

THE SHAHNAZ FOUNDATION

England & Wales · Charity number 1182996

Details

Status Registered

Legal form Charitable company

Company number [11565734](#)

Registered 2019-04-15

Register [View on the Charity Commission register](#)

Contact

Address The Shahnaz Foundation
255-259 Commercial Road
London
E1 2BT

Phone 07949272550

Email drsaimarana@theshahnazfoundation.com

Website www.theshahnazfoundation.com

Activities

Objects: SUCH EXCLUSIVELY CHARITABLE PURPOSES FOR THE BENEFIT OF THE PUBLIC AS THE TRUSTEES SHALL IN THEIR DISCRETION THINK FIT.

Activities: The Objects of the Charity are such exclusively charitable purposes for the benefit of the public as the Trustees shall in their discretion think fit.

Classification

- **How:** Makes Grants To Organisations
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Economic/community Development/employment
- **Who:** The General Public/mankind

Geography

- India
- Jordan
- Malawi
- Nigeria
- Northern Ireland
- Occupied Palestinian Territories
- Pakistan
- Sierra Leone
- Sudan
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-09-30	£250	£8,464	-	-
2024-09-30	£89,094	£18,400	-	-
2023-09-30	£88,588	£7,815	-	-
2022-09-30	£20,436	£34,730	-	-
2021-09-30	£41,542	£13,089	-	-
2020-09-30	£78,299	£47,294	-	-

Trustees

Name	Role	Appointed
Dr Saima Rana	Chair	2018-09-12
Dr RICHARD HENRY MARSHALL		2018-09-12
Faisal Shahzad Rana		2026-04-27

Accounts

Trustees' Annual Report
For the period 01-Oct-2023 to 30-Sep-2024

The Trustees present their annual report together with unaudited financial statements of the Company / Foundation for the period 1 October 2023 to 30 September 2024. The Trustees confirm that the Annual Reports and financial statements of the company comply with the current statutory requirements, the requirements of the company's governing document and the provisions of the Statement of Recommended Practice (SORP), applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Objectives and Activities
a. Policies and Objectives

Shahnaz Foundation is a company limited by guarantee, with charitable status and governed by its Memorandum and Articles of Association.

Shahnaz Foundation was established on 12 September 2018 to educate people, support health issues and prevent mental health and sickness. Initially at least, the focus of the trustees in this area is upon educational access and the prevention of poor mental health. The trustees wish to use the funds of the Foundation to support projects which tackle poor access to education and mental health using a fresh and dynamic approach.

Achievements and Performance
a. Review of activities

A review of the Company's activities is included in the Chairman's Statement on page 2. During the period ended 30 September 2024 a total of £18,000 (2023: £7,815) was granted to charitable organisations.

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing objectives and activities.

Financial Review
a. Going concern

After making appropriate enquiries, the trustees have a reasonable expectation that the Company / Foundation has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

b. Reserves Policy

Shahnaz Foundation's funding is dependent on donations. The organisation does not have substantial reserves tied to fixed assets.

At 30 September 2024 general reserves were £211,555 (2023: £140,861) due to the accumulation of funds during the period.

The Shahnaz Foundation (*continued*)

Charity registration number: 1182996

Trustees' Annual Report

For the period 01-Oct-2023 to 30-Sep-2024

Structure, Governance and Management

a. Constitution

The Company / Foundation is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association.

The Company / Foundation is constituted under a Memorandum of Association and is a registered charity (registration number 1182996).

There have been no changes in objectives since the last annual report.

The following were Trustees of the Company / Foundation during the year and subsequently:

Dr Saima Rana
Dr Richard Henry Marshall
Simon Franks

b. Method of Election of Trustees

The management of the Company / Foundation is the responsibility of the Trustees who are elected and co-opted under the terms of the Articles of Association.

c. Risk Management

The Trustees have assessed the major risks to which the Company / Foundation is exposed, in particular those related to the operations and finances of the Company / Foundation, and are satisfied that systems and procedures are in place to mitigate our exposure to the major risks.

The Shahnaz Foundation (*continued*)

Charity registration number: 1182996

Trustees' Annual Report

For the period 01-Oct-2023 to 30-Sep-2024

Trustees' responsibilities statement

The Trustees (who are also directors of Shahnaz Foundation for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve of the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and apply them consistently;
- Observe the methods and principles of the Charities SORP;
- Make judgements and accounting estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the Trustees on 10 April 2025 and signed on their behalf by:



Dr Saima Rana
Trustee

Registered Number 11565734

THE SHAHNAZ FOUNDATION

Micro-entity Accounts

30 September 2024

Micro-entity Balance Sheet as at 30 September 2024

	<i>Notes</i>	<i>2024</i>	<i>2023</i>
		£	£
Current Assets		211,555	140,861
Net current assets (liabilities)		<u>211,555</u>	<u>140,861</u>
Total assets less current liabilities		<u>211,555</u>	<u>140,861</u>
Total net assets (liabilities)		<u>211,555</u>	<u>140,861</u>
Reserves		<u>211,555</u>	<u>140,861</u>

