



Annual Report to Trustees 2021-2022

Organisation Name: East Coast Tigers

Registered Charity Number: 1182991

Period Start Date: 1st September 2021

Period End Date: 31st August 2022

Charity's Principal Address: East Coast Tigers @ Duraweld, Salter Road, Scarborough, YO11 3UP

Overview

East Coast Tigers was founded in 2017, initially running as an unincorporated association until its registration as a Charitable Incorporated Organisation (CIO) on 15th April 2019.

The organisation's financial year runs to the 31st August.

This annual report to trustees covers the financial year 2021-2022.

Structure, Governance and Management

Charity's Trusts

Type of governing document: Constitution (Foundation Model) adopted 10th April 2019

How the charity is constituted: Charitable Incorporated Organisation

Trustee selection methods: Trustees are appointed or re-appointed annually at the Annual General Meeting, held in August

Additional Governance Issues

Membership is open to children and young adults of any age, so long as they can meet the basic requirements of being able to follow instruction and conduct themselves in a safe manner.

The Head Coach oversees the day-to-day running of the club, following the guidance of the trustees.

All activities are in line with the Safeguarding policy, under the watch of the safeguarding officers and the lead trustee for safeguarding, as defined in the policy. Criminal Records Bureau checks are carried out prior to commencement of trusteeship and for all engaging in the coaching of members.

All trustees gave their time voluntarily and received no remuneration or other benefits.

Board of Trustees

The following people served as trustees during the represented period.

Trustee Name	Office (if any)	Dates acted (if not whole year)
Jessica Mortimer	Head Coach	From 15 th April 2019
Ryan Heath	Chair	From 15 th April 2019
Josanne Heath		From 15 th April 2019
Anne Rivers		From 25 th October 2021
Frances Atkinson		From 25 th October 2021
Alice Kynman		From 1 st November 2021



Objectives and Activities

CIO Objective

The promotion of community participation in healthy recreation, for the benefit of the inhabitants of North Yorkshire and the East Riding of Yorkshire in particular, by the provision of facilities for cheerleading and gymnastics

Main Charity Activities

In planning activities for the period represented, the trustees kept in mind the Charity Commission's guidance on public benefit.

The organisation's main activities were as follows:

- Providing a programme of training activities to advance the abilities of all members in all aspects of cheerleading, including fitness, flexibility, choreography and technical skills.
- Creation and coaching of routines for competitive members at varying levels to provide the opportunity to undertake cheerleading at a competitive level
- Facilitating the competition entry and logistics required for the teams to compete nationally
- Developing the skills of our coaching team, including junior and assistant coaches

These activities benefit our members by allowing them to develop their social skills, self-confidence, self-discipline, self-worth and overall mental health, in addition to the obvious physical benefits of being active and engaging in sport.

All our athletes are encouraged to continually develop their skills and have the opportunity to become volunteers themselves, with a clear development path for anyone wishing to volunteer as a coach.

Volunteer Contributions

East Coast Tigers are eternally grateful for the many hours our volunteers give to support the running of the organisation and our members, including all coaches, assistant and junior coaches and most importantly the parents that support our teams and our members in everything they do.

Without their valuable contributions of time, energy and encouragement we would not be able to achieve our objectives to such a high standard.



Achievements and Performance

Membership

During the period represented, the organisation trained **152** members from the ages of 4 up to 34, made up of **52** competitive athletes and **100** recreational athletes.

The athletes were structured in the following teams:

- Mini Level 0 (6-8 years)
- Youth Level 1 (9-11 years)
- Junior Level 1 (11-14 years)
- Senior Level 1 (12+ years)
- Senior Level 3 (12+ years)
- Recreational – Age 4-5
- Recreational – Age 6-9
- Recreational – Age 10-12
- Recreational – Age 13+

All athletes, both competitive and recreational, worked incredibly hard throughout the season through a combination of coach-led training and daily practice at home to further their skills, fitness and flexibility and develop as an athlete.

