



Trustees' Annual Report

for the period

From (start date) 01/04/21 to (end date) 31/03/22

Section A

Reference and administration details

Charity name STOP HOLDING BACK FOUNDATION

Other names the charity is known by SHB

Registered charity number (if any) 1183090

Charity's principal address
168 SELWYN AVENUE
LONDON
E4 9NE
Postcode

Names of the charity trustees who manage the charity

	Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	CHRISTOPHER JACKSON			
2	AYO ADESANYA			
3	RUBAN DILLAI			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any (for example, any custodian trustees)

Name	Dates acted if not for whole year

Section A**Reference and administration details (continued)**

Names and addresses of advisers (optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (optional information)

Section B**Structure, governance and management**

Description of the charity's trusts

Type of governing document
(eg trust deed, constitution)

CHARITABLE INCORPORATED ORGANISATION

How the charity is constituted
(eg trust, association, company)

CIO

Trustee selection methods
(eg appointed by, elected by)

ELECTED

Additional governance issues (optional information)

You **may choose** to include additional
information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
 - relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

TO EMPOWER PEOPLE WHO STUTTER TO
IMPROVE THEIR EMPLOYABILITY.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

GROUP & ONE-TO-ONE COACHING -
SPEECH & MIND SET.

Additional details of objectives and activities (optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

PUBLIC SPEAKING HELP.

LEADERSHIP AT WORK HELP.

CONFIDENCE TO TRAVEL ALONE
SUPPORT

SIGNIFICANT INCREASE IN GROUP
MEET UPS.

Section E**Financial review**

Brief statement of the charity's policy on reserves

NONE

Details of any funds materially in deficit

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Further financial review details (optional information)

You **may choose** to include additional information, where relevant, about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

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Section F**Other optional information**

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Section G**Declaration**

The trustees declare that they have approved the trustees' report above

Signed on behalf of the charity's trustees

Signature(s)

Christopher Jackson

Full name(s)

CHRISTOPHER JACKSON

Position (eg Secretary, Chair, etc)

TRUSTEE

Date

3 0 0 1 2 3

Financials

Actuals April 21 - March 22

<u>Nominal</u>	<u>Amount</u>	<u>Total</u>
Income		
Donations	£1050.52	£1050.52
Expenses		
Rent Space	£96.00	
IT & Software Consumables (Breakdown in App 4)	£407.26	
		£503.26
Operating Surplus		£547.26