

# LIVING A LIFE

England & Wales - Charity number 1183047

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2019-04-18

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 14 St. Annes Avenue  
Penarth  
South Glamorgan  
CF64 3pg

**Phone** 07941785809

**Email** [STEPHEN.GAMGEE@CARE-IN-WALES.COM](mailto:STEPHEN.GAMGEE@CARE-IN-WALES.COM)

## Activities

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**Objects:** THE RELIEF OF THOSE WHO ARE RECEIVING DOMICILIARY CARE IN WALES AND WHO ARE IN NEED BY REASON OF AGE, ILL-HEALTH, DISABILITY, IN PARTICULAR BUT NOT EXCLUSIVELY BY PERSON CENTERED ACTIVITIES SO THAT LONELINESS AND ISOLATION ARE MINIMISED, AND QUALITY OF LIFE IS IMPROVED.

**Activities:** We help people receiving care in their home (in the Vale of Glamorgan) do things they enjoy such as chess, gardening, listening to music, birdwatching or whatever they like to talk about or do. We do this by finding people who share their interests, likes and dislikes - 'Soulmates' - who can talk about and do things with them that they both like and enjoy.

## Classification

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- **How:** Provides Services
- **What:** Disability
- **Who:** Elderly/old People, People With Disabilities

## Geography

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- Vale Of Glamorgan

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-08-31		£0	£0	-
2024-08-31		£0	£0	-
2023-08-31		£0	£0	-
2022-08-31		£0	£0	-
2021-08-31		£0	£0	-
2020-08-31		£0	£0	-

## Trustees

Name	Role	Appointed
<b>STEPHEN GEOFFREY GAMGEE MBE</b>	Chair	2018-09-21
Angela May Thomas		2018-09-19
IRENE MAY HUMPHREYS		2018-09-10
Steven Treharne Thomas		2018-11-05

**LIVING A LIFE**

England & Wales - Charity number 1183047

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# Accounts

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CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name Living a Life	No (if any) 1183047
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## Receipts and payments accounts

CC16a

For the period from	Period start date 01/09/2023	To	Period end date 31/08/2024
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Interest	11	-	-	11	5
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>11</b>	<b>-</b>	<b>-</b>	<b>11</b>	<b>5</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>11</b>	<b>-</b>	<b>-</b>	<b>11</b>	<b>5</b>
<b>A3 Payments</b>					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>11</b>	<b>-</b>	<b>-</b>	<b>11</b>	<b>5</b>
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	1,008	-	-	1,008	-
<b>Cash funds this year end</b>	<b>1,019</b>	<b>-</b>	<b>-</b>	<b>1,019</b>	<b>5</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank Balance	1,019	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>1,019</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>	<b>Details</b>	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	<b>Details</b>	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	<b>Details</b>	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	<b>Details</b>	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	<i>S Gamgee</i>	Stephen Gamgee		

**LIVING A LIFE**

England & Wales - Charity number 1183047

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# Accounts

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CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
Living a Life

No (if any)  
1183047

## Receipts and payments accounts

CC16a

For the period from	Period start date 01/09/2022	To	Period end date 31/08/2023
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Interest	5	-	-	5	1
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>5</b>	<b>-</b>	<b>-</b>	<b>5</b>	<b>1</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>5</b>	<b>-</b>	<b>-</b>	<b>5</b>	<b>1</b>
<b>A3 Payments</b>					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>5</b>	<b>-</b>	<b>-</b>	<b>5</b>	<b>1</b>
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	1,003	-	-	1,003	-
<b>Cash funds this year end</b>	<b>1,008</b>	<b>-</b>	<b>-</b>	<b>1,008</b>	<b>1</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank Balance	1,008	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>1,008</b>	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>S Gamgee</i>	Stephen Gamgee	

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# Accounts

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CHARITY COMMISSION  
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Charity Name Living a Life	No (if any) 1183047
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## Receipts and payments accounts

CC16a

For the period from	Period start date 01/09/2021	To	Period end date 31/08/2022
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Interest	1	-	-	1	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>1</b>	<b>-</b>	<b>-</b>	<b>1</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>1</b>	<b>-</b>	<b>-</b>	<b>1</b>	<b>-</b>
<b>A3 Payments</b>					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>1</b>	<b>-</b>	<b>-</b>	<b>1</b>	<b>-</b>
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	<b>1,002</b>	<b>-</b>	<b>-</b>	<b>1,002</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>1,003</b>	<b>-</b>	<b>-</b>	<b>1,003</b>	<b>-</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank Balance	1,003	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>1,003</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>	<b>Details</b>	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	<b>Details</b>	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	<b>Details</b>	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	<b>Details</b>	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	<i>S Gamgee</i>	Stephen Gamgee		