Competitions

During the season, the **5** competitive teams competed on **5** different occasions at **3** different difficulty levels and attained the following achievements:

- **10** - 1st Place Awards
- **4** - 2nd Place Award
- **3** - 3rd Place Award
- **1** - 4th Place Award
- **4** - Grand Champion Awards (highest scoring team of the day, across all teams entered)
- **1** - Allstar World Championship Partial Paid Bid to Florida

Specific Achievements – Allstar World Championship Partial Paid Bid to Florida

The most notable achievement for the organisation during this period was the Partial Paid Bid to the Allstar World Championships in Florida that was awarded to our Senior Level 3 team at the final competition in June. This is an incredible achievement, which is awarded by the event provider to the team that they would like to represent them at the World Championships. The bid is Partial Paid, which means Cheer City (the event that awarded the bid) would pay the entry fees to the competition, our team would just pay to travel to Florida. This bid is a first for our programme and one we will always be incredibly proud of.



Organisation Finances

Through a mix of membership income, funding grants and fundraising activities (detailed in a later part of the document), the organisation managed to sustain itself financially and remain in good stead throughout the period represented.

Personal Development of Athletes

The organisation's object and main activities are centered around the physical development of our athletes and we are very proud of the very visible achievements that we see from our teams in terms of the end results, and associated competition success.

What is hard to quantify however, is the *personal* achievements of our athletes, from the very smallest demonstration of a growing confidence or a sign of a new-found inner strength, to a transformation of personality or a "coming out of their shell". It is these achievements though that the organisation puts the greater emphasis on, and takes enormous pride in seeing.

This season has been, by every marker, another exceptional one. We were pleased to be able to end the season with a special awards evening, which was our first since the pandemic.

At the end of each season, we present the **Junior Coach of the Season Award** to one of our Junior Coaches who we feel has made the greatest improvement during the year. For the period represented, this was awarded to an athlete who was brand new to our coaching team this season and one of our youngest coaches within the programme. We can bring Junior Coaches on board at the age of 12 and this coach was just 12 when she showed an interest in being one of our Young leaders. This coach worked specifically with our youngest athletes age 4-5 years old and after starting off a bit quiet and unsure, we saw her confidence grow and she became much more sure of herself and her ability as a coach as the season progressed. She has been a fantastic role model for our youngest team. Her patience, kindness and understanding has helped the athletes achieve so much, not just new skills but also growing in confidence themselves. This coach can now hold the attention of a full class and we can see how much she inspires them to be the best that they can be. Her parents have also let us know how much more confident she now is in school and in every day life, due to her experience as a coach.

This kind of transformation in an athlete is reflected across our members and coaches to a wide range of degrees every season. The Junior Coach of the Season Award simply represents the best example of the kind of impact and transformations we see in our athletes and coaches every day.



Financial Review

Financial Position

As of the 31st August 2022, accumulated reserves of the organisation stand at £56,928.

These are made up of:

- Equipment: £23,469
- Competition Uniforms: £3,302
- Net current assets: £30,157

The net current assets figure is derived from the cash reserves in the bank account.

Reserves Policy

Funds are held by the organisation for the following reasons:

- To ensure the ongoing operational security of the organisation, should there be any reason why the membership, grant or fundraising income should fall unexpectedly
- To meet any unforeseen expenditure that may occur
- Savings for capital expenditure such as training equipment for the gym
- To provide support schemes that may assist any member who is unable to fulfill the financial obligations of training and/or competing with the organisation

Details of Funds Materially in Deficit

Not Applicable.

Additional Information

The principal source of funding for the organisation continues to be the monthly training fees paid by all members, with the subsidiary expenses such a purchase of assets, maintenance of club uniforms and non-essential training costs supported by grants and fundraising activities.

Due to the government grants that we received during the pandemic we have been able to remain cash positive throughout this season.

The organisation is dedicated to re-investing any surplus funds for the benefit of its members. Any future investments will now be focused on the development of the training premises and equipment.



Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature:

Full Name: Alison Cutler

Position: Trustee

Date: 18.4.23



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
East Coast Tigers

No (if any)

Receipts and payments accounts

CC16a

For the period from	Period start date 01/09/21	To	Period end date 31/08/22
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Income from Membership	37,002	-	-	37,002	16,364
Income from Goods Sold	6,223	-	-	6,223	3,184
Other Classes & Private Sessions	532	-	-	532	959
Gym Hire Income	75	-	-	75	15
Fundraising Income & Donations	2,652	-	-	2,652	1,619
Grants Received	-	-	-	-	26,143
Bank Interest Received	4	-	-	4	2
Insurance Claim	-	-	-	-	2,500
Sub total (Gross income for AR)	46,488	-	-	46,488	50,786
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	46,488	-	-	46,488	50,786
A3 Payments					
Cost Of Goods Sold	7,199	-	-	7,199	3,713
Competition Entry Costs	4,906	-	-	4,906	780
Athlete Training Costs	2,563	-	-	2,563	1,740
Rent	18,000	-	-	18,000	18,000
Wages	1,408	-	-	1,408	-
Repairs, Maintenance & Improvements	218	-	-	218	1,622
Insurances	731	-	-	731	1,189
Software Licences	1,649	-	-	1,649	1,821
Transport Costs	333	-	-	333	-
End Of Season Party Expenses	2,381	-	-	2,381	-
Advertising & Marketing	176	-	-	176	101
Stationery, Printing & Postage	144	-	-	144	69
Coach Training Costs	1,024	-	-	1,024	1,604
Coach Perks	890	-	-	890	40
Fundraising Activity Expenses	1,200	-	-	1,200	-
Audit & Accountancy	320	-	-	320	250
Sundry Expenses	827	-	-	827	807
Sub total	43,969	-	-	43,969	31,736
A4 Asset and investment purchases, (see table)					
Sprung Floor	-	-	-	-	-
Air Conditioning	-	-	-	-	11,460
Other Gym Equipment	359	-	-	359	4,369
Competition Uniforms	3,460	-	-	3,460	-
Sub total	3,819	-	-	3,819	15,829
Total payments	47,788	-	-	47,788	47,565
Net of receipts/(payments)	- 1,300	-	-	- 1,300	3,221
A5 Transfers between funds	4,600	- 4,600	-	-	-
A6 Cash funds last year end	26,857	4,600	-	31,457	28,236
Cash funds this year end	30,157	-	-	30,157	31,457

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Savings Account	28,549	-	-
	Current Account	1,608	-	-
		-	-	-
		-	-	-
	Total cash funds	30,157	-	-

(agree balances with receipts and payments account(s))

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets		-	-
		-	-
		-	-
		-	-
		-	-

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Unrestricted	17,220	7,054
Sprung Floor	Unrestricted	11,460	7,334
Air Conditioning	Unrestricted	18,117	9,081
Other Gym Equipment	Unrestricted	-	3,302
Competition Uniforms		-	-
		-	-
		-	-
		-	-
		-	-

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>Fran Atkins</i>	FRAN ATKINSON	15.02.23
<i>Anne Rivers</i>	Anne Rivers	15.2.23



CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name

East Coast Tigers

On accounts for the year
ended

31 August 2022

Charity no
(if any)

1182991

Set out on pages

A1 and A2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/08/2022**.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date: 01/12/2022

Name:

Jonathan Dixon

Relevant professional
qualification(s) or body
(if any):

Address:

69 Wykeham Street

Scarborough

YO12 7SA

Section B**Disclosure**

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

**Independent examiner's
report on the accounts**

Section A

Independent Examiner's Report

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East Coast Tigers

On accounts for the year
ended

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(if any)

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** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

01/12/2022

Name:

Jonathan Dixon

Relevant professional
qualification(s) or body
(if any):

Address:

69 Wykeham Street

Scarborough

YO12 7SA

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