- For the year ending 30 September 2024 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.
- The accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 10 April 2025

And signed on their behalf by:

Dr Saima Rama, Director

Notes to the Micro-entity Accounts for the period ended 30 September 2024**1 Employees**

	<i>2024</i>	<i>2023</i>
Average number of employees during the period	0	0

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Shahnaz Foundation

On accounts for the year
ended

30 September 2024

Charity no
(if any)

1182996

Set out on pages

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I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/09/2024.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

9 April 2025

Name:

Belinda Tarr

Relevant professional
qualification(s) or body
(if any):

Chartered Institute of Management Accountants (CIMA) – Member number 1-FTG5

Address:

140 Beresford Avenue

Surbiton, KT5 9LS

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Accounts

Trustees' Annual Report
For the period 01-Oct-2022 to 30-Sep-2023

The Trustees present their annual report together with unaudited financial statements of the Company / Foundation for the period 1 October 2022 to 30 September 2023. The Trustees confirm that the Annual Reports and financial statements of the company comply with the current statutory requirements, the requirements of the company's governing document and the provisions of the Statement of Recommended Practice (SORP), applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Objectives and Activities
a. Policies and Objectives

Shahnaz Foundation is a company limited by guarantee, with charitable status and governed by its Memorandum and Articles of Association.

Shahnaz Foundation was established on 12 September 2018 to educate people, support health issues and prevent mental health and sickness. Initially at least, the focus of the trustees in this area is upon educational access and the prevention of poor mental health. The trustees wish to use the funds of the Foundation to support projects which tackle poor access to education and mental health using a fresh and dynamic approach.

Achievements and Performance
a. Review of activities

A review of the Company's activities is included in the Chairman's Statement on page 2. During the period ended 30 September 2023 a total of £7,815 (2021: £20,436) was granted to charitable organisations.

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing objectives and activities.

Financial Review
a. Going concern

After making appropriate enquiries, the trustees have a reasonable expectation that the Company / Foundation has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

b. Reserves Policy

Shahnaz Foundation's funding is dependent on donations. The organisation does not have substantial reserves tied to fixed assets.

At 30 September 2023 general reserves were £140,861 (2021: £60,088) due to the accumulation of funds during the period.

The Shahnaz Foundation (*continued*)

Charity registration number: 1182996

Trustees' Annual Report

For the period 01-Oct-2022 to 30-Sep-2023

Structure, Governance and Management

a. Constitution

The Company / Foundation is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association.

The Company / Foundation is constituted under a Memorandum of Association and is a registered charity (registration number 1182996).

There have been no changes in objectives since the last annual report.

The following were Trustees of the Company / Foundation during the year and subsequently:

Dr Saima Rana
Dr Richard Henry Marshall
Simon Franks

b. Method of Election of Trustees

The management of the Company / Foundation is the responsibility of the Trustees who are elected and co-opted under the terms of the Articles of Association.

c. Risk Management

The Trustees have assessed the major risks to which the Company / Foundation is exposed, in particular those related to the operations and finances of the Company / Foundation, and are satisfied that systems and procedures are in place to mitigate our exposure to the major risks.

The Shahnaz Foundation (*continued*)

Charity registration number: 1182996

Trustees' Annual Report

For the period 01-Oct-2022 to 30-Sep-2023

Trustees' responsibilities statement

The Trustees (who are also directors of Shahnaz Foundation for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve of the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and apply them consistently;
- Observe the methods and principles of the Charities SORP;
- Make judgements and accounting estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the Trustees on 10 June 2024 and signed on their behalf by:



Dr Saima Rana
Trustee

[Skip to main content](#)

Registered Number 11565734

THE SHAHNAZ FOUNDATION

Micro-entity Accounts

30 September 2023

Micro-entity Balance Sheet as at 30 September 2023

	<i>Notes</i>	<i>2023</i>	<i>2022</i>
		<i>£</i>	<i>£</i>
Fixed Assets	-	-	-
Current Assets	140,861	60,088	
Creditors: amounts falling due within one year	0	0	
Net current assets (liabilities)	<u>140,861</u>	<u>60,088</u>	
Total assets less current liabilities	<u>140,861</u>	<u>60,088</u>	
Creditors: amounts falling due after more than one year	0	0	
Total net assets (liabilities)	<u>140,861</u>	<u>60,088</u>	
Reserves	<u>140,861</u>	<u>60,088</u>	

- For the year ending 30 September 2023 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.
- The accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 11 June 2024

And signed on their behalf by:

Dr Saima Rama, Director

Notes to the Micro-entity Accounts for the period ended 30 September 2023

1	Employees	2023	2022
	Average number of employees during the period	0	0



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Shahnaz Foundation

On accounts for the year
ended

30 September 2023

Charity no
(if any)

