

Trustees' Annual Report for the period

From 1st April 2024 To 31st March 2025

Charity name: Community Autism Project (CAP)

Charity registration number: 1182903



Objectives and Activities

Summary of the purposes of the charity as set out in its governing document	We provide support before, during and after diagnosis for families with children/young people on the autism spectrum. We advance education of the public, in particular those who work with and provide services to meet the needs of these families. Provide, and support provision of, facilities in the interests of social welfare in recreation with the objective of improving their conditions of life.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	<p>The objects of the charity are, within the East Riding of Yorkshire and the surrounding area, for the public benefit:</p> <p>1) to relieve the needs of children and young people with Autistic Spectrum Condition (ASC) aged up to 16 years old and their parents, carers and families before, during and after diagnosis by:</p> <p>a) providing support, education and practical advice</p> <p>b) providing and assisting in the provision of facilities in the interests of social welfare for recreation or other leisure time occupation with the object of improving their conditions of life</p> <p>c) such other means as the trustees may determine which are directed towards relieving the needs of children and young people with ASC and their families.</p> <p>2) to advance the education of the public and in particular those who work with and provide services for children with ASC and their parents, carers and families in all areas relating to ASC and the needs of children with ASC and their families.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	In line with Charity Commission guidance on public benefit reporting, trustees confirm that the activities described above have been undertaken to further the charity's purposes for the public benefit and ensuring that they remain accessible to the beneficiaries we aim to serve.

Achievements and Performance

<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Weekly Coffee Mornings During the reporting period, we continued to deliver weekly 'crafty' coffee mornings for parents registered with the charity during term time. These sessions provide regular opportunities for social engagement, peer support, and informal wellbeing activities, directly furthering our charitable purpose of supporting families in the local community. The continuation of these sessions was made possible by the support of a local community charity, allowing us to sustain this provision throughout the year. This initiative has contributed positively to participants' sense of wellbeing and connectedness.</p> <p>Monthly Support Group Meetings We maintained monthly support group meetings for local parents at the Children's Centre. These groups continued to attract regular attendance from those currently using our services, and we welcomed new members throughout the year. Attendees have expressed appreciation for the safe, confidential, and supportive environment the sessions provide. These meetings support our charitable objectives by offering emotional support, community connection, and practical exchange of parenting advice, delivering clear benefits to participants and contributing to their resilience and wellbeing.</p> <p>Community Sensory Van Project Funding was secured from the Kavli Trust / St Helens Farm to support the fitting out of the sensory van. The project is well underway and we anticipate that work will be completed by Summer 2025. Once operational, the sensory van will enhance our service offering by reaching families in different neighbourhoods, supporting children's sensory development and social inclusion.</p>
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Financial Review

<p>Review of the charity's financial position at the end of the period</p>	<p>At the end of the reporting period, the charity remained in a stable financial position. Expenditure during the year was higher than in previous years, reflecting increased investment in service delivery and development. Spending focused on delivering regular support sessions and on early-stage costs related to the community sensory van project. Trustees consider this expenditure to be appropriate and in line with the charity's aims. Looking ahead, trustees recognise the need to strengthen income to support ongoing activities. Increasing fundraising has therefore been identified as a priority for the coming year, alongside continued careful financial management.</p>
<p>Amount of reserves held</p>	<p>£ 500.88 bank balance as of 31st March 2025</p>
<p>Explanation of any uncertainties about the charity continuing as a going concern</p>	<p>We are not currently concerned about the viability of the charity and look forward to continue supporting our families in the coming year. We also look forward to being able to resume fundraising again and use the funds to help our families where they need it</p>

Structure, Governance and Management

Description of charity's trusts:	
Type of governing document (trust deed, royal charter)	CIO - FOUNDATION REGISTERED 10 APR 2019
How is the charity constituted? (e.g unincorporated association, CIO)	CHARITABLE INCORPORATED ORGANISATION
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	All trustees are voted in by other trustees of the charity – they are chosen by their suitability and the help / expertise they are able to offer.

Reference and Administrative details

Charity name	Community Autism Project (CAP)
Other name the charity uses	n/a
Registered charity number	1182093
Charity's principal address	2 Station Road Market Weighton YORK YO43 3AX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Marie Escritt	Chair	Whole year	
2	Rosalind Warren	Treasurer	Whole year	
3	Emma Goddard	Secretary	Whole Year	
4	Annabel Mannifield	Trustee	1 st January 2025	
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Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	n/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	n/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	n/a

Exemptions from disclosure

Reason for non-disclosure of key personnel details

n/a

Financial Accounts

From 1st April 2024 To 31st March 2025

Income	Grant Funding		£ 10,350.00
		£ 153.44	
Expenditure	Insurance		
	Rent	£ 1,464.00	
	Stationery / Resources	£ 231.56	
	Coffee Mornings / Support	£ 201.38	
	Sensory Van Costs	£ 10,664.04	
			£ 12,714.42
Deficit			-£ 2,364.42