees give their time voluntarily and receive no benefits from the charity. No trustees reclaimed expenses from the charity.

Any person who is willing to act as a trustee, and who would not be disqualified from acting as one, may be appointed to be a trustee by a decision of the Board of Trustees.

In the year to 31st March 2021, the Board met four times. In addition, trustees provided significant ongoing support to the organisation throughout the year.

Public benefit

The trustees confirm that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the public benefit guidance, published by the Commission, in determining the activities undertaken by the charity. The trustees are satisfied that the aims and objectives of the charity, and the activities reported on above to achieve the aims, meet these principles.

Fundraising

Wellspring's fundraising was led by the trustees. There was no material expenditure incurred to raise income.

We have ensured we are in line with the GDPR data protection regulations and all other relevant codes of conduct. We do not pressure supporters to make gifts and respect decisions to stop giving. We received no complaints about our fundraising practices.

Risk Management

Key risks in this development stage include maintaining focus on the agreed mission, securing income and maintaining adequate cashflow. The Coronavirus pandemic affected the availability of volunteers, which has delayed some activities and caused a setback in fundraising. However, as operating costs were low and no capital projects have been committed to, the effects of our ongoing work have been minimal.

Wellspring (Charity number: 1183111)

For the year ended 31 March 2021

Notes to the Financial Statements

Financial review

In this development stage, Wellspring's reserves policy states that it will aim to ensure that it has between three- and six-months' worth of working capital to cover its operational expenses. This policy will be reviewed annually.

Wellspring started the year with a balance of £11,610. In the period to 31st March 2021, Wellspring received a further £1,187 (all unrestricted). Total spending amounted to £13,397. Wellspring had an end of year balance of £2,282

Breakdown of expenditure is shown in on page 5.

Declaration

The trustees would like to thank the volunteers who generously gave their time during the year, and all the people who have supported the Project.

The trustees' annual report has been approved by the trustees on 27th June 2021 and signed on their behalf by

Ms Sam Clifford

Chair of the Board of Trustees

Wellspring (Charity number: 1183111)

For the year ended 31 March 2021

Notes to the Financial Statements

Receipts and payments accounts for the period 1/4/2020 to 31/3/2021				CC16a
Section A: Receipts and payments				
	Unrestricted funds (£)		Restricted funds (£)	Total funds (£)
Receipts				
Voluntary Donations	1,887		-	1,887
Total receipts	1,887		-	1,887
Payments				
Professional services	10,100		-	10,100
Fundraising support	647		-	647
Misc costs	468		-	468
Total payments	11,215		-	11,215
Net of receipts/(payments)	-9,328		-	-9,328
Cash funds last year end	11,610			11,610
Cash funds this year end	2,282			2,282
Section B: Statement of assets and liabilities at the end of the period				
		Unrestricted funds (£)		Restricted funds (£)
B1: Cash funds		2,282		-
Total cash funds		2,282		-

The financial statement was approved and authorised for issues by the Board of Trustees on 27th June 2021 and signed on its behalf by:

Ms Sam Clifford

Rabbi Miriam Berger

Chair of the Board of Trustees

Founding Trustee