1182996

Set out on pages

2 - 7

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/09/2023.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

19 June 2024

Name:

Belinda Tarr

Relevant professional
qualification(s) or body
(if any):

Chartered Institute of Management Accountants (CIMA) – Member number 1-FTG5

Address:

140 Beresford Avenue

Surbiton, KT5 9LS

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Accounts

Trustees' Annual Report
For the period 01-Oct-2020 to 30-Sep-2021

The Trustees present their annual report together with unaudited financial statements of the Company / Foundation for the period 1 October 2020 to 30 September 2021. The Trustees confirm that the Annual Reports and financial statements of the company comply with the current statutory requirements, the requirements of the company's governing document and the provisions of the Statement of Recommended Practice (SORP), applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Objectives and Activities
a. Policies and Objectives

Shahnaz Foundation is a company limited by guarantee, with charitable status and governed by its Memorandum and Articles of Association.

Shahnaz Foundation was established on 12 September 2018 to educate people, support health issues and prevent mental health and sickness. Initially at least, the focus of the trustees in this area is upon educational access and the prevention of poor mental health. The trustees wish to use the funds of the Foundation to support projects which tackle poor access to education and mental health using a fresh and dynamic approach.

Achievements and Performance
a. Review of activities

A review of the Company's activities is included in the Chairman's Statement on page 2. During the period ended 30 September 2021 a total of £13,027 (2020: £47,084) was granted to charitable organisations.

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing objectives and activities.

Financial Review
a. Going concern

After making appropriate enquiries, the trustees have a reasonable expectation that the Company / Foundation has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

b. Reserves Policy

Shahnaz Foundation's funding is dependent on donations. The organisation does not have substantial reserves tied to fixed assets.

At 30 September 2021 general reserves were £74,382 (2020: £45,929) due to the accumulation of funds during the period.

The Shahnaz Foundation (*continued*)

Charity registration number: 1182996

Trustees' Annual Report

For the period 01-Oct-2020 to 30-Sep-2021

Structure, Governance and Management

a. Constitution

The Company / Foundation is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association.

The Company / Foundation is constituted under a Memorandum of Association and is a registered charity (registration number 1182996).

There have been no changes in objectives since the last annual report.

The following were Trustees of the Company / Foundation during the year and subsequently:

Dr Saima Rana
Dr Richard Henry Marshall
Simon Franks

b. Method of Election of Trustees

The management of the Company / Foundation is the responsibility of the Trustees who are elected and co-opted under the terms of the Articles of Association.

c. Risk Management

The Trustees have assessed the major risks to which the Company / Foundation is exposed, in particular those related to the operations and finances of the Company / Foundation, and are satisfied that systems and procedures are in place to mitigate our exposure to the major risks.

The Shahnaz Foundation (*continued*)

Charity registration number: 1182996

Trustees' Annual Report

For the period 01-Oct-2020 to 30-Sep-2021

Trustees' responsibilities statement

The Trustees (who are also directors of Shahnaz Foundation for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve of the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and apply them consistently;
- Observe the methods and principles of the Charities SORP;
- Make judgements and accounting estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the Trustees on 5 June 2022 and signed on their behalf by:

A handwritten signature in black ink, appearing to read 'Dr Sama Rana', with a horizontal line underneath.

Dr Sama Rana
Trustee

Registered Number 11565734

THE SHAHNAZ FOUNDATION

Micro-entity Accounts

30 September 2021

Micro-entity Balance Sheet as at 30 September 2021

	<i>Notes</i>	<i>2021</i>	<i>2020</i>
		£	£
Fixed Assets		-	-
Current Assets		74,382	45,929
Prepayments and accrued income		-	-
Creditors: amounts falling due within one year		0	0
Net current assets (liabilities)		<u>74,382</u>	<u>45,929</u>
Total assets less current liabilities		<u>74,382</u>	<u>45,929</u>
Creditors: amounts falling due after more than one year		0	0
Provisions for liabilities		0	0
Accruals and deferred income		0	0
Total net assets (liabilities)		<u>74,382</u>	<u>45,929</u>
Reserves		<u>74,382</u>	<u>45,929</u>

- For the year ending 30 September 2021 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.
- The accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 5 June 2022

And signed on their behalf by:

Dr Saima Rama, Director

Notes to the Micro-entity Accounts for the period ended 30 September 2021**1 Employees**

	<i>2021</i>	<i>2020</i>
Average number of employees during the period	0	0

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Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Shahnaz Foundation

On accounts for the year
ended

30 September 2021

Charity no
(if any)

1182996

Set out on pages

2 - 7

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/09/2021.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

21 June 2022

Name:

Belinda Tarr

Relevant professional
qualification(s) or body
(if any):

Chartered Institute of Management Accountants (CIMA) – Member number 1-FTG5

Address:

140 Beresford Avenue

Surbiton, KT5 9LS

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.